



# ANNUAL REPORT 2021-22

SANRAKSHAN- Society for Protection of Children

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## TESTIMONIALS



“Sanrakshan has come forward to work for children in need of support especially during the COVID crisis. Their home for girls, Balika Brundavana is run on very sound lines and the children are blossoming under the care of Sanrakshan team. I wish the children and the organization all the best”

**Dr. Lalitha Iyer  
Bench Patron of Sanrakshan**

“I believed in Sanrakshan and asked them to do an intervention in Raysandra Community and keeping the trust they worked with 72 children from the community and formed one Rainbow Community Child Care Center to impart education to these children. I have visited their home and the community program and have been really happy to see the work they are doing with full dedication. I wish them good luck in future endeavors.”

**Ms. Bharti Devi  
District Child Officer Bangalore**

# SANRAKSHAN

## Background Information

SANRAKSHAN-to protect. The endeavor of our organization is to protect children living in difficult situations. Every senior founder of SANRAKSHAN has 20+ years of field experience working with various developmental organizations in the country. They realized that not all children have home environments conducive to their mental and physical well-being.

The girl children also stare at a bleak future, where they may be married early or at risk of being sexually abused. Hence, with a specific aim of protecting the girl child, SANRAKSHAN was registered in the year 2020.

The organization is also focused on safeguarding children in communities and helping them secure their rights. For this SANRAKSHAN works in some communities along with the youth.

### Aims and Objectives of The Organization

As mentioned earlier, the organization's primary focus is to work with the girl child. With this aim in mind, our broad objectives are:

- To identify vulnerable and deprived girl children
- To establish residential centers/homes for vulnerable girls
- To provide a secure environment to the girls
- To educate the girls and empower them with life skills
- To provide health, recreational and counselling services.
- To provide medical care for all the girls living in the center
- To facilitate social reintegration
- To impart moral values to children and encourage them to become self-reliant.
- To encourage girls to explore different avenues by providing them with creative opportunities.
- To ensure that street children are treated with respect and can avail their rights, we will work with the general populace and create in them awareness about the rights and lives of street children.

# SANRAKSHAN

## Projects, its Inception and Implementation

In order to fulfil our program objectives, SANRAKSHAN started an “Integrated Welfare Residential Care Centre for Girls”. This section elaborates on the why what and how behind this project.

### Why a residential home

Mr. Rahim Shaikh Founder of Need Based India says, “In poor and migrant families in India, the priority and only agenda is to survive. For these workers who earn less and have bigger families to support, shelter and food become top priorities. Education is never given importance. While the government schools do offer free education, these parents do not enroll their children in any school. Statistics show that more than 30% of children do not attend school.”

In our journey with various organizations’ and by working in different communities we have observed that in low-income families, the family dynamics are very skewed. The male members are prioritized over female members. Even among children, the needs of the boy is always given more preference than that of the girl child. From education to nutrition, health, entertainment, and freedom of movement, the male child has more access and is given more preference.

Further children living in low-income group housing areas (i.e. slums) do not have an environment that is conducive to their emotional, mental or physical well-being. Girls are at a bigger risk of being abused (physically and sexually). This is among the leading reasons why a girl child is married when she is as young as 16 years old.

Given that the environment for children especially that of girl children is very difficult in slums, SANRAKSHAN decided to start residential homes for girls. These homes are a safe space where the girls are given education, and provided with nutrition and health care facilities. The girls in these homes are also provided with psycho-social support and are given many opportunities to grow and carve a life for themselves.

SANRAKSHAN currently has two homes in Bangalore which together provides shelter to 81 girls.

### How do we identify children who avail the facilities?

SANRAKSHAN has conducted surveys and visited slum areas where poor and migrant families live. After completing a detailed survey, we identified children who were in need of care and protection. This was followed by discussions with the parents and with their permission and consent, we enrolled the children in our residential homes. While we focus on children in the age group Of 10-12 years, we also have older children residing in our homes.

Apart from this SANRAKSHAN is also connected with other NGOs that work with underprivileged children from where we get referrals. Finally, since SANRAKSHAN is a registered home, we also get referrals from the Child Welfare Committee.

Keeping in line with the Juvenile Justice Act, SANRAKSHAN intimates the CWC of all new intakes. Thus, the functioning of our homes is transparent and in accordance with all government rules and regulations.

#### The story behind setting up the homes

SANRAKSHAN has two residential homes. The first one, Baalika Brundavana is at Rajajinagar and the Sanrakshan Rainbow Home is at Domlur. Both these homes function out of government schools. We have got permission from the Department of Public Instruction permitting us to run homes in a part of these schools for five years and a yearly renew is done according to the performance of Sanrakshan.

While obtaining space and a sanction letter is a tedious process, the building and classroom conditions are also not suitable for a residential home. In both locations, we have made necessary changes so that the girls can live in a clean and comfortable environment.

We would like to thank our donors, Mrs. Kamakshi Rao who gave us financial aid to repair and renovate the bathroom of Rajajinagar premises and Mr. Krishnamurthy who was kind enough to solve drainage issues for the entire school at Domlur, Bangalore.



# Program Details

## Baalika Brundavana and Rainbow Home

Baalika Brundavana, the first home of SANRAKSHAN was established on 18th March 2021 with 34 girls. As on 31st March 2022, there are 23 children living in this home. For ease of functioning the girls are divided into two groups, junior and senior. 17 girls belong to the junior group (7-10 years) while the rest belong to the senior group (11-16 years).

Sanrakshan Rainbow Home was started in December 2020 as a collaboration between SANRAKSHAN and Rainbow Foundation India. In September 2021, the home was completely handed over to SANRAKSHAN. Initially, we had 33 girls. A few months later 4 more girls were admitted to the home. As on March 2022, 37 girls have found a safe haven at the Sanrakshan Rainbow Home. Of these, 17 girls are in the junior category (7-10 years) and 20 are in the senior category (11-16 years)

Apart from the Sanrakshan Rainbow home, there are two more projects that are operated from the Sanrakshan Rainbow Home.

- Community-Based care Program

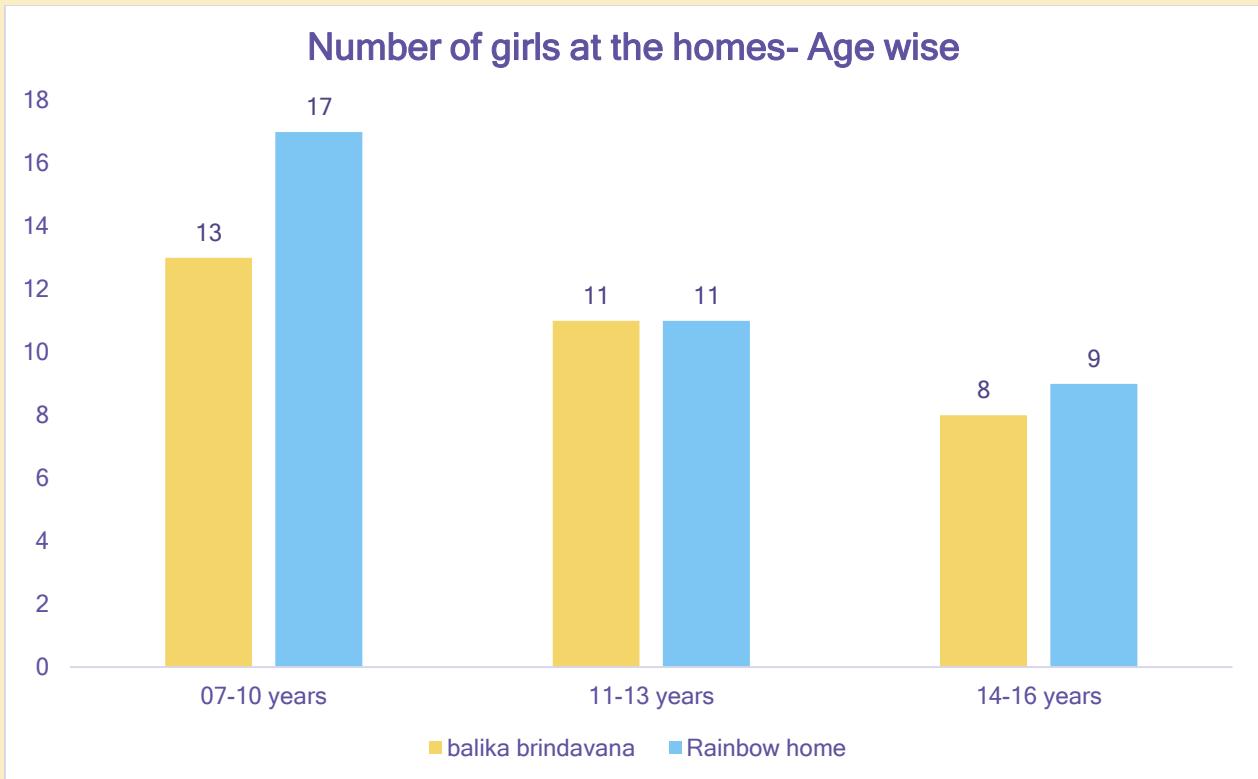
Among all the girls registered who were at the Rainbow home, we realized that 8 among them had a caring family. The family had financial issues. So, the girls have been sent back to their homes and SANRAKSHAN is assisting them with aid such as groceries and educational materials.

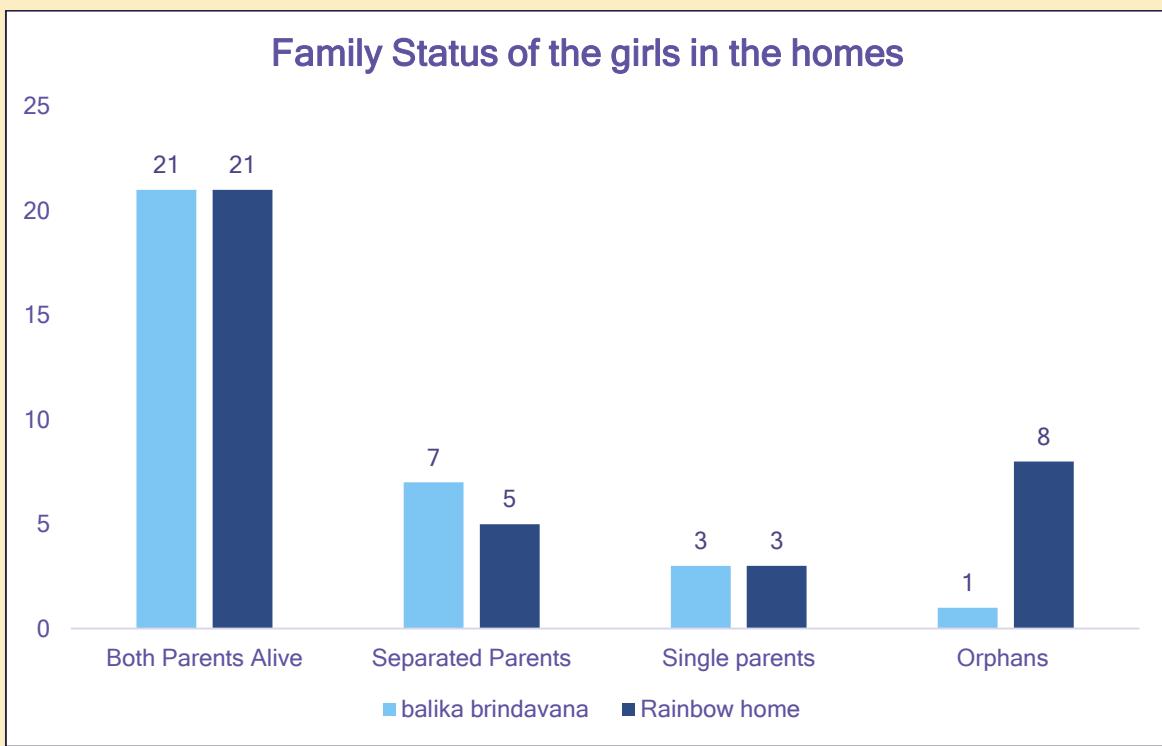
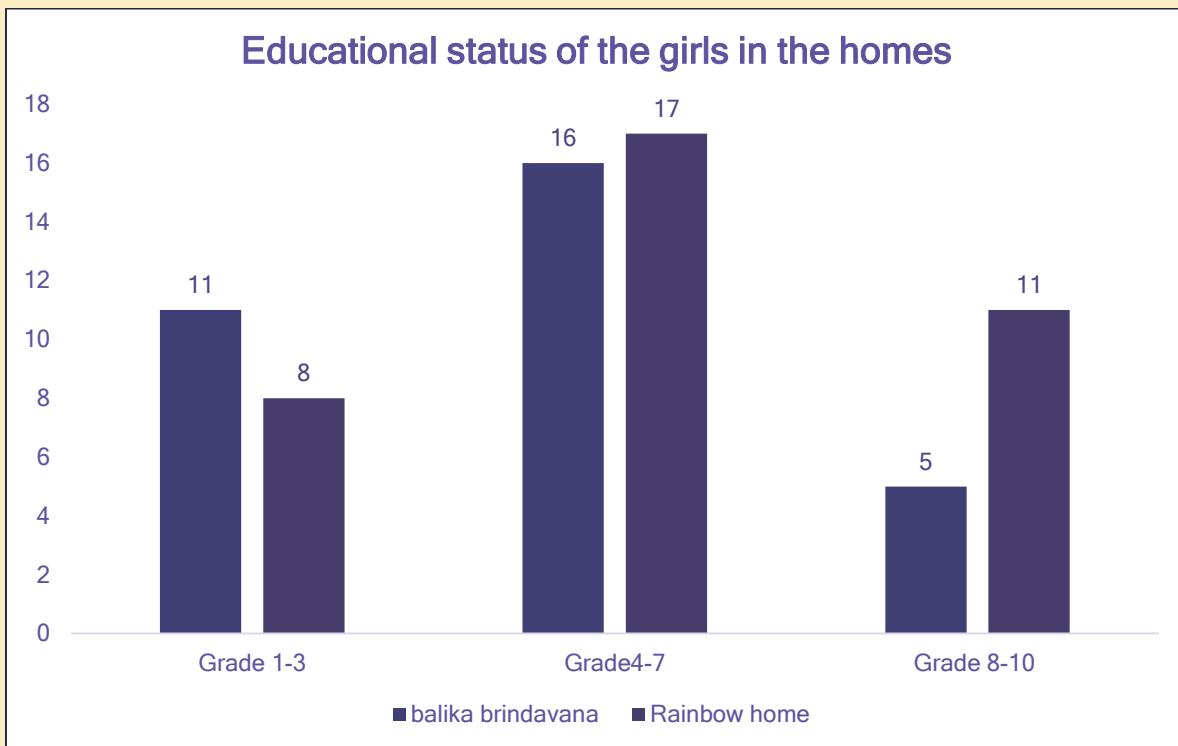
- Future Program

This is for girls who are above 18 years of age and are college-going. There are two girls associated with this program through the Rainbow home. These girls are studying in class 12 in Panch Janya Vidyapeeth, Rajajinagar, Bangalore.

## Children Data for Both Homes

<b>Particular</b>	<b>Balika Brundavana</b>	<b>SANRAKSHAN Rainbow Home</b>
<i>Total No. children end of the March-2022</i>	23	37
<i>No. of children close files staying with parents.</i>	11	03
<i>No. of children file close and help through CBC</i>	00	04
<i>No. of children referred to other NGO</i>	00	03
<i>Total No. of children in CCI</i>	34	47





## Staff at the home

To help with the day-to-day activities of the home, we have employed the following staff:

Category of staff	Number of staff at Baalika Brundavana	Number of staff at Sanrakshan Rainbow home
Project in charge and home management coordinator	01	02
Full-time home manager	02	02
Education Coordinator	-	01
Social Mobilizer	-	01
Teachers	01	01
Counsellors-Part time	-	01
Cook	02	02
<b>Total</b>	<b>06</b>	<b>10</b>

Apart from this we also have part-time staff who help us in extracurricular activities

## Fighting COVID at the homes

Baalika Brundavana was fully operational during the second wave of COVID. These were difficult times for us. We had to be very careful and reiterate hygiene rules repeatedly so that the children didn't fall sick. However, in the month of July 21 girls and 5 staff tested positive for COVID. The infected were isolated and with consultation with doctors, they were given the necessary medication. All the infected recovered within 15 days.

After this, we started checking the temperature of all the staff and children in the home. And we also ensured that children used masks and followed all COVID protocols. But in January we again got a few positive cases in the Domlur home. This was the time when Omicron was spreading through the city.

Since we saw symptoms in some children, we got all the staff and children tested. Three staff and two children tested positive. They were quarantined, given the right medicine and they recovered in a week.

## Health and Nutrition of the children

**Health:** The health of the girls is given utmost importance. We organize regular health check-ups. If any child is unwell, the doctor is consulted immediately and appropriate care is given. We also ensure that the girls maintain good personal hygiene. Our caretakers ensure that the girls maintain short nails, wash their hair regularly and have a neat and clean appearance. Exercise is integral to maintaining a healthy life. Hence barring Sundays, children of both homes exercise every day. They do simple exercises and also practice basic Yoga asanas.

**Nutrition:** Close attention is given to the diet and nutrition of the girls. Both homes have a children's committee. The staff and the children's committee together decide the week's menu which is followed accordingly. Children are provided with simple meals that fulfil their nutritional needs. Eggs and fruits are given twice a week.

Detailed health records of all children are being maintained at both homes. We also measure their height and weight regularly to track their basic growth.

## Education of children at the home

For a large part of 2021, schools across the country were closed. However, in Karnataka schools opened in September and functioned until December. Again, in January, they were closed due to an increased number of Omicron cases. To ensure that there was no break in the education of the girls we took the following steps.

Class 10 students in both the homes were given extra coaching. Two girls appeared for class 10 exams in 2021-22. From them one girl scored an amazing 83% and the other girl scored 53%. We at SANRAKSHAN are proud of both the girls. Their success reaffirms our faith in the program.

- **Online classes:** Children were grouped depending on their classes. They were asked to watch the regular classes on DD Chandana. These recorded classes were conducted by government school teachers for children of all grades. They also covered all subjects. Children watched these classes on the laptops provided to them.
- **Worksheets:** The government schools were providing worksheets. Children completed these worksheets with help from the teachers at the home. The completed worksheets were submitted and we requested the teachers to correct them.

- **Bridge classes:** Through the summer vacation of 2021, bridge classes were conducted in both homes. The teachers identified areas where the girls needed extra help. In the bridge course, specific sessions were conducted so children would improve in the subjects that weren't their strengths.
- **NMMS and NTSE:** National Means and Merit Scholarship (NMMS) and the National Talent Search Examination (NTSE) are national-level exams. While NTSE is open to all children, the NMMS is conducted only for government school children. Children who clear these exams are provided with scholarships and the brilliant ones secure a seat in Jawahar Vidyalayas. Girls at both homes are trained for these exams. We hope that some of our children pass them with flying colours and secure scholarships too.

Detailed educational files are being maintained for every child in both homes. The teachers mark their progress. We also conduct regular assessments for the children at the home to track their progress.

### Extra - Curricular Activities

Extra-curricular activities are very important in every child's development. Experts say that these activities bring out hidden talents, boost self-confidence, develop thinking skills and also provide children with a much-needed breather from academics. Hence, at SANRAKSHAN we have various activities for the girls.

- **Games:** Sports help in building self-esteem and teach the children a lot about teamwork. Needless to say, it is also a stress buster. Since the benefits of play and sports are immense, girls at home are engaged in sporting activities regularly. During the second wave, the children were indoors and hence played board games, puzzles and carrom. Now we encourage outdoor play. Apart from *Kabbadi* and *kho-kho*, they are also given time for free play.

Girls in the Rainbow home also have a coach who comes in twice a week. Apart from strength and conditioning exercises, the coach also teaches the girls the rules for playing various outdoor games.

- **Life-skill training:** Life skill training has been organized in both homes. We invite professionals who talk to children on topics like hygiene, health and education. These sessions are conducted with an aim of increasing awareness and making the children confident.
- **Martial Arts:** Karate classes are conducted in Rainbow home. Apart from self-defense these classes also help children in becoming more confident and build their physical and mental strength.

- **Durga Sessions:** Conducted by the Durga Foundation these sessions teach the children self-awareness, sexual awareness, how to protect themselves in threatening situations, and positive thinking and socializing skills. Children have found these sessions very useful as they help them in day-to-day living.
- **Enfold classes:** These are conducted by Mrs. Jayashree and Mrs. Malini from Enfold India, an NGO working towards creating safe spaces. Their sessions teach children about self-esteem, peer pressure, social media and its threats and how to protect themselves from bullying.

They have also spoken to the pre-pubescent and to the girls who have attained puberty about menstruation, the changes that happen in their bodies, how to be aware and confident of their bodies etc. We hope that through these sessions the girls will be more aware, confident and comfortable with their bodies and learn how to handle the “pressures” of social life.

- **Spoken English:** All our girls come from slum communities and they study in Kannada medium schools. Their exposure to the English language is minimal. But, spoken English is a skill that is essential when they step out into the world of work. Hence, spoken English classes are conducted twice a week so that children learn the language.
- **Dance:** Dance is a form of expression and imagination. Children of the SANRAKSHAN Rainbow home, Domluru are trained twice a week in contemporary and freestyle dance forms by Mr. Richard from D'Cruze Dance Studio. The girls enjoy this class immensely.
- **Drama:** Drama is a way of expression. It helps children in showcasing their creativity and is a stress buster. Also, drama teaches teamwork, and coordination and helps in learning and telling stories. Children of both homes are given basic training in this area.

They are encouraged to write their own scripts and develop their own plays. Children of Baalika Brundavana staged two skits on the importance of education and the Ramayana. Though they took little help from their teachers, the entire process gave them a lot of self-confidence.

Apart from these girls of both homes are given information about the various classical dance forms and the culture and heritage of India.

## Counselling

Counselling is a very important and integral part of the functioning of SANRAKSHAN homes. We have children from varied backgrounds and they have faced many adverse conditions and have had some unpleasant experiences too.

So, we have full-time experienced counsellors who conduct regular counselling sessions with the children. We conduct both individual and group counselling sessions. Children find this a safe space and many have spoken about their fears, their problems and the dilemmas they face.

Older girls appearing for board exams have academic fear, the counselling sessions helped them overcome their fear and be confident for their upcoming exams.

The sessions have been of great help and many children have overcome the stumbling blocks to their emotional development.

Our counsellors maintain detailed records of all children which document the sessions and the outcomes. This helps us track the growth of the child and plan interventions as and when needed.

Lastly, based on the recommendations of the CWC family counselling sessions with parents/siblings have been conducted. These sessions helped parents understand how to improve their parenting styles and be aligned with their children.

### Visits and Trips

Children of SANRAKSHAN Rainbow Home children were taken to the music museum in Bangalore. The Museum is an eye opener to the various kinds of musical instruments. It helps one understand how music in India has developed over centuries and how we have adapted to music influence from other cultures. The entertaining and informative visit was enjoyed by girls and staff alike.

### Meeting Parents and Family

On 25<sup>th</sup> February 2022, a parents meeting was organized in the SANRAKSHAN Rainbow home. 12 parents attended the meeting. Parents were briefed about their child's life in the home, the various activities they participate in and how the children are advancing in their academics and personal lives.

Parents were also told that they could meet their children once a week. We requested them to follow the home rules during visit and also asked them to advise their children to follow the home rules. Parents and children were allowed to interact and spend quality time with each other.

At the end of the family interaction, the visiting families were given a family kit each which was provided by GOONJ. Each kit contained some groceries and essential items like mat, blanket etc.

## Celebrations at the homes

SANRAKSHAN is a secular organization. The faith of every child is respected and we celebrate the festivals of their faith. We also try to create the environment of a real home. Also, we want children to understand the importance of every festival. So, all festivals are celebrated following proper traditions and customs.

Some of the festivals celebrated at both the homes are:

- Ugadi
- Diwali
- Children's day
- Christmas
- New year
- Independence Day
- Republic Day
- Teachers Day
- National Girl Child Day

Apart from these birthdays of all girls are celebrated as well. Sometimes many children have birthdays in the same month. So, the birthdays are clubbed together and celebrated at the end of the month.

## Meeting CCI Requirements

Keeping with the CCI guidelines, SANRAKSHAN maintains individual registers for every child. Other records and registers are also maintained for the homes. In the last year, we had various members of the CWC visiting us. The details are mentioned below.

NAME OF PERSON	DESIGNATION	PURPOSE OF MEETING	OUTCOME
Mrs. Pankaja J C Mr. Harish Ms. Sharavathi	Block education officer BRCSouth 3 CRP	To continue school permission	Granted permission for a year

Mr. Lakshmi Prasanna  Mrs. SaritaVaz	Members of CWC-02	Causal Visit	Appreciated our work gave same suggestion
Mrs. Bharti	Director of DWCD	CCI permission	She accepted our application for the CCI and promised to look into the same
Ms. Anjali Ramanna	Advocate and CWC Chairperson	About CCI and referring children to Sanrakshan	Help in putting CCI application and Referring children to Sanrakshan
Mr. Krishnappa	BRC North 1	Finding new school building	He gave us the assurance to get one school building in next academic year
Mr. Guruprasad	Country Director, EDUCO	Guided for raising funds	Made more organized website
Mr. Vinoy Ohdar	Program Director, RFI	Program Review	Appreciated our work

## Visitors to SANRAKSHAN Homes

Due to COVID we had restricted many visitors to the home. Yet, we had a few people visiting and their details are mentioned below

Name of the visitor	Designation	Purpose of visit	Feedback
Mrs. Anshu Vaish	Chairperson, Rainbow Foundation India	Casual Visit	Appreciated our work
Mr. Vinay Ohdar	Program Director, Rainbow Foundation India	Casual Visit	Appreciated our work
Mr Afsar Ahmed,	Trainer, Railway children UK New Delhi	Casual Visit	Appreciated our work

# Volunteers and Contributions

Homes like ours, do not have the luxury to have much staff to meet the multiple requirements. So, we depend on volunteers to meet our different needs. The volunteers who have helped us this year are:

1. **St Ann's Evening College:** students from this college volunteered at the SANRAKSHAN Rainbow home. They took special classes for the grade 10 students in Hindi, Science and Maths.
2. **Individual Volunteer:** Mrs Seema and her daughter Esha from Domluru teach children of the SANRAKSHAN Rainbow Home Hindi and English.
3. **Individual Volunteer:** Ms Mahalakshmi from Domlur conducts online classes for children of the Rainbow Home. She teaches Maths and Hindi and also follows up with them consistently.
4. **Luxoft:** Luxoft a software company in Bangalore provided 20 beds, pillows and its covers and blankets for the children staying in Sanrakshan Rainbow Home.

Maria (13 years) from Bannerghatta home had a hand injury. She had lived in another CCI before coming to the SANRAKSHAN home. In her previous institution, Maria had fallen down from the stairs and had a severe injury which went untreated for many years.

When we took Maria to the doctors, they said the surgery would cost Rs 15000/- This was a big amount for us. We approached our well-wisher Mr. Krishnamurthy (from Rotary Club). He was generous and covered the entire cost for surgery and recovery.

We are thankful to Mr. Krishnamurthy for his timely and generous donation.

Similarly, we have also been fortunate enough to receive donations from organizations and individuals.

<b>Name of organisation/individual</b>	<b>Donation received</b>	<b>Home for which donation was received</b>
<i>Luxsoft Bengaluru</i>	Donated Bed Mattress, Blanket and pillows for 35 children	Sanrakshan Rainbow Home
<i>Mr. Naresh, Open door Foundation, Indiranagar, Bangalore</i>	Children Cloth & Stationary Items	Sanrakshan Rainbow Home

# Challenges Faced and Future Plans

## Challenges

- Identifying a school for the residential home was a challenge. We were given permission to run the home for three months. So, we searched a lot for alternative spaces to shift the home. Two schools were identified. One was the Srikantpura government school and another was in Rajajinagar. However, these schools were rejected due to lack of space.
- Securing permission from the headmistress of the Domlur school was a big challenge. After multiple follow-ups and meetings, we managed to convince her to give us space to run the home.
- CWC had instructed us to conduct home visits, and complete some documentation for children living in CCI home. Completing this and producing children before the CWC was difficult. This was because the parents didn't have the necessary documents and then it was SANRAKSHAN's responsibility to get the same arranged.
- Travel and waiting at the CWC was another challenge. At times we had to take groups of children and the procedure would take the whole day. So, we had to arrange for transport and food which was an additional cost.
- If parents were asked to be present at the CWC, many times it was difficult to co-ordinate with them. Despite multiple reminders, some parents never showed up and this meant the entire process had to be repeated again.

## Future Plans

- SANRAKSHAN would like to have its presence across the country. Keeping with this thought, we have outlined a program for community interventions in Low Income Dwellings in Kanpur and Delhi.
- In Bangalore we plan to extend our Community Based Program into more areas.
- We are also planning to start a home for boys from underprivileged homes.
- On the cards is also a after care home for youth above 18 years of age. These children will be motivated to study. For those who aren't interested in academics they will be given vocational training which will help them become financially independent. Lastly, these children will also receive guidance and training to improve confidence, self-esteem and their personalities.

# Case Studies

## 1. Finding a home at SANRAKSHAN

Renuka, Rajeshwari and Radhika are siblings who were abandoned by their parents. The youngest Radhika was very little when her parents left them near a garbage site. Radhika was attacked by ants and other insects and has a permanent ear issue.

The eldest of the three siblings took charge and brought up her siblings. Today she is married. We met Radhika when she came back to her sister as her earlier hostel in Kodihalli got closed. Her sister realized that Radhika needed a safe and secure place and gave permission to SANRAKSHAN to enrol her in the home.

Radhika studies in class 9. She is hard-working, caring and respectful. Radhika is also insightful, responsible and has good communication skills. Her childhood trauma persists and Radhika is often a loner.

Radhika is performing well at school and is happy at the home. She says that she was staring at a bleak future but SANRAKSHAN has given her a new life and a lot of hope. Radhika is a role model for many girls at the home and we see a bright future for her.

## 2. An orphan finds a home

Vinitha and her siblings had alcoholic parents. When we met them in 2018, the father had died due to alcoholism. The mother told us about the hardships she had faced and how she wanted a secure place for her children.

Vinitha and her sisters were admitted to SANRAKSHAN. Sadly, Vinitha's mother was also an alcoholic and she died soon after. During the initial counselling sessions, Vinitha said that she had 8 siblings. But two had died.

When we did a thorough medical check-up of all the sisters, it was found that except for Vinitha all the others were HIV +ve. Children who are HIV +ve need specialized care and SANRAKSHAN cannot give them the same. Hence, the children were transferred to the Cavalry home.

Vinitha continues to stay with us. She had dropped out of school and didn't even know the 3Rs. She was put in the bridge course where she worked very hard and improved in academics. Vinitha now studies in class 8, goes to a mainstream school and is performing well in her academics.

Vinitha is a calm, collected, independent and hard-working girl who is giving her best always. She has strong willpower which helps her face all odds and overcome them as well.

### **3. A safe and secure space replaces a traumatic past**

Ranjana had a very troubled and traumatic life. Her family was poor and the father had died a few years back due to an illness. She has 3 more siblings. Ranjana's mother was sexually abused, beaten up and left to die by a scrap dealer and his mother. Ranjana had seen her mother dying.

The children were taken in by the scrap dealer's sister who made them work and physically abused them. When we met Ranjana she was doing the job of a rag picker in Bilekhalli. Ranjana's brother was missing, her elder sister was married off early. Unfortunately, her husband was abusive. Her sister had a child, moved away from the abusive husband and lives in a shelter. She is also fighting a case against her husband at the family court. Ranjana's older sister was living in another CCI and was in class 10.

Ranjana was a recluse and was frightened when she came to the shelter. It took her time to understand that she was in a safe space. Once that was done, she started mingling with other children.

Ranjana is empathetic, responsible, creative and talented. Mature and resilient for her age, this little hero always goes out of her way and prioritizes others' happiness.

### **4. The brilliant girl from a migrant family**

Rachana came from a very poor family. She was 13 when they came to Bangalore. Their family of 5 had migrated to Bangalore in search of work. They lived in a shed and had access even to basic amenities. The children lived in an environment that was detrimental to their physical and emotional well-being.

Rachana and her two younger siblings moved to SANRAKSHAN Rainbow home. Provided with nutrition, exercise, health facilities and a safe shelter the girls began to show improvements and we noticed positive changes in them.

Rachana is a diligent student and has passed her SSLC exam this year (March 2022). Rachana has passed with a first-class distinction and has secured admission for class 11 in PanchJanya Vidyapeeth, Rajajinagar in commerce stream. Rachana has bloomed into a confident and hard-working girl. She loves singing and dancing, is very intelligent, extremely creative and has good attention to detail. She is a good sketch artist and has copied many sketches following YouTube videos.

The child's perseverance and dedication are seen in her efforts she puts every day to be a better person and to grow into a successful woman.

## 5. From misunderstood to a self-assured child

Amulya and her sisters were poor. They lost their mother to alcoholism and their father abandoned them. The siblings then went to live with their uncle. The aunt didn't like them living with them and often abused the children.

The unhappy children were referred to a CCI by her older sister's colleague. However, the CCI complained that Amulya was aggressive and sent her back to the uncle's house. Amulya was a child whom everybody considered to be a burden.

Amulya came to Rainbow home in 2018. Like all other children she was also given all necessary help for her development. Yet our teachers and counsellors felt that something was amiss in Amulya. We took her to NIMHANS and she was diagnosed with ADHD.

Amulya is being treated for the same at NIMHANS and undergoes regular counselling at the shelter. With the love, understanding and acceptance that has been showered on Amulya, we have seen her change.

She is friendly, and social, performs well in academics and is very responsible too. Amulya says, "*one can achieve anything that you set your mind to.*"

## 6. Adverse situations make you resilient

Shireen comes from a dysfunctional family. Her alcoholic and unemployed father often abused her mother physically and verbally. Shireen's mother soon left him and lived with the children in a shed. Shireen's mother worked as a domestic help and was unable to provide her girls with basic necessities too.

Shireen and her three younger sisters are enrolled in the Rainbow home. The child is outstanding in studies, has good communication skills, well behaved and is very responsible. She actively participates in all extra-curricular activities in school and at the home too. Shireen is loving and caring and respects people of all ages.

Shireen is honest and resilient. She is working hard and we are sure she will build a successful and prosperous life for herself.

## Other Activities at **SANRAKSHAN**

In the month of January 2022 Mrs. Bharti, Director DWCD visited the Kolebasava community in Rayasandra. She felt that there were many children in the community who need educational support. Hence, she suggested SANRAKSHAN to start community-based work in the particular community.

With the help of a local resident of the community we have started a Learning Centre in the community. The center has been functioning from January 2022. NFE classes are conducted in this center. On an average 40-45 children attend the NFE classes. Except Sundays these classes are conducted every day. Apart from teaching the basics in the NFE classes, the teachers also help the school going children with their homework. Children who attend the class are also given fruits and snacks.

### **Republic Day Celebration in the community**

Mrs. Bharti was happy with the NFE classes and suggested that we organize a republic day event in the same place. She felt that these children also needed to know the significance and importance of Republic Day. So, SANRAKSHAN planned the whole event. We invited Mr. Najeeb and Ms. Sonali from Goonj and Mr. Jayakar Rainbow Foundation India, Bengaluru.

A day before (i.e., 25<sup>th</sup> January) we asked the children of our NFE class and other children in the community to start a cleaning campaign. They cleaned the lanes and ensured there was no litter anywhere. The flag hoisting area was decorated.

Mr. Najeeb from Goonj hoisted the flag and Mr. Jayakar addressed the people about the importance of the day. With Goonj's support we distributed 80 family kits and 75 education kits. The recipients were happy with the kits.

### **Community Survey**

In the month of February 2022, we conducted a survey in the community. The purpose was to get an estimate of children who are eligible for schooling. Our survey showed that there were 72 children in the community with maximum children being between 7-12 years of age.

Fifty-nine of these children were school going children, eight had never been to school and five had dropped out of school.

There is a great distance between SANRAKSHAN's operational areas and Rayasandra. This has been a huge deterrent and we are unable to implement any new programs other than the NFE classes.

# Governing Body Members 2023-23

Sr. No	Name	Age	Qualification	Designation
01	Dr. Ramanath Nayak	52	MPhil & PHD	Chairman
02	Ms. Manju Singh	31	MSW	Vice Chairperson
03	Mr. Gulabchanda G	45	B.Com	Treasurer
04	Mr. Rajashekhar.M	42	MSW	Secretary
05	Mr. Rajesh Kumar Saini	35	MSW	Dy. Secretary
06	Mr. Shamboling Khot	35	MSW	Member
07	Mr. Doni Pranay Vineel Kumar	28	B.Com& CA Aspirant	Member
08	Mr. Yamala John Peter	39	MBA, MS & MSW	Member
09	Mr. Aniruddha Bhattacharya	38	MSW	Member
10	Ms. Kalpana Dwivedi	35	MSW	Member

Mr. Chandramouleshwara & Mr. Arvind Kumar resigned as a governing body member and Mr. Doni Pranay Vineel Kumar and Mr. Gulabchanda G have joined the Governing body. We welcome the new members and look forward to their contributions to our cause.

## Glimpses of Baalika Brundavana and Sanrakshan Rainbow Home



Meeting with Education Minister



Luxoft CSR Team Visited to Sanrakshan Rainbow Home



Celebrating Independence Day at Raysandra community Bangalore



Exposure Visits



Home Visits



Kit Distribution at Raysandra



Education Kit distribution by Tally



Children Meeting at Home



Education Class



Meditation and Yoga class

-----Thank You for Being Continuous Support-----