



# Precision Medicine Success Stories

## HER2+ Breast Cancer

### Trastuzumab (Herceptin)

First companion diagnostic: **HER2 testing** identifies patients who benefit from targeted therapy. Dramatically improved survival in HER2+ patients.

## MSI-High Cancers

### Pembrolizumab (Keytruda)

First tissue-agnostic approval based on **MSI biomarker**. Immunotherapy success across multiple cancer types.

## CAR-T Cell Therapy

### Tisagenlecleucel (Kymriah)

**CD19+** **B-cell** targeting in leukemia/lymphoma. Complete remission in 80%+ of refractory patients.

## CML Treatment Revolution

### Imatinib (Gleevec)

Targeting **BCR-ABL fusion** transformed CML from fatal to manageable chronic disease. 5-year survival >90%.

## Melanoma Breakthrough

### BRAF Inhibitors

**BRAF V600E mutation** testing enables combination therapy. Median survival improved from 9 to 25+ months.

## Key Lessons

- Strong biomarker-target link
- Rigorous validation studies
- Drug-diagnostic co-development

## Mechanism of Action

HER2 Overexpression  
Gene amplification



Excessive Cell Signaling  
Uncontrolled growth



Trastuzumab Binding  
Blocks HER2 receptor



Tumor Growth Inhibition  
+ Immune activation

## CLINICAL BACKGROUND

HER2 (Human Epidermal Growth Factor Receptor 2) is overexpressed in approximately 20-25% of breast cancers. This overexpression leads to aggressive tumor behavior and was historically associated with poor prognosis.

## DIAGNOSTIC TESTING

Two primary methods: Immunohistochemistry (IHC) measures protein expression, and Fluorescence In Situ Hybridization (FISH) detects gene amplification. Patients must test positive to receive treatment.

## FDA APPROVAL TIMELINE

1998: First companion diagnostic-drug combination approved. Revolutionized the concept of biomarker-driven therapy and paved the way for personalized medicine.

### **Before Trastuzumab**

# Poor

HER2+ associated with  
worst prognosis

### **After Trastuzumab**

# 52%

Reduction in mortality  
in metastatic disease

### **Key Success Factors**

- ✓ Strong biological rationale: Direct targeting of overexpressed receptor
- ✓ Validated companion diagnostic: Standardized HER2 testing protocols
- ✓ Multiple mechanisms: Receptor blockade + antibody-dependent cellular cytotoxicity
- ✓ Combination potential: Effective with chemotherapy and other HER2-targeted agents

## BCR-ABL Fusion & Targeting



**BCR-ABL Fusion Protein**  
Constitutively active tyrosine kinase



**Imatinib Binding**  
ATP-competitive inhibition



**Kinase Activity Blocked**  
Halts malignant proliferation

## THE PHILADELPHIA CHROMOSOME

The Philadelphia chromosome, resulting from a t(9;22) translocation, creates the BCR-ABL fusion gene. This was the first specific genetic abnormality linked to a human cancer, discovered in 1960.

**95%**

CML cases with Ph+

**>90%**

5-year survival rate

**83%**

Complete cytogenetic response

**2001**

FDA approval year

## DIAGNOSTIC REQUIREMENTS

PCR testing for BCR-ABL transcripts is required for diagnosis and monitoring. Quantitative PCR allows precise measurement of disease burden during treatment.



### Paradigm Shift in Cancer Treatment

- ✓ Rational drug design: First successful molecular-targeted cancer therapy
- ✓ Predictable biomarker: Single genetic alteration in >95% of cases
- ✓ Dramatic efficacy: Transformed fatal disease to manageable condition
- ✓ Proof of concept: Demonstrated viability of precision medicine approach
- ✓ Resistance management: Led to development of second and third-generation TKIs

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# MSI-High Cancers: Pembrolizumab (Keytruda)

First Tissue-Agnostic Cancer Therapy

## MSI-High & Immunotherapy Response

### Mismatch Repair Deficiency

dMMR - Loss of MLH1, MSH2, MSH6, PMS2



### High Microsatellite Instability

Accumulation of mutations



### Increased Tumor Mutational Burden

More neoantigens produced



### Enhanced Immune Recognition

Target for checkpoint inhibitors

## REVOLUTIONARY APPROVAL

In 2017, FDA granted the first tissue/site-agnostic approval based on a common biomarker rather than tumor location. This marked a fundamental shift in cancer classification from anatomical to molecular.

## MSI-HIGH PREVALENCE

Found in approximately 15% of colorectal cancers, 30% of endometrial cancers, and smaller percentages across many other cancer types including gastric, ovarian, and pancreatic cancers.

**40%**

Overall response rate in MSI-H

**78%**

Duration of response >6 months

### Pembrolizumab (Anti-PD-1)

Releases immune brake

#### MSI-Low / MSS Tumors

**<5%**

Response rate to  
checkpoint inhibitors

#### MSI-High Tumors

**40%**

Response rate to  
pembrolizumab

#### Breakthrough Significance

- ✓ Tissue-agnostic approval: Treatment based on molecular signature, not tumor origin
- ✓ Biomarker-driven selection: Strong predictive value of MSI-H/dMMR status
- ✓ Pan-cancer application: Effective across multiple cancer types with MSI-H
- ✓ Mechanistic understanding: High mutation burden creates immunogenic tumors
- ✓ Diagnostic standardization: PCR and IHC methods widely available for MSI testing
- ✓ Durable responses: Many patients achieve long-lasting disease control

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# Melanoma: BRAF Inhibitors

Combination Therapy Success

## BRAF V600E Mutation & Targeting

### BRAF V600E Mutation

Valine → Glutamic acid at position 600



### Constitutive Kinase Activation

Continuous MAPK pathway signaling



### BRAF Inhibitor (Vemurafenib/Dabrafenib)

Blocks mutant BRAF kinase

+ (Combination Therapy)

### MEK Inhibitor (Trametinib/Cobimetinib)

Blocks downstream signaling



## BRAF MUTATION IN MELANOMA

BRAF V600E mutation is present in approximately 50% of melanomas. This single point mutation leads to constitutive activation of the MAPK signaling pathway, driving uncontrolled cell proliferation.

## EVOLUTION TO COMBINATION THERAPY

Initial BRAF inhibitor monotherapy showed rapid responses but frequent resistance. Combining BRAF and MEK inhibitors significantly improved outcomes and delayed resistance development.

**~50%**

Melanomas with BRAF mutation

**25+**

Median survival (months) with combo

**67%**

Overall response rate

**11**

Median PFS (months)

## Tumor Regression + Reduced Resistance

Improved outcomes vs monotherapy

**2002**

BRAF V600E mutation identified



**2011**

Vemurafenib approved  
(monotherapy)



**2014**

Combination therapy approved



**Present**

Standard of care for BRAF+  
melanoma

### Before BRAF Inhibitors

**9 mo**

Median overall survival  
in metastatic melanoma

### With BRAF+MEK Combo

**25+ mo**

Median overall survival  
nearly tripled

### Clinical Impact & Lessons

- ✓ Rapid response: Dramatic tumor shrinkage often within weeks of treatment
- ✓ Companion diagnostics: Mandatory BRAF V600 mutation testing before treatment
- ✓ Resistance mechanisms: Understanding led to combination strategy development
- ✓ Synergistic effects: BRAF+MEK combination superior to monotherapy
- ✓ Sequencing strategies: Integration with immunotherapy for optimal outcomes
- ✓ Quality of life: Oral medications with manageable side effects

## CAR-T Manufacturing & Mechanism

Patient T-Cell Collection  
Leukapheresis procedure



Genetic Engineering  
Viral vector introduces CAR gene



CAR Expression  
T-cells now target CD19



Ex Vivo Expansion  
Multiply CAR-T cells



## REVOLUTIONARY APPROACH

CAR-T represents a paradigm shift: a "living drug" that multiplies inside the patient and can provide long-lasting immunity. First gene therapy approved for cancer treatment in the United States (2017).

## CD19 TARGET SELECTION

CD19 is expressed on B-cells and most B-cell malignancies but not on stem cells, allowing for potential B-cell recovery after treatment. Present in ALL, DLBCL, and follicular lymphoma.

**81%**

CR rate in pediatric ALL

**52%**

CR rate in DLBCL

**89%**

Response duration >6 months

**2017**

FDA approval year

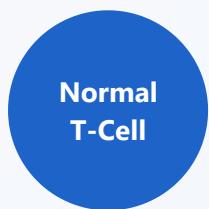
## Infusion to Patient

CAR-T cells attack CD19+ cancer cells

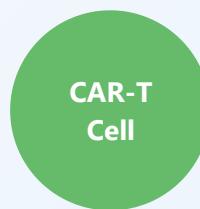


## Tumor Elimination

+ Long-term memory



No tumor recognition



Engineered to target CD19



Target cell eliminated

### Clinical Considerations

- ✓ Indication: Refractory or relapsed B-cell ALL and DLBCL after multiple therapies
- ✓ Personalized manufacturing: Each dose custom-made from patient's own cells
- ✓ Cytokine release syndrome: Major toxicity requiring careful monitoring and management
- ✓ Neurotoxicity: CAR-T-related encephalopathy syndrome (CRES) in some patients
- ✓ Durable remissions: Many patients achieve long-term disease-free survival
- ✓ B-cell aplasia: Expected on-target effect requiring immunoglobulin replacement
- ✓ Cost considerations: High upfront cost but potential for cure in refractory disease

### **Historical Outcomes**

**<10%**

Survival in refractory  
pediatric ALL

### **With CAR-T Therapy**

**81%**

Complete remission  
rate achieved

## Success Framework

### 1. Strong Biomarker-Target Link

Clear biological rationale



### 2. Validated Diagnostic Test

Reliable, reproducible, standardized



### 3. Drug-Diagnostic Co-Development

Parallel development pathway



### 4. Rigorous Clinical Validation

Prospective studies with clear endpoints

## COMMON SUCCESS ELEMENTS

All successful precision medicine approaches share: (1) actionable biomarkers with strong predictive value, (2) validated companion diagnostics, (3) targeted mechanism of action, (4) demonstrable clinical benefit in biomarker-selected populations.

## EVOLUTION OF PARADIGM

From anatomical classification to molecular classification:  
Modern cancer treatment increasingly focuses on the molecular characteristics of tumors rather than their tissue of origin, as exemplified by tissue-agnostic approvals.

## FUTURE DIRECTIONS

Next generation approaches include: multi-omic biomarkers, liquid biopsies for real-time monitoring, AI-driven patient selection, combination biomarker strategies, and integration of germline and somatic testing.

## 5. Regulatory Approval

Companion diagnostic + drug

### Critical Success Factors Across All Examples

- ✓ **Biological Understanding:** Deep mechanistic insight into disease pathogenesis and drug action
- ✓ **Biomarker Validation:** Analytical and clinical validation in large, well-designed studies
- ✓ **Patient Selection:** Clear criteria for identifying patients most likely to benefit
- ✓ **Regulatory Framework:** FDA guidance on companion diagnostics facilitated development
- ✓ **Accessible Testing:** Standardized, widely available diagnostic tests with quality control
- ✓ **Clinical Evidence:** Demonstrable improvement in patient outcomes in selected populations
- ✓ **Resistance Management:** Understanding and addressing mechanisms of treatment resistance
- ✓ **Combination Strategies:** Rational combinations based on complementary mechanisms

**50+**

FDA-approved companion diagnostics

**100+**

Targeted cancer therapies approved

**30%**

Cancer patients receive biomarker-guided therapy

**Growing**

Precision medicine market

### Remaining Challenges

- ✓ Access and equity: Ensuring all patients can access biomarker testing and targeted therapies
- ✓ Tumor heterogeneity: Addressing intratumoral and intertumoral diversity
- ✓ Resistance mechanisms: Developing strategies to overcome or prevent resistance
- ✓ Rare biomarkers: Creating feasible development pathways for small patient populations
- ✓ Cost sustainability: Balancing innovation with healthcare system affordability
- ✓ Real-world implementation: Integrating complex testing into routine clinical practice