

Project on C-Programming

Lecturer : Prajwal Pakka Sir

Prajwal Khanal (THA081BEI028)

Ranjana Kumari Jha (THA081BEI034)

Shakshi Gyawali (THA081BEI037)

Shaunak Baniya (THA081BEI038)

Department of Electronics and Computer Engineering

Institute of Engineering, Thapathali Campus

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TrackHer- A period Tracking Calander

Empowering you to track, understand, and embrace your cycle—because when you know your body, you can better care for it

Introduction

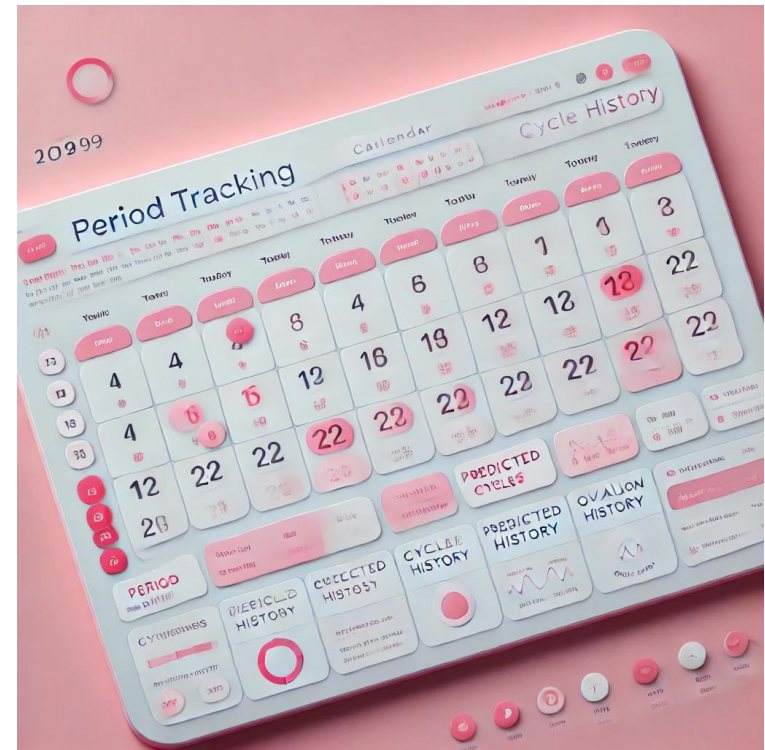
- - A lightweight, offline period tracking app in C and Raylib Library
- - Developed with the aim of tracking menstrual cycles, estimating ovulation and fertility
- -Built With:

Language: C

Graphics Library: Raylib

Features

- **Menstrual Cycle Tracking:** Log period dates, cycle length
- **Cycle Prediction:** Forecast next period & fertility
- **Calendar View** – A visual period tracker for easy navigation.



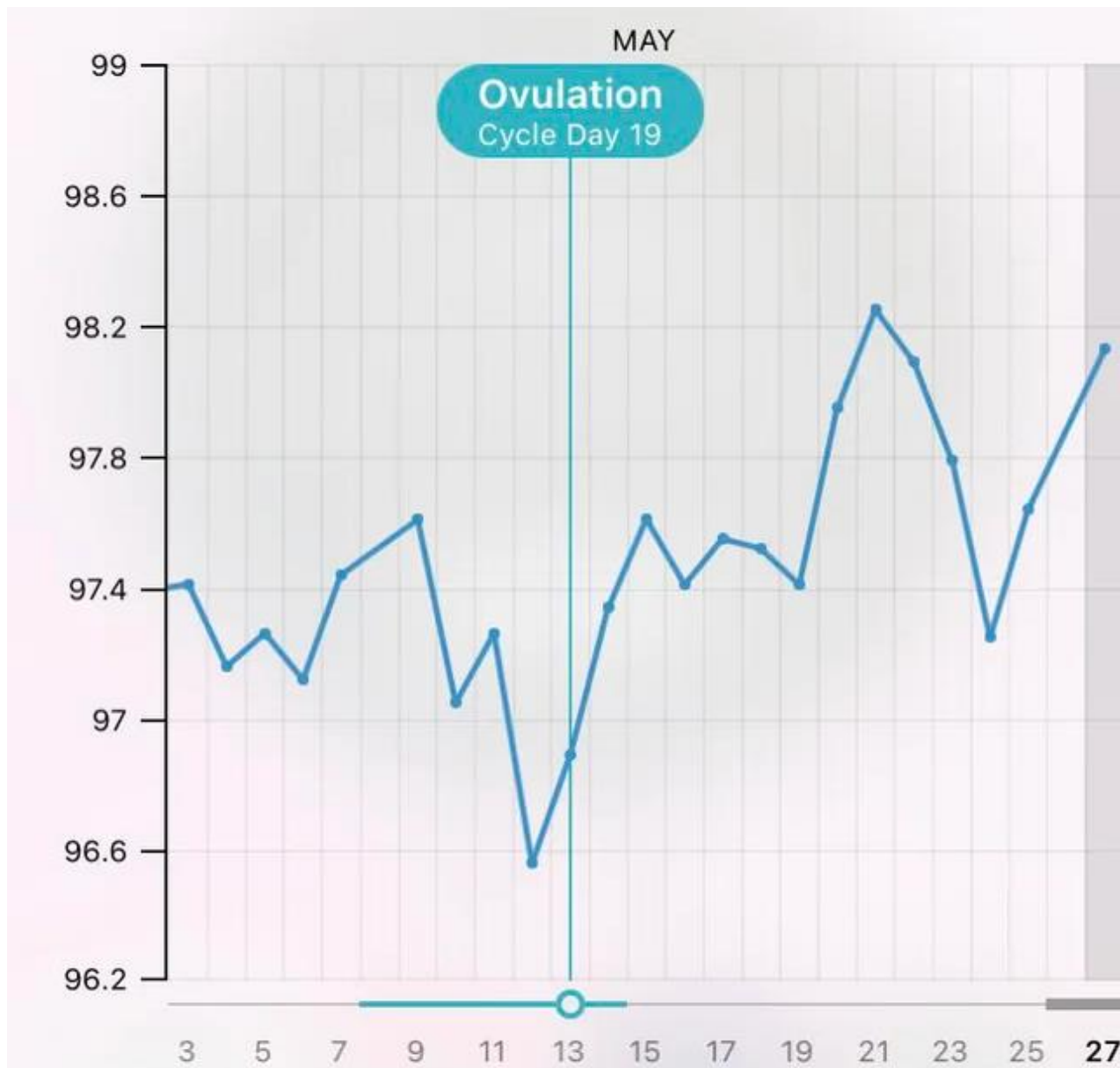
Technical Stack

- **Programming Language:** C
- **Graphics Library:** Raylib
- **Database:** File-based storage
- **Development Tools:** GCC Compiler, VS Code, Figma (for UI design)

User Interface Design

Design Process:

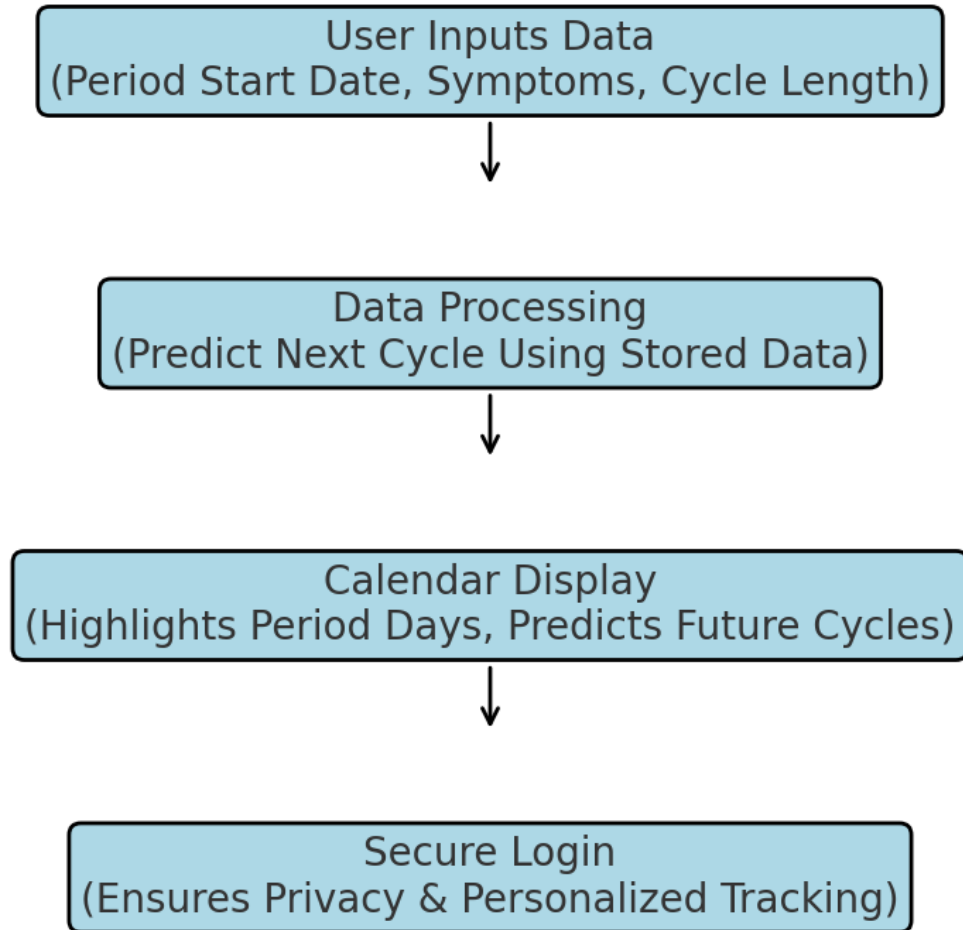
- **Figma as Inspiration** – Designed a clean, user-friendly interface.
- **Raylib for UI Implementation** – Created an interactive UI using C and Raylib.



Workflow

1. **Secure Login:** Ensures privacy and personalized tracking.
2. **User Inputs Data:** Period start date, cycle length.
3. **Data Processing:** The system predicts the next cycle using stored data, fertility chances and
4. **Insight Display:** Highlights period days, predicts future cycles.

Flowchart Diagram



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March 2025

Next Month >

Sun Mon Tue Wed Thu Fri Sat

						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Enter your previous cycle length:

Log Period

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Overview

Fertility

Cycle Chart

Today

PERIODS IN 15 DAYS

Stay Prepared and take care!

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Overview

Fertility

Cycle Chart

You have HIGH chances of getting pregnant

You're in your OVULATION phase

Fertility
80%

Info :

Next Period: 2025-03-30

Last Period: 2025-03-01

Average Cycle Length: 29

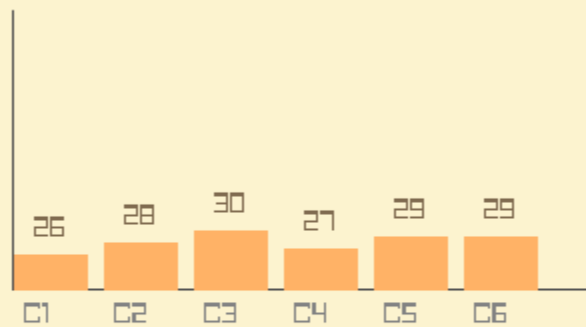
Today: 2025-03-15

Fertile Start: 2025-03-16

Fertile End: 2025-03-22

Days Left: 15

Fertility: 80%, Label: High

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Last 6 Cycle Length (Days)

[Extract Data](#)

Challenges faces and Their Solutions

UI Implementation in C – Raylib helped us create a smooth graphical interface.

Data Storage & Retrieval – Used file handling techniques for efficient data storage.

Predicting Irregular Cycles – Basic algorithm currently; future updates will improve predictions.

Scopes for Improvement

Push Notifications – Reminders for upcoming periods.

AI-based Symptom Analysis – Smart insights based on user input.

Cloud Sync – Secure backup of period tracking data.

Custom Themes – Enhanced UI/UX.

Conclusion

- TrackHer offers a secure, offline solution for menstrual health tracking, combining user-friendly design with robust data privacy measures.

END OF PRESENTATION

