**HOPE TRUST**

KRISHNA GANGA DRUGS / ALCOHOL DEADDICTION AND REHABILITATION CENTRE

Janpath Tole Tel No: 021- 471609

Biratnagar , Nepal Web Page:

BRIEF PROFILE

photo

House

Situated in the heart of city Biratnagar, HOPE TRUST, Krishna Ganga Drug And Alcohol Deaddiction and Rehabilitation Centre registered in Chief District Office, Morang And Ministry of Home Affairs and Social Welfare Nepal has facilities for 10 bedded Residential 12 steps program facilities with dedicated team of counsellor, psychologist, psychiatrist and other team of doctors. It is providing services to the people in around Eastern Region Of Nepal and Neighboring India.

The long term goal of this Rehab to provide Curative, preventive and promotive physical and mental health services to the people with efficiency, effectiveness and assurance with the context of equity and social justice. Though a small Rehab to focus properly to residents, it has all the ingredients to achieve the goal. This would invaluable input in teaching the medical students , Psychology students and psychiatrists on modern concept of Rehab care besides providing good services to the community.

This Rehab in backed up by Neuro Cardio And Multi Disciplinary Hospital, which has basic facilities for outdoor, indoor clinical services in different departments with latest CTA (CT Scan machine with Angiography), MRI , CATHLAB , CCU , ICU and Dialysis Machine. Special Wards, Deluxe Cabins and General Wards.

with T.V

Meeting Hall

Photo Hall Carpet For Yoga Trade Meds

This Program has the beauty of tuning to individuals clients' requirements/stature/state of mind in Consideration of their physical, mental and social comfort.

Our program deals with physical recovery, mental recovery, self evalution, self esteem, self confidence to support the client to abstain from addiction and to lead a happy life. Key essence in family program which we adhere to very strictly. Anger management is a part of the program. Our program is for 120 days depending on the clients situation (physical, Mental, Family and career etc).

Industry

**We take utmost care of sensitive issues of the client to respect their anonymity and personal dignity.**

We assure you that we will leave no stone unturned in helping a client recover from his addiction in our treatment program.

After a Preliminary history taking he/she will be admitted for the acute detoxification program. Once he/she recovers from the withdrawals he/she will have to attend classes with others. And at the same time he/she will be following the 12 step program and REBT (a form of psychotherapy).Every Client will have an individualized program under supervision of the clinical psychologist and psychiatrist. This program including the acute withdrawal will be for a period of 4 months.

**OUR TREATMENT**

It is tailored with reference to personal history, family history, circumstances that lead to addiction, addictive substances (s), gender, physical health and other variables for effective approach. This is a renowned methodology of recovery with human values and principles.

**Our Programme:**

* Standard Medical Tests And General Physician Analysis
* Psychiatrist Assessments
* Psychological Evaluation
* Medically Supervised Sub-acute Detoxification And Trauma Resolution
* Medical, Psychological And Dietary Support
* AA / NA 12 Step Program
* REBT (A form of Psychotherapy)
* Management of Emotions, Feelings, Individual/Group/Grief Counseling
* Family Counseling
* Behavior Therapy
* Relapse Prevention Program
* Adult Substance Education Program
* Social Rehabilitation Skill Enhancement/Life Program, Career Counseling.

**REJUVENATING ACTIVITIES:**

* Yoga And Meditation
* Recreational Art/Craft/Music Therapy
* Well Equipped Library
* Psycho Drama
* Indoor Games (Ludo, Carrom etc)

**YOU SHOULD CARRY THE MENTIONED BELOW:**

1. Client's proof of identity.
2. Letter by Doctor Advising him Rehabilitation for addiction.
3. Required clothing,
4. Foot Wear
5. Personal Kit (Shaving foam/ Cream, Bathing Soap, Shampoo, deo-sticks, any non alcoholic creams only etc). We will provide the same on requirement basis.
6. Any non toxic food stuff which the client prefers to have otherwise he/she can ask for the requirements on regular basis.

**PLEASE DO NOT CARRY THE FOLLOWING:**

1. Cell phones
2. Laptops
3. Perfumes
4. After Shave Lotions
5. Cameras
6. Razor
7. Valuable like gold or any other precious metal or stones , Ring , Jwellery.
8. Currency or any other precious metal or stones , Ring , Jwellery.
9. Medication without prescription-(even prescribed medication has to be accepted by our team of doctors for the reason client safety.
10. Video games

**Time Required:**

Minimum Period required for treatment is 120 days and may be extended if required ( if required is in strong denial, dual diagnosed or with any psychiatric issues).

**Fee Structure:** The treatment charges per month are as under:

Rs. 85,000 per month (Rupees Eighty- five thousand only)

Rs 15,000/- for 1st month only (Rupees Ten Thousand Only) which includes:

1. Medical Examinations
2. Detoxification charges (Withdrawal M<management)
3. Wel Come Kit (Literature to Client and family)

Rs 10,000 per month (Rupees Five Thousand only-Accountable) For his personal expenses which includes for his toiletries, laundry, saloon ,Fruits , Juices, Biscuits , Chocolates Cigrettes etc .Incase the amount exceeds Rs. 10000/- it will be informed to the family.

Taxes as applicable.

**Note:** If the Clients is suffering from any other critical or chronic health ailment other than addiction the treatment charges incurred thereon will be charged extra.