

Dr. Pothireddy Surendranath Reddy Medical and other you tube videos

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Author Bio:

Dr. Pothireddy Surendranath Reddy is a senior Orthopaedic Surgeon and Joint Replacement Specialist based in Hyderabad. With extensive clinical experience, he focuses on simplifying complex medical topics for public awareness through digital platforms. His work bridges clinical medicine, preventive healthcare, and societal well-being. He also takes a keen interest in public policy, healthcare administration, and political developments impacting citizens' health.



Dr. Pothireddy Surendranath Reddy Explains Gout

Gout is a painful form of arthritis caused by excess uric acid in the blood, leading to crystal deposition in joints. In this video, **Dr. Pothireddy Surendranath Reddy**, an experienced Orthopaedic and Robotic Surgeon from Hyderabad, clearly explains the causes, symptoms, diagnosis, and modern treatment options for gout. He also discusses dietary precautions, lifestyle modifications, and the importance of early medical intervention to prevent joint damage. This video is especially useful for patients suffering from recurrent joint pain and swelling.

👉 Click video here; [Gout](#)

Video Link:

<https://youtu.be/BOro21I9x8s>



Dr. Pothireddy Surendranath Reddy Explains Hearing Mechanism

Understanding how the human ear works is essential to protect hearing health. In this educational video, **Dr. Pothireddy Surendranath Reddy** explains the hearing mechanism in a simple and structured manner. He describes the role of the outer ear, middle ear, inner ear,

and auditory nerve in transmitting sound to the brain. Common causes of hearing loss and preventive measures are also discussed. This video is valuable for students, patients, and anyone interested in basic human physiology.

👉 click video link; [**Hearing Mechanism**](#)

Video Link:

<https://youtu.be/hGLuAtcoXAE>

3 Dr. Pothireddy Surendranath Reddy Explains Heartbeat (Video 1)

The heartbeat is controlled by a complex electrical system within the heart. In this video, **Dr. Pothireddy Surendranath Reddy** explains how the heart beats, what determines heart rate, and why rhythm disturbances occur. He highlights normal pulse ranges, warning signs of abnormal heartbeat, and when to seek medical care. The explanation is presented in an easy-to-understand format for the general public.

👉 Click here for video; [**Heartbeat \(Part 1\)**](#)

Video Link:

<https://youtu.be/gTtq4BJqixM>

4 Dr. Pothireddy Surendranath Reddy Explains Heartbeat (Video 2)

This video continues the discussion on heart function, focusing on lifestyle factors that affect heartbeat, such as stress, diet, sleep, and physical activity. **Dr. Pothireddy Surendranath Reddy**, an experienced physician, explains how early detection of heart rhythm abnormalities can prevent serious complications. He emphasizes regular health checkups and awareness of symptoms like palpitations and dizziness.

👉 Watch here: [**Heartbeat \(Part 2\)**](#)

Video Link:

<https://youtu.be/xMcegHN92IA>

5 Dr. Pothireddy Surendranath Reddy Explains Ultrasound

Ultrasound is a safe and non-invasive diagnostic tool widely used in modern medicine. In this video, **Dr. Pothireddy Surendranath Reddy** explains how ultrasound works, its medical applications, and why it is preferred for evaluating soft tissues, muscles, joints, and internal organs. He also addresses common misconceptions and reassures viewers about its safety.

👉 Watch here: [**Ultrasound**](#)

Video Link:

<https://youtu.be/2N5tpmXkA3M>

6 Dr. Pothireddy Surendranath Reddy Explains Vaccines

Vaccines play a vital role in disease prevention and public health. In this informative video, **Dr. Pothireddy Surendranath Reddy**, a Joint Replacement Surgeon and General Physician, explains how vaccines work, their safety, and their importance in controlling infectious diseases. He addresses common myths and emphasizes evidence-based medicine.

👉 Watch here: [**Vaccines**](#)

Video Link:

<https://youtu.be/K7wVnWDUaak>

7 Dr. Pothireddy Surendranath Reddy Explains Vasectomy

Vasectomy is a simple and effective method of permanent male contraception. In this video, **Dr. Pothireddy Surendranath Reddy** explains the procedure, benefits, safety, and common misconceptions surrounding vasectomy. He stresses the importance of informed decision-

making and family planning awareness.

👉 Watch here: [**Vasectomy**](#)

Video Link:

<https://youtu.be/L4XoHCSn1HM>

8 Dr. Pothireddy Surendranath Reddy Explains Macular Degeneration

Macular degeneration is a leading cause of vision loss in older adults. In this video, **Dr. Pothireddy Surendranath Reddy** explains its causes, symptoms, progression, and preventive strategies. Early detection and regular eye examinations are emphasized to preserve vision and quality of life.

👉 Watch here: [**Macular Degeneration**](#)

Video Link:

<https://youtu.be/gVjlBZEgW0A>

9 Dr. Pothireddy Surendranath Reddy Explains Blood Pressure

Blood pressure disorders are common yet dangerous if untreated. In this video, **Dr. Pothireddy Surendranath Reddy** explains high and low blood pressure, risk factors, complications, and lifestyle measures to control BP effectively. This video is essential for preventive healthcare awareness.

👉 Watch here: [**Blood Pressure**](#)

Video Link:

<https://youtu.be/F6q7mRS2C8w>

10 Dr. Pothireddy Surendranath Reddy Explains Brain Components

The human brain controls all bodily functions. In this educational video, **Dr. Pothireddy Surendranath Reddy** explains major brain components and their functions in a simplified manner. It is helpful for students, patients, and anyone interested in understanding the nervous system.

👉 Watch here: [**Brain Components**](#)

Video Link:

<https://youtu.be/B34FAz5bRSM>