

## **Rashmi Luintel**

Nepal Nursing Council Regd No – 6195

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DOB: 9<sup>th</sup> Nov 1984

### **Objective**

Hard working, dedicated, educated, experienced and organized individual with 12+ years experience in hospital seeks employment in the suitable post that will allow for career advancement to utilize communication, organization, time management, and people skills.

### **Personal Information**

Marital Status: Married

Nationality: Nepali

Language known: Nepali, English, Hindi, Bhojpuri, Maithali

### **Summary of skill**

Formal training

Documentation

Psycho-Social Counselling

Proposal Writing

Research and Analysis

Report writing

### **Work Experience**

Dec, 2009 -

**Nurse Incharge**

Till now

*Di Skin Care Hospital and Research Center, Kathmandu*

- Manage the nursing care for all patients
- Delegate the shift's tasks to all of the nurses in the unit and coordinate with physicians.
- Delivering In-service training for nursing students and staffs in the Hospital setting.
- Coordinate between patients, and health experts to provide accurate medical services on time.
- Provide guidance, support, and advice to patients about available medical services and price quote.
- Assist patient in recognizing and removing barriers to care to improve overall health outcomes.
- Collaborate with top management, interdisciplinary teams and other stakeholders in order to develop, implement and evaluate programs and service.

Apr, 2007 -  
Nov, 2009

**Staff Nurse (Surgical ICU, Renal Transplant and Surgical ward)**  
T.U.Teaching Hospital, Maharajgunj, Kathmandu

- Ensure the patient physical, social and psychological needs and help them to achieve these needs.
- Total care of a patient with Ventilator.
- Pre and Postoperative care of the patient with renal transplant
- Implementing, "Health and Safety Training Manual in Hospital Setting".
- Delivering In-service training for PCL students in the Hospital setting.
- Coordinate between patients, and health experts to provide accurate medical services on time
- Help family members in navigating through the healthcare system.

Oct, 2005 -  
May, 2007

**Staff Nurse (Emergency and Surgical Ward)**  
KU Teaching Hospital, Dhulikhel.

- Patient care and report writing.
- Emergency assessment and management of the patient.
- Provide formal and informal health teaching to patient and visitor.
- Initiated and provide high qualities nursing care to a range of the patient.
- Provide guidance, support, and advice to patients about available medical services and price quote.

- Inform and prepare patients for medical tests and collect test reports from laboratory.
- Assist patient in recognizing and removing barriers to care to improve overall health outcomes.

## **Education**

January, 2018	<b>Master Of Public Health</b> North South University, North South University, Dhaka, Bangladesh
September, 2014	<b>Bachelor In Nursing</b> Lalitpur Nursing Campus , Tribhuwan University
June, 2008	<b>Bachelor Humanities and Social Science</b> Tri Chandra Campus, Tribhuwan University
March, 2004	<b>Intermediate PCL Nursing</b> Birgunj Nursing campus, Tribhuwan University
August, 2000	<b>SLC (10th)</b> Shramik Secondary School, HMG board of Nepal

## **Training/Participation**

December, 2017(2 Days)	<b>International Conference</b> Public Health Foundation of Bangladesh on, Dhaka, Bangladesh.
April, 2017 (6 Weeks )	<b>Grant Proposal Writing</b> North South University, Dhaka Banglades.
May, 2016 (7 Days )	<b>Clinical Management On HIV/AIDS</b> NCASC
March, 2016 (3 Days )	<b>HIV/AIDS Logistic Management</b> NCASC
July, 2013 (3 Months )	<b>Diploma Computer Training On Ms Word, Excel, SPSS,</b>

	<b>Internet, Email, Power point</b> Navajyoti Institute, Kalanki
March, 2009 (8 Weeks)	<b>Radio Junky</b> Creative Communication And Research Center, Kathmandu
July, 2009 (3 Days )	<b>Basic Family Planning Training</b> CRS, Nepal
September, 2009 (1Week)	<b>Management Of Sexually Transmitted Infection</b> NCASC( National Center For HIV/AIDS And STI Control
18 <sup>th</sup> Nov to 19 <sup>th</sup> Dec 2017	4 weeks <b>internship</b> at <b>CNRS</b> (Center for Natural Resource Studies) Dhaka, Bangladesh.

## **References**

1. **Mr. Rishee Prasad Sapkota**  
Hospital Manager  
Di Skin care hospital and research center, Kathmandu  
[disharc@hotmail.com](mailto:disharc@hotmail.com)  
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2. **Dr. Mohammad Delwer Hossain Hawlader**  
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