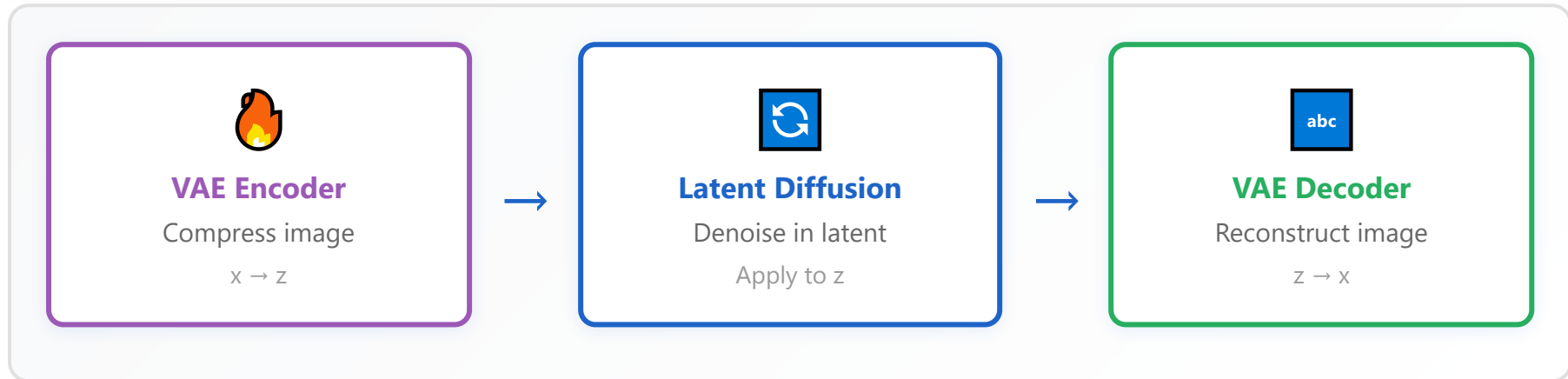




# Latent Diffusion (Stable Diffusion)


Part 6/7: Advanced Techniques


⚠ Motivation: Pixel-space diffusion is computationally expensive



  
**Efficiency**  
64x speedup

  
**Compression**  
8×8 reduction

  
**Quality**  
Perceptual loss

  
**Memory**  
Consumer GPUs

🧠 Stable Diffusion: Open-source latent diffusion model

High-resolution generation

## Practical Example: 512×512 Image Generation

**Pixel-space Diffusion**

Input size:  $512 \times 512 \times 3 = 786,432$

VS

**Latent Diffusion (8× compression)**

Compressed size:  $64 \times 64 \times 4 = 16,384$

Memory per step:

~3 MB

50 steps total:

~150 MB ❌

Memory per step:

~65 KB

50 steps total:

~3.2 MB ✓



Memory Reduction: 48× | Speed Improvement: 64× | Quality: Preserved via perceptual loss



Interactive Demo:

Diffusion Explainer