Module 11: Session Hijacking

Scenario

A session hijacking attack refers to the exploitation of a session token-generation mechanism or token security controls that enables an attacker to establish an unauthorized connection with a target server. The attacker guesses or steals a valid session ID (which identifies authenticated users) and uses it to establish a session with the server.

As an ethical hacker or penetration tester, you should understand different session hijacking concepts, how attackers perform application-and network-level session hijacking, and the various tools used to launch this kind of attack. You should also be able to implement security measures at both the application and network levels to protect your network from session hijacking. Application-level hijacking involves gaining control over the Hypertext Transfer Protocol (HTTP) user session by obtaining the session IDs. Network-level hijacking is prevented by packet encryption, which can be achieved with protocols such as IPsec, SSL, and SSH.

Objective

The objective of the lab is to perform session hijacking and other tasks that include, but are not limited to:

- Hijack a session by intercepting traffic between server and client
- Steal a user session ID by intercepting traffic
- Detect session hijacking attacks

Overview of Session Hijacking

Session hijacking can be either active or passive, depending on the degree of involvement of the attacker:

- Active session hijacking: An attacker finds an active session and takes it over
- Passive session hijacking: An attacker hijacks a session, and, instead of taking over, monitors and records all the traffic in that session

Lab Tasks

Ethical hackers or penetration testers use numerous tools and techniques to perform session hijacking on the target systems. Recommended labs that will assist you in learning various session hijacking techniques include:

- 1. Perform session hijacking
 - Hijack a session using Zed Attack Proxy (ZAP)
 - Intercept HTTP traffic using bettercap
 - Intercept HTTP traffic using Hetty
- 2. Detect session hijacking
 - Detect session hijacking using Wireshark

Lab 1: Perform Session Hijacking

Lab Scenario

Session hijacking allows an attacker to take over an active session by bypassing the authentication process. It involves stealing or guessing a victim's valid session ID, which the server uses to identify authenticated users, and using it to establish a connection with the server. The server responds to the attacker's requests as though it were communicating with an authenticated user, after which the attacker is able to perform any action on that system.

Attackers can use session hijacking to launch various kinds of attacks such as man-in-the-middle (MITM) and Denial-of-Service (DoS) attacks. A MITM attack occurs when an attacker places himself/herself between the authorized client and the server to intercept information flowing in either direction. A DoS attack happens when attackers sniff sensitive information and use it to make host or network resource unavailable to users, usually by flooding the target with requests until the system is overloaded.

As a professional ethical hacker or penetration tester, you must possess the required knowledge to hijack sessions in order to test the systems in the target network.

The labs in this exercise demonstrate how to hijack an active session between two endpoints.



Lab Objectives

- Hijack a session using Zed Attack Proxy (ZAP)
- Intercept HTTP traffic using bettercap
- Intercept HTTP traffic using Hetty

Overview of Session Hijacking

Session hijacking can be divided into three broad phases:

- **Tracking the Connection**: The attacker uses a network sniffer to track a victim and host, or uses a tool such as Nmap to scan the network for a target with a TCP sequence that is easy to predict
- **Desynchronizing the Connection**: A desynchronized state occurs when a connection between the target and host has been established, or is stable with no data transmission, or when the server's sequence number is not equal to the client's acknowledgment number (or vice versa)
- **Injecting the Attacker's Packet**: Once the attacker has interrupted the connection between the server and target, they can either inject data into the network or actively participate as the man-in-the-middle, passing data between the target and server, while reading and injecting data at will

Task 1: Hijack a Session using Zed Attack Proxy (ZAP)

Zed Attack Proxy (ZAP) is an integrated penetration testing tool for finding vulnerabilities in web applications. It offers automated scanners as well as a set of tools that allow you to find security vulnerabilities manually. It is designed to be used by people with a wide range of security experience, and as such is ideal for developers and functional testers who are new to penetration testing.

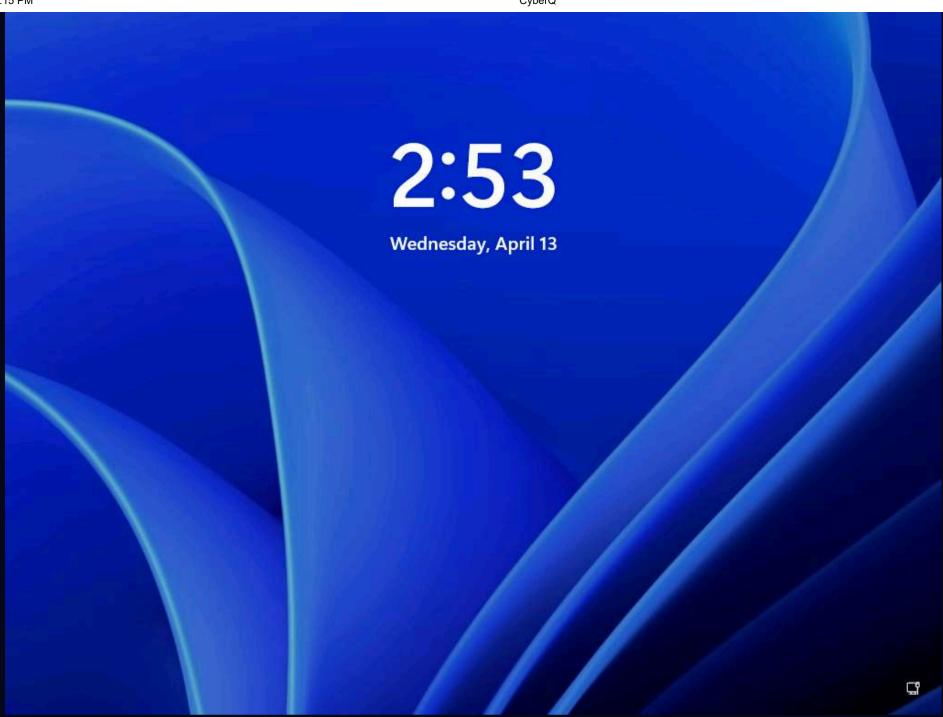
ZAP allows you to see all the requests you make to a web app and all the responses you receive from it. Among other things, it allows you to see AJAX calls that may not otherwise be outright visible. You can also set breakpoints, which allow you to change the requests and responses in real-time.

Here, we will hijack a session using ZAP. You will learn how to intercept the traffic of victims' machines with a proxy and how to view all the requests and responses from them.

Note: Before starting this task, we need to configure the proxy settings in the victim's machine, which in this task will be the **Windows 11** machine.

1. Click CEHv12 Windows 11 to switch to the Windows 11 machine, click Ctrl+Alt+Del.



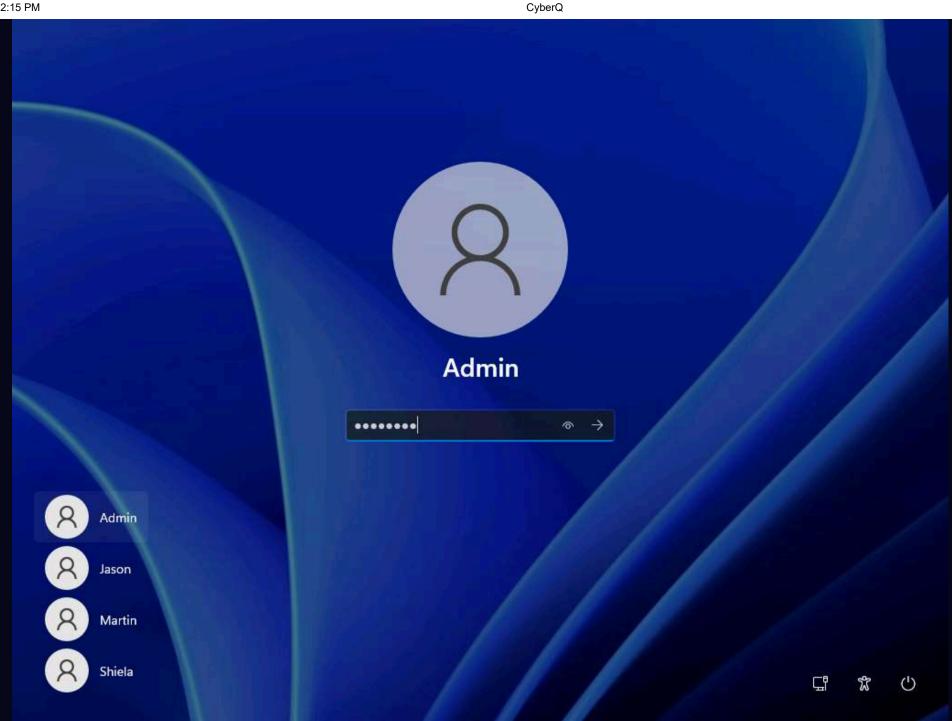


2. By default, **Admin** user profile is selected, type **Pa\$\$w0rd** in the Password field and press **Enter** to login.

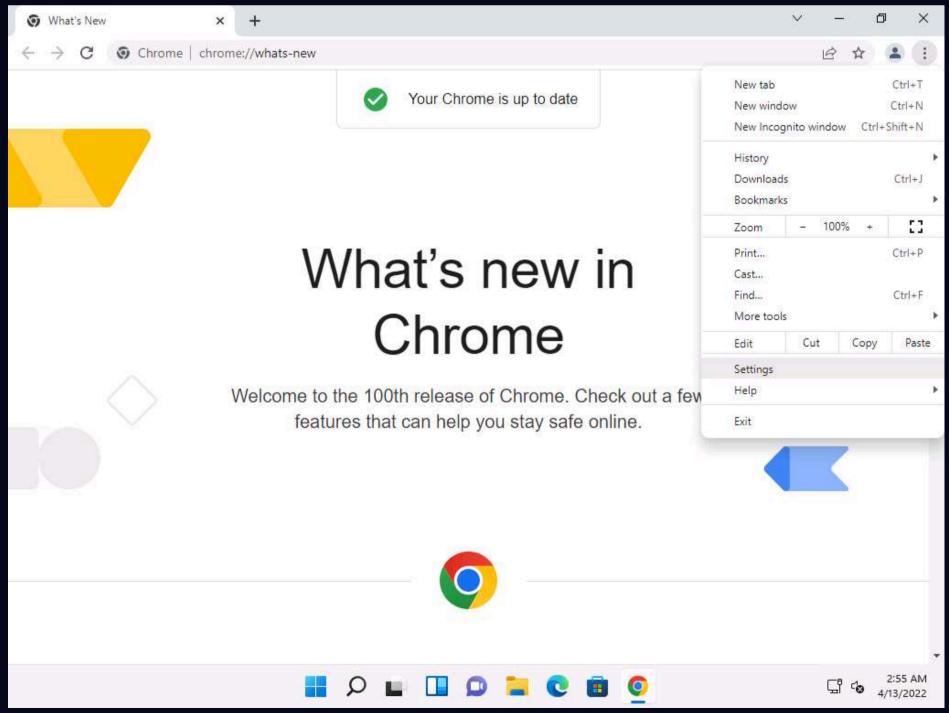
Note: If Welcome to Windows wizard appears, click Continue. In the Sign in with Microsoft wizard click Cancel to continue.

Note: Networks screen appears, click **Yes** to allow your PC to be discoverable by other PCs and devices on the network.

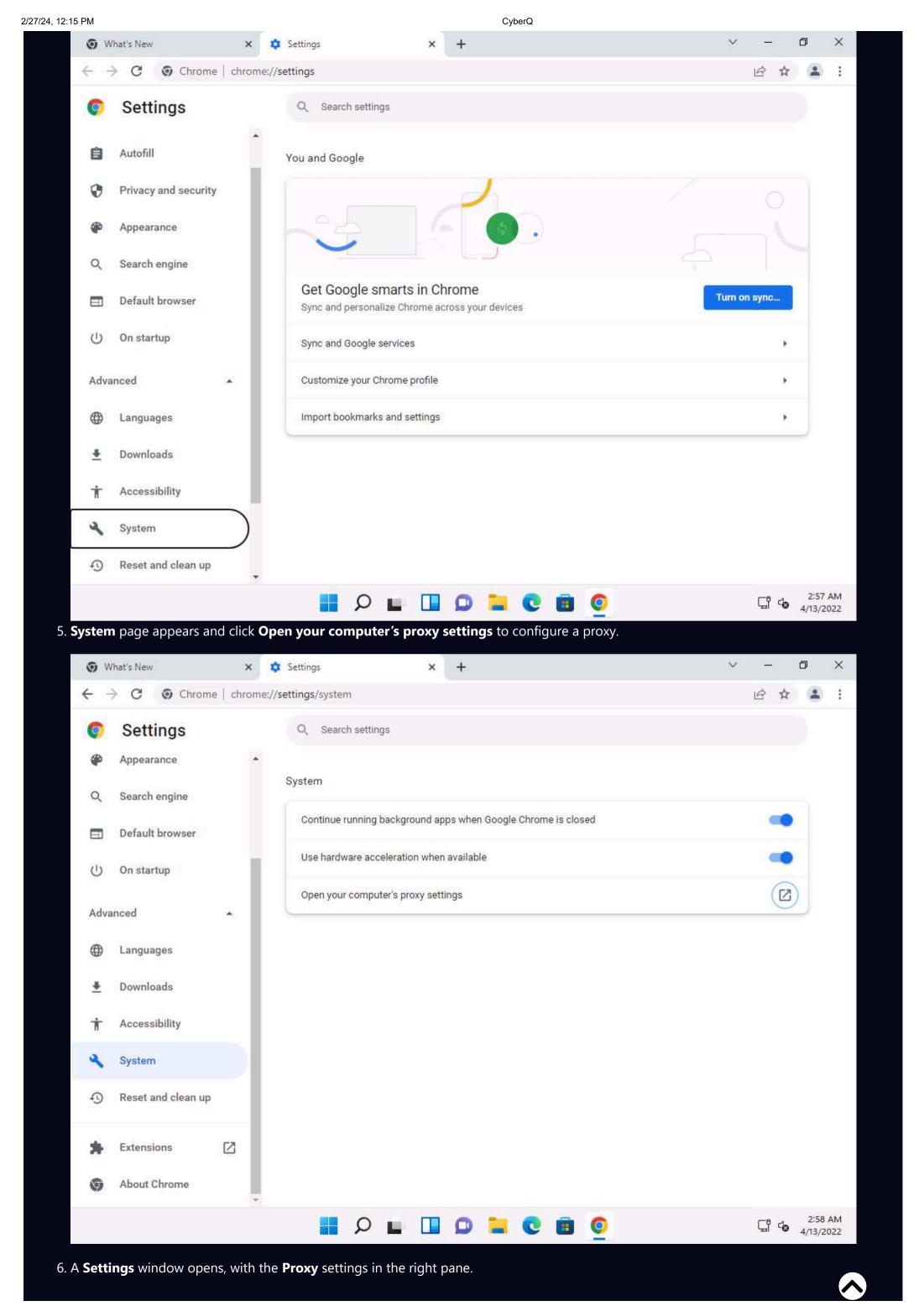
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3. Open any web browser (here, Google Chrome), click the Customize and control Google Chrome icon, and select Settings from the context menu.

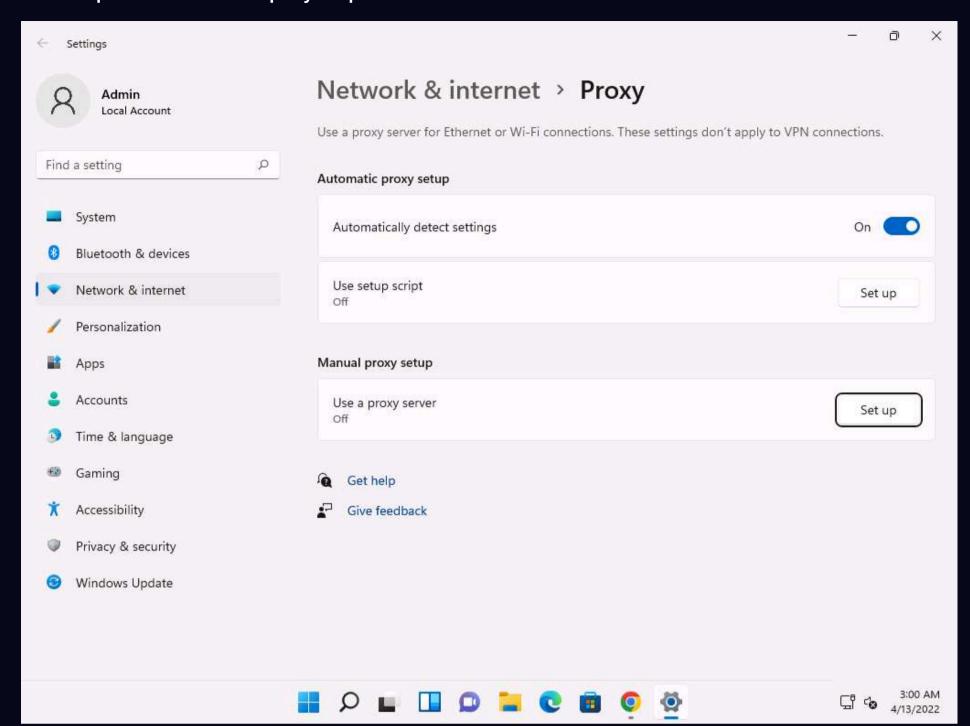


4. On the **Settings** page, scroll down, expand the **Advanced** settings and select **System** option from the left pane.

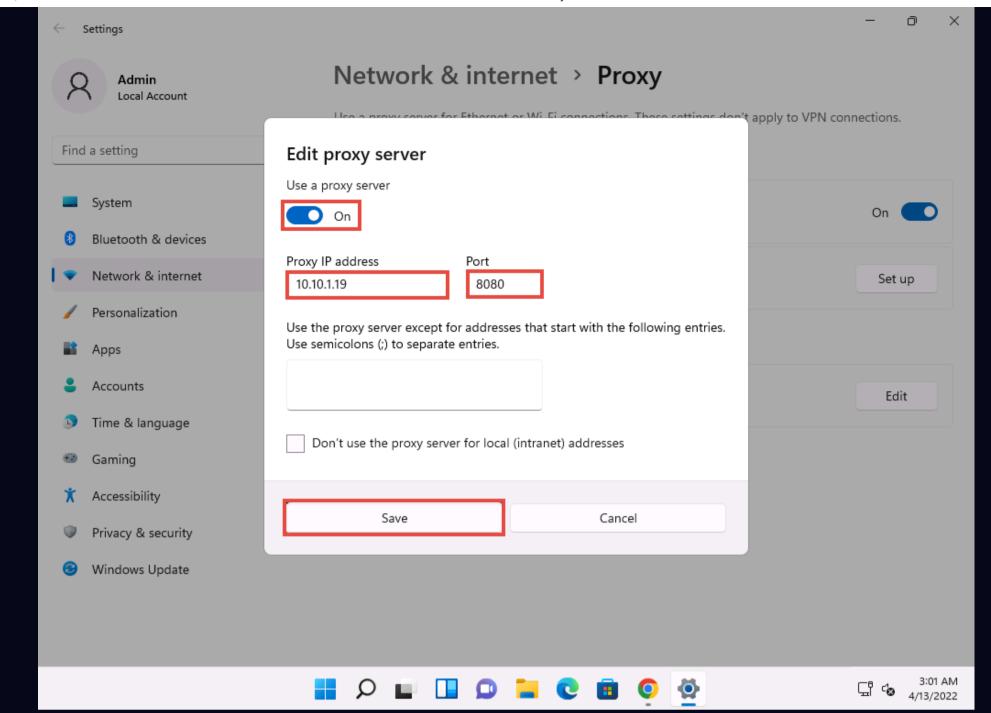


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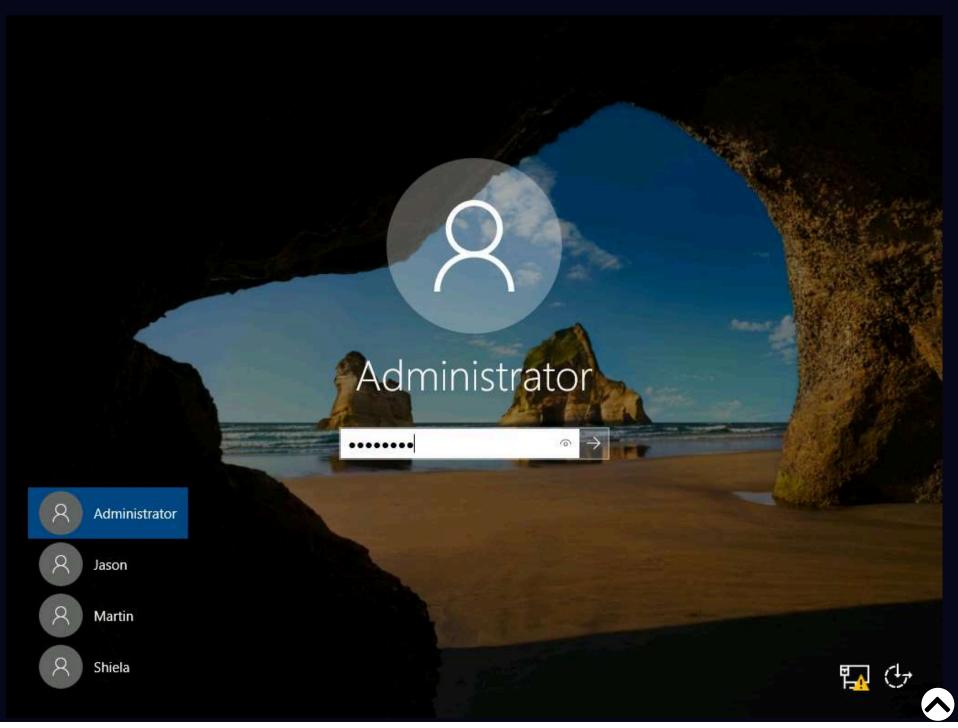
7. Click **Set up** button under **Manual proxy setup** section.



- 8. **Edit proxy server** window appears, make the following changes:
 - Under the **Use a proxy server** option, click the **Off** button to switch it **On**.
 - In the **Proxy IP address** field, type **10.10.1.19** (the IP address of the attacker's machine).
 - In the **Port** field, type **8080**.
 - Click **Save**.

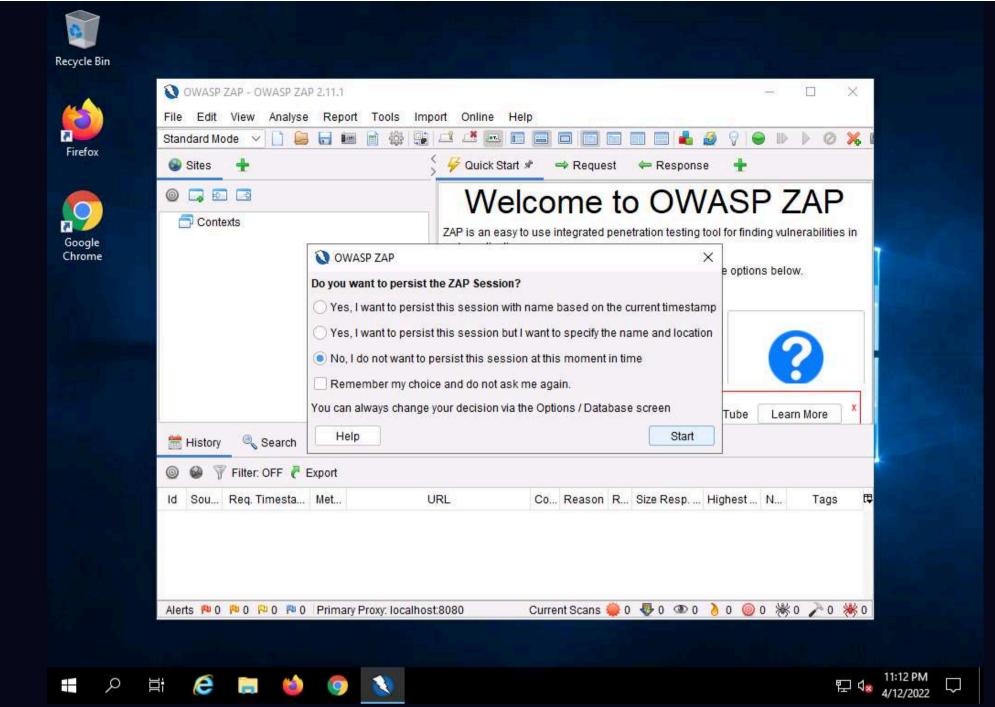


- 9. After saving, close the **Settings** and browser windows. You have now configured the proxy settings of the victim's machine.
- 10. Click **CEHv12 Windows Server 2019** to switch to the **Windows Server 2019** machine. Click **Ctrl+Alt+Del** to activate the machine, by default, **Administrator** account is selected, type **Pa\$\$w0rd** in the Password field and press **Enter**



11. Click **Type here to search** icon () on the **Desktop**. Type **zap** in the search field, the **ZAP 2.11.1** appears in the result, press **Enter** to launch it. Recycle Bin (Š) Filters 🗸 **=** Best match ZAP 2.11.1 Desktop app Websites ZAP homepage **103** [4/12/2022 e \forall

12. **OWASP ZAP** initializes and a prompt that reads **Do you want to persist the ZAP Session?** appears. Select the **No, I do not want to persist this session at this moment in time** radio button and click **Start**.

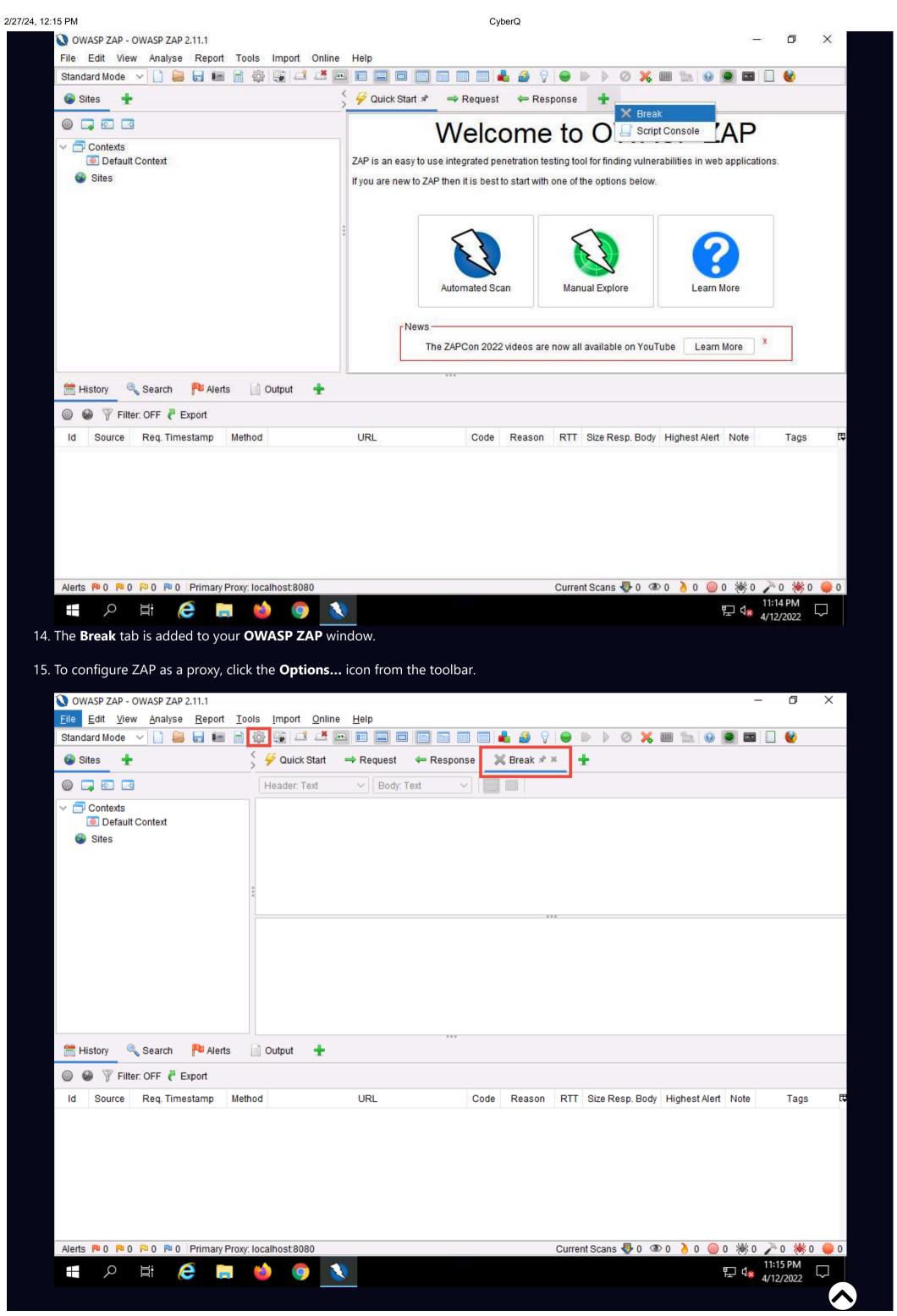


13. The **OWASP ZAP** main window appears. Click on the "+" icon in the right pane and select **Break** from the options.

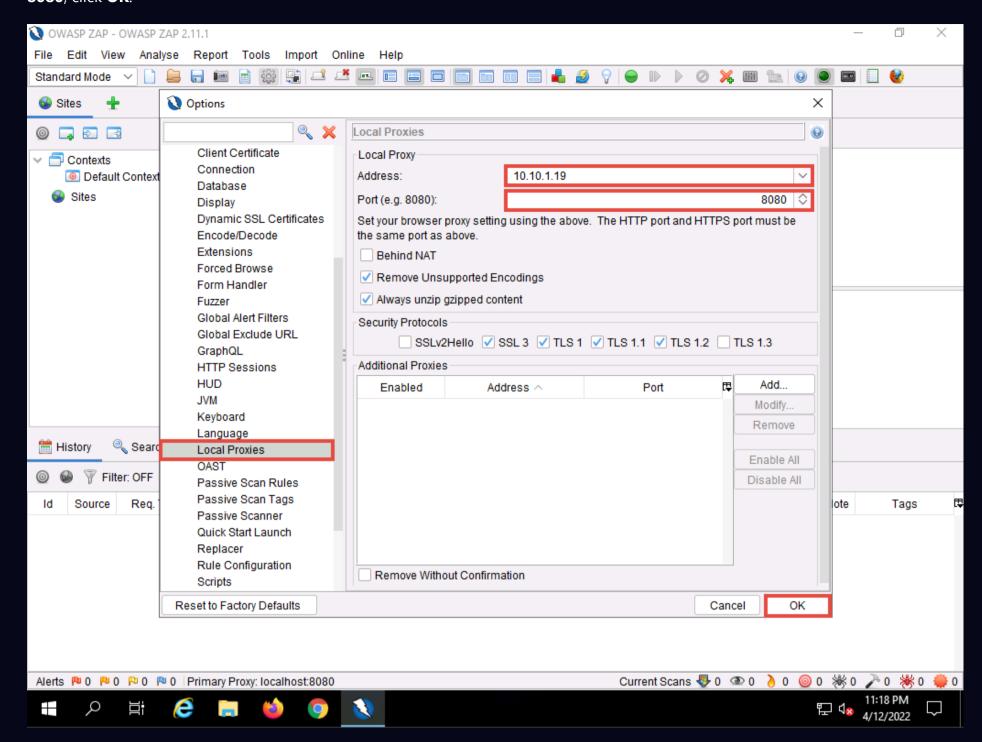
Note: If a OWASP ZAP pop-up appears, click **OK** in all the pop-ups.

Note: The **Break** tab allows you to modify a response or request when ZAP has caught it. It also allows you to modify certain elements that you cannot modify through your browser, including:

- The header
- Hidden fields
- o Disabled fields
- o Fields that use JavaScript to filter out illegal characters

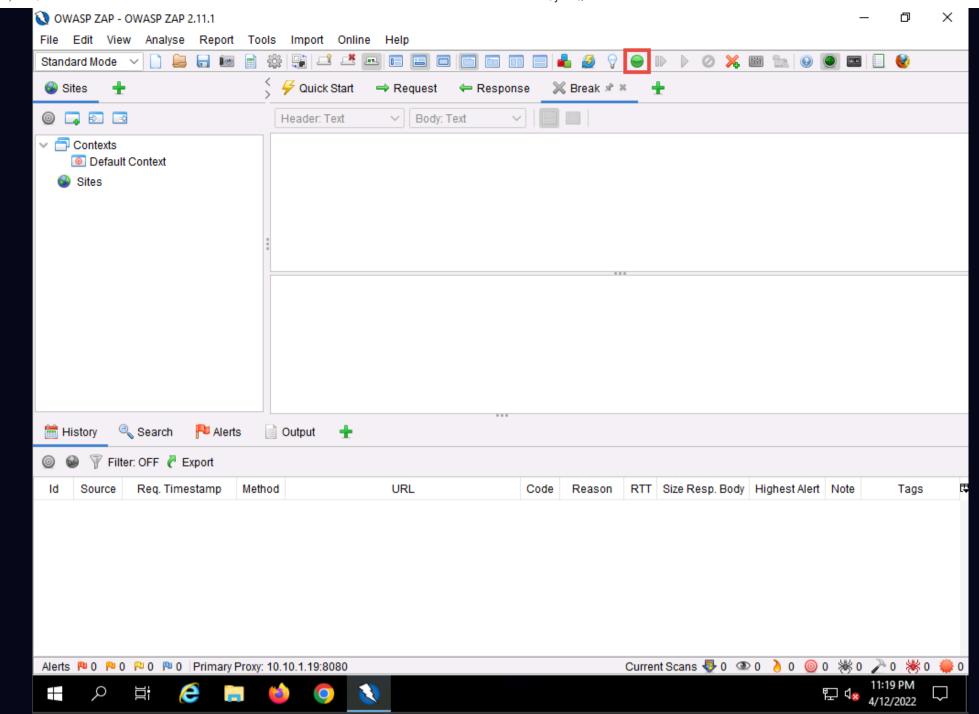


16. In the **Options** window, scroll-down in the left-pane and click **Local Proxies**. In the right pane, under the **Local Proxy** section, type **10.10.1.19** (the IP address of the **Windows Server 2019** machine) in the **Address** field and leave the **Port** value to the default, **8080**; click **OK**.

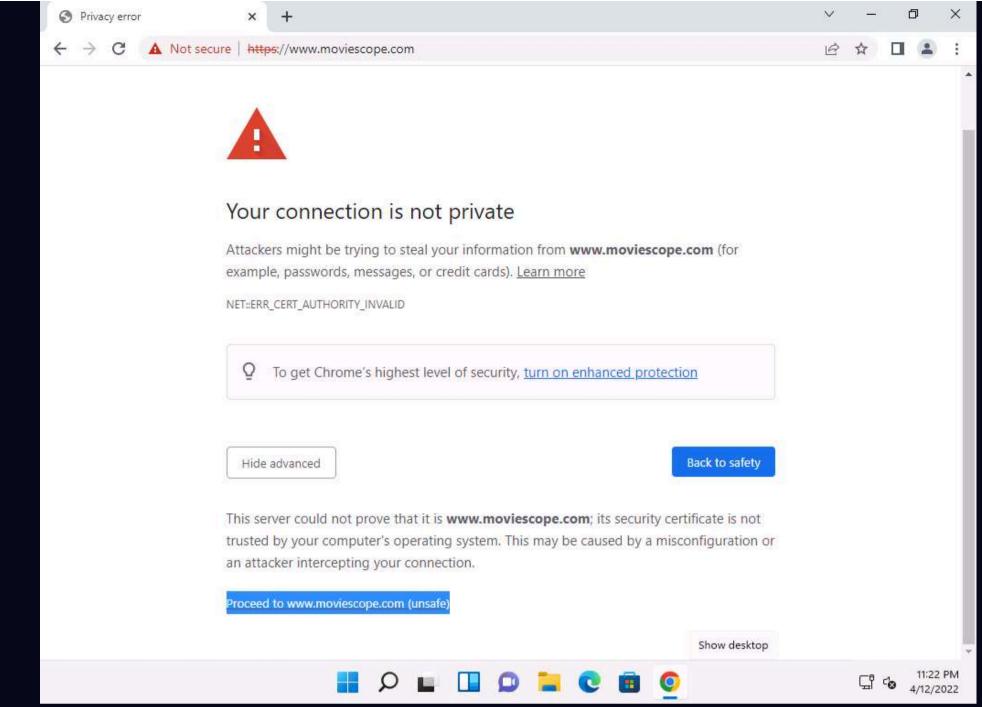


17. Click the **Set break on all requests and responses** icon on the main ZAP toolbar. This button sets and unsets a global breakpoint that will trap and display the next response or request from the victim's machine in the **Break** tab.

Note: The Set break on all requests and responses icon turns automatically from green to red.



- 18. Now, click **CEHv12 Windows 11** to switch back to the victim's machine (**Windows 11**) and launch the same browser in which you configured the proxy settings. In this task, we have configured the **Google Chrome** browser.
- 19. Place your mouse cursor in the address bar, type www.moviescope.com and press Enter.
- 20. A message appears, stating that **Your connection is not private**. Click the **Advanced** button.
- 21. On the next page, click **Proceed to www.moviescope.com (unsafe)** to open the website.

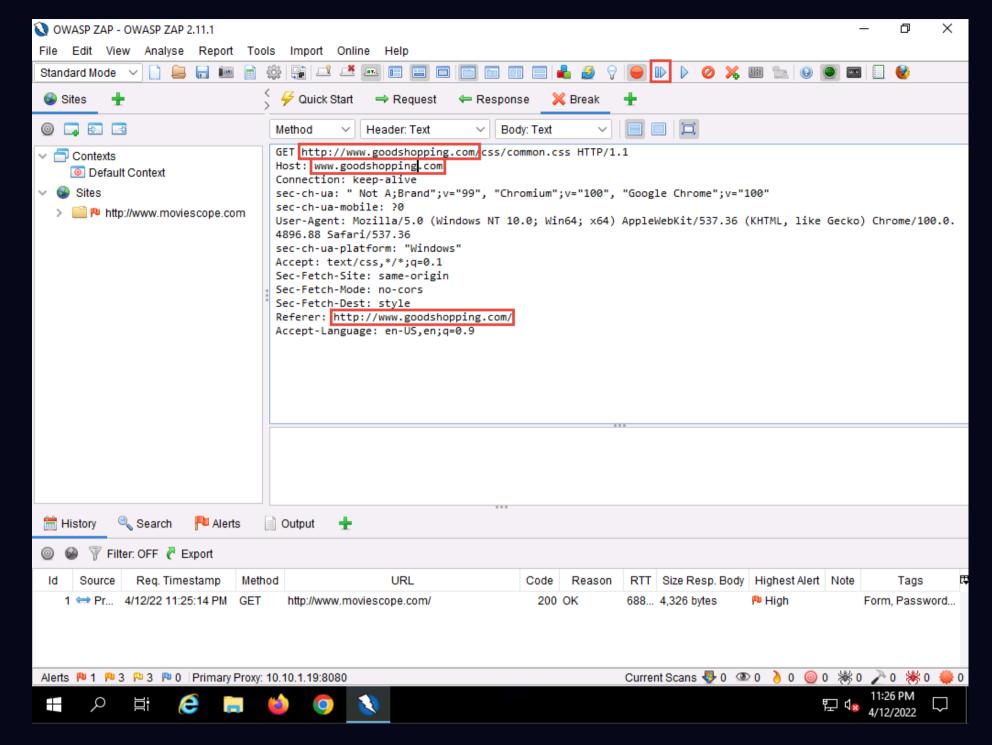


- 22. Now, click **CEHv12 Windows Server 2019** to switch back to the attacker machine (**Windows Server 2019**) and observe that **OWASP ZAP** has begun to capture the requests of the victim's machine.
- 23. In Steps **19-21**, we have visited **www.moviescope.com** in the victim's browser. Look in the **Break** tab and click the **Submit and step to next request or response** icon on the toolbar to capture the **www.moviescope.com** request.

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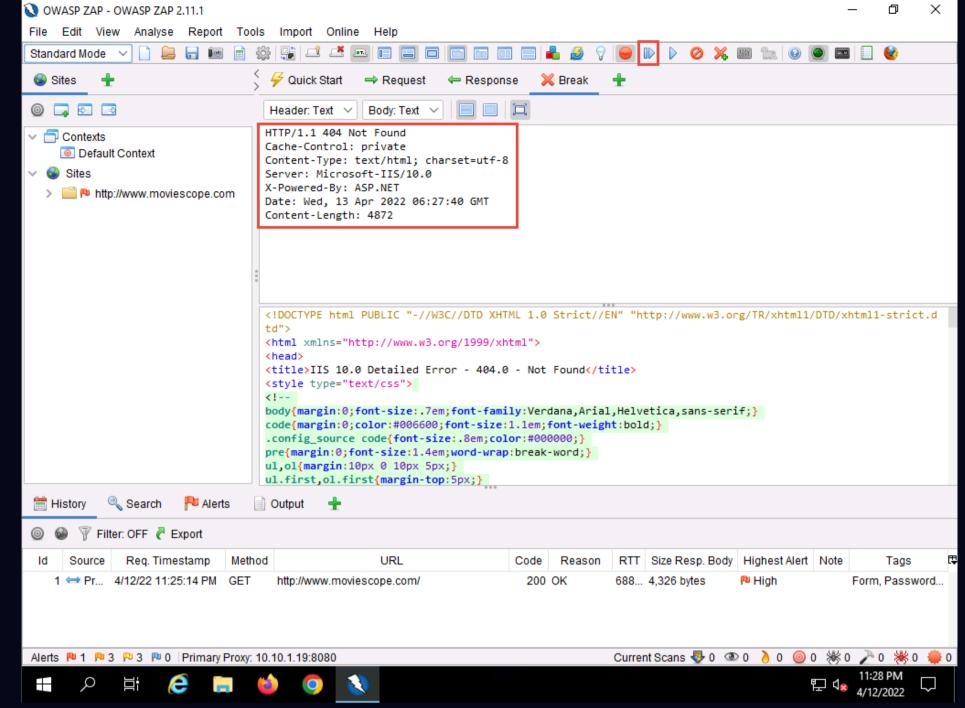
Note: If you find any URL starting with **https**, modify it to **http**.

26. Once you have modified the GET requests, click the **Submit and step to next request or response** icon on the toolbar to forward the traffic to the victim's machine.



27. In all the **HTTP Not Found** requests, click the **Submit and step to next request or response** icon on the toolbar to forward the traffic.

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28. In a similar way, modify every **GET** request captured by **OWASP ZAP** until you see the **www.goodshopping.com** page in the victim's machine.

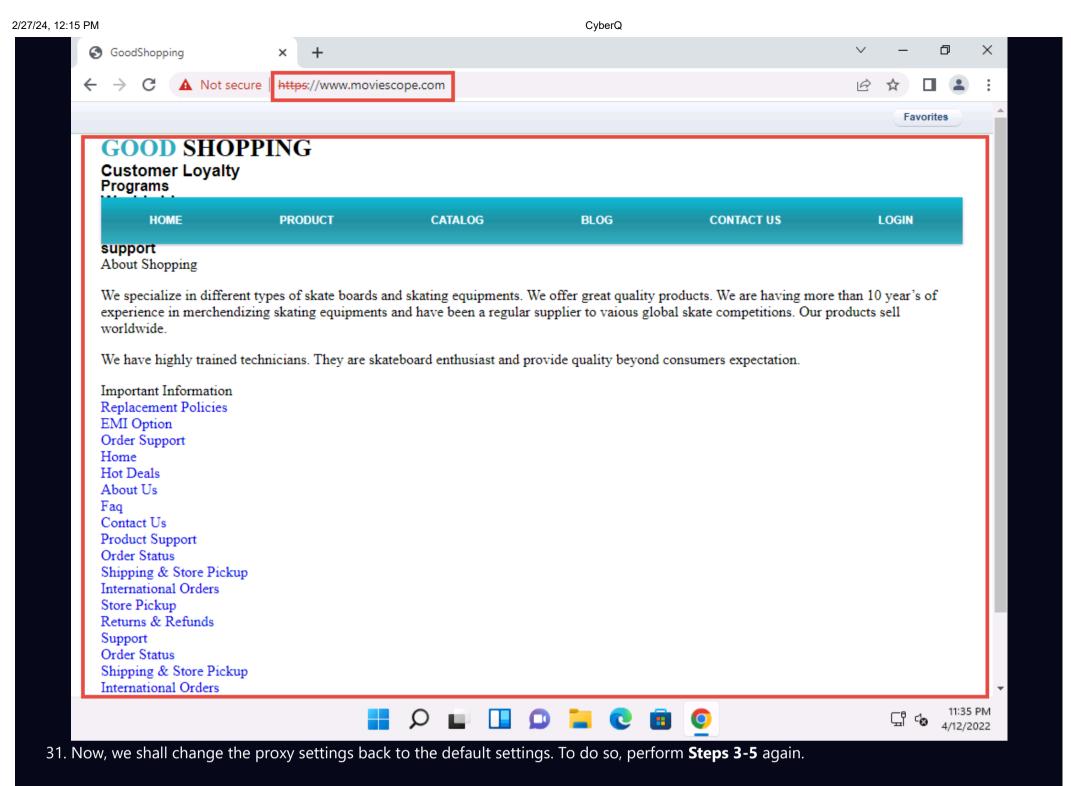
Note: You will need to switch back and forth from the victim's machine to see the browser status while you do this.

Note: If you do not receive any request or you see a blank break tab then switch to **Windows 11** machine and refresh the browser to capture the request again.

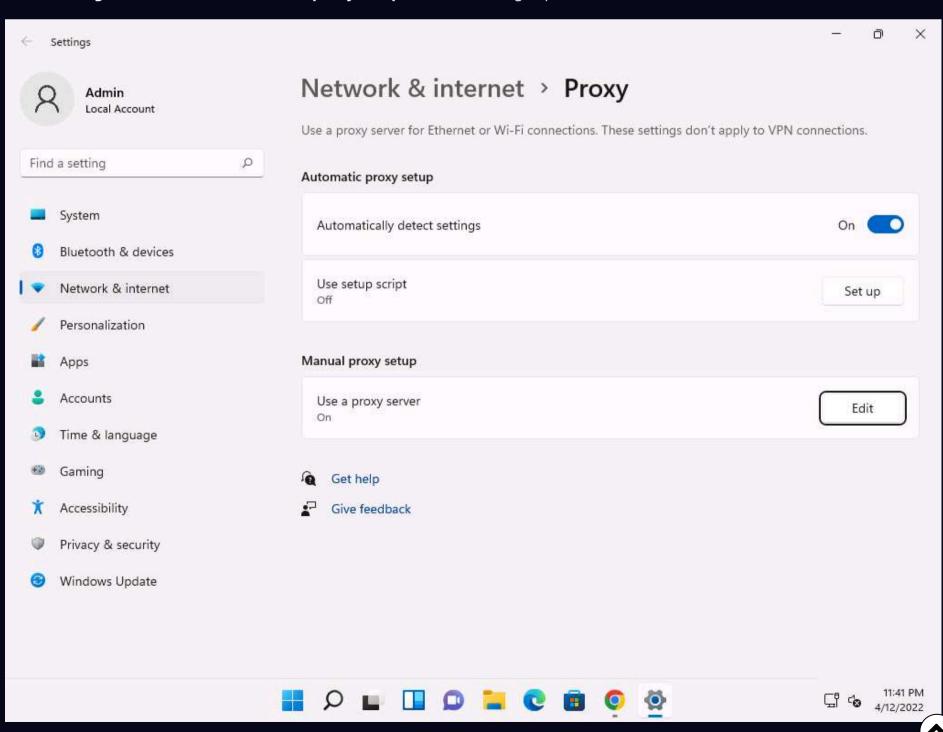
29. Now, click on **CEHv12 Windows 11** to switch to the victim's machine (**Windows 11**); the browser displays the website that the attacker wants the victim's machine to see (in this example, **www.goodshopping.com**).

Note: It takes multiple iterations to open the Good Shopping site in the victim's machine.

30. The victim has navigated to **www.moviescope.com**, but now sees **www.goodshopping.com**; while the address bar displays **www.moviescope.com**, the window displays **www.goodshopping.com**.

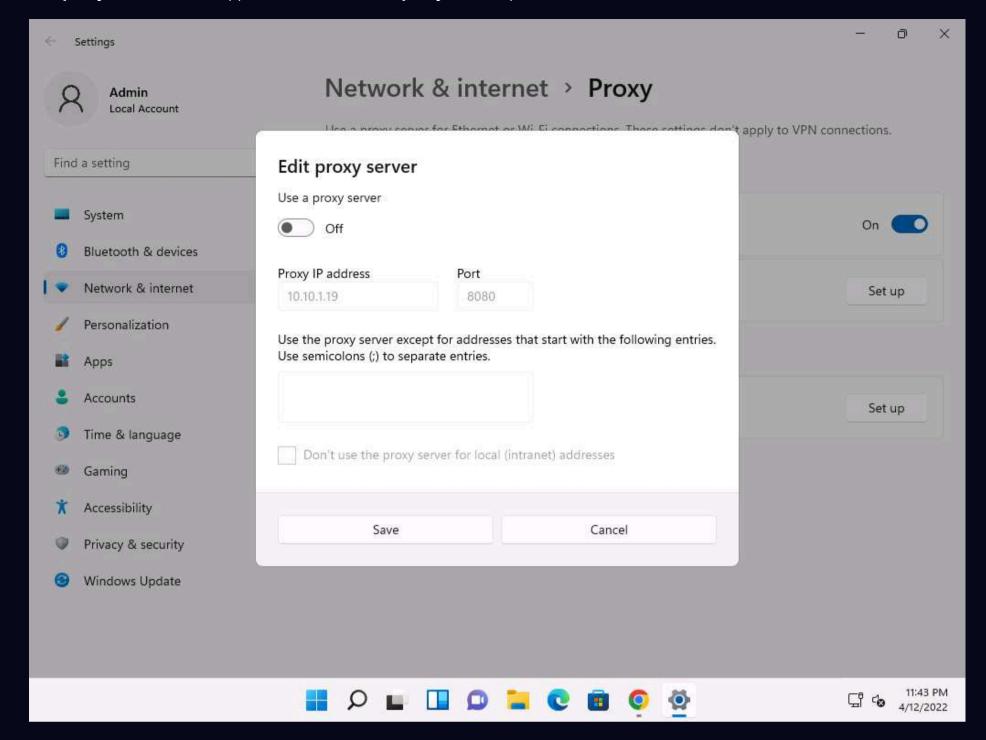


32. In the **Settings** window, under the **Manual proxy setup** section in the right-pane, click the **Edit** button.



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33. Edit proxy server window appears, under the Use a proxy server option, click the On button to switch it Off and click Save.



- 34. This concludes the demonstration of performing session hijacking using ZAP.
- 35. Close all open windows and document all the acquired information.

Task 2: Intercept HTTP Traffic using bettercap

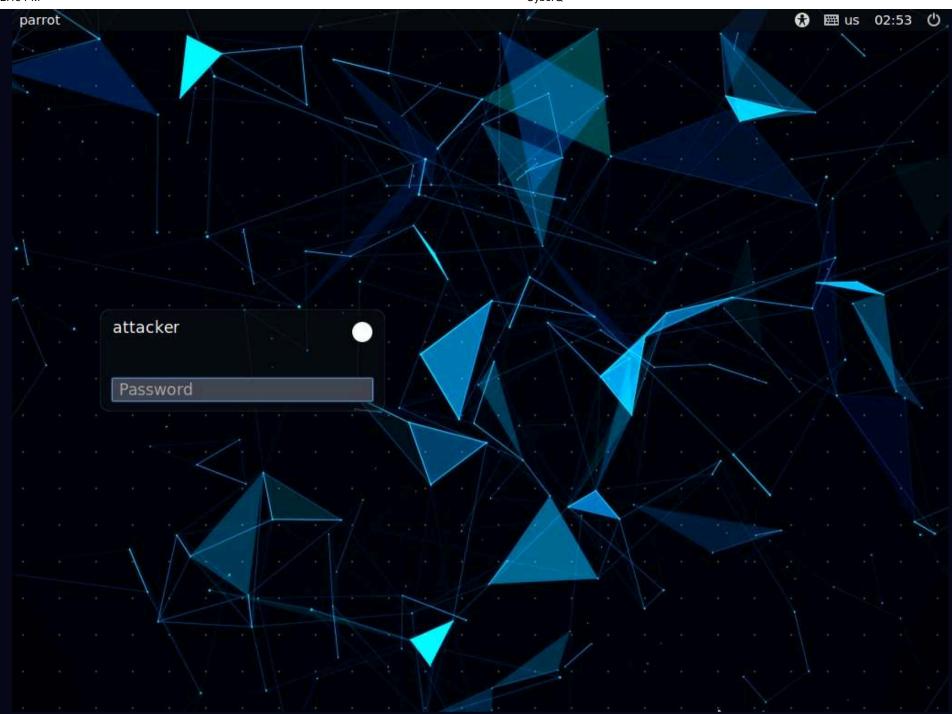
Attackers can use session hijacking to launch various kinds of attacks such as man-in-the middle (MITM) attacks. In an MITM attack, the attacker places himself/herself between the authorized client and the webserver so that all information traveling in either direction passes through them.

An ethical hacker or a penetration tester, you must know how MITM attacks work, so that you can protect your organization's sensitive information from them. bettercap is a powerful, flexible, and portable tool created to perform various types of MITM attacks against a network; manipulate HTTP, HTTPS, and TCP traffic in real-time; sniff for credentials; etc.

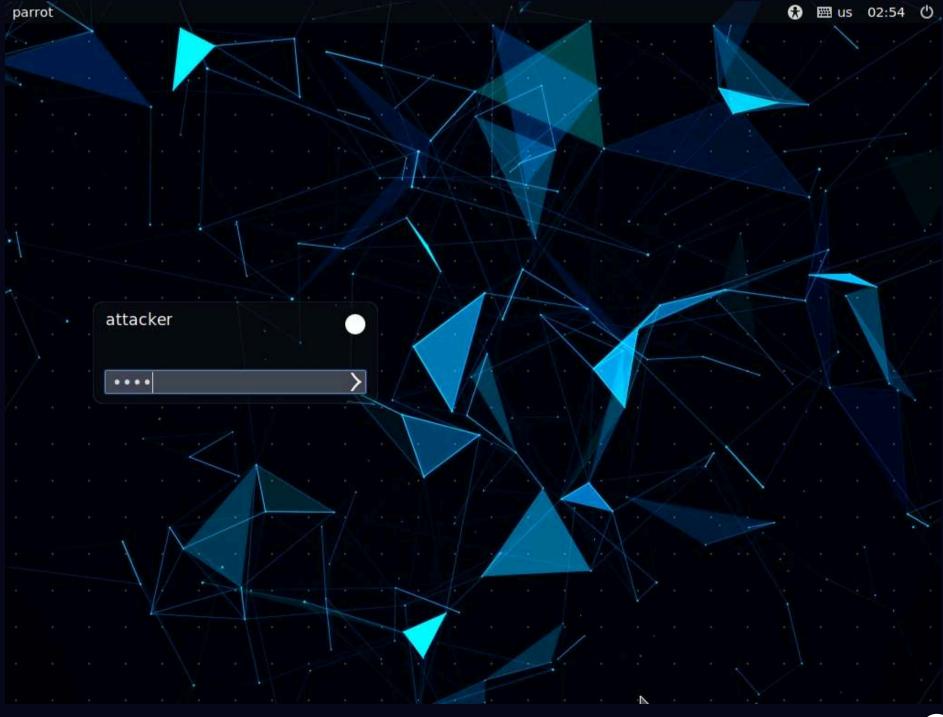
Here, we will use the bettercap tool to intercept HTTP traffic on the target system.

1. Click CEHv12 Parrot Security to switch to the Parrot Security machine.

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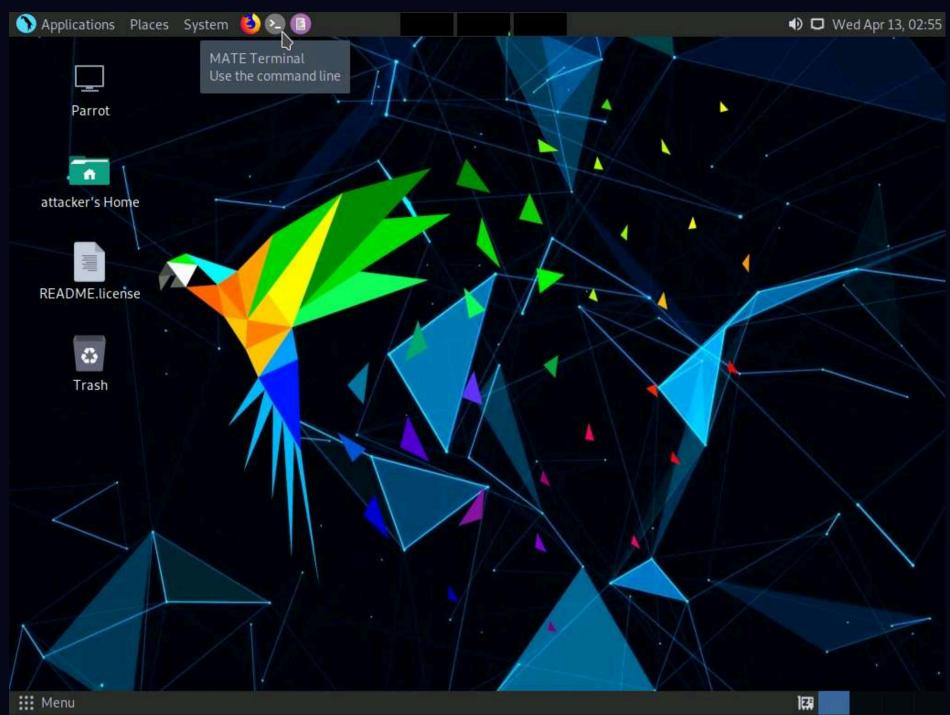


2. In the login page, the **attacker** username will be selected by default. Enter password as **toor** in the **Password** field and press **Enter** to log in to the machine.



3. Click the **MATE Terminal** icon at the top of the **Desktop** window to open a Terminal window.

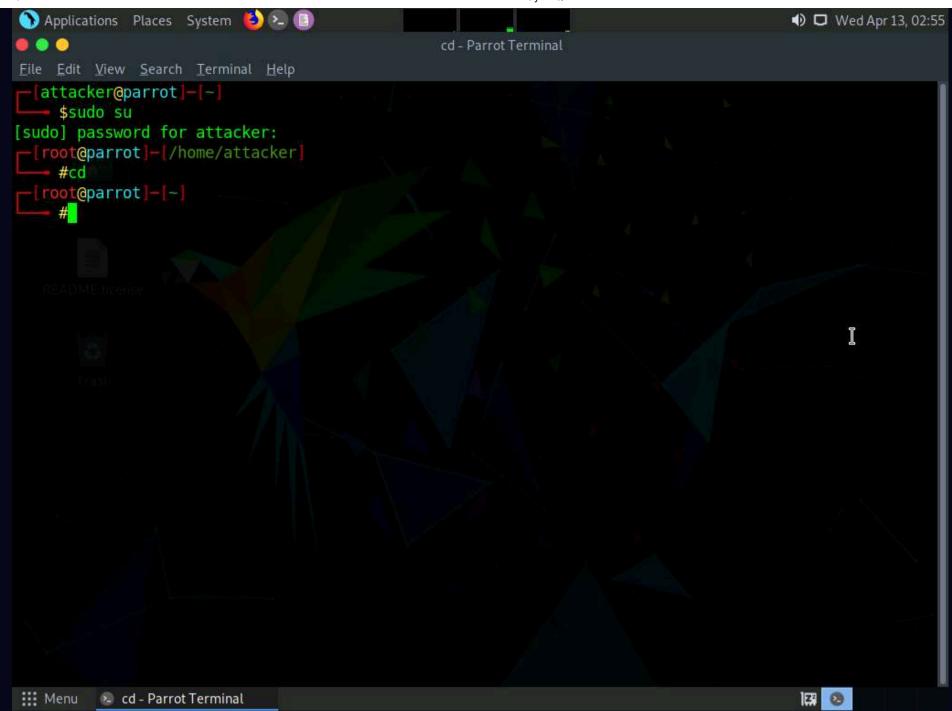
Note: If a **Question** pop-up window appears asking you to update the machine, click **No** to close the window.



- 4. A **Parrot Terminal** window appears. In the terminal window, type **sudo su** and press **Enter** to run the programs as a root user.
- 5. In the [sudo] password for attacker field, type toor as a password and press Enter.

Note: The password that you type will not be visible.

6. Now, type **cd** and press **Enter** to jump to the root directory.



7. In the terminal window; type **bettercap -h** and press **Enter**.

Note: In this command, **-h**: requests a list of the available options. 🌖 Applications Places System 餲 🛂 🖺 Wed Apr 13, 02:56 bettercap -h - Parrot Terminal File Edit View Search Terminal Help -[root@parrot]-[~ #bettercap -h Usage of bettercap: -autostart string Comma separated list of modules to auto start. (default "events.stream") caplet string Read commands from this file and execute them in the interactive session. -cpu-profile file Write cpu profile file. -debug Print debug messages. -env-file string Load environment variables from this file if found, set to empty to disable environment persi stence. Run one or more commands separated by ; in the interactive session, used to set variables via command line. -gateway-override string Use the provided IP address instead of the default gateway. If not specified or invalid, the default gateway will be used. -iface string Network interface to bind to, if empty the default interface will be auto selected. -mem-profile file Write memory profile to file. -no-colors Disable output color effects. -no-history Disable interactive session history file. -silent Suppress all logs which are not errors. 🔛 Menu 🛾 🔊 bettercap - h - Parrot Te... |Z# @

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8. In the terminal window, type **bettercap -iface eth0** and press **Enter** to set the network interface.

Note: -iface: specifies the interface to bind to (in this example, eth0).

9. Type **help** and press **Enter** to view the list of available modules in bettercap.

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                                          bettercap -iface eth0 - Parrot Terminal
File Edit View Search Terminal Help
  -[root@parrot]-[~]
 #bettercap -iface eth0
bettercap v2.29 (built for linux amd64 with gol.17.1) [type 'help' for a list of commands]
10.10.1.0/24 > 10.10.1.13 » [02:56:20] [sys.log] [war] Could not find mac for 10.10.1.2
10.10.1.0/24 > 10.10.1.13 » help
           help MODULE: List available commands or show module specific help if no module name is pr
ovided.
                active : Show information about active modules.
                  quit : Close the session and exit.
         sleep SECONDS : Sleep for the given amount of seconds.
              get NAME : Get the value of variable NAME, use * alone for all, or NAME* as a wildcard.
        set NAME VALUE : Set the VALUE of variable NAME.
  read VARIABLE PROMPT : Show a PROMPT to ask the user for input that will be saved inside VARIABLE.
                 clear : Clear the screen.
        include CAPLET: Load and run this caplet in the current session.
             ! COMMAND : Execute a shell command and print its output.
        alias MAC NAME : Assign an alias to a given endpoint given its MAC address.
Modules
      any.proxy > not running
      api.rest > not running
arp.spoof > not running
      ble.recon > not running
        caplets > not runnin
    dhcp6.spoof > not running
      dns.spoof > not running
  events.stream > running
Menu 🕟 bettercap -iface eth0 - ...
                                                                                          ZZ ②
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- 10. Type **net.probe on** and press **Enter**. This module will send different types of probe packets to each IP in the current subnet for the **net.recon** module to detect them.
- 11. Type **net.recon on** and press **Enter**. This module is responsible for periodically reading the system ARP table to detect new hosts on the network.

Note: The net.recon module displays the detected active IP addresses in the network. In real-time, this module will start sniffing network packets.

12. Type set http.proxy.sslstrip true and press Enter. This module enables SSL stripping.

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                                         bettercap -iface eth0 - Parrot Terminal
File Edit View Search Terminal Help
     net.recon > not running
     net.sniff > not running
  packet.proxy > not running
      syn.scan > not
      tcp.proxy > not
         ticker > not
             ui > not running
         update > not
          wifi > not running
            wol > not runnir
10.10.1.0/24 > 10.10.1.13 » net.probe on
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [sys.log] [inf] net.probe starting net.recon as a requirement
for net.probe
0.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.14 detected as 02:15:5d:26:65
0.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.9 detected as 02:15:5d:26:65:
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.11 (WINDOWS11) detected as 00
:15:5d:01:80:00 (Microsoft Corporation).
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.19 (SERVER2019) detected as 0
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.22 (SERVER2022) detected as 0
0:15:5d:01:80:02 (Microsoft Corporation).
10.10.1.0/24 > 10.10.1.13 » [02:56:47] [endpoint.new] endpoint 10.10.1.2 detected as 02:15:5d:26:65:
10.10.1.0/24 > 10.10.1.13 » net.recon on
10.10.1.0/24 > 10.10.1.13
                          » [02:56:52] [sys.log] [err] module net.recon is already running
10.10.1.0/24 > 10.10.1.13 » set http.proxy.sslstrip true
10.10.1.0/24 > 10.10.1.13
₩ Menu Dettercap -iface eth0 - ...
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- 13. Type **set arp.spoof.internal true** and press **Enter**. This module spoofs the local connections among computers of the internal network.
- 14. Type **set arp.spoof.targets 10.10.1.11** and press **Enter**. This module spoofs the IP address of the target host.
- 15. Type **http.proxy on** and press **Enter**. This module initiates http proxy.

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• • •
                                         bettercap -iface eth0 - Parrot Terminal
File Edit View Search Terminal Help
             ui > not running
         update > not running
          wifi > not running
            wol > not running
10.10.1.0/24 > 10.10.1.13 » net.probe on
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [sys.log] [inf] net.probe starting net.recon as a requirement
 for net.probe
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.14 detected as 02:15:5d:26:65
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.9 detected as 02:15:5d:26:65:
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.11 (WINDOWS11) detected as 00
:15:5d:01:80:00 (Microsoft Corporation).
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.19 (SERVER2019) detected as 0
2:15:5d:26:65:ac.
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.22 (SERVER2022) detected as 0
0:15:5d:01:80:02 (Microsoft Corporation).
10.10.1.0/24 > 10.10.1.13 » [02:56:47] [endpoint.new] endpoint 10.10.1.2 detected as 02:15:5d:26:65:
10.10.1.0/24 > 10.10.1.13 » net.recon on
10.10.1.0/24 > 10.10.1.13
                           » [02:56:52] [sys.log] [err] module net.recon is already running
10.10.1.0/24 > 10.10.1.13
                           » set http.proxy.sslstrip true
10.10.1.0/24 > 10.10.1.13
                           » set arp.spoof.internal true
10.10.1.0/24 > 10.10.1.13 » set arp.spoof.targets 10.10.1.11
10.10.1.0/24 > 10.10.1.13
                           » http.proxy on
[03:01:24] [sys.log] [inf] http.proxy enabling forwarding.
10.10.1.0/24 > 10.10.1.13 » [03:01:24] [sys.log] [inf] http.proxy started on 10.10.1.13:8080 (sslstr
ip enabled)
10.10.1.0/24 > 10.10.1.13
... Menu 🕟 bettercap -iface eth0 - ...
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- 16. Type **arp.spoof on** and press **Enter**. This module initiates ARP spoofing.
- 17. Type **net.sniff on** and press **Enter**. This module is responsible for performing sniffing on the network.

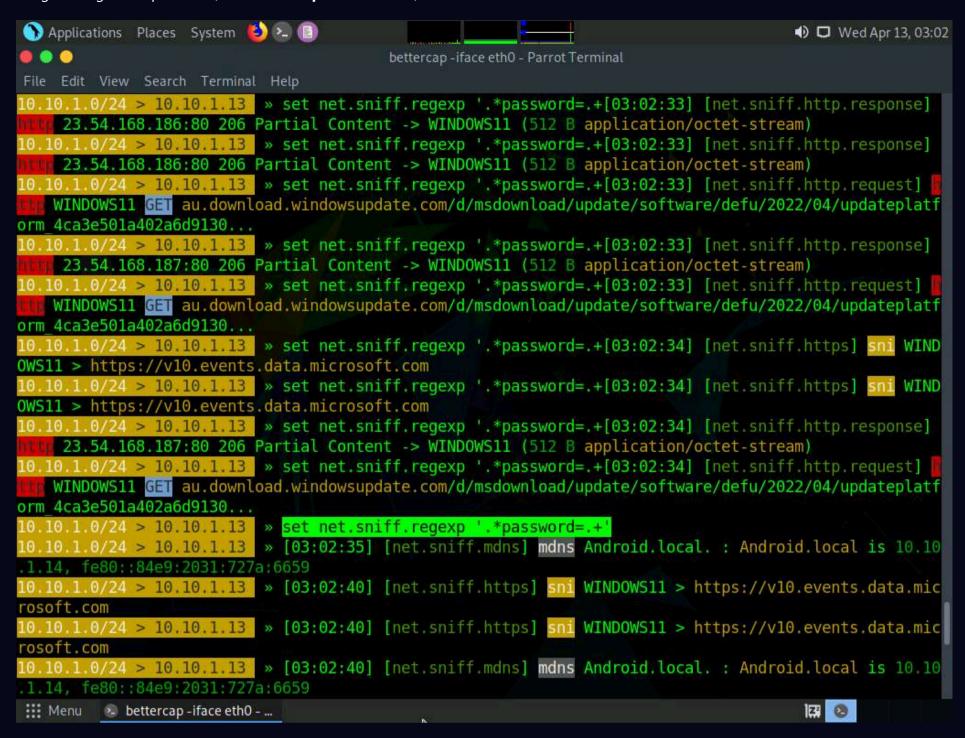
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                                         bettercap -iface eth0 - Parrot Terminal
File Edit View Search Terminal Help
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.11 (WINDOWS11) detected as 00
:15:5d:01:80:00 (Microsoft Corporation).
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.19 (SERVER2019) detected as 0
2:15:5d:26:65:ac.
10.10.1.0/24 > 10.10.1.13 » [02:56:46] [endpoint.new] endpoint 10.10.1.22 (SERVER2022) detected as 0
0:15:5d:01:80:02 (Microsoft Corporation).
10.10.1.0/24 > 10.10.1.13 » [02:56:47] [endpoint.new] endpoint 10.10.1.2 detected as 02:15:5d:26:65:
10.10.1.0/24 > 10.10.1.13
                           » net.recon on
10.10.1.0/24 > 10.10.1.13
                           » [02:56:52] [sys.log] [err] module net.recon is already running
10.10.1.0/24 > 10.10.1.13
                           » set http.proxy.sslstrip true
10.10.1.0/24 > 10.10.1.13
                           » set arp.spoof.internal true
10.10.1.0/24 > 10.10.1.13
                           » set arp.spoof.targets 10.10.1.11
10.10.1.0/24 > 10.10.1.13
                           » http.proxy on
[03:01:24] [sys.log] [inf] http.proxy enabling forwarding.
             > 10.10.1.13 » [03:01:24] [sys.log] [inf] http.proxy started on 10.10.1.13:8080 (sslstr
10.10.1.0/24 > 10.10.1.13 » arp.spoof on
                           » [03:01:51] [sys.log] [war] arp.spoof arp spoofer started targeting 254 p
10.10.1.0/24 > 10.10.1.13
ossible network neighbours of 1 targets.
10.10.1.0/24 > 10.10.1.13
                           » net.sniff on
                           » [03:01:58] [net.sniff.https] sni WINDOWS11 > https://storecatalogrevocat
10.10.1.0/24 > 10.10.1.13
ion.storequality.microsoft.com
10.10.1.0/24 > 10.10.1.13
                           » [03:01:58] [net.sniff.https] sni WINDOWS11 > https://storecatalogrevocat
ion.storequality.microsoft.com
                           » [03:02:02] [net.sniff.https] sni WINDOWS11 > https://fe2cr.update.micros
10.10.1.0/24 > 10.10.1.13
10.10.1.0/24 > 10.10.1.13 » [03:02:02] [net.sniff.https] sni WINDOWS11 > https://fe2cr.update.micros
oft.com
10.10.1.0/24 > 10.10.1.13
::: Menu 📀 bettercap -iface eth0 - ...
                                                                                        123 😂
```

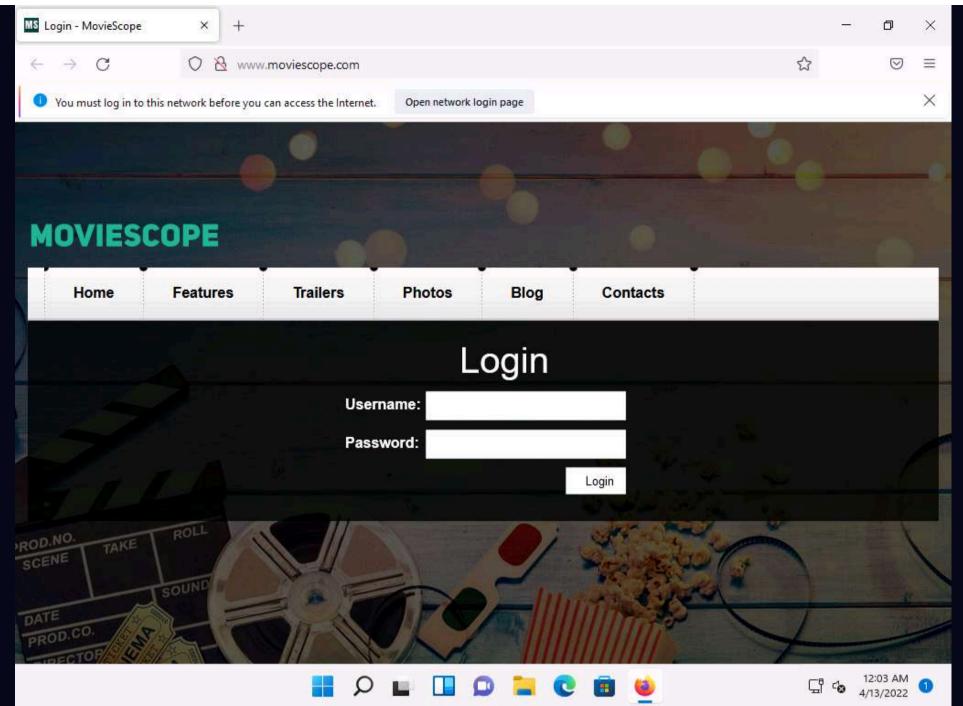
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18. Type **set net.sniff.regexp '.password=.+'** and press **Enter**. This module will only consider the packets sent with a payload matching the given regular expression (in this case, '.password=.+').

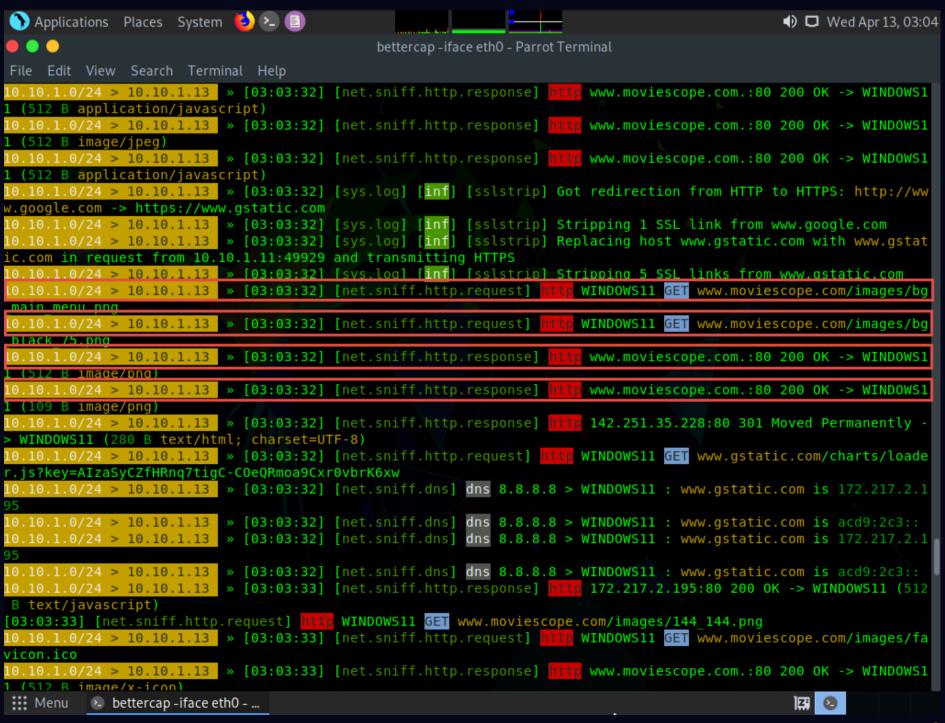


- 19. You can observe that bettercap starts sniffing network traffic on target machine **Windows 11**.
- 20. Now, click **CEHv12 Windows 11** to switch to the **Windows 11** machine. Open any web browser (in this case, **Mozilla Firefox**). In the address bar place your mouse cursor, type **http://www.moviescope.com** and press **Enter**.

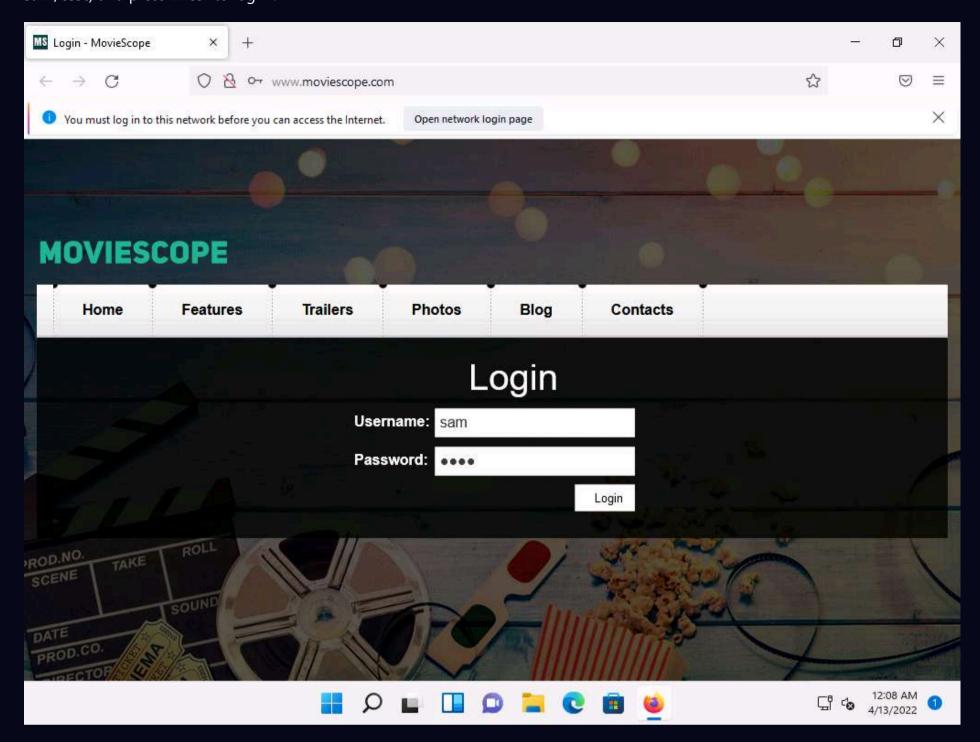
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21. Click **CEHv12 Parrot Security** to switch back to the **Parrot Security** machine. You can observe that bettercap has sniffed the website browsed by the victim on the target system, as shown in the screenshot.



22. Click **CEHv12 Windows 11** to switch to the **Windows 11** machine. On the **MovieScope** website, enter any credentials (here, **sam/test**) and press **Enter** to log in.

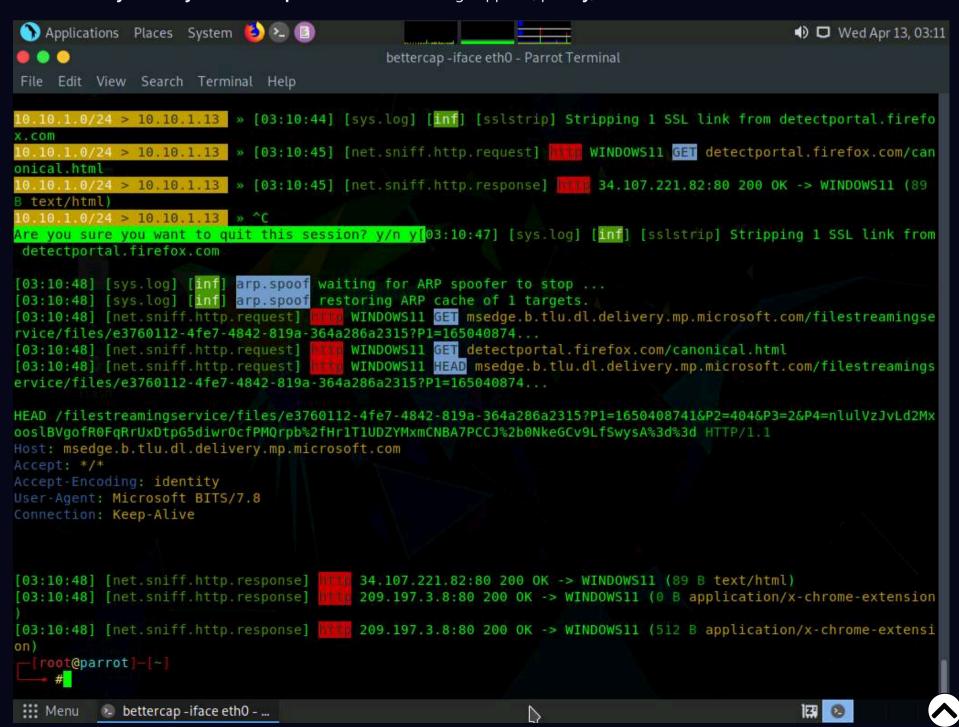


23. Click **CEHv12 Parrot Security** to switch to the **Parrot Security** machine. You can observe the details of both the browsed website and the credentials obtained in plain text, as shown in the screenshot.

Note: bettercap collects all http logins used by routers, servers, and websites that do not have SSL enabled. In this task, we are using **www.moviescope.com** for demonstration purposes, as it is http-based. To use bettercap to sniff network traffic from https-based websites, you must enable the SSL strip module by issuing the command **set http.proxy.sslstrip true**.

```
🌖 Applications Places System 😓 🔼 🗈
                                                                                                            ♦ □ Wed Apr 13, 03:09
                                                    bettercap -iface eth0 - Parrot Terminal
 File Edit View Search Terminal Help
                 10.10.1.13 » [03:08:32] [net.sniff.http.request] WINDOWS11 GET detectportal.firefox.com/can
onical.html
              > 10.10.1.13 » [03:08:33] [sys.log] [inf] [sslstrip] Sending expired cookies for www.moviescope.co
                 10.10.1.13 » [03:08:33] [net.sniff.http.request] WINDOWS11 POST www.moviescope.com/
 POST / HTTP/1.1
Host: www.moviescope.com
Connection: keep-alive
Upgrade-Insecure-Requests: 1
Jser-Agent: Mozilla/5.0 (Windows NT 10.0; Win64; x64; rv:96.0) Gecko/20100101 Firefox/96.0
Accept: text/html,application/xhtml+xml,application/xml;q=0.9,image/avif,image/webp,*/*;q=0.8
 Accept-Language: en-US,en;q=0.5
 Content-Type: application/x-www-form-urlencoded
 Content-Length: 324
 ccept-Encoding: gzip, deflate
 Origin: http://www.moviescope.com
 eferer: http://www.moviescope.com/
VIEWSTATE=/wEPDwULLTE3MDc5MjQz0TdkZH5l0cnJ+BtsUZt5M/WlqLFqT5uNaq6G+46A4bz6/sMl&_VIEWSTATEGENERATOR=C2EE9ABB&_
EVENTVALIDATION=/wEdAARJUub9rbp0xjNNNjxtMliRWMttrRuIi9aE3DBg1Dcn0GGcP002LAX9axRe6vMQj2F3f3AwSKugaKAa3qX7zRfq07
LdPacUhnsgPpHrm03jI6uFMcyULVYtnt+iQJ0BgU=&txtusername:sam&txtpwd=test&btnlogin=Login
10.10.1.0/24 > 10.10.1.13 » [03:08:33] [net.sniff.http.response] | www.moviescope.com.:80 302 Found -> WINDO
WS11 (0 B text/plain)
HTTP/1.1 302 Found
Set-Cookie: mscope=EXPIRED; path=/; domain=.; Expires=Mon, 01-Jan-1990 00:00:00 GMT
Set-Cookie: mscope=EXPIRED; path=/; domain=; Expires=Mon, 01-Jan-1990 00:00:00 GMT
Date: Wed, 13 Apr 2022 07:08:33 GMT
Content-Type: text/plain
Location: http://www.moviescope.com/
Content-Lenath • 0
 Menu > bettercap - iface eth0 - ...
```

- 24. After obtaining the credentials, press **Ctrl+C** to terminate bettercap. The credentials can be used to log in to the target user's account and obtain further sensitive information.
- 25. When the Are you sure you want to quit this session? message appears, press y, and then Enter.



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26. This concludes the demonstration of how to intercept HTTP traffic using bettercap.

27. Close all open windows and document all the acquired information.

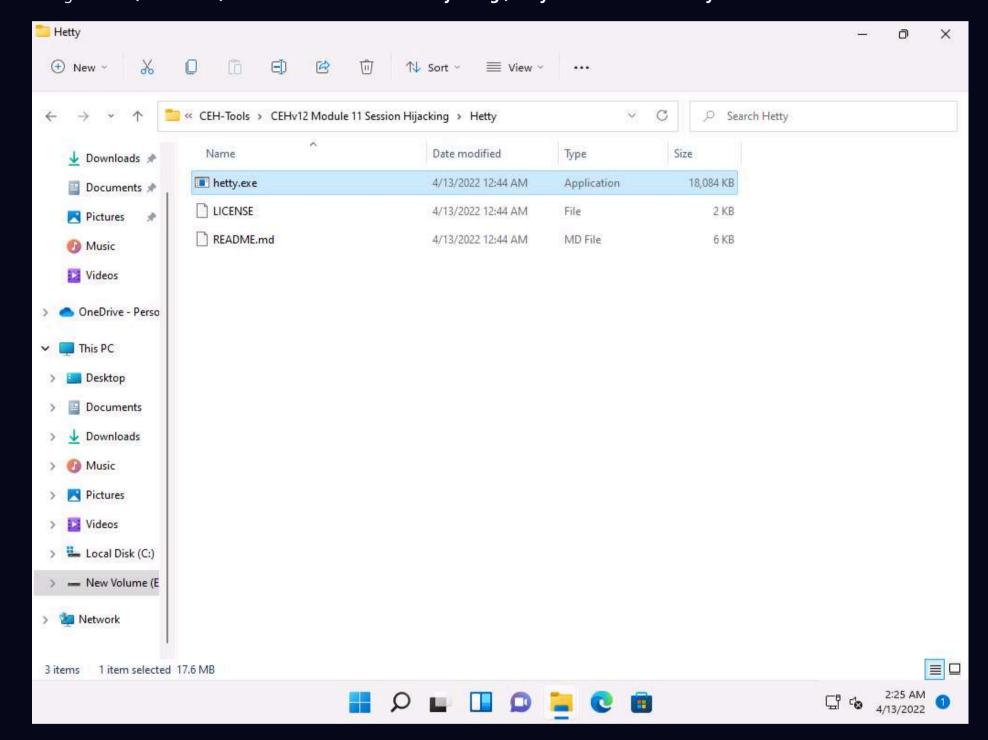
Task 3: Intercept HTTP Traffic using Hetty

Hetty is an HTTP toolkit for security research. It aims to become an open-source alternative to commercial software such as Burp Suite Pro, with powerful features tailored to the needs of the InfoSec and bug bounty communities. Hetty can be used to perform Machine-in-the-middle (MITM) attack, manually create/edit requests, and replay proxied requests for HTTP clients and further intercept requests and responses for manual review.

Here, we will use the Hetty tool to intercept HTTP traffic on the target system.

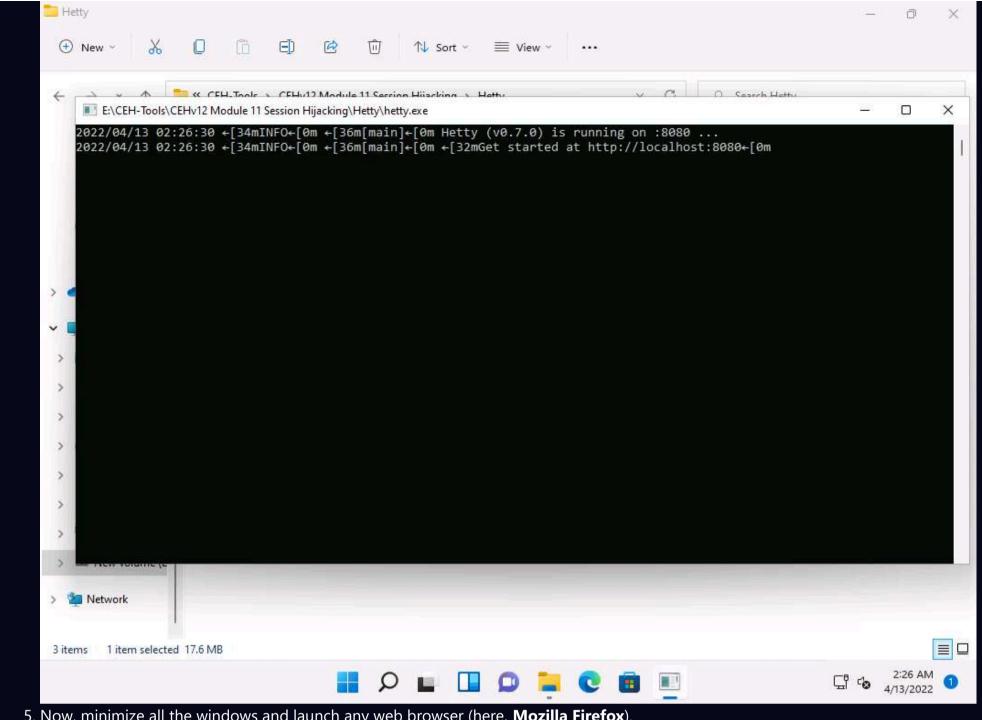
Note: Here, we will use Windows 11 machine as an attacker machine and Windows Server 2022 machine as a target machine.

- 1. Click CEHv12 Windows 11 to switch to the Windows 11 machine.
- 2. Navigate to E:\CEH-Tools\CEHv12 Module 11 Session Hijacking\Hetty and double-click hetty.exe.

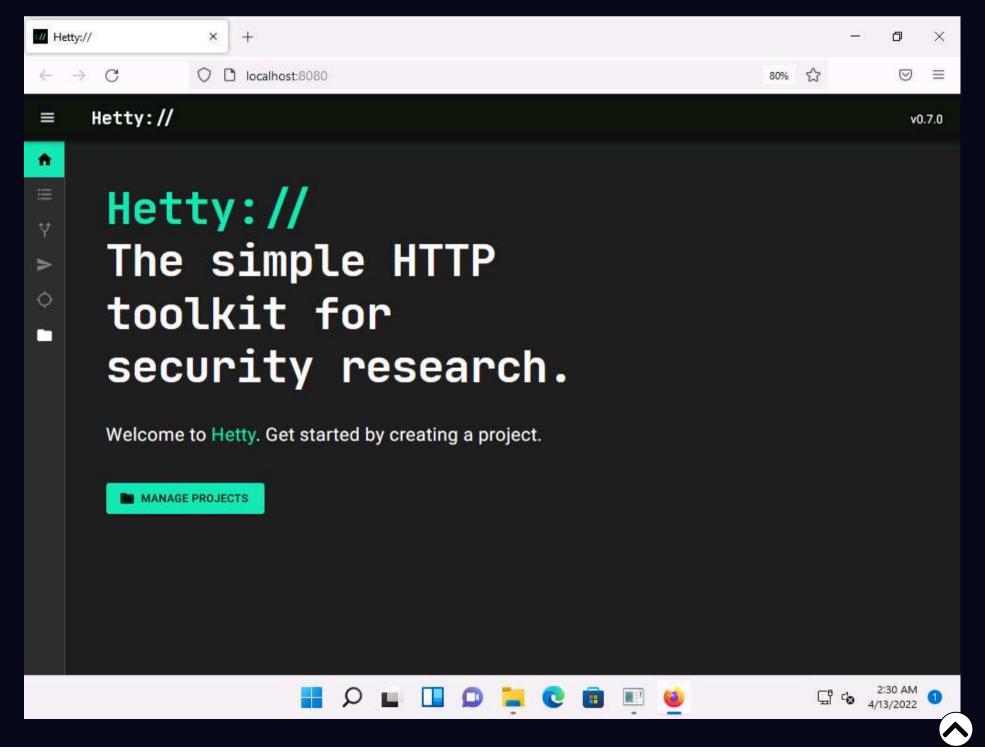


- 3. **Open File Security Warning** window appears, click **Run**.
- 4. A **Command Prompt** window appears, and Hetty initializes.

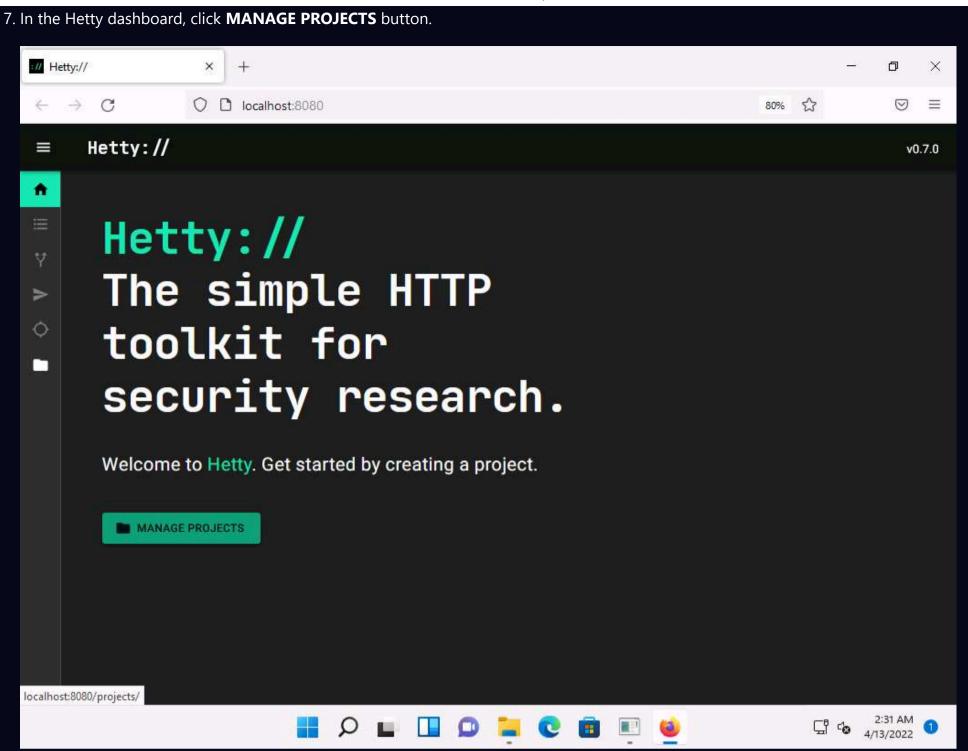
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- 5. Now, minimize all the windows and launch any web browser (here, **Mozilla Firefox**).
- 6. A browser window, in the address bar, type http://localhost:8080 and press Enter to open Hetty dashboard.

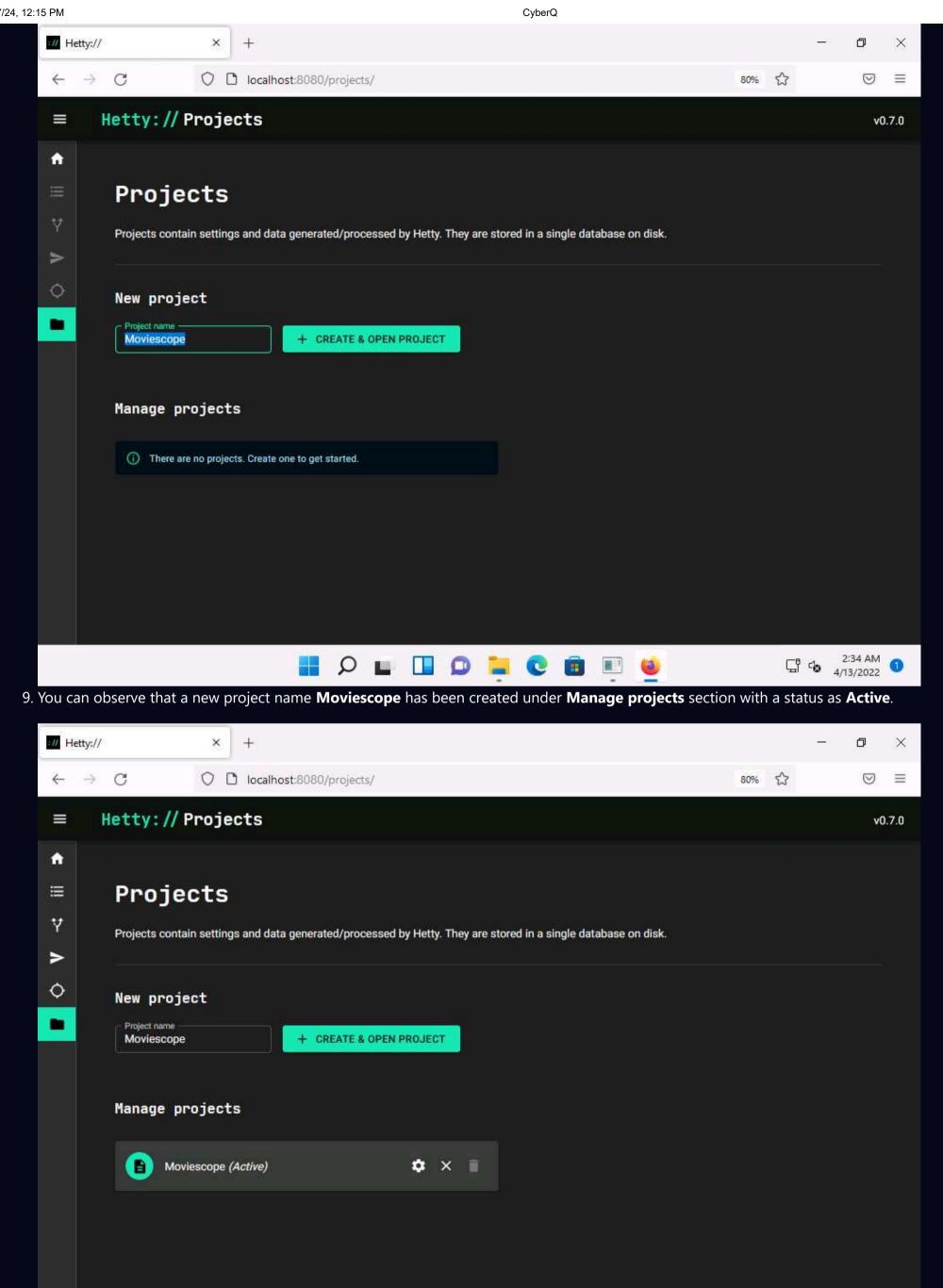


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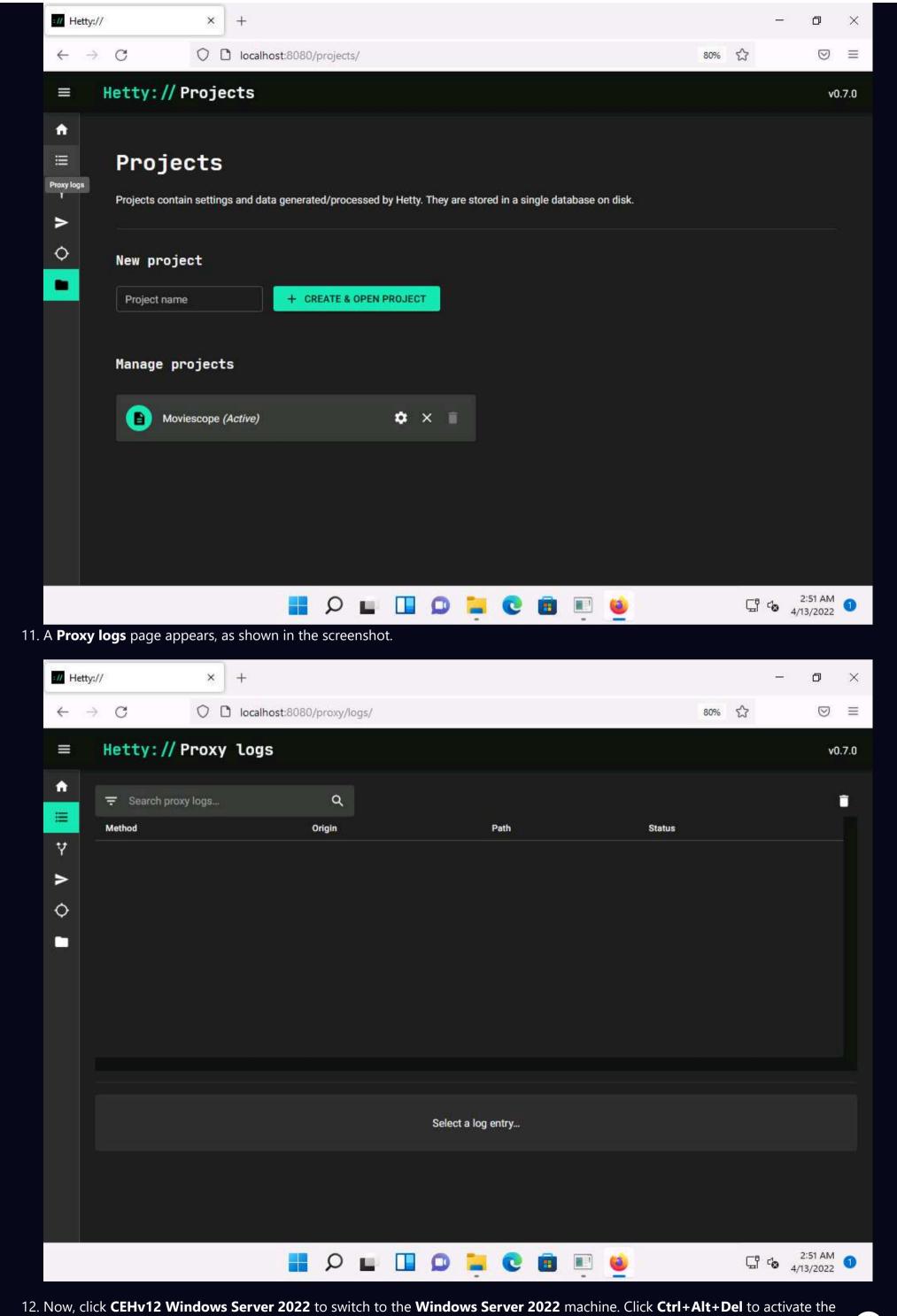
8. **Projects** page appears, type **Project name** as **Moviescope** under **New Project** section and click + **CREATE & OPEN PROJECT** button.

2/27/24, 12:15 PM



10. Click **Proxy logs** icon (\equiv)) from the left-pane.

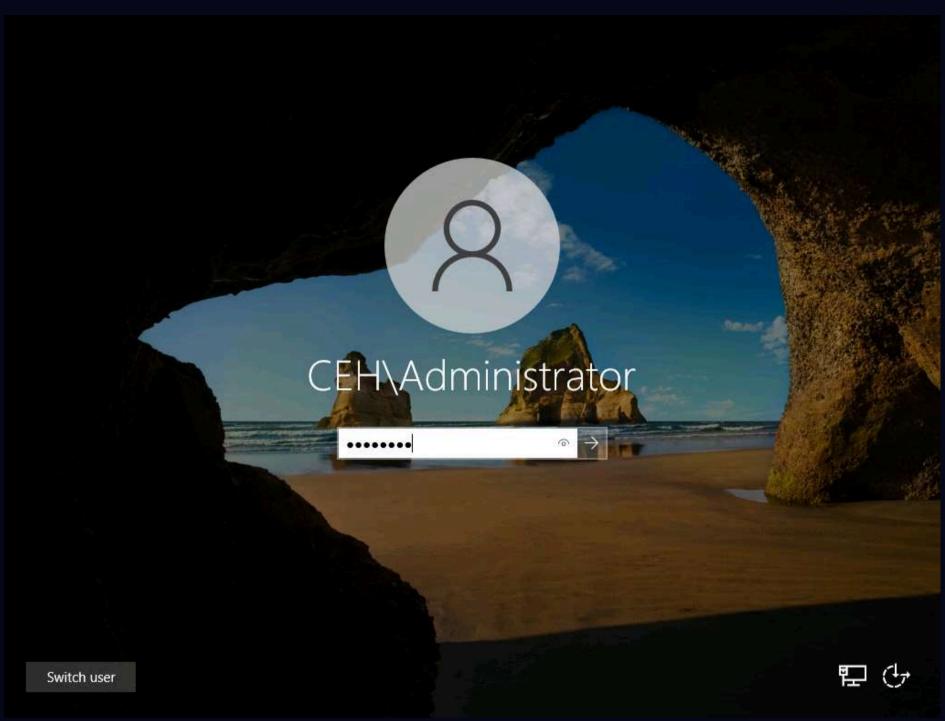
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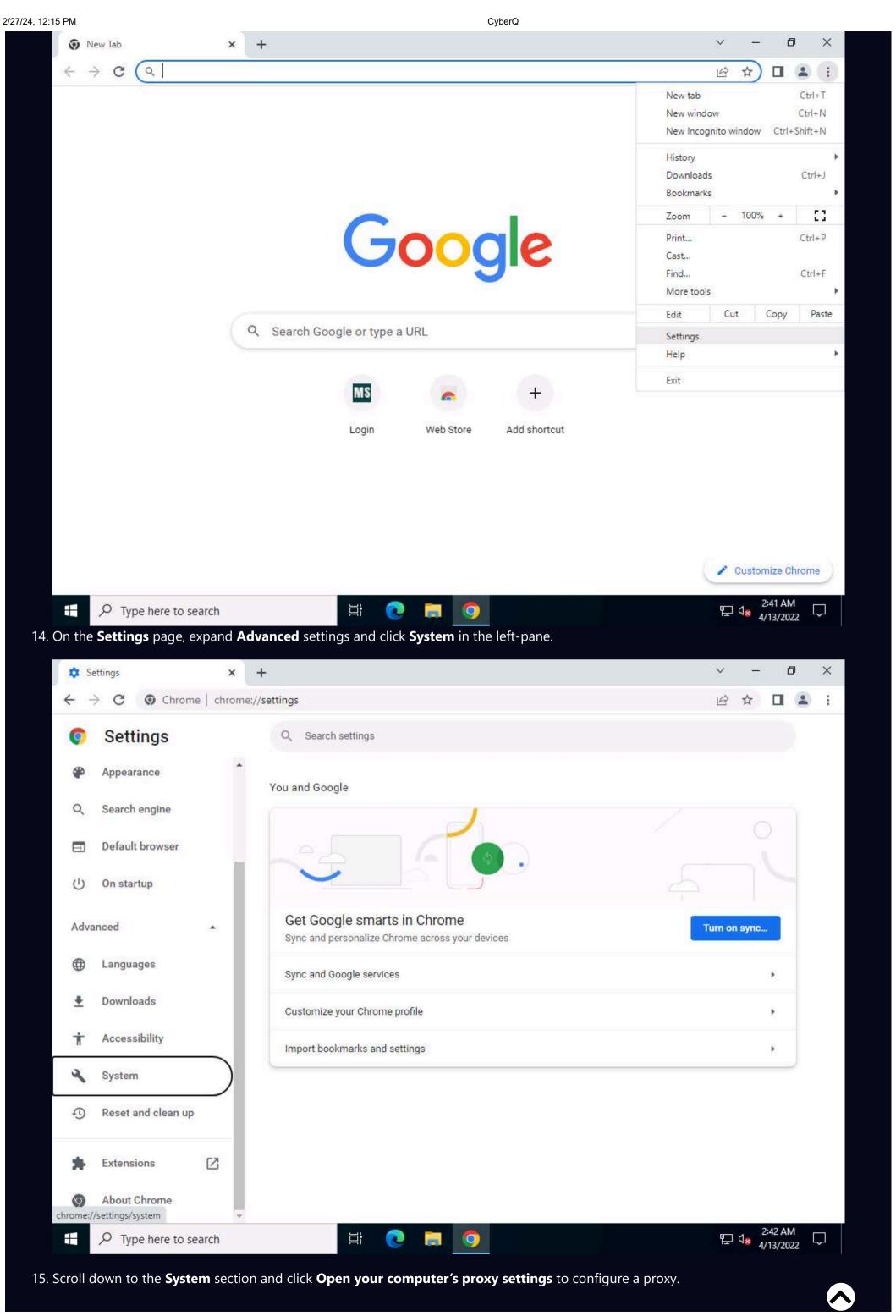
12. Now, click CEHv12 Windows Server 2022 to switch to the Windows Server 2022 machine. Click Ctrl+Alt+Del to activate th machine, by default, CEH\Administrator account is selected, type Pa\$\$w0rd in the Password field and press Enter.



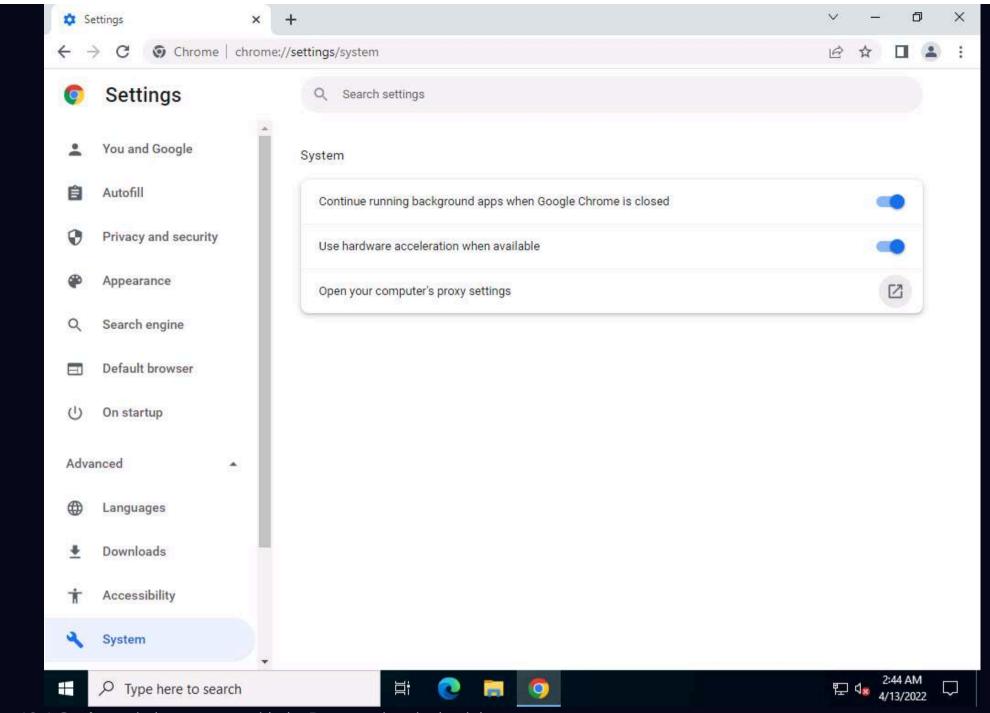
Note: Networks screen appears, click **Yes** to allow your PC to be discoverable by other PCs and devices on the network.



13. Open **Google Chrome** web browser, click the **Customize and control Google Chrome** icon, and select **Settings** from the context menu.



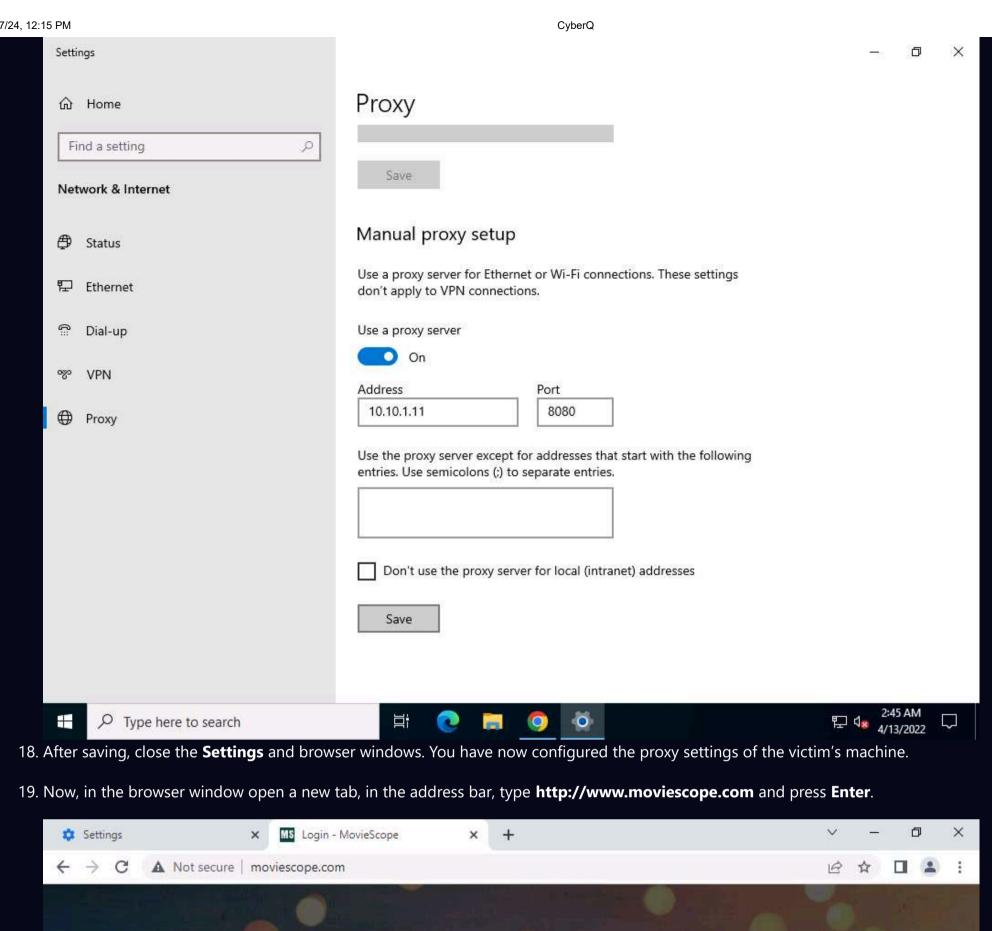
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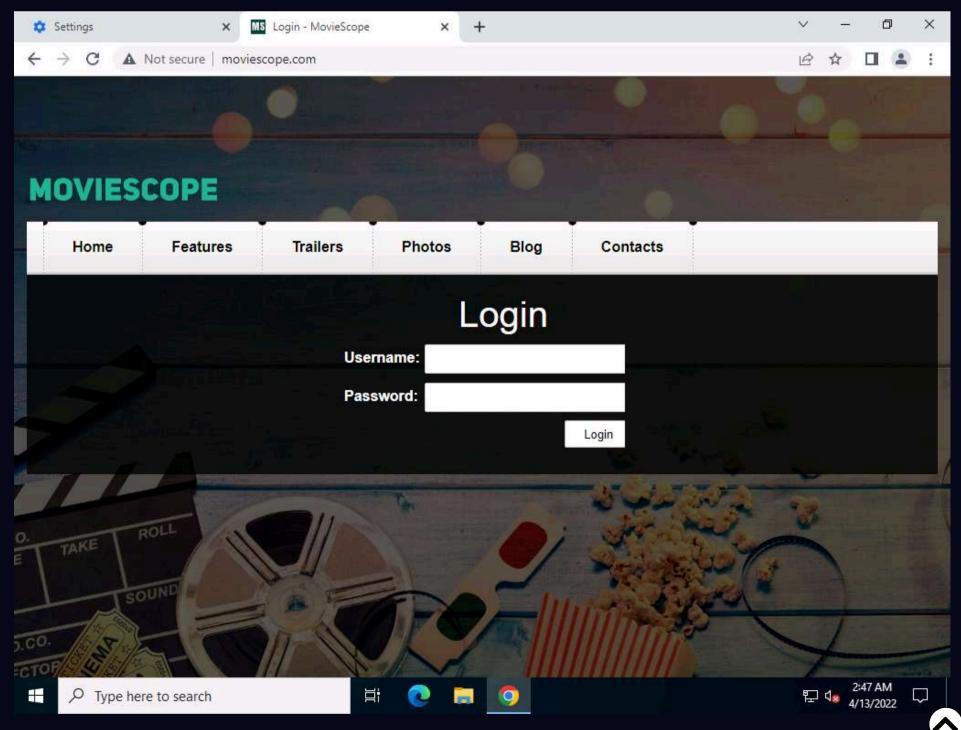


16. A **Settings** window appears, with the **Proxy** settings in the right pane.

- 17. In the **Manual proxy setup** section, make the following changes:
 - Under the **Use a proxy server** option, click the **Off** button to switch it **On**.
 - In the **Address** field, type **10.10.1.11** (the IP address of the attacker's machine, here, **Windows 11**).
 - In the **Port** field, type **8080**.
 - o Click **Save**.

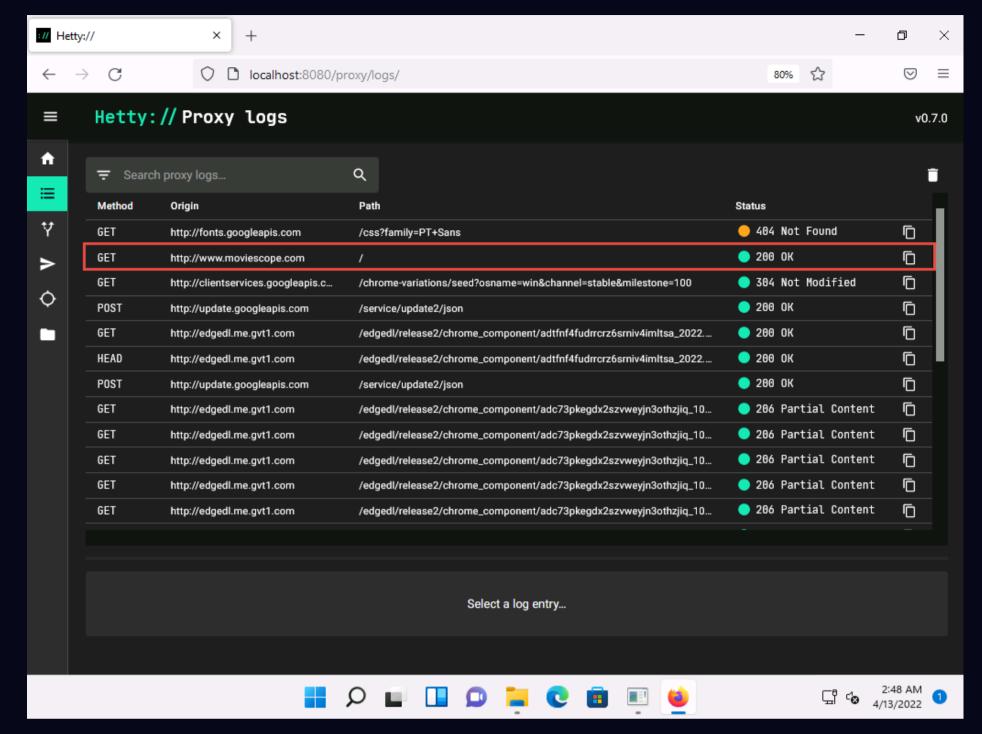
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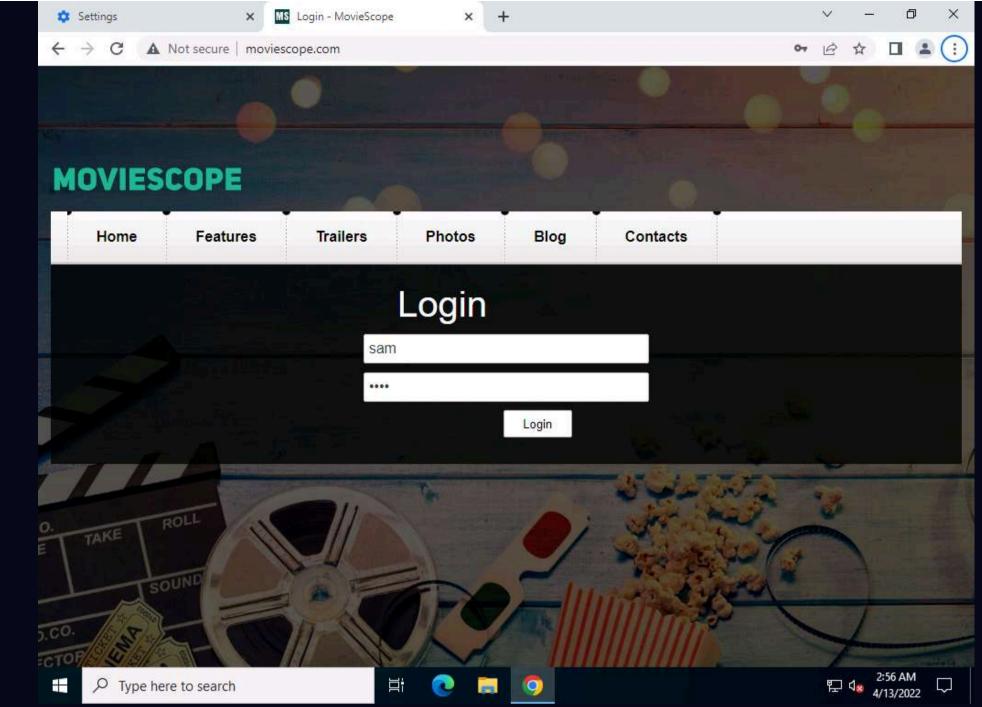


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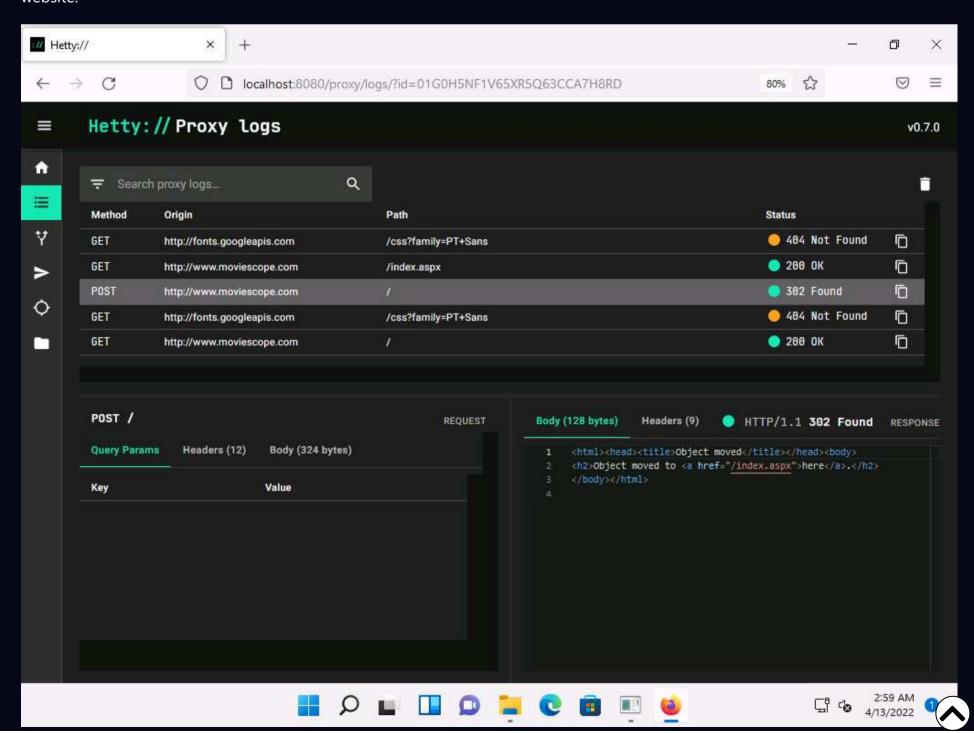
- 20. Click **CEHv12 Windows 11** to switch to the **Windows 11** machine.
- 21. You can observe that the logs are captured in the **Proxy logs** page. Here, we are focusing on logs associated with moviescope.com website.



- 22. Click CEHv12 Windows Server 2022 to switch back to the Windows Server 2022 machine.
- 23. In the MovieScope website, login as a victim with credentials as sam/test.



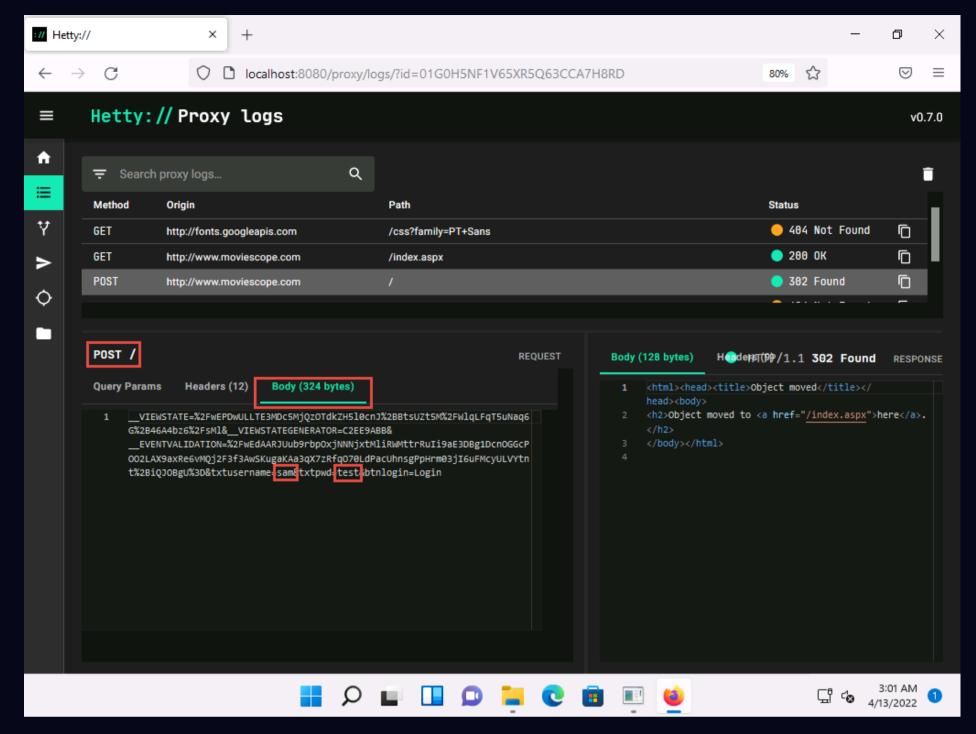
- 24. Now, click **CEHv12 Windows 11** to switch to the **Windows 11** machine.
- 25. In the **Proxy logs** page, scroll-down to check more logs on moviescope website. Check for **POST** log captured for the target website.



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26. Select the **POST request** and in the lower section of the page, select **Body** tab under **POST** section.

27. Under the **Body** tab, you can observe the captured user credentials, as shown in the screenshot.



- 28. The captured credentials can be used to log in to the target user's account and obtain further sensitive information.
- 29. Now, we shall change the proxy settings back to the default settings. To do so, click **CEHv12 Windows Server 2022** to switch back to the **Windows Server 2022** machine and perform **Steps 13-16** again.

Note: If you are logged out of the Windows Server 2022 machine, click Ctrl+Alt+Del, then login into CEH\Administrator user profile using Pa\$\$w0rd as password.

30. In the **Settings** window, under the **Manual proxy setup** section in the right pane, click the **On** button to toggle it back to **Off**, as shown in the screenshot.

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31. This concludes the demonstration of HTTP traffic interception using Hetty.

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32. Close all open windows and document all the acquired information.

Lab 2: Detect Session Hijacking

Lab Scenario

Session hijacking is very dangerous; it places the victim at risk of identity theft, fraud, and loss of sensitive information. All networks that use TCP/IP are vulnerable to different types of hijacking attacks. Moreover, these kinds of attacks are very difficult to detect, and often go unnoticed unless the attacker causes severe damage. However, following best practices can protect against session hijacking attacks.

O

As a professional ethical hacker or penetration tester, it is very important that you have the required knowledge to detect session hijacking attacks and protect your organization's system against them. Fortunately, there are various tools available that can help you to detect session hijacking attacks such as packet sniffers, IDSs, and SIEMs.

Lab Objectives

• Detect session hijacking using Wireshark

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Overview of Detecting Session Hijacking

There are two primary methods that can be used to detect session hijacking:

- **Manual Method**: Involves using packet sniffing software such as Wireshark and SteelCentral Packet Analyzer to monitor session hijacking attacks; the packet sniffer captures packets being transferred across the network, which are then analyzed using various filtering tools
- **Automatic Method**: Involves using Intrusion Detection Systems (IDS) and Intrusion Prevention Systems (IPS) to monitor incoming network traffic; if a packet matches any of the attack signatures in the internal database, the IDS generates an alert, and the IPS blocks the traffic from entering the database

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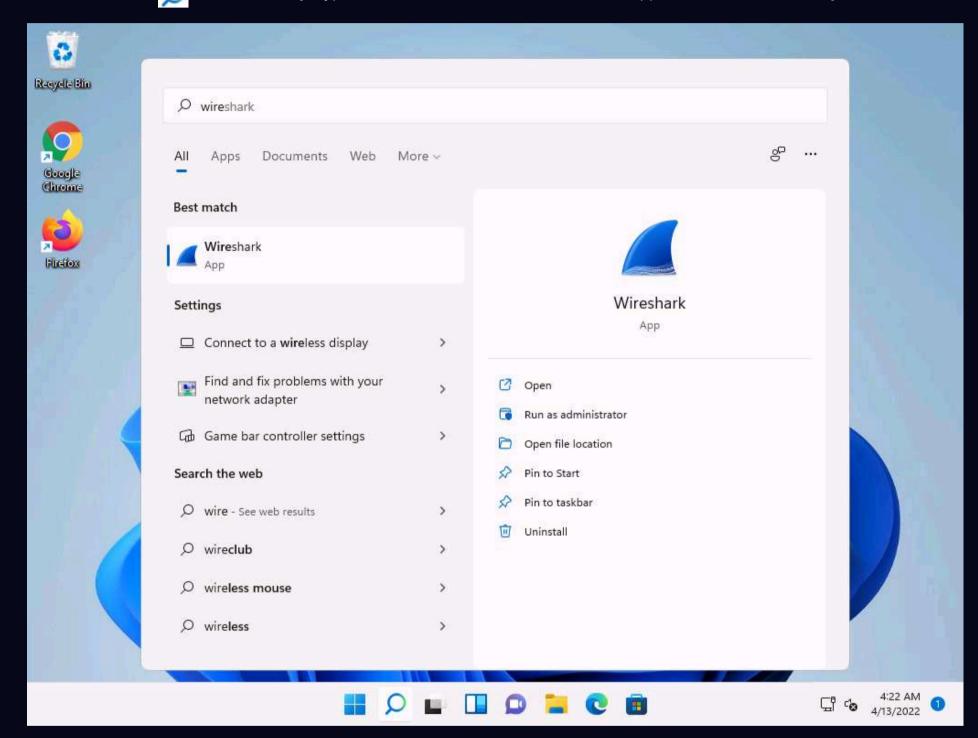
Task 1: Detect Session Hijacking using Wireshark

Wireshark allows you to capture and interactively browse the traffic running on a network. The tool uses WinPcap to capture packets, and so is only able to capture packets on networks that are supported by WinPcap. It captures live network traffic from Ethernet, IEEE 802.11, PPP/HDLC, ATM, Bluetooth, USB, Token Ring, Frame Relay, and FDDI networks. Security professionals can use Wireshark to monitor and detect session hijacking attempts.

Here, we will use the Wireshark tool to detect session hijacking attacks manually on the target system.

Note: We will use the **Parrot Security** (10.10.1.13) machine to carry out a session hijacking attack on the **Windows 11** (10.10.1.11) machine.

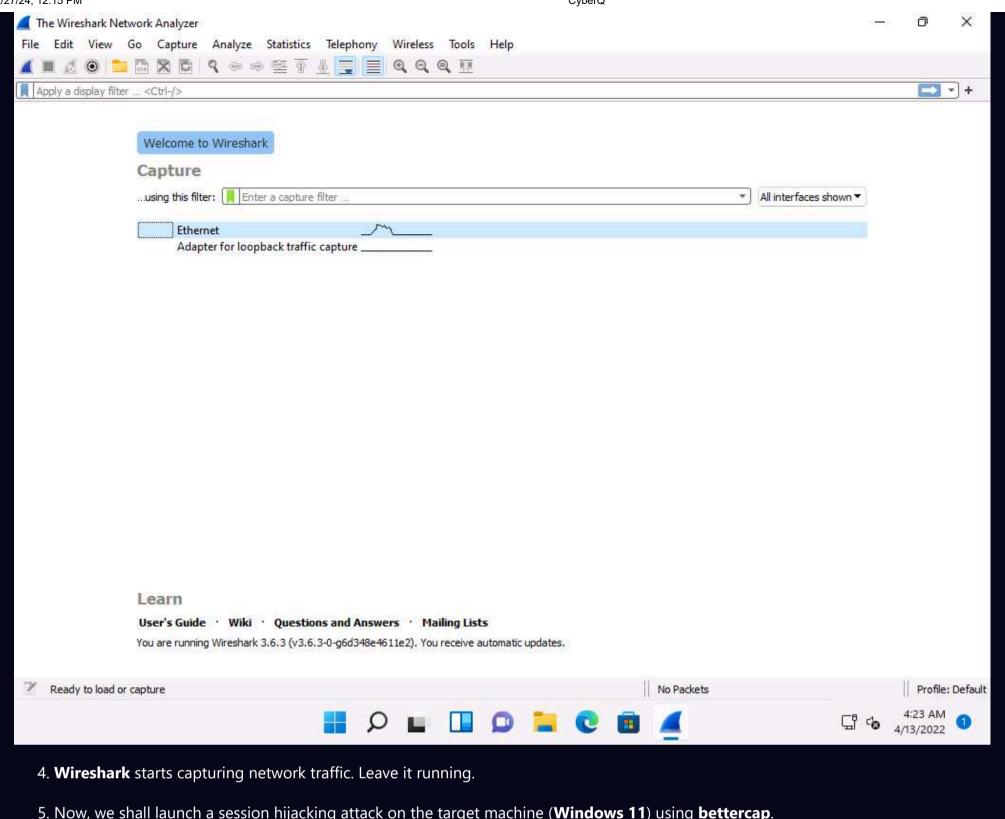
- 1. Click **CEHv12 Windows 11** to switch to the **Windows 11** machine.
- 2. Click **Search** icon () on the **Desktop**. Type **wire** in the search field, the **Wireshark** appears in the result, click **Open** to launch it.



3. **The Wireshark Network Analyzer** window opens. Double-click the primary network interface (in this case, **Ethernet**) to start capturing network traffic.

Note: If a Software Update pop-up appears click on Remind me later

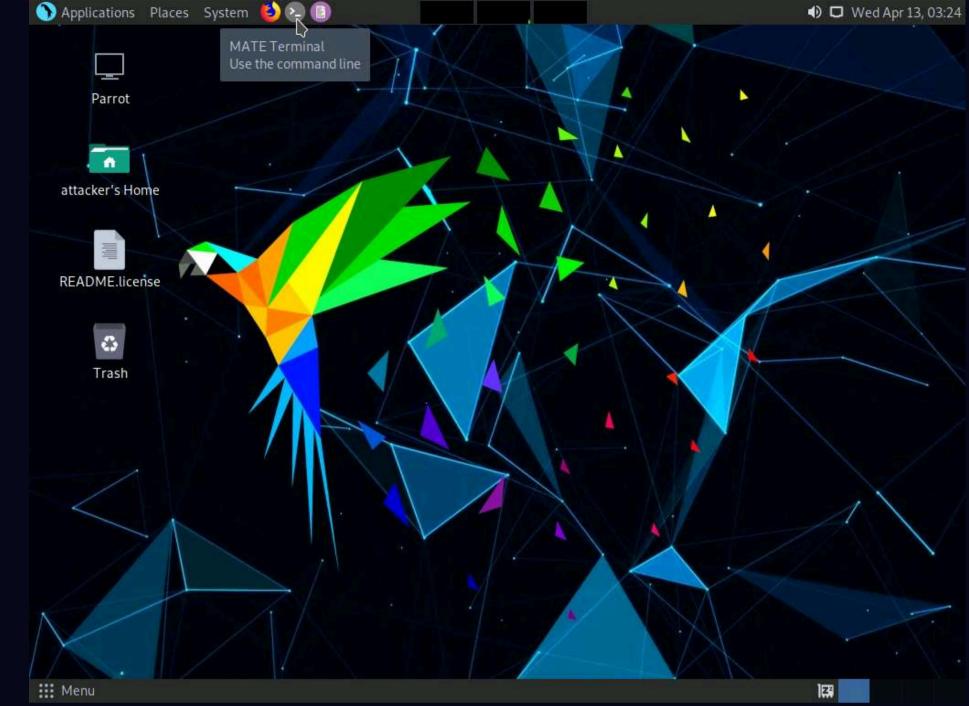
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5. Now, we shall launch a session hijacking attack on the target machine (**Windows 11**) using **bettercap**.

Note: To do so, you may either follow Steps **8-15** below, or refer to Task 2 (Intercept HTTP Traffic using bettercap) in Lab 1.

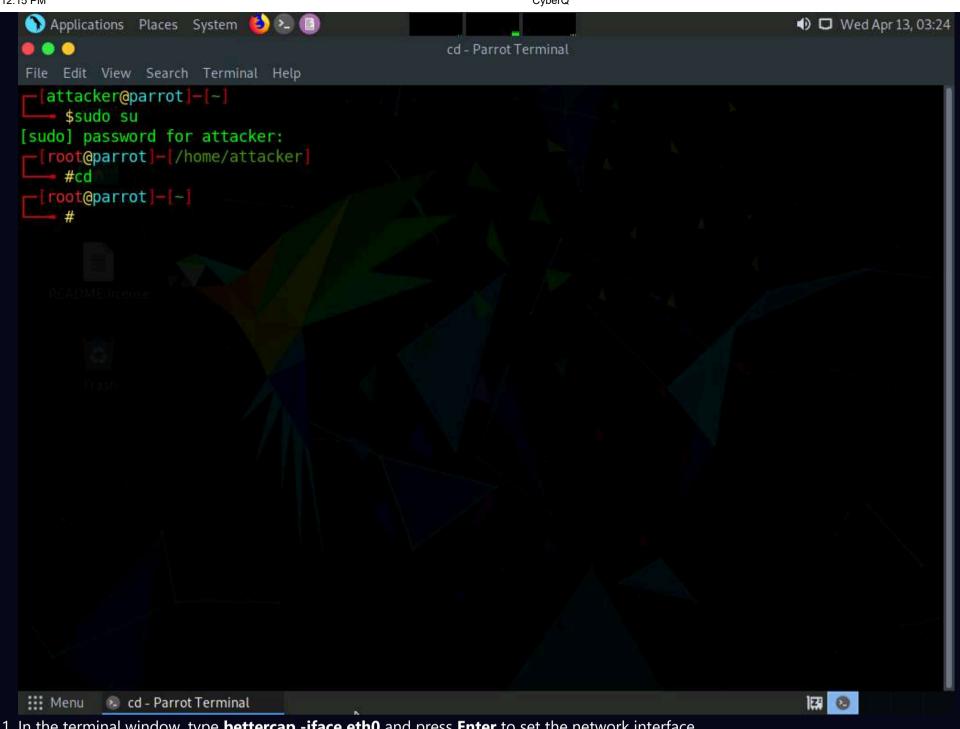
- 6. Click **CEHv12 Parrot Security** to switch to the **Parrot Security** machine.
- 7. Click the **MATE Terminal** icon at the top of the **Desktop** window to open a **Terminal** window.



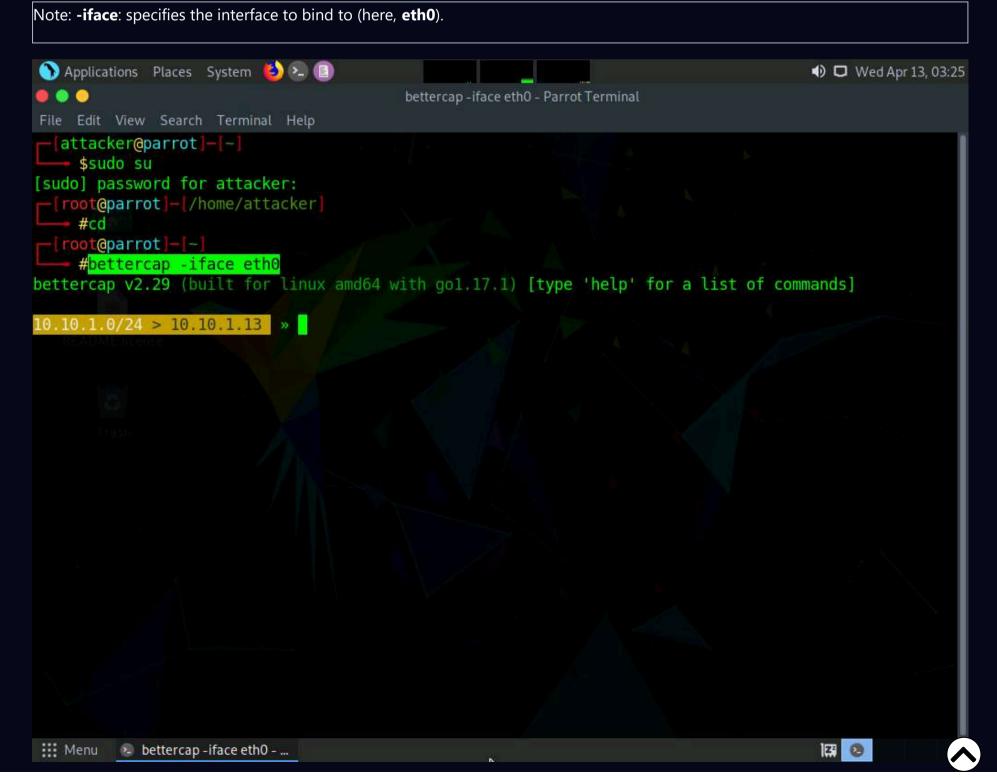
- 8. A **Parrot Terminal** window appears. In the terminal window, type **sudo su** and press **Enter** to run the programs as a root user.
- 9. In the **[sudo] password for attacker** field, type **toor** as a password and press **Enter**.

Note: The password that you type will not be visible.

10. Now, type **cd** and press **Enter** to jump to the root directory.



11. In the terminal window, type **bettercap -iface eth0** and press **Enter** to set the network interface.



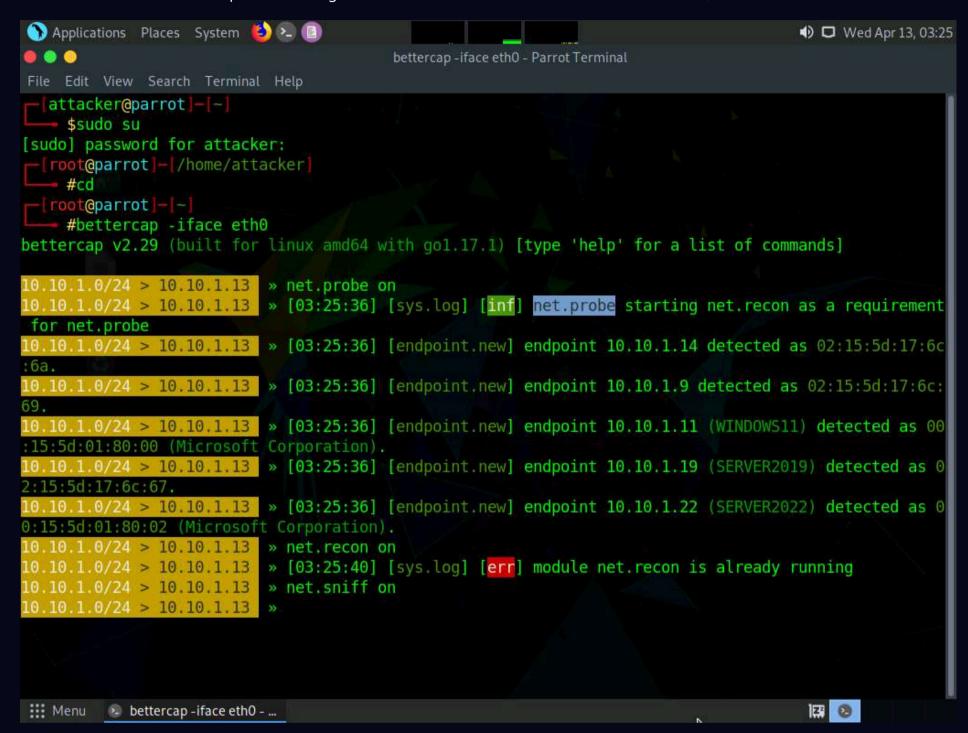
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12. Type **net.probe on** and press **Enter**. This module will send different types of probe packets to each IP in the current subnet for the **net.recon** module to detect them.

13. Type **net.recon on** and press **Enter**. This module is responsible for periodically reading the system ARP table to detect new hosts on the network.

Note: The net.recon module displays the detected active IP addresses in the network. In real-time, this module will start sniffing network packets.

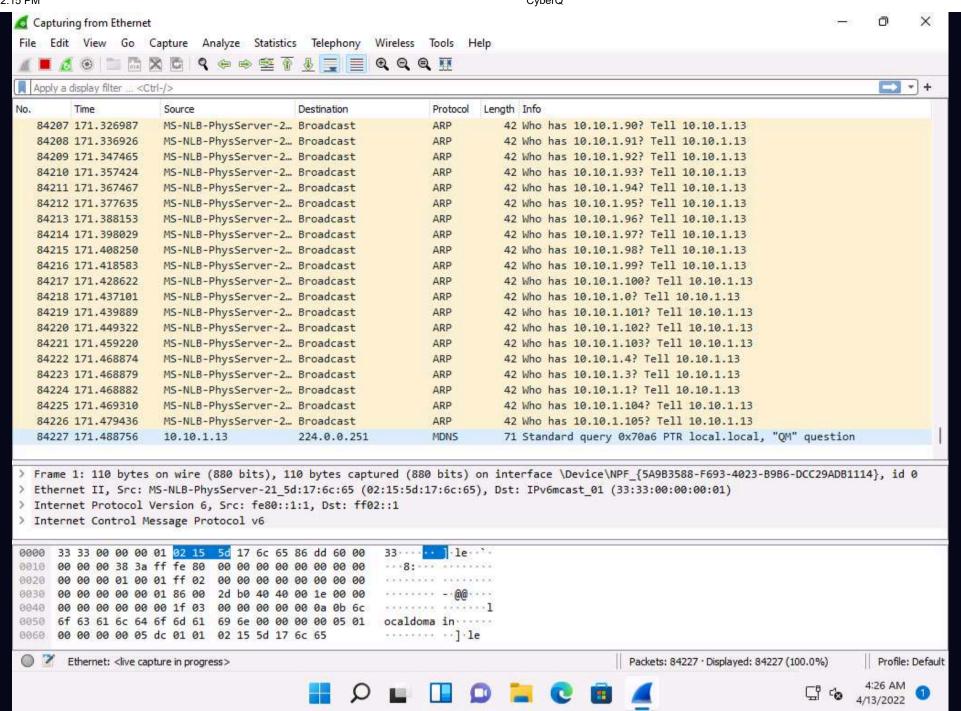
- 14. Type **net.sniff on** and press **Enter**. This module is responsible for performing sniffing on the network.
- 15. You can observe that bettercap starts sniffing network traffic on different machines in the network, as shown in the screenshot.



16. Click **CEHv12 Windows 11** to switch back to the **Windows 11** machine and observe the huge number of **ARP packets** captured by the **Wireshark**, as shown in the screenshot.

Note: bettercap sends several ARP broadcast requests to the hosts (or potentially active hosts). A high number of ARP requests indicates that the system at 10.10.1.13 (the attacker's system in this task) is acting as a client for all the IP addresses in the subnet, which means that all the packets from the victim node (in this case, 10.10.1.11) will first go to the host system (10.10.1.13), and then the gateway. Similarly, any packet destined for the victim node is first forwarded from the gateway to the host system, and then from the host system to the victim node.

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- 17. This concludes the demonstration of how to detect a session hijacking attack using Wireshark.
- 18. Close all open windows and document all the acquired information.