



Mahadasara-2022

Health and Happiness...

Sports Event Rules

KABADDI

RULES AND REGULATION

1. The total timing of the match is 30 minutes consisting of two halves each of 15 minutes. There will be an interval of 5 minutes in-between.
2. Each team consists of seven players with a provision of five substitute players.
3. If any player is suspended, no substitution is allowed for that particular player. As a result, the team has to play with less number of players for the rest of the match.
4. Each team is allowed to take one 'Time Out' of 30 seconds in each half upon request by the concerned team captain.
5. Rider gets one bonus point when he crosses the bonus line.
6. Raider gets 1 point for each member made out of the opponent's side.
7. For a raider to get a bonus point, the opposite team has to have at least six players in the court.
8. If a raider loses his chant during a raid, he is also out and the defending team earns a point.
9. Two points will be awarded to the opposite team if all the players of a team are out.
10. The last raider is allowed to continue the game even after the completion of the time until he completes.
11. Defenders should not grab or hold raiders by his clothes, hair, or any part of his body other than his limbs and torso.
12. All kabaddi standard rules are applicable and the umpire decision is final.

For any clarifications contact

Dr. Madhu, Civil Department, Coordinator for Kabaddi Mahadasara 2022

Phone no: 9632497892

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