component & of the force, only [50x 4) 3 if 12=17,-121(R/2, where R is the mean value of the radii F, and F. Thus, as I moreases, the effective force range decreases. For a force of range much greater than the nuclear size, only the $\lambda=0$ term is important. At the other entreme, a δ -function force has coefficients V, (r, rz) (=(2)+1) E(r,-rz)) that inverse with 21, to accept the need for a long range, low a paining interaction, as responsible for the bindup of the dinentron, halo coper pain to the 9Li core, an induced paining in 1300 strap Cooper pain binding the exchange of witnessians will low to cope of witnessians Willim the s,p subspace, the most natural long wavelength vibration is the digrole mode. From systematics, the centroid of the vibrations in theope a 100 MeV/R, R being the muller radius. Thus, in the case of 11Li, one employs the centroid of the Giant Dipole Resonance carrying a 100% of the. Energy weighted sum rule (EWSR) at TWEOR = 100 MW/2,7 = 37 MeV. NOW, such a high frequency mode can hardly be expected to give vice to anything, but polarization effects. On the other hand, there is exists ex perimental evidence which testifies to the presen ce of a nother sharp dipole state with entroid at = 1 MeV and carry = 10% of the