

## INFORMATION SECURITY PROFESSIONAL

**ANUBHAV LAL**

**Lieutenant Commander (Retd)**

### PROFILE SUMMARY

- Competent and diligent professional with an overall experience of **over 11 years in building teams and managing cyber security and carrying out risk oversight functions within Indian Military working environment and multinational Corporate {Indian Navy for 10 years and M&G Prudential UK for 1 year (current job)}**
- Recognized as a solution provider, innovative individual with high integrity and possessing a sense of teamwork to get results by instilling **commitment, trust and loyalty**.
- Demonstrated expertise in varied verticals including Risk Management, Vulnerability Assessment and Penetration Testing, Digital Forensics and Threat Intelligence.
- Thorough knowledge in **Policy Planning and Implementation, Risk Assessment, Impact Analysis, Network and Systems Security and Information Security Audit**.
- **Spearheaded business cases worth several Corers**
- Acknowledged as a proactive individual who can rapidly identify problems, formulate tactical plans, initiate change and implement effective strategies in challenging environments.
- **Excellent Relationship Management skills, articulate, combine strong business acumen** with the ability to conceive profitable and efficient solutions utilizing technology
- Worked extensively on acquiring, processing, analysing and reporting cyber risk and controls data to provide insight and technical perspective required for effectively overseeing cyber risk across the business

### CORE COMPETENCE

- **Cyber Policy Planning**
- **Military Leadership**
- **Cyber Threat Intelligence**
- **Cyber Risk and Impact Assessment**
- **Network and Systems Security**
- **Regulatory Compliance**
- **Incident Management**
- **Cyber Forensics**
- **Information Security Audit**
- **BCP & Disaster Recovery**
- **VA/PT**
- **Team and Project Management**

### PROFESSIONAL QUALIFICATIONS

- **GIAC Penetration Tester (SANS)**
- **ISO 27001:2013 Lead Auditor (BSI)**
- **EnCase Certified Examiner**
- **GCHQ certified incident handler**
- **ACCESS DATA Certified Examiner**
- **CEH - Certified Ethical Hacker**
- **BCMS (ISO 22301:2012) Lead Auditor: BSI**
- **Certified ISMS Professional (STQC-CISP): STQC**

## **PROFESSIONAL EXPERIENCE(s)**

### **M&G PRUDENTIAL**

#### **Cyber Risk Manager (2017 – now)**

- Produced deep dive reports reviews related to security technology and processes implemented.
- Lead the cyber threat intelligence analysis team and delivered high quality reporting to inform executive decision making.
- Translated technical information and analysis using a risk and regulatory context to produce data-backed insights for senior business and risk management leaders.
- Provided MI relating to the quality of controls in place covering strategic digital, data, cyber, supply chain and resilience risks.
- Provided feedback and oversight to the first line on recommendations for management action.
- Lead a team to evaluate the operating effectiveness of mitigating controls on a periodic basis (e.g. quarterly).
- Managed the regular reporting and escalation to senior management including the escalation of exceptional high risk elements to senior management.
- Lead the Physical security team and provided an oversight.
- Reviewed the cloud implementation and lead the industry insight initiative.
- Formulated the cyber security policies and created an operational framework for technology risk.

### **INDIAN NAVY 2007- 2017**

#### **Deputy Director/ CIRT - Indian Navy (2013 – 2017)**

- Formulated standard solutions through analysis of shortfalls in existing IT security procedures
- Identified requirements of naval units and steered consolidated case for security budget of Rs 3Cr
- Directed functioning, prioritization and resource allocation of Incident Response, Forensics and VA/
- PT teams to enhance info sec capabilities
- Synergized the development efforts towards new technologies, vital upgrades and change management
- Drafted business impact analysis, disaster recovery, business continuity plans, programs and testing

#### **Deputy Director/ CIRT (Western Naval Command) - Indian Navy (2010 – 2013)**

- Led VA/PT, DFIR teams for planning, executing and achieving organizational goals
- Analyzed & mitigated audit findings through and briefed security posture to senior management
- Validated IT Audit reports and formulated mitigation plan thereby improving info sec posture
- Developed Security Assessment Plan, Rules of Engagement, Daily Briefs and Reports during VA/ PT
- Researched known hacker methodology, exploits and vulnerabilities in support of Red Team activities

### **Information Security Officer 2007 – 2010**

- Aided regional security functions and coordinated with IN-CIRT for organizational security
- Conducted quarterly info sec awareness & training program to improve IT Sec Standards
- Implemented info sec onboard frontline fighting units and succeeded with nil incidents throughout.

### **EDUCATIONAL CREDENTIALS**

- **Residential Programme in Business Management**, ASCI, Hyderabad, 2016
- **Certificate course in Advanced Cyber Forensics**, CDAC Thiruvananthapuram, 2011
- **Certificate course in Information Security**, IIT, Kharagpur, 2010
- **BE (Mechanical)**, JSS Noida (UPTU), 2006

### **INTERESTS AND HOBBIES**

- Sea swimming
  - Kite flying
  - Avid traveler
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