



MAHARAJA INSTITUTE OF TECHNOLOGY MYSORE

Belawadi, S.R. Patna Taluk, Mandya - 571477



DEPARTMENT OF ELECTRONICS AND COMMUNICATION ENGINEERING

Mahadasara-2022

Health and Happiness...

Sports Event Rules

100M,400M,400M RELAY

RULES AND REGULATION

1. From the firing of the starter's clap to breasting the finishing tape, an athlete is expected to adhere strictly to some basic rules like he/she must always start behind the start line and must remain in lane throughout the race.
2. Jumping the clap can lead to disqualification from the game. Running before the starter's clap is fired is declared as a "false start" and can eventually lead to disqualification, if the runner faults twice. Sometimes, athletes are warned before being disqualified.
3. If a runner tries to impede a fellow athlete's progress by blocking, shoving or interfering to gain unfair advantage, he/she is disqualified from the game.
4. A runner must always wear sneakers or athletic shoes during the game.
5. In shorter events such as in 100 & 200 meters race, athletes should stay inside the lane.
6. No restriction in the number of participants from each department.
7. For 400m mixed Relay (2 Boys and 2 Girls)

For any clarifications contact

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Vision: "To be recognized by the society at large as offering value based quality education to groom the next generation entrepreneurs, leaders and researchers in the field of electronics and communication to meet the challenges at global level".