



NEWSLETTER

NOVEMBER 2025





CHILD RIGHTS WEEK & CHILD RIGHTS PARLIAMENT '25

Child Rights Week 2025 was successfully observed from 14 to 20 November, with a strong focus on promoting the rights, dignity, and voices of all children. Organised in collaboration with the CRT, Karnataka Child Rights Observatory (KCRO), the Karnataka Legislators' Forum for Children, and UNICEF, the week featured a series of impactful programmes aimed at raising awareness, strengthening child-protection systems, and encouraging meaningful child participation. The observance commenced with a virtual inaugural programme led by Smt. Kathiyayini Chamaraj, where discussions highlighted the significance of kindness in shaping youth behaviour, fostering empathy, and promoting global harmony. On the following day, Children's Day was celebrated by partnered NGOs in various locations, engaging children through diverse cultural and educational activities.

On 15 November, the 20th Annual Celebration of Surabhi Foundation Trust was held alongside the observance of the International Day for the Prevention and Fight Against Transnational Organised Crime, emphasising child safety and the need to protect children from organised criminal networks. The next day, the International Day for Tolerance was observed at BOSCO, focusing on promoting understanding, acceptance, and peaceful coexistence among communities.



STRENGTHENING CHILD SAFETY SEMINAR

On the occasion of the World Day for the Prevention and Healing from Child Sexual Exploitation, a programme on "Strengthening the Prevention of Children Against Sexual Exploitation and Sexual Abuse through Evidence-Based Policy Making" was organized at Seva Sadana, Malleshwaram. Representatives from Child Care Institutions across the city actively participated, contributing to meaningful discussions on safeguarding children and strengthening protective mechanisms. The event was graced by Sri Shashidhar Kosambi, Chairman, KSCPCR; Mr. Varadaraja, Member Secretary, District Legal Services Authority, Bangalore; Sri Vasudeva Sharma, Executive Director, CRT; and the District Child Protection Officers (DCPOs) of South, North, and East Bangalore. The programme underscored the collective commitment of all partners, speakers, and participants to creating safer environments for children, empowering them with knowledge and resilience, and ensuring that their voices are heard and upheld.



KIDS TAKE OVER



KCRO, with support from the CRT Team, successfully organized the Kids Take Over initiative. As part of the programme, CCI children explored the workings of the Information Commission, learning how RTI applications, appeals, and complaints are handled to ensure transparency and accountability. With guidance from NGOs Sanrakshan, ActionAid, APSA, BOSCO, Surabhi, and Hasiru Dala, they engaged with key stakeholders and had the special opportunity to meet Shri Rudranna Harikote.



The State Child Parliament preparatory programme was held at the Vidhana Soudha Auditorium, providing a vital platform for children to express their views, share their concerns, and prepare for meaningful engagement with policymakers. As part of the programme, children from various districts participated in an interactive session with Smt. Lakshmi Hebbalkar, Hon'ble Minister for Women and Child Development, raising thoughtful questions on education, protection, health, nutrition, safety, and other issues affecting their daily lives.

STATE CHILD RIGHTS PARLIAMENT

The Minister listened attentively, responding with empathy and assurance, and appreciated the children's confidence and leadership. She also reaffirmed the government's commitment to strengthening child development and welfare initiatives across the state. The session served as an inspirational experience for both children and policymakers, highlighting the importance of child participation in governance and the need for inclusive spaces where children can actively contribute to decisions that shape their lives.



KARNATAKA RAJYOTSAVA CELEBRATION

Sankalpa Makkala Dhama organised a lively Rajyotsava celebration, during which children were taken to the nearby Astro Mart Apartment for a grand cultural event. The programme featured vibrant dance performances that highlighted the children's love for the Kannada language and culture. A flag-hoisting ceremony was also conducted at the school, instilling pride and patriotism among the students. Adding to the joy of the day, new school uniforms were distributed to all the children, making the celebration even more memorable.



Another Rajyotsava programme was conducted collaboratively with children from Sanrakshan Rainbow Home and students from the Government Primary and High Schools of Rajajinagar. The event showcased energetic dances, songs, and dramas based on the theme "Our Karnataka — Our Pride." The programme was graced by Mr. Nagabhushan and Mr. Rajashekhar, who encouraged the participants and appreciated their performances. Their warm wishes added great value to the celebration.

SPOKEN ENGLISH SESSION AT SMD

At Sankalpa Makkala Dhama (SMD) Home, our children enjoyed an inspiring Spoken English session led by volunteers Shreya and Arya, focusing on Nouns and their Types. Through interactive activities and fun learning methods, the children not only grasped key grammar concepts but also gained confidence in using English. We sincerely thank Shreya and Arya for their dedication and valuable contribution in empowering our children and making learning an exciting journey.



YOUTH FOR SEVA TEAM VISIT AT SRN HOME

The Youth for Seva (YFS) team visited our Sanrakshan Rainbow Home, bringing joy and vibrant energy to the children through engaging songs, cultural activities, and fun-filled games that everyone thoroughly enjoyed. Their involvement created a lively, inclusive atmosphere that left the children excited and happy. The visit concluded with the thoughtful distribution of snacks to all, making the day even more special. It was a truly memorable and heartwarming experience for our home, and we deeply appreciate the YFS team for their meaningful contribution.



BARAVASE TEAM VISIT AT SRN HOME



The Baravase Organization team recently visited Sanrakshan Rainbow Home, spreading warmth and happiness among the children. They generously provided sweaters and stationery items, ensuring the children felt cared for and supported. The team also organized fun games and cultural activities, filling the day with laughter, excitement, and unforgettable memories. We are deeply grateful to the Baravase Organization for their kindness, generosity, and thoughtful support, making this visit truly special for everyone at the home.



UDAAN CAMP

The 7th 'Udaan – South Event' of the Rainbow Homes Program, held in the scenic hills of Yercaud, Tamil Nadu, brought together 17-year-old changemakers from diverse cities and languages, including five young adults from Sanrakshan with staff members Mrs. Ravikumari and Ms. Thippamma. Over three days, participants engaged in a journey of self-discovery, reflection, and learning. They explored their strengths, shared dreams and fears, and envisioned their future through the Time Machine activity, preparing for the transition from Rainbow Home care to independent living. Guided by the Rainbow Prayer and Preamble, they embraced values of unity, purpose, and self-belief while reflecting on personal growth.



Sessions on scientific temperament encouraged questioning biases, appreciating diversity, and fostering open-mindedness, while discussions on networking and mindful relationships highlighted empathy, awareness, and mutual respect. Participants also gained essential knowledge on holistic health, including physical and mental wellbeing, sexuality, and menstruation, and explored citizenship, governance, and civic responsibilities to understand their societal roles. A final session on mental health emphasized the balance of body, heart, mind, and soul, and the introduction of Yuva Mitra groups marked the start of a lifelong journey of community engagement and self-reliance. The workshop concluded with participants feeling empowered, informed, and inspired to become self-reliant, responsible, and compassionate adults.





SCHOOL ADOPTION PROGRAM

The Sanrakshan and eVidyaloka teams recently visited government schools in Ravunthanhalli, Avalagurki, and Sriramapur as part of the School Adoption Program. Supported by eVidyaloka Trust, Bengaluru, the initiative aims to strengthen digital learning and improve educational outcomes for students. With the groundwork now in place, these schools are ready to fully benefit from the program, and we sincerely thank eVidyaloka Trust for their continued support in empowering young learners.

WORLD TSUNAMI AWARENESS DAY PROGRAM

On World Tsunami Awareness Day, the children of Sanrakshan Rainbow Home participated in activities to learn about tsunami safety and preparedness. Coordinated by Education Coordinator Ms. Sahana, the program taught them how to stay safe during natural disasters and the importance of being alert. The children also took a pledge to raise awareness, stay prepared, and help others, contributing to a safer community.



1ST ANNIVERSARY OF SMD HOME



On November 8, Sankalpa Makkala Dhama Boys Home celebrated its 1st anniversary. The children enthusiastically shared their experiences, while staff reflected on the home's journey. Together, they recalled memorable moments, achievements, and shared a vision for the future — to develop Sankalpa Makkala Dhama into a model Child Care Institution (CCI).

MANAGEMENT COMMITTEE MEETING AT SMD

The first Management Committee Meeting at Sankalpa Makkala Dhama was successfully conducted with the esteemed presence of Smt. Kumari Asha H.K., District Child Protection Officer, Anekal, whose guidance and support made the session highly valuable. We also extend our appreciation to Mr. Rajashekhar, CWC Member, and all committee members for their active participation and thoughtful suggestions. The meeting focused on key provisions of the Juvenile Justice (JJ) Act for the effective functioning of Child Care Institutions (CCIs). During the session, the Children's Suggestion Box was opened, allowing members to interact directly with the children to understand their concerns, needs, and aspirations. We sincerely value the inputs shared and are committed to implementing them for the betterment of the children and the institution. A heartfelt thank you to everyone for their cooperation, support, and continued dedication to child welfare and development.



SAMAJAMUKHI CHILDREN'S LITERARY CONFERENCE



Ten children from Sanrakshan Rainbow Home and Sankalpa Makkala Dhama showcased exceptional creativity and social awareness at the Samajamukhi Children's Literary Conference. Through poetry, stories, drama, and art, they engaged with important themes such as environmental protection, gender equality, women's empowerment, adoption, and child rights. Interactive sessions like "Srujana Sheela" and "Bhalavana" encouraged reflection and creative expression, helping the children understand how literature can inspire positive change. Conducted in a safe and supportive environment with guidance from teachers, facilitators, and parents, the participants developed confidence, empathy, and teamwork skills while deepening their appreciation for Kannada literary heritage and the values of humane, inclusive communities.

KANAKADASA JAYANTHI CELEBRATION



Sanrakshan Rainbow Home joyfully celebrated Kanakadasa Jayanthi with an inspiring program that highlighted the life and teachings of the great saint. The celebration began with a heartfelt prayer song, followed by beautiful devotional songs sung by the children in praise of Kanakadasa. Some children delivered inspiring speeches about his life, teachings, and devotion to Lord Krishna, while others brought his story to life by dressing up as Kanakadasa and performing on stage. The event offered a meaningful opportunity for everyone to reflect on the values of devotion, equality, and kindness that Kanakadasa championed.

MICROSOFT VOLUNTEERS VISIT AT SMD

Volunteers from Microsoft Company visited Sankalpa Makkala Dhama as part of their community service initiative, bringing creativity, learning, and happiness to the children. They conducted engaging TLM (Teaching Learning Material)-based activities that made learning fun and interactive, and organized games that encouraged teamwork and enjoyment. The volunteers also distributed sandwiches and gifts, adding to the excitement of the day. Beyond the activities, they shared their joy in spending quality time with the children, creating memorable experiences. Their visit left a lasting impact, fostering smiles, learning, camaraderie, and a spirit of shared happiness among all participants.



CHILD RIGHTS WEEK CELEBRATIONS AT SANRAKSHAN RAINBOW HOME

Sanrakshan Rainbow Home celebrated Child Rights Week with a series of impactful and engaging activities held under the guidance of Rainbow Foundation India. The week included awareness sessions on child rights, child labour, child marriage, and the theme "Every Child Matters," along with essay and drawing competitions that encouraged creativity and expression. Children's Day was celebrated both at the Home and at Government School, Jooganahalli, focusing on academic encouragement and joyful participation.



Throughout the week, children took part in library sessions on emotional well-being, life skills classes on hygiene and respectful behaviour, computer training, and motivational guidance for 10th-grade students. A drama titled "Dream Big, Shine Bright" inspired confidence and perseverance, while a vibrant Mini Fashion Show on the theme "Unity in Diversity" highlighted India's cultural richness. Overall, the week's programs fostered awareness, creativity, confidence, and unity, empowering children to understand, express, and celebrate their rights.



UPAKRUTHI VISIT AT SRN



Upakruthi Organisation and its volunteers visited Sanrakshan Rainbow Home, where they distributed stationery to all the children, conducted engaging colour shading and drawing activities, and provided snacks, creating a cheerful and interactive environment. Dr. Akhila delivered an informative session on menstrual hygiene, empowering the children with essential knowledge, and the event concluded with an enjoyable dance performance that filled the programme with joy and enthusiasm.

CAPACITY BUILDING WORKSHOP

A Capacity Building Workshop on Mathematics Teaching and Learning was recently conducted by Mr. Shivakumar and Ms. Kanni from Akshara Foundation, focusing on strengthening foundational numeracy for children in primary education. The session emphasized experiential learning, hands-on activities, and the use of effective teaching-learning materials to make mathematics more engaging and meaningful. With the support of Rainbow Foundation India, staff members Mrs. Husna, Ms. Chandana Deepthi, Ms. Thippamma, Ms. Vidya, and Ms. Sahana from Sanrakshan Rainbow Home actively participated in the workshop. The workshop equipped participants with practical, child-friendly strategies that can be directly implemented in classrooms. These methods aim to enhance children's understanding of mathematical concepts, making learning both easy and joyful.



NATIONAL ADOPTION AWARENESS MONTH RALLY

As part of National Adoption Awareness Month, the children and staff of Sanrakshan Rainbow Home organized a meaningful awareness rally in Rajajinagar, aiming to educate the community about the importance of adoption. The children walked together with hope and enthusiasm, spreading the message that every child deserves a safe and loving home. As part of the event, they performed a thoughtful skit that highlighted the transformative impact of adoption and emphasized the need for collective responsibility in ensuring the well-being of children.



To further engage the community, the children distributed informative pamphlets to the public and other children, helping raise awareness about adoption and illustrating how each of us can play a role in supporting this important cause. Their efforts encouraged everyone to join hands so that no child is left behind.

CHILDREN'S FESTIVAL – 2025

The District Child Protection Office – Bengaluru Urban South (Anekal), in partnership with the Swami Vivekananda National Service Trust, organized the International Adoption Month Celebration & Children's Day Festival – Kids Fest 2025 at Mathrudhama, featuring cultural programs and sports activities for children from various CCIs. The event was graced by Smt. Asha H. K., District Child Protection Officer, Bengaluru West (Anekal), as the chief guest. All boys from Sankalpa Makkala Dhama participated enthusiastically, and we are proud that our children won prizes in drama and solo dance, showcasing their talents and spirit.



CLEAN & GREEN DRIVE

The Clean & Green Drive was successfully carried out at KSRTC Colony, Shantinagara, bringing together youth leaders, community volunteers, and partner organisations to clean black spots, paint awareness messages, and distribute colour-coded dustbins to promote responsible waste management. A notable moment was the active participation of Rakshita, a future child leader from Sanrakshan, who contributed to the wall-painting activity and inspired other children through her enthusiasm and commitment. The initiative strengthened community awareness, improved the surroundings, and encouraged residents to take shared responsibility for maintaining a cleaner environment.



VISIT FROM INNER WHEEL CLUB

Sanrakshan Rainbow Home was delighted to welcome Ms. Manjulika, Ms. Gayathri, and Ms. Beena from the Inner Wheel Club. The visit provided an opportunity for them to understand our work and explore ways to support our mission. During their time with us, they toured our facilities, including the children's rooms, kitchen, and common areas, and spent quality time engaging with the children. The visit offered them a deeper insight into our efforts and the lives of the children we serve, helping identify meaningful ways to contribute to their wellbeing and development. We look forward to building a meaningful partnership with the Inner Wheel Club soon.



PARENTING ROLE AND CHILD RIGHTS TRAINING

Rainbow Foundation India successfully organized a Parenting Role and Child Rights Training session under its FBC and RCCLC programs, reaching over 150 parents and children. The session aimed to enhance parents' understanding of positive parenting, child protection, and the importance of fostering a safe and supportive environment for children. Ms. Ramya, the resource person, provided insightful, practical, and thoughtful guidance throughout the session, helping participants gain valuable knowledge and strategies for nurturing child development. As part of the initiative, food kits were distributed to all parents, further supporting families and reinforcing the foundation's commitment to holistic child and family welfare.



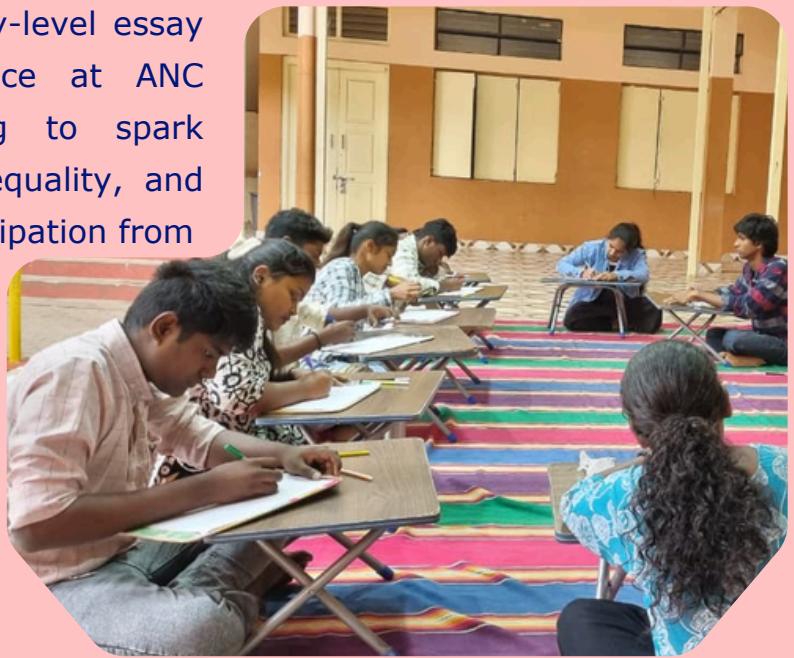
KREEDA CHETANA PROGRAM



The Kreeda Chetana Program, organized by Navya Disha and Yuva Chavadi at Samatha Vidyalaya, Sira, was a lively celebration of sports and teamwork, featuring activities like Lagori, Tug of War, Treasure Hunt, Thread Bottle Game, Drag with Music, Memory Challenge, Balance the Bottle, and Spoon Balance Game. Six children from Sanrakshan participated enthusiastically, showcasing energy, coordination, and focus across the games. The event provided fun, excitement, and valuable lessons in teamwork, concentration, and perseverance, leaving all participants with memorable experiences and the joy of healthy competition.

ESSAY COMPETITION ON GENDER-BASED VIOLENCE

Rainbow Foundation India hosted a city-level essay competition on Gender-Based Violence at ANC Rainbow Home, Chamrajpet, aiming to spark reflection among children on safety, equality, and rights. The event saw enthusiastic participation from children's homes across the city, including two talented participants from Sanrakshan, who impressed everyone with their thoughtful perspectives and strong writing skills. The competition offered a meaningful platform for young minds to voice their opinions, build confidence, and gain a deeper understanding of gender-based violence as a critical social issue. Events like these empower children to engage with important topics and become advocates for change in their communities.



AWARENESS PROGRAMME ON DOMESTIC VIOLENCE



Sanrakshan Rainbow Home recently organized an engaging awareness programme on Domestic Violence aimed at educating children about their rights and safety. To make the session interactive, the children were divided into six groups for a Group Charcha (Discussion). Each group discussed important aspects of domestic violence, including its meaning, effects, and safe ways to seek help. Through these discussions, children actively shared their thoughts, learned about their rights, and understood the importance of speaking to a trusted adult if they ever face or witness violence. The programme proved to be highly informative and successful in raising awareness among children, empowering them with knowledge and the confidence to seek help in difficult situations.

GOLDEN JUBILEE PROGRAMME

The Government of Karnataka organized a special Golden Jubilee programme at Karnataka Bhavan to raise awareness about welfare schemes for women, children, persons with disabilities, and senior citizens. Children and staff from Sanrakshan Rainbow Home attended the event, where informative sessions provided valuable insights into various government initiatives. The programme was successfully conducted with active participation, creating an engaging and educational platform for all attendees.



VOLUNTEER ENGAGING SESSION WITH CHILDREN

Two enthusiastic volunteers from Christ University visited Sabrakshan Rainbow Home, bringing with them a spirit of learning and fun. During their visit, they interacted closely with the children, creating an atmosphere of warmth and engagement. The volunteers conducted an English class, helping the children enhance their language skills through interactive lessons. They also organized an engaging session filled with activities designed to stimulate creativity, confidence, and participation. The children eagerly participated, making the session lively and memorable for everyone involved.



BICYCLE DISTRIBUTION

We successfully distributed 42 bicycles to the students of Avalagurki Government Primary School, Chikkaballapur District, with the support of Goodera. This initiative aims to assist students who face daily challenges travelling long distances to school, as discussions with the school administration and community revealed that many children walk several kilometres each day, affecting their attendance and academic performance. To address this concern, Sanrakshan Organisation provided bicycles to the most needy and deserving students as part of our ongoing commitment to promoting education, improving attendance, and ensuring safe and convenient transportation for children in rural areas. The distribution programme was conducted in the presence of school authorities, community leaders, and representatives from Sanrakshan Organisation.



MENTAL WELLNESS SESSION

A Mental Wellness Session was organized by Thamahar Trust for parents, teachers, and professionals at Seva Sadana, featuring resource persons Ms. Sangamithra Karthi and Ms. Sangeeta Varghese. Ms. Sahana and Ms. Vidya from Sanrakshan Rainbow Home also participated in the program. The session highlighted key topics such as depression awareness, building emotionally healthy homes, and the importance of emotional attachment in parenting. It further emphasized that self-care—physical, emotional, and social—is essential, not selfish.



SONGS ON THE INDIAN CONSTITUTION

APP Foundation organized a unique program on "Songs on the Indian Constitution", facilitated by Surappilly Chandrashekhar and Chintamani. The initiative aimed to introduce the values, principles, and rights enshrined in the Indian Constitution through engaging songs, rhythms, and musical compositions, making learning both accessible and enjoyable for all. The program also sought to deepen public awareness and understanding of the Constitution's significance in everyday life. Two children from Sanrakshan enthusiastically participated in this enriching experience, adding youthful energy to the event.



STATE-LEVEL PROGRAM ON THE PREVENTION OF CHILD MARRIAGE



READS Organisation successfully organized a State-Level Program on the Prevention of Child Marriage, bringing together dignitaries, experts, government officials, child protection officers, and civil society representatives to discuss legal frameworks, community awareness, and effective intervention strategies. Mr. Rajashekhar, Founder & Executive Secretary of Sanrakshan, participated in the event by representing the organisation. The program highlighted the urgent need to protect children's rights and well-being while strengthening coordination among stakeholders, empowering girls through education, and building strong community-based support systems. It also served as a vital platform for sharing best practices and reaffirming the collective commitment to eliminating child marriage and ensuring a safe, healthy, and dignified future for every child.

INSPIRING VISIT BY DR. VASUDEVA SHARMA SIR

Dr. Vasudeva Sharma, Founder Director of CRT and State President of KCRO, along with Ms. Lakshmi, visited Sanrakshan Rainbow Home, where they interacted warmly with the children and staff. Their gracious presence, meaningful engagement, and encouraging words brought joy and motivation to everyone at the home. We extend our sincere gratitude for their valuable time, continual support, and inspiring visit, which reinforces our commitment to the well-being and growth of every child under our care.



CELEBRATION OF INDIAN CONSTITUTION DAY

Sankalpa Makkala Dhama Boys Home proudly celebrated Indian Constitution Day with great enthusiasm, as the children came together to take the pledge of the Indian Constitution's Preamble, reaffirming their commitment to the values of justice, liberty, equality, and fraternity. The staff shared the significance and importance of the day, helping the children understand the foundational principles that guide the nation. To make the occasion more engaging and memorable, various activities—including a drawing competition, a quiz, and a collective reading of the Preamble—were organized, and the highlights of these events were compiled into a vibrant newsletter capturing the spirit of learning and patriotism.



GLIMPSES OF THIS MONTH





About Us

SANRAKSHAN is a registered national-level non-governmental organization dedicated to providing care and protection for underprivileged children from vulnerable backgrounds, such as those living on the streets or in traumatic conditions. Our primary objective is to rescue children from these vulnerable situations and offer them safety, shelter, education, and overall holistic development through various programs.



Vision

A world where every child enjoys her/his right to life with dignity and complete childhood without discrimination of any kind and free from abuse, violence, exploitation and neglect



Mission

To work as a catalyst in bringing sustainable change in the lives of the underprivileged and marginalized communities, such as children, women and youth.



The goal of SANRAKSHAN is to see that no child and youth, especially from the underprivileged and marginalized communities, should be deprived of his/her right to family care and love; quality education; medical and healthcare; skill training for a decent job so as ensured a humanely and dignified life.

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Shri. Aroon Raman our generous supporter of Sankalpa Makkala Dhama Boys Home, contributing towards the care and well-being of its children

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Thank you