Dear Dr. Isabelle E Bauer,

Greetings for the day!

Thank you for your acceptance to review the manuscript.

I am here by attaching full length manuscript & reviewer form.

I kindly request you to provide your valuable comments before the deadline.

Thank you. Please feel free to contact us for further editorial assistance.

Regards

Helen Ruth

Editorial manger

Editorial office- Annals of Nutritional Disorders & Therapy

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From: Bauer, Isabelle E [mailto:Isabelle.E.Bauer@uth.tmc.edu]

Sent: Wednesday, August 06, 2014 7:50 PM **To:** Annals of Nutritional Disorders & Therapy **Subject:** RE: Request to review the manuscript

Dear Helen, it would be my pleasure to review this manuscript. Please feel free to send it through at your earliest convenience.

Thank you Kind regards Isabelle

Isabelle Bauer, PhD

Postdoctoral Research Fellow

UTHealth at Houston / Department of Psychiatry and Behavioral Sciences

UT Center of Excellence on Mood Disorders

1941 East Road, #3142 - Houston- TX- 77054 (USA)

From: Annals of Nutritional Disorders & Therapy [mailto:andt@austinpublishinggroup.us]

Sent: Wednesday, August 06, 2014 2:36 AM

To: Bauer, Isabelle E

Subject: Request to review the manuscript

Dear Dr. Isabelle E Bauer,

Greetings for the day!

I would like to inform you that we have received manuscript entitled "Obesity: A Brief Approach to this New Pandemia".

Abstract

Obesity is a condition in which excess body fat has accumulated to the extent that it has an adverse effect on physical, mental and/or social health. The global prevalence of obesity increased substantially in the past four decades regardless of age, gender, race, and ethnicity. Unlike other pandemics, obesity does not cause disease directly but instead functions as a potent independent risk factor for a number of pathologies, including type-2 diabetes, coronary artery disease, neurodegenerative disorders, and cancer, inducing immense harm in both health and economic terms. These pathologies are associated with the metabolic changes observed in the obesity, such as insulin resistance, and the inflammation and the evoked oxidative stress seem to be to a great extent the pathogenic elements. Human adipose tissue is a dynamic organ that profoundly contributes to the regulation of several (patho-) physiological processes, including embryonic development, systemic endocrine/metabolic homeostasis, immunomodulation, and it has been recognized as an organ with endocrine properties. This review focuses comprehensively on obesity causes, consequences, and the role in obesity-related metabolic disorders of several adipokines.

If you are interested we will send the full length manuscript and review form.

Best regards

Helen Ruth

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