Overview of the company

Diversified Nurse Consultants was founded in 2011 by two nurses with a passion for helping people navigate the challenges of aging and disability. Their names were Ginger Jones and Tracy Diers. Ginger Jones is now the sole owner of the company.

The company has proudly served over 20,000 seniors in Indiana and Kentucky over the past 13 years. In 2024 the company provides aging life care services in Southern Indiana, Floyd, Clark, Washington and Harrison County . In Kentucky aging life care services are provided in the Louisville Kentucky area and surrounding counties as well as Lexington Kentucky and surrounding counties.

In addition to providing Aging Life Care services Diversified Nurse Consultants also partners as a third party provider with major health insurance plans to provide care coordination and care management services.

Aging Life Care Services also known as Care Management

An Aging Life Care Professional (ALCP), also known as a geriatric care manager, is a professional who specializes in assisting older adults and their families in managing the challenges of aging. Their role involves a wide range of services aimed at ensuring the well-being and quality of life for elderly individuals. Here are some key responsibilities and activities of an Aging Life Care Professional:

1. **Assessment and Planning:** They conduct comprehensive assessments of the elderly person's physical, mental, emotional, and social needs. Based on these assessments, they develop personalized care plans that outline the necessary services and support.
2. **Coordination of Care:** ALCPs coordinate various aspects of the elderly person's care, including medical care, home care services, housing arrangements, legal and financial matters, and social activities. They act as a central point of contact for all involved parties, such as family members, healthcare providers, and community services.
3. **Advocacy:** They advocate for the elderly person's rights and preferences, ensuring that their wishes are respected in all aspects of care and decision-making. This includes attending medical appointments, ensuring proper communication between healthcare providers, and addressing any concerns or issues that arise.
4. **Crisis Intervention:** ALCPs are trained to handle emergencies and crises that may arise, such as sudden health declines or changes in living situations. They provide support and guidance to both the elderly person and their family during these challenging times.
5. **Education and Counseling:** They provide education to families about aging-related issues, caregiving techniques, and available resources. They also offer counseling and emotional support to both the elderly person and their family members, helping them navigate the emotional challenges of aging and caregiving.
6. **Monitoring and Adjustment:** ALCPs continuously monitor the elderly person's situation and adjust their care plan as needed based on changing circumstances or needs. They ensure that the care provided remains effective and appropriate over time.
7. **Resource Navigation:** They have extensive knowledge of community resources, such as healthcare providers, senior centers, support groups, and legal and financial advisors. They help connect elderly individuals and their families with these resources to enhance their quality of life.

Overall, Aging Life Care Professionals play a crucial role in promoting independence, dignity, and optimal quality of life for older adults. They provide personalized, compassionate care management that addresses the unique needs and preferences of each individual and their family.

Aging Life Care Professionals (ALCPs) typically have specialized knowledge and expertise in several key areas related to aging, healthcare, and social services. Some of these specialized areas include:

1. **Gerontology:** They have a deep understanding of the aging process, including physical, cognitive, and emotional changes that occur with age. This knowledge helps them assess the needs of older adults accurately.
2. **Healthcare Systems:** ALCPs are knowledgeable about the healthcare system, including medical terminology, procedures, and available services for older adults. They can navigate complex healthcare environments to ensure their clients receive appropriate care.
3. **Care Management:** They are trained in care planning, coordination, and monitoring. This includes understanding different types of care services such as home care, assisted living, skilled nursing facilities, and hospice care.
4. **Legal and Financial Issues:** ALCPs have knowledge of elder law, estate planning, Medicare and Medicaid regulations, long-term care insurance, and other financial matters relevant to older adults. This helps them assist clients with planning for future care needs and managing finances effectively.
5. **Psychosocial Aspects:** They are familiar with the psychological and social aspects of aging, including issues such as loneliness, depression, grief, and social isolation. They provide emotional support and counseling to older adults and their families.
6. **Community Resources:** ALCPs have extensive knowledge of community resources and services available to older adults, such as senior centers, meal delivery programs, transportation services, support groups, and recreational activities. They help clients access these resources to enhance their quality of life.
7. **Family Dynamics and Communication:** They understand family dynamics and communication challenges that can arise when caregiving for older adults. They facilitate communication among family members and help resolve conflicts to ensure the best interests of the older adult are met.
8. **Ethics and Advocacy:** ALCPs adhere to ethical guidelines and advocate for the rights and preferences of older adults. They ensure that their clients receive respectful and dignified care that aligns with their wishes.

In summary, Aging Life Care Professionals possess specialized knowledge in multiple domains related to aging, healthcare, social services, and family dynamics. This comprehensive expertise enables them to provide holistic and personalized care management to older adults and their families.

 **Care Management / Aging Life care Services may include any of the following**

* Assessment of the client's health and functional status.
* Development and implementation of personalized care plans.
* Coordination of medical appointments and healthcare services.
* Monitoring of the client's health status and progress.
* Crisis intervention and management.
* Cognitive function screening

 **Health Advocacy:**

* Advocating for the client's rights and preferences within the healthcare system.
* Ensuring effective communication between healthcare providers and the client/family.
* Educating clients and families about health conditions, treatment options, and healthcare resources.

 **Navigating Healthcare Systems:**

* Guidance on navigating complex healthcare systems, including hospitals, clinics, and long-term care facilities.
* Assistance with understanding medical terminology, diagnoses, and treatment plans.
* Referral to appropriate specialists or healthcare providers as needed.

 **Home Care Support:**

* Assessment of home safety and accessibility.
* Coordination of home care services, including nursing care, personal care aides, and therapy services.
* Assistance with medication management and adherence.
* Consultation with our certified Aging in Place Occupational Therapist who has specialized training and expertise in helping individuals modify their living environments to support aging in place.

 **Educational Services:**

* Providing education to clients and families about chronic disease management, preventive care, and healthy aging practices.
* Offering training to caregivers on caregiving techniques, safety measures, and handling medical equipment.

 **Legal and Financial Guidance:**

* Collaboration with legal professionals on elder law issues, such as advance directives, guardianship, and estate planning.
* Assistance with navigating insurance coverage, Medicare/Medicaid, and other financial aspects of healthcare.
* Serving as a Power of Attorney for seniors who do not have a friend or family member to appoint.

Determining if you need services

Determining whether you need an Aging Life Care Professional (ALCP) often depends on your individual circumstances, the needs of the older adult in question, and the complexity of managing those needs. Here are some indicators that may suggest you could benefit from the services of an ALCP:

1. **Complex Care Needs:** If the older adult has multiple chronic health conditions, requires assistance with activities of daily living (such as bathing, dressing, or medication management), or needs specialized medical care, an ALCP can help coordinate these complex needs.
2. **Family Caregiver Burnout:** If family members responsible for caregiving are feeling overwhelmed, stressed, or unsure about how to navigate the healthcare and social services systems, an ALCP can provide support and guidance. They can alleviate caregiver burden by managing care responsibilities and ensuring the older adult's needs are met.
3. **Geographic Distance:** If you live far away from the older adult or if family members are spread across different locations, an ALCP can serve as a local advocate and coordinator. They can oversee care and communicate with family members to keep everyone informed and involved.
4. **Navigating Healthcare Systems:** If you find it challenging to understand medical diagnoses, treatments, insurance coverage, and options for care (such as home care, assisted living, or nursing facilities), an ALCP can provide expertise and guidance in navigating these systems.
5. **Legal and Financial Planning:** If there are concerns about estate planning, long-term care insurance, Medicare/Medicaid eligibility, or managing financial resources effectively for the older adult's care, an ALCP can offer advice and connect you with appropriate resources.
6. **Need for Advocacy:** If there are disagreements among family members regarding the older adult's care decisions, or if you feel that the older adult's preferences are not being respected by healthcare providers or other parties, an ALCP can advocate on their behalf and ensure their wishes are honored.
7. **Transition Planning:** If the older adult is transitioning between different levels of care (e.g., from hospital to home care or from independent living to assisted living), an ALCP can facilitate a smooth transition, coordinate services, and ensure continuity of care.
8. **Social and Emotional Support:** If the older adult is experiencing loneliness, isolation, or mental health challenges, an ALCP can provide emotional support, arrange for social activities, and connect them with community resources to improve their quality of life.

Ultimately, the decision to engage an Aging Life Care Professional depends on your specific situation and needs. Consulting with an ALCP for an initial assessment or consultation can help clarify whether their services would be beneficial in managing the complexities of aging and caregiving effectively.

**There are 3 different ways to proceed if you think you may benefit from services.**

1. If you are interested in services but not sure what would be the best fit for you we recommend scheduling a 30 minute discovery call. A discovery call is generally takes about 30 minutes. One of our team members will meet with you over the phone and ask questions to help us get a better understanding of your concerns. The team member may also point out some additional things for you to consider that may be relevant to your situation. At the end of the call the team member will be able to make recommendations on what type of services would be the most beneficial. If the team member determines you are not a candidate for services they will do their best to provide you with some additional resources that may be helpful. There is no charge for the discovery call. Here is a link to set an appointment

or you can contact us via email through the contact us link.

1. Phone or video consultation with Ginger Jones RN CMC CNLCP Founder of the company. If you are looking for specific resources and guidance through a specific situation but plan to do much of the leg work yourself. You can schedule the consultation with Ginger. She will provide specific guidance on your situation. This is a one hour minimum. The rate is $100 for the hour. Additional time may be purchased and billed on in 6 minute increments.
2. Schedule an aging in place assessment with our occupational therapist (OT) with a Certified Aging in Place Specialist (CAPS) certification has specialized training and expertise in helping individuals modify their living environments to support aging in place. Here are some specific things an occupational therapist with a CAPS certification can do:
3. **Home Assessments:** Conduct comprehensive assessments of the client's home environment to identify potential safety hazards, barriers to accessibility, and areas for improvement to support independent living.
4. **Recommendations for Modifications:** Provide recommendations for home modifications and adaptations based on the client's functional abilities and needs. This can include suggestions for ramps, grab bars, handrails, bathroom modifications (e.g., walk-in showers), and kitchen adaptations (e.g., accessible cabinets and countertops).
5. **Assistive Technology:** Recommend and teach the use of assistive devices and adaptive equipment that can enhance independence and safety within the home environment. This may include devices for mobility (e.g., walkers, canes) and daily living activities (e.g., adaptive utensils, dressing aids).
6. **Environmental Modifications:** Advise on lighting improvements, flooring changes (e.g., non-slip flooring), and other environmental modifications that can reduce fall risks and enhance overall safety and comfort.
7. **Educational Guidance:** Provide education to clients and their families on strategies for safe mobility, energy conservation techniques, and techniques for performing daily activities independently and efficiently within the home.
8. **Collaboration with Other Professionals:** Collaborate with architects, contractors, builders, and other professionals involved in home modification projects to ensure that modifications meet the client's functional needs and safety requirements.
9. **Fall Prevention Programs:** Develop and implement fall prevention programs tailored to the specific needs and risks of the client, including exercises to improve balance, strength, and coordination.
10. **Post-Surgery or Injury Rehabilitation:** Assist clients in transitioning back to their homes after surgery or injury by evaluating their home environment for accessibility and safety and recommending modifications or equipment to support their recovery and independence.
11. **Client-Centered Approach:** Use a client-centered approach to understand the individual's goals, preferences, and lifestyle to ensure that recommendations and modifications align with their unique needs and preferences.

Overall, an occupational therapist with a CAPS certification plays a crucial role in helping older adults and individuals with disabilities maintain independence and safety within their homes. They combine their knowledge of occupational therapy principles with expertise in home modifications to create environments that support aging in place effectivelyTop of FormBottom of Form

Several groups of individuals can benefit from working with an occupational therapist (OT) who holds a Certified Aging in Place Specialist (CAPS) certification. Here are some key beneficiaries:

1. **Older Adults:** Seniors who wish to remain in their homes as they age can benefit significantly. OTs with CAPS certification can assess the home environment for safety, recommend modifications to improve accessibility (such as grab bars and ramps), and suggest assistive devices to promote independence and reduce fall risks.
2. **Individuals with Disabilities:** People with physical disabilities or chronic conditions that affect mobility can benefit from modifications that enhance accessibility and usability within their homes. CAPS-certified OTs can recommend adaptive equipment, such as stair lifts or bathroom modifications, to improve daily living activities and overall quality of life.
3. **Post-Surgery or Injury Recovery:** Individuals recovering from surgery or injury may face temporary or permanent mobility challenges. A CAPS-certified OT can assess the home environment for safety hazards and recommend modifications that support recovery, rehabilitation, and independent living during the healing process.
4. **Family Caregivers:** Family members responsible for caregiving can benefit from the expertise of a CAPS-certified OT in understanding how to make their loved one's home environment safer and more supportive of their needs. This can reduce caregiver stress and enhance the quality of care provided at home.
5. **Architects and Contractors:** Professionals involved in home construction and renovation projects can benefit from collaborating with CAPS-certified OTs. OTs can provide guidance on universal design principles, accessibility requirements, and best practices for creating homes that are functional and inclusive for people of all ages and abilities.
6. **Healthcare Providers:** Physicians, nurses, and other healthcare professionals can benefit from working with CAPS-certified OTs to coordinate care plans that include home modifications and adaptive equipment recommendations. This collaborative approach ensures that medical treatments are complemented by supportive home environments that promote recovery and independence.

Overall, anyone looking to enhance safety, accessibility, and usability within a home setting for older adults, individuals with disabilities, or those recovering from injury can benefit from the specialized knowledge and skills of an OT with CAPS certification. They provide tailored solutions that support aging in place and improve quality of life for their clients.

Top of Form

Bottom of Form