



Online safety guidelines

# STRONG PASSWORDS

Quick tips for creating and saving your online passwords

## ADD VARIETY

Use uppercase, lowercase, characters and numbers.

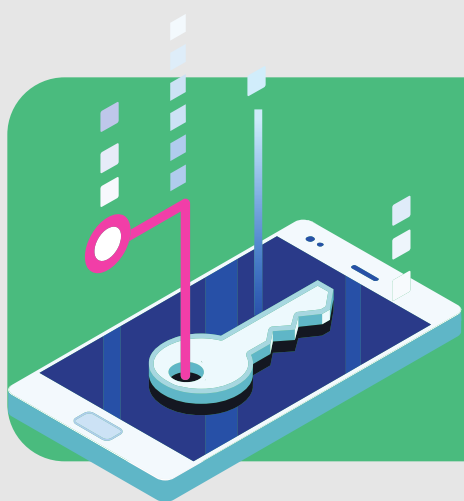


## DO NOT RECYCLE

Do not use the same password for all of your accounts.

## DO NOT USE PERSONAL INFORMATION

Avoid using birthdates or names from your loved ones.



## MAKE IT LONG

Use passwords longer than six characters when possible.

## CHANGE OFTEN

Make sure to review your passwords and change them frequently.



## USE A MANAGER

Password management apps and sites can help keep track.



Visit our site [www.isafetyapp.eu](http://www.isafetyapp.eu) for more!



iSafetyApp