

Community Development Project

On

Elderly Care and Support

Submitted by

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Registration

Number:

12300525

In partial fulfilment for the requirements of the award of the degree of

“Bachelor of Computer Science”



“School of Computer Science and Engineering”

**Lovely Professional University Phagwara,
Punjab.**

Certification by the NGO

Jalhari
Shabnak Foundation



रजि. नं. महाराष्ट्र / ४२७/२०१७ दि. २४/१०/२०१७

जलहरी

शबनाक फाउंडेशन

मु. पो. खरसुंडी, ता. आटपाडी, जि. सांगली

दिनांक: ११/०७/२०२४

Certification by the NGO regarding the Student Project

This to certify that the Mr./Ms. Pratibha Nikam carried out the Project titled Elderly Care & Support in the supervision of Pratibha. Gawar in our organization. It is further certified that he/she spent a minimum of 30 hours on the Project and his/her contribution because of the Project undertaken has been Successfully completed.


सेक्रेटरी

जलहरी शबनाक फाउंडेशन, खरसुंडी
ता. आटपाडी, जि. सांगली.


उपअध्यक्ष

(Authorized Signatory)



INDEX

1. Introduction (in about 150-200 words).
2. Problem Identification and the Cause of the Problem (in about 50-100 words).
3. Objective to be achieved (in about 100-150 words).
4. Various Steps taken to achieve the objectives (in about 750-850 words).
5. Geo Tagged Pictures
6. Effectiveness of the Project (in about 150-200 words).
7. At least two identified Societal Problems.
8. Conclusion (in about 200 words)

INTRODUCTION

Non-governmental organizations (NGOs) play a vital role in society, serving as catalysts for positive change and driving sustainable development. These organizations, driven by a strong sense of social responsibility, work tirelessly to address pressing issues and improve the lives of vulnerable communities worldwide. NGOs are driven by a diverse range of causes, including education, healthcare, environmental conservation, human rights, poverty alleviation, and disaster relief, among others. They operate independently of government institutions, allowing them to be flexible, innovative, and responsive to emerging needs and challenges.

NGO – Jalhari Shabnak Foundation

Mr. Rajesh Gadkari(Chairman), a person from a peasant family has been the founder of this organization .He worked as socialist in social worker organisation in Mumbai. After 6 years later, In 2017 he decided to set-up NGO named as Jalhari Shabnak Foundation with Miss. Pratibha Gurav(Vice Chairman of NGO) who is also social worker in her village name as Khapargade(Khanapur), dist- Sangli, Maharashtra which provide service to old senior citizens, beggars, Orphan, in our above mentioned old age home, and to provide free medication , shelter, food and day to day needs in old age home. They both running NGO on their own money no funding from other organisations. Ngo is government registered so there is no mispractices done by anyone.

Problem Identification and the Cause of the Problem

Elderly care emphasizes the social and personal requirements of senior citizens who wish to age with dignity while needing assistance with daily activities and with healthcare. As we take an example of our India, many children left their parents and live alone they didn't even think that their parents sacrifice whole life to make their children future bright, and this is increasing day by day. The Ngo's doing their good job to find out those senior citizens and give them shelter, food and facilities in Ngo to live their remaining life as golden part of life.

The following factors cause of the problem:

1. **Insufficient Funding:** Limited government support. Lack of fundraising initiatives and competition for grants leads to insufficient funding then NGO not able to provide all facilities.
2. **Staff Shortage:** In NGO, the staff shortage leads to major problems like in kitchen to prepare food which turns into late to providing food to old age , sweeper who cleans the rooms , toilets and gallery which can impact on health of senior citizens.
3. **Inadequate Facilities:** Aging infrastructure, lack of investment, and poor planning makes the environment of Ngo disturbance like no proper water supply , electricity and many other amenities needed for the senior citizens.

Objectives to be Achieved

The primary objective in our locality is to ensure kindly or friendly nature with old age people , either they are disabled old age or in good health This includes the following goals:

1. **Enhance Funding and Resources:**

According to the increasing inflation in our country every thing is getting high price which is not easy to survive without getting needs by money. Secure Sustainable funding through donations, and grants to ensure the continuity of services.

2. **Improve Staffing and Training:**

Recruit qualified staff and provide ongoing training to enhance the quality of food and care and reduce turnover rates, which will be beneficial for the NGO.

3. **Expand Access to Services:**

Develop outreach programs to ensure that elderly individuals in underserved areas can access necessary services to give comfort and feel free to old age senior citizens.

4. **Faster Social Engagement:**

Create programs and activities that promote social interaction and reduce isolation among elderly individuals that is the main part to treat like as kid by showing them T.V and having some playing activities and also teach about keeping hygiene for self and others.

5. **Enhance Communication:**

Develop clear communication strategies to ensure that elderly individuals and their families understand available services and support which leads to good relations and trust with senior citizens.

6. Monitor and Evaluate Programs:

Establish metrics for success and regularly evaluate programs to ensure they meet the needs of the elderly population effectively; the requirements materials always be in stocked which will not create inconvenience.

Various Steps Taken to Achieve the Objectives

To achieve these objectives, a comprehensive approach involving multiple stakeholders and initiatives is necessary:

1. Enhancing Funding and Resources:

- Develop a Fundraising Strategy which create a comprehensive plan that includes grant applications, crowdfunding, and community fundraising events.
- Build Relationships with Donors engage with potential donors through networking events and personalized outreach.

2. Improve Staffing and Training:

- Recruitment Campaigns launch targeted recruitment campaigns to attract qualified professionals. Implement regular training sessions on best practices in elderly care, including specialized training for handling specific health issues.

3. Upgrade facilities and Infrastructure:

- Conduct Facility Assessments and evaluate current facilities to identify areas needing improvement.
- Seek Funding for Renovations and apply for grants specifically aimed at facility upgrades and improvements.

4. Expand Access to Services:

- Partner with local transportation services to provide mobility options for elderly individuals. Develop programs to reach out to isolated or underserved elderly populations.

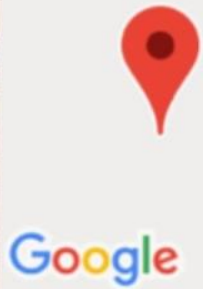
5. Ensure High-Quality Care:

- Implement Care Standards and enforce standardized care protocols across all services. Regular Quality Assessments conduction leads to regular evaluation and feedback sessions to ensure care quality is maintained.

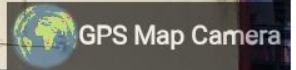
6. Advocate for Policy Changes:

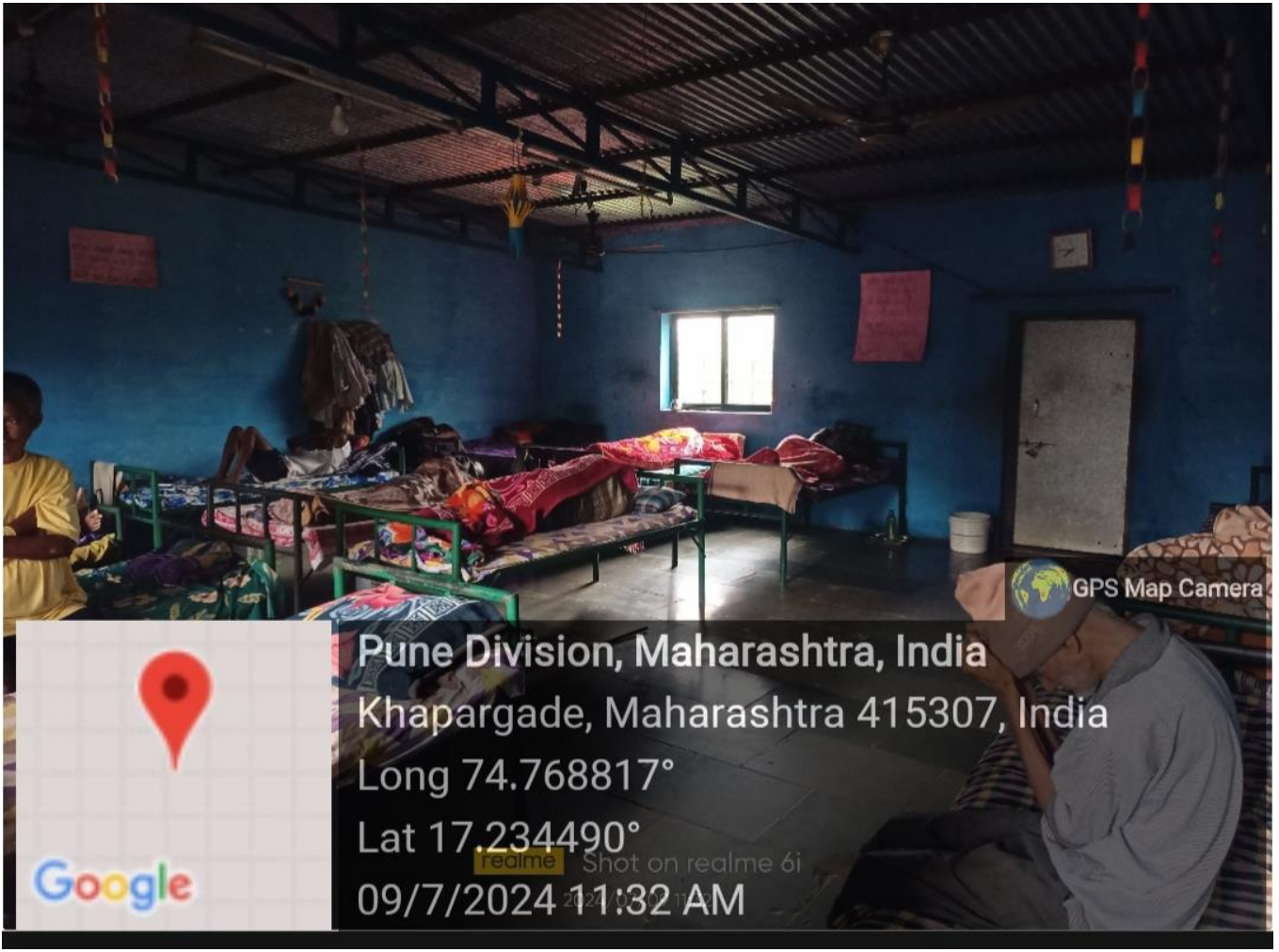
- Engage in Advocacy Campaigns collaborate with other organizations to advocate for policies that benefit elderly care. Participate in public forums to attend community meetings and forums to voice the needs and concerns of the elderly.

Geo Tagged Pictures



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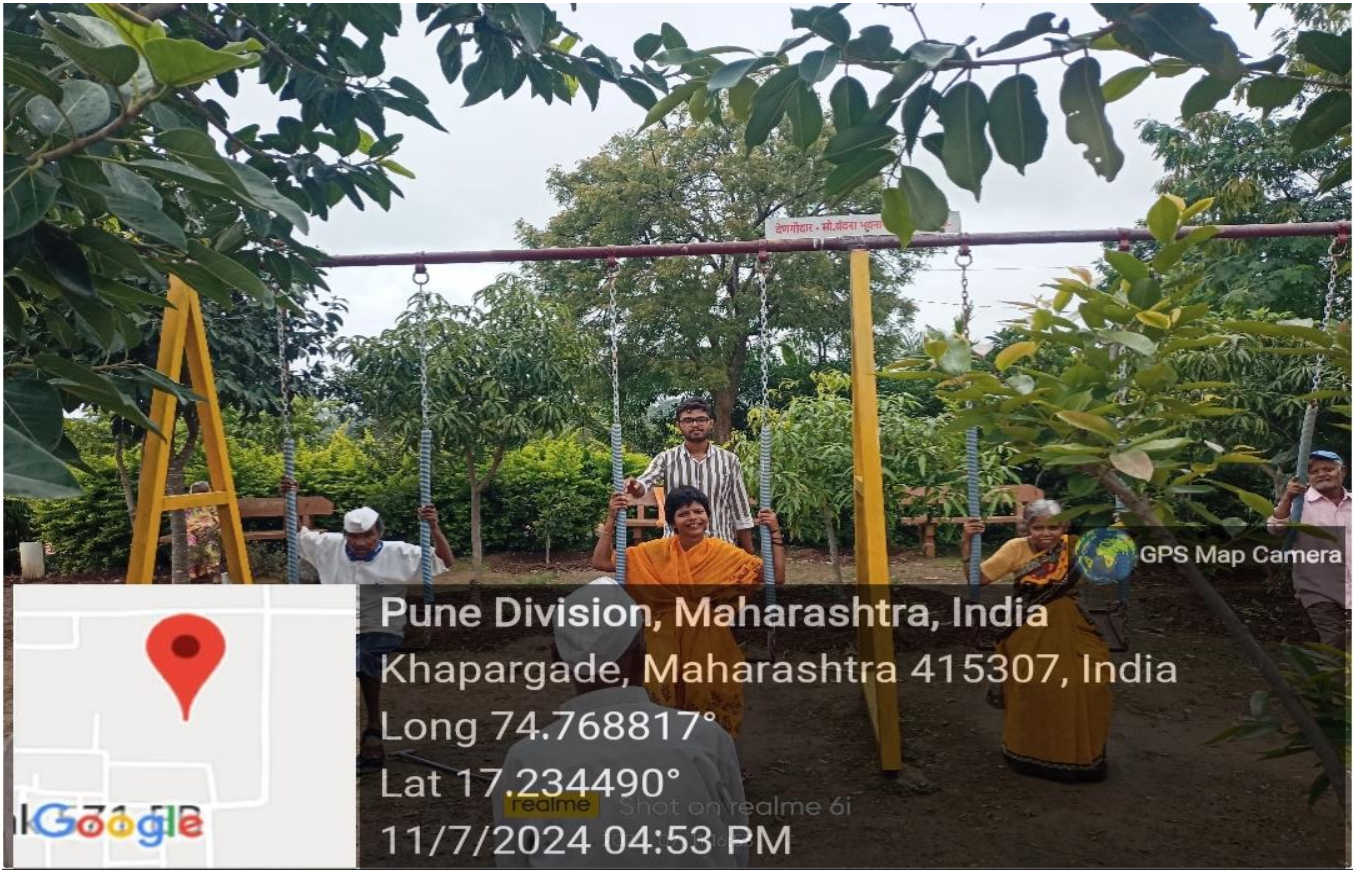
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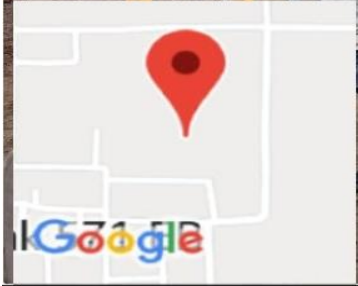
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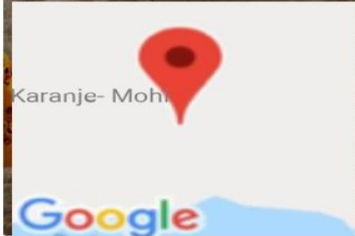
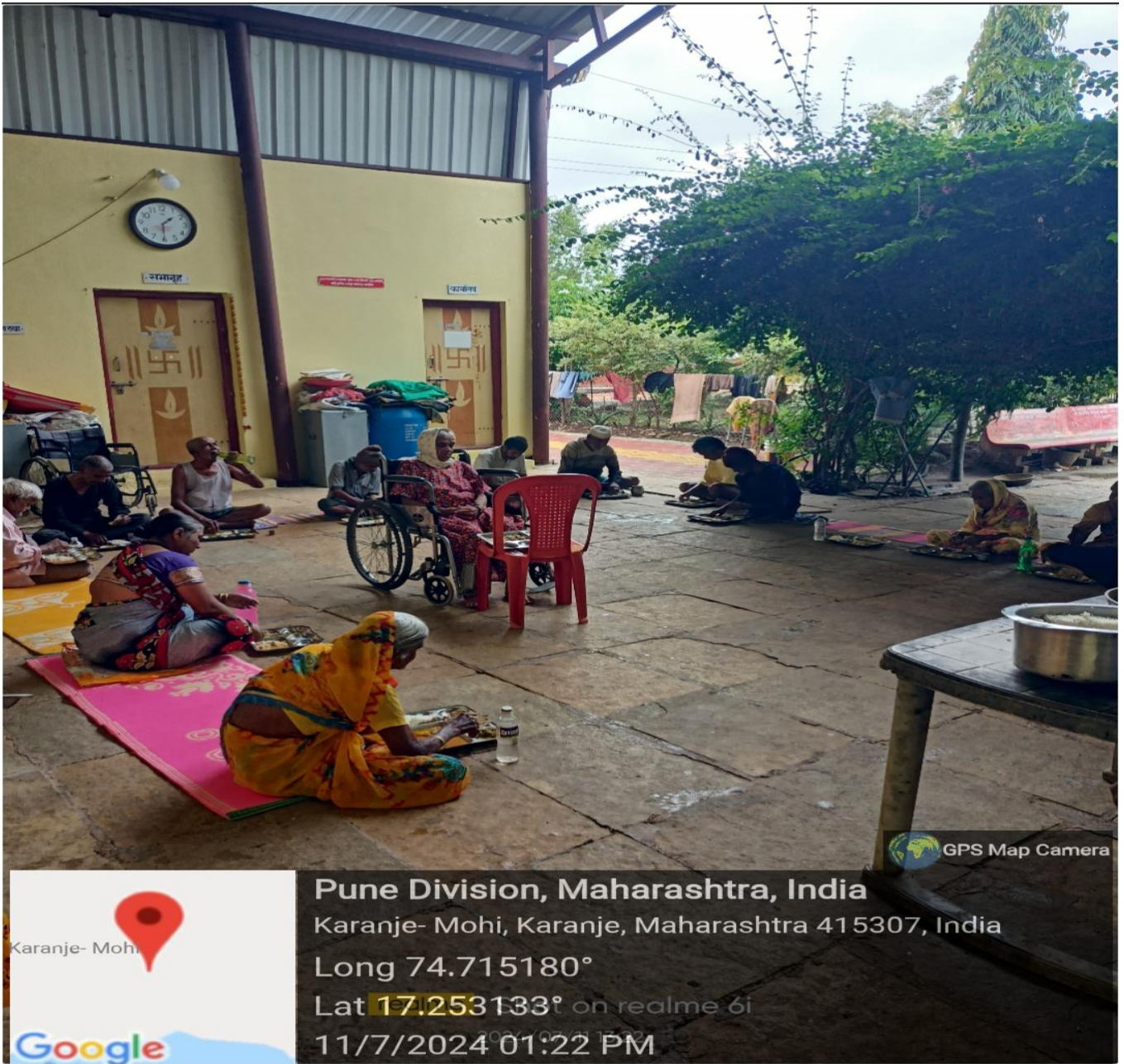
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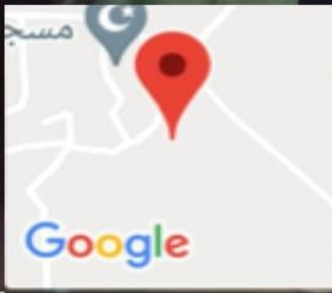
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Effectiveness of the Project

The effectiveness of an Elderly Care and Support NGO project, which focuses on promoting old age people help and support them in Maharashtra, can be measured through various outcomes that reflect its impact on the target population and key

indicators of effectiveness include improved quality of care, increased access to services and enhanced social engagement among elderly individuals.

The implementation of standardized care protocols and ongoing staff training leads to higher satisfaction rates among clients and their families. Outreach initiatives and transportation services significantly expand access to essential services, particularly for those in underserved areas. By actively engaging with the community the NGO can identify and address barriers to care, ensuring that more elderly individuals receive the support they need. Fostering social engagement through community events and volunteer programs reduces feelings of isolation and loneliness among the elderly. Increased participation in social activities not only enhances mental well-being but also strengthens community ties, creating a more supportive environment. In summary, the effectiveness of the project is demonstrated through improved care quality, enhanced access to services, ultimately leading to better quality of life for elderly individuals.

Two identified Societal Problems

1. Social Isolation and Loneliness:

Social isolation and loneliness are prevalent issues, particularly among the elderly. Many older adults experience a lack of social interaction due to factors such as loss of family and friends and mobility limitations and living alone. This results in having depression and anxiety and can negatively affect physical health.

2. Ageism and Discrimination:

Ageism refers to the stereotypes, prejudice and discrimination against individuals based on their age. This societal problem manifests in various forms, including negative attitudes towards older adults, exclusion from social

and economic opportunities and inadequate representation in decision – making processes.

Conclusion

In conclusion, addressing the challenges I faced by this project is elderly population is crucial for fostering a more inclusive and supportive society. Social Isolation and loneliness , along with ageism and discrimination are significant societal problems that adversely affect the well -being of older adults. These issues not only impact their mental and physical health but also hinder their ability to engage fully in community life. To combat these challenges , it is essential for NGO;s community organizations and policymakers to collaborate on initiatives that promote social engagement , raise awareness about ageism and advocate for the rights of elderly individuals, by implementing targeted social connections and challenge stereotypes , we can create an environment where old adults feel valued supported and empowered. Embracing the contributions and experience of older individuals fosters intergenerational understanding and strengthens social cohesion , paving the way for more compassionate and equitable future for all.