Prediction Assignment

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Introduction

Bakground

The goal of this project is to create a machine-learning algorithm that can correctly identify the quality of barbell lifts by using data from belt, forearm, arm, and dumbbell monitors. There are five classifications of this exercise, one method is the correct form of the exercise while the other four are common mistakes: exactly according to the specification (Class A), throwing the elbows to the front (Class B), lifting the dumbbell only halfway (Class C), lowering the dumbbell only halfway (Class D) and throwing the hips to the front (Class E)

More information is available from the website here: http://groupware.les.inf.puc-rio.br/har (http://groupware.les.inf.puc-rio.br/har) (see the section on the Weight Lifting Exercise Dataset).

Input Data

The training data for this project are available here: https://d396qusza40orc.cloudfront.net/predmachlearn/pml-training.csv (https://d396qusza40orc.cloudfront.net/predmachlearn/pml-training.csv)

The test data are available here: https://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.csv (https://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.csv)

Load and Clean the Data

library(caret)
library(gbm)

library(rpart)

library(rpart.plot)

library(RColorBrewer)

library(rattle)

library(randomForest)

library(knitr)

```
set.seed(7575)

trainingDataUrl <- "http://d396qusza40orc.cloudfront.net/predmachlearn/pml-training.csv"
testingDataUrl <- "http://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.csv"

training <- read.csv(url(trainingDataUrl), na.strings=c("NA","#DIV/0!",""))
testing <- read.csv(url(testingDataUrl), na.strings=c("NA","#DIV/0!",""))

#Partioning the training set into two (60-40 ratio)

inTrain <- createDataPartition(training$classe, p=0.6, list=FALSE)
trainingData <- training[inTrain, ]
testingData <- training[-inTrain, ]</pre>
```

```
dim(trainingData);
dim(testingData)
```

```
#Clean the data
nzv <- nearZeroVar(trainingData, saveMetrics=TRUE)</pre>
trainingData <- trainingData[,nzv$nzv==FALSE]</pre>
nzv<- nearZeroVar(testingData,saveMetrics=TRUE)</pre>
testingData <- testingData[,nzv$nzv==FALSE]</pre>
#Remove the first column of the trainingData data set
trainingData <- trainingData[c(-1)]</pre>
#Clean variables with more than 60% NA
cleanTrainingData <- trainingData</pre>
for(i in 1:length(trainingData)) {
    if( sum( is.na( trainingData[, i] ) ) /nrow(trainingData) >= .7) {
        for(j in 1:length(cleanTrainingData)) {
            if( length( grep(names(trainingData[i]), names(cleanTrainingData)[j]) ) == 1) {
                 cleanTrainingData <- cleanTrainingData[ , -j]</pre>
            }
        }
    }
}
# Set back to the original variable name
trainingData <- cleanTrainingData</pre>
rm(cleanTrainingData)
#Transform the testingData and testing data sets
cleanData1 <- colnames(trainingData)</pre>
cleanData2 <- colnames(trainingData[, -58]) # remove the classe column</pre>
testingData <- testingData[cleanData1]</pre>
                                                # allow only variables in testingData that are al
so in trainingData
testing <- testing[cleanData2]</pre>
                                             # allow only variables in testing that are also in tr
ainingData
```

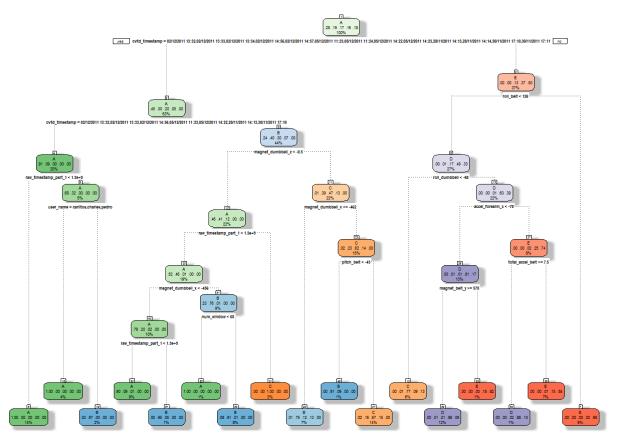
```
dim(testingData)
dim(testing)
```

```
#Coerce the data into the same type
for (i in 1:length(testing) ) {
    for(j in 1:length(trainingData)) {
        if( length( grep(names(trainingData[i]), names(testing)[j]) ) == 1) {
            class(testing[j]) <- class(trainingData[i])
        }
    }
}

# To get the same class between testing and trainingData
testing <- rbind(trainingData[2, -58] , testing)
testing <- testing[-1,]</pre>
```

Prediction using Decision Tree

```
set.seed(7575)
modFitA1 <- rpart(classe ~ ., data=trainingData, method="class")
fancyRpartPlot(modFitA1)</pre>
```



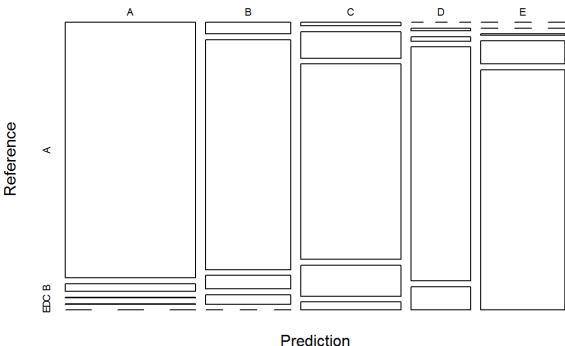
Rattle 2016-Sep-30 07:54:24 admin

predictionsA1 <- predict(modFitA1, testingData, type = "class")
cmtree <- confusionMatrix(predictionsA1, testingData\$classe)
cmtree</pre>

```
## Confusion Matrix and Statistics
##
##
             Reference
## Prediction
                            C
                                 D
                                      Ε
##
            A 2147
                     65
                                 4
                                      0
                            6
                63 1269
##
            В
                           75
                                53
                                      0
            C
##
                22
                    173 1263
                               200
                                     52
##
            D
                 0
                     11
                           17
                               905
                                     90
##
            Е
                 0
                      0
                            7
                               124 1300
##
## Overall Statistics
##
##
                  Accuracy : 0.8774
##
                    95% CI: (0.8699, 0.8846)
       No Information Rate: 0.2845
##
##
       P-Value [Acc > NIR] : < 2.2e-16
##
##
                     Kappa: 0.8449
   Mcnemar's Test P-Value : NA
##
##
## Statistics by Class:
##
##
                        Class: A Class: B Class: C Class: D Class: E
## Sensitivity
                           0.9619
                                    0.8360
                                             0.9232
                                                      0.7037
                                                                0.9015
## Specificity
                           0.9866
                                    0.9698
                                             0.9310
                                                      0.9820
                                                                0.9795
## Pos Pred Value
                          0.9662
                                    0.8692
                                             0.7386
                                                      0.8847
                                                                0.9085
## Neg Pred Value
                          0.9849
                                    0.9610
                                             0.9829
                                                      0.9442
                                                                0.9779
## Prevalence
                          0.2845
                                    0.1935
                                             0.1744
                                                      0.1639
                                                                0.1838
## Detection Rate
                          0.2736
                                    0.1617
                                             0.1610
                                                      0.1153
                                                                0.1657
## Detection Prevalence
                          0.2832
                                    0.1861
                                             0.2179
                                                      0.1304
                                                                0.1824
## Balanced Accuracy
                           0.9743
                                    0.9029
                                             0.9271
                                                       0.8429
                                                                0.9405
```

```
plot(cmtree$table, col = cmtree$byClass, main = paste("Decision Tree Confusion Matrix: Accuracy
=", round(cmtree$overall['Accuracy'], 4)))
```

Decision Tree Confusion Matrix: Accuracy = 0.8774



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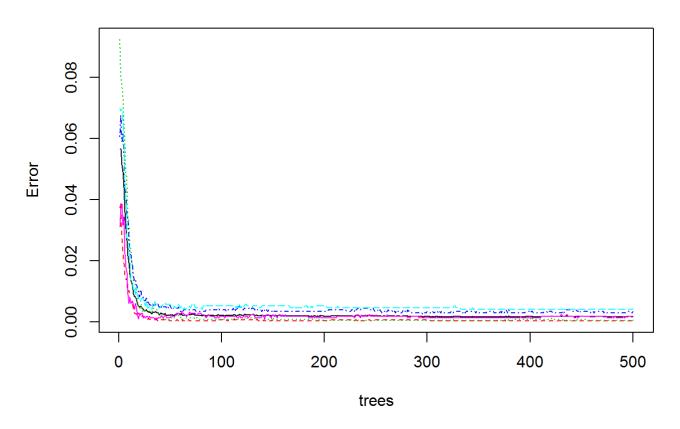
Prediction using Random Forests

```
set.seed(7575)
modFitB1 <- randomForest(classe ~ ., data=trainingData)
predictionB1 <- predict(modFitB1, testingData, type = "class")
cmrf <- confusionMatrix(predictionB1, testingData$classe)
cmrf</pre>
```

```
## Confusion Matrix and Statistics
##
##
             Reference
                            C
## Prediction
                 Α
                                      Е
##
            A 2231
                                      0
##
            В
                 1 1518
                            2
                                      0
            C
##
                 0
                      0 1366
                                 1
                                      0
##
            D
                 0
                      0
                            0 1285
                                      3
            Ε
                      0
##
                 0
                            0
                                 0 1439
##
## Overall Statistics
##
##
                  Accuracy : 0.9991
##
                    95% CI: (0.9982, 0.9996)
       No Information Rate: 0.2845
##
##
       P-Value [Acc > NIR] : < 2.2e-16
##
##
                     Kappa: 0.9989
   Mcnemar's Test P-Value : NA
##
##
## Statistics by Class:
##
##
                        Class: A Class: B Class: C Class: D Class: E
## Sensitivity
                           0.9996
                                    1.0000
                                             0.9985
                                                      0.9992
                                                                0.9979
## Specificity
                           1.0000
                                    0.9995
                                             0.9998
                                                      0.9995
                                                                1.0000
## Pos Pred Value
                          1.0000
                                    0.9980
                                             0.9993
                                                      0.9977
                                                                1.0000
## Neg Pred Value
                          0.9998
                                    1.0000
                                             0.9997
                                                      0.9998
                                                                0.9995
## Prevalence
                          0.2845
                                             0.1744
                                                      0.1639
                                    0.1935
                                                                0.1838
## Detection Rate
                          0.2843
                                    0.1935
                                             0.1741
                                                      0.1638
                                                                0.1834
## Detection Prevalence
                          0.2843
                                    0.1939
                                             0.1742
                                                      0.1642
                                                                0.1834
## Balanced Accuracy
                           0.9998
                                    0.9998
                                             0.9992
                                                      0.9994
                                                                0.9990
```

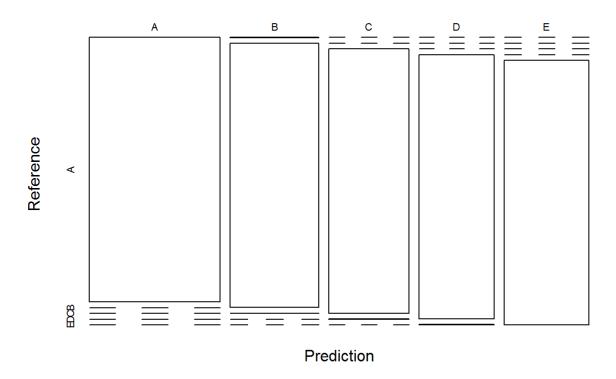
```
plot(modFitB1)
```

modFitB1



plot(cmrf\$table, col = cmtree\$byClass, main = paste("Random Forest Confusion Matrix: Accuracy
=", round(cmrf\$overall['Accuracy'], 4)))

Random Forest Confusion Matrix: Accuracy = 0.9991



Prediction using Generalized Boosted Regression

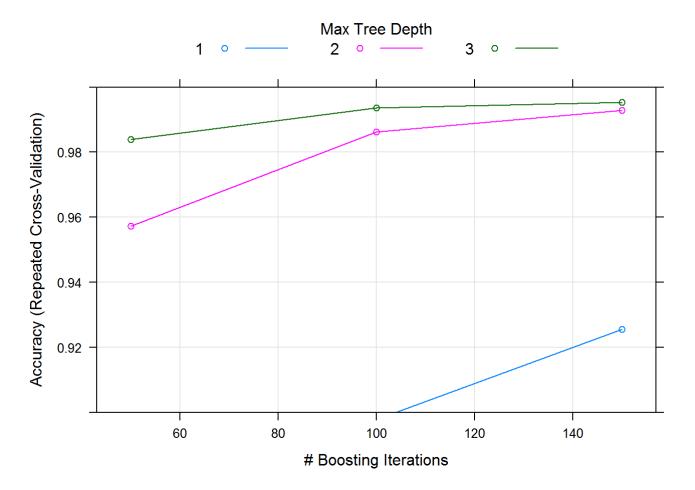
```
set.seed(7575)
fitControl <- trainControl(method = "repeatedcv", number = 5, repeats = 1)
gbmFit1 <- train(classe ~ ., data=trainingData, method = "gbm", trControl = fitControl, verbose
= FALSE)
gbmFinMod1 <- gbmFit1$finalModel

gbmPredTest <- predict(gbmFit1, newdata=testingData)

gbmAccuracyTest <- confusionMatrix(gbmPredTest, testingData$classe)
gbmAccuracyTest</pre>
```

```
## Confusion Matrix and Statistics
##
##
             Reference
                            C
## Prediction
                 Α
                                      Е
##
            A 2229
                      1
                                      0
            В
                 3 1512
##
                            1
                                      0
            C
##
                 0
                      3 1360
                                 3
                                      0
##
            D
                 0
                      2
                            7 1281
                                      4
            Ε
                      0
##
                 0
                            0
                                 2 1438
##
## Overall Statistics
##
##
                  Accuracy : 0.9967
##
                    95% CI: (0.9951, 0.9978)
       No Information Rate: 0.2845
##
##
       P-Value [Acc > NIR] : < 2.2e-16
##
##
                     Kappa: 0.9958
   Mcnemar's Test P-Value : NA
##
##
## Statistics by Class:
##
##
                        Class: A Class: B Class: C Class: D Class: E
## Sensitivity
                           0.9987
                                    0.9960
                                             0.9942
                                                      0.9961
                                                                0.9972
## Specificity
                                    0.9994
                                             0.9991
                                                      0.9980
                                                                0.9997
                           0.9998
## Pos Pred Value
                          0.9996
                                    0.9974
                                             0.9956
                                                      0.9900
                                                                0.9986
## Neg Pred Value
                          0.9995
                                    0.9991
                                             0.9988
                                                      0.9992
                                                                0.9994
## Prevalence
                          0.2845
                                             0.1744
                                    0.1935
                                                      0.1639
                                                                0.1838
## Detection Rate
                          0.2841
                                    0.1927
                                             0.1733
                                                      0.1633
                                                                0.1833
## Detection Prevalence
                          0.2842
                                    0.1932
                                             0.1741
                                                      0.1649
                                                                0.1835
## Balanced Accuracy
                          0.9992
                                    0.9977
                                             0.9966
                                                       0.9971
                                                                0.9985
```

```
plot(gbmFit1, ylim=c(0.9, 1))
```



Predicting Results on the Test Data

```
predictionB2 <- predict(modFitB1, testing, type = "class")
predictionB2</pre>
```

```
## 2 31 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21
## B A B A A E D B A A B C B A E E A B B B
## Levels: A B C D E
```

Conclusion

Random Forest and Boosted Regression was a superior model for prediction of exercise quality compared to rpart. The nominal categories were dependent on various variables and the interaction between them. The RF model had over 99% accuracy and fitted well to other subsamples of the data. However, the algorithm may not have as high of accuracy on other samples, particularly ones with different subjects.

Overall, it is interesting to see how monitors are affected by the quality of an exercise and are able to predict the error made which is an important indicator for health and fitness as it is not just the quantity of exercise that can be collected and analyzed but also the quality.