Computational Framework

We have developed a parallel finite element library called HiPerLiFE (High Performance Library for Finite Elements), which serves as the core numerical engine for the simulations presented in this study. This library depends on other open-source libraries and we freely distribute it. The library is openly distributed to the community and is available online at https://hiperlife.gitlab.io/hiperlife/. The aim of this library is to provide a computational frame- work to address problems of cell and tissue mechanobiology for a wide range of cases and users, with special focus on curved surfaces (the cell membrane, the cell cortex, epithelial monolayers, etc.). We have designed it to handle the multiphysics nature of problems in mechanobiology, to manage unstructured grids that deal with complex geometries and to allow arbitrary higher-order basis functions that describe the curvature of interfaces. The code is currently used inside our group for different projects and it has been thoroughly tested at individual workstations, medium-size clusters and large-scale, high-performance computing facilities. HiPerLiFE is written in C++, uses the Message Passing Interface (MPI) paradigm for parallelism, and is built on top of several packages of the Trilinos Project. These particular choices set the basis for the main features of the library, namely, parallelism, flexibility and user-oriented. The installation of the HiPerLiFE libraries can be carried out by following the guidelines provided at: https://hiperlife.gitlab.io/hiperlife/Installation/index.html.

Code Organization and Project Setup

For the present work, we implemented the problem-specific code within the HiPerLiFE ecosystem by creating a top-level project folder named wrinkling_epithelial_continuum. This project folder contains a global CMakeLists.txt file, which controls the compilation, and one or more subprojects (applications), each corresponding to a specific simulation setup. For example, the application inflate_hold_deflate implements the model of interest here and resides in its own folder with a local CMakeLists.txt. The code used in this study is openly available at https://github.com/pradeep927/mechanics_of_epithelial_domes.

The build system relies on CMake to configure and manage the compilation. Two additional files are kept in the project root: cmake.project.ubuntu.20.04.sh, a shell script to automate the configuration process on Ubuntu systems; and userConfig.cmake, a configuration file where paths to HiPerLiFE, Trilinos, and other dependencies are specified. The typical installation procedure is as follows: Install HiPerLiFE following the instructions at https://hiperlife.gitlab.io/hiperlife/Installation/index.html. For our simulations, the libraries were installed on a workstation running Ubuntu 22.04.

Place the two files inside the top-level project folder wrinkling_epithelial_continuum. From the terminal, make the script executable and launch the build configuration:

```
chmod 777 cmake.project.ubuntu.20.04.sh
./cmake.project.ubuntu.20.04.sh
    Enter the build directory and compile:
cd build
make -j4 install
```

This process generates the executable binary at:

/home/ubuntu/wrinkling_epithelial_continuum/source_compiled/bin/hlinflate_hold_deflate

Running Simulations

To execute a simulation, we create a dedicated folder run_simulation that contains the mesh files and the configuration files. Meshes are provided in VTK format and typically correspond to epithelial footprints with prescribed geometries. For example, a mesh named aspect_26 corresponds to a circular

domain with aspect ratio 26. Boundary conditions are imposed by carefully fixing the exterior nodes of the domain using elastic springs, which mimic physical anchoring constraints.

The simulation parameters, including references to the mesh files, are specified in a configuration file named config.cfg. This file allows the user to set model parameters, time-stepping controls, solver tolerances, and material constants.

A simulation is launched in parallel using MPI as:

mpirun -n 4 /home/ubuntu/wrinkling_epithelial_continuum/

source_compiled/bin/hlinflate_hold_deflate config.cfg

Here, the option -n 4 specifies the number of processors. This value can be adjusted according to the available computational resources and the problem size.

Postprocessing and Visualization

During execution, the code generates output files in VTK format (e.g., sol_dis_.vtk), which store the displacement and other field variables at different time steps. These files can be directly visualized and post-processed using ParaView. To streamline postprocessing, we provide a ParaView state file (paraview_state.pvsm), which loads the output files, applies predefined visualization settings, and enables rapid analysis of simulation results, including deformation fields, wrinkling patterns, and stress distributions.

Code Availiability

The code is openly available at https://github.com/pradeep927/mechanics_of_epithelial_domes.