

# RLHF and Instruction Tuning

Reinforcement Learning from Human Feedback

## Three-Stage RLHF Pipeline

### 1 Supervised Fine-tuning



Train on high-quality demonstration data

### 2 Reward Model



Learn human preferences from comparisons

### 3 PPO Training



Optimize policy using reward model



### Helpfulness

Better at following instructions



### Truthfulness

More accurate and reliable



### Safety

Reduces harmful outputs



### Instruction Tuning

Train on **diverse task instructions** to improve generalization



### Constitutional AI

**Self-improvement** through principles and guidelines



**Key to Success**

**RLHF and Instruction Tuning** are fundamental to the success of **ChatGPT** and other assistant models