

# Speed Up a Computer

# 1. Remove Unnecessary Startup Programs:

- What it does: Disables programs from automatically launching when you start your computer, freeing up resources.
- How to do it:
  - Press Ctrl + Shift + Esc to open Task Manager.
  - o Go to the "Startup" tab.
  - o Right-click on unnecessary programs and select "Disable".

## 2. Uninstall Unused Applications:

- What it does: Removes software you no longer use, freeing up disk space and reducing background processes.
- How to do it:
  - ∘ Open "Settings" > "Apps".
  - o Find applications you no longer use.
  - Click on the app and select "Uninstall".

### 3. Regularly Restart Your Computer:

• What it does: Clears temporary files and processes, often improving performance.

#### 4. Keep Browser Tabs to a Minimum:

- What it does: Limits the number of open tabs to reduce memory usage.
- Tips:
  - o Close any unnecessary tabs.
  - o Use a session manager or bookmark frequently used pages for later access.

# 5. Remove Unnecessary Temporary Startup Programs:

- What it does: Regularly deletes temporary files to reclaim disk space and improve speed.
- How to do it:
  - Press Win + R, type %temp%, and hit Enter.
  - Select all files in the folder (Ctrl + A), right-click, and choose "Delete".
  - o Empty the Recycle Bin.

### 6. Run Disk Cleanup:

- What it does: Uses a system tool to remove unnecessary system files.
- How to do it:
  - o Open the Start Menu, type "Disk Cleanup", and select it.
  - o Choose the drive you want to clean and click "OK".
  - Check the types of files to delete and click "Clean up system files".

### 7. Use an SSD Instead of an HDD:

• What it does: Solid State Drives (SSDs) offer significantly faster read and write speeds compared to traditional Hard Disk Drives (HDDs), leading to quicker boot times, <sup>1</sup> application loading, and overall responsiveness.

#### 8. Adjust Power Settings:

- What it does: Sets your power plan to prioritize performance.
- How to do it:
  - o Open "Control Panel" > "Power Options".
  - o Select "High Performance" or adjust advanced settings if available.