

# **TTouch Workshop**

Speaker: Manuela Hejna- Animal Therapist and TTouch Practitioner

**Saturday, August 13<sup>th</sup> 2005, 9am-5pm**

**Location: Regency Kennels 850 Savage Rd. Belleville, MI 48111**

Sponsored by: All Dogs Training Services and Positive Way Dog Training

## **What is TTouch:**

The Tellington Method is a unique approach to animal training and care developed by internationally known trainer, teacher, and author, Linda Tellington-Jones. It offers a training approach that encourages optimal performance, health and presents solutions to common behavioral and physical problems. It helps to reduce stress and builds confidence. It also has been proven to be effective in speeding up healing of injuries or ailments as well as changing undesirable habits or behavior. In addition, the technique facilitates a deeper rapport between the animal and its companion human.

## **Workshop Details:**

- Each workshop is a small group, experiential format, to present an overview of The Tellington Method and introduce participants to the underlying principles and basic skills of the work.
- Workshop begins at 9:00 am and concludes at 5:00 pm with an hour lunch break.
- Participants will have the opportunity to practice the various skills with their own animals, as well as observe Manuela demonstrate many of the techniques with dogs in attendance.
- As some activities will be done with people only, participants should have a method of keeping their dog contained for short periods of time in a crate or x-pen. A blanket or mat may also be helpful to keep your dog comfortable, and of course bring a water bowl and some of your dog's favorite treats. Please bring along a flat collar if your dog does not normally wear one. If you have a harness please bring that as well.

## **Topics to be covered include:**

- ✓ Philosophy and principles of TTouch, as developed by Linda Tellington-Jones.
- ✓ Physiology of stress and the relationship to behavior.
- ✓ Introduction and skill building: TTouch bodywork.
  - Ø Benefits of TTouch.
  - Ø How to do TTouch.
  - Ø Demonstrations and practice sessions.
- ✓ Use of the TTouch Tools.
  - Ø Body Wrap
  - Ø Calming Band
  - Ø Wand
- ✓ Introduction to leading and groundwork.
  - Ø Leading your dog in balance!
  - Ø Groundwork for focus.
- ✓ Application of The Tellington Method to specific behavior issues.
  - Ø Reactivity and aggression.
  - Ø Fear and shyness.
  - Ø Noise and storm sensitivity.
  - Ø Aging and health issues.
  - Ø Barking, chewing, destructive behavior.

- Ø Separation anxiety.
- Ø Enhancing performance.

The workshop will end with an opportunity for questions and a wrap-up review.

*TTouch* is an effective solution for pets displaying:

- õ Excessive barking and chewing
- õ Leash pulling
- ö Aggressive behavior
- ò Fear and shyness
- õ Resistance to grooming or vets
- ó Excitability or nervousness
- ö Car sickness
- ó Separation anxiety
- õ Problems associated with aging
- ò Problems associated with new or old injuries
- ö And much more

For more information on *TTouch* please contact:

**Center for Animal Therapy**

**Manuela Hejna**

**Phone: 517-456-8163**

**[Cat@Centerforanimaltherapy.com](mailto:Cat@Centerforanimaltherapy.com)**

**[www.CenterforAnimalTherapy.com](http://www.CenterforAnimalTherapy.com)**

**Registration Form (DUE BY August 6<sup>th</sup>, NO EXCEPTIONS!)**

**Workshop Fee- (with dog)- \$90 (limit of 12 dogs)**

**Workshop Fee- (without dog)- \$45**

**Refund/Cancellation Policy-** Full refund issued if requested by e-mail or phone by July 30<sup>th</sup> 2005. After July 30<sup>th</sup>, refunds will be 50% of fee paid. No refunds after 9:00am on August 13<sup>th</sup>. **PEOPLE ETIQUETTE-** Turn off all cell phones and pagers during the lectures. **NO VIDEOTAPING or AUDIOTAPING** is permitted.

**For registration questions please contact Carolyn DeFiore at 734-699-9925 [dogclassinfo@aol.com](mailto:dogclassinfo@aol.com) or Laura Rescoe 734-437-0148 [laura@positiveway.us](mailto:laura@positiveway.us)**

**(Copies of this flier/registration form can be found at [www.positiveway.us](http://www.positiveway.us))**

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**TTouch Workshop, Saturday Aug 13<sup>th</sup> 2005- Registration Form**

**I wish to register with my dog\_\_\_\_\_ (\$90)**

**I wish to register as an auditor only\_\_\_\_\_ (\$45)**

**Enclosed is my registration fee of\_\_\_\_\_ Circle one: *Check* *Money order***

**Name:\_\_\_\_\_ Phone:\_\_\_\_\_**

**Address:\_\_\_\_\_ City:\_\_\_\_\_ State:\_\_\_\_\_**

**Zip:\_\_\_\_\_ E- Mail:\_\_\_\_\_**

**Make checks payable to: Carolyn DeFiore**

**Send to: All Dogs Training Services P.O. Box 315, Belleville, MI 48112**