

The Myth



"It was said
in anger.
Forget it."



The Reality



Pay attention to
what people say
out of anger, they've
been dying to tell
you that.

The Myth



"Your friends
want you to
succeed."



The Reality



Most people **you call**
your friends want to
see you do well **but**
never better than
them.

The Myth



"It is just
a thought."



The Reality



If you don't control
what you think, you
can't control what
you do.

The Myth



"She **responded** in that way because she was **feeling terrible.**"



The Reality



You are **always responsible** for how you act **no matter how you feel.**

The Myth



"Mistake followed by apology doesn't seem to be an issue."



The Reality



Beware. If they do it, it isn't just a mistake, it is their behavior.

The Myth



"He is a **genius**. He is **talented**. Mastery will come to him. Success will come to him."



The Reality



Mastery is not a function of genius or talent, it is a **function of time** and intense **focus applied to a particular field of knowledge**.

The Myth



"We spent so much time together. I thought we were meant to be together."

The Reality



Not everyone will make it to your future. Some people are just passing through to teach you lessons in life.