# Reinforcement Learning for Language Model Training

Polina Tsvilodub

Reinforcement Learning



# LMs: Recap

Transformers, Training & Inference

- $LM: X \mapsto \Delta(S)$
- transformers use self-attention to offer and retrieve relevant information
  - stacked transformer blocks and multi-head attention increase capacity
- LMs are trained to predict the next word using cross-entropy loss (via teacherforcing)
- decoding schemes are used for inference given a trained LM
  - different stochastic sampling regimes
- SOTA models exhibit 'in-context learning'
- advanced prompting techniques might improve LLMs' generalization performance



# Making LLMs useful

#### Adaptation

- training a task-specific head on top of a model
  - e.g., span prediction layer on top of BERT with frozen BERT
  - on a dataset of ground truth input-output pairs for a particular task
- fine-tuning the model
  - further training part or entire model for a shorter time
  - · on a dataset of ground truth input-output pairs for a particular task
- practical problem
  - training with standard supervision is impractical (data collection)
  - · and inefficient (restricting "ground truth" to finite set of answers for open-ended tasks)
- RL is the solution: learn to achieve goal based on feedback from environment rather than direct demonstration of correct behaviour

3

# Reinforcement learning

# Flavors of machine learning

- Unsupervised learning
  - e.g., clustering
- discover patterns in unlabeled data
  - 'given my inductive bias, what is the likely structure of the data?'

- Supervised learning
  - also self-supervised learning
  - aka behavioural cloning
- learn to output Y, given X, from labeled data
  - 'do as I show you'
- learning from demonstration

- Reinforcement learning
  - trial-and-error learning
- learning from interaction / experience
  - 'how do I optimally behave in order to maximize reward?'
  - or, 'how do i optimally achieve my goal?'
    - most natural way of learning?
    - tightly connected to the way organisms behave ("pleasure maximizers")

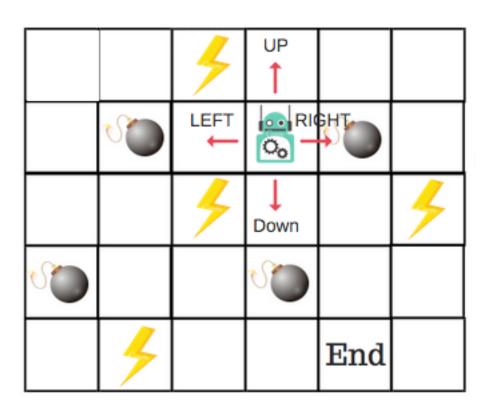
# Reinforcement Learning: Overview

Introduction

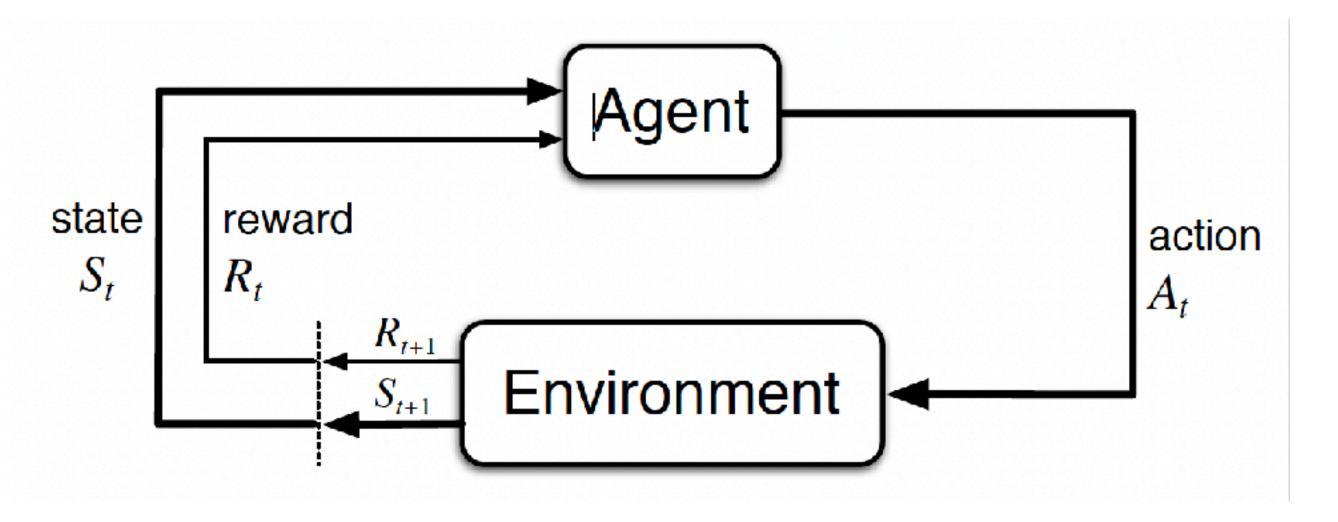
Reinforcement Learning: Computational formalisation of goal-directed learning and

decision making under uncertainty

- Goal: Maximize rewards
   (by learning optimal behavior)
- Basic building blocks:
  - Agent
  - States
  - Actions
  - Transition function P
  - Reward
  - Policy



Associative RL



# Reinforcement Learning: Overview

Introduction

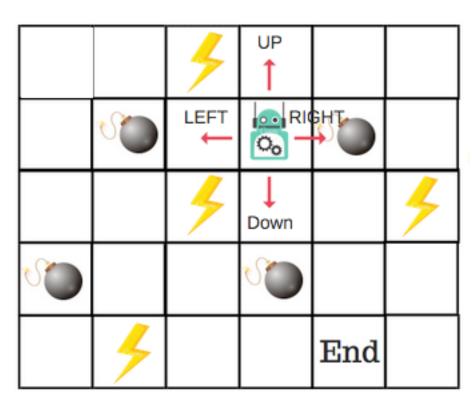
Reinforcement Learning: Computational formalisation of goal-directed learning and

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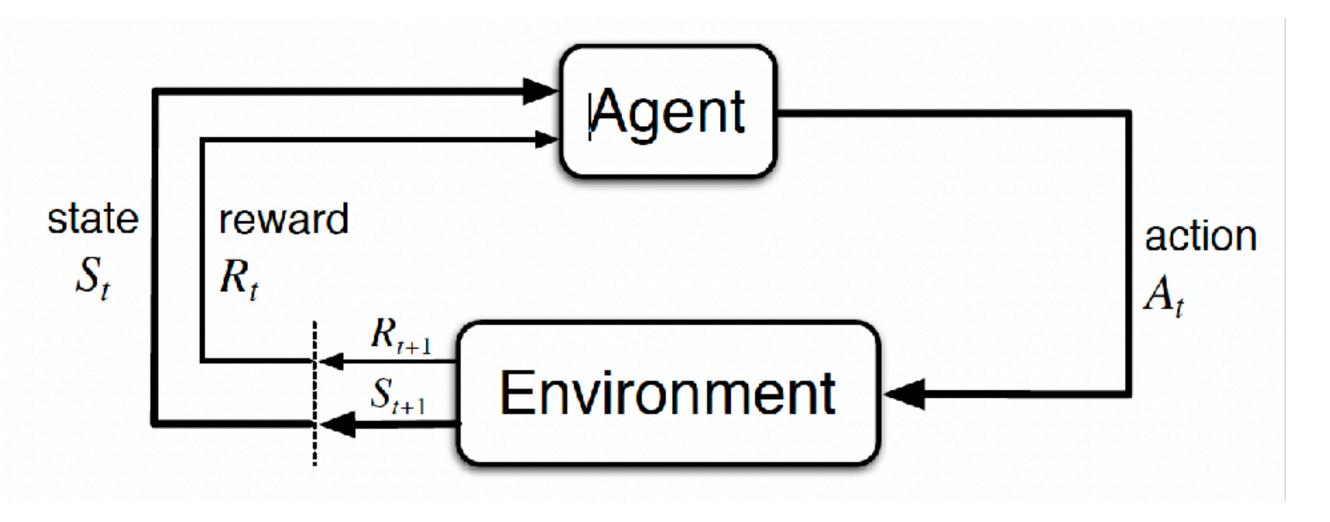
 Goal: Maximize rewards (by learning optimal behavior)

#### Basic building blocks:

- Agent
- States:  $S_t \in S$  for t = 0, 1, 2, 3, ...
- Actions:  $A_t \in A(s)$
- Transition function:  $P(s' \mid s, a)$
- Reward:  $R_{t+1} \in R$
- Policy:  $\pi(S_t) = P(A_t | S_t)$



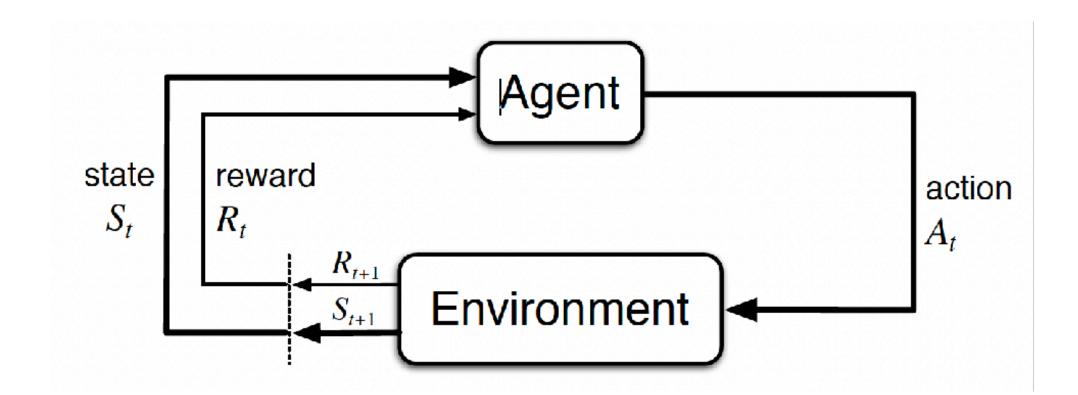
Associative RL



Formal definition

#### Finite MDPs: (S, A, T, R)

- 1.  $S_t \in S$  for t = 0, 1, 2, 3, ...
- 2.  $A_t \in A(s)$
- 3.  $R_{t+1} \in R$
- 4.  $T(s'|s,a) = \sum_{r' \in R} P(s',r'|s,a)$
- 5. Horizon H, discount factor  $0 \le \gamma \le 1$



Expected rewards for state s and action a:  $r(s, a) = \mathbb{E}(R_t | S_{t-1} = s, A_{t-1} = a) = \sum_{r \in R} r \sum_{s' \in S} P(s', r | s, a)$ 

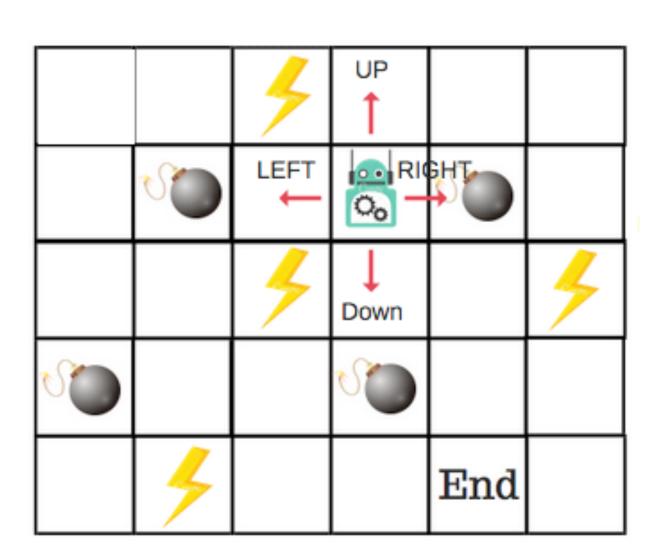
Markov property:  $S_{t-1}$ ,  $A_{t-1}$  include all information about past agent-environment interactions that are relevant for  $S_t$ ,  $R_t$ 

Formal definition

#### Finite MDPs: (S, A, T, R)

- 1.  $S_t \in S$  for t = 0, 1, 2, 3, ...
- 2.  $A_t \in A(s)$
- 3.  $R_{t+1} \in R$

4. 
$$T(s'|s,a) = \sum_{r' \in R} P(s',r'|s,a)$$



Goal: maximize returns until goal achieved

$$G_t = R_{t+1} + R_{t_2} + \dots + R_T$$

Formally: maximize expected **discounted** rewards over **episode** 

$$G_t = R_{t+1} + \gamma R_{t_2} + \gamma^2 R_{t+3} + \dots + \gamma^{T-t-1} R_T = \sum_{k=t+1}^{T} \gamma^{k-t-1} R_k$$

Formal definition

#### Finite MDPs: (S, A, T, R)

1. 
$$S_t \in S$$
 for  $t = 0, 1, 2, 3, ...$ 

2. 
$$A_t \in A(s)$$

3. 
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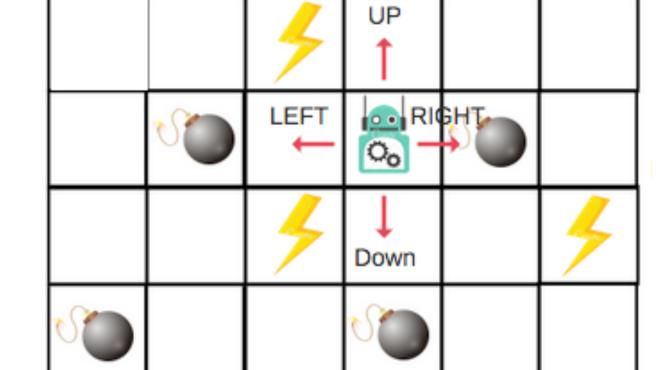
4. 
$$T(s'|s,a) = \sum_{r' \in R} P(s',r'|s,a)$$

End

Goal: maximize discounted returns

$$G_{t} = R_{t+1} + \gamma R_{t_{2}} + \gamma^{2} R_{t+3} + \dots + \gamma^{T-t-1} R_{T} = \sum_{k=t+1}^{T} \gamma^{k-t-1} R_{k}$$

$$= R_{t+1} + \gamma G_{t+1}$$



We can identify optimal way to behave if we know what good particular states and/or actions are:

#### Optimal state-value function:

$$V_{\pi}^{*}(s) = \max_{\sigma} \mathbb{E}[G_{t} | S_{t} = s] = \max_{\sigma} \mathbb{E}[R_{t+1} + \gamma G_{t+1} | S_{t} = s]$$

$$= \max_{\sigma} \sum_{s',r}^{\pi} P(s', r | s, a)[r + \gamma G_{t+1} | S_{t} = s] \text{ for all } s$$

• Optimization problem: (computationally) find optimal policy  $\pi^*(S_t) = P(A_t | S_t)$ 

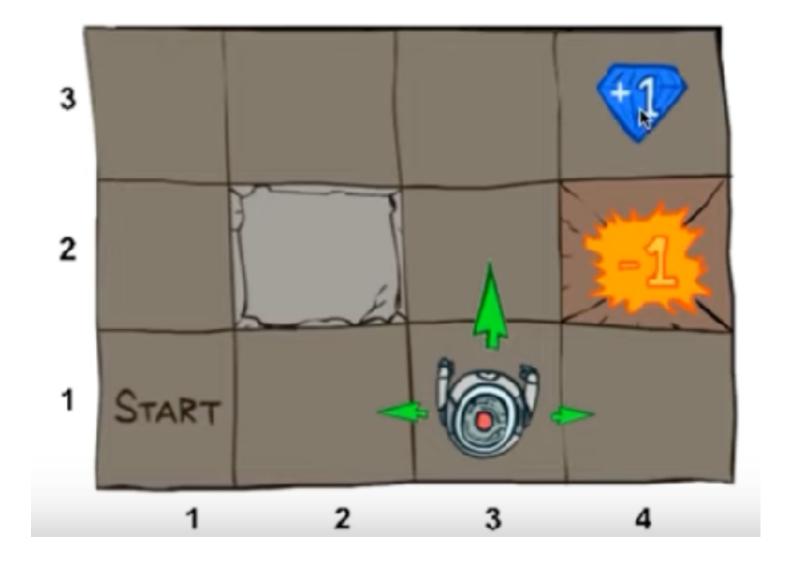
Formal definition

## Finite MDPs: (S, A, T, R)

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$$S_t \in S$$
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4. 
$$T(s'|s,a) = \sum_{r' \in R} P(s',r'|s,a)$$



Optimal state-value function:

$$V_{\pi}^{*}(s) = \max_{\pi} \mathbb{E}[G_{t} | S_{t} = s] = \max_{\pi} \mathbb{E}[\sum_{k=t+1}^{T} \gamma^{k-t-1} R_{k} | S_{t} = s]$$

deterministic optimal policy

$$\gamma = 1$$

deterministic optimal policy

$$\gamma = 0.9$$

$$V^*(4,3) = 1$$

$$V^*(3,3) = 1$$

$$V^*(2,3) = 1$$

$$V^*(1,1) = 1$$

$$V^*(4,2) = -1$$

$$V^*(4,3) = 1$$

$$V^*(3,3) = 0.9$$

$$V^*(2,3) = 0.81$$

$$V^*(1,1) = 0.9^5 = 0.59$$

$$V^*(4,2) = -1$$

Formal definition

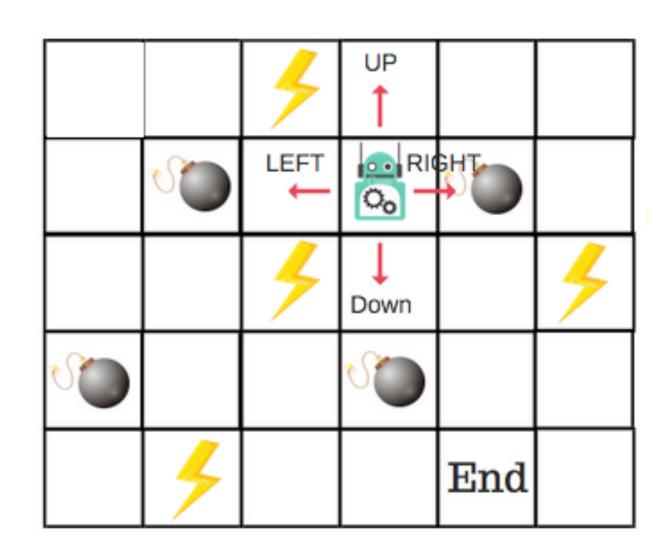
## Finite MDPs: (S, A, T, R)

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- 3.  $R_{t+1} \in R$
- 4.  $T(s'|s,a) = \sum_{r' \in R} P(s',r'|s,a)$

#### Goal: maximize discounted returns

$$G_t = R_{t+1} + \gamma R_{t_2} + \gamma^2 R_{t+3} + \dots + \gamma^{T-t-1} R_T = \sum_{k=t+1}^{T} \gamma^{k-t-1} R_k$$

$$= R_{t+1} + \gamma G_{t+1}$$



We can identify optimal way to behave if we know what good particular states and/or actions are:

#### Optimal action-value function:

$$Q_{\pi}^{*}(s, a) = \max_{\pi} \mathbb{E}[G_{t} | S_{t} = s, A_{t} = a] = \max_{\pi} \mathbb{E}[R_{t+1} + \gamma G_{t+1} | S_{t} = s, A_{t} = a]$$

$$= \sum_{s', r} P(s', r | s, a)[r + \gamma \max_{a'} Q^{*}(s', a') | S_{t} = s, A_{t} = a] \text{ for all } s, a$$

Formal definition

#### Finite MDPs: (S, A, T, R)

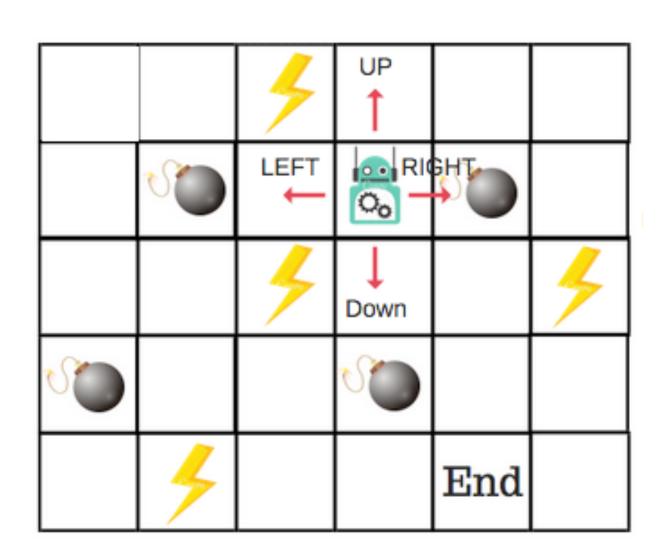
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Goal: maximize discounted returns

$$G_t = R_{t+1} + \gamma R_{t_2} + \gamma^2 R_{t+3} + \dots + \gamma^{T-t-1} R_T = \sum_{k=t+1}^{I} \gamma^{k-t-1} R_k$$

$$= R_{t+1} + \gamma G_{t+1}$$



- ▶ Optimization problem: (computationally) find optimal policy  $\pi^*(S_t) = P(A_t | S_t)$
- Optimal policy  $\pi^*: \pi \geq \pi' \Leftrightarrow v^*_{\pi^*}(s) \geq v_{\pi'}(s)$  for all s and  $q^*_{\pi^*}(s,a) = \max_{\pi'} q_{\pi'}(s,a)$
- Can be estimated from experience!
  - e.g., value iteration methods for episode tasks

#### **Multi-Armed Bandits**

Finding the best restaurant

Finite MDPs: (S, A, T, R)

1. 
$$S_t \in S$$
 where  $S = \{s\}$ 

t is iteration over repeated choice now

2. 
$$A(s) = \{a_0, a_1, \dots\}$$

3. 
$$R_t \in R$$

4. 
$$T(s'|s,a) = \sum_{r' \in R} P(s',r'|s,a)$$

$$A_t = a_i$$
 $a_0$ 
 $g_{RANDCIP}$ 
 $g_{RANDCIP$ 

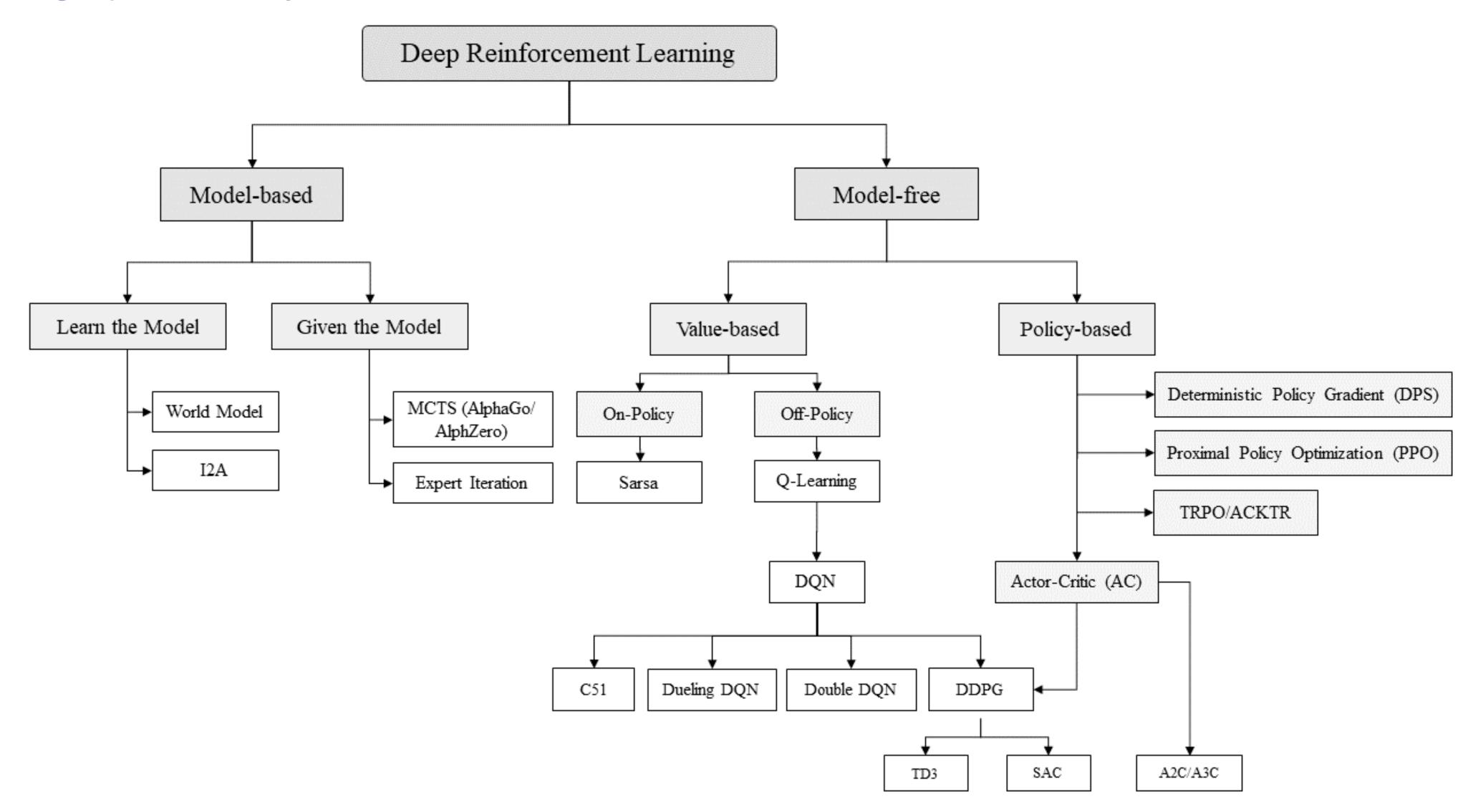
Goal: maximize reward over repeated action selection Optimal action-value function:

$$Q_{\pi}^{*}(s, a) = \max_{\pi} \mathbb{E}[G_{t} | S_{t} = s, A_{t} = a]$$

$$Q_{\pi}^{*}(a) = \max_{\pi} \mathbb{E}[R_{t} | A_{t} = a]$$

- Optimization problem: (computationally) find optimal policy  $\pi^*(S_t) = P(A_t | S_t)$
- Can be estimated from experience over repeated decision-making!
  - e.g., with action-value methods like the sample-average method
- central problem: exploration vs. exploitation

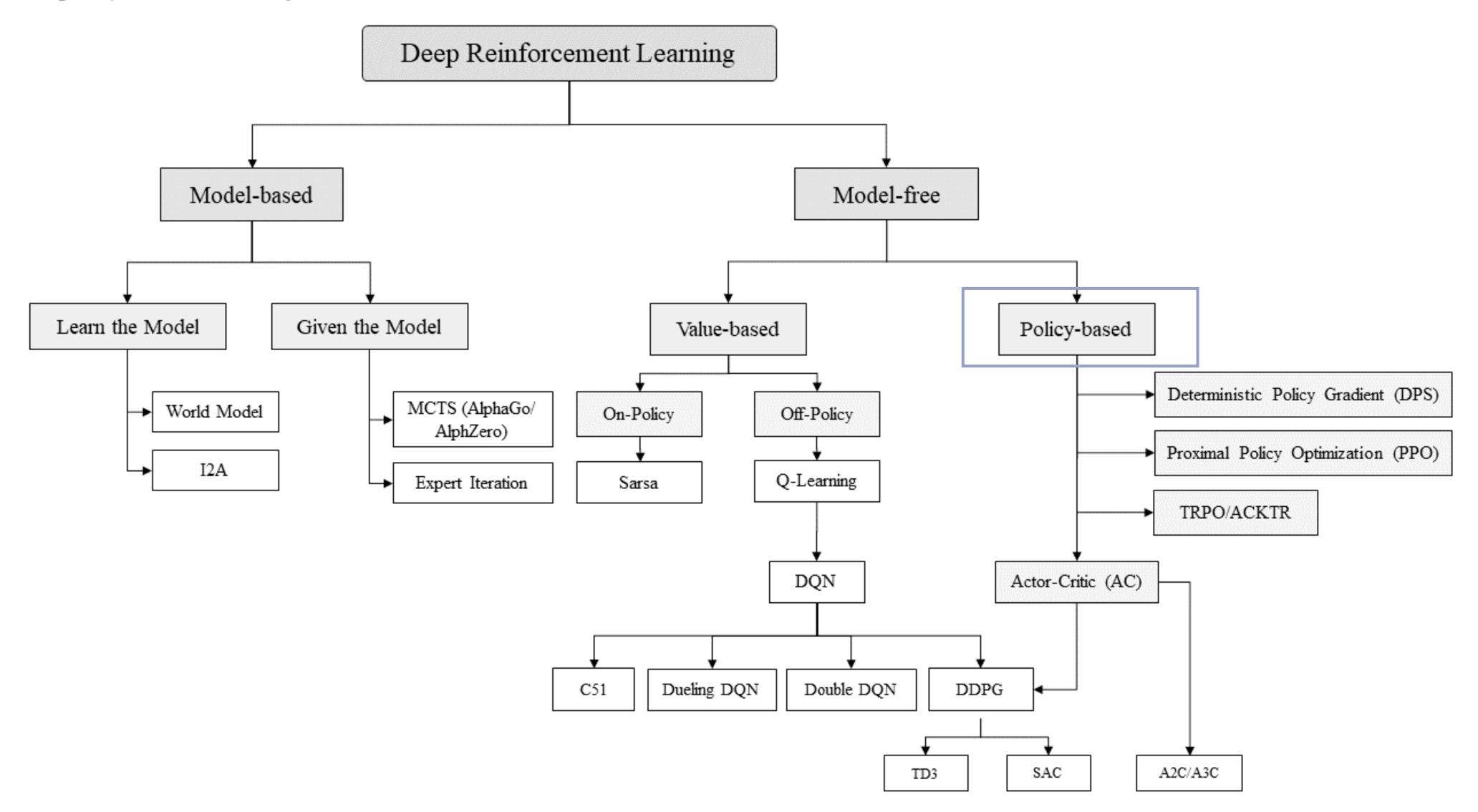
# RL Algorithms Approximating Optimal Policy



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# **RL Algorithms**

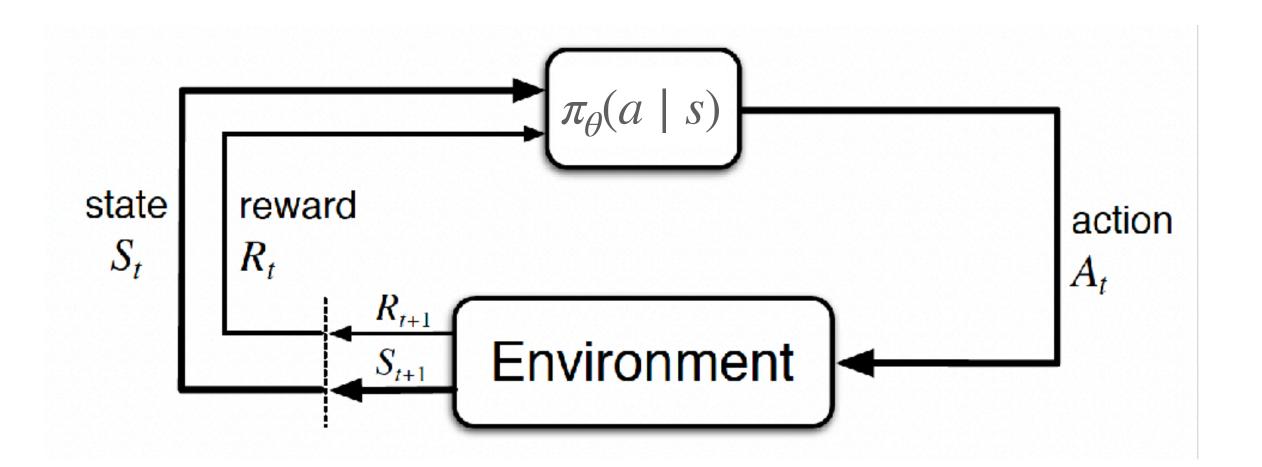
Approximating Optimal Policy



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#### Introduction

- so far: deriving optimal policy from estimated value function
  - · coming up with value functions might be difficult
  - state-value function doesn't prescribe actions
  - action-value functions require argmax
- idea: optimize policy directly, such that expected reward is maximized
  - · think: optimize model with respect to objective function
- ightharpoonup goal: find optimal heta
  - $\max_{\theta} \mathbb{E}_{\pi_{\theta}}[G_t]$
- $\blacktriangleright$  recall LM optimization: tweak  $\theta$  so as to minimize loss
  - Gradient descent:  $\theta_{new} = \theta_{old} \alpha \nabla L_{\theta}$
  - Now: gradient ascent:  $\theta_{new} = \theta_{old} + \alpha \, \nabla L_{\theta}$



#### Policy-gradient theorem

- ightharpoonup goal: find optimal heta
  - Now: gradient ascent:  $\theta_{new} = \theta_{old} + \alpha \nabla L_{\theta}$
- we write  $\tau$  for a sequence of states, actions, rewards and  $R(\tau)$  for (discounted) return

$$L(\theta) = \sum_{\tau} P(\tau, \theta) R(\tau)$$

sample-based policy gradient estimation

$$\begin{split} \nabla L(\theta) &= \nabla \sum_{\tau} P(\tau,\theta) \ R(\tau) = \sum_{\tau} \nabla_{\theta} P(\tau,\theta) \ R(\tau) \\ &= \sum_{\tau} \frac{P(\tau,\theta)}{P(\tau,\theta)} \nabla_{\theta} P(\tau,\theta) R(\tau) \\ &= \sum_{\tau} P(\tau,\theta) \frac{\nabla_{\theta} P(\tau,\theta)}{P(\tau,\theta)} R(\tau) = \sum_{\tau} P(\tau,\theta) \nabla_{\theta} \log P(\tau,\theta) R(\tau) \end{split}$$

$$\begin{aligned} &\approx \frac{1}{m} \sum_{i=1}^{m} \nabla_{\theta} \log P(\tau^{i},\theta) R(\tau^{i}) \end{aligned}$$

REINFORCE

Policy gradient estimation: 
$$\nabla L(\theta) = \sum_{\tau} P(\tau, \theta) \nabla_{\theta} \log P(\tau, \theta) R(\tau) \approx \frac{1}{m} \sum_{i=1}^{m} \nabla_{\theta} \log P(\tau^{i}, \theta) R(\tau^{i})$$

#### REINFORCE update rule:

$$\begin{aligned} &\text{for each episode:} \\ &\text{generate } S_0, A_0, R_1, \dots, S_{T-1}, A_{T-1}, R_T \text{ following } \pi(\:.\:|\:.\:, \theta) \\ &\text{for t in } \{0, 1, \dots, T-1\}: \\ &G \leftarrow \sum_{k=t+1}^T \gamma^{k-t-1} R_k \\ &\theta_{t+1} \leftarrow \theta_t + \alpha \; G \, \nabla \log \, \pi(A_t \,|\: S_t, \theta_t) \end{aligned}$$

Sutton & Barto (2018)

# **Actor-Critic Algorithms**

REINFORCE

(Advantage) Actor-Critic (A2C)

$$\theta_{t+1} = \theta_t + \alpha(G_t - \hat{v}(s, \mathbf{w})) \ \nabla \log \pi(A \mid s, \theta_t))$$

Actor-critic methods evaluate the value of the action taken in a state:

$$\theta_{t+1} = \theta_t + \alpha (G_{t:t+1} - \hat{v}(s, \mathbf{w})) \nabla \log \pi(A \mid s, \theta_t))$$

One-step return Critic

Actor

TRPO & PPO

$$\nabla L(\theta_t) \propto \mathbb{E}_{\pi}[G_t \nabla \log \pi(A \mid s, \theta)]$$

Rewriting policy-gradient theorem:

$$L_{\theta} = \mathbb{E}_t[\hat{A}_t \log \pi_{\theta}(a_t | s_t)], \text{ where advantage } \hat{A}_t = G_t - b(S_t)$$

Improve PG with Trust Region Policy Optimization (TRPO):

Surrogate objective

$$L^{CPI}(\theta) = \mathbb{E}_t \left[ \frac{\pi_{\theta}(a_t \mid s_t)}{\pi_{\theta\_old}(a_t \mid s_t)} \hat{A}_t \right] \text{ such that } \hat{\mathbb{E}}_t [KL[\pi_{\theta\_old}(. \mid s_t)\pi_{\theta}(. \mid s_t)]] \leq \delta$$

Justification actually suggests penalty instead of constraint:  $\mathbb{E}_t[r_t(\theta)A_t - \beta KL[\pi_{\theta \ old}(. \mid s_t)\pi_{\theta}(. \mid s_t)]]$ 

TRPO & PPO

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Justification actually suggests penalty instead of constraint:  $\mathbb{E}_t[r_t(\theta)\hat{A}_t - \beta KL[\pi_{\theta \ old}(. \mid s_t)\pi_{\theta}(. \mid s_t)]]$ 

Clip updates with PPO:

$$L^{CLIP}(\theta) = \mathbb{E}_{t} \min[r_{t}(\theta)\hat{A}_{t}, clip(r_{t}(\theta), 1 - \epsilon, 1 + \epsilon)\hat{A}_{t})]$$
Lower bound on unclipped objective Standard probability ratio

Language models as policies

Policy gradient estimation: 
$$\nabla L(\theta) = \sum_{\tau} P(\tau, \theta) \nabla_{\theta} \log P(\tau, \theta) R(\tau) \approx \frac{1}{m} \sum_{i=1}^{m} \nabla_{\theta} \log P(\tau^{i}, \theta) R(\tau^{i})$$

- policy P: language model
- $\blacktriangleright$  trajectories  $\tau$ : generations from language model
- lacksquare  $\log P( au^i, heta)$ : log probability of a generation  $au^i$  under the language model
- $ightharpoonup R( au^i)$ : reward for generation  $au^i$

Sutton & Barto (2018)

## Summary

Reinforcement learning

- the central framework for formalizing RL problems are Markov Decision Processes (MDPs)
- task of RL is to solve MDP such that the expected return is maximized
  - and to find the optimal policy
- classical solution methods for MDPs include estimation of optimal state- and action-value functions
- policy gradient methods directly optimize the policy such that the expected return is maximized
  - can be applied to LMs!



#### Announcements

Solutions to exercises will be on Moodle on November 15th!

Next class (November 15th) online only!