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MONDAY, 10. APRIL 2023 AT 11:27



- Stop lying to yourself
- Stop putting your own needs on the back burner
- Stop trying to be someone you're not
- Stop being scared to make a mistake
- Stop trying to buy happiness
- Stop waiting
- Stop thinking you are not ready
- Stop trying to compare against everyone else
- Stop complaining and feeling sorry for yourself
- Stop wasting time explaining yourself to others

- Stop doing the same things over and over without taking a break
- Stop overlooking the beauty of small moments
- Stop trying to make things perfect

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**VIA CANTONALE, LUGANO, TI, SWITZERLAND**

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*Created in Day One*