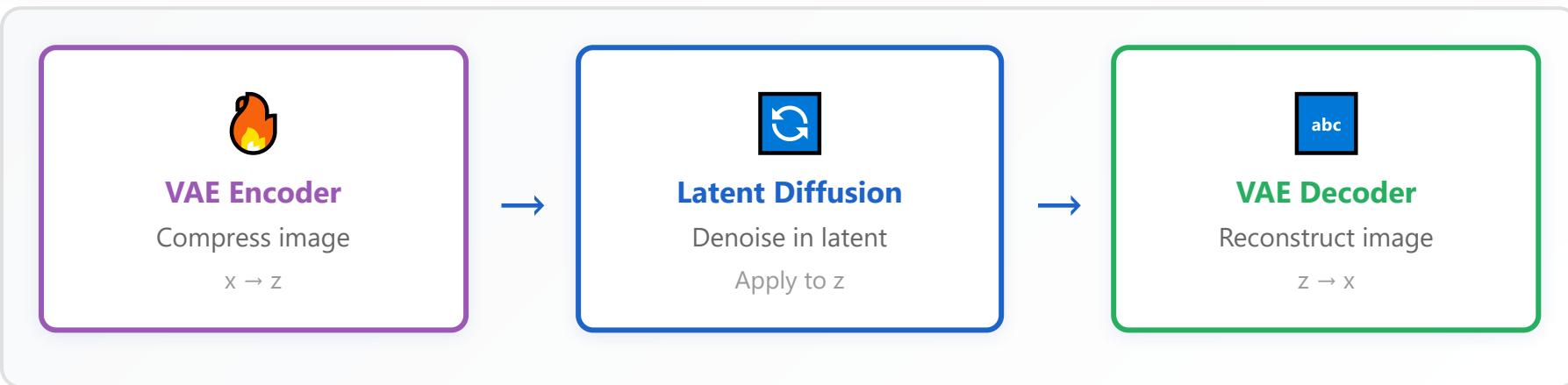


# Latent Diffusion (Stable Diffusion)

Part 6/7: Advanced Techniques

⚠ Motivation: Pixel-space diffusion is computationally expensive



 **Efficiency**  
64x speedup

 **Compression**  
8×8 reduction

 **Quality**  
Perceptual loss

 **Memory**  
Consumer GPUs

 **Stable Diffusion: Open-source latent diffusion model**   **High-resolution generation**

## 📊 Practical Example: 512×512 Image Generation

**Pixel-space Diffusion**

Input size:  $512 \times 512 \times 3 = 786,432$

**Latent Diffusion (8× compression)**

Compressed size:  $64 \times 64 \times 4 = 16,384$

**VS**

Memory per step:

~3 MB

50 steps total:

~150 MB ✗

Memory per step:

~65 KB

50 steps total:

~3.2 MB ✓



Memory Reduction: 48× | Speed Improvement: 64× | Quality: Preserved via perceptual loss



Interactive Demo:

[Diffusion Explainer](#)