

Evidence Scoring System

Evidence Pyramid

Meta-analyses & Systematic Reviews

Score: 9-10

Randomized Controlled Trials (RCTs)

Score: 7-8

Cohort Studies

Score: 5-6

Case-Control Studies

Score: 3-4

Case Reports & Expert Opinion

Score: 1-2

GRADE System Factors

☒ Study design quality

☒ Consistency of results

☒ Directness of evidence

☒ Precision (CI, p-value)

☒ Publication bias check