

Diet for Weight Loss & Fitness

*Interactive
Session*



**Date : 26 Jul 2017 – Wed
Time : 3.00 PM to 5.00 PM**

WAVEROCK

Topics : Weight Loss Diets,
Diet @ Office, Mindful Eating,
Diet Myths, Q n A

Venue : Old DBS Office
Parking Level 1, BAR Building,
WaveRock



Program by - Dt. Riyaz Khan
Founder - Wow Wellness!
Wellness Expert & Dietician



**Mission : Health &
Happiness for All**

**FREE EVENT
Limited Seats**