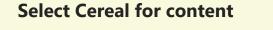
# Macros Details Find the best Cereal based on your diet preference

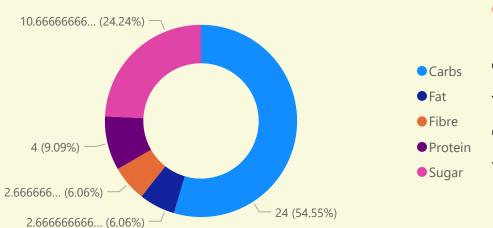


Basic 4

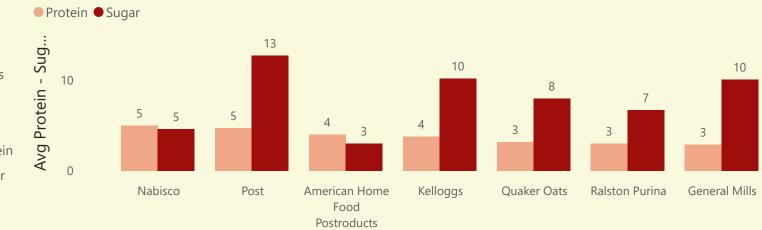
173.33

Calories

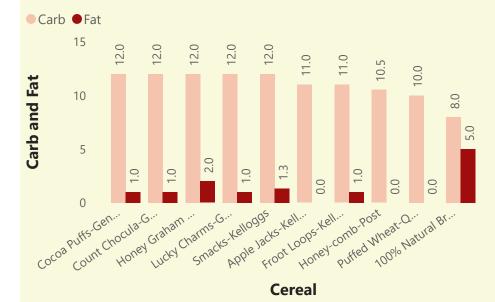
# Carbs, Fat, Fibre, Protein and Sugar



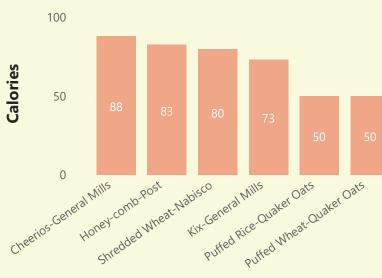
# **Avg Protein and Sugar by Manufacturer**



#### Low Carb Cereal



## **Low Calorie Cereals**



Cereal

### Manufacturer

# **Zero Sugar Cereal**

Name ▼	Manufacturer	Zero Sugar
Shredded Wheat spoon size	Nabisco	0.00
Shredded Wheat 'n'Bran	Nabisco	0.00
Shredded Wheat	Nabisco	0.00
Puffed Wheat	Quaker Oats	0.00
Puffed Rice	Quaker Oats	0.00
All-Bran with Extra Fiber	Kelloggs	0.00