

HKDSE Examination 2014: English Language Paper 4

Question 5.3 : Common health ‘mistakes’

Individual Response Demo (recorded in Aug 2015):

<i>Candidate</i>	<i>Year</i>	<i>Level attained in DSE Eng Lang Paper 4</i>
A	2015	5**
B	2015	5**
C	2015	5**
D	2015	5*

Transcript (verbatim)

Examiner: (Question 1)

Candidate A, do you eat breakfast every day? You may start now.

A:

Well, honestly, ... I have to admit that I don't eat breakfast every day because of the ... very busy schedule that I have. Because I need to spend a lot ... like a lot of students in Hong Kong, I need to spend a very long time to travel from home to school. For example, for me, I have to take ... an hour of bus from South Horizons to school, so I think ... it really doesn't allow me to have the sufficient time to eat a breakfast, such as a simple cereal breakfast, which is very energising. And ... I think ... if I really eat the breakfast every day, I, I think I can have a lot more energy to cope with ... every ... mistakes and every problems I would encounter every day. So, ... but honestly, ... in the reality, I, I don't really eat breakfast. That cause me to sleep during the ...

lessons and could not pay ... pay attention ... when I was after school and having tutorial lessons because I just, I'm just too tired. Okay, thank you.

Examiner: (Question 4)

Candidate B, what can schools do to solve the problem of heavy schoolbags? You may start now.

B:

I think ... there are two ways to solve this problem. Er, the simpler way, it would be ... for schools, every ... for schools to build ... for example, mandatory lockers for students so that ... students can at least put the books that they commonly use, but ... are quite heavy, at school. For example, a dictionary or bibles. They can put these ... at school and don't have to carry it home ... every day so that ... this can ... lighten ... hopefully lighten their schoolbags ... in the short term. However, in the long term, I think ... the, our education system should be geared towards ... a more electronic one by introducing more e-books. Because ... in the long term, ... it ... this is a new trend and I think Hong Kong as an international city should keep up with this trend and start using more e-books. The government may put more funding into this so that more schools will be able to afford it and ... students who are poor can also use it so that they don't have to carry very heavy ... paperback books ... to school.

Examiner: (Question 5)

Candidate C, which health 'mistake' is most surprising to you?
You may start now.

C:

Er, well, the most surprising to me is obviously the over-exercising mistakes that ... I've looked in this ... this paper. So, ... personally, I'm a person who is engaged in many sports activities like basketball, swimming, and dancing and running as well. Erm, so I believe, I ... I always believe that exercising ... strengthens our body system and immune system because ... during these exercise, we may ... keep up with our stamina and our strength, our body strength and muscle tone as well. But, indeed, ... I do not realise that over-exercising will actually harm our immune system in the other way. Erm, and because of all of the media as well, that promotes ... Hong Kong students to ... or Hong Kong people in general to do more exercise so that they, they can ... enhance their health and be more ... be more resistant to ... different illnesses. So, this is quite a surprising one to me. Thank you.

Examiner: (Question 7)

Candidate D, should we trust health information found on the Internet? You may start now.

D:

Erm, we should trust ... the health information in the Internet if we can find ... several sources telling the same thing. Erm, a single source may not be reliable because ... the information in the source may be biased or omit some, several important ... facts about the health information. But, with ... several sources, we can ... rely on them and check the ... accuracy and reliability of the information because if several sources is, are telling the same thing, so different people are ... different professionals ... can actually ... admit the fact, and admit the health information. So, with ... several sources ... saying the same thing, I believe that we can trust the information in the ... in the Internet. Thank you.