

Evidence Scoring System

▲ Evidence Pyramid

Meta-analyses & Systematic Reviews

Score: 9-10

Randomized Controlled Trials (RCTs)

Score: 7-8

Cohort Studies

Score: 5-6

Case-Control Studies

Score: 3-4

Case Reports & Expert Opinion

Score: 1-2

📋 GRADE System Factors

Study design quality

Consistency of results

Directness of evidence

Precision (CI, p-value)

Publication bias check