

Traditional | Home-cooked | Hygienic

DAILY TIFFIN SERVICE



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Vivek Vihar, B-Block, Phase 2 By Sweta Verma

Issai License No.: 23325004000571

	Rs. 4,500/- Month Rs. 100/- Meal		
	TYPE I		
	Lunch	Dinner	
MON	Chhole Rice, Dahi, Sweet Dish, Papad, Aaloo Jeera Dry Sabji	4 Roti, Rice, Dahi, Sweet Dish Dry Aaloo Sabji, Chana Daal Fry	
TUE	2 Roti, Rice, Aaloo Soyabeen Sabji, Sweet Dish, Dahi	4 Roti, Rice, Seasonal Sabji, Mix Daal, Sweet Dish, Dahi	
WED	3 Parantha , paneer Sabji, Jeera Rice, Sweet Dish	(Veg) Rajma, Rice, 4 Roti (Non Veg) Egg Curry (3), Rice, 4 Roti Dahi, Sweet Dish	
THU	3 Roti, Rice, Daal, Mix Veg Sabji, Bundi Raita, Sweet Dish	4 Roti, Rice, Kadhi Pakoda, Bhindi Fry, Dahi, Sweet Dish	
FRI	4 Roti, Rice, Aaloo Matar, Soya Chaap, Dahi	Veg Biryani, Raita, Aachar/Chutney Special Sweets Dish	
SAT	3 Parantha, Jeera Rice, Kala Chana, Aaloo Shimla Mirch Sabji	4 Roti, Rice, (Veg) Besan Ki Sabji, (Non Veg) Chicken (3 Pc), Dahi, Sweet Dish	
SUN	OFF	OFF	

	Rs. 4,000/- Month Rs. 80/- Meal	
	TYPE 2	
	Lunch	Dinner
MON	Chhole - Rice, Dahi, Sweet Dish	4 Roti, Rice, Dry Aaloo Sabji, Chana Daal Fry
TUE	2 Roti, Rice, Aaloo Soyabeen Sabji, Daal	4 Roti, Rice, Seasonal Sabji, Mix Daal
WED	3 Parantha, Paneer Sabji, Jeera Rice	(Veg) Rajma, Rice, 2 Roti (Non Veg) Egg Curry(3), Rice, 2 Roti
THU	3 Roti, Rice, Daal, Mix Veg, Bundi Raita	4 Roti, Rice, Kadhi Pakoda, Bhindi Fry
FRI	4 Roti, Rice, Aaloo Matar, Soya Chaap	Veg Biryani, Raita, Salad
SAT	3 Parantha, Jeera Rice, Kala Chana	4 Roti, Rice (Veg) Besan Ki Sabji (Non Veg) Chicken (3 Pc)
SUN	OFF	OFF

	Rs. 3,500/- Month Rs. 70/- Meal	
	TYPE 3	
	Lunch	Dinner
MON	Chhole - Rice, Dahi	4 Roti, Chana Daal Fry, Dry Aaloo Sabji
TUE	Roti (2), Rice, Aaloo Soyabeen Sabji	4 Roti, Mix Daal, Seasonal Sabji
WED	Parantha (2), Paneer Sabji	(Veg) Rajma, Rice (Non Veg) Egg Curry (2), Rice
THU	Roti (2), Daal, Mix Veg Sabji	4 Roti, Kadhi Pakoda, Bhindi Fry
FRI	Roti (3), Aaloo Matar	Veg Biryani, Raita, Salad
SAT	Parantha(3), Kala Chana	4 Roti, Rice (Veg) Besan Ki Sabji (Non Veg) Chicken (2 Pc)
SUN	OFF	OFF