

Universal Human Values

* Need for Value Education

- To understand human aspirations, to discover what is truly valuable in life, and to work out the program for its fulfillment
- There are 2 important questions:
 - (i) What is my aspiration.
 - (ii) How to fulfil the aspiration
- In order to understand these steps, one must understand what a happy and successful life is.

Value Domain : Understanding human aspirations or what is really valuable is the value domain.

The subject which helps us to understand this domain is called Value Education.

Value Education : helps one to understand aspirations and visualize goals for a fulfilling life.

→ Skill Domain
In order to actualize aspirations, skills are also needed.

Skill Development: enables one to learn skills, in the form of science, technology & management.

Thus, values and skill go hand in hand.

Therefore, the purpose of value education is to understand our needs, visualize our goals and indicate the direction for their fulfillment.

* Guidelines for Value Education

The following guidelines are important:

- (i) universal : → should be universally applicable to all human beings
→ values should not change according to sect, creed, nationality, creed etc.
- (ii) rational : → has to appeal to reasoning
→ should not be based on dogma / blind belief
- (iii) natural & verifiable : should be acceptable to the human being
- (iv) All encompassing : should cover all dimensions, like thoughts, behaviour, work and understanding at all levels - individual, family, society and nature.
- (v) lead to harmony : ultimate objective is to promote harmony within the individual, among human beings & w/ nature.

* Value : The value of an entity is its participation in the larger order of which it is part.

For e.g. A piece of chalk is a unit.

The classroom is the larger order of this unit.

The value of chalk is that it can be used to write on the blackboard.

•illy The value of a human being is its participation in the larger order. i.e., the role involves respect in relationship, i.e. mutual fulfillment in the larger order. It should start within oneself, then extend to the family & society.

* Continuous Happiness and Prosperity as Basic Human Aspiration

- Prosperity is the feeling of having or making available more than required facilities.
- Wealth is a part of prosperity.
- One tries to achieve happiness and prosperity by maximizing accumulation and consumption of physical facilities.

* For the fulfillment of a human being, physical facility / relationship and right understanding - all 3 are necessary

Good Relationships

→ Through good relationships, based on mutual understanding, we can ensure mutual happiness - happiness for ourselves as well as happiness for others.

Right Understanding : the need to learn and utilize our intelligence most effectively.

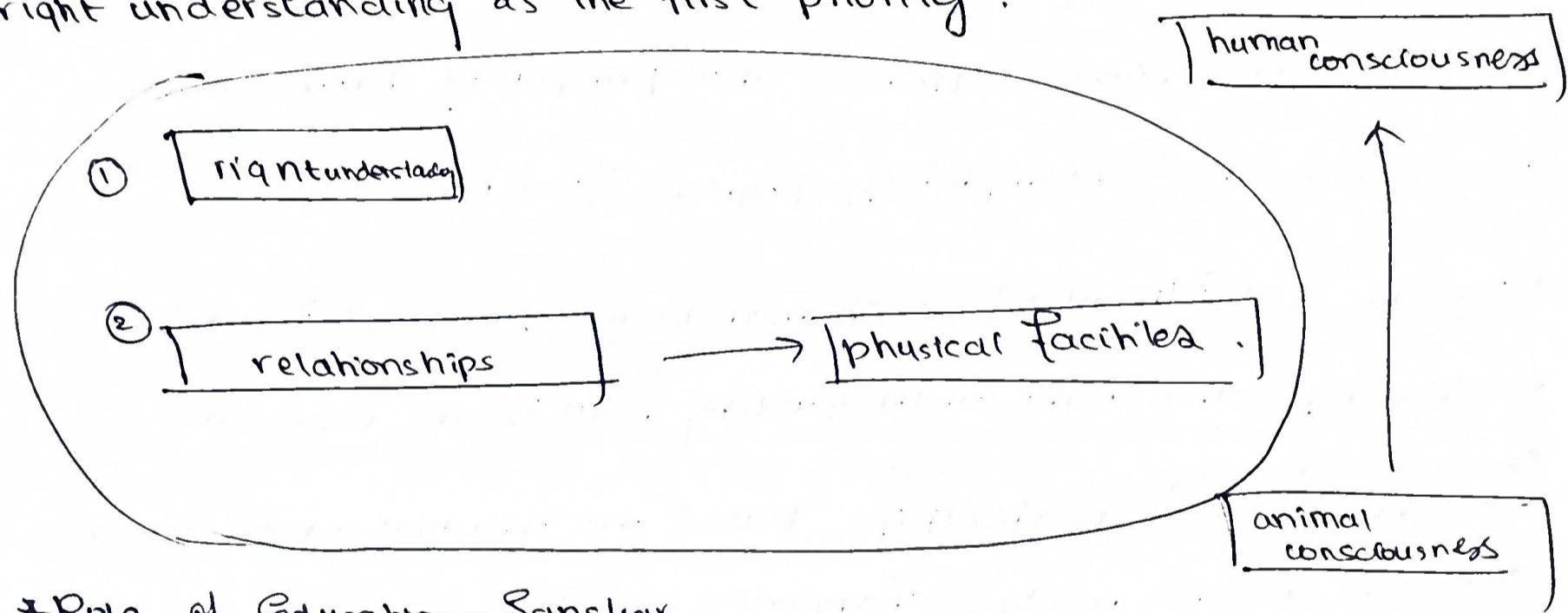
Right understanding + Relationship = mutual fulfillment

Right understanding + Physical Facilities = mutual prosperity

Physical Facilities : includes the physiological needs of individuals and indicates the necessities and comforts of life.

* Human Consciousness & Animal Consciousness

- Giving all priorities to physical facilities only is termed as **Animal Consciousness**.
- Living with right understanding, relationship and physical facilities is called **human consciousness**.
- There is a need for transformation from **Animal Consciousness** to **Human Consciousness**. This happens only by working for right understanding as the first priority.



* Role of Education - Sanskar

- the role of education is to facilitate holistic development.
- Education, i.e. sanskar helps to inculcate:
 - (i) right understanding in children
 - (ii) establish right relationships with other human beings
 - (iii) identify the need for physical facility.

* Process of Value Education - Self Exploration

(5)

- The process of seeing the reality on our own right, by our own investigation, observation and analysis.
- The first step of self-exploration is to verify the given proposal, by referring it to one's natural acceptance.
- If the proposal is naturally acceptable to you, then it is right for you.
- Self-exploration also involves dialogue with oneself.
- When we are in harmony within, we are in a state of happiness. When we are in a state of contradiction, there is unhappiness.

* Process of Self-Exploration

- ① Verify on the basis of natural acceptance
- ② Experiential verification / validation
 - Living according to the proposal
 - coexistence w/ nature & human beings
- ③ If there is mutual prosperity ⇒ a right proposal

* Natural Acceptance

- unconditional & total acceptance of the self
- Leads to inner harmony

Some of the characteristics of natural acceptance include:

- It does not change with time.
- does not depend on place

→ does not depend on beliefs / past conditioning

* continuing happiness

→ To establish harmony w/ each of those ^{4 stages}

(i) as an individual

(ii) as a member of a family

(iii) member of society

(iv) member of nature

* Self and Body

→ Self is what we term as 'I' and body is what we see with our eyes.

Needs of self and body

self : happiness

body : physical facility

self: needs are continuous in time

body: needs are for a limited time

self: needs are qualitative, feelings of respect, trust etc. is not quantitative

body: needs are quantitative, the need for food, clothes, shelter

body : fulfilled by physio-chemical things

self body : fulfilled by feeling, by right understanding and right feeling

Human Being

Self (I) \leftrightarrow
exist

Body

① Need

happiness

physical facility

② Fulfilled by

Right understanding
and right feelings

physiochemical
things

③ Activities

Desires thoughts
and expectation

eating, walking,

knowing, assuming,
recognizing, fulfilling

recognizing,
fulfilling

consciousness

material needs

* Preconditioning : preassumed notions

→ may come from what we read, see, hear

→ desires not self-verified

* Imagination

→ activities of the self depend heavily on the imagination

→ H/UH depend on the state of imagination

→ If the imagination is in harmony with natural acceptance
⇒ happiness

Sources of Imagination

(i) preconditioning

(ii) sensations

(iii) natural acceptance

* Consequences of Imagination from the 3 sources.

- If imagination is motivated by preconditioning
or sensation, no harmony w/ natural acceptance.

b1, b2
accept

* Body as a self-organized system

- different parts of the body co-exist with each other
- Harmony of the self with the body:
- The body is an instrument of the self
 - The self is responsible towards the body in terms of nurturing, protecting and right utilization of the body.
 - The feeling of responsibility towards the body is called self-regulation, and is a natural outcome of health.

Methods of self-regulating / nurturing the body

Intake, physical labour, exercise, medicine, routine

Feelings of Relationship as the Basis of Harmony?

Trust, Respect, Affection, Care, Guidance, Reverence, Glory,
Gratitude.

Universal Human Values

Chapter 8 - Harmony in the Family

Understanding Values in Human Relationships

① Harmony in the Family

Proposals

1. Relationships exist between the self (I) and the other self (I).
2. The self (I) has feelings in a relationship. The feelings are between the I and I.
3. The feelings in the self (I) are definite.
4. Recognizing & fulfilling these feelings leads to mutual ~~feelid~~ happiness.

Explanation of Proposals

For 1 :→ Relationships exist between one person's self & the other person's self.

→ Body is just a means to receive the relationship.

→ 'I' understands, has feelings, body doesn't

→ relation to body is through self.

→ example of, mother and child.

For 2: → Feelings in a relationship exist naturally.

→ cannot be suppressed, undermined or argued against

For 3: → feelings are definite, not vague

→ characterized by trust, respect, affection etc.

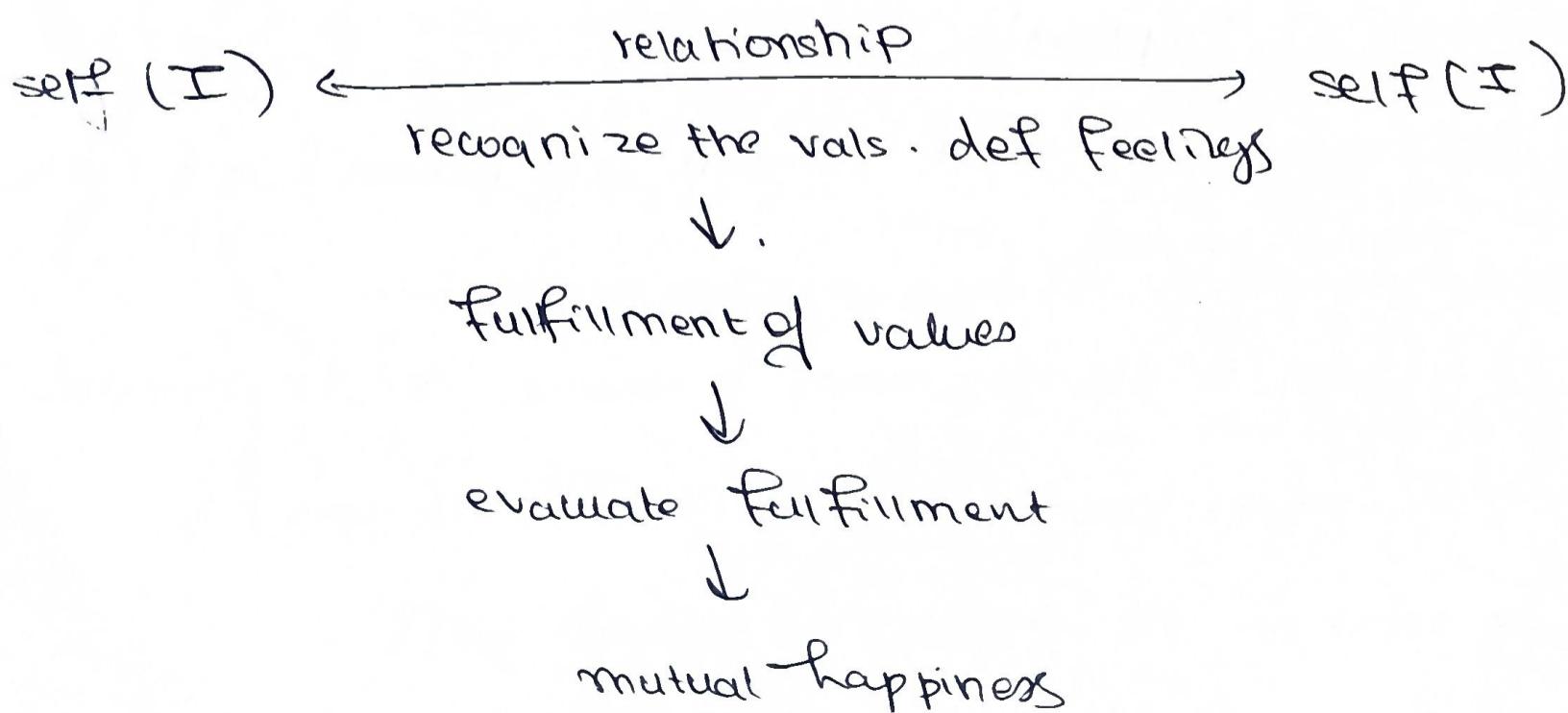
For 4: → Recognize existence of relationship, identify feelings and values

→ mutual fulfilment

→ example of trust: if trust → fulfilment
else no happiness

② Justice σωτηρία

Justice is the recognition of values (the definite feelings) in a relationship, their fulfillment, the right evaluation of the fulfillment resulting in mutual happiness.



Injustice in Relationships

A. Recognizing relationships with others based only on the body.

- inability to see the coexistence of 'I' & 'body'
- only relationships w/ those related by blood
(family)
- when facing a stranger, becomes uncomfortable.
- examples: neighbours
in - law family

B. Relationships based on exchange of physical goods

- mere fulfillment of physical facilities
- money, property
- assume that physical fulfillment = fulfillment in a relationship
- e.g. rich father
children, old parents in old age home

Values in Human Relationships

- | | | |
|-----------------|----------------|------------------|
| (i) Trust | (iv) Care | (vii) Glory |
| (ii) Respect | (v) Guidance | (viii) Gratitude |
| (iii) Affection | (vi) Reverence | (ix) Love |

Trust : wants oneself and others to be happy.
defined by :

I want to be happy

I want others to be happy

Others want to be happy

Others want to make me happy

→ Absence of trust instills Fear.

Intention vs. Competence

↓
what one
aspires for

↓
ability to fulfil aspiration

Intention

I want to be happy

I want others to be happy

The other wants to be happy

The other wants to make me
happy.

Competence

I am always happy

I always make others happy

The other is always happy

The other always makes me
happy

Observation

We always judge ourselves based on intentions
others on competence.

e.g. I was not able to do well vs.
He could not do well.

- when intentions are right, and we find that competence is lacking, we become a help to the other.
- ~~diff~~ Sometimes we doubt to see the other's intentions and fail to see that it is actually the competence that is lacking.
- friend - waving - wallet example

* Will I be taken advantage of?

- trust the other
- ensure relationship
- improve your competence & other's competence
- don't deny relationship with doubt.

* Trust Today

- ① How can I trust a stranger?
 - able to see relationship at the level of 'I'
 - stranger also just like you
 - wants to make him/her happy & you
 - do not evaluate at competence level

→ no continuity of trust

→ look in the level of natural acceptance

② How can I trust someone w/ bad intentions

→ 'Intention' ⇒ lack of competence

→ e.g. robber

he wants to rob your house

assumes that it'll fulfil his physical needs

robber ~~is~~ should check natural acceptance

reasons for robbing

→ no attention to nat. acceptance

→ unfavourable circumstances, upbringings

③ I know someone's character is not good. How can I trust someone like that?

Character = behaviour, what one thinks, what one does

character = unstable

look at natural acceptance

④ If I trust everyone, will I be taken adv. of?

refer previous +

inner strength

deal w/ diff people, have RV



⑥ This person can never be trusted. Be
careful!

⑦

- some under wrong assumptions
- not aware of natural acceptance
- we should help, our responsibility

⑥ Never trust blindly

- ⇒ no RI
- be aware, know truth, RU

* RESPECT

= RU, to be evaluated as I am

Mistakes in evaluation

a. OverEvaluation

- wrongly flattered
- greatest scholar

b. Under Evaluation

- given less weightage / imp
- laziest person

c. Otherwise Evaluate

- evaluate diff. than what it is
- You donkey!.

Notions of respect

- cars, bike
- bulbs
- gunshots, salutes

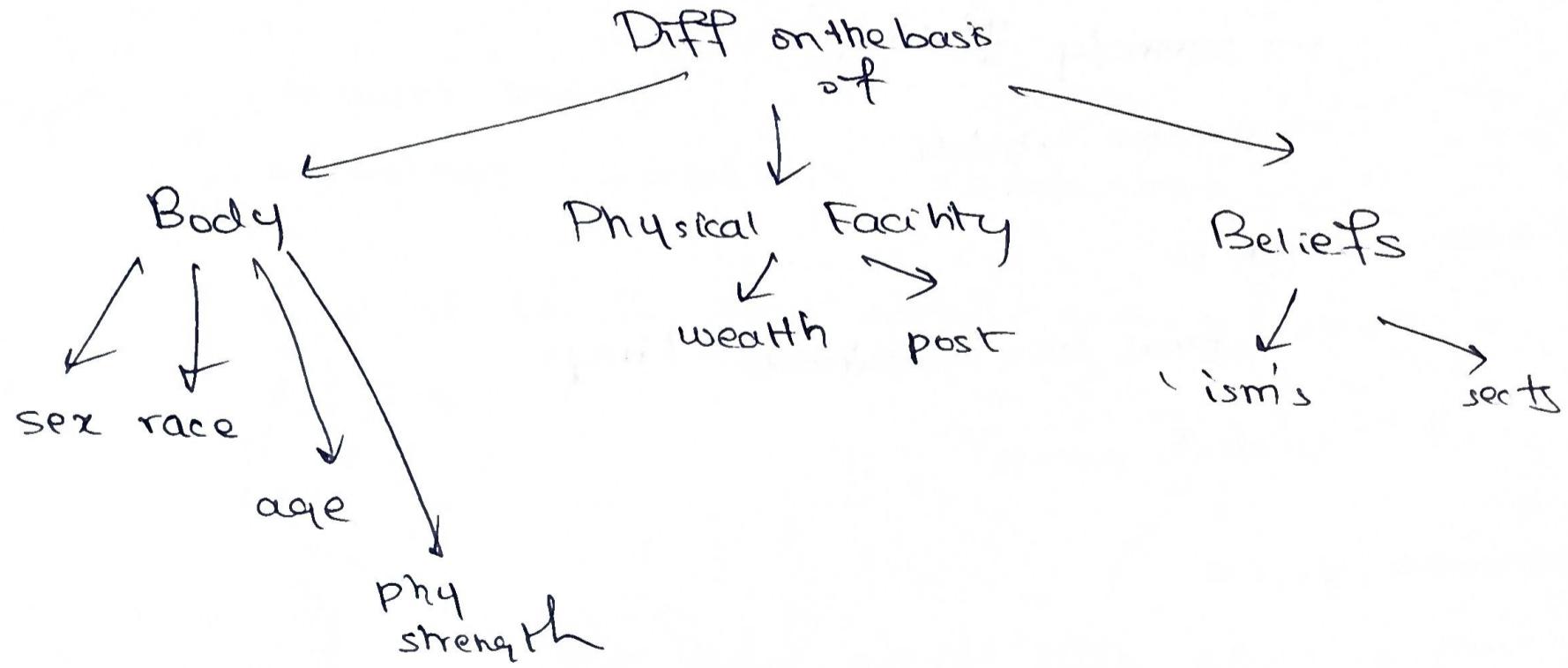
* The Basis for Respect

same aspiration
program of action
potentials.

diff. understanding, but still in harmony.

* Assumed Basis for Respect Today

whether someone is doing something special or not
differentiation



(9)

Body
Sex: male vs. female children

Race: skin color
mongolian, aryan, dravidian

age: elders & younger both should be respected

physical strength: 'fear factor', will be harmed otherwise

Physical Facilities

wealth: idolizing rich people
rich but prosperous?

post: education tells us to get posts which fetch respect
post not related to RU

Beliefs

ism: thought systems
capitalism socialism communism

sects: a set of beliefs that reflect certain traditions/
practices
religion

Problems due to Differentiation

sex: women's rights, girl child

race: racial discrimination
casteism

age : gen gap

Wealth : rich vs. poor countries
individual level

Power : govt official

Sex : items : comm vs. corp and fed.
fights, turmoils, terrorisms

sects : religious protests
reservation

* Attention vs. Respect,

I anyway respect you.

No need for anything special.

Things done for attention make others uncomfortable

e.g. mag. covers

earring charms

long hair

Affection = feeling of being related, acceptance
trust & respect should already be there
no affection in families

competition happens when there is no affection - help the other grow.

11

Care: nurture & protect body of relative

Guidance: ensure RU & feelings in relative

Reverence: Feeling of acceptance of excellence

Glory: to feel proud for someone who has made effort for reverence

Gratitude: respect for those who have made effort for my excellence.

love: feeling of being related to all.

Harmony from Family to World Family

→ 1st relationships in family

→ undivided society
judgements based on sex race body

→ society is an extension of family

Reaction

doubts
irritation
anger
fights

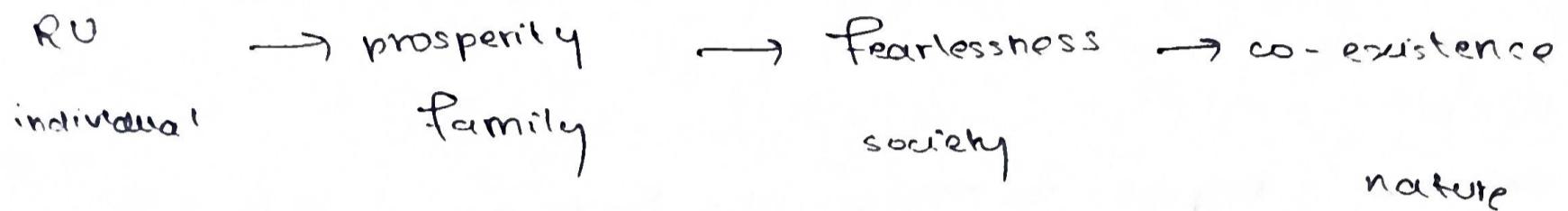
Response

relationship = I
don't doubt intention
improve competence
work for mutual
fulfillment

Chapter 9

Harmony in Society - From Family Order to World Family Order

Identification of a comprehensive human goal



Current Status

RU : attention given to info and skills

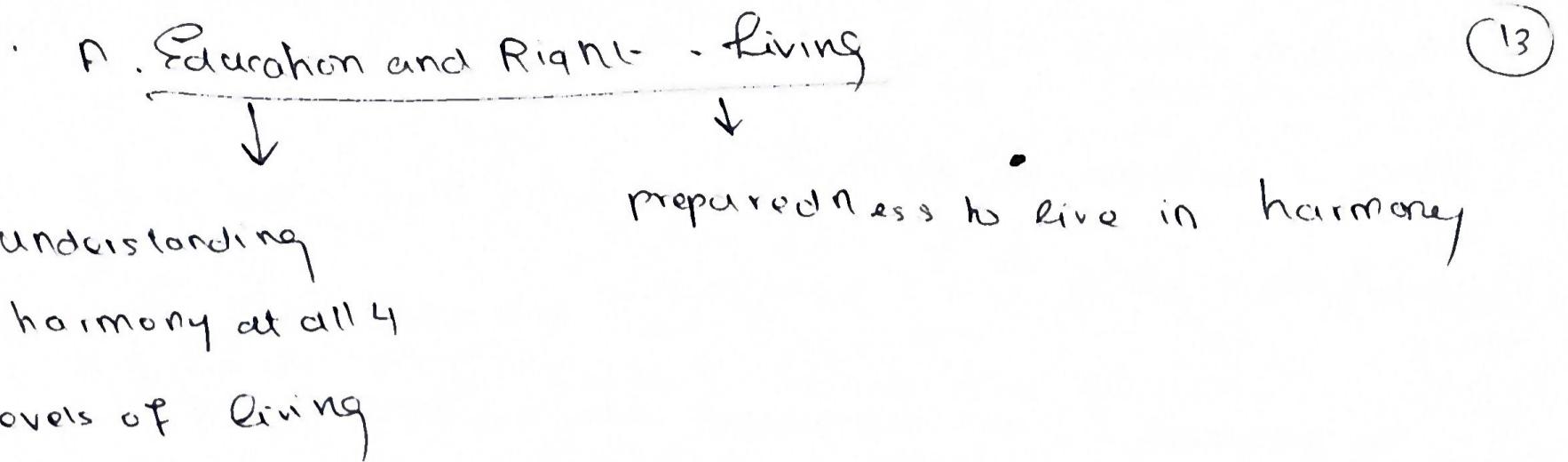
Family : physical faculty, wealth

Society : working for strategic powers
weapons

Co-existence co/nature : exploit nature

* The 5 dimensions of human endeavour

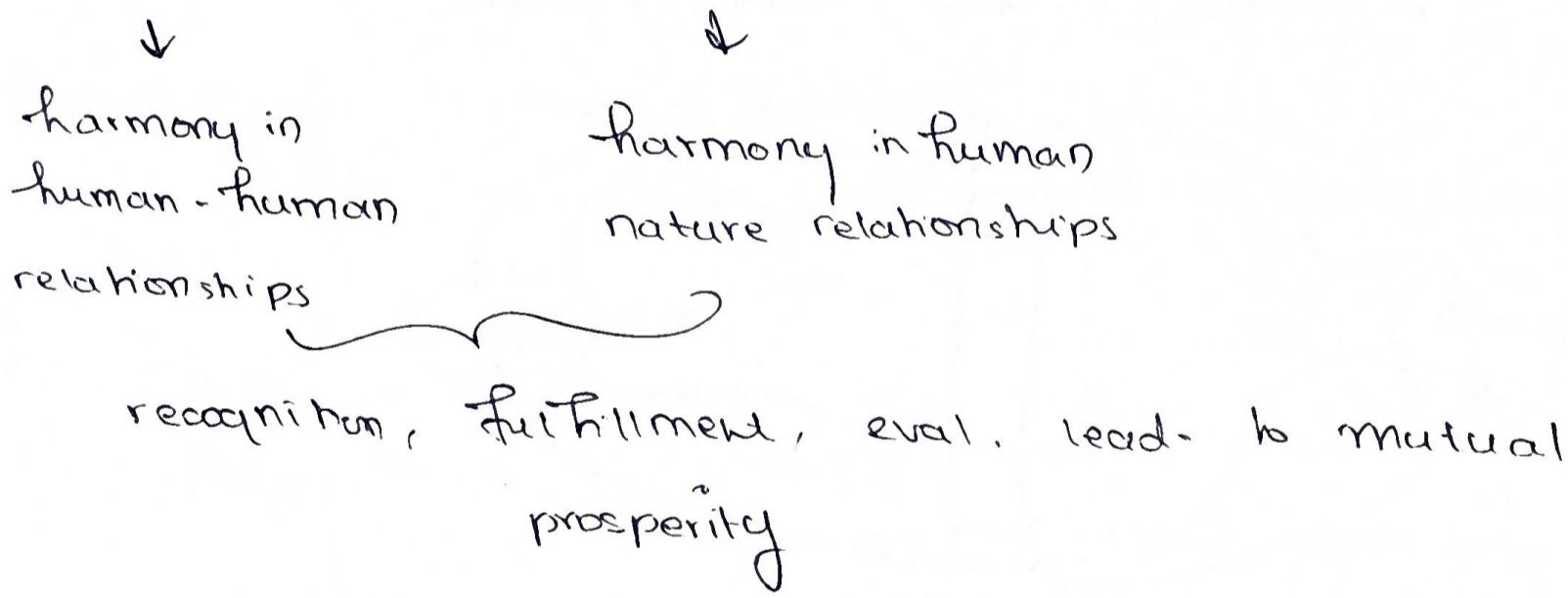
1. Education - Right living
2. Health - Self Regulation
3. Justice - Self - Preservation
4. Production Work
5. Exchange - Share



B. Health - Self Regulation



C. Justice - Self Preservation



Preservation Enrichment → Protection → Right Utilization

\$
what ex a mple

D. Production - work

Work - labour \leftrightarrow nature

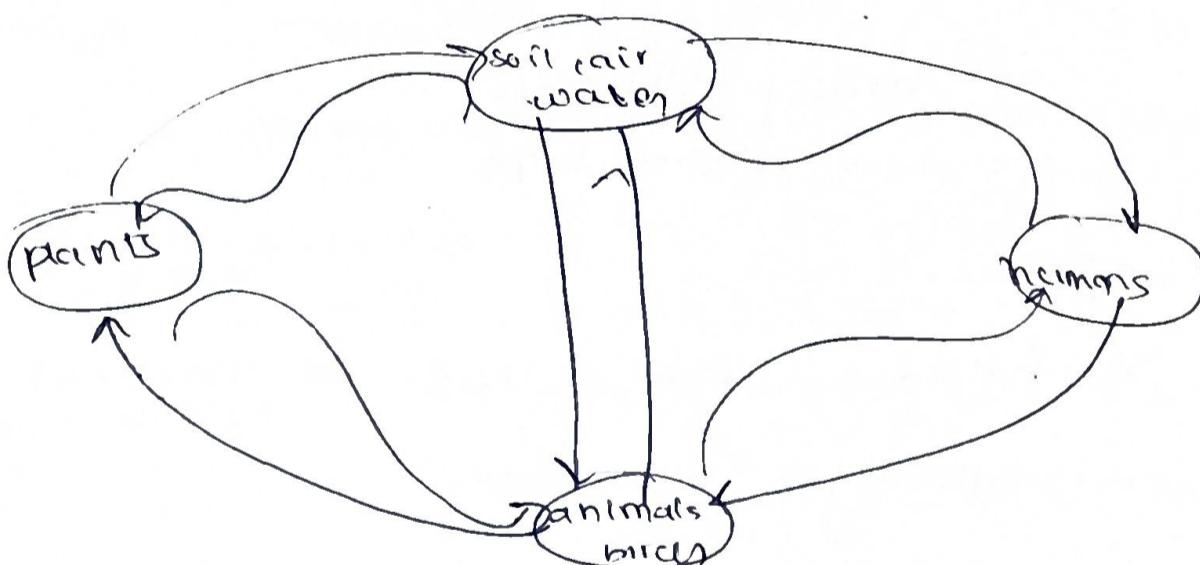
Production - old fr.

what to produce? → understand needs, nourishment
 how to produce? → technology
 study framework of nature
 cyclic

Cyclic process: growing a plant

Enrichment: plant nurtures self ex.

correlation to production: extend nature's system



E. Exchange - Storage

↓

↓

exchange
physical facilities

not for profit

storage of physical

facilities that is left

after fulfilling needs

no hoarding

Current Scenario

Education - self Reg → no values in ed

Health - self Regulation → more technologies, more diseases through irresponsible living

Justice - prescription : every act in court deteriorating relationships

Environment → disturbing nature

Protection → pollution

RU → no proper production

Production Work : more efficient process not cyclic, burning fossil fuels
pesticides

Exchange - storage : liquidity of money no longer associated with physical work

Universal Human Order : being related to every other human & nature

Chapter 10

Harmony in Nature - Understanding the Interconnectedness and Mutual Fulfillment

Four Orders in Nature

- (i) Material Order → mineral soil
- (ii) Plant / Bio Order → O₂, CO₂ also decay
- (iii) Animal Order → food for plant, excreta
- (iv) Human Order → fulfilling to humans, but not vice versa

Recyclability and Self Regulation

nature self replenish water cycle
C, O₂, N cycle
self regulation

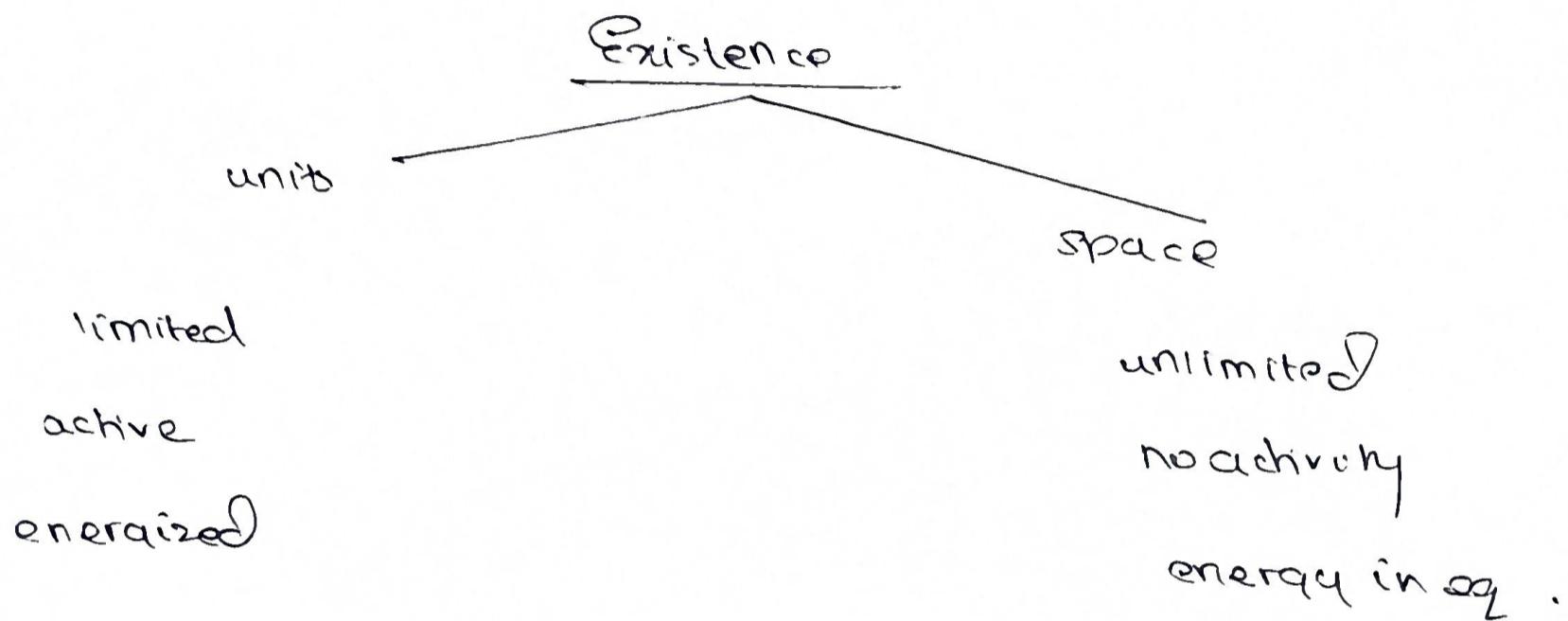
not the case w/ humans; more men than women

Salient Features of Each Order

Things	→ first cells plants humans soil		
Activity	→ comp decomp, resp +	body and I	consciousness
Innateness	→ cannot destroy, grow thru	plants	knowledge
Not Shar	animals, cruelty	will to live → +	happiness
Basic Activity	humans .. perseverance, bravery, generosity		
Conformance			

Chapter 11Space

Existence = Space + units in space

Classification of units