



# MindSpace



Welcome to the  
**MindSpace**

' FITBIT ' for your vocabulary of emotions

**SING UP**

ALREADY HAVE AN ACCOUNT? **LOG IN**

# Welcome Back!



CONTINUE WITH FACEBOOK



CONTINUE WITH GOOGLE

OR LOG IN WITH EMAIL

Email address

Password

Log In

[Forgot your password?](#)

NOT HAVE AN ACCOUNT YET? [SIGN UP](#)

# Create your account



CONTINUE WITH FACEBOOK



CONTINUE WITH GOOGLE

OR LOG IN WITH EMAIL

afsar



imshuvo97@gmail.com



••••••••••



i have read the [Privacy Policy](#)



Sign Up

[Forgot your password?](#)

# Allow Access for MindSpace?

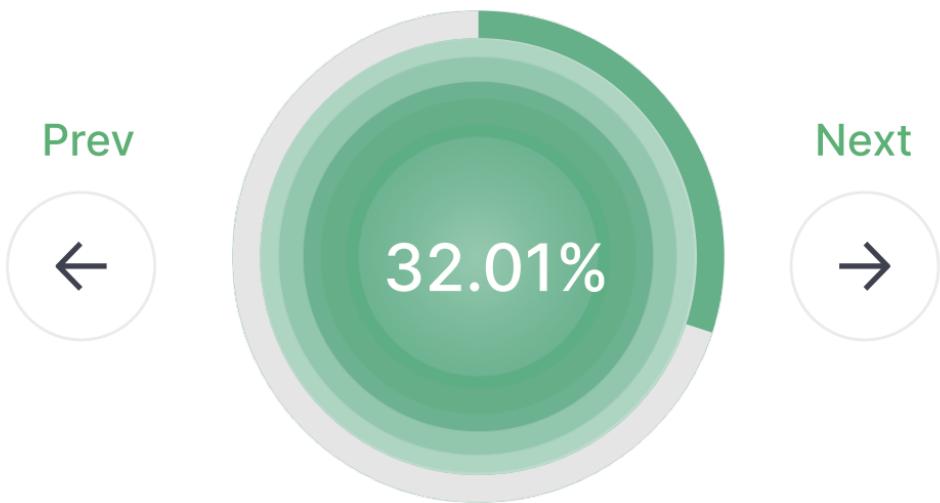
MindSpace need some permissions to analyse your emotions.

**ALLOW**

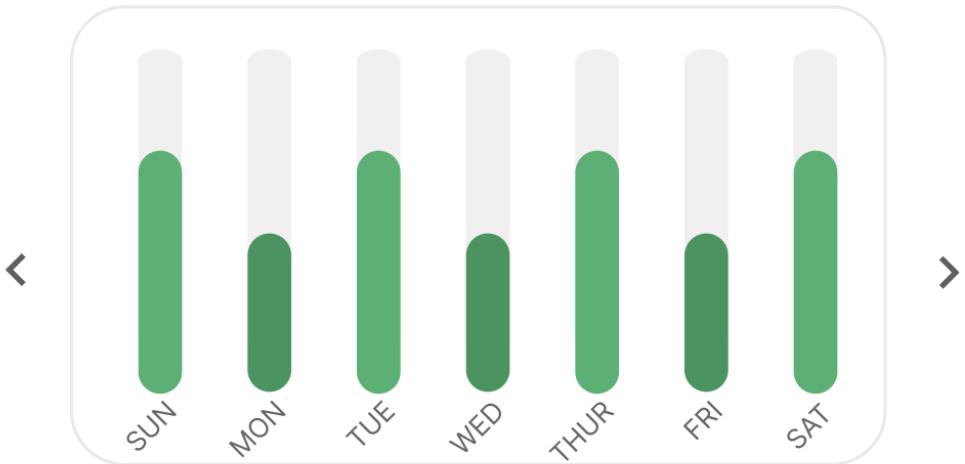
**DENY**

# MindSpace

## DISGUST



- Trigger keyword 1 11 times
- Trigger keyword 2 8 times
- Trigger keyword 3 5 times



Mar 28, 2021 - Apr 3, 2021



Home



Explore



Insights



Timeline



# Insights

## Trigger Keywords

Trigger Keyword Trigger Keyword Trigger Keyword  
Some Analysis some description more description

## Reflection

Can you identify one or more causes of your emotion?

Did something happen or did you have a thought that triggered what you are feeling?  
Compose your thoughts here...

**Add Awareness**

Q W E R T Y U I O P

A S D F G H J K L

↑ Z X C V B N M ✕

123

space

Go



9:41



Settings

Logout

# March 2021

Mo	Tu	We	Th	Fr	Sa	Su
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

## Identified Emotions

<span style="color: orange;">●</span>	Enjoyment	128 times
<span style="color: red;">●</span>	Anger	60 times
<span style="color: green;">●</span>	Disgust	30 times
<span style="color: blue;">●</span>	Sadness	15 times



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