```
Setup in MacOS
  ===== python
open a terminal and setup virtual environments in the Documents folder
   cd /Users/accountname/Documents
--- tools env
   python3 -m venv env_tools_39
source env_tools_39/bin/activate
pip install --upgrade pip
   pip install jupyter
   deactivate
--- tools ds
   python3 -m venv env ds 39
   source env_ds_39/bin/activate
   pip install --upgrade pip
   pip install ipykernel
   sudo python -m ipykernel install --name env_ds_39 --display-name "env_ds_39"
   deactivate
--- add env_tools_39 to PATH
   PATH="/Users/accountname/Documents/env_tools_39/bin:${PATH}"
   export PATH
Make sure that /Users/accountname/Documents/env_tools_39/bin is already added to your PATH
during python setup
in R (not in RStudio)
   install.packages("IRkernel")
   IRkernel::installspec()
```