

# Targeted Gene Panels

## Overview

- Sequence specific set of genes related to condition
- Highly focused - typically 10-500 genes
- Very high coverage for selected regions (>500X)

## Common Panel Types

Cancer

**50-500 genes**

Oncology hotspots

Cardio

**50-200 genes**

Heart conditions

Neuro

**100-300 genes**

Epilepsy, ataxia

### Advantages

- Cost-effective (\$100-300)
- Very high depth
- Faster turnaround
- Detect low-frequency variants

### Use Cases

- Hereditary cancer screening
- Pharmacogenetic testing
- Carrier screening
- Targeted diagnostics

Best for known genes associated with specific phenotypes

## Principle: Selective Enrichment



- Target enrichment focuses sequencing on specific genomic regions of interest
- Reduces sequencing cost by 10-1000x compared to whole genome sequencing
- Increases depth of coverage for better variant detection
- Enables detection of low-frequency somatic variants (as low as 1-5%)

## Capture Methods

### 1. Hybridization Capture (Solution-based)

Custom oligonucleotide probes (baits) complementary to target regions are mixed with fragmented DNA library. Target fragments hybridize to biotinylated probes and are captured using streptavidin-coated magnetic beads. Non-target DNA is washed away.

**Examples:** Agilent SureSelect, IDT xGen, Twist Bioscience

**Best for:** Larger panels (>100 genes), exome sequencing

## 2. Amplicon-based Sequencing (PCR)

Multiple primer pairs designed to amplify specific target regions simultaneously in a single multiplex PCR reaction. Amplified products are pooled and sequenced directly.

**Examples:** Illumina AmpliSeq, Ion Torrent AmpliSeq

**Best for:** Small-medium panels (10-200 genes), hotspot regions

## 3. Molecular Inversion Probes (MIPs)

Single-stranded DNA probes with sequences complementary to regions flanking the target. After hybridization, the probe circularizes around the target sequence, which is then amplified.

**Best for:** SNP genotyping, copy number variation detection

### Targeted Panel Sequencing Workflow

1

#### DNA Extraction & QC

Extract high-quality genomic DNA from sample (blood, tissue, saliva). Assess quantity (10-500 ng typically required) and quality (DIN/RIN score).

2

#### Library Preparation

Fragment DNA to optimal size (150-300 bp). Attach adapters and unique molecular identifiers (UMIs) to enable sequencing and reduce PCR duplicates.

3

#### Target Enrichment

Apply hybridization capture or amplicon-based enrichment to isolate genomic regions of interest. Wash away non-target DNA sequences.

4

#### PCR Amplification

Amplify enriched library to generate sufficient material for sequencing. Typical: 8-12 PCR cycles to minimize amplification bias.

5

#### Next-Generation Sequencing

Sequence enriched library on NGS platform (Illumina, Ion Torrent, MGI). Generate paired-end reads (typically 2×150 bp) with high depth (>500X average coverage).

6

#### Bioinformatics Analysis

Align reads to reference genome, call variants (SNVs, indels, CNVs), filter artifacts, annotate variants, and interpret clinical significance using databases (ClinVar, COSMIC, gnomAD).

## Method Comparison

Feature	Hybridization Capture	Amplicon-based
<b>Input DNA</b>	50-500 ng	10-50 ng
<b>Uniformity</b>	Excellent across targets	Variable (primer efficiency)
<b>Target Size</b>	Best for large panels (>1 Mb)	Best for small panels (<500 kb)
<b>Workflow Time</b>	2-3 days	1 day

Feature	Hybridization Capture	Amplicon-based
<b>Sensitivity</b>	5-10% allele frequency	1-5% allele frequency
<b>Cost per Sample</b>	\$150-400	\$100-250
<b>Best Application</b>	Hereditary disease panels, exomes	Cancer hotspots, pharmacogenetics

## Key Performance Metrics

### Coverage Metrics

- Mean coverage depth:** >500X
- Target coverage:** >95% at 100X
- Uniformity:** >80% bases within 0.2x mean
- On-target rate:** >50% reads

### Variant Detection

- SNV sensitivity:** >99%
- Indel sensitivity:** >95%
- CNV detection:** Exon-level resolution
- Somatic VAF:** As low as 1-5%

High depth sequencing enables confident detection of both germline and somatic variants with clinical-grade accuracy

## Clinical Applications

- Oncology:** Somatic mutation profiling for targeted therapy selection (e.g., EGFR, KRAS, BRAF in solid tumors)
- Hereditary Cancer:** BRCA1/2, Lynch syndrome genes (MLH1, MSH2, MSH6, PMS2), Li-Fraumeni (TP53)
- Cardiovascular:** Cardiomyopathy genes (MYH7, MYBPC3, TTN), arrhythmia panels (SCN5A, KCNQ1)
- Neurology:** Epilepsy genes (SCN1A, KCNQ2), intellectual disability panels, muscular dystrophy genes

- **Pharmacogenomics:** Drug metabolism genes (CYP2D6, CYP2C19, TPMT, SLCO1B1) for personalized medication