
FRIDAY, 14. APRIL 2023 AT 21:18



Create a compass for life

Haciendo algunos ejercicios del libro Designing your life pude crear el compas de mi vida (actualmente)

What is my life view? What is my Workview?

How can i put them aligned —> It might at this point be necessary to make some trade-offs

Workview

Liferview

Relationships

Interesting (not boring)	Friends Partner Family Community
purpose / meaning	Health Training Eating well Sleeping
Income(great) economic independence	Purpose
	I might stay single and that is OK!

- I might need to change the income for the purpose
- I need to reset.
- Back to the roots
- Back to when I was happier

What I need right now?

- Have my job
- Have some courses at night (language / photography)
- Have time to train
- Have time to eat well
- Have time/energy to know people and relate
- Have time to enjoy a breakfast
- Less travel / Stay in one place
- Make time for me and relationships
- I want to live in a big city / not in a small town

VIA CANTONALE 8, LUGANO, TI, SWITZERLAND

Created in Day One