

## 1. Encourage Conversation:

Create opportunities for daily conversations by listening attentively and responding to your child's words, sounds, or gestures. Take turns talking, use simple open-ended questions, and give your child enough time to reply. This supports language development and helps build confidence in communicating.

## 2. Read Together Daily:

Make shared reading part of your everyday routine. Select books that match your child's age and interests, and read with expression using voice, facial expressions, and gestures. Talk about the pictures, label objects, and ask simple questions to support understanding. As your child develops, invite them to repeat words, join in, or finish familiar sentences.

# Promoting Speech and Language at Home: Tips and Activities for Parents



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### 3. Sing Songs and Rhymes:

Sing songs and say nursery rhymes together to introduce rhythm, melody, and repeated language patterns. Encourage your child to participate by singing along, clapping, or copying the actions in the song. These activities make learning language fun and engaging

### 4. Build a Language-Rich Environment:

Use everyday moments to model language by naming objects and describing what you're doing at home. For example, while cooking, talk about the food items, colors, and actions like *cutting* or *stirring*. This naturally supports vocabulary growth and helps your child understand their surroundings.

**As a parent, you play a vital role in supporting your child's speech and language development.**

**By incorporating simple yet effective strategies and activities into your daily routines, you can create a language-rich environment that fosters communication skills.**

### 5. Use Visual Supports:

Visual supports such as picture cards, charts, or simple schedules can help strengthen vocabulary and improve understanding. For example, create a picture schedule for daily routines with images for activities like brushing teeth or getting dressed to support comprehension and predictability.





## 6. Encourage Pretend Play:

Join your child in imaginative play by using toys or props and acting out different roles or situations. Pretend play supports language development by helping children build stories, learn theme-based vocabulary, and practice back-and-forth communication with you or other play partners.

## 7. Play with Sounds:

Have fun exploring different sounds together, such as animal noises, everyday environmental sounds, or musical instrument sounds. Take -

-turns making and copying sounds, encouraging your child to imitate you. This helps build sound awareness and supports early speech development.

## 8. Build Sound Awareness:

Highlight specific sounds during every day routines. For example, at mealtime, draw attention to words that start with the same sound like “*banana*” and “*broccoli*.”

Encourage your child to notice, say, and repeat these words to strengthen sound discrimination and clearer speech.



## 9. Encourage Storytelling:

Invite your child to share stories through drawing, pictures, or talking. Support them in describing characters, events, and feelings, and help them tell what happened first, next, and last. This builds storytelling skills, language organization, and creativity.

## 10. Play Language Games:

Include simple language-based games in daily play. Games like “*I Spy*” encourage describing and guessing objects, while “*Simon Says*” helps develop listening skills and following directions—all while keeping learning fun and engaging.

**By adding these simple strategies and fun activities into your everyday routines, you can create a supportive environment that encourages your child’s speech and language growth. Be patient, offer plenty of praise, and acknowledge their efforts along the way. With consistent support and a language-rich home, your child can build a strong foundation for confident and successful communication.**