ORM

S.No

B1

PART B GROSS TOTAL INCOME

Gross Salary (ia + ib + ic + id + ie)

ITR-1 SAHAJ

INDIAN INCOME TAX RETURN

[For individuals being a resident (other than not ordinarily resident) having total income upto Rs.50 lakh, having Income from Salaries, one house property, other sources (Interest etc.), and agricultural income upto Rs.5 thousand]
[Not for an individual who is either Director in a company or has invested in unlisted equity shares or in cases where TDS has been deducted u/s 194N or if income-tax is deferred on ESOP]

(Refer instructions for eligibility)

Assessment Year 2022 - 23

(A1) PAN FQDPP4331P	(A2) First Name (A2a) Middle Name Kumar		Name			Dec-1998 /Aadhaar I		aar Number (12 digits) Enrolment Id (28 digits) (If Aadhaar No.) 4853	
		Email Address pta18.parida@gmail.	(A8) Flat/Door/Block I. No. Infront of cbi colony, nilakantha nagar		(A9) Name of Premises /Building/Village		(A10) Road/Street/Pos Office, Area/Locality Mumtaz Ali Road , Nayapalli		
(A11) Town/City Bhubaneswar	y/District			(A12) State 24-Orissa		(A13) Count 91-India	ry	(A14) PIN Code/ZIP Code 751012	
(A15) Filed u/s (Tick) <i>[Please s</i> instruction]	ee 139	(4)-Bela	or before due date ated 139(5)-Revised After Condonation of de			(A16) Nature Central Go Undertaking Pensioners		Govt. Public Sector sioners SG -	
(A17) Or Filed i response to not u/s		(9)	142(1) 148			Pensioners Family Pension	Others	Not Applicable (e.g.	
(A18) If revised return (DD/MM/		en ente	er Receipt No. and Date	e of filing original	TS:	105			
			u/s 139(9)/142(1)/148 o umber (DIN) & Date of :			r Unique			
		////		Yes No			111:		
Tick) Yes No If yes, please fu Note: To be fill	ırnish followi ed only if a p	ng infor erson is		n a return of incom	e under			ish return of income? -	
(i) Have you de current account Yes No			ggregate of amounts e year?	xceeding Rs. 1 Cro	ore in o	ne or more			
			of an amount or aggreg urself or for any other p		eeding	Rs. 2 lakhs			
(iii) Have vou in		nditure ouring the	of amount or aggregate	e of amount exceed	ling Rs	. 1 lakh on			

Amount

1,40,340

Whole - Rupee only

	а	Salary as per section 17	7(1)	ia				1,40,340				
	b	Value of perquisites as properties as proper	per	ib				0				
	С	Profit in lieu of salary as section 17(3)	s per	ic				0				
	d		ned in	id				0				
	е		ned in	ie 0								
ii					ii		0					
iia	Less	: Income claimed for relie	f from ta	axation u	u/s 89A				iia		0	
iii	Net S	alary (i - ii - iia)			C) FA (FAL			77	iii		1,40,340	
iv	Dedu	ctions u/s 16 (iva + ivb + i	ivc)	E			533		iv		50,400	
	а	Standard deduction u/s	16(ia)	iva			3	50,000				
	b	Entertainment allowance 16(ii)	e u/s	ivb	0			M				
	С	Professional tax u/s 16(iii)	ivc				400				
٧	Incom	ne chargeable under the h	nead 'Sa	alaries' (iii - iv)				B1		89,940	
			med Let	Out					4			
i	Gross	rent received/ receivable	e/ lettabl	le value	during th	e yea	r		į.	i 0		
ii	Тах р	aid to local authorities	7/1	ii	१४ मूर	ों व	1000	0	0			
iii	Annu	al Value (i - ii)							iii		0	
iv	30%	of Annual Value		iv				0				
٧	Intere	est payable on borrowed o	apital	V				0	(13)			
vi	Arrears/Unrealised rent received vi during the year less 30%											
vii	Income chargeable under the head 'House Property' (iii - iv - v) + vi (If lo the figure in negative) Note: - Maximum Loss from House property that can be set-off in compulincome of this year is INR 2,00,000. To avail the benefit of carry forward						nputing	B2		0		
Incor	me from	Other Sources							В3		0	
	Nature of Income Description (I selected)								ny Othe	r	Total Amount	
											0	
erly b	reakup	of Dividend Income					-	-				
	Up to 1	5-Jun-2021			0	i		Up to 15-Ju	ın-2021		0	
					0	ii						
					0	iii			ep-2021	to 15-	0	
	iia iii iv V Tick Se i ii iii iv v vi Vii	ii Less (Ensurial Net Self-Occurial Annual Vi Arreaduring Vi Interest of Nature Privalent Prom 1 Sep-20 From 1	b Value of perquisites as section 17(2) c Profit in lieu of salary as section 17(3) d Income from retirement benefit account maintain a notified country u/s 89 e Income from retirement benefit account maintain a country other than not country u/s 89A ii Less allowances to the extent (Ensure that it is included in salia) iv Deductions u/s 16 (iva + ivb + a Standard deduction u/s b Entertainment allowance 16(ii) c Professional tax u/s 16(v Income chargeable under the fill Gross rent received/ receivable ii Tax paid to local authorities iii Annual Value (i - ii) iv 30% of Annual Value v Interest payable on borrowed of the figure in negative) Note: - Maximum Loss from Hoincome of this year is INR 2,00 set off of loss, please use ITR-Income from Other Sources	b Value of perquisites as per section 17(2) c Profit in lieu of salary as per section 17(3) d Income from retirement benefit account maintained in a notified country u/s 89A e Income from retirement benefit account maintained in a country other than notified country u/s 89A ii Less allowances to the extent exempt (Ensure that it is included in salary income (Ensure that it is included in salary income (Ensure that it is included in salary income claimed for relief from the income claimed for relie	b Value of perquisites as per section 17(2) c Profit in lieu of salary as per section 17(3) d Income from retirement benefit account maintained in a notified country u/s 89A e Income from retirement benefit account maintained in a country other than notified country u/s 89A ii Less allowances to the extent exempt u/s 10 (Ensure that it is included in salary income u/s iii Net Salary (i - ii - iia) iv Deductions u/s 16 (iva + ivb + ivc) a Standard deduction u/s 16(ia) iva b Entertainment allowance u/s 16(ii) ivc v Income chargeable under the head 'Salaries' (Tick applicable option Self-Occupied Let Out Deemed Let Out i Gross rent received/ receivable/ lettable value ii Tax paid to local authorities iii Annual Value (i - ii) iv 30% of Annual Value (i - ii) iv Arrears/Unrealised rent received vi during the year less 30% vii Income chargeable under the head 'House Prothe figure in negative) Note: - Maximum Loss from House property the income of this year is INR 2,00,000. To avail the set off of loss, please use ITR-2 Income from Other Sources Nature of Income Up to 15-Jun-2021 From 16-Jun-2021 to 15-Sep-2021 From 16-Sep-2021 to 15-Sep-2021 From 16-Sep-2021 to 15-	b Value of perquisites as per section 17(2) c Profit in lieu of salary as per section 17(3) d Income from retirement benefit account maintained in a notified country w/s 89A e Income from retirement benefit account maintained in a country other than notified country w/s 89A ii Less allowances to the extent exempt u/s 10 (Ensure that it is included in salary income u/s 17(1)/17/1/19/19/19/19/19/19/19/19/19/19/19/19/1	b Value of perquisites as per section 17(2) c Profit in lieu of salary as per section 17(3) d Income from retirement benefit account maintained in a notified country u/s 89A e Income from retirement benefit account maintained in a country other than notified country u/s 89A ii Less allowances to the extent exempt u/s 10 (Ensure that it is included in salary income u/s 17(1)/17(2)/17 iiia Less : Income claimed for relief from taxation u/s 89A iii Net Salary (i - ii - iia) iv Deductions u/s 16 (iva + ivb + ivc) a Standard deduction u/s 16(ia) iva b Entertainment allowance u/s ivb 16(ii) c Professional tax u/s 16(iii) ivc v Income chargeable under the head 'Salaries' (iii - iv) Tick applicable option Self-Occupied Let Out Deemed Let Out i Gross rent received/ receivable/ lettable value during the yea iii Tax paid to local authorities ii iii Annual Value (i - ii) iv 30% of Annual Value v Interest payable on borrowed capital v v I	b Value of perquisites as per section 17(2) c Profit in lieu of salary as per section 17(3) d Income from retirement benefit account maintained in a notified country u/s 89A e Income from retirement benefit account maintained in a country other than notified country u/s 89A ii Less allowances to the extent exempt u/s 10 (Ensure that it is included in salary income u/s 17(1)/17(2)/17(3)) iiia Less: Income claimed for relief from taxation u/s 89A iii Net Salary (i - ii - iia) iv Deductions u/s 16 (iva + ivb + ivc) a Standard deduction u/s 16(ia) iva b Entertainment allowance u/s ivb 16(ii) ivc v Income chargeable under the head 'Salaries' (iii - iv) Tick applicable option Self-Occupied Let Out Deemed Let Out If a Cross rent received/ receivable/ lettable value during the year iii Tax paid to local authorities iii Annual Value (i - iii) iv 30% of Annual Value iv Interest payable on borrowed capital v Vi Interest payable on borrowed capital v Vi Interest payable on borrowed capital v Vi Interest payable under the head 'House Property' (iii - iv - v) + vi (I the figure in negative) Note: Maximum Loss from House property that can be set-off in con income of this year is INR 2,00,000. To avail the benefit of carry forw set off of loss, please use ITR-2 Income from Other Sources Nature of Income Ouarterly b maintained Up to 15-Jun-2021 Up to 15-Jun-2021 0 i i From 16-Sep-2021 From 16-Sep-2021 to 15-Sep-2021 From 16-Sep-2021 to 15-Sep-2021 From 16-Sep-2021 to 15-Sep-2021 From 16-Sep-2021 to 15-Sep-2021	b Value of perquisites as per section 17(2) c Profit in lieu of salary as per section 17(3) d Income from retirement benefit account maintained in a notified country u/s 89A e Income from retirement benefit account maintained in a country u/s 89A ii Less allowances to the extent exempt u/s 10 (Ensure that it is included in salary income u/s 17(1)/17(2)/17(3)) iii Less: Income claimed for relief from taxation u/s 89A iii Net Salary (i - ii - iia) iv Deductions u/s 16 (iva + ivb + ivc) a Standard deduction u/s 16(ia) iva 50,000 b Entertainment allowance u/s ivb 0 0 c Professional tax u/s 16(iii) ivc 400 v Income chargeable under the head 'Salaries' (iii - iv) Tick applicable option Self-Occupied Let Out Deemed Let Out i Gross rent received/ receivable/ lettable value during the year ii Tax paid to local authorities ii 0 iii Annual Value (i - ii) iv 30% of Annual Value iv 0 v Interest payable on borrowed capital v 0 vi Arrears/Unrealised rent received vi during the year less 30%. vii Income chargeable under the head 'House Property' (iii - iv - v) + vi (If loss, put the figure in negative) Note: Maximum Loss from House property that can be set-off in computing income of this year is INR 2,00,000. To avail the benefit of carry forward and set off of loss, please use ITR-2 Income from Other Sources Nature of Income Quarterly breakup of I imaintained in a notifie Up to 15-Jun-2021 0 i Up to 15-Ju-5-Jun-2021 5-5ep-2021 From 16-Sep-2021 to 15-5ep-2021 From 16-Sep-2021 to 15-5ep-2021	b Value of perquisites as per section 17(2) c Profit in lieu of salary as per section 17(3) d Income from retirement benefit account maintained in a notified country u/s 89A e Income from retirement benefit account maintained in a country other than notified country u/s 89A iii Less allowances to the extent exempt u/s 10 (Ensure that it is included in salary income u/s 17(1)/17(2)/17(3)) iiia Less : Income claimed for relief from taxation u/s 89A iii Net Salary (i - ii - iia) iii V Deductions u/s 16 (iva + ivb + ivc) a Standard deduction u/s 16(ia) iva 50,000 b Entertainment allowance u/s ivb 0 16(ii) c Professional tax u/s 16(iii) ivc 400 v Income chargeable under the head 'Salaries' (iii - iv) B1 Tick applicable option Self-Occupied Let Out Deemed Let Out ii Gross rent received/ receivable/ lettable value during the year i ii Tax paid to local authorities ii Tax paid to local authorities iii Annual Value (i - ii) iv 30% of Annual Value (i - ii) iv 30% of Annual Value (i - ii) iv 30% of Annual Value (i - ii) iv Arrears/Unrealised rent received vi Quing the year less 30% vi Income chargeable under the head 'House Property' (iii - iv - v) + vi (if loss, put the figure in negative) Note: - Maximum Loss from House property that can be set-off in computing income of this year is INR 2,00,000. To avail the benefit of carry forward and set off of loss, please use ITR-2 Income from Other Sources Nature of Income Pescription (If Any Otheselected) Pescription (If Any Otheselected) Pescription (If Any Otheselected) Per y breakup of Dividend Income Quarterly breakup of Income fmaintained in a notified count Up to 15-Jun-2021 From 16-Jun-2021 0 i From 16-Jun-2021 From 16-Sep-2021 From 16-Sep-2021 to 15- Sep-2021 From 16-Sep-2021 to 15-	b Value of perquisites as per section 17(2) c Profit in lieu of salary as per ic 0 c Profit in lieu of salary as per ic 0 d Income from retirement id 0 enefit account maintained in a notified country u/s 89A e Income from retirement benefit account maintained in a country other than notified country u/s 88A e Income from retirement benefit account maintained in a country other than notified country u/s 88A ii Less allowances to the extent exempt u/s 10 (Ensure that it is included in salary income u/s 17(1)/17(2)/17(3)) iii Less: Income claimed for relief from taxation u/s 89A iii Net Salary (i - ii - iia) iii Deductions u/s 16 (i/va + i/vb + i/vc) a Standard deduction u/s 16(ia) i/va 50,000 b Entertainment allowance u/s i/vb 0 16(ii) c Professional tax u/s 16(iii) i/vc 400 V Income chargeable under the head 'Salaries' (iii - i/v) B1 Tick applicable option Self-Occupied Let Out Deemed Let Out ii Gross rent received/ receivable/ lettable value during the year ii Tax paid to local authorities ii 0 iii Annual Value (i - ii) iiv 30% of Annual Value (i - ii) iv 30% of Annual Value (i - iii) iv 30% of Annual (i - iii) iv 30% of Annual (i - iiii - iii -	

iv	From 16-Dec-2021 to 15- Mar-2022				0				
V	From 16-Mar-2022 to 31- Mar-2022 to 31- Mar-2022			0					
	Less: Deduction u/s 57(iia) (in case of family pension only)								
	Less: Income claimed for relief from taxation u/s 89A								
B4	Gross Total Income (B1+B2+B3) (If loss, put the figure in negative) Note: To avail the benefit of carry forward and set off of loss, please use ITR-2								

	Note: To avail the benefit of carry forward and set off of loss, p	olease	use ITR-2	
Part C	- Deductions and Taxable Total Income			
S. No.	Section		Amount	System Calculated
-	80C - Life insurance premia, deferred annuity, contributions to provident fund, subscription to certain equity shares or debentures, etc.	5a	3,214	3,214
b	80CCC - Payment in respect Pension Fund,etc.	5b	0	0
	80CCD(1) - Contribution to pension scheme of Central Government	5c	0	0
	80CCD(1B) - Contribution to pension scheme of Central Government	5d	0	0
	80CCD(2) - Contribution to pension scheme of Central Government by employer	5e	0	0
	80D Deduction in respect of Health Insurance premia (Please fill 80D Schedule. This field is auto-populated from schedule 80D.)	5f	0	0
	80DD - Maintenance including medical treatment of a dependent who is a person with disability	5g	त 0	0
h	80DDB - Medical treatment of specified disease	5h	0	0
i -	80E - Interest on loan taken for higher education	5i	0	0
j	80EE - Interest on loan taken for residential house property	5j	0	0
	80EEA - Deduction in respect of interest on loan taken for certain house property	5k	0	0
1	80EEB - Deduction in respect of purchase of electric vehicle	51	0	0
	80G - Donations to certain funds, charitable institutions, etc. (Please fill 80G Schedule. This field is auto-populated from schedule 80G)	5m	0	0
	80GG - Rent paid (Please submit form 10BA to claim deduction)	5n	0	0
	80GGA - Certain donations for scientific research or rural development (Please fill 80GGA Schedule. This field is autopopulated from schedule.)	50	0	0
р	80GGC - Donation to Political party	5р	0	0
q	80TTA - Interest on deposits in savings Accounts	5q	0	0
r	80TTB- Interest on deposits in case of senior citizens	5r	0	0
s	80U-In case of a person with disability	5s	0	0
Total D	reductions (Add items 5a to 5s)		3,214	3,214
Note: T	otal deductions under chapter VI A cannot exceed GTI.		,	
Total Ir	ncome			86,730
Exemp	ot income (For reporting Purposes)			

S.No	N	lature of Income		Des	scription (If Any Other sel	ected)		Total Amount	
Total	Exempt In	come		'				0	
PAR	T D - COMI	PUTATION OF TAX PAYABI	LE						
D1	Tax payable on total income	0	D2	Rebate u /s 87A	0	D3	Tax after rebate	0	
D4	Health and education Cess @4% on D3	0	D5	Total Tax and Cess	0	D6	Relief u/s 89 (Please ensure to submit Form 10E to claim this relief)	0	
D7	Interest u /s 234A	0	D8	Interest u /s 234B	0	D9	Interest u /s 234C	0	
D10	Fee u/s 234F	0	D11	Total Tax, Fee and Interest (D5 + D7 + D8 + D9 + D10 - D6)				0	
D12	Total Taxes Paid	0	D13	Amount payable (D11- D12) (if D11>D12)	0	D14	Refund (D12- D11) (if D12>D11)	0	

PART E - OTHER INFORMATION

Details of all Bank Accounts held in India at any time during the previous year (excluding dormant accounts)

SI.	IFS Code of the Bank	Name of the Bank	Account Number	Select Account for Refund Credit
1	UCBA0000928	UCO BANK	09280110050644	
2	SBIN0010237	STATE BANK OF INDIA	39389236741	

- 1. Minimum one account should be selected for refund credit.
- 2. In case of Refund, multiple accounts are selected for refund credit, then refund will be credited to one of the account decided by CPC after processing the return.

Sc	I	-11	I — I	\sim	

1	Whe	ther you or any of your family member (excluding parents) is a senior citizen?	Not claiming for Self/Family		
(a)	Self	& Family	0		
	(i)	Health Insurance	0		
	(ii)	Preventive Health Checkup	0		
(b)	Self	& Family including Senior Citizen	0		
	(i)	Health Insurance	0		
	(ii)	Preventive Health Checkup	0		
	(iii)	Medical Expenditure (This deduction to be claimed on which health insurance is not claimed at (i) above)	0		
2	Whe	ther any one of your parents is a senior citizen	Not claiming for parents		
(a)	Pare	nts	0		

Ackn	owled	gement Nu	mber:73	5708710	0030722				Date of fili	ng:03-07-2022		
	(i)	Health Insura	nce							0		
	(ii)	Preventive H	ealth Chec	kup						C		
(b)	Parent	s including Se	nior Citize	n					0			
	(i)	Health Insura	nce						0			
	(ii)	Preventive H	ealth Chec	kup						(
		Medical Expe		nis deducti	on can be	claimed or	n which health ins	surance is not		(
3	Eligible	Amount of D	eduction									
Sche	dule 800	G: Details of	donations	entitled f	or deduc	tion under	section 80G					
	nations one		0% deduct	ion withou	t qualifyin	g limit, (who	ere any row is fille	ed by the user, all	the fields in that ro	w should		
S No.	Name of	the Address	City or	State	Pin code	PAN of		Amount of donation		Eligible Amount of		
	Donee		Town or District	Code		the Donee	Donation in cash	Donation in other mode	Total Donation	Donatio		
				1/5	7		0	0	0			
Total A				-1			0	0	0			
B. Do		entitled for 50	% deduction	on without	qualifying	limit (where	e any row is filled	by the user, all th	e fields in that row	should become		
S No.	Name of	the Address	dress City or State Pin code PAN of Amount of C		Amount of donation		Eligible Amount o					
	Donee		Town or District	Code		the Donee	Donation in cash	Donation in other mode	Total Donation	Donatio		
-				WE		27	0	0	0			
Total B						ग्रीप मूर	11 3000	0	0			
	nations ne mand		0% deduct	ion subjec	t to qualify	ying limit (w	here any row is f	illed by the user, a	all the fields in that	row should		
S No.	Name of	the Address	City or	State	Pin code	PAN of		Amount of donation		Eligible Amount of		
	Donee		Town or District	Code		the Donee	Donation in cash	Donation in other mode	Total Donation	Donatio		
-							0	0	0			
Total C							0	0	0			
	nations ne mand		% deduction	on subject	to qualifyi	ng limit (wh	nere any row is fil	led by the user, al	I the fields in that re	ow should		
S No.	Name of	the Address	City or	State	Pin code	PAN of		Amount of donation		Eligible Amount of		
	Donee		Town or District	Code		the Donee	Donation in cash	Donation in other mode	Total Donation	Donation		
-							0	0	0			
Total D	1	<u> </u>			l		0	0	0			
E. To	tal Amou	ınt of Donatio	ns (A + B +	- C + D)			0	0	0			
Sche	dule 800	GGA: Details	of donation	ons for sc	ientific re	search or	rural developme					
S No.	Releva	nt Name	Address		State	Pin code	PAN of the		unt of donation	Eligible Amount of		
		O7 tillo			Jour		and and			, anount		

		8	110 1 (011							_		org.o		
		er which action is ned	Donee		District			Donee	Donation in cash	in o	ation other mode	Total Donation	Donation	
-									0		0	0	0	
Total [Oonation								0		0	0	0	
Sche	dule-IT D	etails of	Advance '	Γax and Self-	Assessme	nt Tax payı	nents							
	BSR Cod	le			Date of D	Date of Deposit (DD/MM/YYYY) Serial Number of Challan						Tax paid		
	Col (1)				Col (2)			Col (3)				Col (4)		
Total					1			'					0	
Sche	dule TDS	1 - Detai	ls of Tax [Deducted at \$	Source from	n Salary [A	s per form 16 issu	ed by Employ	/er(s)]					
SI.No).	TAN of t	he Deducte	or	Name	of the Ded	uctor		Income charge	eable un sala		Total 1	ax Deducted	
		1			2						3		4	
Total					16	5	535	2	<u> </u>				0	
Sche	dule TDS	2 - Detai	ils of Tax [Deducted at S	Source from	n Income O	ther than Salary [As per form 1	6A issued by De	ductor(s	5)]			
SI. No.					Gross receipt which is subject to tax deduction tax deduction			Tax Deducted			TDS Credit out of (5) claimed this year			
	1	2					3	4			5		6	
Total				W	7			J)	17/				0	
Sche	dule TDS	3 - Detai	ls of Tax [Deducted at S	Source [As	per Form 1	6C furnished by t	he Payer(s)]						
SI. No.	PAN of the Tenant	Aadha Numb of the Tenan	er Tena	e of the		Gross	receipt which is subject to tax deduction	Year of tax deduction	Tax Deducted		cted		edit out of (6) ned this year	
	1	2	3				4	5			6		7	
Total			>		4//	11/	MA						0	
Sche	dule TCS	- Details	s of Tax Co	ollected at So	ource [As p	er form 27	D issued by the Co	ollector(s)]						
SI. No.	Tax Name of the Collector Account Number of the Collector			subject to to		Year of tax collection	Tax Collected		cted	TCS Credit out of (5) claimed this year				
	1	2					3	4			5		6	
Total													0	

VERIFICATION

I, **Pradipta Kumar Parida** son/ daughter of **Chitta Ranjan Parida** solemnly declare that to the best of my knowledge and belief, the information given in the return is correct and complete and is in accordance with the provisions of the Income-tax Act, 1961. I further declare that I am making this return in my capacity as **Self** and I am also competent to make this return and verify it. I am holding permanent account number **FQDPP4331P**

Place: **Bhubaneswar** Date: **03-07-2022**

If the return has been prepared by a Tax Return Preparer (TRP) give further details below:									
Identification No. of TRP	Counter Signature of TRP								
If TRP is entitled for any reimbursement from the Gove									

