

## DAY 4 - Prayers

### FOURTH DAY (Monday, 7th Week of Easter)

*Thou in toil art comfort sweet, Pleasant coolness in the heat, solace in the midst of woe.*

#### The Gift of Fortitude

The Gift of Fortitude By the gift of Fortitude the soul is strengthened against natural fear, and supported to the end in the performance of duty. Fortitude imparts to the will an impulse and energy which move it to under take without hesitancy the most arduous tasks, to face dangers, to trample under foot human respect, and to endure without complaint the slow martyrdom of even lifelong tribulation. "He that shall persevere unto the end, he shall be saved."

#### Prayer

Come, O Blessed Spirit of Fortitude, uphold our soul in time of trouble and adversity, sustain our efforts after holiness, strengthen our weakness, give us courage against all the assaults of our enemies, that we may never be overcome and separated from Thee, our God and greatest Good. Amen.

*Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES.*

#### Meditation for the Fourth Day of the Novena to Mary, Undoer of Knots

Dearest Holy Mother, you are generous with all who seek you, have mercy on me. we entrust into your hands this knot which robs the peace of our heart, paralyzes our soul and keeps us from going to our Lord and serving Him with our life. Undo this knot in our love **[Our family here and abroad, our elderly, our livelihood, our health , the children & their studies, their choices, perspectives, chastity, purity, holiness, & my nieces nephews, their friends and all of the youth & the dying, for world peace, for all the souls in purgatory and conversion of sinners**

. . . ], O Mother, and ask Jesus to heal our paralytic faith, which gets downhearted with the stones on the road. Along with you, dearest Mother, may we see these stones as friends. Not murmuring against them anymore but giving endless thanks for them, may we smile trustingly in your power.

Mary, Undoer of Knots, pray for me. \* See Closing Prayers above.

## **Day 4 (Easter Monday)**

### **Souls of pagans and those who do not know Jesus yet**

*Today bring to ME the pagans and those who do not yet know me. I was thinking also of them during MY bitter Passion, and their future zeal comforted MY Heart. Immerse them in the ocean of MY mercy.*

Most Compassionate Jesus, You are the Light of the whole world. Receive into the abode of Your Most Compassionate Heart the souls of pagans who as yet do not know You. Let the rays of Your grace enlighten them that they, too, together with us, may extol Your wonderful mercy; and do not let them escape from the abode which is Your Most Compassionate Heart.

May the light of Your love,  
Enlighten the souls in darkness,  
Grant that these souls know You,  
And, together with us, praise Your Mercy.

Eternal Father, turn Your merciful gaze upon the souls of pagans and of those who as yet do not know You, but who are enclosed in the Most Compassionate Heart of Jesus. Draw them to the light of the Gospel. These souls do not know what great happiness it is to love You. Grant that they, too, may extol the generosity of Your mercy for endless ages. Amen.

## DAY FOUR

I salute and honor you, O powerful helper, St. Anthony. The Christian world confidently turns to you and experiences your tender compassion and powerful assistance in so many necessities and sufferings that we are encouraged in our need to seek your help in obtaining a favorable answer to our request for the favor we seek in this novena (***Our family here and abroad, our elderly, our livelihood, our health , the children & their studies, their choices, perspectives, chastity, purity, holiness, & my nieces nephews, their friends and all of the youth & the dying, for world peace, for all the souls in purgatory and conversion of sinners . . .*** ). O holy St. Anthony, we beseech you, obtain for us the grace that we desire.

One Our Father, one Hail Mary, and Glory Be to the Father, in honor of Saint Anthony. Saint Anthony, pray for us!

***O God, may the votive commemoration of blessed Anthony, your confessor, be a source of joy to your Church, that she may always be fortified with spiritual assistance, and deserve to enjoy eternal rewards. Through Christ our Lord. Amen.***

## Day 4

O holy Saint Augustine, who has famously declared that “Our hearts were made for you, O Lord, and they are restless until they rest in you.”, aid me in my own search for our Lord that through your intercession I may be granted the wisdom to determine the purpose God has planned for me. Pray that I be blessed with the courage to follow God’s will even at times when I do not understand. Ask our Lord to lead me to a life worthy of His love, that I may one day share the riches of His kingdom. Petition our Lord and Savior to ease the burden of my problems and grant my special intention, and I will honor you all of my days.

Saint Augustine, through you God has manifested his power and mastery of the earth, enabling you to make prophecies and to perform miracles to aid the poorest of the poor, whom you have chosen to serve. Look upon me, a poor servant of God, and the afflictions of body and spirit that plague me, and in your kindness, help me seek the aid of the One True God we seek to love and serve throughout our lives.

(State the nature of your problem or the special favor you seek)  
Glorious Saint Augustine I boldly ask for your intercession confident in your boundless wisdom and compassion. May this devotion lead me to a life dedicated to the fulfilling the will of God that I may one day be deemed worthy of sharing His Kingdom with you and all the saints for all eternity.

Our Father... Hail Mary... Glory Be...  
St. Augustine, Pray For Us! Amen.

## **Day 4**

Our God! because Thou art infinite goodness, we are sorry with our whole heart for having offended Thee. we promise to die rather than ever offend Thee more. Give us holy perseverance; have pity on me, and have pity on those holy souls that burn in the cleansing fire and love Thee with all their hearts. O Mary, Mother of God, assist them by thy powerful prayers.

Say one **Our Father**, one **Hail Mary**, and the [Prayer to Our Suffering Savior for the Holy Souls in Purgatory](#) .

## **DAY 4 (July 1)**

[In the Name of the Father, and of the Son, and of the Holy Ghost. Amen](#)

[Dear Little Saint! Your days were spent in the filth of the marshes, willingly helping your desperately poor parents and family. Obtain for me the](#)

grace to accept my present circumstances in life, no matter how difficult or humiliating they may be. "Just one little drop of water" as the only request that fell from your parched lips during those last horrible hours of life.

How much I demand, how unhappy I am when I cannot have my share of the world's conveniences and gaudy attractions!

Teach me by your heroic example to be content with what I have, to be grateful for the blessings God has already showered upon me. Amen.

**Recite the Litany of the Blessed Virgin.**

Sweet Heart of Jesus, be my Love!

Sweet Heart of Mary, be my Salvation!

Recite the Prayer to Saint Mary Goretti above,

Say 1 Our Father... 1 Hail Mary... 1 Glory Be...

Saint Mary Goretti, Pray for us!

In the Name of the Father, and of the Son, and of the Holy Ghost.

Amen