

# Hospital Bag

## CHECKLIST

### FOR YOU

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Birth Plan                          | <input type="checkbox"/> A Robe/Gown             | <input type="checkbox"/> Toiletries               |
| <input type="checkbox"/> Comfortable Clothes                 | <input type="checkbox"/> Reusable Water Bottle   | <input type="checkbox"/> Extra Long Phone Charger |
| <input type="checkbox"/> Nipple Cream                        | <input type="checkbox"/> Pillow                  | <input type="checkbox"/> Lip Balm                 |
| <input type="checkbox"/> Depends or Always Briefs/ Underwear | <input type="checkbox"/> Bluetooth Speaker       | <input type="checkbox"/> Portable Fan             |
| <input type="checkbox"/> Driver's license/ Insurance card    | <input type="checkbox"/> Breast Pads/Nursing Bra | <input type="checkbox"/> Footwear                 |
| <input type="checkbox"/> Bath towel                          | <input type="checkbox"/> Breast Pump             | <input type="checkbox"/> Snacks                   |

### FOR BABY

The hospital will provide diapers and wipes. Save yours for the return home.

- |                                   |  |  |
|-----------------------------------|--|--|
| <input type="checkbox"/> Car Seat | <input type="checkbox"/> A few outfits | <input type="checkbox"/> Pediatrician Contact Info |
| <input type="checkbox"/> Bottles  | <input type="checkbox"/> Socks         |  |

