

# Regression

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```
## loading the necessary libraries
```

```
library(tidyverse)
```

```
## -- Attaching packages ----- tidyverse 1.3.1 --
```

```
## v ggplot2 3.3.6      v purrr  0.3.4
```

```
## v tibble  3.1.8      v dplyr  1.0.9
```

```
## v tidyr   1.2.0      v stringr 1.4.1
```

```
## v readr   2.1.2      v forcats 0.5.1
```

```
## -- Conflicts ----- tidyverse_conflicts() --
```

```
## x dplyr::filter() masks stats::filter()
```

```
## x dplyr::lag()     masks stats::lag()
```

```
library(gov50data)
```

## Looking at the data

```
health
```

```
## # A tibble: 644 x 6
```

```
##   date      active_calories steps weight steps_lag calorie_lag
```

```
##   <date>      <dbl> <dbl> <dbl>      <dbl>      <dbl>
```

```
## 1 2015-08-09      480  17.5  168      NA         NA
```

```
## 2 2015-08-10     996.  18.4  169.     17.5      480
```

```
## 3 2015-08-11    1127.  19.6  168     18.4     996.
```

```
## 4 2015-08-12     522.  10.4  167.     19.6    1127.
```

```
## 5 2015-08-13     844.  18.7  168.     10.4     522.
```

```
## 6 2015-08-14     396.   9.14  168.     18.7     844.
```

```
## 7 2015-08-15     423.   8.69  166.      9.14     396.
```

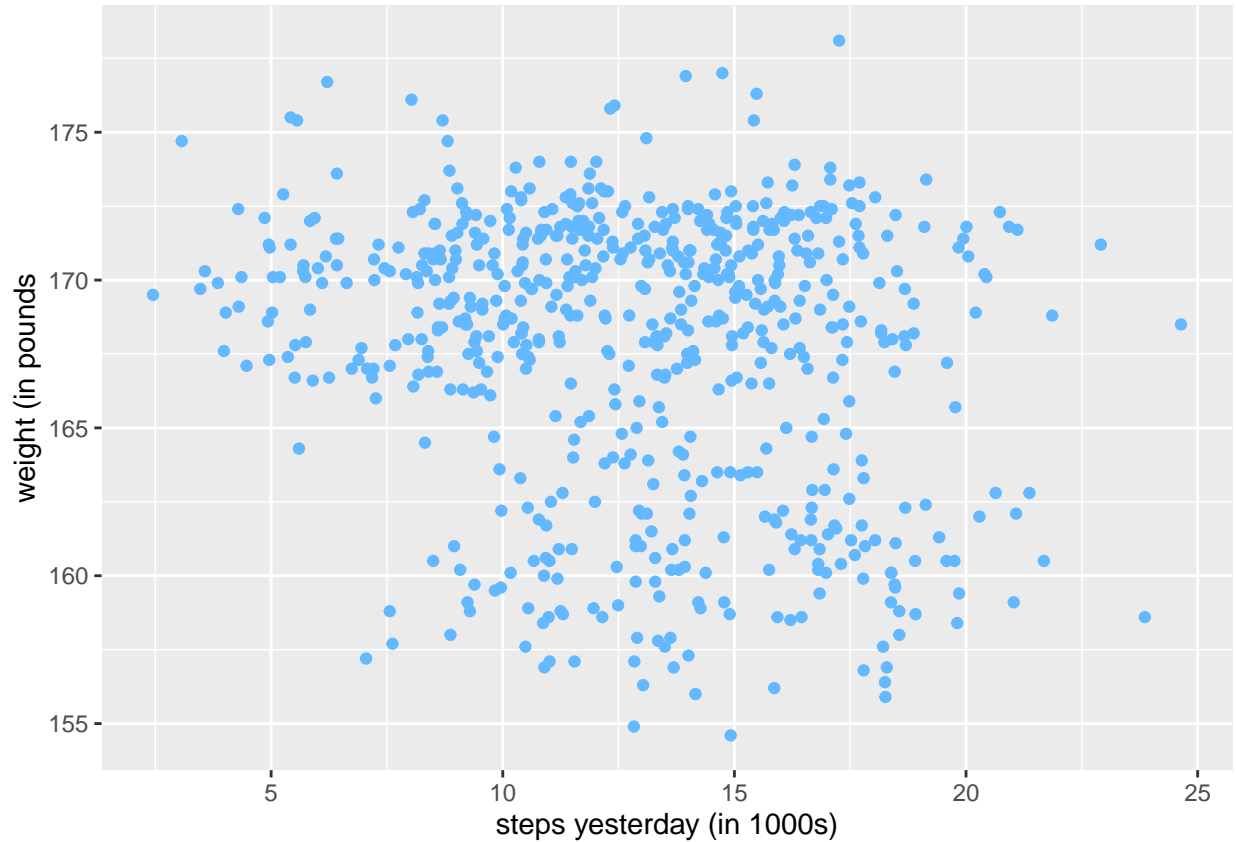
```
## 8 2015-08-16     958.  13.8  168.     8.69     423.
```

```
## 9 2015-08-17     597.  11.9  169     13.8     958.
```

```
## 10 2015-08-18    1378.  24.6  169.     11.9     597.
```

```
## # ... with 634 more rows
```

```
health <- health %>%
  drop_na()
health %>%
  ggplot(aes(x = steps_lag, y = weight)) +
  geom_point(color = "steelblue1") +
  labs(x = "steps yesterday (in 1000s)",
       y = "weight (in pounds)")
```

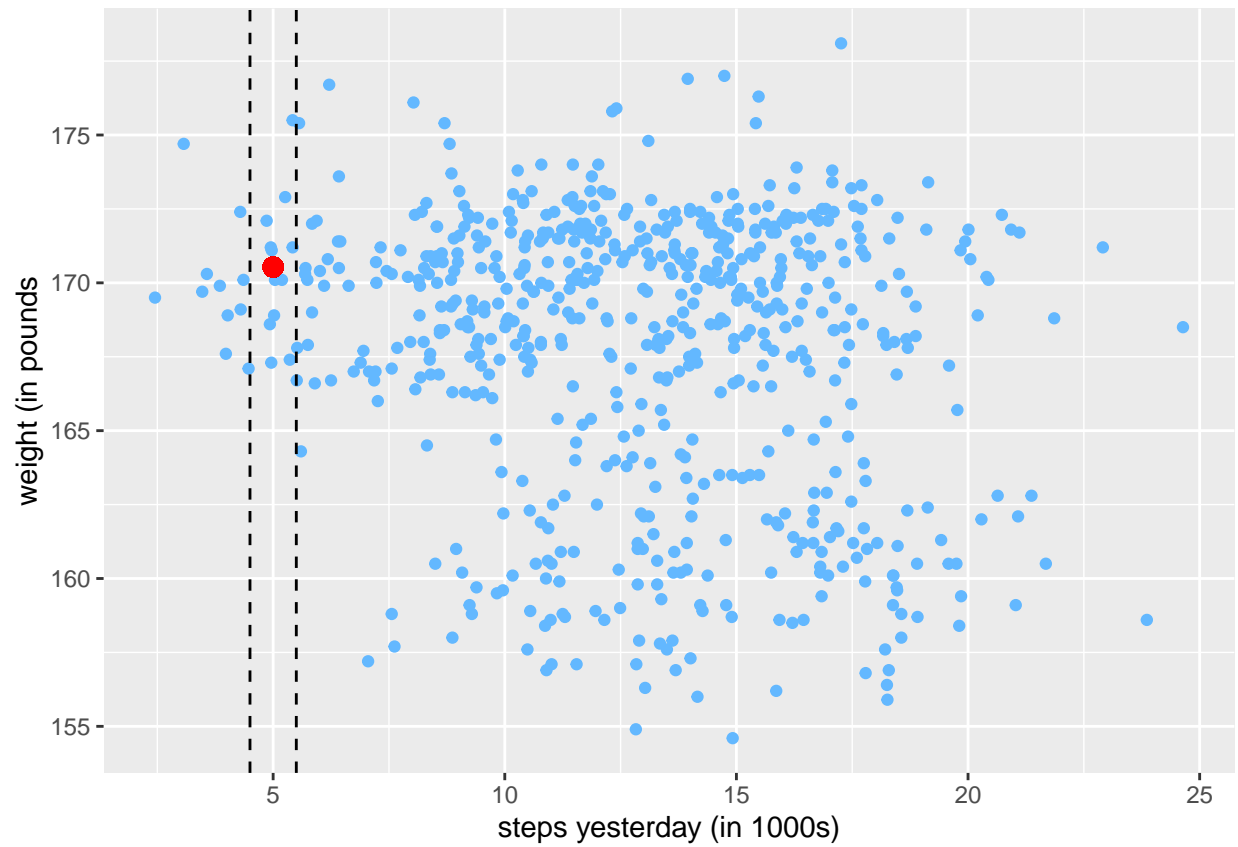


```
mean_wt_5ksteps <- health %>%
  filter(round(steps_lag) == 5) %>%
  summarize(mean(weight)) %>%
  pull()
```

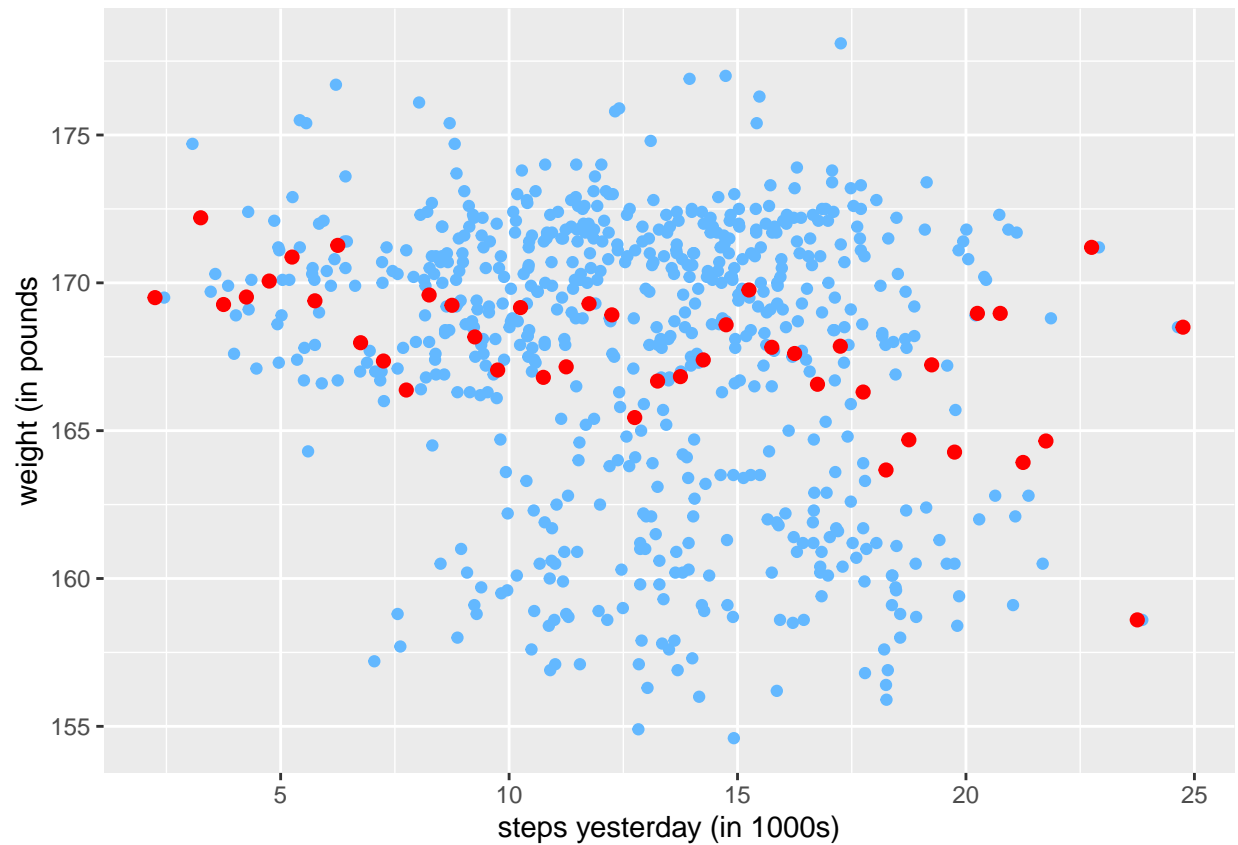
```
mean_wt_5ksteps
```

```
## [1] 170.5333
```

```
health %>%
  ggplot(aes(x = steps_lag, y = weight)) +
  geom_point(color = "steelblue1") +
  labs(x = "steps yesterday (in 1000s)",
       y = "weight (in pounds)") +
  geom_vline(xintercept = c(4.5, 5.5), linetype = "dashed") +
  geom_point(aes(x = 5, y = mean_wt_5ksteps), size = 3, color = "red")
```

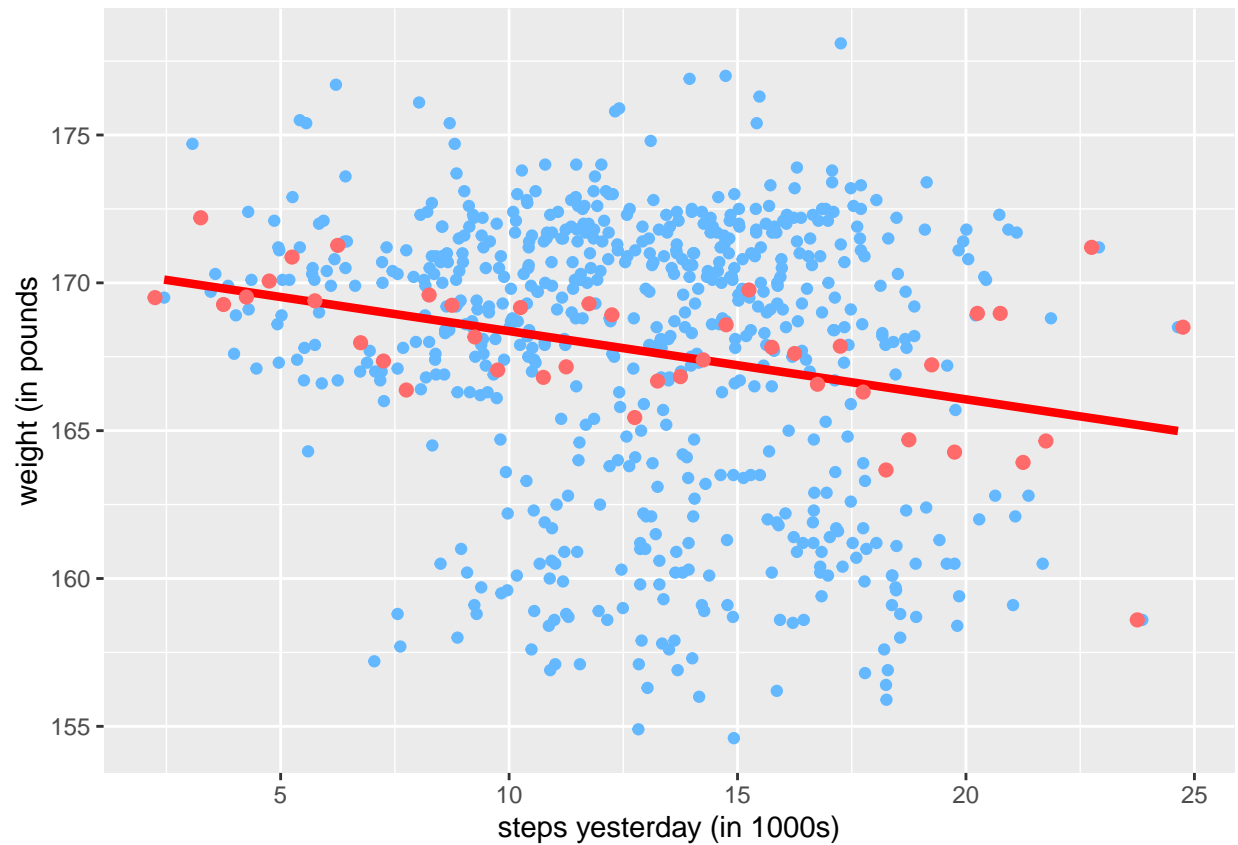


```
health %>%  
  ggplot(aes(x = steps_lag, y = weight)) +  
  geom_point(color = "steelblue1") +  
  labs(x = "steps yesterday (in 1000s)",  
       y = "weight (in pounds)") +  
  stat_summary_bin(fun = "mean", geom = "point", size = 2, color = "red", binwidth = 0.5)
```



```
health %>%
  ggplot(aes(x = steps_lag, y = weight)) +
  geom_point(color = "steelblue1") +
  labs(x = "steps yesterday (in 1000s)",
       y = "weight (in pounds)") +
  geom_smooth(method = "lm", se = FALSE, color = "red", size = 1.5) +
  stat_summary_bin(fun = "mean", geom = "point", size = 2, color = "indianred1", binwidth = 0.5)
```

```
## 'geom_smooth()' using formula 'y ~ x'
```

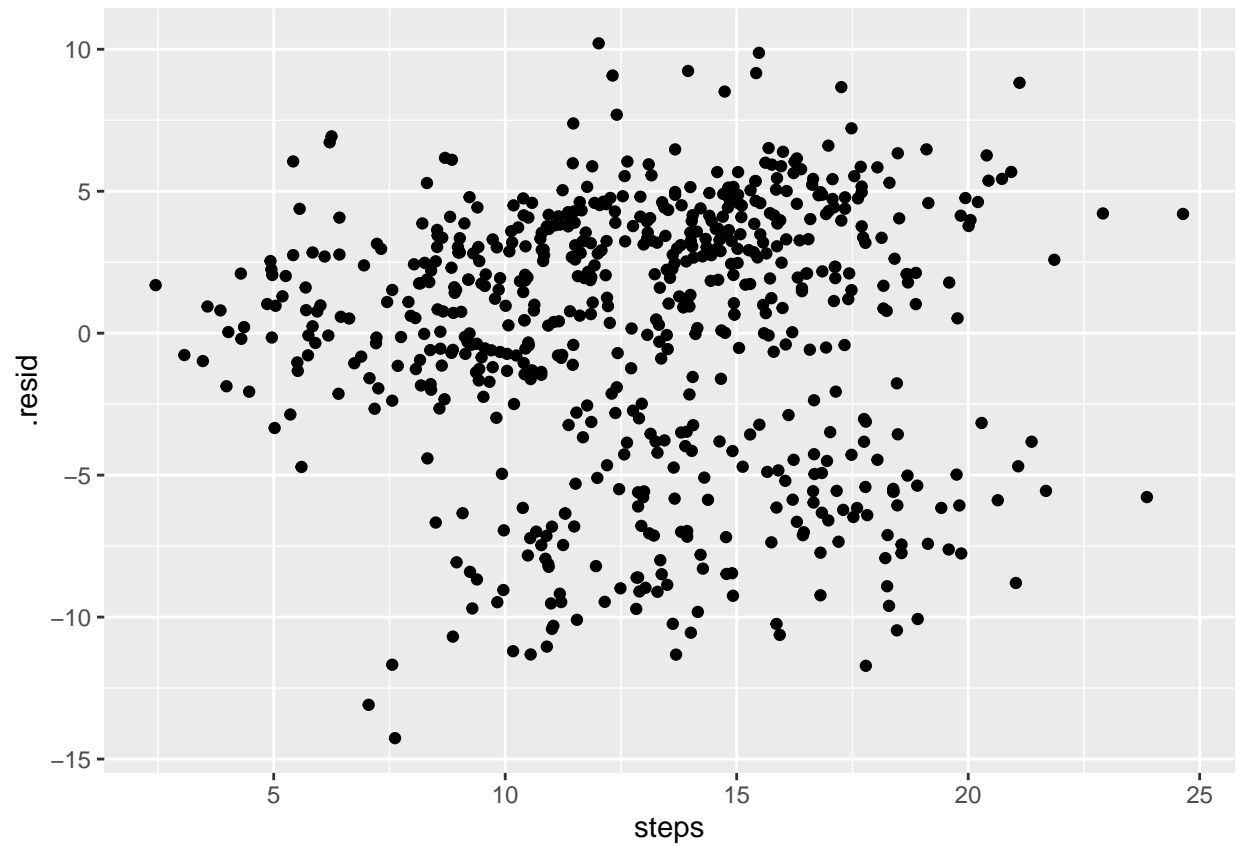


## Linear Models

```
fit <- lm(weight ~ steps, data = health)
fit
```

```
##
## Call:
## lm(formula = weight ~ steps, data = health)
##
## Coefficients:
## (Intercept)      steps
##    170.5493    -0.2212
```

```
library(broom)
augment(fit) %>%
  ggplot(aes(x = steps, y = .resid)) +
  geom_point()
```



```
coef(fit)
```

```
## (Intercept)      steps  
## 170.5492866   -0.2211606
```

The coefficient on steps is -0.2211606