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Author Meta Data (For PDF / Document Header)

Author: Dr. Pothireddy Surendranath Reddy

Profession: Orthopaedic Surgeon, Joint Replacement Surgeon, General Physician

Expertise Areas: Orthopaedics, Joint Replacement, General Medicine, Medical Education, Public Health Awareness

Special Interests: Health education, medical technology, patient safety, and public administration & politics

Location: Hyderabad, Telangana, India

Dr. Pothireddy Surendranath Reddy is a medical professional dedicated to simplifying complex medical concepts for students, clinicians, and the general public through educational videos and visual explanations.

41. Lung Biopsy Procedure, Uses & Safety Explained

Anchor Text (for MS Word / PDF):

Dr. Pothireddy Surendranath Reddy Explains [Lung Biopsy Procedure, Uses & Safety](#)

Video URL:

<https://youtube.com/shorts/WZCjG9YZlgs?feature=share>

Description (≈100 words):

In this informative video, Dr. Pothireddy Surendranath Reddy clearly explains the lung biopsy procedure, its medical uses, and safety precautions. He discusses when a lung biopsy is required, different types of biopsy techniques, and how doctors collect tissue samples safely. The video also highlights possible risks, patient preparation, and post-procedure care. As an orthopaedic surgeon and general physician, Dr. Reddy presents the topic in a simple and understandable way for patients, students, and healthcare workers. This video is especially useful for those seeking basic knowledge about diagnostic lung procedures and respiratory disease evaluation.

42. Bad Breath Causes & Treatment (Halitosis Guide)

Anchor Text:

Dr. Pothireddy Surendranath Reddy Explains [Bad Breath Causes & Treatment](#)

Video URL:

<https://youtube.com/shorts/yptzsJIBrwA?feature=share>

Description:

This video explains the common causes of bad breath, medically known as halitosis. Dr.

Pothireddy Surendranath Reddy discusses oral hygiene issues, digestive problems, infections, and lifestyle habits that lead to unpleasant breath. He also explains practical treatment options, preventive measures, and when to consult a doctor. With his background as a general physician, Dr. Reddy provides clear medical guidance that is easy to follow. This video is helpful for patients, dental care learners, and anyone interested in maintaining good oral and overall health.

43. Button Zip Closure Technique for Skin Wound Healing

Anchor Text:

Dr. Pothireddy Surendranath Reddy Explains [Button Zip Closure Technique](#)

Video URL:

<https://youtube.com/shorts/k6PaTvg5zOQ?feature=share>

Description:

In this educational video, Dr. Pothireddy Surendranath Reddy explains the button zip closure technique used for skin wound healing. He describes how this method helps close wounds safely with minimal scarring and improved healing. The video is especially useful for medical students, nurses, and junior doctors learning wound management techniques. Dr. Reddy's clear explanation highlights the advantages of this technique over traditional suturing in selected cases. The content reflects his experience in surgery and patient-centered care.

44. Capsule Endoscopy – Advanced GI Diagnostic Technique

Anchor Text:

Dr. Pothireddy Surendranath Reddy Explains [Capsule Endoscopy](#)

Video URL:

<https://youtube.com/shorts/K7fcZqSxbwg?feature=share>

Description:

This video provides a simple explanation of capsule endoscopy, an advanced diagnostic technique used to examine the gastrointestinal tract. Dr. Pothireddy Surendranath Reddy explains how the capsule works, when it is recommended, and its benefits over conventional procedures. He also discusses patient safety and preparation. The video is valuable for patients, medical students, and healthcare professionals seeking a basic understanding of modern GI diagnostics presented in a clear and practical manner.

45. ICU Setup & Patient Monitor Basics

Anchor Text:

ICU Setup and Patient Monitor Basics Explained by Dr. Pothireddy Surendranath Reddy

Video URL:

<https://youtube.com/shorts/awcjSc8FcGk?feature=share>

Description:

In this video, Dr. Pothireddy Surendranath Reddy explains the basic setup of an Intensive Care Unit (ICU) and the function of patient monitoring systems. He discusses vital parameters such as heart rate, oxygen saturation, blood pressure, and respiratory monitoring. The explanation is ideal for nursing students, paramedical staff, and junior doctors. Dr. Reddy's experience as a general physician helps bridge theory with practical ICU knowledge.

46. Safe and Proper IV Cannulation Technique

Anchor Text:

Dr. Pothireddy Surendranath Reddy Demonstrates IV Cannulation Technique

Video URL:

<https://youtube.com/shorts/PCnoXfopYmk?feature=share>

Description:

This instructional video demonstrates the correct and safe technique for intravenous (IV) cannulation. Dr. Pothireddy Surendranath Reddy explains vein selection, sterilization, insertion steps, and common mistakes to avoid. The video is highly useful for nursing students, interns, and emergency care providers. His clear and methodical explanation emphasizes patient safety and infection control.

47. Essential Medical Terminology Explained

Anchor Text:

Dr. Pothireddy Surendranath Reddy Explains Essential Medical Terminology

Video URL:

<https://youtube.com/shorts/eRU-DG5XMHk?feature=share>

Description:

In this video, Dr. Pothireddy Surendranath Reddy simplifies essential medical terminology commonly used in hospitals and clinics. The video helps students, new healthcare workers, and non-medical viewers understand frequently used medical terms. Dr. Reddy's teaching-

oriented approach makes complex language easy and practical, improving communication between doctors and patients.

48. Total Hip Replacement Surgery Explained

Anchor Text:

Dr. Pothireddy Surendranath Reddy Explains [Total Hip Replacement Surgery](#)

Video URL:

<https://youtube.com/shorts/BzZlIpavsZQ?feature=share>

Description:

This video explains total hip replacement surgery in a clear and patient-friendly manner. Dr. Pothireddy Surendranath Reddy discusses indications, surgical steps, benefits, and recovery expectations. As a joint replacement surgeon, he shares valuable insights for patients suffering from severe hip pain, arthritis, or mobility issues. The video is helpful for patients and caregivers planning for hip surgery.

49. Inside the Operation Theatre

Anchor Text:

Dr. Pothireddy Surendranath Reddy Explains [Operation Theatre Basics](#)

Video URL:

<https://youtube.com/shorts/i3QEXvB37Vc?feature=share>

Description:

In this video, Dr. Pothireddy Surendranath Reddy provides an overview of the operation theatre environment. He explains sterile protocols, equipment usage, and the roles of medical staff during surgery. This video is useful for medical students, OT technicians, and anyone interested in understanding how surgeries are conducted safely and efficiently.

50. Five Common Injections Used Daily in Hospitals

Anchor Text:

Dr. Pothireddy Surendranath Reddy Explains [Common Hospital Injections](#)

Video URL:

<https://youtube.com/shorts/LHM-BOirnXA?feature=share>

Description:

This video explains five commonly used injections in daily hospital practice. Dr. Pothireddy

Surendranath Reddy discusses their uses, indications, and precautions. The video is designed for students, nurses, and patients who want basic awareness of injectable medications. His explanation focuses on safety, correct usage, and medical responsibility.

51. Carpal Tunnel Surgery Explained

Anchor Text:

Dr. Pothireddy Surendranath Reddy Explains [Carpal Tunnel Surgery](#)

Video URL:

<https://youtube.com/shorts/ND586K1Cj4Q?feature=share>

Description:

In this video, Dr. Pothireddy Surendranath Reddy explains carpal tunnel syndrome and its surgical treatment. He discusses symptoms, nerve compression, and when surgery is required. As an orthopaedic surgeon, Dr. Reddy provides practical insights into recovery and patient care, making this video valuable for patients and medical learners.

52. Tracheostomy Procedure Explained with 3D Animation

Anchor Text:

Dr. Pothireddy Surendranath Reddy Explains [Tracheostomy Procedure](#)

Video URL:

<https://youtube.com/shorts/0MoYuo6IAVw?feature=share>

Description:

This video explains the tracheostomy procedure using a clear 3D animation. Dr. Pothireddy Surendranath Reddy describes indications, procedure steps, and patient care after tracheostomy. The visual explanation makes it easier for students, caregivers, and healthcare workers to understand airway management techniques and emergency respiratory support.