

confidentiality /kɒnfɪdənʃi'æləti/ 33
 confine /kən'fain/ 36
 confined *as in* be confined to bed / a wheelchair 30
 confinement /kən'faimmənt/ 36
 conflicting /kən'flɪktɪŋ/ 47
 confound /kən'faʊnd/ 53
 confront /kən'frənt/ 54
 conscientious /kənsi'juːnʃəs/ 14
 conscription /kən'skripc̄n/ 37
 consent N, V /kən'sent/ 36
 consent *as in* by common/mutual consent 36
 consequences /'kɒnsɪkwənsɪz/ 52
 conservation /kən'seɪvɪʃn/ 28
 Conservative /kən'seːtɪv/ 42
 conserve /kən'seːv/ 28
 consider /kən'sɪðə(r)/ 19
 considerable /kən'sɪðərəbl/ 37
 considerable difficulty /kən'sɪðərəbl 'dɪfɪkəlti/ 4
 considerably /kən'sɪðərəbl/ 37
 considerate /kən'sɪðərət/ 14
 considered *as in* all things considered 77
 considering /kən'sɪðərɪŋ/ 68
 consist of /kən'sist əv/ 37
 constable /'kɑːstəbl/ 35
 constant /'kɒnstant/ 9
 constipated /'kɒnstɪpeɪtid/ 13
 constipation /kɒnsti'peɪʃn/ 13
 constrain /kən'streɪn/ 72
 constraint /kən'streɪnt/ 72
 construction *as in* under construction 77
 consult /kən'salt/ 27
 consultation /kɒnsult'eʃn/ 27
 consultative /kən'saltatɪv/ 27
 consume /kən'sjuːm/ 28
 consumer /kən'sjuːma(r)/ 28
 consumption /kən'sʌmpʃn/ 28
 contingency /kən'tɪndʒənsi/ 48
 contradict /kɒntrə'dikt/ 47
 contradiction /kɒntrə'dɪkʃn/ 47
 contradictory /kɒntrə'dɪktɔːri/ 47
 contrary *as in* on the contrary 77
 contribute /kən'tribju:t/ 26
 contribution /kɒntri'bju:jn/ 26
 control /kən'trəʊl/ 76
 control *as in* under control 49
 controversial /kɒntrə'ves̄fl/ 39
 controversy /kɒntrəvɜːsi:
 kən'trəvəsi:/ 39
 convalesce /kɒnvə'les/ 33
 convalescence /kɒnvə'lesns/ 33
 convention /kən'venʃn/ 30
 conventional /kən'venʃənl/ 30
 convey /kən'veɪ/ 70
 conviction /kən'vekʃn/ 71
 convincing /kən'venʃɪŋ/ 22, 78
 convoluted /kɒnvəlʊ:tɪd/ 67
 copy N, V /'kɒpi/ 24
 coriander /kɔːri'ændə(r)/ 20
 corkscrew /kɔːkskrʊ:/ 20
 corner *as in* a tight corner 39
 corporate /kɔːpə'rət/ 47
 corporation /kɔːpə'reɪʃn/ 47
 corrupt /kə'ræpt/ 61
 corruption /kə'ræpʃn/ 61
 cosmetic surgery /kɒz'metɪk 'sɔːdʒəri/ 33
 cottage /'kɒtɪdʒ/ 24
 could *as in* I could do with 59
 council /'kaʊnsɪl/ 34
 councillor /'kaʊnsɪlə(r)/ 34
 count /kaʊnt/ 5
 counter-productive /,kaʊntər 'prə'dʌktɪv/ 37
 counteract /kaʊntər'ækɪt/ 72
 countryside /'kʌntrɪsaɪd/ 24
 courage /'kʌrɪdʒ/ 17
 courageous /kɔːrɪdʒəs/ 17
 courteous /'kɔːtɪəs/ 19
 courtesy /'kɔːtɪəsɪ/ 19
 cover sth up /,kʌvər ,ʌp/ 39
 cover-up /'kʌvər ,ʌp/ 39
 coverage /'kʌvərɪdʒ/ 41
 crack N /kræk/ 42
 crafty /'kraːftɪ/ 14
 crane /kreɪn/ 72
 crawl /kraʊl/ 2
 crazy *as in* drive sb crazy 52
 creak N, V /kri:k/ 10
 create /kri'eɪt/ 27
 create an illusion /kri'eɪt ən i'lʊ:ʒn/ 7
 credit /'kredɪt/ 48
 creep /kri:p/ 9
 crime *as in* organized crime 35
 crippling /'kriplɪŋ/ 25
 crisis *as in* in crisis 36
 criteria /kraɪ'tɪriə/ 69
 criterion /kraɪ'tɪriən/ 69
 criticism /'kritɪsɪzəm/ 4
 criticize /'kritɪsaɪz/ 17, 63
 croc /krok/ 40
 crocodile /'kroko'daɪl/ 40
 crop up /krop 'ʌp/ 63
 crow /kraʊ/ 10
 crude /kru:d/ 17
 cruel /'kru:əl/ 6
 cruel *as in* be cruel to be kind 14
 crush v /kraʃ/ 20
 cul8r (= see you later) 73
 culture shock /'kʌltʃə ,ʃɒk/ 32
 cunning /'kʌnɪŋ/ 14
 curable /'kjʊərəbl/ 30
 curb v /kə:b/ 38
 cure N, V /kjoo(r)/ 30
 curiously enough /'kjooəriəslɪ ,ʌnʌf/ 79
 current *as in* in current use 1
 current account /'kʌrənt ə,kaʊnt/ 48
 curt /kɜːt/ 67
 curtail /kɜː'teɪl/ 57
 custody /'kʌstədɪ/ 35, 41
 custom /'kʌstəm/ 19
 customary /'kʌstəməri/ 19
 cut N /kʌt/ 47
 cut sth back /,kʌt ,..., 'bæk/ 24
 cutbacks *as in* make cutbacks 48
 cute /kjut/ 7
 cutting edge /,kʌtɪŋ 'edʒ/ 55
 cutting-edge technology /,kʌtɪŋ ,edʒ 'teknɒldʒi/ 55
 cyber- /'saibə/ 31
 cyber-café /'saibə ,kæfē/ 31
 cyberspace /'saibəspeɪs/ 31
 cynical /'sɪmɪkl/ 14
 cynicism /'sɪnɪsɪzəm/ 14
 d (= the) 73
 daft /dəft/ 58
 damage *as in* extensive/widespread damage 4
 damp /dæmp/ 11
 danger *as in* in danger 29, 77
 danger zone /'deɪndʒə ,zəʊn/ 43
 dank /dæŋk/ 12
 dare v /deə(r)/ 40
 darling /'daːlɪŋ/ 58
 dash N, V /dæʃ/ 9
 date *as in* out of / up to date 55
 date *as in* set a date 50
 dated /'deɪtɪd/ 1
 dawn on /'dəʊn ,ɒn/ 2
 day *as in* it's not sb's day / it's been one of those days 59
 dazed /'deɪzd/ 40
 de- /di:/ 74
 deadlock /'dedlɒk/ 50
 deadly dull /,dedli 'dʌl/ 22
 deadly weapon /,dedli 'wepən/ 37
 deafening /'defnɪŋ/ 26
 deal N /di:l/ 38
 death rate /'deθ ,reɪt/ 30
 debate *as in* heated debate 42
 debit card /'debit ,ka:d/ 48
 debris /'debrɪ:/ 43
 debt burden /'det ,bədn/ 47
 decade /'dekeɪd/ 30
 decaffeinated /di:'kæfɪneɪtɪd/ 74
 decay *as in* fall into decay 55
 deceit /di'si:t/ 53
 deceive /di'si:v/ 14, 53, 63
 deceive yourself /di'si:v jɔːself/ 53
 decentralize /di:'sentrəlaɪz/ 74
 deception /di'sepʃn/ 53
 deceptive /di'septɪv/ 14
 declare a ceasefire /di,kleər ə 'si:sfəsɪ(r)/ 53
 declare war /di,kleə 'wə:(r)/ 53
 declassified /di:'klesfaɪd/ 74
 decline *as in* gradual/steady decline 29
 dedicate /'dedɪkeɪt/ 17
 dedicated /'dedɪkeɪtɪd/ 17
 dedication /'dedɪkeɪʃn/ 17
 deep end /'di:p ,end/ 42
 deep fat fryer /,di:p ,fæt 'fraɪə(r)/ 20
 deep-fry /di:p 'fraɪ/ 20
 defect /'di:fekt/ 71
 defective /di'fektɪv/ 71
 defenceless /di'fensləs/ 6
 defend /di'fend/ 6
 defiance /di'faiəns/ 70
 defiant /di'faiənt/ 70
 deficit /'defɪsɪt/ 48
 deforestation /di:fɔːrɪ'steɪʃn/ 29
 defraud /di'fro:d/ 35
 defrost /di:'frost/ 74
 defy /di'fai/ 70
 degree of /di'grɪ: əv/ 45

VOWELS: æ cat | ə: father | e ten | ɜ: bird | ə about | ɪ sit | ɪ: see | ɪ many | ə got | ɔ: saw | ʌ up | ʊ put | u: too | ʊ actual |
 aɪ my | əʊ now | ɛɪ say | əʊ go | ɔɪ boy | əʊ near | əʊ hair | əʊ pure

dejected /dɪ'dʒekted/ 78
 delegate sth to /'delɪgeɪt ..., tə/ 49
 delicate /'delɪkət/ 12
 delude yourself /dɪ'lud jɔ:,self/ 53
 deluge /'delju:dʒ/ 49
 dent N, v /dent/ 52, 54
 dent sb's confidence /dent ..., 'kɒnfɪdəns/ 54
 dent sb's reputation /dent ..., repju:tʃn/ 54
 dependent on /dɪ'pendənt ,ɒn/ 76
 depict /dɪ'pikt/ 70
 depopulated /di:'pɒpjuleɪtɪd/ 74
 deport /dɪ'po:t/ 32
 deportation /di:pɔ:t'ærɪtn/ 32
 deposit account /dɪ'pozɪt ə,kaont/ 48
 depreciate /dɪ'pri:si,eɪt/ 74
 deprivation /deprɪ'veɪʃn/ 18
 deprived /dɪ'pravd/ 18
 depth /depθ/ 42
 depth as in out of your depth 56
 derogatory /dɑ:rɒgətɔ:/ 1
 describe /dɪ'skraib/ 6
 desert v /dɪ'zɜ:t/ 43
 deserve /dɪ'zɜ:v/ 41
 desire /dɪ'zaɪ(r)/ 32
 desperate /desperət/ 15
 desperately /desporətl/ 15
 desperation /despa'reisn/ 15
 despicable /dɪ'spɪkəbl/ 17
 despise /dɪ'spaɪz/ 17
 despondent /dɪ'spɒndənt/ 78
 destabilize /di:'stɜ:bələɪz/ 74
 detain /dɪ'teɪn/ 35
 detect /dɪ'tekt/ 53
 deter /dɪ'tɜ:(r)/ 18, 36
 deteriorate /dɪ'tɪəriəreɪt/ 53, 56
 deterioration /dɪtɪəriə'reisn/ 53
 determine /dɪ'tɜ:min/ 72
 deterrent /dɪ'terənt/ 18, 36
 detrimental effect /detrɪ'mentl f'ekt/ 18, 52
 devalued /dɪ:'vælu:d/ 74
 devastated /'devəsteɪtɪd/ 15
 deviate /dɪ'veɪte/ 36
 deviation /dɪ:v'i,eɪʃn/ 36
 device /dɪ'veɪs/ 55
 devise /dɪ'veɪz/ 9
 diagnose /'daɪəgnəʊz/ 30
 diagnosis /daiəg'nəʊsɪs/ 30
 diagnostic /daiəg'nɒstɪk/ 30
 diarrhoea /daiə'rɪə/ 13
 die down /dar 'daʊn/ 4
 die out /dar 'aut/ 29
 difference as in make a difference 52
 different as in entirely different 4
 differentiate /dɪfə'rensɪeɪt/ 37
 difficulty as in great difficulty 4
 diffident /'dɪfɪdənt/ 14
 dig /dɪg/ 24
 dignified /'dɪgnɪfaɪd/ 17
 dignity /'dɪgnəti/ 17
 dilapidated /dɪ'læpɪdeɪtɪd/ 55
 din /dɪn/ 58
 dire /'daɪə(r)/ 22

direction as in head in the right/wrong direction 42
 directly /də'rektli, dɪ-, dai-/ 79
 disadvantaged /dɪs'æd've:nɪtɪdʒd/ 74
 disappear from sight /dɪsə,pɪə frəm 'saɪt/ 11
 disappear from view /dɪsə,pɪə frəm 'vju:/ 11
 disapproving /dɪs'ə'pru:vɪŋ/ 1
 discard /dɪs'kɑ:d/ 13
 discharge sb /dɪs'tʃɑ:dʒ ..., / 33
 disclose /dɪs'kləʊz/ 15
 disclosure /dɪs'kləʊzə(r)/ 15
 discomfort /dɪs'kʌmft/ 11
 courteous /dɪs'kʊətɪs/ 19
 discreet /dɪ'skrɪ:t/ 7
 discreetly /dɪ'skrɪ:tli/ 7
 discriminate /dɪ'skrɪmɪneɪt/ 32
 discrimination /dɪskrɪ'mɪneɪʃn/ 32
 discursive /dɪs'kɜ:sɪv/ 69
 discussion as in under discussion 77
 disgrace /dɪs'greɪs/ 19
 disgraceful /dɪs'greɪsfʊl/ 19
 disgusting /dɪs'gʌstɪŋ/ 12, 58
 dislike as in take an instant dislike to 16
 dislocate /'dɪsləkeɪt/ 13
 dismantle /dɪs'mæntl/ 63
 disorder /dɪs'ɔ:da(r)/ 13
 disorientated /dɪs'ɔ:riənteɪtɪd/ 40
 display N, v /dɪ'spleɪ/ 8
 disposable /dɪ'spozəbl/ 26, 28
 dispose of sth /dɪ'spoz əv ..., / 28
 dispute N /dɪ'spu:t/ 50
 dispute as in settle a dispute 4, 50
 disregard N /dɪsr'ga:d/ 76
 disrepair as in fall into disrepair 55
 disrespectful /dɪsr'spektfl/ 19
 disrupt /dɪs'rapt/ 45
 disruptive /dɪs'raptɪv/ 45
 dissolve /dɪ'zɒlv/ 13
 dissuade sb from doing sth /dɪ'sweɪd ..., frəm ,du:ɪŋ ..., / 63
 distant /'dɪstənt/ 14
 distinction as in make a distinction 37
 distinguish between /dɪ'stɪŋgwɪʃ bɪ,twɪ:n/ 37
 distinguished /dɪ'stɪŋgwɪʃt/ 78
 distort /dɪ'stɔ:t/ 53
 distract sb from sth /dɪ'strækɪt ..., frəm ..., / 25
 distracted as in be distracted by sth 25
 distribute /dɪ'stribju:t/ 42
 distribution /distr'i'bju:ʃn/ 42
 diverse /dai've:s/ 21, 37
 diversity /dai've:sətɪ/ 37
 divert /dai've:t/ 29
 dividend /'dɪvidənd/ 46
 DIY (= do-it-yourself) /di: ,aɪ 'waɪ/ 73
 do N /du:/ 26, 58
 do v /du:/ 2
 do as in inclined to do sth 50
 do a search /du: ə 'sɜ:tʃ/ 31
 do away with /du: ə'weɪ ,wɪð/ 63
 do for /du: ,fɔ:(r), fə(r)/ 2

do no such thing /du ,nəʊ ,sʌtʃ
 'θɪŋ/ 4
 do sb a favour /du ..., ə 'fɜ:rvə(r)/ 5
 do sth at the last minute /du ..., ət ðə ,la:st 'minɪt/ 57
 do sth up /du ..., 'ʌp/ 55
 do the weeding /du ðə 'wi:dɪŋ/ 24
 do your fair share /du jɔ: ,seɪ
 'ʃeɪ(r)/ 18
 doddering /'dɒdəri/ 7
 dodgy /'dɒdʒɪ/ 58
 domestic /də'mestɪk/ 37
 dominant /'dɒmɪnənt/ 23
 dominate /'dɒmɪneɪt/ 23
 don't ask me /,dəʊnt ,a:sk 'mi:/ 59
 don't count your chickens /,dəʊnt
 ,kaont ja 'fɪkɪnz/ 20
 don't count your chickens before they're hatched /,dəʊnt ,kaont ja ,fɪkɪnz bi,fo: ,ðə 'hæftʃt/ 20
 don't hold your breath /,dəʊnt ,həʊld ja 'breθ/ 59
 don't judge a book by its cover /,dəʊnt ,dʒudʒ ə ,bok ,baɪ its 'kʌvə(r)/ 14
 don't you dare /,dəʊnt ju: 'dəə(r)/ 40
 donor /'dəʊnə(r)/ 30
 doors as in behind closed doors 39
 dosage /'dəʊsɪdʒ/ 13
 dose /dəʊs/ 13
 down-to-earth /daʊn tu 'z:θ/ 14
 downfall /'daʊnflɔ:/ 70
 downhill as in go downhill 56
 download v /daʊn'ləud/ 31
 downright /'daʊnraɪt/ 19
 downs as in ups and downs 16
 downsize /daʊn'saɪz/ 80
 downsizing /daʊn'saɪzɪŋ/ 80
 downwards /'daʊnwədʒ/ 19
 draft as in the draft 37
 drag /dræg/ 58
 drag sth out /,dræg ... 'aʊt/ 63
 drain v /drei:n/ 20
 drastic /'dræstɪk/ 40
 draw /dra:/ 23
 draw attention to /,drɔ: ə'tenʃn ,tu:, tə/ 7
 drawback /'drɔ:bæk/ 45
 drawing pin /'drɔ:ɪŋ ,pin/ 3
 drawn as in be drawn against 23
 drawn as in be drawn to 14
 dream /dri:m/ 62
 dream up /,dri:m 'ʌp/ 31
 dress as in fancy dress 3
 dried fruit /,draɪd 'fru:t/ 20
 drive sb crazy /,drav ..., 'kreɪzi/ 52
 drive sb insane /,drav ..., m'seɪn/ 52
 drive sb mad /,drav ..., 'maed/ 52
 driving licence /'draɪvɪŋ ,laɪəns/ 3
 driving seat /'draɪvɪŋ ,sɪ:t/ 42
 drop in the ocean /,drop in ði 'əʊʃn/ 39
 drop out /,drop 'aut/ 3
 dropout /'drɒpəut/ 3
 drown sth out /,draʊn ..., 'aʊt/ 26
 drowsiness /'draʊzɪnəs/ 13
 drowsy /'draʊzi/ 13

CONSONANTS: b bad | d did | f fall | g get | h hat | j yes | k cat | l leg | m man | n now | p pen | r red | s see | t tea | v van | w wet | z zoo | ſ shoe | ʒ vision | tʃ chain | dʒ jam | θ thin | ð this | ɳ sing

drug addict /dræg̬ ədikt/ 25
 drug-trafficking /dræg̬ ,træfɪkɪŋ/ 35
 drunk /dræŋk/ 26
 dry up /,draɪ ʌp/ 47
 dump sb /dʌmp ,səb/ 41
 duplicate v /'du:pplɪkeɪt/ 71
 during /'djuərɪŋ/ 57
 dust *as in* the dust settles 46
 duty /'dju:ti/ 75
 duty-free /,dju:ti 'fri:/ 75
 dying for sth to eat /,daɪŋ fə ,sə tu:ti/ 58

e- /i:/ 31
 e-business /'i: ,bɪznəs/ 31
 e-learning /'i: ,lɜ:nɪŋ/ 31
 earth *as in* What/Where on earth . . . ? 60
 earn sb's respect /,ə:n ,rɪ:spekt/ 16
 ease v /i:z/ 11
 easier said than done /,i:zɪə ,sed ðən 'dən/ 66
 easy *as in* take it easy 21
 easy-going /,i:zi 'gəʊɪŋ/ 58
 eat *as in* dying for sth to eat 58
 eat your words /,e:t jɔ: 'wɜ:dz/ 20
 eco- /'i:kəʊ/ 28
 eco-disaster /,i:kəʊ dɪz'a:stə(r)/ 28
 eco-friendly /,i:kəʊ 'frendli/ 28
 eco-home /,i:kəʊ 'həʊm/ 28
 ecology /i:kɒlədʒi/ 28
 economic boom /i:kə,nomɪk 'bu:m/ 47
 economic migrant /i:kə,nomɪk 'maɪgrənt/ 32
 economic slump /i:kə,nomɪk 'slʌmp/ 47
 economical with the truth /i:kə,nomɪkl̩ ,wið ðə 'tru:θ/ 53
 economize /i:kə'nəʊmaɪz/ 48, 75
 ecstatic /'ek'stætɪk/ 15
 effect /'efekt/ 13, 18, 22, 52
 effort /'efət/ 4
 egg sb on /,eg ,sən/ 52
 elapse /'elæps/ 57
 elated /'elətid/ 15
 electrify /'elektrifɪ/ 75
 eligible /'elɪgəbl̩/ 34
 eliminate /'lɪmɪneɪt/ 11, 23
 elimination /'lɪmɪ'nейʃn/ 11
 embark on /'em'bɑ:k ,ən/ 76
 embellish /'embəlɪʃ/ 53
 embodiment /'embodɪmənt/ 70
 embody /'embodi/ 70
 emerge /'emɜ:dʒ/ 39
 emergence /'emɜ:dʒəns/ 39
 emigrant /'emigrənt/ 32
 emigrate /'emigrēt/ 32
 emigration /'emɪg'reɪʃn/ 32
 eminent /'emɪnənt/ 78
 emission /'emɪʃn/ 28
 emit /'emɪt/ 28
 emotion /'emɔ:ʃn/ 6
 emotive /'emɔ:tɪv/ 6
 empirical /'empɪrikəl/ 71
 empiricism /'empɪrɪsizəm/ 71

employment agency /im'plɔɪmənt ,eɪgjənsi/ 34
 encl. (= enclosed) 73
 enclosed /in'kləʊzd/ 13
 encompass /in'kʌmpəs/ 37
 encounter /in'kaʊntə(r)/ 45
 encourage /m'kʌrɪdʒ/ 45
 encroach /m'krəʊtʃ/ 29, 45
 end *as in* the end justifies the means 66
 end result /end rɪ'zʌlt/ 52
 endangered /in'deɪndʒəd/ 29
 endangered species /in'deɪndʒəd 'spi:ʃi:z/ 29
 endow sb/sth with /in'dau ,wɪð ,wɪð/ 70
 energetically /ena'dʒetɪkli/ 12
 energy-saving /'enədʒi ,səvɪŋ/ 28
 enforce /in'fɔ:s/ 27
 enforcement /in'fɔ:sment/ 27
 enhance /in'hæ:ns/ 7
 enlist /in'list/ 37
 enlisted /in'listɪd/ 37
 enough *as in* strangely/oddly/curiously enough 79
 enquire *as in* I am writing to enquire whether 67
 enrich /m'rɪtf/ 24
 enrol /'enrəl/ 33
 ensuing /in'sju:ɪŋ/ 40
 ensure /in'ʃʊə(r)/ 34
 enter /'entə(r)/ 31
 enterprise (= ability to think of new ideas) /'entəpraiз/ 45
 enterprise (= project) /'entəpraiз/ 28
 entice /in'taɪs/ 35, 46
 entirely /in'taɪli/ 4
 entirely different /in'taɪli 'dɪfrənt/ 4
 entirely responsible /in'taɪli rɪ'sponsəbl̩/ 4
 entitled *as in* be entitled to 44
 entitlement /in'tartlmənt/ 44
 environmentally-friendly /ɪnvɪərən,mentəl̩ 'frendli/ 28
 equal /'i:kwəl/ 42
 equal *as in* all things being equal 60
 equality /i'kwɒləti/ 42
 equalize /'i:kwəlaɪz/ 75
 equally /i:kwəli/ 42, 79
 equities /'ekwətɪz/ 47
 era /'erə/ 30, 57
 eradicate /'rædɪkeɪt/ 30
 error *as in* trial and error 61
 escape *as in* (have a) narrow escape 4
 essentially /i'senʃəli/ 79
 establish /'estæbl̩ʃ/ 72
 ETA (= estimated time of arrival) /'ɛ:t̩ ,ti: 'ɛ:t̩/ 73
 ethnic group /,eθnɪk 'gru:p/ 32
 ethnic minority /,eθnɪk ma'nɔ:rəti/ 32
 etiquette /'etikət/ 19
 euphemism /ju:fəmɪzəm/ 80
 euphoric /ju:'fɔ:rɪk/ 15
 evaluate /'e'velju:eɪt/ 69
 evaluation /'e'velju'eɪʃn/ 69
 even so /,i:v n 'səʊ/ 64

event /'ivent/ 6
 eventful /'iventfl̩/ 6
 events *as in* sequence of events 52
 every bit as /'evri ,bit əz/ 60
 evidently /'evidəntli/ 79
 evil /i:vɪl/ 78
 evolution /i:və'lū:ʃn/ 27
 evolve /'evəlve/ 27
 exacerbate /i:g'zæsəbeɪt/ 54
 exact /g'zækɪt/ 1
 exaggerate /i:g'zædʒəreɪt/ 7
 exaggeration /i:g'zædʒə'reɪʃn/ 7
 example *as in* perfect example 4
 example *as in* set an example 18, 50
 exceed /k'si:d/ 8, 13
 exceed sb's expectations /k'si:d ,ekspeɪk'teɪʃnз/ 13
 excellent /'ek'selənt/ 6
 exception /'ek'səplənt/ 6
 exception *as in* take exception 19
 exceptional /ik'sepʃnəl/ 78
 excerpt /'ekspɔ:pt/ 76
 excess /ik'ses/ 8
 excess *as in* in excess of 13
 excessive /ik'sesɪv/ 8
 exchange *as in* in exchange for 77
 exclusive N, ADJ /ik'sklu:sɪv/ 41
 exclusively /ik'sklu:sɪvlɪ/ 36
 excruciating /ik'skrū:jɪteɪn/ 40
 exemplary /ig'zempləri/ 19
 exemplify /ig'zemplifɪ/ 69, 75
 exhausted /ig'zɔ:stɪd/ 78
 exhaustive /ig'zɔ:stɪv/ 78
 expect /ik'spekt/ 18
 expectations *as in* exceed sb's expectations 13
 expenses /ik'spensɪz/ 44
 expire /ik'spaɪə(r)/ 13
 expiry date /ik'spaɪəri ,deɪt/ 13
 explain /ik'spleɪn/ 6
 exploit v /ik'splɔ:t/ 35
 exploitation /eksplɔ:t'eɪʃn/ 35
 explore /ik'splɔ:(r)/ 69
 expose /ik'spəuz/ 70
 extend /ik'stend/ 57
 extensive damage /ik,stensɪv 'dæmɪdʒ/ 4
 extent /ik'stent/ 45, 64
 exterior N, ADJ /ik'stɪəriə(r)/ 37
 external /ik'stɜ:nl/ 37
 extinct /ik'stɪŋkt/ 29
 extinction /ik'stɪŋkʃn/ 29
 extinguish the fire /ik,stɪŋgwɪʃ ðə 'faɪ(r)/ 4
 extra /ekstra/ 45
 extract N /'ekstrakt/ 76
 extraordinarily /ik'strɔ:dnrəli/ 22
 extravagant /ik'strævəgənt/ 48
 extreme /ik'stri:m/ 42
 extremist /ik'stri:mɪst/ 42
 eye v /aɪ/ 11
 eye *as in* have an eye for sth 25
 eye *as in* have your eye on sth 25
 eye contact /aɪ ,kəntækt/ 8
 eye strain /aɪ ,strem/ 11
 eyesight /'aisɪt/ 11
 eyesore /'aisɔ:(r)/ 4

VOWELS: æ cat | ə: father | e ten | ɔ: bird | ə about | ɪ sit | i: see | i many | ɒ got | ɔ: saw | ʌ up | ʊ put | u: too | u actual | ɔ: my | əʊ now | ɛɪ say | əʊ go | ɔɪ boy | ɪə near | əə hair | ʊə pure

fabulous /'fæbjʊləs/ 22
 face v /feɪs/ 54
 face as in familiar face 4
 face as in lose face 60
 face as in to sb's face 16
 face the prospect of /'feɪs ðə
 ,prɒspekt əv/ 4
 face the prospect that /'feɪs ðə
 ,prɒspekt ðət/ 4
 face up to /'feɪs ,ʌp tə/ 54
 facet /'fæsɪt/ 71
 facilitate /fə'slɪteɪt/ 27
 fact as in as a matter of fact 64
 fail as in without fail 77
 fail to do sth /'feɪl tə ,du: ,.../ 51
 faint ADJ /feɪnt/ 12
 fair share as in do your fair share 18
 faith /feɪθ/ 32
 fall into decay /'fɔ:l ,ɪnto dɪ'keɪ/ 55
 fall into disrepair /'fɔ:l ,ɪnto
 dɪs'reɪpə(r)/ 55
 falsehood /'fɔ:lshod/ 53
 fame /feɪm/ 41
 familiar face /fə'miliər 'feɪs/ 4
 familiarize /fə'miliəraɪz/ 75
 famous last words /'feɪməs ,la:st
 'wɜ:dz/ 66
 fancy (= be attracted to) /'fænsi/ 8
 fancy (= want to do) /'fænsi/ 26
 fancy dress /fænsi 'dres/ 3
 fao (= for the attention of) /ef ,eɪ
 əv/ 73
 far as in as far as sth is concerned 79
 far as in so far, so good 66
 far-reaching /'fa: ,ri:tʃɪŋ/ 42
 fastidious /'fɑ:stɪdu:s/ 33
 fate /feɪt/ 70
 faulty /'fɔ:lti/ 71
 favour N /'feɪvə(r)/ 5
 favour v /'feɪvə(r)/ 42
 favour as in be in favour of 42
 feather /'feðə(r)/ 62
 feature /'fi:tʃə(r)/ 7
 fed up with /fed 'ʌp ,wið/ 61
 feeble /'fi:bl/ 22
 feelings as in suppress your
 feelings 15
 fellow ADJ /'feləʊ/ 41
 fennel /'fenl/ 20
 fertile /'fɜ:tɪl/ 24
 fertility /fɜ:tɪ'lɪti/ 24
 fib /fib/ 53
 fiddle with /'fidl ,wið/ 8
 fierce criticism /fɪəs 'krɪtɪzəm/ 4
 fight a losing battle /'fait ə ,lu:zɪŋ
 'bætl/ 60
 figurative /'fɪgərətɪv/ 1
 figuratively /'fɪgərətɪvlɪ/ 1
 final /'fæmlɪ/ 6
 final outcome /'fæmlɪ 'autkʌm/ 52
 final resort /'fæmlɪ rɪ'zɔ:t/ 60
 finalize /'fæmlaɪz/ 6, 75
 financially /fɪ'nænʃɪəlɪ, fə-/ 79
 findings /'faɪndɪŋz/ 41
 fingernails /'fɪngənɔ:lz/ 8
 fingertips /'fɪngətɪps/ 12
 fire /'feɪrə(r)/ 4

fire as in come under fire 39
 firearm /'feɪrərm/ 35
 firing as in in the firing line 39
 firmly /'fɜ:mli/ 12
 first and foremost /'fɜ:st ən
 'fɔ:maʊst/ 61
 first come, first served /'fɜ:st ,kʌm
 ,fɜ:st 'sɜ:vð/ 66
 fish out of water /,fɪʃ ,aʊt əv
 'wɔ:tə(r)/ 20
 fishy /'fɪʃi/ 12, 20
 fist /fɪst/ 8
 fit in /,fit 'ɪn/ 45
 flak /flæk/ 58
 flames /'fleɪmz/ 4
 flattering /'flætərɪŋ/ 7
 flee /fli:/ 32
 flirt v /flɜ:t/ 8
 flood v /flʌd/ 39
 flop N, V /flop/ 56
 flourishing /'flʌrɪʃɪŋ/ 21
 flower /'flaʊə(r)/ 24
 focused /'fʊkəst/ 25
 folded arms /'fɔ:ldəd 'a:mz/ 8
 follow /'fɒləʊ/ 6
 follow in sb's footsteps /,fɒləʊ ɪn ,...
 'fʊtstepl/ 17
 following (= further to) /'fɒləʊɪŋ/ 67
 following (= group of
 supporters) /'fɒləʊɪŋ/ 6
 food miles /'fu:d ,maɪlз/ 28
 food processor /'fu:d ,prəʊsesə(r)/ 20
 foolproof /'fu:lpru:f/ 75
 foot as in not put a foot wrong 56
 footings /'fotɪŋz/ 72
 footprint as in carbon footprint 28
 footsteps as in follow in sb's
 footsteps 17
 4 (= for) 73
 for some reason /fə 'səm ,ri:zn/ 60
 for the time being /fə ðə ,taɪm
 'bi:n/ 57
 force as in air force 37
 forced labour /,fɔ:st 'leɪbə(r)/ 35
 4 (= fore) 73
 foregone conclusion /,fɔ:gnə
 kən'klu:ʒn/ 59
 forest fire /,fɔ:rist 'feɪs(r)/ 4
 forever /'fə'revə(r)/ 79
 forge v /fɔ:dg/ 35
 forgery /'fɔ:dgəri/ 35
 forgive /'fɔ:giv/ 6
 form /fɔ:m/ 23
 formal /'fɔ:ml/ 69
 format N /'fɔ:mæt/ 31
 former ADJ /'fɔ:mrə(r)/ 46
 former N /'fɔ:mrə(r)/ 37
 formerly /'fɔ:mlɪ/ 55
 foremost as in first and foremost 61
 foster /'fɔ:stə(r)/ 45
 foul play /,fəʊl 'pleɪ/ 39
 foundations /'fəʊn'deɪʃnz/ 42
 fragrance /'freɪgræns/ 12
 fragrant /'freɪgrænt/ 12
 frail /'freɪl/ 7
 frailty /'freɪlti/ 7
 frankly /'fræŋkli/ 79

fraud /'frə:d/ 35
 freckles /'freklz/ 7
 -free /fri:/ 75
 free of charge /,fri: əv 'tfə:dʒ/ 33
 -friendly /'frendli/ 28
 friendly fire /,frendli 'feɪs(r)/ 80
 friendly takeover /,frendli
 'teɪkəʊvə(r)/ 46
 from time to time /'frəm ,taɪm tə
 'taɪm/ 57
 frown on/upon /'frəʊn ,ən ,ə,pən/ 19
 fruit machine /'fru:t mə,ʃɪn/ 3
 fruity /'fru:tɪ/ 12
 fryer as in deep fat fryer 20
 fuel v /'fju:əl/ 46
 fulfil your potential /fol,fil jo:
 'pa:tenʃəl/ 56
 fulfilling /fol'fɪlɪŋ/ 45
 fully inclusive /,fɔ:li in'klu:sɪv/ 6
 fund /fʌnd/ 48
 fundamental /fʌndə'mentl/ 37
 funding /'fʌndɪŋ/ 37
 funds /fʌndz/ 29
 furnish /'fɜ:niʃ/ 6
 furnished /'fɜ:niʃt/ 6
 furniture /'fɜ:nɪtʃə(r)/ 6
 further /'fɜ:ðə(r)/ 45
 further to /'fɜ:ðə tə/ 67
 fuss /fʌs/ 18
 fyi (= for your information) 73

gadget /'gædʒɪt/ 25
 gain N /geɪn/ 47
 gain access to /,geɪn 'ækses ,tu:,
 ta/ 33
 gain control of /,geɪn kən'trəol əv/ 76
 gain sb's respect /,geɪn ,... ri'spekt/ 16
 gale-force winds /,geɪl ,fɔ:s 'wɪndz/ 4
 gallop N, V /'gæləp/ 9
 gang /gæŋ/ 35
 gap /gæp/ 57
 garlic crusher /'ga:lik ,kræʃə(r)/ 20
 gatecrasher /'geɪtkræʃə(r)/ 26
 gaze N, V /geɪz/ 11
 gem /dʒem/ 38
 gene /dʒi:n/ 29
 gene pool /'dʒi:n ,pu:l/ 29
 generalization as in make
 generalizations about 8
 generalize /'dʒenəreɪz/ 8, 75
 generate /'dʒenəreɪt/ 52
 genetic /dʒə'netɪk/ 71
 genetics /dʒə'netɪks/ 71
 gently /'dʒentli/ 12
 genuine (= real) /'dʒenju:n/ 55
 genuine (= sincere) /'dʒenju:n/ 67
 gesture /'dʒestʃə(r)/ 8
 get a scoop /,get ə 'sku:p/ 41
 get acclimatized /,get
 ə'klaimətəɪzd/ 32
 get accustomed /,get ə'kʌstəmd/ 32
 get away from it all /,get ə'wei frəm
 it ,ɔ:l/ 21
 get by /,get 'baɪ/ 63
 get carried away /,get ,kærɪd
 ə'wei/ 26
 get hold of /,get 'haʊld əv/ 33

CONSONANTS: b bad | d did | f fall | g get | h hat | j yes | k cat | l leg | m man | n now | p pen | r red | s see | t tea | v van |
 w wet | z zoo | ſ shoe | ʒ vision | ʃ chain | ʤ jam | θ thin | ð this | ɳ sing

get nowhere /get 'nəʊweə(r)/ 59
 get out of hand /get ,aut əv
 'hænd/ 49
 get out of sth /get 'aut əv ,.../ 2
 get sb down /get ,... 'daʊn/ 54
 get sb to do sth /get ,... tə 'du:/ ,.../ 2
 get somewhere /get ,səmweə(r)/ 59
 get sth across /get ,... ə'krɒs/ 63
 get the hang of /get ðə 'hæŋ əv/ 32
 get there /get ,ðeə(r)/ 59
 get through /get 'θru:/ 23
 get to grips with /get tə 'grɪps
 ,wið/ 54
 get-together /'get tə,geðə(r)/ 26, 58
 get up sb's nose /get ,ʌp ,...
 'noz/ 14
 get used to /get 'ju:st ,tu:, tə/ 32
 getting on (a bit) /getɪŋ 'on
 (a ,bit)/ 80
 getting on for as in be getting on
 for 7
 ghost story /'gəʊst ,sto:ri/ 22
 giant /'dʒaɪənt/ 77
 giggle /'gigl/ 51
 ginger (= colour of hair)
 /'dʒɪndʒə(r)/ 7
 ginger (= spice) /'dʒɪndʒə(r)/ 20
 girder /'gɜ:də(r)/ 72
 give birth /,gɪv 'bɪ:θ/ 41
 give in /,gɪv 'ɪn/ 18
 give or take /,gɪv ə: 'teɪk/ 65
 give sb a say /,gɪv ,... ə 'sei/ 34
 give sth a go /,gɪv ,... ə 'gəʊ/ 14
 give sth a try /,gɪv ,... ə 'trai/ 14
 give sth away (= disclose sth) /,gɪv ,...
 ə'wei/ 15
 give sth away (= lose a game,
 etc.) /,gɪv ,... ə'wei/ 23
 glare N, V /gleə(r)/ 11
 glimpse N, V /'glɪmpz/ 11
 gloss over sth /glos 'əvə ,.../ 53
 go as in give sth a go / have a go 14
 go as in have a go at sb 17
 go as in make a go of sth 56
 go-ahead /'gəʊ ə,hed/ 38
 go back /,gəʊ 'bæk/ 27
 go bankrupt /,gəʊ 'bæŋkkrapt/ 46
 go by /,gəʊ 'baɪ/ 57
 go down that road /,gəʊ ,daon ,ðæt
 'rəʊd/ 46
 go down with /,gəʊ 'daon ,wið/ 63
 go downhill /,gəʊ daon 'hil/ 56
 go for a hike /,gəʊ fər ə 'haɪk/ 9
 go for a stroll /,gəʊ fər ə 'strəʊl/ 9
 go for a wander /,gəʊ fər ə
 'wɔ:ndə(r)/ 21
 go from strength to strength /,gəʊ
 frəm ,streŋθ tə 'streŋθ/ 56
 go in one ear and out of the
 other /,gəʊ ,in 'wan ,tə ən ,aut əv
 ði 'ʌðə(r)/ 59
 go mad /,gəʊ 'mæd/ 15
 go off /,gəʊ 'ɒf/ 12
 go on and on /,gəʊ ,ɒn ən 'ɒn/ 18
 go on at /,gəʊ 'ɒn ət/ 63
 go out /,gəʊ 'aut/ 4
 go pear-shaped /,gəʊ 'peə ,ʃeɪpt/ 20
 go red /,gəʊ 'red/ 8
 go to pieces /,gəʊ tə 'pi:siz/ 23
 go under /,gəʊ 'ʌndə(r)/ 46
 go up in flames /,gəʊ ,ʌp ɪn
 'flæmz/ 4
 goad v /gəʊd/ 52
 goal as in common goal 45
 goalposts as in move the
 goalposts 39
 gobsmacked /'gɒbsmækt/ 15
 gold /gəʊld/ 62
 gonna /'gənə, 'gənə/ 2
 good as in it's no good + ing 59
 good as in so far, so good 66
 good as in too good to be true 60
 good as new /,gʊd əz 'nju:/ 55
 good company /,gʊd 'kʌmpəni/ 26
 good laugh /,gʊd 'la:f/ 58
 good run /,gʊd 'rʌn/ 23
 google sb/sth /'gu:gl ,.../ 31
 gorgeous /'go:tʃəs/ 7
 gossip N, V /'gɔ:sip/ 17
 government funding /,gʌvnment
 'fʌndɪŋ/ 37
 gradual decline /,grædʒuəl
 'drɪklain/ 29
 grant /gra:nt/ 34
 grate V /greit/ 20
 grater /'greɪtə(r)/ 20
 gr8 (= great) 73
 great chance /,greɪt 'fɑ:ns/ 23
 great difficulty /,greɪt 'difikəlti/ 4
 great honour /,greɪt 'ɒnə(r)/ 4
 green /grin:/ 28
 grim /grim/ 43
 gripping /'grɪpɪŋ/ 22
 groundbreaking /'graʊndbreɪkɪŋ/ 28
 grounds /graʊndz/ 35
 group therapy /,gru:p θerəpi/ 36
 growing /'grəʊɪŋ/ 54
 growing concern /,grəʊɪŋ kən'sə:n/ 4
 growl /graʊl/ 10
 grudge N /grʌdʒ/ 76
 gruelling /gru:əlɪŋ/ 40
 gtg (= got to go / I've got to go) 73
 guarantee N, V /gə:rən'ti:/ 45
 guard N, V /ga:d/ 37
 guarded /'ga:did/ 15
 guerrilla warfare /gə,rlə
 'wɔ:fe(r)/ 37
 guess what! /,ges 'wɒt/ 60
 guidelines /'gaɪdlainz/ 7
 gutted /'gʌtɪd/ 15
 guy /gai/ 58
 habitat /'hæbitæt/ 29
 hack into /'hæk ,mtru:, ,mtru:/ 31
 half-truth /'ha:f ,tru:θ/ 53
 halt V /hɔ:lt/ 50
 hammer sb /'hæmə(r)/ 58
 hand (= have a nice day) 73
 hand as in be out of hand 49
 hand sth over /,hænd ,... 'əvə(r)/ 51
 handle /'hændl/ 6
 handling /'hændlɪŋ/ 6
 handover /'hændəʊvə(r)/ 51
 hands as in safe pair of hands 42
 hang as in get the hang of 32
 happen to /'hæpən tə/ 60
 happen to as in if anything happens
 to sb 80
 happy as in not entirely happy 4
 happy-go-lucky /,hæpi,gə 'lʌki/ 14
 hard-hit /,ha:d 'hit/ 49
 hard of hearing /,ha:d əv 'hɪərin/ 80
 hard-wearing /,ha:d 'wə:rin/ 3
 hate as in pet hate 51
 have a go /,hæv ə 'gəʊ/ 14
 have a go at sb /,hæv ə ,gəʊ ət '.../ 17
 have a narrow escape /,hæv ə ,nærəʊ
 'i:skeɪp/ 4
 have a say in sth /,hæv ə 'ser ɪn
 ,.../ 34
 have access to /,hæv 'ækses ,tu:,
 ta:/ 33
 have an eye for sth /,hæv ən 'aɪ fə
 ,.../ 25
 have control over /,hæv kən'trəʊl
 ,aʊvə(r)/ 76
 have no desire to do sth /,hæv 'nəu
 dɪ,zaiə tə ,du:/ ,.../ 32
 have sb/sth in mind /,hæv ,... in
 'maɪnd/ 59
 have second thoughts /,hæv ,sekənd
 'θə:ts/ 2
 have your cake and eat it /,hæv jo
 ,keik ən 'i:t ,it/ 20
 have your eye on sth /,hæv jo:r 'aɪ
 ən ,.../ 25
 hay fever /'hei ,fi:və(r)/ 13
 hazard as in occupational hazard 36
 haze /heɪz/ 11
 hazy /'heɪzi/ 11
 head V /hed/ 42
 head as in bury your head in the
 sand 50
 head as in off the top of my head 59
 head as in two heads are better than
 one 66
 head for /'hed ,fə:(r), fə(r)/ 25
 head in the right/wrong
 direction /,hed ɪn ðə ,raɪt, ,rɒŋ
 də'rekʃn, di-, dat-/ 42
 head towards /'hed tə,wə:dz/ 25
 headache as in splitting headache 13
 headquarters /'hed'kwɔ:təz/ 73
 healthcare /'helθkeə(r)/ 44
 healthy /'helθi/ 47
 hearing as in hard of hearing 80
 hearing from you as in I look forward
 to hearing from you 67
 heart /ha:t/ 6
 heart as in not have the heart to do
 sth 15
 heart as in wear your heart on your
 sleeve 15
 heart as in sb's heart is not in sth 15
 heartbroken /'ha:tbrəʊkən/ 15
 heartless /'ha:tles/ 6
 heat V /hi:t/ 42
 heated debate /hi:tid di'bēt/ 42
 heated discussion /hi:tid di'skʌʃn/ 42
 hectic /'hɛktɪk/ 51
 hedge /hedʒ/ 24

VOWELS: ə cat | ɔ: father | e ten | ɜ: bird | ə about | ɪ sit | i: see | i many | ɒ got | ɔ: saw | ʌ up | ə put | u: too | u actual |
 ai my | au now | ei say | əʊ go | ɔɪ boy | ɪə near | əə hair | əə pure

heel /hi:l/ 13
 heighten /'heitn/ 75
 helicopter /'helikoptə(r)/ 37
 help yourself to sth /help jə'self tə .../ 80
 hence /hens/ 68
 henceforth /hens'fɔ:θ/ 68
 herb /hɜ:b/ 20
 hereditary /h'ereditri/ 71
 heredity /h'erediti/ 71
 hero /'herəʊ/ 17
 heroine /'herəʊɪn/ 17
 hide /haɪd/ 7
 high blood pressure /haɪ 'blɒd ,prɛʃə(r)/ 13
 high-pitched /hai 'pitʃt/ 10
 high priority /hai prai'oriti/ 49
 high profile /hai 'praʊfəl/ 34
 highlight /'haɪlaɪt/ 69
 hike (= walk in the country) N, v /haɪk/ 9
 hike (= sudden increase) /haɪk/ 47
 hindsight as in with hindsight 57
 hint of irony /hɪnt əv 'aɪrəni/ 1
 hips /hɪps/ 7
 hit back at /hit 'bæk ət/ 63
 hit the roof /hit ðə 'ru:fl/ 15
 hit as in severely hit 49
 hitherto /hɪðə'tu:/ 68
 hobby /'hɔbi/ 25
 hold as in get hold of 33
 hold sb responsible for /həuld ,... rɪ'sponsəbl fə/ 4
 hold sb/sth up /həuld ,... 'ʌp/ 3
 hold-up /'həuld ,ʌp/ 3
 home /həʊm/ 23
 home as in broken home 18
 honest as in to be honest 64, 79
 honest as in to be perfectly honest 79
 honour as in great honour 4
 honour as in in honour of 77
 hoot N, v /hu:t/ 10
 hoots of derision /hu:ts əv də'rɪzn/ 10
 horn /hɔ:n/ 29
 horrified /'hɔrɪfaɪd/ 15
 host /həʊst/ 26
 hostess /'həʊstes/ 26
 hostile /'hɔstɪl/ 16
 hostile takeover /'hɔstɪl 'teɪkəʊvə(r)/ 46
 hostility /hɔ:stɪlɪt̩i/ 16, 32
 house N /haus/ 6
 housing /'haʊzɪŋ/ 6
 how dare you /hao 'deə ju:/ 40
 howl v /haʊl/ 10
 howl in pain /haul in 'peɪn/ 10
 howl with laughter /haʊl wið 'la:ftə(r)/ 10
 HQ (= headquarters) /eitʃ 'kju:/ 73
 huge /hju:dʒ/ 37
 hum /hʌm/ 51
 human remains /,hju:mən ,rɪ'meɪnz/ 55
 human-trafficking /'hju:man ,træfɪkjɪŋ/ 35

humble /'hʌmbl/ 17
 humiliate /hju:'miliēt/ 53
 humiliated /hju:'miliētid/ 53
 humiliated as in be humiliated 60
 humiliation /hju:mili'eɪʃn/ 53
 humility /hju:'milɪti/ 17
 hustle and bustle /,haʊsl ən 'baʊsl/ 61
 hypocrisy /hi'pokrəsi/ 17
 hypocrite /'hipəkrɪt/ 17
 hypocritical /hipo'kritikl/ 17
 hypotheses /haɪ'poθəsɪz/ 71
 hypothesis /haɪ'poθəsɪs/ 69, 71
 hypothesize /haɪ'poθəsaɪz/ 69, 71
 hypothetical /haɪpo'θetikl/ 71
 hysterical /hi'sterikl/ 15

 I agree /aɪ ə'gri:/ 64
 I am delighted to inform you that /,aɪ əm dɪ'læltɪd tu m,fɔ:m ju: ðət/ 67
 I am writing in response to /,aɪ əm 'raɪtɪŋ tu m,rɪ'spons tə/ 67
 I am writing to enquire whether /,aɪ əm 'raɪtɪŋ tu m,kwə:z,weðə(r)/ 67
 I am writing to inform you of my intention to /,aɪ əm 'raɪtɪŋ tu m,fɔ:m ju: əv mai in,tenʃn tə/ 67
 I am writing to inform you that /,aɪ əm 'raɪtɪŋ tu m,fɔ:m ju: ðət/ 67
 I could do with /,aɪ ,kod 'du: wið/ 59
 I have to admit /,aɪ 'hæftu əd,mɪt/ 60
 I haven't a clue /,aɪ ,hævnt ə 'klu:/ 59
 I haven't the faintest idea /,aɪ ,hævnt ðə ,fæntɪst ə'dɪə/ 59
 I look forward to hearing from you /,aɪ 'lʊk ,fɔ:wəd tə ,hɪərɪng frəm ju:/ 67
 I regret to inform you that /,aɪ ə'gret tu m,fɔ:m ju: ðət/ 67
 I would be grateful if you could /,aɪ wud bi 'greɪfl if ju: kud/ 67
 I would like to draw your attention to /,aɪ wud 'laɪk tə ,drɔ: jɔ:r ə,tensn tə/ 67
 idea as in I haven't / not have the faintest idea 59
 idealist /aɪ'di:əlist/ 17
 idealistic /aɪdi:ə'listɪk/ 17
 identify /aɪ'dentifai/ 75
 idiom /'idiəm/ 59
 idol /'aɪdəl/ 17
 idolize /'aɪdəlaɪz/ 17
 if all else fails /,ɪf ,ə:l ,els 'feɪlz/ 60
 if anything happens to sb /,ɪf ,ənθɪŋ 'hepəns tə ,.../ 80
 if you don't mind my/me asking /,ɪf ju: ,də'mant ,maɪnd ,mai, ,mi 'a:skɪŋ/ 60
 -ify /,fai/ 75
 iirc (= if I remember/recall correctly) 73
 ill- /ɪl/ 74
 ill-advised /,ɪl əd'veɪzd/ 74
 ill-informed /,ɪl ɪn'fɔ:md/ 74
 ill-prepared /,ɪl pri'peəd/ 74
 ill-treated /,ɪl 'trی:tɪd/ 74
 illusion as in create an illusion 7
 illustrate /'iləstreɪt/ 69

 illustrious /'ɪləstriəs/ 78
 imagine /'maɪdʒɪn/ 75
 imho (= in my humble opinion) 73
 imitate /'imitet/ 24
 imitation /'imɪteɪʃn/ 24
 immaculate /'ɪmækjələt/ 33
 immigrant /'ɪmigrənt/ 32
 immigration /'ɪm'grɪəfɪn/ 32
 imminent /'ɪmɪnənt/ 46
 immune system /'ɪmju:n ,sɪstəm/ 71
 immunity /'ɪmju:nɪtɪ/ 71
 impact N /'ɪmpækɪt/ 18
 impeccable /'ɪm'pekəbl/ 19
 impetuous /'ɪm'petʃuəs/ 14
 implausible /'ɪm'plə:səbl/ 78
 implement /'ɪmplɪment/ 27
 implementation /'ɪmplɪmen'teɪʃn/ 27
 implication /'ɪmplɪ'keɪʃn/ 8
 imply /'ɪm'plai/ 8
 impose /'ɪm'paʊz/ 27
 imprison /'ɪm'prɪzn/ 36
 imprisonment /'ɪm'prɪznmənt/ 36
 impulse /'ɪmpəls/ 25
 impulse to do sth /,ɪmpəls tə 'du: ,.../ 25
 impulsive /'ɪm'pəlsɪv/ 14
 in any case /,in 'eni ,keis/ 64
 in captivity /,in kæp'trvəti/ 29
 in command /,in kə'ma:nd/ 37
 in company /,in 'kæmpəni/ 26
 in conclusion /,in kən'klu:ʒn/ 68
 in credit /,in 'kredit/ 48
 in crisis /,in 'kraɪsis/ 36
 in current use /,in ,kərənt 'ju:s/ 1
 in custody /,in 'kastodɪ/ 35
 in danger /,in 'deindgə(r)/ 29, 77
 in decline /,in di'kleɪn/ 29
 in due course /,in ,dju: 'kɔ:s/ 57
 in excess of /,in ik'ses əv/ 13
 in exchange for /,in iks'fɛnɪdʒ fə(r)/ 77
 in good form /,in ,god 'fɔ:m/ 23
 in great form /,in ,greɪt 'fɔ:m/ 23
 in honour of /,in 'onar əv/ 77
 in memory of /,in 'meməri əv/ 77
 in mint condition /,in ,mɪnt kan'diʃn/ 55
 in motion /,in 'məʊʃn/ 72
 in office /,in 'ɒfɪs/ 77
 in passing /,in 'pa:sɪŋ/ 77
 in perfect condition /,in ,pə:fɪkt kan'diʃn/ 55
 in possession of /,in pa'zeʃn əv/ 77
 in power /,in 'paʊə(r)/ 77
 in regard to /,in ri'gɑ:d tə/ 68
 in reply to /,in ri'plai tə/ 67
 in reserve /,in ri'zɜ:v/ 37
 in retrospect /,in 'retrospekt/ 57
 in search of /,in 'sɜ:ʃf əv/ 25
 in season /,in 'si:zn/ 28
 in sb's way /,in ,... 'wei/ 56
 in tears /,in 'teɪz/ 15
 in the centre /,in ðə 'sentə(r)/ 42
 in the firing line /,in ðə 'faɪərɪŋ ,læm/ 39
 in the nude /,in ðə 'nju:d/ 78

in the process of doing sth /ɪn ðə
 'prəʊses əv ,dʊ:ɪŋ .../ 24
 in the public eye /ɪn ðə ,pəblɪk 'aɪ/ 41
 in the region of /ɪn ðə 'ri:dʒən əv/ 65
 in the way /ɪn ðə 'wei/ 56
 in the wild /ɪn ðə 'wɔɪld/ 29
 in touch /ɪn 'tʌtʃ/ 77
 in transition /ɪn træn'si:ʒn/ 27
 in trouble /ɪn 'træbl/ 77
 in turmoil /ɪn 'tɔ:mɔɪl/ 47
 in view of /ɪn 'vju: əv/ 68
 inc. (= included/including) 73
 incentive /ɪn'sentɪv/ 18
 incident /'ɪnsɪdənt/ 52
 incidentally /ɪn'sɪdəntli/ 64
 incl. (= inclusive) 73
 inclination /ɪnklɪ'nейʃn/ 50
 inclined to do sth /ɪn,klaɪnd tə 'du:
 .../ 50
 include /ɪn'klju:d/ 6
 inclusive as in fully inclusive 6
 incoherent /ɪnkə'ho:rənt/ 69
 income /'ɪnkəm/ 48
 incomprehensible
 /ɪnkə'prɛ:bəl/ 78
 inconceivable /ɪnkən'si:vəbl/ 78
 inconsiderate /ɪnkən'sidərət/ 14
 incurable /ɪn'kjʊərəbl/ 30
 indescribable /ɪndɪ'skrɪbəbl/ 6
 indicate /'ɪndɪkeɪt/ 6
 indication /ɪndɪ'keɪʃn/ 6
 indirectly /ɪndɪ'rektli, ɪndai-/ 79
 indiscreet /ɪndɪ'skrɪ:t/ 7
 indulge in /ɪn'daɪldʒ, ɪn/ 25
 industrial dispute /ɪn,də'stri:l
 'dɪspju:t/ 50
 industrialize /ɪn'də'stri:ləz/ 75
 ineligible /ɪn'elɪgəbl/ 34
 inevitable /ɪn'veitəbl/ 16
 inevitably /ɪn'veitəbl/ 16
 inexcusable /ɪnɪk'skjū:zəbl/ 6
 inexplicable /ɪnɪk'splɪkəbl/ 6
 infamous /'ɪnfəməs/ 78
 infested /ɪn'fɛstɪd/ 40
 inflation-proof savings /ɪn,fleɪʃn
 ,pru:f 'seɪvɪŋz/ 75
 information as in should you require
 any further information 67
 informed as in keep sb informed 33
 inherent /ɪn'herənt/ 70
 initial /'ɪnɪʃl/ 16
 initially /'ɪnɪʃəlɪ/ 16
 initiative /'ɪnɪ'seitɪv/ 45
 inmate /'ɪnmɪt/ 36
 innermost thoughts /,ɪməʊnst
 'θɔ:ts/ 15
 innovative /'ɪnə'vetɪv/ 55
 inoffensive /ɪnə'fensɪv/ 19
 insane /ɪn'sein/ 70
 insanity /ɪn'sænəti/ 70
 insert v /ɪn'sɜ:t/ 71
 insertion /ɪn'sɜ:ʃn/ 71
 insight into /'ɪnsایt ,ɪntu/ 45
 insipid /ɪn'sipɪd/ 12
 insolence /'ɪnsələns/ 19
 insolent /'ɪnsələnt/ 19
 insoluble /ɪn'sɔ:ləbl/ 54

inspection /ɪn'spekJn/ 71
 inspector /ɪn'spektə(r)/ 35
 inspiration /ɪnspə'reɪʃn/ 17
 inspirational /ɪnspa'reɪʃnəl/ 17
 inspire /ɪn'spaɪə(r)/ 17
 install /ɪn'stɔ:l/ 31
 instant as in take an instant dislike
 to 16
 instinct /'ɪnstɪkt/ 15
 instinctive /ɪn'stɪktɪv/ 15
 insult v /ɪn'salt/ 1
 insulting /ɪn'salting/ 1
 insurmountable /ɪn'sə'maʊntəbl/ 54
 integrate /'ɪntɪgrēt/ 32
 integration /ɪntɪ'greɪʃn/ 32
 integrity /ɪn'tegriti/ 14
 intelligible /ɪn'telɪdʒəbl/ 78
 intense /ɪn'tens/ 75
 intensify /ɪn'tensifi/ 75
 intent on/upon /ɪn'tent ,ən, ə,pɒn/ 76
 intention /ɪn'tenʃn/ 67
 inter- /ɪntə/ 74
 interact /ɪntə'rækʃn/ 74
 interaction /ɪntə'rækʃn/ 74
 interchangeable /ɪntə'fɛindʒəbl/ 1
 interdependent /ɪntə'dɪpendənt/ 74
 interest-free /,ɪntrəst 'fri:/ 75
 interfere /ɪntə'fɪər/ 50
 interference /ɪntə'fɪərəns/ 50
 interior N, ADJ /ɪn'trɔ:riə(r)/ 37
 interminable /ɪn'tɜ:minəbl/ 49
 internal /ɪn'tɜ:nl/ 37
 internet café /'ɪntənet ,kæfə/ 31
 interpret /ɪn'tɜ:pri:t/ 1
 interpretation /ɪntɜ:pri'teʃn/ 1
 interrelated /ɪntə'relətid/ 74
 interrogate /ɪn'terəgeɪt/ 53
 interrogation /ɪntə'geɪʃn/ 53
 interrupt /ɪntə'rʌpt/ 63
 interval /'ɪntəvl/ 57
 intervene in sth /ɪntə've:n ɪn ,.../ 50
 intervention /ɪntə'venʃn/ 50
 into /'ɪntu:, 'ɪntə/ 58
 intrinsic /ɪn't्रɪnsɪk/ 70
 intrude into sth /ɪn'tru:d ,ɪntə ,.../ 41
 intrusion /ɪn'tru:ʒn/ 41
 inundated /ɪn'andɪteɪt/ 49
 invade /ɪn'veɪd/ 30
 invaluable /ɪn'veljuəbl/ 78
 invariably /ɪn'veəriəbl/ 79
 invasion /ɪn'veɪzn/ 30
 invasive /ɪn'veɪsɪv/ 30
 invest /ɪn'vest/ 47
 investigation as in under
 investigation 77
 investor /ɪn'vesta(r)/ 47
 invisible /ɪn'vezəbl/ 11
 involvement /ɪn'velvment/ 76
 IQ /aɪ 'kju:/ 73
 ironic /aɪ'rɒnik/ 1
 irony /'aɪrəni/ 1
 irreversible /ɪr'revɜ:səbl/ 27
 irritated /'ɪritɪtɪd/ 11
 irritation /ɪr'iteɪʃn/ 11
 isolated /'aɪsolətɪd/ 21
 issue a warrant /,ɪʃu: ə 'wɔ:rənt/ 35
 it's about time /,ɪts ə,baot 'taim/ 57

it's been one of those days /,ɪts bɪn
 ,wʌn əv ,ðəʊz 'deɪz/ 59
 it's high time /,ɪts 'haɪ ,taim/ 57
 it's more trouble than it's worth /,ɪts
 ,mɔ: ,trəbl ðən ,ɪts 'wɜ:θ/ 60
 it's no good + ing /,ɪts ,nɑʊ 'gʊd/ 59
 it's no use + ing /,ɪts ,nɑʊ 'ju:s/ 59
 it's none of your business /,ɪts ,nɪn əv
 ,jɔ: 'bɪznɪs/ 73
 it's not sb's day /,ɪts nɒt ,..., 'deɪ/ 59
 it's true /,ɪts 'tru:/ 64
 itch /ɪtʃ/ 13
 itchy /'ɪtʃi/ 13
 itemize /'aɪtəmaɪz/ 75
 -ize 75

jam N, V /dʒæm/ 51
 jargon /'dʒɔ:gən/ 31
 jaw /dʒəʊ/ 12
 join in /,dʒɔ:in 'ɪn/ 26
 joint /dʒɔ:nt/ 46
 jointly /'dʒɔ:ntli/ 46
 jot sth down /,dʒɒt ,..., 'daʊn/ 49
 jubilant /'dʒu:bɪlənt/ 15
 judge as in don't judge a book by its
 cover 14
 juggle /'dʒʌgl/ 45
 jump to conclusions /,dʒʌmp tə
 kən'klu:ʒnz/ 8
 junior /'dʒu:nɪə(r)/ 33
 justifiable /'dʒastɪfɪəbl/ 36
 justification /'dʒastɪfɪ'keɪʃn/ 36, 69
 justify /'dʒastɪfaɪ/ 36, 69

keep /ki:p/ 2
 keep control of /,ki:p kən'trəol əv/ 76
 keep sb going /,ki:p ,..., 'gəoɪŋ/ 2
 keep sb informed /,ki:p ,...,
 ɪn'fɔ:md/ 33
 keep sth in perspective /,ki:p ,..., ɪn
 pə'spektɪv/ 54
 keep still /,ki:p 'stɪl/ 11
 keep track of /,ki:p 'træk əv/ 48
 keep your feet on the ground /,ki:p
 ,jɔ:, fɪ:t ,ən ðə 'graʊnd/ 60
 keep yourself occupied /,ki:p jɔ:,self
 'ɔ:kù:paɪd/ 6
 key as in the key to 7
 keyhole surgery /,ki:həʊl 'sɜ:ðʒəri/ 33
 kick up a fuss /,kɪk ,əp ə 'fʌs/ 18
 kidnap /'kɪdnæp/ 38
 kidnapper /'kɪdnæpə(r)/ 38
 kidnapping /'kɪdnæpin/ 38
 kind of /'kaɪnd əv/ 65
 kip /kɪp/ 58
 kitchen scales /,kɪtʃɪn 'skeɪlz/ 20
 knock-on effect /nɒk'ɒn ɪ,fekt/ 52
 knock sb out of sth /,nɒk ,..., 'aut əv
 .../ 23
 knockout /'nɒkao:t/ 23

labour-saving /'leɪbə ,seɪvɪŋ/ 28
 ladle v /'leɪdl/ 20
 laid-back /,leɪd 'bæk/ 58
 landfill /'lændfil/ 28
 landfill site /'lændfil ,saɪt/ 28
 lapse /læps/ 39

vowels: ə cat | ə: father | e ten | ɜ: bird | ə about | ɪ sit | i: see | i many | ɔ: got | ɔ: saw | ʌ up | ʊ put | u: too | u actual |
 ə my | əo now | ei say | əʊ go | ɔɪ boy | əʊ near | əʊ hair | əʊ pure

last chance /la:st 'tʃa:nz/ 23
 last minute *as in* leave sth to/till the last minute 57
 last-minute /la:st 'minit/ 3
 last resort /la:st ri'zɔ:t/ 60
 last thing *as in* be the last thing on sb's mind 2
 late *as in* better late than never 66
 later (= later) 73
 latter N /'lætə(r)/ 37
 laugh N /la:f/ 58
 law and order /la:r ən 'ɔ:da(r)/ 61
 lawnmower /'la:nməʊə(r)/ 24
 lay down rules /lei ,daon 'ru:lz/ 18
 lay out /lei 'aʊt/ 3
 lay siege to /lei 'si:dʒ tə/ 43
 lay sth on /lei ,... 'on/ 26
 lay the foundations /lei ðə faʊn'deɪʃnz/ 42
 laze around /leɪz ə'raʊnd/ 21
 lead the charge /li:d ðe 'tʃa:dz/ 9
 leaf /li:f/ 24
 leaf *as in* turn over a new leaf 36
 leaflet /'li:flət/ 13
 league /li:g/ 23
 leak N /li:k/ 39
 leak sth to sb /'li:k ,... tə ,.../ 39
 lean towards /'li:n tə,wɔ:dz/ 8
 leap to conclusions /li:p tə kən'klu:ʒnz/ 8
 lease N /li:s/ 67
 least *as in* at the very least 77
 leave *as in* maternity/paternity leave 44
 leave sth to sb /'li:v ,... tə ,.../ 2
 leave sth to/till the last minute /li:v ,... tə , til ðə ,la:st 'mmit/ 57
 leave sth with sb /'li:v ,... wið ,.../ 2
 left-wing /left 'wɪŋ/ 42
 legal battle /'lɪgl ,bætl/ 39
 legalize /'lɪgələz/ 75
 leisure pursuits /'leʒə pə,sju:ts/ 25
 lemon squeezer /'lemən ,skwi:zə(r)/ 20
 lemony /'lemoni/ 12
 lengthen /'lenθən/ 7
 lentils /'lentɪlz/ 20
 let-down /'let ,daon/ 3
 let sb down /let ,... 'daon/ 3, 23, 56
 let sb go /let ,... 'gou/ 80
 let sleeping dogs lie /let ,sli:pɪŋ ,dɒgz 'laɪ/ 66
 let your hair down /let ,jɔ: 'heə ,daon/ 60
 lethal weapon /li:θl 'wepən/ 37
 lethargic /lə'θə:gɪk/ 13
 lethargy /'leθədʒɪ/ 13
 level playing field /'levl 'pleɪnɪŋ ,fɪld/ 39
 level with /'levl ,wið/ 53
 Liberal /'libərəl/ 42
 liberalism /'libərlizəm/ 42
 life expectancy /'laɪf ɪk,spɛktənsi/ 3
 life-threatening /'laɪf ,θretnɪŋ/ 18
 light a fire /laɪt ə 'faɪə(r)/ 4
 lightly /'laɪtlɪ/ 12

lightning never strikes twice /laɪtnɪŋ ,nevə ,straɪks 'twais/ 66
 lightning never strikes twice in the same place /laɪtnɪŋ ,nevə ,straɪks ,twais in ðə ,seim 'pleis/ 66
 like chalk and cheese /laɪk ,tʃɔ:k ən 'tʃi:z/ 20
 like new /laɪk 'nju:/ 55
 likelihood /laɪklihod/ 29
 likely story /'laɪklɪ ,stɔ:ri/ 59
 limit *as in* set a limit 50
 limp N, V /limp/ 9
 link /lɪŋk/ 31
 literal /'lɪtərəl/ 1
 literary /'lɪtərəri/ 1
 live and let live /'liv ən ,let 'liv/ 66
 live at peace with /'liv ət 'pi:s wið/ 32
 live in a world of your own /'liv ɪn ə ,wɔ:ld əv ,jɔ:r 'ən/ 60
 live with /'liv ,wið/ 76
 liven sth up /'laɪvn ,... 'ʌp/ 26
 liven up /'laɪvn 'ʌp/ 26
 load N /ləud/ 72
 loads of /'ləudz əv/ 65
 lock sb up /lok ,... 'ʌp/ 36
 locked in battle /lokt ɪn 'bætl/ 39
 lodged in sth /'lodʒd ɪn ,.../ 40
 log /log/ 62
 log in/out /'log 'ɪn, 'aʊt/ 31
 log on/off /'log 'on, 'of/ 31
 logic /'lɒdʒɪk/ 79
 logical /'lɒdʒɪkl/ 79
 logically /'lɒdʒɪkli/ 79
 lol (= laughing out loud) 73
 lol (= lots of love) 73
 loner /'laʊnə(r)/ 26
 long and hard /'long ən 'ha:d/ 61
 long-lived /'long 'lɪvd/ 71
 long-sighted /'long 'saɪtɪd/ 11
 long-term /'long 'tɜ:m/ 13
 long weekend /'long wi:k'end/ 3
 loo /lu:/ 58
 look down on sb /'lok 'daon ,on ,.../ 17
 look forward *as in* I look forward to hearing from you 67
 look out for /'lok 'aʊt ,fɔ:(r), fə(r)/ 8
 look up /'lok 'ʌp/ 16
 look up to sb /'lok 'ʌp tə ,.../ 17
 looking back /'lʊkɪŋ 'bæk/ 57
 loosen /'lu:sn/ 7
 loosen up /'lu:sn 'ʌp/ 9
 lose control of /'lu:z ən'trəul əv/ 76
 lose face /'lu:z 'feis/ 60
 lose track of /'lu:z 'træk əv/ 48
 lose your appetite /'lu:z jɔ: 'æptətət/ 12
 lose your temper /'lu:z jɔ: 'tempə(r)/ 15
 loss /los/ 47
 lousy /'laʊzi/ 58
 love (= darling) /ləv/ 58
 love is blind /'ləv ɪz 'blænd/ 66
 low blood pressure /'ləʊ 'blɒd ,prɛfə(r)/ 13
 low-pitched /'ləʊ 'pitʃt/ 10
 low priority /'ləʊ prɪ'ɔ:tɪ/ 49

lower class /'ləʊə 'klɑ:s/ 19
 luck *as in* no such luck 59
 luck *as in* stroke of luck 56
 lucrative /'lu:kratɪv/ 45
 lunch break /'lʌntʃ ,breɪk/ 57
 lure v /luə(r), ljuə(r)/ 46
 lying down *as in* not take sth lying down 46

mad *as in* go mad 15
 magistrate /'mædʒɪstreɪt/ 35
 magnet /'mægnət/ 75
 magnetic /mæg'netɪk/ 75
 main concern /,mein kə'nɜ:n/ 4
 maintain the status quo /'mem,teɪm ðə ,steɪtəs 'kwə:z/ 42
 major /'meɪdʒə(r)/ 54
 major change /,meɪdʒə 'tʃeɪndʒ/ 27
 make *as in* What do you make of ...? 14
 make a bid for /,meik ə 'bɪd ,fɔ:(r), fə(r)/ 46
 make a comeback /,meik ə 'kʌmbæk/ 56
 make a commitment /,meik ə 'ka'mɪtmənt/ 6
 make a confession /,meik ə 'kan'feʃn/ 6
 make a dash /,meik ə 'dæʃ/ 9
 make a difference /,meik ə 'dɪfrəns/ 52
 make a distinction /,meik ə 'dɪstɪŋkʃn/ 37
 make a fuss about /,meik ə 'fʌs ,ə,baʊt/ 18
 make a go of sth /,meik ə 'gəʊ əv ,.../ 56
 make a meal of sth /,meik ə 'mi:l əv ,.../ 20
 make a mess /,meik ə 'mes/ 18
 make a rapid recovery /,meik ə ,ræpid 'ri'kʌvəri/ 40
 make a sacrifice /,meik ə 'sækrifais/ 16
 make a speedy recovery /,meik ə 'spi:di ri'kʌvəri/ 40
 make cutbacks /,meik 'kʌtbæks/ 48
 make fun of /,meik 'fʌn əv/ 1
 make generalizations about /,meik 'dʒenərəlai'zeɪʃnz ə,baʊt/ 8
 make it /'meik ,it/ 56
 make it clear /,meik it 'kli:(r)/ 4
 make it sth /'meik it ,.../ 2
 make it up with /,meik it 'ʌp ,wid/ 63
 make light of /,meik 'lait əv/ 54
 make out (= claim) /,meik 'aʊt/ 63
 make sb feel welcome /,meik ,... ,fi:l 'welkəm/ 26
 make sb/sth out (= see/hear with difficulty) /,meik ,... 'aʊt/ 11
 make that sth /'meik ðæt ,.../ 2
 make things difficult /,meik ,θɪŋz 'dɪfɪkəlt/ 16
 make up (= comprise) /,meik 'ʌp/ 37
 make up for /,meik 'ʌp fə(r)/ 63
 make your mouth water /,meik jɔ: 'maʊθ ,wo:tə(r)/ 12

malice /'mælis/ 17
 malicious /mə'lɪʃəs/ 17
 malnourished /mæl'nɔːrɪʃt/ 74
 manifesto /mænəf'iːstəʊ/ 34
 manners /'mænəz/ 19
 march N, V /ma:tʃ/ 9
 massage N, V /'mæsæ:dʒ/ 12
 maternity leave /ma:t'sə:nəti li:v/ 44
 maternity unit /ma:t'sə:nəti ju:nit/ 71
 matter *as in* as a matter of fact 64
 maximize /'mæksɪmaɪz/ 28
 mayor /'meɪə(r)/ 34
 mayoress /meə'res/ 34
 meadow /'medəʊ/ 24
 meal *as in* make a meal of sth 20
 means /mi:nz/ 42
 means *as in* by means of 77
 means *as in* the end justifies the means 66
 measure /'meʒə(r)/ 39
 medicine *as in* complementary medicine 33
 medieval /medi'i:vl/ 55
 mediocre /mi:d'i:əkə(r)/ 22
 meet the needs of /mi:t ðə 'ni:dz av/ 72
 memory *as in* in memory of 79
 mentally /'mentəli/ 79
 merciful /'mɜːsfl/ 70
 merciless /'mɜːsɪləs/ 70
 mercy /'mɜːsi/ 70
 merely /'mɪəli/ 37
 merger /'mɜːdʒə(r)/ 46
 merit *as in* on merit 77
 mess /mes/ 18
 messy /'mesi/ 18
 metaphor /'metəfə(r)/ 39
 meticulous /mə'tikjələs/ 33
 microscope /maɪk'rɒsko:p/ 42
 Middle Ages /'midl 'eɪdʒɪz/ 55
 middle class /'midl 'klɑ:s/ 19
 migrant *as in* economic migrant 32
 migration /maɪ'greɪʃn/ 32
 military ADJ /'militri/ 37
 military operation /'milɪtri op'ə'reɪʃn/ 37
 military service /'milɪtri 'sɜː:vɪs/ 37
 mind *as in* be the last thing on sb's mind 2
 mind *as in* bear sth in mind 8
 mind *as in* bored out of your mind 22
 mind *as in* have sb/sth in mind 59
 mind *as in* my mind goes a complete blank 59
 mind *as in* set sb's mind at rest 54
 mind like a sieve /,maɪnd ,laɪk ə 'sɪv/ 62
 mind you /,maɪnd 'ju:/ 64
 mind your own business /,maɪnd jɔː ,bən 'bɪznəs/ 73
 minds *as in* be in two minds about 2
 minimize /'minɪmaɪz/ 28
 minister /'minɪstə(r)/ 38
 minor /'maɪnə(r)/ 54
 minority *as in* ethnic minority 32
 minute *as in* at the last minute 57
 mint *as in* in mint condition 55
 minute *as in* the minute 25
 mis- /mis/ 74
 miscalculate /,mis'kælkjuleɪt/ 74
 miscast /'mis'kɑːst/ 22
 misconceived /mis'kən'vi:d/ 74
 misconception /mis'kən'sepʃn/ 74
 misdiagnose /mis'daɪgnəʊz/ 74
 misfire /mis'faɪə(r)/ 74
 mishandle /mis'hændl/ 74
 misinform /mis'in'fɔːm/ 74
 misinterpret /mis'in'tɜːprɪt/ 8
 misinterpretation /mis'ɪntɜːprɪt'eɪʃn/ 8
 misjudge /mis'dʒʌdʒ/ 74
 mislay /mis'leɪ/ 74
 mislead /mis'li:d/ 14
 misleading /mis'li:dɪŋ/ 14
 mismanage /mis'mænɪdʒ/ 74
 misplace /mis'pleɪs/ 74
 misprint N /'misprɪnt/ 74
 miss out on /,mis 'aʊt ən/ 63
 missile /'misail/ 37
 mistake N, V /mi'steɪk/ 6
 mistreat /mis't्रɪ:t/ 74
 mix v /miks/ 20
 mix-up /'miks ,ʌp/ 33
 moan v /mo:ən/ 58
 moaning /'məʊnɪŋ/ 58
 mobilize /'məʊbəlaɪz/ 37
 mock /mɒk/ 1
 model *as in* role model 18
 moderate ADJ /'mɒdərət/ 42
 modernize /'mɒdənaɪz/ 75
 moist /moist/ 11
 molecular /mə'lekjʊlə(r)/ 71
 molecule /'molkjju:l/ 71
 moment *as in* at a moment's notice 77
 moment *as in* the moment 25
 money talks /,mani 'tɔːks/ 66
 morale /mə'rɔːl/ 45
 more *as in* the more the merrier 66
 mortality rate /'mɔːtələti ,reɪt/ 30
 motion /'məʊʃn/ 72
 motive /'mɔːtɪv/ 52
 motive *as in* ulterior motive 2
 motto /'mɒtəʊ/ 66
 mount v /maʊnt/ 46
 mount up /,maʊnt 'ʌp/ 48
 mouse /maʊs/ 62
 mouth ulcer /'maʊθ ,ʌlsə(r)/ 13
 mouth-watering /'maʊθ ,wɔːtərɪŋ/ 12
 move the goalposts /,mu:v ðə 'gəʊlpəʊsts/ 39
 mow the lawn /,məʊ ðə 'lə:n/ 24
 msg (= message) 73
 mud /mʌd/ 24
 muddle /'mʌdl/ 33
 muddy /'mʌdi/ 24
 muscle /'mʌsl/ 13
 musty /'mʌsti/ 12
 mutate /mju:t'et/ 71
 mutation /mju:t'eɪʃn/ 71
 mutual /mju:tʃuəl/ 45
 mutual *as in* by mutual consent 36
 my mind goes a complete blank /,maɪ ,maɪnd ,gəuz ə kəm,plɪ:t 'blæŋk/ 59
 my mind goes blank /,mai ,maɪnd ,gəuz 'blæŋk/ 59
 myob (= mind your own business) 73
 n (= and) 73
 n (= in) 73
 nag /næg/ 18
 nail-biting /'neɪl ,baɪtɪŋ/ 22
 nail polish /'neɪl ,polɪʃ/ 3
 naive /nai'i:v/ 14
 naivety /nai'i:vəti/ 14
 naked /'neɪkɪd/ 78
 namely /'neɪmlɪ/ 53
 narrative /'nærətɪv/ 69
 narrator /'nærətə(r)/ 69
 narrow escape /,nærəʊ ɪ'skeɪp/ 4
 narrow-minded /,nærəʊ 'maɪndɪd/ 3
 nasty /'næsti/ 13
 nationalization /næʃnələt'zeɪʃn/ 50
 nationalize /'næʃnələɪz/ 75
 nationwide /neɪʃn'waɪd/ 34
 native /'neɪtɪv/ 32
 natural habitat /,næʃnəl 'hæbitæt/ 29
 naturally /'næʃnəlɪ/ 79
 nature /'neɪtʃə(r)/ 18, 24
 nature reserve /'neɪtʃə rɪ,zə:v/ 29
 nauseating /'nɔːzɪeɪtɪŋ/ 12
 navy /'neɪvɪ/ 37
 NB /en 'bi:/ 73
 needless to say /'ni:dləs tə ,sei/ 53
 needs *as in* meet the needs of 72
 neglect N, V /'ni:glekɪt/ 51
 neglect to do sth /ni'glekt tə ,du: ...,/ 51
 negligence /'neglɪdʒəns/ 33
 negligent /'neglɪdʒənt/ 33, 78
 negligible /'neglɪdʒəbl/ 78
 nerve /nɜːv/ 58
 nest N, V /nest/ 24
 network N /'netwɜːk/ 34
 neutral /'nju:trəl/ 23
 never-ending /,nevər 'endɪŋ/ 3, 49
 nevertheless /nevəðə'les/ 64
 new *as in* like new 55
 new era /,nju: 'ɪrə/ 57
 newlyweds /'nju:li:wedz/ 41
 news *as in* no news is good news 66
 next of kin /,nekst əv 'kɪn/ 3
 nick sth /'nɪk .../ 58
 no chance /'nəʊ ,tʃə:nəs/ 59
 no doubt /'nəʊ ,daʊt/ 26
 no matter what /,nəʊ ,mætə 'wɒt/ 49
 no matter when /,nəʊ ,mætə 'wen/ 49
 no news is good news /,nəʊ ,nju:z iz 'god ,nju:z/ 66
 no reason /'nəʊ ,ri:zn/ 52
 no regard for /'nəʊ ri,gə:d fə(r)/ 76
 no such luck /,nəʊ ,sʌtʃ 'lʌk/ 59
 no way /,nəʊ 'wei/ 59
 no wonder /,nəʊ 'wʌndə(r)/ 60
 noise /nɔɪz/ 4
 none *as in* second to none 33
 nose *as in* get up sb's nose 14
 nose *as in* poke/stick your nose in sth 51

VOWELS: æ cat | ə: father | e ten | ɜ: bird | ə about | ɪ sit | i: see | i many | ɒ got | ɔ: saw | ʌ up | o put | u: too | u actual | ai my | au now | ei say | əʊ go | ɔɪ boy | ɪə near | əʊ hair | ʊə pure

nosey /'nəʊzi/ 58
 nostalgic /nɒ'stældʒɪk/ 32
 nostalgic /nɒ'stældʒɪk/ 32
 nosy /'nəʊzi/ 58
 not entirely happy /,not in,tarəli 'hæpi/ 4
 not entirely satisfied /,not in,tarəli 'sætɪsfɪd/ 4
 not entirely sure /,not in,tarəli 'ʃuə(r)/ 4
 not exactly bright /,not ig,zækltli 'braɪt/ 80
 not have the faintest idea /,not ,hæv ðə ,feintist aɪ'dɪə/ 59
 not have the heart to do sth /,not ,hæv ðə 'ha:t tə ,du: ,.../ 15
 not necessarily /,not nesa'zerəli/ 8
 not put a foot wrong /,not ,put ə ,fot 'rɒŋ/ 56
 not take sth lying down /,not ,teik ,... ,laɪŋ 'daon/ 46
 nothing is too much trouble /,nʌθɪŋ iz ,tu: ,mʌtʃ 'trʌbl/ 33
 notice v /'nəʊtɪs/ 6
 notice as in at short notice 77
 notice as in take notice of 33
 noticeable /'nəʊtɪsəbl/ 6
 notorious /nəʊ'tɔ:riəs/ 78
 notwithstanding /nɒtθwɪð'stændɪŋ/ 68
 now and again /,nəʊ ən 'ə'gen/ 57
 nowhere as in get nowhere 59
 nuclear capability /,nju:kliə 'keipə'biliti/ 37
 nuclear reactor /,nju:kliə 'ri'ækta(r)/ 37
 nuclear weapon /,nju:kliə 'wepən/ 37
 nude /nju:d/ 78
 nursery rhyme /'nɜ:sərɪ ,raɪm/ 3
 nurture N, v /'nɜ:tʃə(r)/ 18
 nut /nʌt/ 20
 nutcase /'nʌtkəs/ 20
 nutty /'nʌti/ 12

 objective /ə'b'dʒektɪv/ 71
 objectivity /ə'bɒdʒek'trɪvɪtɪ/ 71
 observant /ə'b'zɜ:vənt/ 8
 observation /bɒbzə'veɪʃn/ 8
 observe /ə'b'zɜ:v/ 8
 obstacle /'ɒbstækl/ 56
 obstinacy /'ɒbstɪnəsi/ 8
 obstinate /'ɒbstɪnət/ 8
 obvious /'ɒbviəs/ 27
 obviously /'ɒbviəsli/ 79
 occupant /'ɒkjəpənt/ 72
 occupational hazard /ɒkjū,peɪʃənl 'hæzəd/ 36
 occupied /'ɒkjupəd/ 6
 occupy /'ɒkjupə/ 6
 occur /'ə'kɜ:(r)/ 54
 ocean as in drop in the ocean 39
 -odd /nd/ 65
 oddly enough /,ɒdlɪ ɪ'nʌf/ 79
 odds as in against all (the) odds 40
 odour /'ədʊə(r)/ 12
 of course /əv 'kɔ:s/ 79
 off as in be off 25
 off as in go off 12

off form /,ɒf 'fɔ:m/ 23
 off-putting /,ɒf 'pʊtɪŋ/ 3
 off the beaten track /,ɒf ðə ,bi:tən 'træk/ 21
 off the top of my head /,ɒf ðə ,tɒp əv ,mai 'hed/ 59
 offence as in take offence 4, 19
 offensive /ə'fensɪv/ 19
 office as in in office 77
 officially /ə'fɪʃɪəlɪ/ 79
 old-fashioned /,əuld 'fæʃnd/ 1
 on and on as in go on and on 18
 on at as in go on at 63
 on balance /,ɒn 'bæləns/ 77
 on behalf of sb /,ɒn bɪ'ha:f əv ,.../ 34
 on fire /,ɒn 'faɪə(r)/ 4
 on hold /,ɒn 'həʊld/ 77
 on merit /,ɒn 'merɪt/ 77
 on principle /,ɒn 'prɪncipl/ 17
 on reflection /,ɒn r'flektʃn/ 77
 on sb's behalf /,ɒn ... br'ha:f/ 34
 on standby /,ɒn 'stændbəɪ/ 28
 on the brink of /,ɒn ðə 'brɪŋk əv/ 38
 on the cards /,ɒn ðə 'kɑ:dz/ 46
 on the contrary /,ɒn ðə 'kontrəri/ 77
 on the edge of your seat /,ɒn ðɪ ,eðʒ əv jo: 'sɪ:t/ 22
 on the left /,ɒn ðə 'lefɪ/ 42
 on the right /,ɒn ðə 'raɪt/ 42
 on the rocks /,ɒn ðə 'rɒks/ 41
 on the surface /,ɒn ðə 'sɜ:sfɪs/ 14
 on the verge of sth /,ɒn ðə 'vɜ:gɪ əv ,.../ 23, 24
 on the whole /,ɒn ðə 'həʊl/ 64
 once as in at once 77
 once bitten, twice shy /,wʌns ,bitn ,twais 'ʃai/ 66
 one thing leads to another /,wʌn ,θɪŋ ,li:dz tu ə'nəðə(r)/ 52
 one time as in at one time 57
 ongoing /,ɒn'gəʊɪŋ/ 27
 only just /'əʊnlɪ ,dʒʌst/ 11
 opaque /'ə'peɪk/ 1
 open-minded /,əʊpən 'maɪndɪd/ 3
 operation /ɒpə'reɪʃn/ 37
 opinion as in second opinion 33
 opinion poll /'ə'pɪnjən ,pəʊl/ 39
 opposed to /'ə'pəʊzd tə/ 42
 opposition /'ɒpə'zɪʃn/ 42
 or so /,o: 'səʊ/ 65
 or something /,o: 'sʌmθɪŋ/ 65
 or something along those lines /,o: 'sʌmθɪŋ ə,lɔŋ ,ðəuz ,laɪnz/ 65
 or something like that /,o: 'sʌmθɪŋ ,laɪk ,ðæt/ 65
 or something of that sort /,o: 'sʌmθɪŋ əv ,ðæt ,sɔ:t/ 65
 or something on those lines /,o: 'sʌmθɪŋ əv ,ðəuz ,laɪnz/ 65
 or thereabouts /,o: 'deərəbaʊts/ 65
 ordeal /'ɔ:dɪl/ 38
 organ /'ɔ:gən/ 30
 organized crime /,ɔ:gənaɪzd 'kraɪm/ 35
 origin /'ɔ:rɪdʒɪn/ 6
 originate /'ɔ:ri'dʒɪneɪt/ 6
 oust /aʊst/ 38

 out- /aʊt/ 25
 out of date /,aʊt əv 'deɪt/ 55
 out of hand /,aʊt əv 'hænd/ 49
 out of hours /,aʊt əv 'aʊəz/ 33
 out of luck /,aʊt əv 'lʌk/ 77
 out of respect /,aʊt əv ri'spekt/ 77
 out of season /,aʊt əv 'si:zn/ 28
 out of sight /,aʊt əv 'saɪt/ 77
 out of sight, out of mind /,aʊt əv ,saɪt,aʊt əv 'maɪnd/ 66
 out of touch /,aʊt əv 'tʌtʃ/ 77
 out of your depth /,aʊt əv jo: 'depθ/ 56
 outbreak /'aʊtbreɪk/ 3
 outcome /'aʊtkʌm/ 52
 outcome as in final outcome 52
 outdoor pursuits /,aʊtdɔ: pə'sju:ts/ 25
 outgoings /'aʊtgəʊɪŋz/ 48
 outlay /'aʊtləy/ 3
 outline N, v /'aʊtlain/ 69
 outlive /'aʊtlɪv/ 25
 outlook /'aʊtluk/ 47
 outnumber /'aʊtnʌmbə(r)/ 25
 outside chance /,aʊtsaɪd 'tʃa:nəs/ 23
 outspend /aʊt'spend/ 25
 outstanding /aʊt'stændɪŋ/ 78
 outweigh /aʊt'wei/ 25
 ovenproof /'ʌvnpru:f/ 75
 over- 74
 over the moon /,əʊvə ðə 'mu:n/ 15
 over time /,əʊvə 'taɪm/ 57
 overbook /əʊvə'bʊk/ 74
 overcome /əʊvə'kʌm/ 54, 56
 overdose /'əʊvədəʊs/ 74
 overdraft /'əʊvədræft/ 48
 overdrawn as in be overdrawn 48
 overemphasize /əʊvə'empfəsaɪz/ 74
 overload v /əʊvə'ləud/ 74
 overrated /əʊvə'reɪtɪd/ 74
 overreact /əʊvəri'ækɪt/ 52
 overwhelm /əʊvə'welm/ 43
 overwhelmed /əʊvə'welmd/ 49
 owe sb a favour /,əʊ ,... a 'fɜ:və(r)/ 5
 owl /aʊl/ 10
 own company /,əʊn 'kʌmpəni/ 26
 own up /,əʊn 'ʌp/ 63
 ox /ɒks/ 62

 pacify /'pæsɪfaɪ/ 75
 package /'pækɪdʒ/ 44
 packaging /'pækɪdʒɪŋ/ 55
 pain /peɪn/ 58
 pain in the neck /,peɪn ɪn ðə 'nek/ 58
 panel /'pænl/ 72
 panic-stricken /'pænɪk ,stri:kən/ 3
 papaya /'pɑ:paiə/ 20
 paper as in wrapping paper 1
 paper clip /'peɪpə ,klɪp/ 3
 paper jam /'peɪpə ,dʒæm/ 51
 parachute /'pærəʃu:t/ 37
 partially sighted /,po:ʃəlɪ 'saɪtɪd/ 11
 party as in centre party 42
 pass /pa:s/ 57
 pass away /,pa:s ə'wei/ 80
 pass on /,pa:s 'ɒn/ 80
 pass the buck /,pa:s ðə 'bʌk/ 50
 passer-by /,pa:sə 'baɪ/ 3

CONSONANTS: b bad | d did | f fall | g get | h hat | j yes | k cat | l leg | m man | n now | p pen | r red | s see | t tea | v van | w wet | z zoo | ſ shoe | ʒ vision | ʃ chain | ɒ jam | θ thin | ð this | ɳ sing

passing *as in* in passing 77
 passion /'pæʃn/ 14
 passion fruit /'pæʃn ,fru:t/ 20
 passionate /'pæʃənət/ 14
 password /'pa:swɔ:d/ 31
 past *as in* be past it 56
 pastime /'pa:staim/ 25
 pat v /pæt/ 12
 paternity leave /pæ'ten:tɪ ,li:v/ 44
 paunch /pɔ:ntʃ/ 7
 pay attention /,pei ə'tenʃn/ 7
 pay dispute /,pei di ,spju:t/ 50
 pay sb a compliment /,pei ,...,ə 'kɒmplɪmənt/ 16
 PC (= police constable) /pi: 'si:/ 35
 PC (= politically correct) /pi: 'si:/ 73
 peacekeeping /'pi:ski:pjɪŋ/ 37
 peacekeeping force /'pi:ski:pjɪŋ ,fɔ:s/ 37
 pear-shaped *as in* go pear-shaped 20
 peel v /pi:l/ 20
 peeler /'pi:la(r)/ 20
 peer pressure /,piə 'preʃə(r)/ 18
 pejorative /pa'dʒɔ:rətɪv/ 1
 pencil sth in /,pensl ,..., 'in/ 40
 pension /'penʃn/ 44
 pent-up /,pent 'ʌp/ 15
 peppery /'pepari/ 12
 per /pɜ:(r)/ 48
 perceive /'po:sɪ:v/ 19
 perennial /'po'reniəl/ 54
 perfect example /'pɜ:fɪkt ɪg,zə:mpl/ 4
 performance-related /pə'fɔ:məns ,ri:leɪtɪd/ 44
 perks /pɜ:ks/ 44
 perplexed /pə'plekst/ 78
 persist /pɜ:sɪst/ 13
 persistent /pɜ:sɪstənt/ 13
 personality /pɜ:sə'næləti/ 41
 personalize /'pɜ:sənəlaɪz/ 75
 personally /'pɜ:sənəli/ 79
 perspective *as in* keep sth in perspective 54
 perspiration /pɜ:spə'reɪʃn/ 8
 perspire /pɜ:spaɪə(r)/ 8
 persuade sb to do sth /pə,sweɪd ,..., tə 'du: ,..., 63
 pertinent /'pɜ:tɪnənt/ 67
 pet hate /,pet 'heit/ 51
 phase /feɪz/ 1, 57
 phenomena /fə'nɒmɪnə/ 71
 phenomenal /fə'nɒmɪnl/ 31
 phenomenally /fə'nɒmɪnlɪ/ 22, 31
 phenomenon /fə'nɒmɪnən/ 71
 phoney N, ADJ /'fəʊni/ 53
 photocopier /'fəʊtəʊkɔ:pɪə(r)/ 51
 physically /'fizɪkl/ 79
 pick and choose /,pɪk ən 'tʃu:z/ 61
 pick sb/sth up /,pɪk ,..., 'ʌp/ 63
 pick up /,pɪk 'ʌp/ 63
 pieces *as in* go to pieces 23
 pieces *as in* take sth to pieces 63
 pile up /,pail 'ʌp/ 51
 pin *as in* drawing pin 3
 pinch (with fingers) /pɪntʃ/ 12
 pinch (= steal) /'pɪntʃ/ 58
 pitiful /'pɪtɪfl/ 70

placate /plə'keɪt/ 75
 plague /pleɪg/ 49
 plain /pleɪn/ 67
 plant N, V /pla:nt/ 24
 plastic surgery /,plæstɪk 'sə:dʒəri/ 33
 plausible /'plɔ:zəbl/ 78
 play a part /,plei ə 'pa:t/ 18
 plea /pli:/ 38
 please accept my sincere condolences /,pli:z ək ,sept mai sin,sɪa kən'dəʊlənsɪz/ 67
 please do not hesitate to contact me /,pli:z ,du: not 'heziteɪt tə ,kɒntækt ,mi:/ 67
 please find enclosed /'pli:z ,faɪnd ɪn,k्लəʊzd/ 67
 pls (= please) 73
 plummet /'plʌmɪt/ 30, 47
 plunge /plʌndʒ/ 47
 poacher /'pəʊtʃə(r)/ 29
 poaching /'pəʊtʃɪŋ/ 29
 point /pɔɪnt/ 6
 point *as in* breaking point 43
 point *as in* there's no point in + ing 59
 point *as in* to the point 67
 pointless /'pɔɪntləs/ 6
 poke fun at /,pəʊk 'fʌn ət/ 1
 poke your nose in sth /,pəʊk ,nəz 'intə ,..., 51
 police v /pə'li:s/ 34
 police chief /pə'li:s ,tʃi:f/ 38
 police constable /pə'li:s ,kən'stæbl/ 35
 police force /pə'li:s ,fɔ:s/ 35
 police officer /pə'li:s ,ofɪsə(r)/ 35
 policing /pə'li:sɪŋ/ 34
 political asylum /pə,lɪtɪkl ə'saləm/ 32
 politically correct /pə,lɪtɪklɪ 'kɔ:rekɪt/ 73
 poll /pəʊl/ 39
 pomegranate /'pɒmigrænɪt/ 20
 pool v /pu:l/ 45
 poor taste *as in* be in poor taste 19
 pop in /,pop 'in/ 26
 pop over /,pop 'əʊvə(r)/ 26
 pop round /,pop 'raʊnd/ 26
 popularize /'pɒpjʊləraɪz/ 75
 populated /'pɒpjuleɪtɪd/ 74
 portray /pə:'treɪ/ 70
 portrayal /pə:'treɪl/ 70
 pose a threat to /,pəʊz ə 'θret tə/ 29
 posh /pɒʃ/ 58
 position /pə'zɪʃn/ 69
 possession *as in* in possession of 77
 post /pəʊst/ 62
 posthumously /'postjʊməslɪ/ 53
 pot *as in* the pot calling the kettle black 66
 potential /pə'tenʃl/ 56
 pour sth out /,pɔ: ,..., 'aut/ 15
 poverty /'pɒvɪtɪ/ 29
 practically /'præktykəl/ 79
 practice *as in* put sth into practice 27
 practice makes perfect /,præk'tɪs ,meɪks 'pɜ:fekt/ 66
 prbly (= probably) 73
 precedent /'pre:sɪdənt/ 50

precise /pri'sais/ 1
 precisely /pri'saisli/ 79
 precision /pri'si:zn/ 1
 predominantly /pri'dominəntli/ 79
 prejudice against /'predʒudɪs ,ə,genst/ 32
 prejudiced /'predʒudɪst/ 32
 present v /pri'zent/ 69
 presentation /prez'n'teɪʃn/ 69
 preservation /prez'a'veʃn/ 55
 preserve /pri'zɜ:v/ 55
 press-up /'pres ,ʌp/ 9
 pressure *as in* under pressure 23, 47
 presumably /pri'zju:mabl/ 79
 pretentious /pri'tenʃəs/ 14
 prevention is better than cure / pri'venʃn iz ,betə ðən 'kjooə(r)/ 66
 previously /pri:vɪəslɪ/ 55
 price tag /'prais ,tæg/ 25
 primarily /prat'merəli/ 79
 principal concern /'prɪncɪpl kən'sə:n/ 4
 principles /'prɪnsɪplz/ 17
 prior to /'pri:a tə/ 68
 prioritize /pri:a'bɪteɪz/ 49
 priority /pri:a'bratɪ/ 49
 privacy /privəsɪ/ 41
 privatization /pri:a'vətəz'zeʃn/ 50
 privatize /'pri:a'vətaɪz/ 50, 75
 proactive /prə'æktrɪv/ 50
 probability /'prɒbə'bɪlɪtɪ/ 29
 probe N, V /prəub/ 38
 problem *as in* tackle a problem 50
 procedure /prə'sɪdʒə(r)/ 30, 71
 proceeds /'prəʊsi:dz/ 35
 process *as in* in the process of doing sth 24
 procrastinate /prə'kræstɪneɪt/ 50
 procrastination /prə'kræsti'neɪʃn/ 50
 productive /prə'dʌktɪv/ 49
 profile *as in* high profile 34
 prolly (= probably) 73
 prolong /prə'lɔŋ/ 57, 63
 promote /prə'mo:t/ 34, 45
 promoted *as in* be promoted 23
 promotion (= movement up to a higher league) /prə'mao:ʃn/ 23
 promotion (= support) /prə'mao:ʃn/ 34
 prompt ADJ /prɒmp:t/ 49
 prompt v /prɒmp:t/ 52
 promptly /'prɒmplɪ/ 49
 prone to /'prəon tə/ 30
 pronounced limp /prə'naʊnəst 'limp/ 9
 -proof /pru:f/ 75
 proportion /prə'po:ʃn/ 36
 propose /prə'pəuz/ 5
 pros and cons /,prəuz ən 'kɒnz/ 45
 prospect *as in* face the prospect of 4
 prosperity /prɒ'sperəti/ 70
 prosperous /'prosperəs/ 70
 protagonist /prə'teɡonɪst/ 70
 protest *as in* storm of protest 39
 provision /prə'veʒn/ 44
 provocation /prɒvə'keʃn/ 52
 provoke /prə'veək/ 52
 prudence /'pru:dns/ 50

VOWELS: ə cat | ɔ: father | e ten | ɜ: bird | ə about | ɪ sit | i: see | i many | ɒ got | ə saw | ʌ up | ə put | u: too | ʊ actual | əu my | əu now | əi say | əə go | əi boy | əə near | əə hair | əə pure

prudent /'pru:dnt/ 50
 prune v /pru:n/ 24
 pry into /'pri ,int/ 41
 PS /pi: 'es/ 73
 PTO (= please turn over) /,pi: ,ti:
 'əʊ/ 73
 public eye *as in* in the public eye 41
 pull a muscle /,pol a 'mʌsl/ 13
 pull the strings /,pol ðə 'strɪŋz/ 42
 pull your weight /,pol jo: 'weɪt/ 18
 pulse /pʌls/ 20
 pun /pʌn/ 40
 puncture N, V /'pʌŋktʃə(r)/ 40
 pungent /'pʌndʒənt/ 12
 punishing /'pʌniʃɪŋ/ 40
 punishment *as in* capital
 punishment 36
 pure /pjʊə(r)/ 75
 purely /'pjʊəli/ 79
 purely by chance /,pjʊəli ,baɪ
 'tʃə:n/ 79
 purify /'pjʊərɪfaɪ/ 75
 pursue /pɔ:sjue/ 27
 pursuit /pɔ:sjut/ 25
 push v /pʊʃ/ 2
 push and shove /,puʃ ən 'ʃəv/ 61
 pushy /'puʃi/ 14
 put /put/ 2
 put a strain on /,pot ə 'streɪn ,pn/ 16
 put out *as in* be put out 19
 put out a fire /,pot ,aut ə 'faɪə(r)/ 4
 put sb at ease /,pot ,..., at 'eɪz/ 33
 put sb at their ease /,pot ,..., at ðeər
 'i:z/ 33
 put sth down /,pot ,..., 'daʊn/ 80
 put sth into (a bank account) /,pot ,...
 'inta/ 48
 put sth into practice /,pot ,..., ,intə
 'præktɪs/ 27
 put sth into words /,pot ,..., ,intə
 'wɜ:dz/ 2
 put sth right /,pot ,..., 'raɪt/ 51
 put sth to sleep /,pot ,..., tə 'sli:p/ 80
 put your feet up /,pot jo: 'fɪt ,ʌp/ 24
 put your foot in it /,pot jo: 'fot ɪn
 ,ɪt/ 19
 puzzle v /'pa:zɪl/ 53
 puzzled /'pa:zɪld/ 53, 78

 qualification /kwɒlfɪ'tkeɪʃn/ 23
 qualify /'kwɒlfɪfaɪ/ 23
 quantify /'kwɒntɪfaɪ/ 75
 quick-witted /'kwɪk 'wɪtɪd/ 14
 quid /kwɪd/ 58
 quote v /kwaʊt/ 39

 r (= are) 73
 racket /'rækɪt/ 58
 radical /'rædɪkl/ 42
 radical change /,rædɪkl 'teɪndʒ/ 27
 radish /'rædɪʃ/ 20
 rage *as in* road rage 52
 rain *as in* torrential rain 4
 raise /reɪz/ 54, 63
 raise funds /,reɪz 'fʌndz/ 29
 raisins /'reɪznz/ 20
 rake N /reɪk/ 62

 rally (= support sb) /'ræli/ 41
 rally (= increase in value) /'ræli/ 47
 ramshackle /'ræmʃæk'l/ 55
 random /'rændəm/ 43
 rank /ræŋk/ 35
 ransom /'raʊnsəm/ 38
 rash ADJ /ræʃ/ 14
 rash N /ræʃ/ 13
 rat-infested /'ræt ɪnfɪstɪd/ 40
 rate N /reɪt/ 30
 rate V /reɪt/ 31
 rate *as in* at any rate 64
 rattle N, V /'rætl/ 10
 re- 74
 reach /ri:tʃ/ 4
 reactionary /ri:ækʃənərɪ/ 42
 realistic /ri:a'lɪstɪk/ 79
 realistically /ri:a'lɪstɪklɪ/ 79
 realize your potential /,ri:əlaɪz jo:
 'pə:tʃənl/ 56
 reappraise /ri:a'preɪz/ 74
 reason *as in* for some reason 60
 reason *as in* no reason 52
 reason *as in* within reason 14
 reassess /ri:a'ses/ 74
 reassure /ri:a'ʃuə(r)/ 54
 rebel N /'reb'l/ 17
 rebel v /ri:'bel/ 17
 rebellious /ri:'belɪəs/ 17
 recall v /ri:kɔ:l/ 73
 recharge your batteries /ri:,tʃa:ðʒ jo:
 'bæt̬(ə)rɪz/ 21
 rechargeable battery /ri:,tʃa:ðʒəbl
 'bæt̬(ə)rɪ/ 28
 recognition /rekəg'nɪʃn/ 6
 recognize /rekəgnائز/ 6
 recollect /rekə'lekt/ 73
 recollection /rekə'lekʃn/ 73
 reconciled *as in* be reconciled
 with 63
 reconciled to /rekənsaɪld tə/ 76
 reconditioned /ri:kən'dɪʃnd/ 55
 reconstruct /ri:kən'strʌkt/ 74
 record *as in* set a record /'rekɔ:d/ 50
 recover /ri'kʌvə(r)/ 47
 recovery *as in* make a rapid/speedy
 recovery 40
 recuperate /ri'ku:pə'reɪt/ 33
 recuperation /riku:pə'reɪʃn/ 33
 recur /ri'kɔ:(r)/ 9
 recurrent /ri:kərənt/ 9
 recycle /ri:'saɪkl/ 28
 recycling /ri:'saɪklɪŋ/ 28
 red *as in* be in the red 48
 referral /ri'fɜ:rl/ 33
 referred *as in* be referred to sb 33
 reflect /ri'flekt/ 5
 reflection *as in* on reflection 77
 reform N, V /ri:'fɔ:m/ 27
 refreshing change /ri,freʃɪŋ
 'tʃeɪndʒ/ 27
 refuel /ri:'fju:əl/ 74
 refuge *as in* seek/take refuge 32
 refugee /refju:dʒɪ:/ 32
 regain your senses /ri,gem jo:
 'sensɪz/ 40
 regard sb/sth as /ri'gɑ:d ,..., əz/ 19, 36

 regarding /ri'ga:dɪŋ/ 67, 68
 regardless of /ri'ga:dləs əv/ 54
 region *as in* in the region of 65
 register N /'redʒɪstə(r)/ 69
 register V /'redʒɪstə(r)/ 33
 registered user /,redʒɪstəd 'ju:zə(r)/ 31
 regulations *as in* rules and
 regulations 61
 rehab /'ri:hæb/ 41
 rehabilitate /ri:a'bilitet/ 36
 rehabilitation /ri:a'bilitetɪʃn/ 36
 reinforced /ri:i:n'fɔ:st/ 72
 reinvent /ri:i:n'vent/ 74
 reject v /ri'dʒekt/ 46
 rejection /ri'dʒekʃn/ 46
 relatively /'relətvli/ 79
 relax /ri'læks/ 21
 release v /ri'li:s/ 12
 relegated *as in* be relegated 23
 relegation /reli'geɪʃn/ 23
 relentless /ri'lentləs/ 9
 religious faith /ri:li'dʒəs 'feɪθ/ 32
 relocation /ri:lə'keɪʃn/ 44
 reluctance /ri'læktəns/ 16
 reluctant /ri'læktənt/ 16
 remaining /ri'menɪŋ/ 40
 remains /ri'meɪnz/ 55
 remand v /ri'ma:nd/ 35
 remanded in custody /ri'ma:ndɪd in
 'kʌstədi/ 35
 remark /ri'ma:k/ 19
 remarkable /ri'ma:kəbl/ 21
 remarkably /ri'ma:kəblɪ/ 21
 remedy N /'remədi/ 76
 reminiscent of /remi'nɪsənt əv/ 76
 remote /ri'mo:t/ 21
 renovate /'renəveɪt/ 55
 reoffend /ri:i'fend/ 36
 reoffender /ri:a'fendə(r)/ 36
 repel /ri'pel/ 71
 repercussions /ri:pa'kʌʃnz/ 52
 replicate /'replɪkət/ 71
 reply *as in* in reply to 67
 represent /reprɪ'zent/ 70
 representative of /reprɪ'zentatɪv
 əv/ 76
 reproduce /ri:prə'dju:s/ 55
 reproduction /ri:prə'dʌkʃn/ 55
 reputable /repjətabl/ 6
 reputation /repju'teɪʃn/ 6
 resent /ri'zent/ 16
 resentment /ri'zɛntmənt/ 16
 reserve /ri'zɜ:v/ 29
 reserve *as in* in reserve / the
 reserve 37
 resident N /'rezɪdənt/ 34, 72
 resigned to /ri'zaind tə/ 76
 resilience /ri'ziliəns/ 70
 resilient /ri'zilient/ 70
 resist /ri'zist/ 27, 72
 resistance /ri'zɪstəns/ 27
 resistant to /ri'zɪstant tə/ 76
 resolution /reza'lū:ʃn/ 50
 resolve /ri'zolv/ 50
 resort *as in* last/final resort 60
 resounding /ri'zaʊndɪŋ/ 56
 respect N, V /ri:spekt/ 16

CONSONANTS: b bad | d did | f fall | g get | h hat | j yes | k cat | l leg | m man | n now | p pen | r red | s see | t tea | v van |
 w wet | z zoo | ſ shoe | ʒ vision | tʃ chain | dʒ jam | θ thin | ð this | ŋ sing

respectful /rɪ'spektfl/ 19
 response *as in* I am writing in response to 67
 responsible /rɪ'spɒnsəbl/ 4
 rest *as in* the rest 23
 restoration /restɔ'refʒn/ 21, 27
 restore /rɪ'stɔ:(r)/ 21, 27
 restrict /rɪ'strɪkt/ 30
 restriction /rɪ'strɪkʃn/ 30, 72, 76
 resume /rɪ'z(j)u:m/ 30
 resumption /rɪ'zʌmpʃn/ 30
 retain /rɪ'teɪn/ 21
 retaliate /rɪ'tæliet/ 52, 63
 retaliation /rɪ'tæli'eɪʃn/ 52
 retell /ri:təl/ 74
 retention /rɪ'tenʃn/ 21
 retribution /retri'bju:ʃn/ 36
 retrospect *as in* in retrospect 57
 reveal /rɪ'vel/ 15
 revelation /revə'leʃn/ 15
 revenge /rɪ'vendʒ/ 36
 reversal /rɪ'vesl/ 27
 reverse v /rɪ'ves/ 27
 reversible /rɪ'vesəbl/ 27
 revert back to /rɪ'vest tə 'bæk tə/ 27
 revert to /rɪ'vest tə/ 27
 revolting /rɪ'veltɪŋ/ 12
 rewarding /rɪ'wɔ:dɪŋ/ 45
 rewrite v /ri:'rait/ 74
 rhino /'raɪnoʊ/ 29
 riddle /'rɪdl/ 38
 ride *as in* bumpy ride 47
 right away /,raɪt ə'weɪ/ 77
 right-wing /,raɪt 'wɪŋ/ 42
 rigorous /'rɪgɔ:əs/ 49, 72
 rip-off /'rip ,ɒf/ 58
 rip sb off /,rip ,..., 'ɒf/ 58
 road *as in* go down that road 46
 road rage /'rəʊd ,reɪdʒ/ 52
 roar n, v /rɔ:(r)/ 10
 roar with laughter /rɔ:(r) wɪð 'la:ftə(r)/ 10
 rock v /rɒk/ 41, 42
 rock the boat /,rɒk ðə 'baʊt/ 42
 rocks *as in* on the rocks 41
 rocket v /'rɒkit/ 30, 47
 role model /'rəʊl ,mɒdl/ 18
 roof *as in* hit the roof 15
 roots /ru:ts/ 24
 round /raʊnd/ 23
 round about /'raʊnd ə,baʊt/ 65
 RSVP /,ɑ:r ,es ,vi: 'pi:/ 73
 rubbish /'rʌbɪʃ/ 22
 rubble /'ræbl/ 43
 ruins /ru:in/ 55
 rule sth out /,ru:l ,..., 'aʊt/ 38
 rules and regulations /,ru:l ən regju'leʃn/ 61
 rumble n, v /'rambl/ 10
 rumour /'ru:mə(r)/ 41
 run /rʌn/ 31
 run *as in* bad/good run 23
 run-down /,rʌn 'daʊn/ 55
 runner-up /,rʌnər 'ʌp/ 23
 runners-up /,rʌnəz 'ʌp/ 23
 rushed off your feet /,rʌʃt ,ɒf ʃo:t/ 33
 rustle n, v /'rʌsl/ 10
 ruthless /'ru:θləs/ 14
 ruthlessly /ru:θləsli/ 49
 s/t (= something) 73
 sacrifice v, n /'sækrifəs/ 16
 sae (= stamped addressed envelope) /es, ei 'i:/ 73
 safe /sef/ 42
 safe *as in* better safe than sorry 66
 safe and sound /,seif ən 'saʊnd/ 61
 safe pair of hands /,seif ,peər əv 'hændz/ 42
 sage /seɪdʒ/ 20
 saliva /sə'laɪva/ 12
 salty /'sɔ:lti/ 12
 same *as in* all the same 64
 sample /'sæmpl/ 67
 sand *as in* bury your head in the sand
 sane /seɪn/ 70
 sarcasm /sa:kɛzəm/ 1
 sarcastic /sa:kɛstɪk/ 1
 satisfied *as in* not entirely satisfied 4
 savings account /'seɪvɪŋz ə,kaʊnt/ 48
 say N, v /sei/ 34
 saying *as in* as I was saying 64
 sb's bark is worse than their bite /,... ,ba:k iz ,wɔ:s ðən ðeə 'baɪt/ 10
 sb's heart is not in sth /,... ,ha:t iz ,nɒt 'ɪn ,.../ 15
 scales *as in* kitchen scales 20
 scalp /skælp/ 13
 scandal /skændl/ 41
 scanner /'skænə(r)/ 30
 scarce /skeəs/ 43
 scarcity /'skeəsəti/ 43
 scare sb out of their wits /,skeə ,..., 'aʊt əv ,ðeə 'wɪts/ 22
 scathing /'skeɪðɪŋ/ 39
 scatter /'skætə(r)/ 24
 scenery /'si:nəri/ 24
 scenes *as in* behind the scenes 39
 sceptical about sth /'skeptɪkl ə,baut ,...,/ 14
 scepticism /'skeptɪsɪzm/ 14
 schedule N, v /'fedʒu:l/ 49
 scheme N /ski:m/ 38, 44
 scoop /sku:p/ 41
 scrape through /,skreip 'θru:/ 56
 scratch v /'skrætʃ/ 13
 screech N, v /skri:tʃ/ 10
 scroll v /skrəʊl/ 31
 scroll bar /'skrəʊl ,ba:(r)/ 31
 scrutinize /'skru:tənaɪz/ 71
 scrutiny /'skru:tənɪ/ 71
 seal v /si:l/ 73
 search *as in* do a search 31
 search *as in* in search of 25
 season *as in* / out of season 28
 seat *as in* on the edge of your seat 22
 second-hand /,sekənd 'hænd/ 55
 second opinion /,sekənd ə'pɪnjən/ 33
 second to none /,sekənd tə 'nʌn/ 33
 secret *as in* the secret of your success 56
 seed /si:d/ 24
 seek refuge /si:k 'refju:dʒ/ 32
 segregate /'segri:gət/ 36
 segregation /segri'geʃn/ 36
 self- /self/ 36
 self-assessment /,self ə'sesmənt/ 36
 self-catering /,self 'keitərɪŋ/ 36
 self-contained /,self kən'teind/ 36
 self-esteem /,self ɪ'stɪm/ 54
 self-explanatory /,self ɪk'splænətri/ 1
 sell like hot cakes /,sel ,laɪk 'hot ,keɪks/ 62
 senate /'senət/ 38
 senator /'senətə/ 38
 send sb/sth flying /,send ,..., 'flaɪɪŋ/ 2
 senior /'si:nɪə(r)/ 33
 sensational /sen'seʃnəl/ 22
 sense /sens/ 1
 senses *as in* regain your senses 40
 sentimental /'senti'mentl/ 22
 sequence of events /,si:kwəns əv 'vents/ 52
 sergeant /'ser:dʒənt/ 35
 serve /sɜ:v/ 37
 set N /set/ 22
 set v /set/ 50
 set a budget /,set ə 'bʌdʒɪt/ 34
 set a date /,set ə 'deɪt/ 50
 set a limit /,set ə 'lɪmɪt/ 50
 set a precedent /,set ə 'prezɪdənt/ 50
 set a record /,set ə 'rekɔ:d/ 50
 set a standard /,set ə 'stændəd/ 50
 set an example /,set ən ɪg'za:mpl/ 18, 50
 set fire to /,set 'faɪə tə/ 4
 set phrase /,set 'freɪz/ 59
 set sb/sth back /,set ,..., 'bæk/ 3
 set sb's mind at rest /,set ,..., 'maɪnd ət ,rest/ 54
 set sth aside /,set ,..., ə'said/ 49
 set sth off /,set ,..., 'ɒf/ 46
 setback /'setbæk/ 3, 54
 settle a dispute /,setl ə d'i'spu:t/ 4, 50
 settle an argument /,setl ən 'a:gjumənt/ 4
 settle down /,setl 'daʊn/ 16
 severe /sɪ'veə(r)/ 6
 severely hit /sɪ,vɪəl 'hit/ 49
 severity /sɪ'verəti/ 6
 shake sth off /,seɪk ,..., 'ɒf/ 63
 shake sth up /,seɪk ,..., 'ʌp/ 3
 shake-up /'seɪk ,ʌp/ 3
 shallow /'ʃæləʊ/ 22
 share *as in* do your fair share 18
 shareholder /'seɪhəʊldə(r)/ 46
 shark-infested /'ʃa:k ɪnfɪstɪd/ 40
 shed /'ʃed/ 24
 sheer desperation /,ʃɪə
 despa'reʃn/ 15
 sheet /ʃi:t/ 62
 shell N, v /'sel/ 43
 shelter v /'ʃeltə(r)/ 40
 shock *as in* culture shock 32
 shop around /,ʃɒp ə'rənd/ 25
 shop till you drop /,ʃɒp ,til ju:
 'drop/ 25
 shopaholic /ʃɒpə'hɒlik/ 25
 short cut /,ʃɔ:t 'kʌt/ 3

vowels: ə cat | ɔ: father | e ten | ɜ: bird | ə about | ɪ sit | i: see | i many | ɒ got | ɔ: saw | ʌ up | ə put | u: too | u actual |
 ai my | ao now | ei say | əʊ go | ɔɪ boy | ɪə near | əʊ hair | ʊə pure

short-lived /ʃɔ:t 'lɪvd/ 71
 short-sighted /ʃɔ:t 'saɪtɪd/ 11
 short-term /ʃɔ:t 'tɜ:m/ 13
 shortage /ʃɔ:tɪdʒ/ 48
 shortfall /'ʃɔ:tʃɔ:l/ 48
 shortly /ʃɔ:tli/ 57
 should you require any further information /ʃʊd ju: rɪ,kwaiər ,eni ,fɔ:ðər mɪfə'meɪʃn/ 67
 shove /ʃʌv/ 61
 show sth off /ʃəʊ ,..., 'ɒf/ 7
 show up /ʃəʊ 'ʌp/ 63
 shrewd /fru:d/ 14
 shy /ʃai/ 14
 sick and tired of /sɪk ən ,taɪd əv/ 61
 side effect /'saɪd ɪ,fekt/ 13
 sideways /'saɪdweɪz/ 73
 siege /si:dʒ/ 43
 sieve N, V /sɪv/ 20, 62
 sight /saɪt/ 11
 simplification /simplifi'keɪʃn/ 6
 simplify /'simplfai/ 6, 75
 simply (= just) /'simpli/ 79
 simply (= purely) /'simpli/ 79
 sincere /sɪn'sɪə(r)/ 67
 single-minded /singl 'maɪndɪd/ 3
 single sb/sth out /singl ,..., 'aut/ 41
 sink in /sɪŋk 'ɪn/ 63
 sink or swim /sɪŋk ə: 'swim/ 42
 sit on the fence /sit ,ɒn ðə 'fens/ 69
 sit still /sit 'stɪl/ 11
 site N /saɪt/ 24
 slam v /slæm/ 10
 slang /slæŋ/ 1
 slash v /slæʃ/ 47
 sleep as in put sth to sleep 80
 sleep like a log /slɪ:p ,laɪk ə 'log/ 62
 slice v /slaɪs/ 20
 slide /slайд/ 12
 slight accent /slait 'æksənt/ 4
 slope N, V /sloop/ 24
 slot machine /slɒt ma,fi:n/ 3
 sluggish /'slʌgɪʃ/ 9
 sluggishness /'slʌgɪʃnəs/ 9
 slump N, V /slʌmp/ 47
 small world /smɔ:l 'wɜ:ld/ 66
 smiley /'smaili/ 73
 smuggle /'smægl/ 35
 smuggling /'smæglɪŋ/ 35
 snap sth up /snæp ,..., 'ap/ 47
 snarl v /snɔ:l/ 10
 sniff /snif/ 51
 sniper /'snaiپə(r)/ 43
 snob /snɒb/ 17
 so far, so good /,səʊ ,fa: ,səʊ 'god/ 66
 soak sth up /səuk ,..., 'ap/ 21
 soar /sɔ:(r)/ 47
 sociable /'səʊʃəbl/ 26
 social /'səʊʃl/ 79
 socialism /'səʊʃizəm/ 42
 socialist /'səʊʃəlist/ 42
 socialize /'səʊʃəlaɪz/ 26, 75
 socially /'səʊʃali/ 79
 software /'softweə(r)/ 31
 soil /soil/ 24
 solely /'səoli/ 45
 solicitor /sə'lɪsɪtə(r)/ 35

solidify /sə'lɪdɪfaɪ/ 75
 soluble /'soljəbl/ 13
 solution /sə'lju:ʃn/ 76
 somehow /'səmhaʊ/ 65
 somehow or other /'səmhaʊ ər ,ʌðə(r)/ 65
 something /'səmθɪŋ/ 65
 something along those lines /'səmθɪŋ ə,lonj ,ðəuz ,læmz/ 65
 something to do with /'səmθɪŋ tə ,du: wɪð/ 65
 somewhat /'səmθwət/ 79
 somewhere as in get somewhere 59
 somewhere in the region of /'səmweər ,ɪn ðə ,ri:dʒn əv/ 65
 soon /su:n/ 57
 sooner or later /'su:nər ə: ,leɪtə(r)/ 61
 sorry to keep you waiting /'sɔri tə ,ki:p ju: ,wɛtɪŋ/ 59
 sort as in or something of that sort 65
 sort of /'sɔ:t əv/ 65
 sort sth out /,sɔ:t ,..., 'aut/ 50
 sought after /'sɔ:t ,a:fɪtə(r)/ 29
 soul /səʊl/ 1
 sound as in safe and sound 61
 sound effects /'saond ɪ,fekts/ 22
 soundproof /'saʊndpru:f/ 75
 sour /'səʊə(r)/ 12
 sour grapes /,səʊə 'greɪps/ 20
 source N /sɔ:s/ 39
 spade /speɪd/ 24
 spam /spæm/ 31
 spamming /'spæmɪŋ/ 31
 spare part /,speər 'pa:t/ 3
 spark v /spa:k/ 39, 52
 speaking /'spi:kɪŋ/ 79
 special effort /,speʃl 'efət/ 4
 specialize /'speʃəlaɪz/ 75
 species /'spi:ʃɪz/ 29
 spectacular /spek'tækjələ(r)/ 11
 speed limit /'spɪd ,lɪmɪt/ 13
 spell /spel/ 57
 spell sth out /,spel ,..., 'aut/ 67
 spice /spaɪs/ 20
 spin N, V /spɪn/ 42
 spin doctor /'spɪn ,dnktə(r)/ 42
 spin-off /'spɪn ,ɒf/ 52
 spine-tingling /'spain ,tinglɪŋ/ 22
 spirit /'spɪrɪt/ 1
 spite /spaɪt/ 17
 spiteful /'spaɪtfɪl/ 17
 spk (= speak) 73
 splash N, V /splæʃ/ 10
 splitting headache /'splɪtɪŋ 'hedeɪk/ 13
 spokesman /'spəʊksmən/ 34
 spokesperson /'spəʊkspɔ:sn/ 34
 spokeswoman /'spəʊkswomən/ 34
 spontaneity /spɒntə'nɛti/ 14
 spontaneous /spɒn'tenɪəs/ 14
 spot v /spot/ 11
 spotless /'spɒtləs/ 33
 spotlessly clean /'spɒtləslɪ ,kli:n/ 33
 sprain v /sprain/ 13
 spread /spred/ 4
 spread gossip /,spred 'gosip/ 17
 spree /spri:/ 25
 sprint v /sprint/ 9

sprouts as in bean sprouts 20
 squander /'skwondə(r)/ 8
 squash /skwɒʃ/ 20
 squeak v /skwi:k/ 10
 squeaky /skwi:ki/ 10
 squeeze v /skwi:z/ 12, 20
 squelch v /skwɛltʃ/ 10
 sry (= sorry) 73
 stables /'steɪblz/ 55
 stacks of /'stæks əv/ 65
 stage /steɪdʒ/ 1, 57
 stagger v /'stægə(r)/ 9
 stake as in at stake 50
 stance /sta:ns/ 69
 stand-offish /,stænd 'ɒfɪʃ/ 14
 stand still /,stænd 'stɪl/ 11
 stand up for /,stænd 'ʌp ,fɔ:(r)/ 34
 stand up to /,stænd 'ʌp ,tu:, tə/ 72
 standard as in set a standard 50
 standardize /'stændədaɪz/ 75
 standby as in on standby 28
 starving /'sta:vɪŋ/ 58
 state v /steɪt/ 67
 stated dose /,stetɪd 'dəʊs/ 13
 status quo /,stetɪs 'kwaʊ/ 42
 stay put /,sti 'put/ 40
 stay still /,sti 'stɪl/ 11
 steadily /'stedili/ 12
 steady decline /,stedi dɪ'klain/ 29
 steam v /sti:m/ 20
 steamer /'stɪ:ma(r)/ 20
 stem N /stem/ 24
 stem from /'stem frəm/ 76
 stench /stentʃ/ 12
 step aside /,step ə'saɪd/ 46
 step down /,step 'daʊn/ 46
 step sth up /,step ,..., 'ap/ 50
 stereotype /'sterɪotaɪp/ 32
 stereotypical /steri'a:tipɪkl/ 32
 stethoscope /'stɪɒskəʊp/ 30
 stew v /stju:/ 20
 stick N /stik/ 58
 stick at /stik ət/ 63
 stick out /stik 'aut/ 7
 stick to sth /stik tə ,..., 49
 stick up for /stik 'ʌp ,fɔ:(r)/ 16, 34
 stick your nose in sth /,stɪk əz: 'nəʊz in ,...,/ 51
 stiff /stɪf/ 9
 stiff as in bored stiff 22
 stiffness /'stɪfnəs/ 9
 stifle /'stɪfl/ 45
 still (= mind you) /stɪl/ 64
 still (= without moving) /stɪl/ 11
 still as in better still 28
 stimulate /'stɪmju:leɪt/ 12
 stingy /'stɪndʒi/ 58
 stir-fry /'stɜ: ,fraɪ/ 20
 stomach upset /'stʌmək ,ʌpset/ 13
 storm of protest /,stɔ:m əv 'prəutest/ 39
 story /'sto:ri/ 69
 straightaway /streɪta'wei/ 77
 straighten /streɪtn/ 7
 straightforward /streit'fɔ:wəd/ 67

strain *as in* eye strain 11
 strain *as in* put a strain on 16
 strangely enough /'streɪndʒli ʌ,nʌf/ 79
 strategic /'strætɪɡɪk/ 34
 strategy /'strætədʒɪ/ 34
 stray /streɪ/ 40
 stream /stri:m/ 49
 strength *as in* go from strength to strength 56
 strengthen /'strenðən/ 7, 47
 strenuous /'strenjuəs/ 9
 stressed out /,strest 'aʊt/ 49
 stretching /'stretʃɪŋ/ 9
 strictly /'striktli/ 79
 stride *as in* take sth in your stride 54
 strike sb as /'straɪk ,əz/ 14
 stringent /'strɪndʒənt/ 72
 strings *as in* pull the strings 42
 stripe /strap/ 7
 stroke V /straʊk/ 8, 12
 stroke of luck /,straʊk əv 'lʌk/ 56
 stroke of sth /'straʊk əv ,.../ 56
 stroll N, V /straʊl/ 9
 strong accent /,strɒŋ 'ækənt/ 4
 strong criticism /,strɒŋ 'krɪtɪzɪsm/ 4
 stubborn /'stʌbən/ 8
 stubbornness /'stʌbənəs/ 8
 stuff /stʌf/ 65
 stunned /stʌnd/ 15
 stunning /'stʌmɪŋ/ 21
 style /staɪl/ 69
 stylistic /'stai'listɪk/ 69
 subject matter /'səbdʒekt ,mætə(r)/ 67
 subject to /'səbdʒekt tə/ 76
 subjective /'səb'dʒektɪv/ 71
 subservient to /sə'b'sɜ:vɪənt tə/ 76
 subsidize /'səbzdəɪz/ 48
 subsidized /'səbzdəɪzd/ 44
 subsidy /'səbzdɪ/ 48
 substitute N /'səbstɪtju:t/ 76
 subtle /'sʌtl/ 12, 27
 subtract sth from /sə'b'trækt ,... frəm/ 48
 success *as in* the secret of your success 56
 suffer abuse /,səfə ə'bju:s/ 6
 sultanas /sʌlt'na:nəz/ 20
 sum N /sʌm/ 48
 sum sth up /sʌm ,... 'ʌp/ 69
 summarize /'sʌməraɪz/ 69
 summary /'sʌməri/ 4, 69
 superficial /su:pə'fɪʃl/ 22
 superfluous /su:pə'flūəs/ 67
 supple /'sʌpl/ 9
 support /sə'pɔ:t/ 46
 suppress your feelings /sə,pres ,jɔ: 'fi:lɪŋz/ 15
 sure *as in* not entirely sure 4
 surface *as in* on the surface 14
 surge N, V /sɜ:s,dʒ/ 47
 surgery *as in* cosmetic/keyhole/plastic surgery 33
 surplus /sɜ:s,pləs/ 48
 survey N /'sɜ:veɪ/ 41
 survival rate /sə'veɪvɪl ,reɪt/ 30s
 sustain /sə'steɪn/ 53
 sustainability /səsteɪne'bɪlɪti/ 28
 sustainable /sə'steɪneabl/ 28
 swamp /swɒmp/ 40
 swamped /swɒmpt/ 49
 swampland /'swɒmplænd/ 40
 sway /swεi/ 72
 sweat N, V /swet/ 8
 sweeping change /,swi:pɪŋ 'feɪmdʒ/ 27
 sweet /swi:t/ 2
 switch to /'swɪtʃ tə/ 28
 symbolize /'sɪmbəlaɪz/ 75
 synonym /'sɪnənɪm/ 1
 synonymous /sɪ'nɒnɪməs/ 1
 synopsis /sɪ'nɒpsɪs/ 70
 ta /ta:/ 58
 tabloid /'tæblɔɪd/ 41
 tackle /'tækəl/ 54
 tackle a problem /,tækl ə 'prɒbləm/ 50
 tag *as in* price tag 25
 tail back /,tel 'bæk/ 3
 tailback /'telbæk/ 3
 take a chance on sth /,teik ə 'tʃa:nəs ən ,.../ 40
 take a heavy toll on /,teik ə ,hevi 'tol ən ,.../ 29
 take action /,teik 'ækʃn/ 40
 take an instant dislike to /,teik ən 'ɪnstant dis'laike tə/ 16
 take exception to /,teik ik'sepʃn tə/ 19
 take in /,teik 'in/ 5
 take it easy /,teik ,it 'i:zi/ 21
 take no notice of /,teik ,nəʊ 'nəutɪs əv/ 33
 take notice of /,teik 'nəutɪs əv/ 33
 take offence /,teik ə'fens/ 4, 19
 take refuge /,teik 'refju:dʒ/ 32
 take revenge /,teik ri'vendʒ/ 36
 take sb in /,teik ,... 'in/ 63
 take sb/sth seriously /,teik ,... 'sɪriəslɪ/ 34, 54
 take sth apart /,teik ,... ə'pa:t/ 63
 take sth away from /,teik ,... ə'weɪ frəm/ 48
 take sth in your stride /,teik ,... ,in jo: 'strайд/ 54
 take sth out (of a bank account) /,teik ,... 'aʊt/ 48
 take sth to pieces /,teik ,... ə'pi:sɪz/ 63
 take the blame /,teik ðə 'bleim/ 4
 take to /,teik tə/ 14
 takeover /'teɪkəʊvə(r)/ 46
 talk sb into / out of doing sth /,tɔ:k ,... ,intə ,əut əv 'du:ŋ ,.../ 63
 talk sth up /,tɔ:k ,... 'ʌp/ 53
 tank /tæŋk/ 37
 taste *as in* be in bad/poor taste 19
 tasteful /'teɪstfl/ 78
 tasteless /'teɪstləs/ 78
 tasty /'teisti/ 78
 tax-free /,tæks 'fri:/ 75
 team spirit /,ti:m 'spirit/ 45
 tear (from the eye) /tɔ:(r)/ 11
 tears *as in* bored to tears 22
 tears *as in* burst into tears 4
 tears *as in* in tears / close to tears 15
 technical /'teknikl/ 79
 technically /'tekni:kli/ 79
 technique /tek'nɪ:k/ 79
 tedious /'ti:diəs/ 22
 tell *as in* to tell you the truth 64
 temper *as in* lose your temper 15
 tension /'tenʃn/ 12
 terminate /'tɜ:mɪneɪt/ 67
 territorial /terə'tɔ:riəl/ 29
 territory /'terətri/ 29
 thank you for /'θeŋk ju: fə/ 67
 the best of both worlds /ðə ,best əv 'baʊθ ,wə:ldz/ 60
 the best thing /ðə 'best ,θɪŋ/ 59
 the bubble will burst /ðə ,ba:bł ,wil 'bɜ:st/ 47
 the draft /ðə 'dra:fɪt/ 37
 the dust settles /ðə ,dʌst 'setlz/ 46
 the end justifies the means /ði ,end ,dʒʌstɪfaɪz ðə 'mi:nz/ 66
 the faintest idea /ðə ,feɪntɪst aɪ'dɪa/ 59
 the go-ahead /ðə 'gəʊ 'a,hed/ 38
 the key to /ðə 'ki: tə/ 7
 the military /ðə 'milɪtri/ 37
 the minute /ðə 'minɪt/ 25
 the moment /ðə 'məʊmənt/ 25
 the more the merrier /ðə ,mo: ðə 'meriə(r)/ 66
 the pot calling the kettle black /ðə ,pot ,kɔ:liŋ ðə ,kett 'blæk/ 66
 the reserve /ðə rɪ'zɜ:v/ 37
 the rest /ðə 'rest/ 23
 the secret of /ðə 'si:kret əv/ 7
 the secret of your success /ðə ,si:kret əv ,jo: sak'ses/ 56
 the thing is /ðə 'θɪŋ ,iz/ 60
 the tide is turning /ðə ,taɪd iz 'tɜ:nɪŋ/ 39
 the way things are /ðə ,wei ,θɪŋz 'a:(r)/ 16
 theoretically /θɪə'retɪkli/ 79
 theory /'θeəri/ 71
 therapeutic /θera'pju:tɪk/ 36
 therapy /'θerəpi/ 36
 there's no point in + ing /,ðeərs 'nəʊ ,pɔ:nt in/ 59
 whereabouts /ðeərə'baouts/ 65
 thick /θɪk/ 2
 thick-skinned /,θɪk 'skɪnd/ 3
 thing *as in* be the last thing on sb's mind 2
 thing *as in* the thing is 60
 things /θɪŋz/ 16
 think sth up /,θɪŋk ,... 'ʌp/ 9
 think up /,θɪŋk 'ʌp/ 31
 thorough /'θʌrə/ 72
 thoughtful /'θə:tfl/ 14
 thrash v /θraʃ/ 58
 threat *as in* pose a threat to 29
 threat *as in* under threat 29
 threatened with /'θretnd ,wið/ 29
 thrifty /'θrifti/ 48
 thriving /'θraɪvɪŋ/ 21
 throughout /θru:':aʊt/ 57
 thus /ðʌs/ 68
 thx (= thanks) 73
 tide *as in* the tide is turning 39
 tied up *as in* be tied up 2

vowels: ə cat | ɔ: father | e ten | ɜ: bird | ə about | ɪ sit | i: see | i many | ə got | ɔ: saw | ʌ up | ʊ put | u: too | ʊ actual |
 aɪ my | əʊ now | eɪ say | əʊ go | ɔɪ boy | ɪə near | ɛə hair | ʊə pure

tight /taɪt/ 58
 tight corner /tait 'kɔ:nə(r)/ 39
 tight-fisted /tait 'fɪstɪd/ 58
 tighten /taɪtn/ 7
 tighten your belt /taɪtn ʃɔ: 'belt/ 46
 till /tɪl/ 25
 time /taɪm/ 57
 time as in as time went by 16
 time-consuming /taɪm
 kan,ʃju:mɪŋ/ 26
 time flies /taɪm 'flaɪz/ 57
 times as in behind the times 57
 tip N /tip/ 40
 tip the balance /tip ðə 'bæləns/ 46
 tiptoe v /tiptoo/ 9
 tired as in sick and tired of 61
 TLC (= tender loving care) /ti: el
 'si:/ 73
 tnx (= thanks) 73
 2 (= to) 73
 to a degree /tu ə di'grɪ:/ 45
 to a large extent /tu ə 'la:dʒ
 ɪk,stent/ 64
 to an extent /tu ən ɪk'stent/ 45
 to be honest /tə bi: 'ɒnɪst/ 64, 79
 to be perfectly honest /tə bi ɒ:p:fiktli
 'ɒnɪst/ 79
 to sb's face /tə ..., 'feɪs/ 16
 to tell you the truth /tə ,tel ju: ðə
 'tru:θ/ 64
 to the point /tə ðə 'poɪnt/ 67
 2day (= today) 73
 toll as in take a heavy toll on 29
 2moro (= tomorrow) 73
 2nite (= tonight) 73
 tone /təʊn/ 67
 tongue-tied /tʌɪ̯d̩ ,taɪd/ 3
 tons of /tʌnз əv/ 65
 2 (= too) 73
 too good to be true /tu: ,gud tə bi
 'tru:/ 60
 top as in be on top 23
 top priority /tɒp prɔ:tɪri/ 49
 torrential rain /tə,renfl 'reɪm/ 4
 total chaos /tətl 'keɪɒs/ 4
 touch as in in / out of touch 77
 tough /tʌf/ 16
 tower /taʊə(r)/ 55
 toxic /tɒksɪk/ 28
 trace V /treɪs/ 55
 trace of irony /treɪs əv 'aɪrəni/ 1
 track as in off the beaten track 21
 traditional /trə'dɪʃənl/ 79
 traditionally /trə'dɪʃənəli/ 79
 trafficking /tra:fɪkɪŋ/ 35
 train of thought /trem əv 'θo:t/ 49
 trait /treɪt/ 14
 transaction /træn'zækʃn/ 48
 transform /træns'fɔ:m/ 27
 transformation /trænsfə'meɪʃn/ 27
 transition /træn'zɪʃn/ 27
 transparent /træns'peərənt/ 1
 transplant N /trænsplɑ:nt/ 30
 transplant V /træns'pla:nt/ 30
 travel agency /'trævl ,eɪdʒənsi/ 34
 travel expenses /'trævl ðk,spensɪz/ 44
 travelling expenses /'trævlɪŋ
 ɪk,spensɪz/ 44
 trek N, V /trek/ 21
 trial as in clinical trial 33
 trial and error /trɪərl ən 'erə(r)/ 61
 tricky /'trɪki/ 56
 trigger v /'trɪgə(r)/ 47
 trivial /'trɪviəl/ 54
 tropical /'trɒpɪkl/ 20
 trouble as in in trouble 77
 trouble as in it's more trouble than it's
 worth 60
 trouble as in nothing is too much
 trouble 33
 trouble-free /,trəbl 'fri:/ 75
 true as in it's true 64
 true as in too good to be true 60
 truly /'tru:li/ 79
 trustworthy /'trastwɜ:ði/ 14
 truth as in economical with the
 truth 53
 truth as in to tell you the truth 64
 ttyl (= talk to you later) 73
 tumble dryer /,tʌmlɪ 'draɪə(r)/ 28
 turbulence /tə:bjʊləns/ 47
 turbulent /tə:bjʊlənt/ 47
 turmoil /'tɜ:moɪl/ 47
 turn as in the tide is turning 39
 turn out (= attend an event) /,tɜ:n
 'aʊt/ 3
 turn out badly /,tɜ:n ,aʊt 'bædli/ 56
 turn out well /,tɜ:n ,aʊt 'wel/ 56
 turn over a new leaf /,tɜ:n ,əʊvər ə
 ,nju: 'li:f/ 36
 turn sth down /,tɜ:n ,..., 'daʊn/ 46
 turn up /,tɜ:n 'ʌp/ 63
 turnout /tɜ:naʊt/ 3
 twist N (in a plot) /twist/ 22
 twist V (twist your ankle) /twist/ 13
 two heads are better than one /tu:
 ,hedz ə ,beta ðən 'wʌn/ 66
 two wrongs don't make a right /tu:
 ,rɒŋz ,dəʊnt ,merk ə 'raɪt/ 66
 u (= you) 73
 ulterior motive /ʌl,tɪəriə 'məutɪv/ 2
 ultimately /'altmətlɪ/ 79
 ultra- /'altra/ 55
 ultra-cautious /,altrə 'kɔ:ʃəs/ 55
 ultra-modern /,altrə 'mɒdn/ 55
 un- /ʌn/ 74
 unanimous /ju: 'nænɪməs/ 22
 unanimously /ju: 'nænɪməslɪ/ 22
 unappealing /ʌnə'pi:lin/ 18
 unappetizing /ʌn'əpɪtɪzɪŋ/ 12
 unarmed combat /,ʌndə:md
 'kɒmbət/ 37
 unbeaten /ʌn'bi:tən/ 23
 unbiased /ʌn'bʌɪəst/ 71
 uncomfortable /ʌn'kʌmftəbl/ 15
 unconvincing /ʌnknən'vɪnsɪŋ/ 22, 78
 uncooked /ʌn'kʊkt/ 74
 under /'ʌndə(r)/ 77
 under- /'ʌndə(r)/ 74
 under attack /,ʌndər ə:tæk/ 77
 under construction /,ʌndə
 kən'strʌkʃn/ 77
 under control /,ʌndə kən'trəol/ 49
 under discussion /,ʌndə dɪ'skʌʃn/ 77
 under investigation /,ʌndər
 'ɪnvestɪ'geɪʃn/ 77
 under pressure /,ʌndə 'preʃə(r)/ 23,
 47
 under the microscope /,ʌndə ðə
 'maɪkrɒsko:p/ 42
 under the weather /,ʌndə ðə
 'weðə(r)/ 59
 under threat /,ʌndə 'θret/ 29
 undercooked /ʌndə'kɒkt/ 74
 underdeveloped /ʌndə'develəpt/ 74
 underemployed /ʌndə'mplɔɪd/ 74
 underfed /ʌndə'fed/ 74
 undergo /ʌndə'gəʊ/ 21
 underlying /ʌndə'lænɪŋ/ 47
 undermine /ʌndə'mam/ 45
 undernourished /ʌndə'nʌrɪʃt/ 74
 underpaid /ʌndə'peɪd/ 74
 underpin /ʌndə'pin/ 47
 underprivileged /ʌndə'prɪvəlɪdʒd/ 74
 underrated /ʌndə'reɪtid/ 74
 undersold /ʌndə'səʊld/ 74
 undeveloped /ʌndɪ'veləpt/ 74
 uneasy /ʌn'i:zi/ 15
 unemployed /ʌnim'plɔɪd/ 74
 uneventful /ʌn'ventfl/ 6
 unflattering /ʌn'fletərɪŋ/ 7
 unforgivable /ʌnfə'gɪvəbl/ 6
 unfurnished /ʌn'fɜ:nɪʃt/ 6
 unintelligible /ʌnɪn'telɪdʒəbl/ 78
 unique /ju:nɪ:k/ 21
 unit /'jʊnit/ 71
 unlike /ʌn'lark/ 70
 unmitigated /ʌn'mɪtɪgətid/ 56
 unofficially /ʌn'fɪʃəlɪ/ 79
 unpaid /ʌn'peɪd/ 74
 unpalatable /ʌn'pælətəbl/ 53
 unproductive /ʌnprə'daktɪv/ 49
 unsold /ʌn'səuld/ 74
 unspoilt /ʌn'spɔɪlt/ 21
 unstuck as in come unstuck 56
 unwilling /ʌn'wɪlɪŋ/ 16
 unwind /ʌn'waɪnd/ 21
 up against it /,ʌp ə'genst ,ɪt/ 56
 up to date /,ʌp tə 'deɪt/ 55
 upload /ʌp'ləud/ 31
 upper class /,ʌpə 'kla:s/ 19
 uprooted as in be uprooted 32
 ups and downs /,ʌps ən 'daʊnz/ 16
 upset stomach /ʌp,se:t 'stʌmək/ 13
 upwards /'ʌpwədz/ 19
 urge (sb to do) sth /'ɜ:dz (... tə ,du:)
 ,.../ 38
 urgent /'ɜ:dzənt/ 54
 use as in it's no use + ing 59
 user as in registered user 31
 user-friendly /ju:zə 'frendli/ 28
 username /ju:zə'neɪm/ 31
 usual /ju:ʒʊəl/ 19
 utter /'ʌtə(r)/ 22
 utter chaos /,ʌtə 'keɪɒs/ 4
 vaccinate /'vækseɪneɪt/ 30
 vaccination /vækse'neɪʃn/ 30

CONSONANTS: b bad | d did | f fall | g get | h hat | j yes | k cat | l leg | m man | n now | p pen | r red | s see | t tea | v van |
 w wet | z zoo | ſ shoe | ʒ vision | tʃ chain | ðʒ jam | ð thin | ð this | ɳ sing

vaccine /'vækʃɪ:n/ 30
 value v /'vælju:/ 45
 valueless /'vælju:ləs/ 78
 values /'vælju:z/ 17
 vandalism /'vændəlɪzəm/ 75
 vandalize /'vændəlaɪz/ 75
 vanish into thin air /,vænɪʃ ,məθ ,θɪn 'eə(r)/ 11
 vast /vɑ:st/ 37
 venture /'ventʃə(r)/ 28
 venue /'venju:/ 23
 verge *as in* on the verge of sth 23, 24
 verification /verifi'keɪʃn/ 71
 verify /'verifai/ 71
 vertical /'væ:tɪkl/ 72
 vertical load /,væ:tɪkl 'ləʊd/ 72
 vibrant /'va:brent/ 21
 vice /vais/ 14
 victorious /vik'tɔ:riəs/ 23
 victory /'viktəri/ 23
 video clip /'vidiəu ,klip/ 31
 videoblog /'vidiəublog/ 31
 view v /vju:/ 19
 view *as in* in view of 68
 vigorously /'vigərəslɪ/ 12
 vile /vail/ 58
 virtual /'vɜ:tʃuəl/ 31
 virtually /'vɜ:tʃuəlɪ/ 1, 79
 virtue /'vɜ:tʃu:/ 14
 virtuous /'vɜ:tʃuəs/ 14
 virus /'va:rus/ 31
 visible /'vɪzibl/ 11
 vision /'viʒn/ 11
 visualize /'vɪʒuəlaɪz/ 75
 visually impaired /,vɪʒuəlɪ im'peəd/ 80
 volatile /'vɒlətɪl/ 47
 volatility /'vɒlətlɪti/ 47
 voluntary /'vɒləntri/ 34
 voluntary sector /'vɒləntri
 ,sekٹə(r)/ 34
 volunteer /'vɒlən'tra(r)/ 34
 vow n /vau/ 38
 vow to do sth /'vau tə ,du: ,.../ 38
 vulgar /'vʌlgə(r)/ 17
 vulnerable /'vʌlnərəbl/ 15
 w/ (= with) 73
 w/o (= without) 73
 waiting *as in* sorry to keep you
 waiting 59
 wander /'wɒndə(r)/ 21
 wander *as in* go for a wander 21
 war zone /'wo: ,zəʊn/ 43
 warfare /'wo:feə(r)/ 37
 warily /'weərlɪ/ 11
 warm up (= become
 interesting) /,wo:m 'ap/ 26
 warm up (= do physical
 exercises) /,wo:m 'ap/ 9
 warm welcome /,wo:m 'welkəm/ 26
 warrant /'wɔ:rənt/ 35
 water v /'wɔ:tə(r)/ 12
 water *as in* fish out of water 20
 water-saving /'wɔ:tə ,seɪvɪŋ/ 28
 waterproof /'wɔ:təpru:f/ 75
 way ADV /wei/ 56
 way *as in* by the way 64
 way *as in* in sb's/the way 56
 way *as in* no way 59
 way *as in* the way things are 16
 weaken /'wi:kən/ 7, 47
 weapon /'wepən/ 37
 wear off /,wɛr 'ɒf/ 63
 wear your heart on your sleeve /,wɛs
 jɔ: ,ha:t ,pn jɔ: 'sli:v/ 15
 weather *as in* under the weather 59
 web browser /'web ,braʊzə(r)/ 31
 weeding *as in* do the weeding 24
 weeds /wi:dz/ 24
 weekend *as in* long weekend 3
 weight *as in* pull your weight 18
 weird /wi:d/ 78
 welcome N, ADJ /'welkəm/ 26
 welcome change /,welkəm
 'tʃeɪndʒ/ 27
 What a cheek! /,wɒt ə 'tʃi:k/ 19, 58
 What a disgrace! /,wɒt ə dis'greis/ 19
 What a nerve! /,wɒt ə 'nɜ:v/ 58
 What can you expect? /,wɒt kən ju:
 'ɪk'spekt/ 18
 What do you expect? /,wɒt də ju:
 'ɪk'spekt/ 18
 What do you make of ...? /,wɒt də ju:
 'meɪk əv/ 14
 What on earth ...? /'wɒt ən ,əθ/ 60
 whatever /wɒt'evə(r)/ 49
 wheelchair *as in* be confined to a
 wheelchair 30
 whenever /wen'eva(r)/ 49
 Where on earth ...? /'wɛr ən
 ,əθ/ 60
 wherever /wɛr'evə(r)/ 49
 whisk N /wɪsk/ 20
 white lie /,wait 'laɪ/ 53
 wholesale change /,həʊlseɪ
 'tʃeɪndʒ/ 27
 wicked /'wɪkɪd/ 78
 widespread criticism /,waɪdspre
 'drɪtɪzɪsm/ 4
 widespread damage /,waɪdspre
 'dæmɪdʒ/ 4
 wild *as in* in the wild 29
 wildlife /'waɪldlaɪf/ 24
 wildlife reserve /'waɪldlaɪf rɪ,zə:v/ 29
 win sb's respect /,win ,..., rɪ'spekt/ 16
 wind sth up /,waind ,..., 'ap/ 46
 winds *as in* gale-force winds 4
 wink v /'wɪŋk/ 73
 wipe sb/sth out /,waɪp ,..., 'aot/ 29, 30
 wipe sth off sth /,waɪp ,..., 'ɒf ,...,/ 47
 wire *as in* barbed wire 3
 wisdom /'wɪzdəm/ 50
 wise /waɪz/ 50
 with hindsight /,wið 'haɪndsaɪt/ 57
 with reference to /,wið 'refrəns tə/ 67
 with regard to /,wið rɪ'ga:d tə/ 68
 withdraw /wið'dra:/ 48
 within reason /wið 'ri:zn/ 14
 without fail /wið'ðaot 'feɪl/ 77
 withstand /wið'stænd/ 72
 wknd (= weekend) 73
 wok /wɒk/ 20
 wolf /wʊlf/ 10
 wooden /'wʊdn/ 22
 woody /'wodi/ 12
 words *as in* eat your words 20
 words *as in* famous last words 66
 words *as in* put sth into words 2
 work like a dream /,wɜ:k ,laɪk ə
 'dri:m/ 62
 work out /,wɜ:k 'aʊt/ 9
 work sth out /,wɜ:k ,..., 'aot/ 48
 workaholic /wɜ:kə'hɒlik/ 25
 working class /,wɜ:kɪŋ 'kla:s/ 19
 workout /'wɜ:kaʊt/ 9
 world *as in* be in a world of your
 own 60
 worlds *as in* the best of both
 worlds 60
 worldwide /'wɜ:ldwɜ:d/ 34
 worn out /,wɔ:ə 'aot/ 3, 78
 worship v /'wɜ:ʃɪp/ 17
 worthless /'wɜ:θləs/ 6, 78
 worthwhile /'wɜ:θ'wɔ:lt/ 6
 worthy /'wɜ:ðɪ/ 6
 wrapping paper /'ræپɪŋ ,peɪpə(r)/ 1
 wreck v /rek/ 38
 wrinkles /'rɪŋkəls/ 7
 wriggle out of /,rɪgl 'aot əv/ 46
 write-off /'raɪt ,ɒf/ 3
 write sth off /,raɪt ,..., 'ɒf/ 3
 wrongs *as in* two wrongs don't make
 a right 66
 x (= kiss) 73
 xInt (= excellent) 73
 yield N /ji:ld/ 47
 you bet /ju 'bet/ 59
 you can never tell /ju kən ,neva
 'tel/ 66
 you can say that again /ju kən
 ,sei 'ðæt ə,gen/ 59
 you can't be serious /ju 'kə:nt bi
 ,sriəs/ 59
 you never know /ju ,neva 'naʊ/ 60
 your best bet /jo: ,best 'bet/ 59
 your guess is as good as mine /jo:
 ,ges ɪz əz ,gud əz 'main/ 59
 your own boss /jɔ:r ,əʊn 'bos/ 45
 your own company /jɔ:r ,əʊn
 'kʌmpəni/ 26
 you're joking /jo: 'dʒəukɪŋ/ 59
 you're kidding /jɔ: 'kɪdɪŋ/ 59
 you're not gonna believe this /jɔ:r
 ,not ,gona bə'lɪ:v ,ðɪs ,gənə/ 2
 you're only young once /jɔ:r ,əʊnl
 ,jəŋ 'wʌns/ 66
 you've got nothing to lose /ju:v ,got
 ,nʌθɪŋ tə 'lu:z/ 59
 yr (= you) 73
 yr (= you're) 73
 zone /zo:n/ 43

VOWELS: ə cat | ɔ: father | ɔ: ten | ə: bird | ə about | ɪ sit | i: see | i many | ə got | ɔ: saw | ʌ up | ə put | u: too | u actual |
 at my | əʊ now | ei say | əʊ go | əɪ boy | ɪə near | eə hair | əə pure

Oxford Word Skills

Learn and practise English vocabulary

Advanced for advanced learners

- Learn the words you need to know at each level (Basic, Intermediate, and Advanced)
- See how the words and phrases are used in spoken and written English
- Practise using the vocabulary
- Revise what you've learned
- Improve your vocabulary-learning skills
- Learn the words as preparation for the major exams



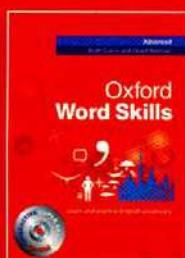
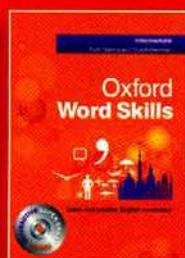
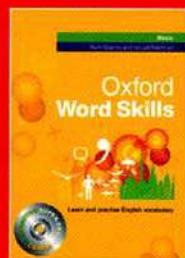
Use the CD-ROM to listen to the words, learn how to say them, and practise using them.



It's easy to test yourself. Just use the card inside to 'cover and check'.

Ruth Gairns and Stuart Redman are language teaching experts who specialize in writing materials for learning and teaching vocabulary.

www.oup.com/elt/wordskills



OXFORD
UNIVERSITY PRESS

www.oup.com/elt

CEF
C2
C1
B2

OXFORD ENGLISH
ISBN 978-0-19-462011-6



9 780194 620116