# HKDSE Examination 2014: English Language Paper 4

# **Question 8.1: Super-sized Japanese Food**

# **Group Discussion Demonstration (recorded in Aug 2015):**

Candidate	Year	Level attained in DSE Eng Lang Paper 4
Α	2015	5**
В	2015	5**
С	2015	5**
D	2015	5*

# **Transcript** (verbatim)

#### Examiner:

You may start now.

#### **A**:

Er, so, good afternoon, everyone. So, today we're going to talk about ... we're having a school funfair and we're talking about ... selling super-sized food. So, ... I think ... personally, I think super-sized food are not being popular in Hong Kong because ... due to the ... heavily emphasis on health, health eating in Hong Kong by the education from the government. So, I think ... people in Hong Kong tend to ... tend to eat things with less fat, less calories and less cholesterol. And with this kind of good ... eating habit, I think super-sized food is too much for them and that causes them ... hatred towards the super-sized food. So, what do you think?

#### C:

Erm, adding to ... candidate A's point, I would like to ... stress that ... I believe that super-sized meals are actually becoming more popular in Hong Kong. Erm, although it may be said that ... they are ... Hong Kong people are more aware of their health and ... super-sized food may not be a very ..... wise diet for them, but actually ... they can be shared with friends with the super-sized food like ... the ... in the data, the picture 1, which is ..... sushi roll which is very big. But actually, a family can share with each other for a diet, so ... I think it is also possible for them to eat like this.

## D:

I agree with candidate C's point. Erm, super-sized food are not necessarily unhealthy. So ... I believe that with the advancement of technology, there is the emergence of social networking sites, so ... teenagers can upload photos of those super-sized food ... in, onto the social networking site and show off ... to their peers. Erm, so I believe that ... these super-sized food can be more and more popular ... among teenagers as teenagers ... teenagers are using more and more social networking sites nowaday.

#### B:

Er, however, I believe that ... not many shops or restaurants are currently going to offer ... super-sized meals in Hong Kong because ... as, as you've just said, ... most of those who, who order super-sized meals are those of the younger generation. And only those restaurants that cater to these people will usually offer such ... catering sizes, for example, McDonald's which has super-

sized ... soda and also French fries. So, ... I think for normal restaurants, they will still think that ... they'll still have to cater to their normal ... eaters and ... and think that these super-sized meals are not as healthy as they should be. Erm, and for the pros of super-sized meals, I would definitely think that as I've just said, ...... it would create an image that the restaurant is very ... advance, they look ... to the future, they're young, they're, they appeal to the young people. Er, however, I think that the cons will, will definitely be ... be them being labelled as an unhealthy shop, ... one that spreads ... an unhealthy message to those around them. So, ... I think this is something that we have to think about.

# C:

Erm, I agree to your point that for the advantage that we ... operate ... super-sized meals to attract customers is that ... super-sized meals is ... is going like ... more ... globalized because, like ... they're copying the Western ... form of super-sized food which can attract more customers because nowaday Hong Kong is also a, like ... is going to under, under the age of globalization. But at the same time, I think that the disadvantage of super-sized food is that ... for a single person who come to our shop may not be able ... we may not be able to cater for their preference because super-sized food is, like, way too much for, for a person to eat. But ..... if, like, for a group of friends or family, I think it's ... quite a good idea.

#### D:

Erm, I believe that another pros of using super-sized meals to attract customer is to ...... encourage the bonding between family as the, the family needs to share the meal within one another and each ... with one another and they need to ... choose the food that ... that is suitable for all the family members. So I believe that this can strengthen the bonding between friends and family and this definitely provide a better reputation for the restaurant.

### A:

Well, I would like to add some point on ... what candidate D said on the pros and cons. Because ... profit-wise, I think ... super-sized food are actually cheaper because ... when restaurants start to ... order large amount of food, they can lower the price a lot. And so, I think the cheap price of super-sized food can really encourage people to ... to buy the food there in the restaurants. But at the same time, like what candidate B said, I think it really creates an image, image that the restaurant is not helping, is not supporting the people's health at all. So, maybe we should move on to what our group should ... should ... serve ... the super-sized food to our customers. So, I think ... what we see in the source ... I think picture 1 is quite good because it's primarily made up of rice and seaweed, which may not have such a high calorie ... amount, so I think ... it is super-sized, it is young, it is fashionable, but at the same time, it is quite healthy.

## B:

I think when we consider what kind of super-sized food that we are going to offer, the first thing that we should consider is something that is ... easily suitable for everyone ... so that they can share the food, the super-sized food they order and they won't waste food or be labelled as unhealthy. And I think ... something like salad would be good because, well ... in many western families, they ... they often cook ... or prepare a large, a large dish of salad and then, ... family members will share between themselves, so I think this will also ... encourage the family bonding, as ... candidate D has just said. And ... it is also guite healthy as it is ... made of ... vegetables.

#### C:

Erm, candidate B has mentioned a very good point that we can ... prepare some food which is healthy as well so that we can solve the problem of unhealthy image or, which brings a rather bad reputation to us all. So, ... apart from ... having a salad ... which is in super size, I believe that dessert is also a, a very good point, because nowadays many ... young, youngsters may like to share with friends with their desserts and ... it's a very good time for ... the bonding between friends or even family. So, dessert may be ... another choice for us to ...... decide.

### D:

Erm, I believe that dessert ... with low sugar content should be more suitable because ... it won't be labelled as unhealthy. So, ... apart from dessert, I believe that ... the sushi roll in ... in the data ... can also be our, be another alternative because ...

teenagers usually like ... sashimi or ... sushi, those ... Japanese food, so ... these ... fish ..... do not carry, does not carry ... high cholesterol content or fat content. So, I believe that ... these food are healthy, as well as attractive to the different teenagers.

#### A:

Yeah, well, I would like to add a point on candidate D, as he mentioned about the fish and sushi. I think ... we can also promote ... the ... healthy lifestyle by promoting ... super-sized sushi because ... as we all know, ... sushi ... with ... salmon has a lot of omega-3 content, which is ... which can promote ... the large amount of ... absorption of ... omega-3. And I think this can ... boost our image as a good and responsible super-sized restaurant. Thank you.

[End of discussion]