

## Lecture 06 - Contents

An overview of the parts in the clinical Chain-of-Thought lecture.

### Part 1

Reasoning Fundamentals

### Part 2

Advanced CoT Techniques

### Part 3

Clinical Applications

### Hands-on

CoT Implementation Hands-on

This outline is for guidance. Navigate the slides with the left/right arrow keys.



Lecture 6:

# **Chain-of-Thought: Teaching LLMs Clinical Reasoning**

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## Chain-of-Thought in Medical Context

### CoT Prompting

- Step-by-step reasoning process
- Makes LLM thinking transparent
- Breaks complex problems into steps
- Intermediate reasoning shown explicitly

### Medical Applications

- Diagnosis generation
- Treatment planning
- Clinical decision support
- Patient assessment

### Standard vs CoT Comparison

#### Standard Prompting

Direct answer only

VS

#### CoT Prompting

Reasoning + Answer

Performance Improvement: **20-80% accuracy increase on complex medical reasoning tasks**

## Lecture 6: Chain-of-Thought for Clinical Reasoning

### Part 1

#### Reasoning Fundamentals

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- Clinical Reasoning Process
- Diagnostic Reasoning Chains
- Zero-Shot CoT Medical
- Few-Shot CoT Examples
- Self-Consistency Voting
- Reasoning Path Selection
- Medical Knowledge Integration

### Part 2

#### Advanced CoT Methods

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- Tree of Thoughts Medical
- Graph of Thoughts
- Differential Diagnosis Trees
- Bayesian Reasoning Integration
- Uncertainty Propagation
- Counterfactual Reasoning

### Part 3

#### Clinical Applications

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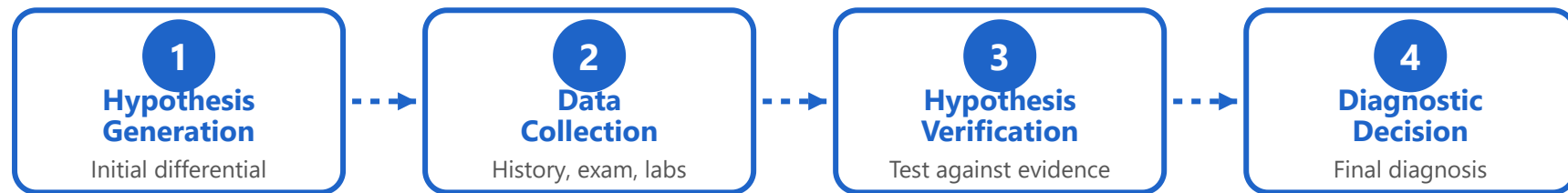
- Emergency Triage CoT
- Treatment Planning Chains
- Drug Interaction Reasoning
- Lab Result Interpretation
- Clinical Note Generation
- Error Analysis Patterns
- Reasoning Verification
- Performance Comparison
- Case Studies Analysis
- Hands-on Implementation
- Best Practices Guidelines

**Part 1/3:**

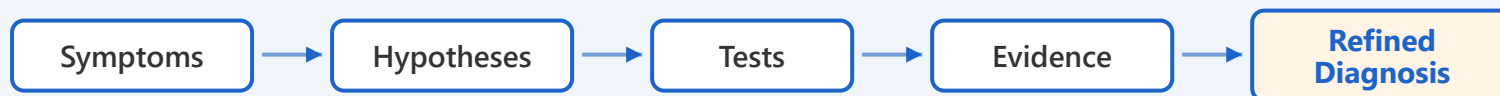
# **Clinical Reasoning Fundamentals**

1. Clinical Reasoning Process
2. Diagnostic Reasoning Chains
3. Zero-Shot CoT in Medical Context
4. Few-Shot CoT Examples
5. Self-Consistency & Voting
6. Reasoning Path Selection
7. Medical Knowledge Integration

## Clinical Reasoning Process

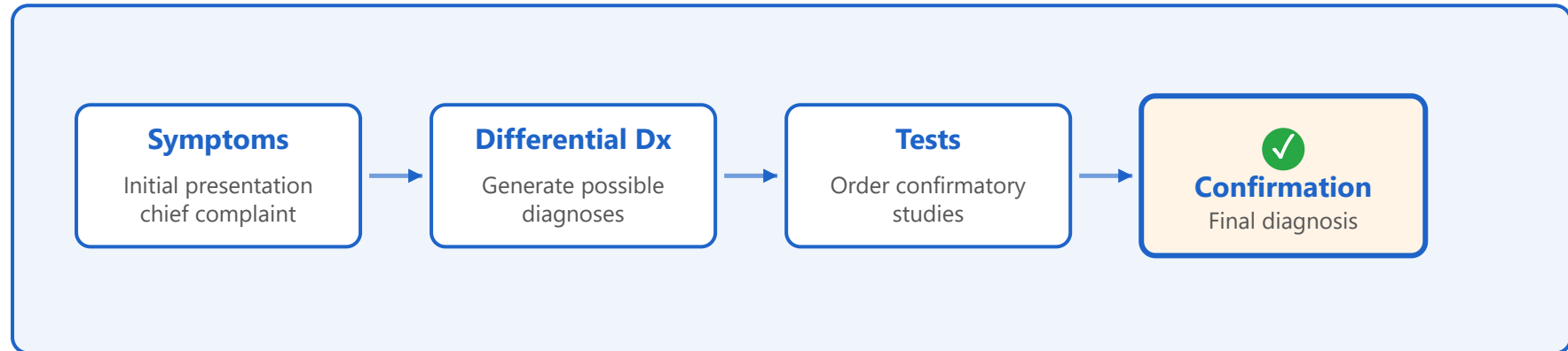


### Iterative Clinical Reasoning Cycle



**Key Insight:** Clinical reasoning is iterative and hypothesis-driven, continuously updating based on new evidence

## Diagnostic Reasoning Chains



### Example: Chest Pain Evaluation

- Symptoms:** 65yo male, sudden chest pain, radiating to left arm, diaphoresis
- Differential:** 1) MI, 2) Angina, 3) GERD, 4) Costochondritis, 5) Pulmonary embolism
- Key Tests:** ECG (ST elevation), Troponin (elevated), Cardiac enzymes
- Diagnosis:** Acute ST-elevation myocardial infarction (STEMI)
- Reasoning:** Classic presentation + ECG changes + elevated biomarkers → STEMI confirmed



## Zero-Shot Chain-of-Thought in Medical Context

### Standard Medical Query:

Patient presents with fever (39°C), productive cough, and pleuritic chest pain.  
What is the most likely diagnosis?

**"Let's think step by step"**

### Zero-Shot CoT Medical Prompt:

Patient presents with fever (39°C), productive cough, and pleuritic chest pain.  
What is the most likely diagnosis? **Let's think step by step.**

### ✓ Success Case

**Query:** Fever + cough + pleuritic pain

**With CoT:** Systematic evaluation of symptoms → ruled out alternatives → pneumonia diagnosis

**Accuracy:** 85% → 92%

### ✗ Limitation Case

**Query:** Rare genetic syndrome

**With CoT:** Detailed reasoning but incorrect conclusion

**Issue:** Limited knowledge, not reasoning problem

## Few-Shot Chain-of-Thought Examples

### Few-Shot CoT Structure

**2-5 Examples:** Provide diverse medical cases

**Show Reasoning:** Include step-by-step clinical thinking

**Format Consistency:** Use same structure across examples

### Example Template

**Case:** [Patient presentation]

**Step 1:** Identify key symptoms and risk factors

**Step 2:** Generate differential diagnosis list

**Step 3:** Determine discriminating tests

**Step 4:** Integrate results and reach conclusion

**Diagnosis:** [Final diagnosis]

**Key:** Examples teach the LLM both the format and the medical reasoning process

## Self-Consistency & Voting Mechanism

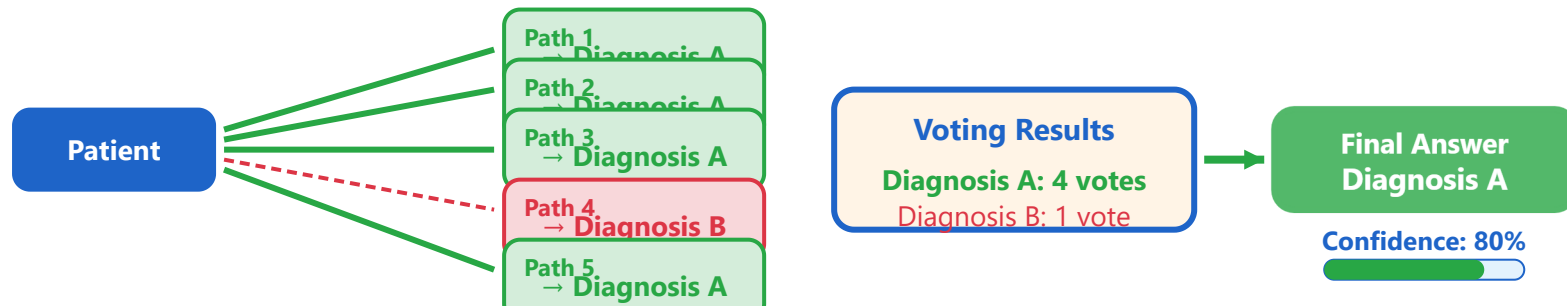
### Multiple Reasoning Paths

**Generate Multiple Solutions:** Sample 5-10 different reasoning paths

**Voting Mechanism:** Select most consistent answer across paths

**Confidence Boost:** Agreement increases reliability

### Example: 5 Reasoning Paths



Performance improvement: **5-15% accuracy gain** over single-path CoT

# Reasoning Path Selection & Optimization

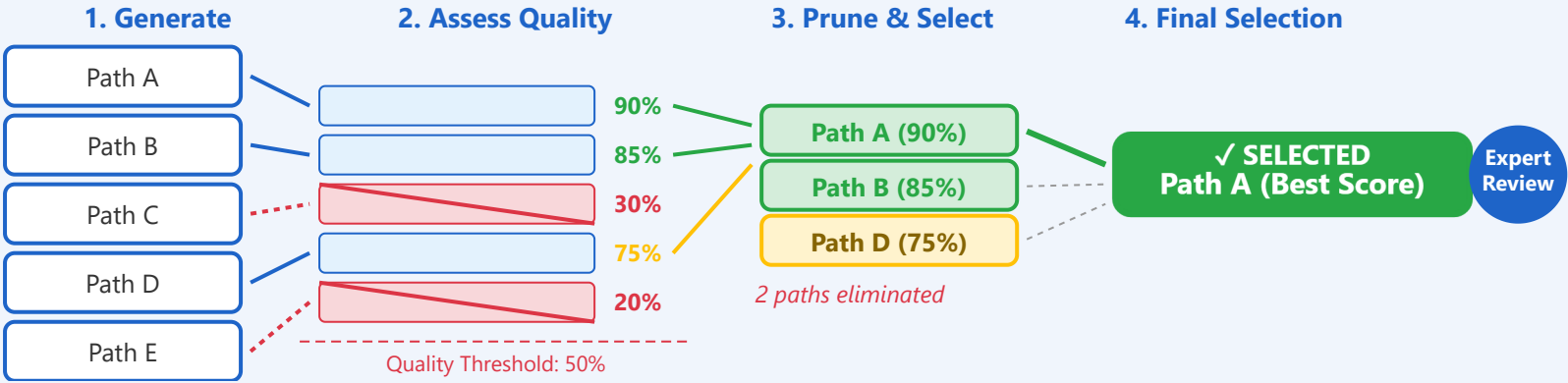
## Path Quality Metrics

- Logical consistency
- Evidence alignment
- Medical accuracy
- Completeness of reasoning

## Selection Strategies

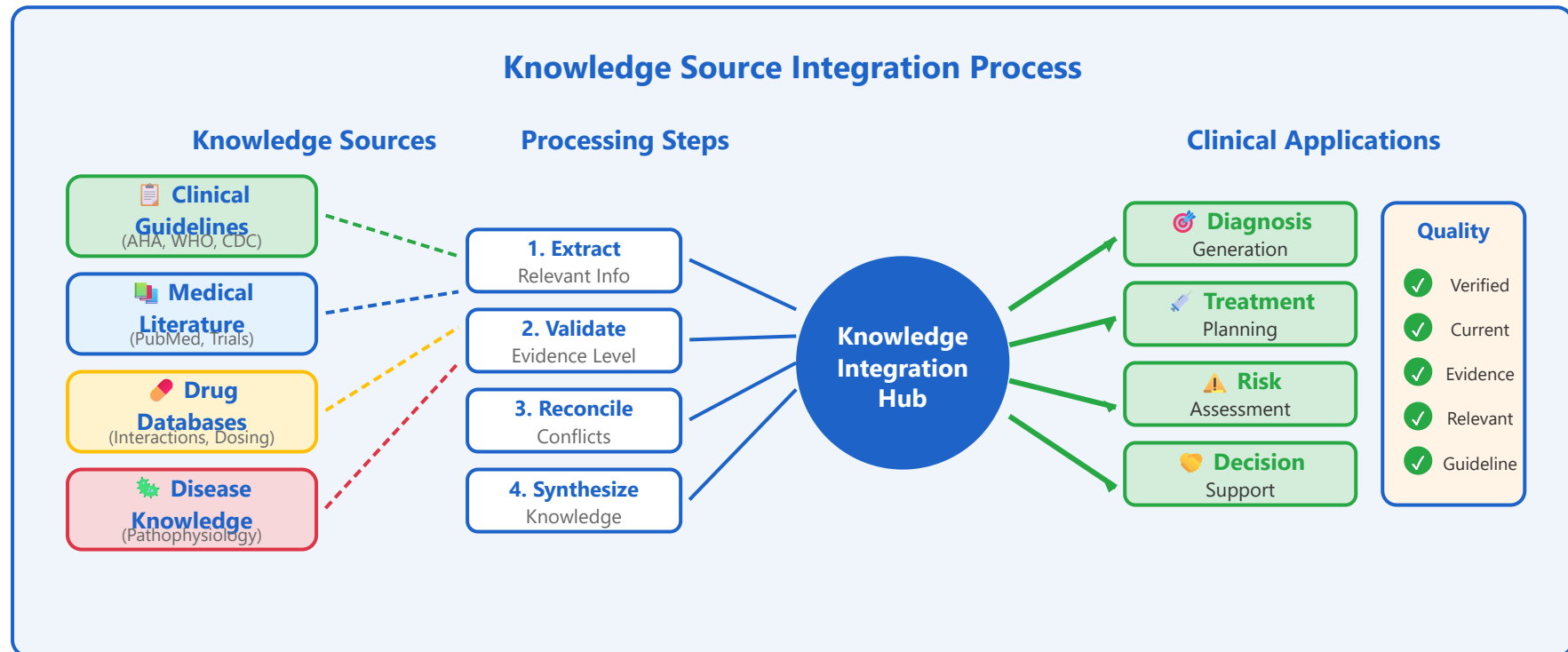
- Confidence scoring
- Expert validation
- Guideline adherence
- Outcome verification

## Path Selection & Pruning Process



**Pruning Strategy:** Eliminate paths with logical contradictions or unsupported claims early

## Medical Knowledge Integration



### Integration Example: Hypertensive Emergency

**Patient Case:** BP 220/120, chest pain, confusion

**Guideline Integration:** JNC-8 → Target BP reduction 25% in first hour

**Evidence Integration:** Recent meta-analysis → IV labetalol preferred

**Drug Database:** Check contraindications, adjust for CrCl

**Output:** Evidence-based treatment protocol with monitoring plan

**Critical:** Always reference authoritative medical sources

## Part 2/3:

# Advanced CoT Methods

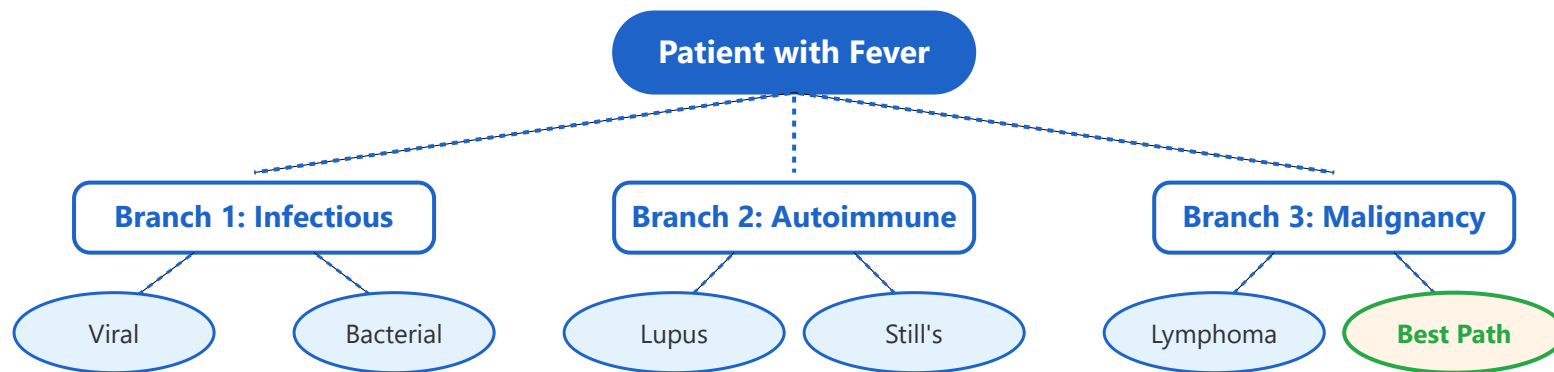
1. Tree of Thoughts for Medical Reasoning
2. Graph of Thoughts
3. Differential Diagnosis Trees
4. Bayesian Reasoning Integration
5. Uncertainty Propagation
6. Counterfactual Reasoning



## Tree of Thoughts (ToT) for Medical Reasoning

### ToT Structure

- **Branching Exploration:** Multiple diagnostic pathways simultaneously
- **Depth-First/Breadth-First:** Systematic exploration strategies
- **Backtracking:** Return to earlier decision points if path fails
- **Evaluation:** Score each branch based on evidence



**Advantage:** Explores multiple hypotheses systematically before committing to one

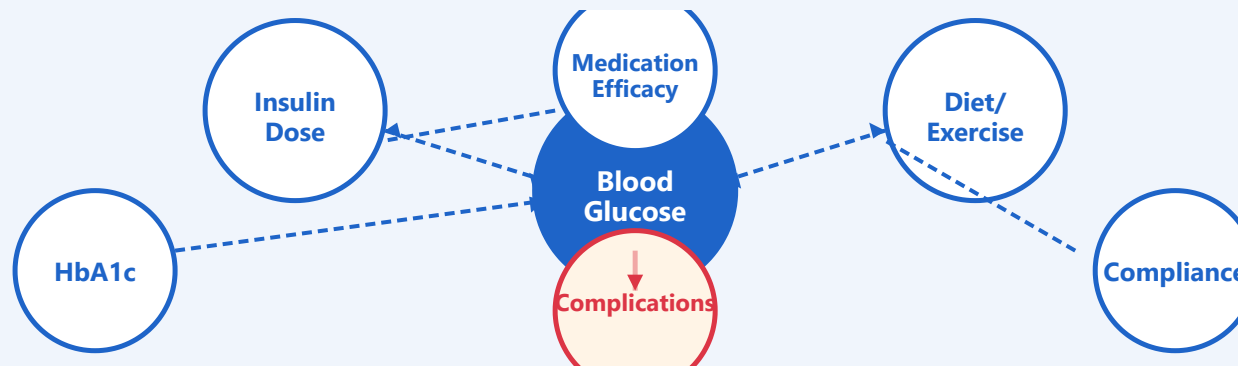
## Graph of Thoughts (GoT)

### Graph Structure

- Non-linear reasoning paths
- Cyclic relationships
- Bidirectional connections
- Complex interdependencies

### Medical Applications

- Comorbidity interactions
- Drug-drug interactions
- Multi-system diseases
- Feedback loops in treatment



**Key:** Captures complex medical relationships beyond simple trees

## Differential Diagnosis Trees

### Probabilistic Branching

- **Prior Probabilities:** Based on prevalence and risk factors
- **Likelihood Ratios:** Each test updates probabilities
- **Bayesian Updates:** Continuous refinement with new data
- **Threshold Decision:** Diagnostic certainty level to act

### Example: Chest Pain Differential

Initial:

MI (30%)

Angina (25%)

PE (15%)

GERD (20%)

After Troponin:

MI (92%)

After ECG:

MI (65%)

Angina (20%)

PE (10%)

GERD (3%)

Angina (5%)

Others (3%)

Treat as MI (>90% threshold)

**Quantitative reasoning:** Numbers guide clinical decisions

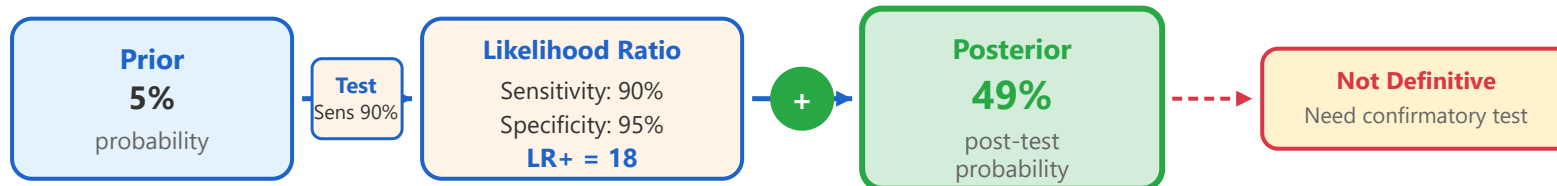
## Bayesian Reasoning Integration

### Bayesian Framework

- **Prior Probability:**Pre-test likelihood based on prevalence
- **Likelihood Ratio:**How much test changes probability
- **Posterior Probability:**Post-test diagnostic certainty
- **Sequential Testing:**Chain multiple tests together

### Bayes' Theorem in Diagnosis

$$P(\text{Disease}|\text{Test}) = [P(\text{Test}|\text{Disease}) \times P(\text{Disease})] / P(\text{Test})$$



**Critical:** Integrating prevalence and test characteristics improves diagnostic accuracy

## Uncertainty Propagation in Clinical Reasoning

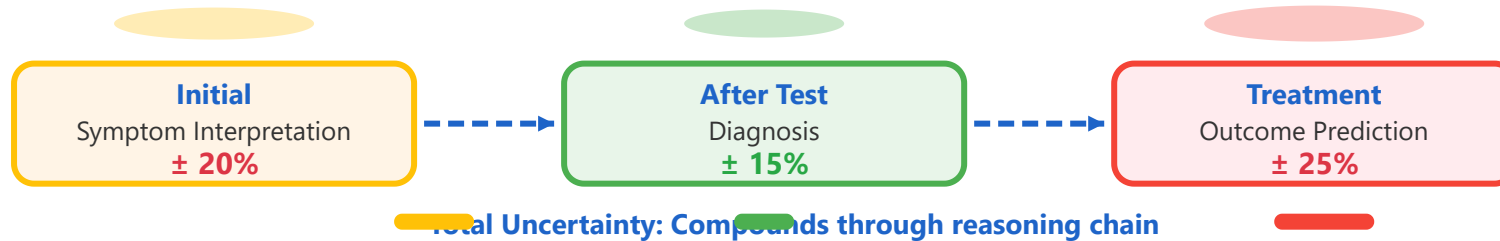
### Sources of Uncertainty

- Incomplete patient history
- Test measurement error
- Diagnostic ambiguity
- Treatment response variability

### Managing Uncertainty

- Confidence intervals
- Probability distributions
- Decision thresholds
- Risk-benefit analysis

### Propagation Example



**Action:** Make decisions robust to uncertainty levels

## Counterfactual Reasoning in Clinical Context

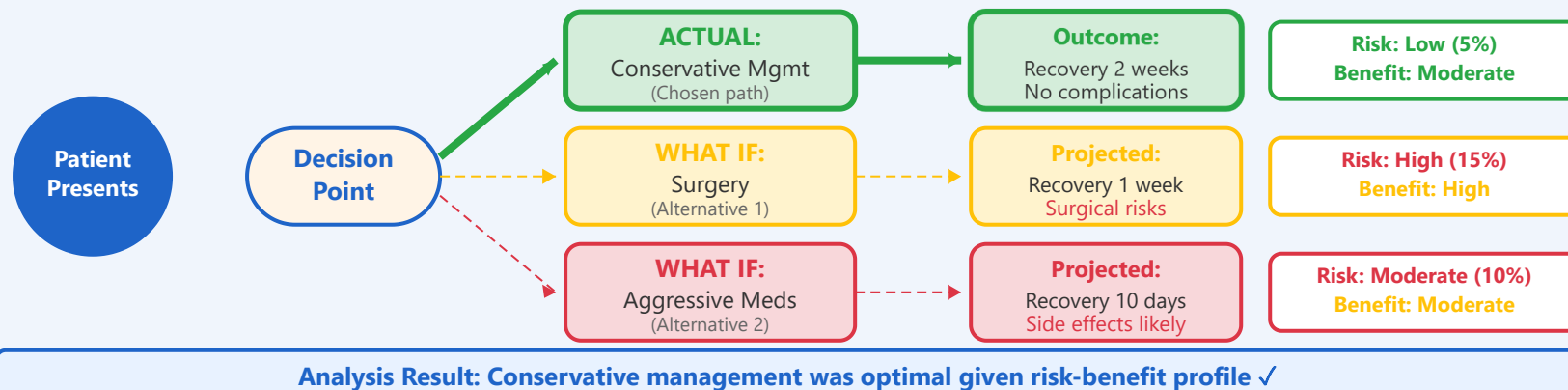
### 🤔 "What If" Scenarios

- Alternative treatments
- Timing variations
- Different diagnostic paths
- Modified risk profiles

### 📊 Analysis Benefits

- Validate decisions
- Identify improvements
- Risk-benefit clarity
- Learning from outcomes

### Counterfactual Decision Analysis



**Benefit:** Exploring alternatives validates chosen approach and identifies improvements

## Part 3/3:

# Real Clinical Applications

1. Emergency Triage with CoT
2. Treatment Planning Chains
3. Drug Interaction Reasoning
4. Lab Result Interpretation
5. Clinical Note Generation
6. Error Analysis & Verification
7. Performance & Case Studies
8. Hands-on Implementation

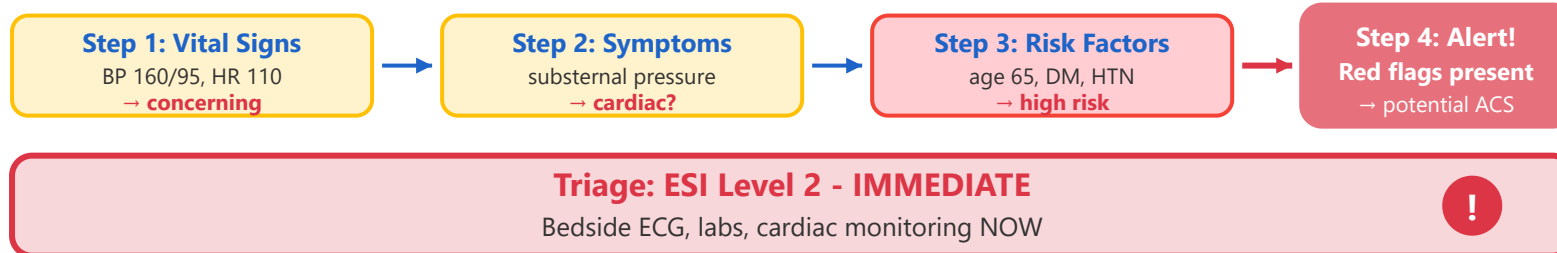


## Emergency Triage with Chain-of-Thought

### Triage CoT Process

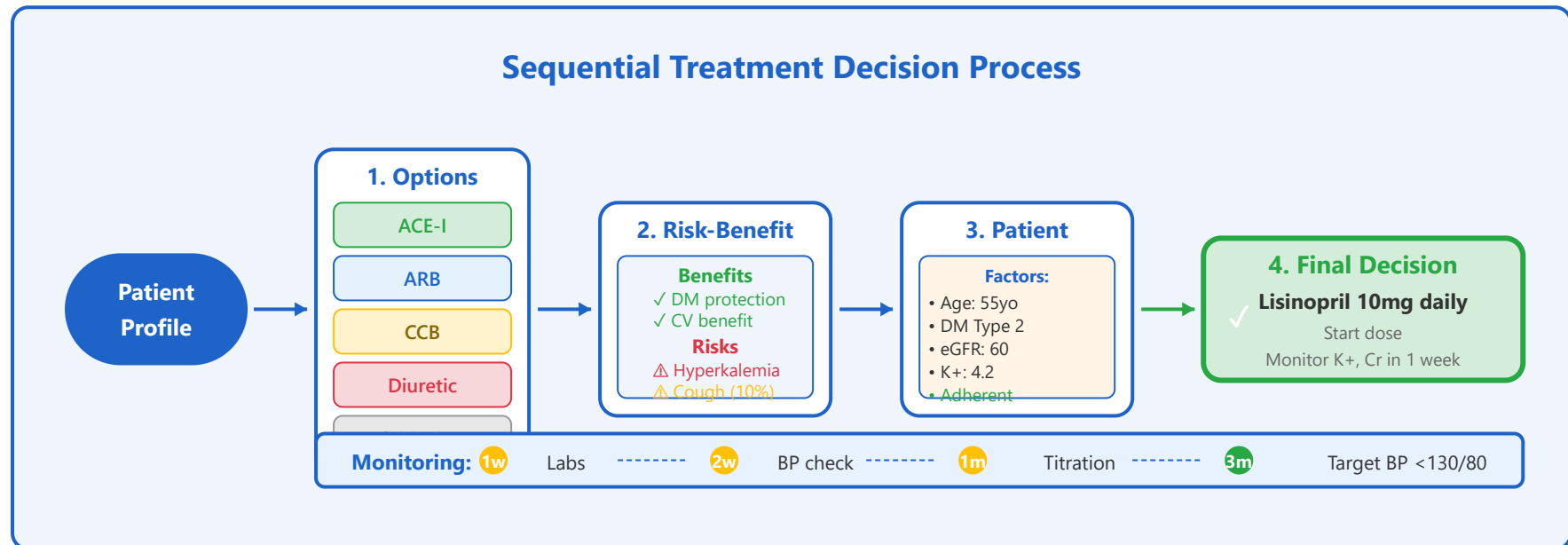
- **Rapid Assessment:** ABC (Airway, Breathing, Circulation) first
- **Priority Scoring:** ESI (Emergency Severity Index) 1-5
- **Resource Prediction:** Anticipate needed tests/interventions
- **Time-Critical Flags:** STEMI, stroke, sepsis alerts

### Example: Chest Pain Triage



**Critical:** CoT enables rapid, systematic prioritization under time pressure

## Treatment Planning with CoT

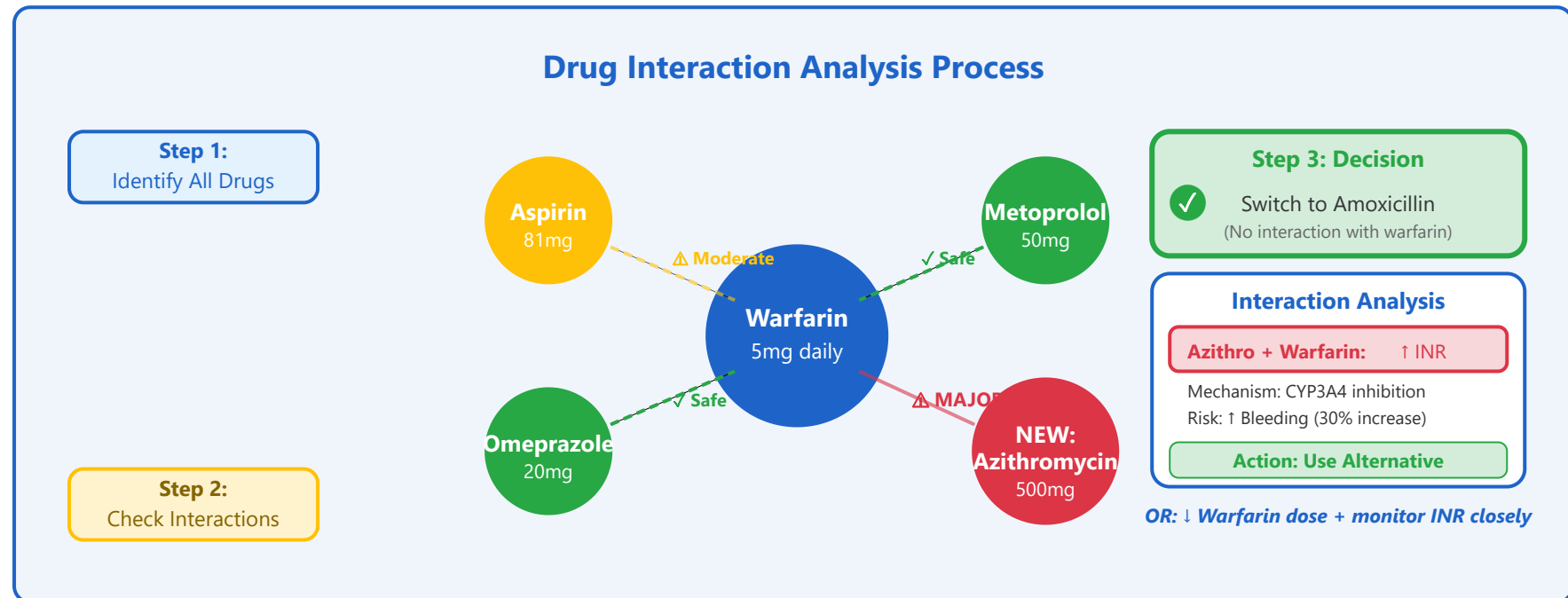


### CoT Reasoning Chain

- Step 1:** List all antihypertensive options → ACE-I, ARB, CCB, Diuretic,  $\beta$ -blocker
- Step 2:** Consider comorbidities → DM present → ACE-I/ARB preferred (renal protection)
- Step 3:** Check contraindications → K+ normal, eGFR acceptable → No contraindications
- Step 4:** Select based on guidelines + patient factors → ACE-I (Lisinopril) first-line
- Step 5:** Define monitoring plan → Labs at 1 week, BP at 2 weeks, titrate monthly

**Guideline-based + personalized = optimal treatment**

## Drug Interaction Reasoning with CoT

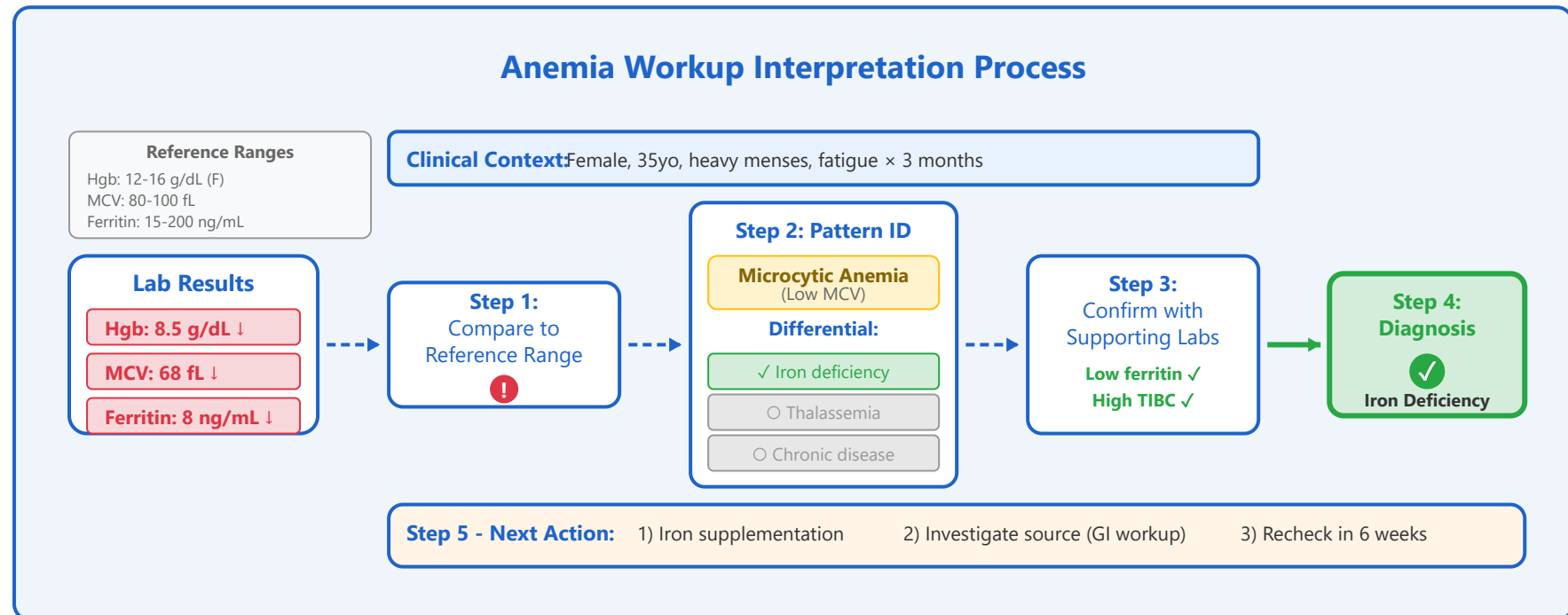


### CoT Reasoning Steps

- 1. Identify:** List all current medications → Warfarin, Aspirin, Metoprolol, Omeprazole
- 2. New drug:** Azithromycin for pneumonia → Check database for interactions
- 3. Analysis:** Major interaction found → CYP3A4 inhibition → ↑ warfarin levels → ↑ bleeding risk
- 4. Decision:** Use alternative (Amoxicillin) OR adjust warfarin + intensive monitoring

**Safety First:** CoT catches potential harms before they occur

## Lab Result Interpretation with CoT



## CoT Reasoning Steps

**Step 1:** Anemia confirmed (Hgb 8.5 < 12 g/dL) → Severity: moderate

**Step 2:** Microcytic (MCV 68 < 80 fL) → DDx: Fe deficiency, thalassemia, chronic disease

**Step 3:** Low ferritin (8 ng/mL) + high TIBC → Confirms iron deficiency

**Step 4:** Etiology? → Female, menorrhagia likely → Consider GI loss if persists

**Diagnosis:** Iron deficiency anemia → Treat + investigate source

**Integration:** Labs + clinical picture = complete assessment

## Clinical Note Generation with CoT

### SOAP Note with CoT-Enhanced Reasoning

#### S - Subjective

CC: "Chest pain × 2 hours"  
HPI: Substernal pressure,  
radiates to L arm, diaphoresis  
PMH: HTN, DM, dyslipidemia  
Meds: Metformin, Lisinopril

#### O - Objective

VS: BP 160/95, HR 110, O2 96%  
PE: Diaphoretic, chest clear  
ECG: ST elevation V2-V4  
Labs: Troponin 2.4 (↑)  
CXR: No acute findings

#### A - Assessment (CoT)

##### Reasoning Chain:

1. Chest pain + diaphoresis  
→ cardiac vs non-cardiac
2. ST elevation + ↑ troponin  
→ confirms STEMI
3. Risk factors: DM, HTN  
→ high TIMI score (5)

#### P - Plan

##### IMMEDIATE:

- Cath lab activation STAT
- ASA 325mg, Ticagrelor 180mg
- Heparin bolus + gtt
- Morphine PRN pain
- Cardiology consult

#### CoT Integration Benefits:



Transparent reasoning



Auditable decisions



Teaching tool



Reduces errors



Legal documentation

#### CoT-Enhanced Assessment Example:

"Given presentation of substernal chest pressure + radiation to left arm + diaphoresis (classic ACS triad) + ECG showing ST elevation V2-V4 (anterior wall) + troponin elevation (2.4, significant) + TIMI score 5 (high risk), this is consistent with acute STEMI. DDx considered: unstable angina (ruled out by troponin), PE (low Wells score), GERD (atypical presentation)."

**Documentation:** CoT makes clinical reasoning explicit and auditable



## Error Analysis in CoT Reasoning



### Common Error Types

- Premature closure (stopping too early)
- Anchoring bias (fixation on initial diagnosis)
- Missing rare conditions
- Ignoring contradictory evidence

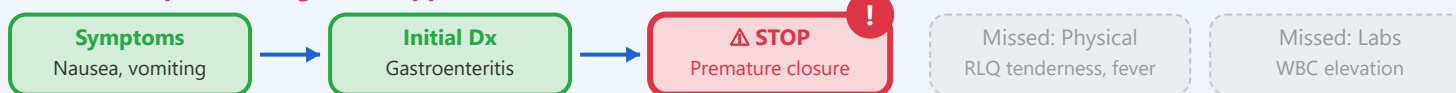


### Improvement Strategies

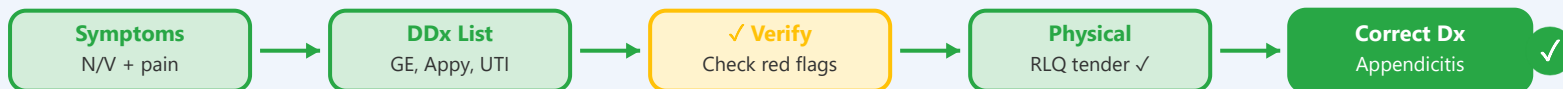
- Force consideration of alternatives
- Explicit verification steps
- Checklist integration
- Human-AI collaboration

## Error Detection & Correction Flow

### Error Example: Misdiagnosed Appendicitis



### Corrected with CoT Enhancement



**Root Cause:** Premature closure after matching 3 symptoms

**Fix:** Add mandatory "red flag check" step before finalizing diagnosis

**Results:** 50% error reduction

**Learning:** Analyze failures to improve CoT prompting strategies

## Reasoning Verification & Quality Control

### Verification Steps

**Logical Consistency:** Check for contradictions in reasoning chain

**Evidence Support:** Verify each claim has supporting data

**Completeness:** Ensure all relevant factors considered

**Guideline Adherence:** Confirm alignment with clinical standards

### Verification Checklist

- ✓ Are all steps logically connected?
- ✓ Is each conclusion supported by evidence?
- ✓ Were alternative diagnoses considered?
- ✓ Are contradictory findings explained?
- ✓ Does final answer match clinical guidelines?
- ✓ Are safety concerns addressed?

**Quality Assurance:** Systematic verification reduces errors by 30-40%

## CoT vs Standard Prompting Performance

### Standard Prompting

- Direct answer generation
- No intermediate steps
- Faster but less accurate
- Harder to debug errors

### CoT Prompting

- Step-by-step reasoning
- Transparent logic
- Higher accuracy
- Auditable process

### Benchmark Results

**MedQA:** 56% → 72% (+16% with CoT)

**PubMedQA:** 68% → 81% (+13% with CoT)

**Clinical Diagnosis:** 62% → 78% (+16% with CoT)

**Treatment Planning:** 70% → 84% (+14% with CoT)

**Average Improvement:** +15% accuracy across medical tasks

**Trade-off:** 2-3x slower but significantly more accurate and trustworthy

## Real-World Case Studies

### Case 1: Sepsis Detection

**Presentation:** 72yo, fever 39.2°C, confusion, HR 125, BP 85/50

**CoT Process:** SIRS criteria → infection source → SOFA score → sepsis diagnosis

**Outcome:** Early recognition → prompt antibiotics → improved survival

### Case 2: Atypical Presentation

**Presentation:** 45yo female, fatigue, no chest pain, mild dyspnea

**CoT Process:** Atypical symptoms → considered MI (women present differently) → ECG → troponin → diagnosed NSTEMI

**Outcome:** CoT helped recognize atypical presentation, standard prompting missed it

### Case 3: Complex Comorbidity

**Presentation:** DM + CKD + CHF patient with worsening shortness of breath

**CoT Process:** Multiple potential causes → systematically evaluated each → identified CHF exacerbation + UTI

**Outcome:** Treated both conditions appropriately, avoided missing secondary diagnosis

**Lesson:** CoT excels at complex, atypical cases requiring careful reasoning

## Hands-on: Implementing CoT for Medical Tasks

### Implementation Steps

- 1. Define Task:** Diagnosis, treatment planning, triage, etc.
- 2. Design Prompt:** Include "think step by step" or provide examples
- 3. Test & Iterate:** Evaluate on sample cases, refine prompt
- 4. Validate:** Compare to expert clinicians, measure accuracy

### Code Example (Python)

```
prompt = f"""
Patient: {patient_info}
Task: Provide differential diagnosis.
Let's think step by step:
1. Key symptoms and signs
2. Possible diagnoses
3. Tests to discriminate
4. Most likely diagnosis
"""

response = model.generate(prompt)
```



**Practice:** Try implementing CoT for your own clinical scenarios

## Best Practices for Clinical CoT

### ✓ DO

- Use clear, explicit step labels
- Reference clinical guidelines
- Verify reasoning logic
- Include safety checks
- Test on diverse cases

### ✗ AVOID

- Vague instructions
- Too many steps (>7-8)
- Ignoring contradictions
- Blind trust in output
- Skipping validation

### Key Principles

- 1. Clarity:** Each step should be clear and actionable
- 2. Completeness:** Cover all critical decision points
- 3. Safety:** Always include risk assessment
- 4. Evidence:** Ground reasoning in medical literature
- 5. Validation:** Human expert review essential

**Remember:** CoT is a tool to augment, not replace, clinical judgment

# Thank you

Chain-of-Thought for Clinical Reasoning

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