For simplicity, let n = q - 1. Observe that, when $k \neq 0$,

$$\sum_{i=0}^{n-1} \alpha^{ik} = 0, \forall \alpha \in \mathbb{Z}_q^*,$$

and when k = 0, obviously

$$\sum_{i=0}^{n-1} \alpha^{ik} = \sum_{i=0}^{n-1} \alpha^0 = n, \forall \alpha \in \mathbb{Z}_q^*.$$

Therefore we have

$$f(i) = \frac{1}{n} \sum_{k,j} f(j) \alpha^{kj-ki}$$
$$= \frac{1}{n} \sum_{k,j} f(j) \alpha^{kj} \alpha^{-ik}$$
$$= \frac{1}{n} \sum_{k} F(k) \alpha^{-ik},$$

where $F(k) \stackrel{def}{=} \sum_{j} f(j) \alpha^{kj}$.