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# HIPPA HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT.

- When you provide home care, you naturally learn a great deal about your clients' lives.
- That may make the experience more personal, but also brings with it the responsibility to keep client information private.
- **Confidentiality** or **privacy** is very important in health care.
- All health care providers, including doctors, nurses, home care providers and companions are required to keep client information private.





#### HIPPA AND PHI

- Privacy rights are legally enforced through **HIPAA**, a federal law passed by Congress in 1996. **HIPAA** stands for **Health Insurance Portability and Accountability Act**.
- HIPAA's Privacy Rule defines how health care providers must relate to Protected Health Information or PHI.
- **PHI** is health or billing information that identifies or can be used with other information to identify an individual.



Protect
Patient
Information



#### PHI IDENTIFIERS

- patient name,
- any geographic subdivisions smaller than a state such as street address, city, county and zip code,
- dates such as birth date, admission date, discharge date, death date,
- telephone and fax numbers, email or website addresses,
- Social Security numbers,
- medical record number,

- health plan numbers or account numbers,
- certificate or license numbers,
- vehicle ID numbers or license numbers,
- full-face photographic images or comparable images,
- finger or voiceprints,
- names of relatives.







#### HIPPA REQUIREMENTS

- HIPAA requires that care providers use only the minimum amount of information needed to give care to their clients.
- Remember that reading patient or client medical records casually or just to satisfy curiosity is a breach of HIPAA and can lead to **reprimand or job loss**.
- Always ask yourself: what is the least amount of information I need to know to do my job.
- Minimum use also applies to providing information to someone authorized to receive it.
- Again ask yourself, what is the least amount of information I need to provide to answer the request?

- Do not discuss your patients or clients with friends, family or other clients.
- Never disclose your client's name,
- location or lifestyle or
- talk about things that occurred during your shift.
- Focus your conversation only on the client you are with.
- Never talk about other clients, their homes or any other details of their lives



- Before your first client visit, you should know who is **authorized** to receive private information regarding your client's condition or treatment. If you don't know or if you are unsure, **check with your agency before sharing protected health information**.
- If your client wants information **withheld** from particular people, report the request to your agency's privacy officer, who will respond.
- Let your client know that you are not permitted to make decisions about restricting information.

#### **Keeping conversations private**:

- When you talk about clients to others who are involved in their care, try to prevent anyone else from overhearing the conversation.
- Whenever possible, hold conversations about clients in private areas.

- Never give your personal cell phone or home phone number to clients.
- Clients must communicate directly with the agency about their needs rather than relying upon you as if you were a personal friend.
- You may feel very friendly toward your client, but you **must** remember your role as a **professional care provider**.







#### You can share medical information about your client or patient:

- at the client or patient's doctor's office,
- at the pharmacy when picking up your client's prescriptions,
- to a supervisor or co-workers involved in that client's care,
- to 911 or the hospital,
- to a relative or friend who has authorization to receive protected health information about your client.







#### MEDICAL RECORDS MANAGEMENT

- In the office, keep client records **closed** after use, never leave any PHI on desks or open areas, including notes, labels or forms with patient names.
- When records are not in use, they should be stored in a locked cabinet or locked room.
- Private health information such as copies of medical records or billing records must be **shredded** or **incinerated** if it is no longer in use or needs to be destroyed.
- Any paper with PHI on it such as post it notes or scrap paper should be







#### **CARE PLANS**

- If you are seeing several clients in one day, take only the care plan or assignment sheet of the client you are visiting into the home, and leave the other records **locked** in your car out of sight.
- During your home visit, be careful not to leave private health information out where family members or others may see it.
- Any medical record should be kept in your line of sight during the visit.
- That means close to you so that you can see it at all times.





#### Care Plan Distribution

Electronic platform shares care plan

- Patient
- Family
- Caregiver
- Specialists
- Other involved providers



### DOCUMENTING PHI COMMUNICATED BY TELEPHONE

When you give PHI to a caller authorized to receive it, you:

- document it in your notes,
- giving the name of the caller,
- the date of the call,
- a brief description of the request and information shared.









- Why do we have to document when we release PHI (when required by law)?
  - Patients have the right to request a record of what PHI was released and to whom (Accounting of Disclosures)
- Documentation of releases of information applies to both verbal and written disclosures



- When you are at the office, make sure that your computer monitor is turned away from public view to **protect client information**.
- Using a privacy filter on your monitor will decrease its visibility to others.
- Only 10% of computer security is technical;
- 90% relies upon the person who is using the computer,
- In other words, you are the most important part of keeping electronic information secure.







- Password protection is **essential** to computer security.
- Never share your computer password.
- Memorize your password, never keep a paper record.
- If you suspect someone has used your password, notify your supervisor immediately.
- Make sure that you log out of programs when you are not using them.

• Log off the computer or lock the computer when you are away from your workstation.





#### **Laptops and Personal Digital Assistants:**

- When using a lap top computer, keep it with you at all times or lock it safely in the car out of sight.
- One way to secure your PDA is to carry it on your body in a belly pack.

• When not in use, lock your PDA in your car out of sight just as you would lock any protected health information.





- When faxing send only the minimum PHI needed.
- Avoid sending sensitive health information such as information regarding HIV or sexually transmitted diseases.
- **Verify** the fax number before sending it.
- Always use a **fax cover sheet** that includes a confidentiality statement.
- Do not include any PHI on the fax cover sheet.
- Take reasonable precautions to ensure that the intended recipient is either available to receive the fax as it arrives or has exclusive access to the fax machine.
- Retrieve documents from the fax machine promptly.





#### **ANSWERING MACHINES**

• Do not leave messages regarding private health information on an answering machine **unless** the client or patient has given you permission.

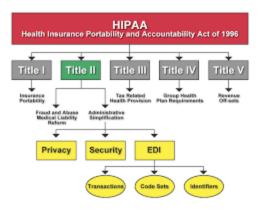


#### **HIPAA PENALTIES**

• **HIPAA violations** can result in **disciplinary action or termination** from employment.

• In addition to employee penalties, you can be subject to **civil or criminal** charges by the government.









#### HIPAA PENALTIES

- **Fines or prison** sentences can result from the following:
  - ✓ Knowingly **releasing** patient or client information to someone who is **not authorized** to receive it.
  - ✓ Gaining access to health information under false pretenses.
  - ✓ Releasing patient or client information with harmful intent.
  - ✓ Selling patient or client information.







## THE END