







Ingredients:

- 50g fettuccine (or any pasta of choice)
- Salt (for boiling water)
- 2 chicken breasts (boneless, skinless)
- 1 tsp salt
- ½ tsp black pepper
- 1 tsp Italian seasoning (optional)
- 1 tbsp olive oil or butter
- 2 tbsp butter
- 2 cloves garlic (minced)
- 1 cup heavy cream (or half-and-half)
- 1 cup Parmesan cheese (grated)
- ½ tsp black pepper
- 1/4 tsp nutmeg (optional, for extra flavor)
- Fresh parsley (chopped)
- Extra Parmesan cheese

Steps to Prepare:

Cook the Pasta - Boil fettuccine pasta in salted water until al dente, then drain and set aside.

Prepare the Chicken - Season chicken breasts with salt, pepper, and Italian seasoning, then cook in a pan with butter/oil until golden brown and fully cooked. Slice or dice. Make the Alfredo Sauce- In the same pan, melt butter, add minced garlic, and stir in heavy cream. Simmer, then mix in Parmesan cheese until smooth and creamy.

Combine & Serve- Toss the cooked pasta and chicken in the sauce, mix well, garnish with parsley, and serve hot!





















