

# Stem Cells and Differentiation

## Stem Cell Types

- Totipotent: can form organism
- Pluripotent: all cell types
- Multipotent: limited lineages
- Unipotent: single cell type

## Differentiation Signals

- Growth factors
- Cell-cell interactions
- Extracellular matrix
- Mechanical cues

## Epigenetic Changes

- Progressive restriction
- DNA methylation patterns
- Chromatin remodeling
- Transcription factor networks

## Regenerative Medicine

- iPSCs: induced pluripotent
- Tissue engineering
- Disease modeling
- Drug screening