

Teacher Forcing: Problems and Solutions

⚠ Key Problems

✗ Exposure Bias

Model never sees its own mistakes during training, struggles at inference

✗ Train-Test Mismatch

Training uses ground truth, but inference uses predictions

✗ Error Recovery

Model doesn't learn to recover from its own errors

✗ Overconfidence

Model becomes overconfident on ground-truth inputs

✓ Solutions & Techniques

1 Scheduled Sampling

Gradually mix ground-truth and model predictions during training

Training Progress

100% GT 100% Pred

Early → $\epsilon = 0.1$ → Mid → $\epsilon = 0.5$ →
Late → $\epsilon = 0.9$

2 Mixed Training

Randomly alternate between teacher forcing and autoregressive modes

Random Sampling

GT Pr GT GT Pr

$p = 0.5$ (50% chance each)

3 Curriculum Learning

Start with easier tasks and progressively increase difficulty

Learning Stages

1. Short sequences
2. Medium sequences
3. Long sequences
4. Full complexity