

# COMMUNICATIONS FOR TEAMS



Designed to enhance  
communication skills across all  
professional levels

**SUPPORTS FINGAL CHAMBER  
SKILLNET'S PRIORITIES**

# COMMUNICATIONS FOR TEAMS

ENHANCE TEAM COLLABORATION  
THROUGH EFFECTIVE  
COMMUNICATION



Strong team communication is essential for collaboration, trust, and performance. This course equips professionals with the skills to communicate clearly within teams, ensuring shared goals, effective task management, and constructive conflict resolution. In Fingal's dynamic industries—logistics, technology, aviation, and pharmaceuticals—effective teamwork is critical for success.

## Who is this course for?

- Professionals working in team-based environments seeking to improve clarity and coordination.
- Team leaders responsible for guiding collaborative efforts and resolving misunderstandings.
- Employees in hybrid or remote teams needing strategies for digital and face-to-face communication.

## Key Learning Outcomes

By the end of this course, participants will:

- Develop structured communication approaches to enhance team efficiency.
- Master conflict resolution techniques to maintain team cohesion.
- Improve collaboration through active listening and transparent messaging.
- Utilize digital tools for seamless hybrid and remote teamwork.

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## Course Content

- **Team Communication Fundamentals:** Understanding clear, concise, and structured messaging.
- **Building Trust & Psychological Safety:** Creating an open and inclusive team environment.
- **Conflict Resolution & Feedback Techniques:** Managing disagreements and fostering open dialogue.
- **Digital Collaboration & Remote Teamwork:** Leveraging AI tools to enhance virtual communication.
- **Structured Meetings & Decision-Making:** Ensuring productive team discussions.

## Why Choose This Course?

**Real-world applications tailored to Fingal's industries.**

**AI-driven exercises for immediate feedback and communication improvement.**

**Supports Fingal Chamber Skillnet's goals of digitalization, teamwork, and leadership.**

**Led by EQuita's expert facilitators with practical workplace experience.**





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