

# ***“ENVIRONMENTAL MONITORING FOR SUSTAINABLE LAKE MANAGEMENT – IMPORTANCE AND CASE STUDY”***



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# Content

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- Lakes, importance and threats
- Environmental monitoring
  - What, why
  - Lake Water quality monitoring
    - National Lake Water Quality Criteria and Standards (NLWQS)
    - Other monitoring
- Governance



# LAKEs – STANDING WATER SYSTEM

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- NATURAL LAKES
- RESERVOIR
- EX-MINING POOLS
- RETENTION PONDS

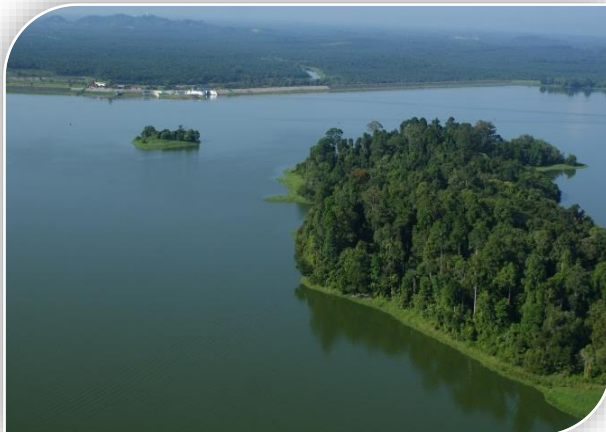


Photo: NAHRIM



# LAKE AND RESERVOIR RESOURCES IN MALAYSIA

No.	State	Number	Area (km <sup>2</sup> )	Volume (Mm <sup>3</sup> )
1.	Perlis	2	13.33	40.00
2.	Kedah	7	105.63	1,384.76
3.	Perak	11	285.69	6,794.25
4.	Selangor	14	27.25	531.56
5.	Pahang	10	94.69	355.71
6.	Terengganu	2	370.80	13,600.00
7.	Kelantan	3	11.34	76.80
8.	Johor	13	108.26	986.24
9.	Labuan	3	1.20	4.58
10.	Melaka	4	11.41	78.60
11.	N. Sembilan	6	11.69	185.83
12.	P. Pinang	4	2.95	45.44
13.	Sabah	8	7.18	66.41
14.	Sarawak	7	793.74	46,496.88
15.	Wilayah Persekutuan	2	7.63	45.00
<b>Total</b>		<b>96</b>	<b>1,852.79</b>	<b>70,692.06</b>

Excluding ox-bow lakes, ex-mining pools, bunded storage and flood detention pond



# VALUE OF LAKE RESOURCES IN MALAYSIA



## Domestic and industrial water supply

- Supply 98% of the total national water use
- > 60 reservoirs

## Hydroelectric

- 16 reservoirs i.e. Kenyir, Bakun & Chenderoh Dam
- Contributing ~ 11% of total energy



## Flood mitigation

- >12 reservoirs i.e. Timah Tasoh, Batu Dam, Semberong Dam, Bekok Dam & Machap Dam - reduced flooding risk





# VALUE OF LAKE RESOURCES IN MALAYSIA

## • Irrigation

- > 10 reservoirs i.e. Bukit Merah, Muda, Pedu and Ahning Reservoir



## Fishing and aquaculture

- Kenyir, Temenggor & Batang Ai Reservoir - Freshwater cage culture

## • Biodiversity

- Bera and Bukit Merah Reservoir: arowana
- Numerous species of freshwater fish, plankton and flora



Photo: Sharip



# VALUE OF LAKE RESOURCES IN MALAYSIA

## Recreation and tourism

- Amenity to urban populations
- Tourism



## Heritage and patrimony

- Older lakes support community and cultural values





# THREATS AND IMPACTS

## Unsustainable Logging activities and land clearance

- Sediments, nutrient -> SEDIMENTATION/EUTROPHICATION

## Urbanisation and inadequate treatment facilities

- Sewage, effluent discharges -> EUTROPHICATION / POLLUTION

## Unsustainable agriculture /farming practices

- Nutrient, pesticides -> EUTROPHICATION / POLLUTION

## Mining

- Heavy metals -> ACIDIFICATION / POLLUTION

## Climate change & variability







# ENVIRONMENTAL MONITORING

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WHAT AND WHY



# WHAT IS ENVIRONMENTAL MONITORING

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- ☐ The process of characterizing and observing environmental parameters
- ☐ To establish
  - ☐ The current status or conditions of the environment
  - ☐ The current trends in environmental parameters
  - ☐ The environmental issues i.e. pollution/contaminants
  - ☐ Suitability for beneficial/intended uses



# WHAT IS ENVIRONMENTAL MONITORING

- ☐ Water quality monitoring
  - ☐ Chemical
  - ☐ Biological & Microbiological
  - ☐ Radiological
  - ☐ Population
- ☐ Air quality monitoring
- ☐ Sediment/soil quality monitoring
- ☐ Noise monitoring





# WHY MONITOR LAKE ENVIRONMENT

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- ☐ Monitoring is crucial for informed decision making & management
- ☐ Enable better understanding of lake water quality state and catchment conditions
- ☐ Monitoring is lacking in many stagnant water bodies
- ☐ No specific agency monitoring lake water quality



# THE NEED FOR LAKE MONITORING

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## ‘Lentic’ Water Characteristics

- Integrating Nature
- Long retention time – slow ecosystem changes (gradual & invisible)

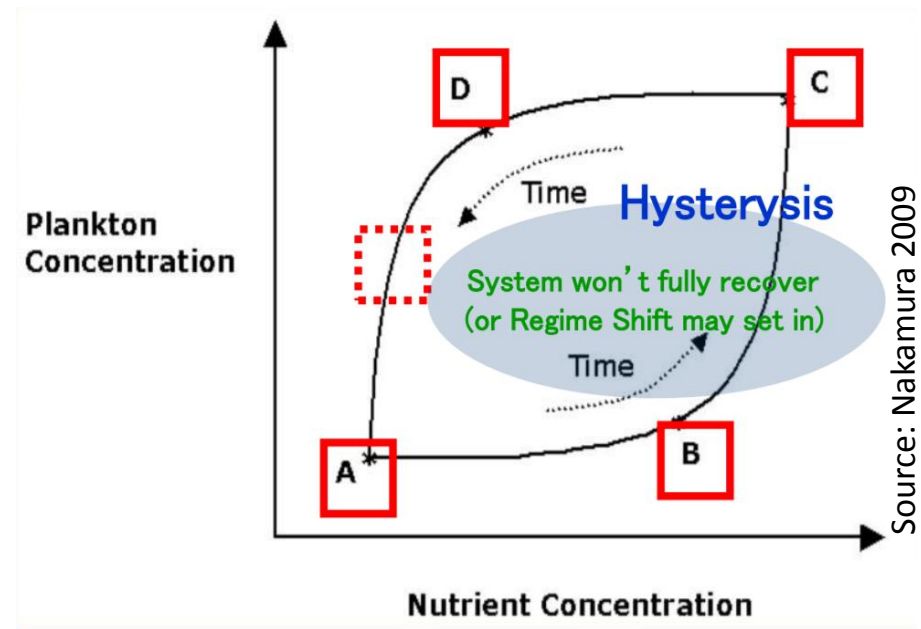
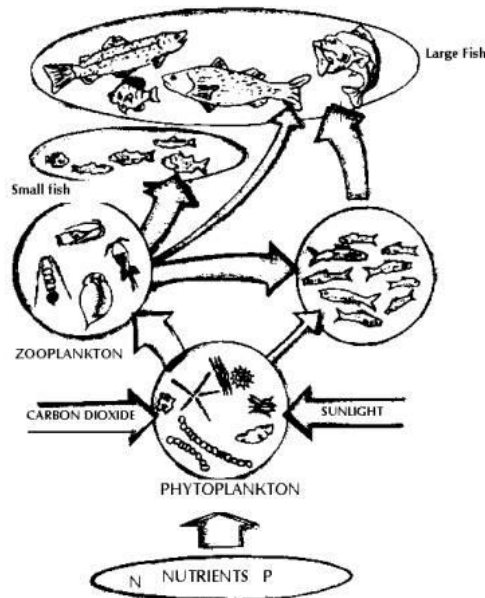


Source: Nakamura 2009



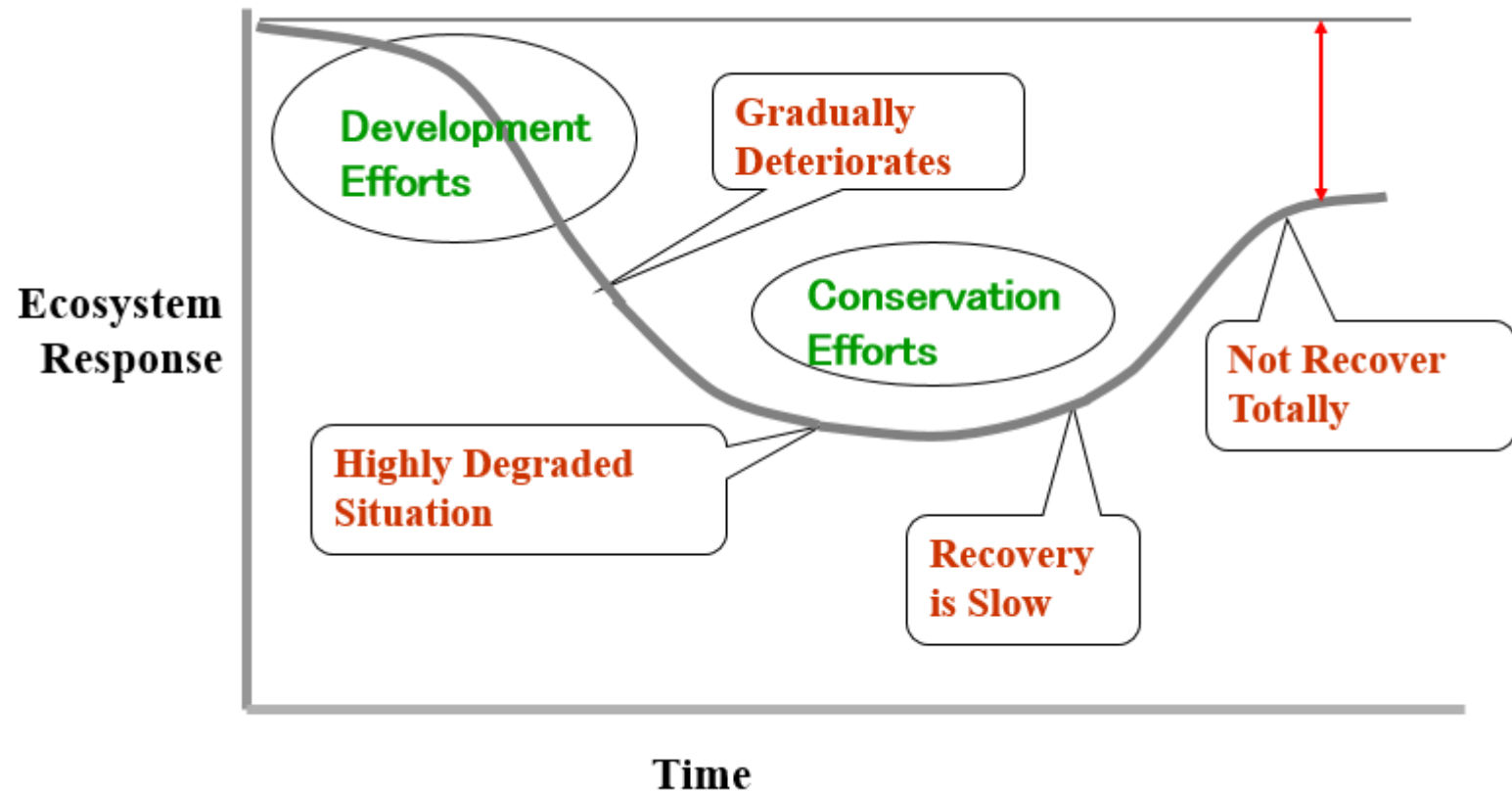
# THE NEED FOR LAKE MONITORING

- ‘Lentic’ Water Characteristics (Cont’)
  - Complex response dynamics – unpredictable & uncontrollable





# THE NEED FOR LAKE MONITORING





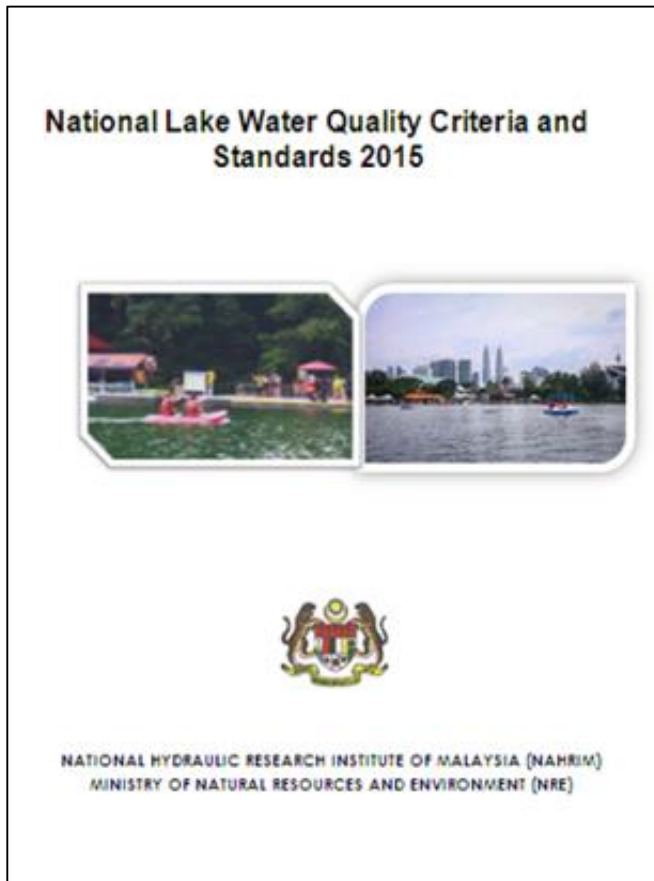
# ENVIRONMENTAL MONITORING

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WATER QUALITY



# WATER QUALITY MONITORING



## National Lake Water Quality Criteria and Standard (NLWQCS)

- ☐ Introduced in 2016 and accepted for use in 2017
- ☐ Focus on four category of uses
- ☐ Promote preservation of human health and ecosystem

[www.nahrim.gov.my](http://www.nahrim.gov.my)



# National Lake Water Quality Criteria and Standards (NLWQS)

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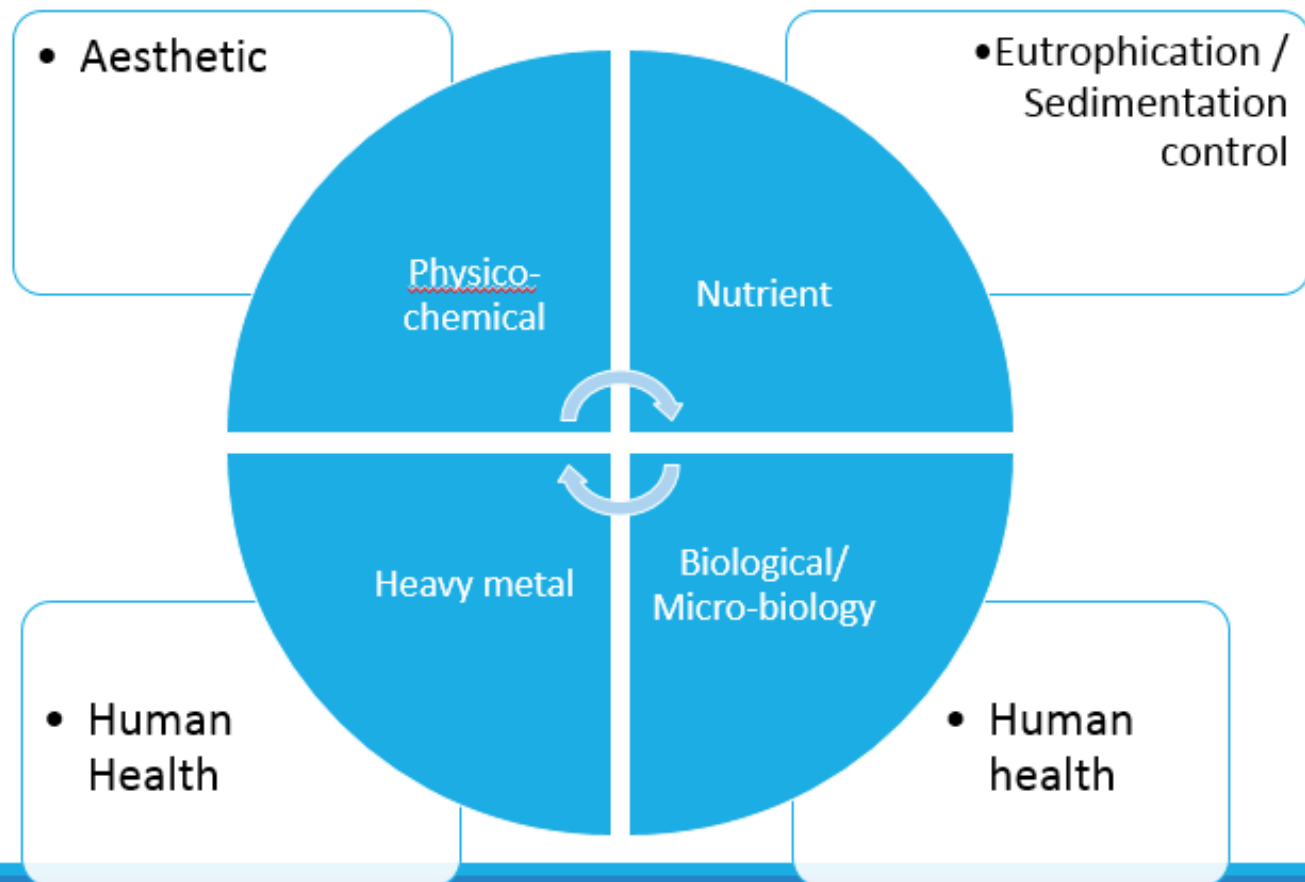
category	Uses
A	<b>Primary contact recreation</b> (contact - body, face with possible water been swallowed) – protect human health for recreational activities such as swimming
B	<b>Secondary contact recreation</b> – protect human health for recreational activities such as cruising and boating
C	<b>Preservation of freshwater ecosystem</b>
D	<b>Other uses and minimum preservation of ecosystem</b>





# National Lake Water Quality Criteria and Standards (NLWQS)

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# National Lake Water Quality Criteria and Standards (NLWQS)

PARAMETER	UNIT	CATEGORY A	CATEGORY B	CATEGORY C	CATEGORY D
Temperature	°C	28 ± 3	28 ± 3	28 ± 3°	28 ± 3
Conductivity	µS/cm	1000	1000	2000	5000
DO percentage	%	80 - 100	70 - 110	55 - 130	40 - 130
Dissolved Oxygen	mg/L	6.3 - 7.8	5.5 - 8.7	4.5 - 10.3	3.3 - 10.3
pH	-	6.5 - 8.5	6.5 - 8.5	6.0 - 9.0	5.5 - 9.0
Floatables	-	NV	NV	NV	NV
Odour	-	NOO	NOO	NOO	NOO
Taste	-	NOT	NOT	NOT	NOT
Colour	TCU	100 - 200	150 - 300	300	300
TSS	mg/L	<100	100 - 500	200	500
Turbidity	NTU	40	40 - 170	70	250
Transparency (Secchi depth)	m	0.6	0.6	0.3	0.3
Oil & Grease	mg/L	1.5	1.5	1.5	1.5
Salinity	ppt	NVD	NVD	<1	>1
Ammonia-N	mg/L	0.1	0.3	1	2.7
Nitrate-N (NO <sub>3</sub> -N)	mg/L	7	7	10	10
Total Phosphorus	mg/L	0.01	0.035	0.035	0.05
Chlorophyll-a	µg/L	10	3 - 15	15	25
Arsenic (As)	mg/L	0.05	0.1	0.15	0.4
Cadmium (Cd)	mg/L	0.002	0.002	0.01	0.01
Lead (Pb)	mg/L	0.05	0.05	0.05	0.05
Mercury (Hg)	mg/L	<0.001	<0.001	<0.0001	<0.001
Nickel (Ni)	mg/L	0.02	0.02	0.05	0.05

PARAMETER	UNIT	CATEGORY A	CATEGORY B	CATEGORY C	CATEGORY D
BOD	mg/L	3	6	6	8
COD	mg/L	10	25	25	50
Clostridium perfringens	-	nd	nd	nvd	nvd
Total Coliform	cfu/100ml	5000	5000	5000	5000
Enterococci	cfu/100ml	33	230	nvd	nvd
E. coli	cfu/100ml	100	600	3000	3000
Giardia sp.	-	nd	nd	nd	nd
Leptospira sp.	-	nd	nd	nd	nd
Cryptosporidium sp.	-	nd	nd	nd	nd
Cyanobacteria	Cells/ ml	15 000	15 000	15 000	15 000



## Selected case studies – natural lake: Chini lake



PARAMETER	UNIT	<u>Chini Lake</u>
Temperature	°C	24.5
Conductivity	μS/cm	28
Dissolved Oxygen	mg/L	5.5
pH	-	3.5
BOD	mg/L	3.2
COD	mg/L	12.2
<i>E. coli</i>	CFU/100 ml	170
Enterococci	MPN/100 ml	-
Total coliform	CFU/100 ml	1674
TSS	mg/L	6.8
Turbidity	NTU	28.5
Transparency	m	0.5
Salinity	<u>ppt</u>	0.01
Ammonia-N	mg/L	0.3
Nitrate-N (NO <sub>3</sub> -N)	mg/L	0.02
Total Phosphorus	mg/L	0.034
Chlorophyll-a	μg/L	2.8
Arsenic (As)	mg/L	<0.05
Cadmium (Cd)	mg/L	<0.001
Lead (Pb)	mg/L	0.05
Mercury (Hg)	mg/L	<0.001
Nickel (Ni)	mg/L	0.05
Cyanobacteria	Cells/ml	8.4
Remark		mesotrophic



## Selected case studies – ex-mining pools: Puteri lake



PARAMETER	UNIT	<u>Puteri Lake</u>
Temperature	°C	30.5
Conductivity	μS/cm	795
Dissolved Oxygen	mg/L	6.4
pH	-	<b>3.0</b>
BOD	mg/L	0.9
COD	mg/L	1.4
<i>E. coli</i>	CFU/100 ml	-
Enterococci	MPN/100 ml	-
Total coliform	CFU/100 ml	-
TSS	mg/L	0.3
Turbidity	NTU	0
Transparency	m	<b>8.1</b>
Salinity	<u>ppt</u>	0.34
Ammonia-N	mg/L	0.05
Nitrate-N (NO <sub>3</sub> -N)	mg/L	-
Total Phosphorus	mg/L	0.035
Chlorophyll-a	μg/L	<1
Arsenic (As)	mg/L	0.002
Cadmium (Cd)	mg/L	0.002
Lead (Pb)	mg/L	0.02
Mercury (Hg)	mg/L	-
Nickel (Ni)	mg/L	0.01
Cyanobacteria	Cells/ml	-
Remark		Acid-mine, low productivity



## Selected case studies – flood retention pond: Intan baiduri lake



Photo: Sharip

PARAMETER	UNIT	<u>Intan Baiduri</u>
Temperature	°C	30.4
Conductivity	µS/cm	62
Dissolved Oxygen	mg/L	8.9
pH	-	8.2
BOD	mg/L	<b>22</b>
COD	mg/L	<b>132</b>
<i>E. coli</i>	CFU/100 ml	<b>2964</b>
Enterococci	MPN/100 ml	-
Total coliform	CFU/100 ml	<b>59267</b>
TSS	mg/L	60
Turbidity	NTU	45
Transparency	m	<b>0.2</b>
Salinity	<u>ppt</u>	0.13
Ammonia-N	mg/L	<b>1.09</b>
Nitrate-N (NO <sub>3</sub> -N)	mg/L	0.03
Total Phosphorus	mg/L	<b>0.73</b>
Chlorophyll-a	µg/L	<b>51.5</b>
Arsenic (As)	mg/L	<0.01
Cadmium (Cd)	mg/L	0.002
Lead (Pb)	mg/L	0.04
Mercury (Hg)	mg/L	<0.001
Nickel (Ni)	mg/L	-
Cyanobacteria	Cells/ml	10,550
Remark		Hyper-eutrophic, organic pollutant





## Selected case studies – flood mitigation/water supply reservoir: Sembrong Lake



PARAMETER	UNIT	Sembrong Lake
Temperature	°C	30.4
Conductivity	μS/cm	120
Dissolved Oxygen	mg/L	8.2
pH	-	8.1
BOD	mg/L	<b>12.8</b>
COD	mg/L	<b>50</b>
<i>E. coli</i>	CFU/100 ml	-
Enterococci	MPN/100 ml	-
Total coliform	CFU/100 ml	-
TSS	mg/L	15.6
Turbidity	NTU	25.5
Transparency	m	0.3
Salinity	ppt	0.01
Ammonia-N	mg/L	<u>0.43</u>
Nitrate-N (NO <sub>3</sub> -N)	mg/L	<u>n.d</u>
Total Phosphorus	mg/L	<b>0.12</b>
Chlorophyll-a	μg/L	<b>65.4</b>
Arsenic (As)	mg/L	<0.01
Cadmium (Cd)	mg/L	<0.01
Lead (Pb)	mg/L	< 0.01
Mercury (Hg)	mg/L	<0.001
Nickel (Ni)	mg/L	< 0.01
Cyanobacteria	Cells/ml	<b>44070</b>
Remark		Hyper-eutrophic



# ENVIRONMENTAL MONITORING

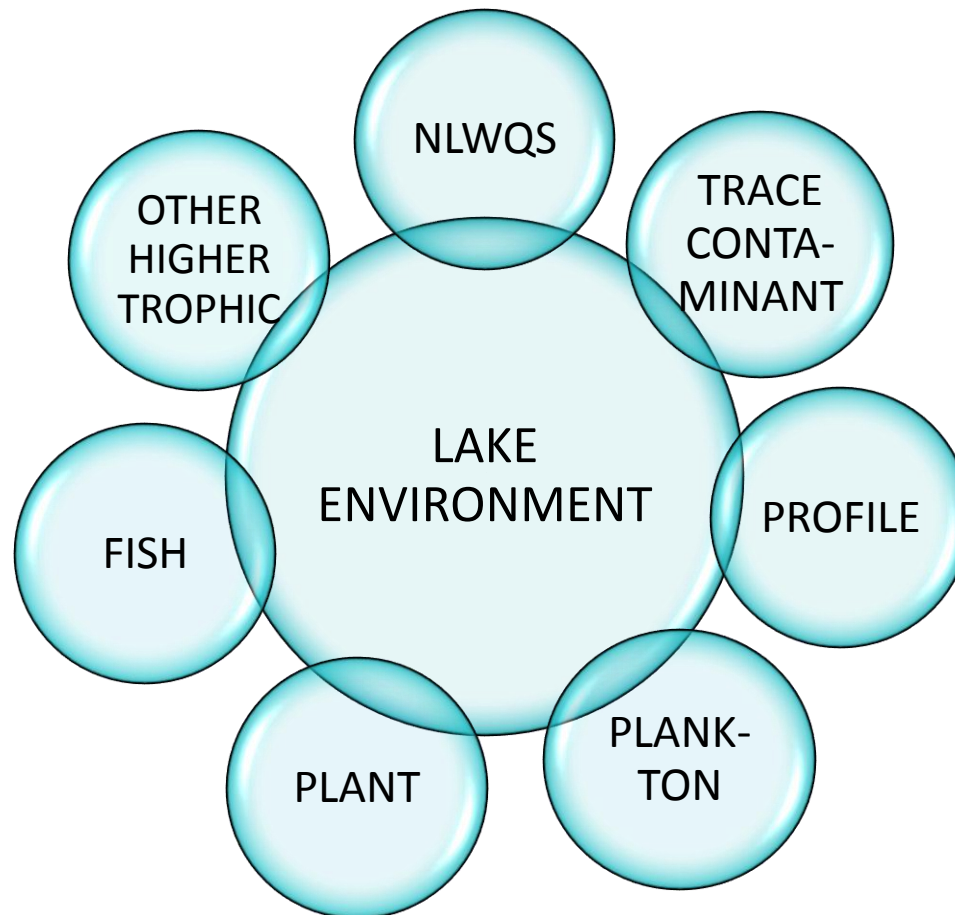
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CONTAMINANTS AND BIOLOGICAL



# OTHER ENVIRONMENTAL MONITORING

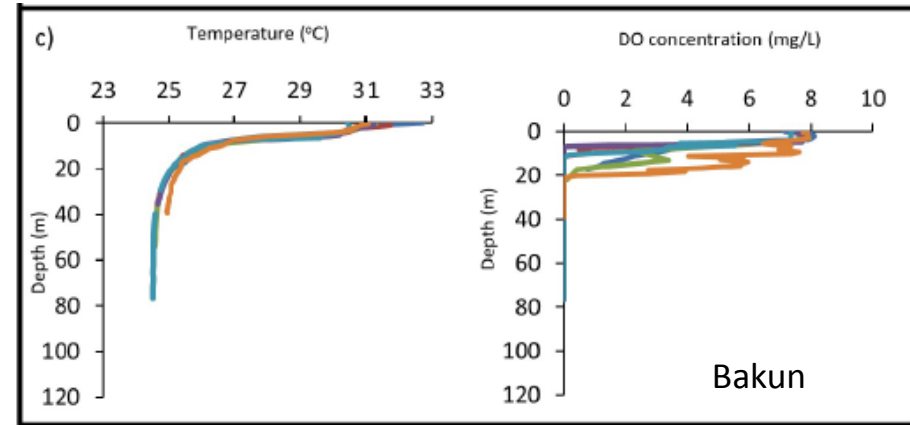
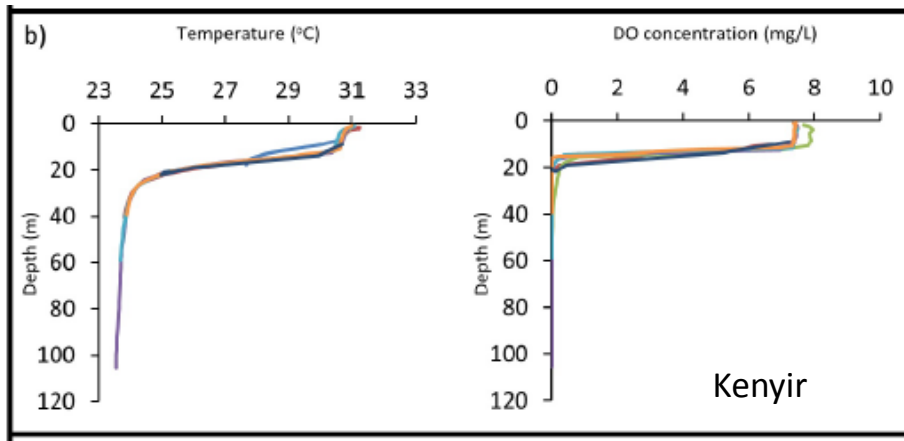
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# MONITORING – STRATIFICATION PATTERN

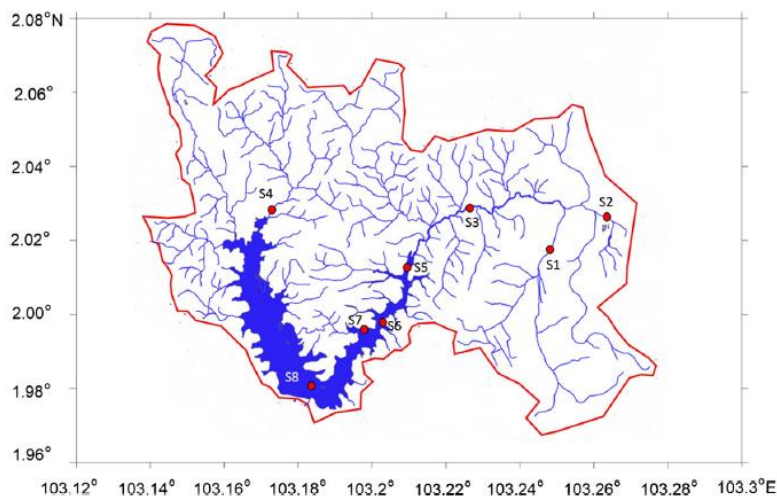
## Stratification pattern in deep lakes of Malaysia





# MONITORING – TRACE CONTAMINANTS

## Agriculture areas



Organochlorine pesticides	Concentrations (ng/L)				Frequency of detection %
	Range	Mean	SD	NDWQS	
$\delta$ -BHC	0–23.0	2.26	4.65	2000	29.8
$\alpha$ -BHC	0–14.70	0.93	2.75	2000	14.9
$\gamma$ -BHC	0–7.80	0.50	1.70	2000	12.8
$\beta$ -BHC	0–14.90	0.55	2.52	2000	6.4
$\gamma$ -Chlordane	0	0	0	200	0
$\alpha$ -Chlordane	0–23.50	0.76	3.66	200	8.5
Aldrin	0–50.40	3.17	9.42	30	27.7
Dieldrin	0–9.30	0.38	1.56	30	8.5
4,4-DDT	0–1873.60	40.44	273.22	2000	12.8
4,4-DDD	0–14.40	0.31	2.10	2000	2.1
4,4-DDE	0–12.70	0.29	1.86	2000	4.2
Endrin	0–51.40	2.78	8.30	600	21.2
Heptachlor	0–43.20	3.73	8.80	30	29.8
Heptachlor epoxide	0	0	0	30	0
Methoxychlor	0–234.70	14.33	48.20	20,000	27.7
$\alpha$ -Endosulfan	0–5.30	0.14	0.80	30,000	4.3
$\beta$ -Endosulfan	0–121.5	3.22	17.88	30,000	6.4
Endrin aldehyde	0	0	0	600	0
Endosulfan sulphate	0–14.70	1.01	3.44	30,000	10.6



## Pesticides detected:

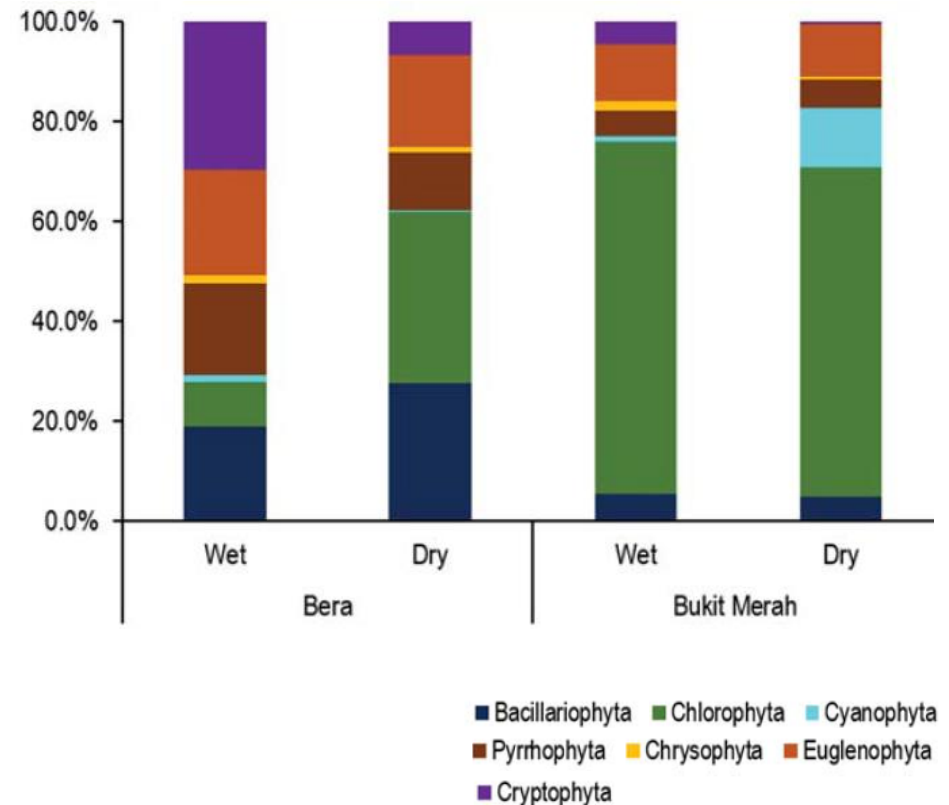
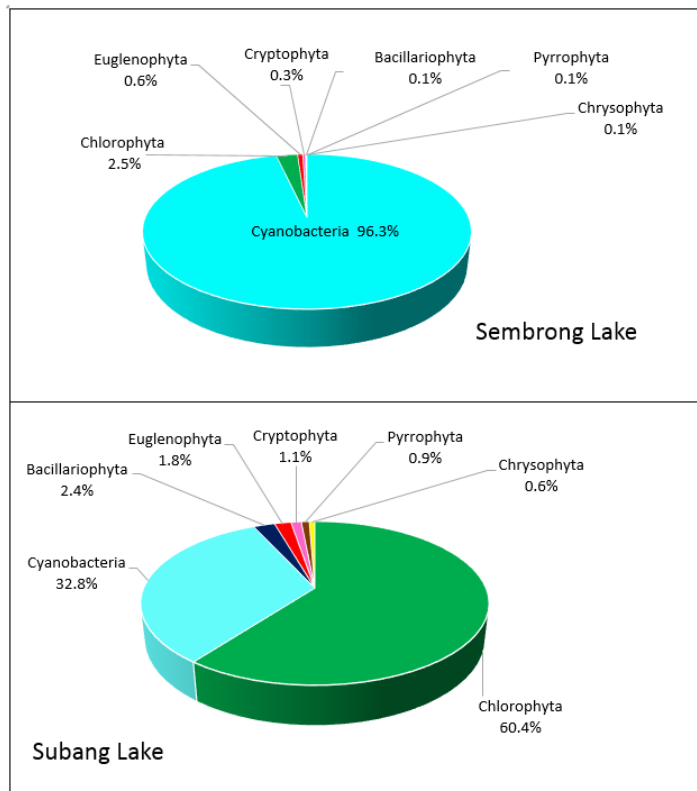
- Aldrin/dieldrin, DDT, heptachlor, methoxychlor



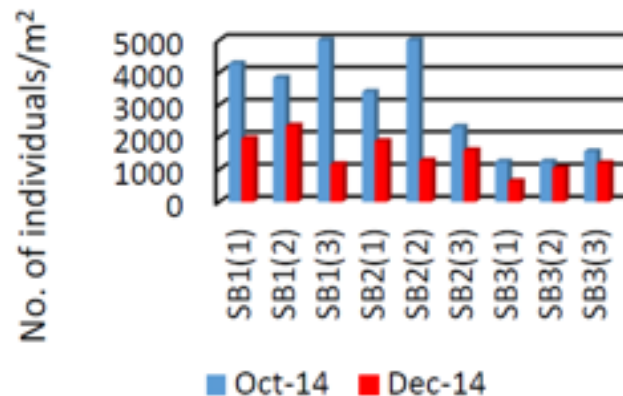


# PHYTOPLANKTON MONITORING

## Comparison between lakes



# BENTHOS MONITORING



An aquatic worm (Oligochaeta), a tubificid (*Limnodrilus* sp)



An aquatic worm, a tubificid (*Branchiura* sp)

- consists mainly of *Chaoborus* and tubificid larvae - indicating eutrophic conditions
- increase of tubificid species is related to organic pollution



# PLANT MONITORING

- ❑ Characterising the ecological condition of lakes based on the composition of native and invasive plants growing
  - ❑ native plant community types and invasive plant species



- ❑ Invasive macrophyte





# GOVERNANCE

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MONITORING LINKS TO MANAGEMENT



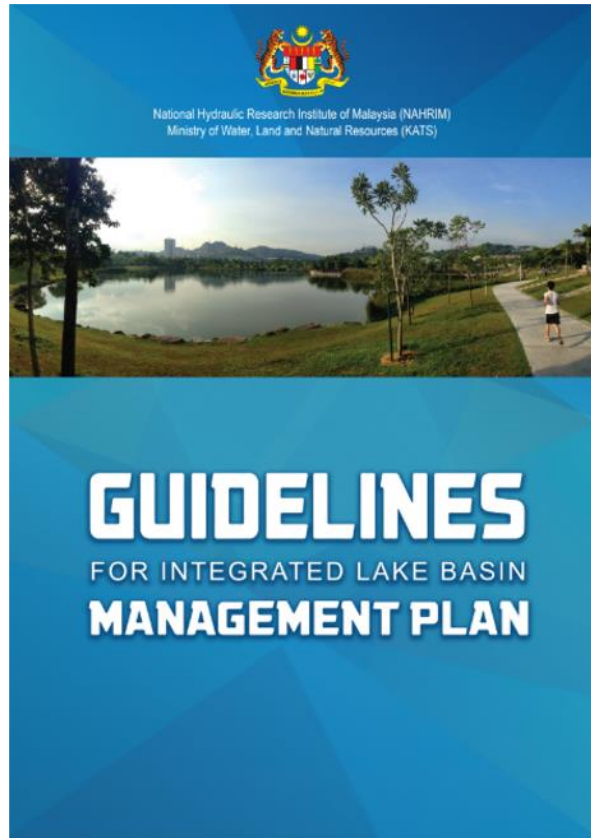
# SUSTAINABLE MANAGEMENT OF LAKES

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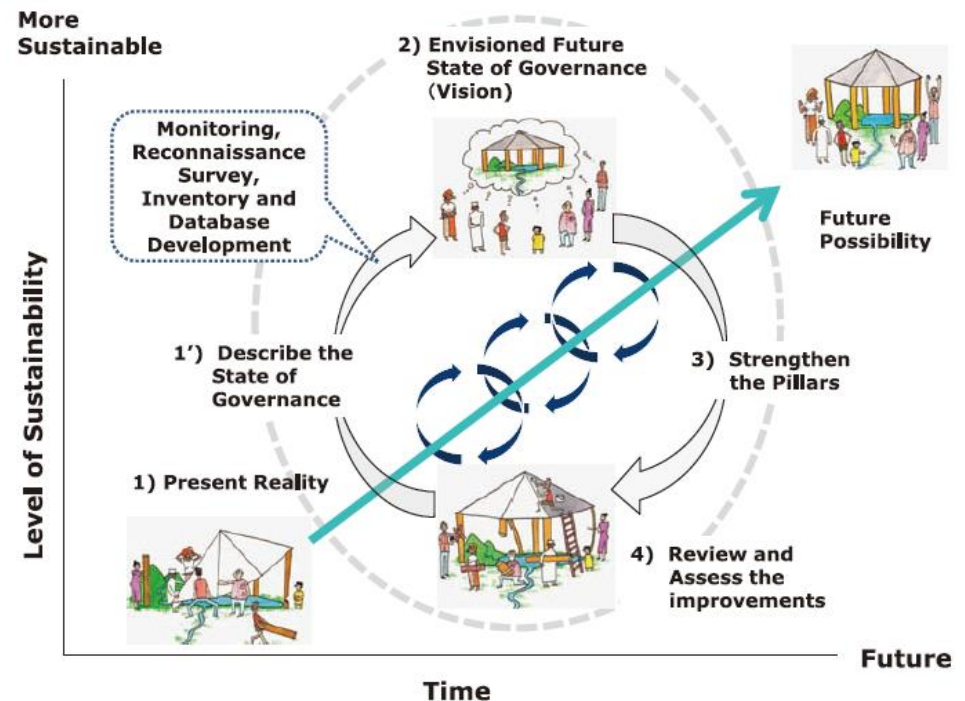
- ◉ monitor lake water quality and ecosystem health
- ◉ develop integrated lake basin management plan
- ◉ Continually assess governance improvement



# MANAGEMENT & GOVERNANCE



NAHRIM (2018)





# SDG Target 6: Ensure availability and sustainable management of water and sanitation for all:

Target 6.1: By 2030, achieve universal and equitable access to safe and affordable drinking water for all

Target 6.3: By 2030, improve water quality by reducing pollution, eliminating dumping and minimizing release of hazardous chemicals and materials, halving the proportion of untreated wastewater and substantially increasing recycling and safe reuse globally

Target 6.4: By 2030, substantially increase water-use efficiency across all sectors and ensure sustainable withdrawals and supply of freshwater to address water scarcity and substantially reduce the number of people suffering from water scarcity

Target 6.5: By 2030, implement integrated water resources management at all levels, including through transboundary cooperation as appropriate

**Target 6.6: By 2020, protect and restore water-related ecosystems, including mountains, forests, wetlands, rivers, aquifers and lakes**



# Conclusion

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- ❑ Lake environmental monitoring aid in management and protection of water bodies
- ❑ Use National Lake Water Quality Criteria and Standards for monitoring of water quality in lake/ponds/reservoir



National Hydraulic Research Institute of Malaysia  
Ministry of Water, Land and Natural Resources



THANK YOU

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