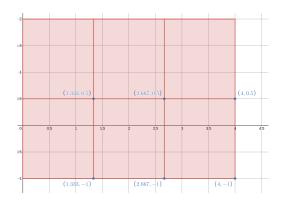
According to my lecture notes:

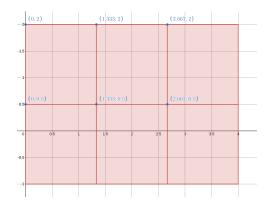
(a) We split the rectangle in 6 smaller rectangles as depicted in the following figure (here n=3 and m=2):



We use $x_1 = 4/3$, $x_2 = 8/3$. $x_3 = 4$, $y_1 = -1$ and $y_2 = 0.5$. We then get

$$\iint_{R} (1 - xy^{2}) dA \approx \sum_{i=1}^{3} \sum_{j=1}^{2} (1 - x_{i}y_{j}^{2}) A(R_{ij}) = -8.$$

(b) We split the rectangle in 6 smaller rectangles as depicted in the following figure (here n=3 and m=2):



We use $x_1 = 0, x_2 = 4/3$, and $x_3 = 8/3, y_1 = 0.5$ and $y_2 = 2$. We then get

$$\iint_{R} (1 - xy^{2}) dA \approx \sum_{i=1}^{3} \sum_{j=1}^{2} (1 - x_{i}y_{j}^{2}) = -22.$$

Warning: The n and m used in my lecture notes are reversed. The n is the textbook is the number of parts for the y-values, but the n in my lecture notes is the number of parts for the x-values. Same for m: in the textbook, it stands for the number of parts for the x-values, but in my lecture notes, it stands for the number of parts for y-values. Maybe the students will get the following answers for a) -12; b) -8.

We first compute the inside integral:

$$\int_0^{\pi/2} (\sin x + \sin y) \, dy = (y \sin x - \cos y) \Big|_0^{\pi/2} = (\pi/2) \sin x + 1.$$

Then we can compute the outer integral:

$$\int_0^{\pi/6} (\pi/2) \sin x + 1 \, dx = \left[-(\pi/2) \cos x + x \right]_0^{\pi/6} = (8 - 3\sqrt{3})\pi/12 \approx 0.734045.$$

The integral is over a rectangle, so we use an interated integral. We have

$$\iint_{R} \frac{x}{1+xy} \, dA = \int_{0}^{1} \int_{0}^{1} \frac{x}{1+xy} \, dy dx.$$

We put u = 1 + xy, so that du = xdy. This implies that

$$\int_0^1 \frac{x}{1+xy} \, dy = \int_1^{1+x} \frac{1}{u} \, du = \ln(1+x).$$

Then, we can evaluate the outer integral:

$$\int_0^1 \ln(1+x) \, dx = 2(\ln(2) - 1).$$

The function $z=2-x^2-y^2$ is a paraboloide that is going downward and that is 2 units above the XY-plane. We are also integrating on the square $R=[0,1]\times[0,1]$. So the solid should look like this:

