




Work and Life

Little Timeouts for 2019

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Do what you say.
Apologise when wrong.
Appreciate every time.
Give freely. Live for a cause.
Plan more. Talk less.
Build a reputation.

Because everything takes *Time*

A photograph of an ice cave interior, featuring numerous long, thin icicles hanging from the ceiling and illuminated by warm, orange light. The floor is covered in snow and ice, with some people visible in the distance for scale.

*Find what really excites you
early in your career*



Stretch your neck out

where it matters.

It doesn't hurt.

There is no long term.

Enjoy every little thing today.



Take the road *less travelled*, and
reasonably thought out.





Put

health checkup

on your yearly calendar.

Unlike us, diseases have only one goal.

Tragedies do happen.
Be prepared

mentally and financially.





*Understand yourself
before understanding others.*

A dense forest with large, gnarled trees and a path leading into the distance. The trees have thick, textured bark and are covered in moss. The path is narrow and leads into the distance, flanked by more trees. The lighting is warm and golden, suggesting a sunset or sunrise. The overall mood is serene and peaceful.

Take time off for your
family and friends.

They are the ones who will keep you
entertained when there is no job.

A close-up, warm-toned photograph of a desk. In the background, a map is spread out. In the foreground, a pair of dark-rimmed glasses lies on the left, and a dark pen rests on the right. A small, rectangular photograph or card is partially visible in the upper center. The entire scene is overlaid with a semi-transparent blue rectangle containing white text.

William Ernest Henley *

*"I am the master of my annual review.
I am the captain of my salary slip".*

The manager still cuts the cheque.