***CURRICULAM VITAE***

*SABAHATH BANU*

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**OBJECTIVE:**

An enthusiastic, skilled and well motivated psychologist with a motive of safe guarding and promoting the welfare of children and vulnerable adults. Seeking to obtain an appropriate and permanent position with a public or private sector organization that offers room for career progression.

**EDUCATION:**

2011 **Masters in Clinical Psychology,** Institute of Psychology and Research, Bangalore.

2009 **Bachelors Degree in Arts,** Mount Carmel College, Bangalore, India.

2006 **Secondary Education,** High School, Goodwill’s Girls High School, Bangalore, India.

***HOBBIES:***

Travelling, Reading Novels and other Articles of Interest.

***CLINICAL EXPERIENCE:***

**Resilient Minds Rehabilitation Centre,** **Psychotherapist:** Detail Diagnosis of Mental Illnesses and Therapeutic Intervention of children with difficulties , Providing Remedial training and Behaviour therapy. Communication with school for further progress and details of the child.

**Bright Horizons, Play School and Daycare centre:** Observation of children. Focusing on providing the child a free environment to Learn and Explore. Reaching the child's target Goals with special activities. Planning and Implementing ideas with the help of group discussions, and other social skills trainers.

**Kara4kids, as a Special educator for children with Special needs** **:** Worked with children with Autism and other Mental Illnesses. Did activities appropriate, helping with the child’s growth and development. Enhancing cognitive , motor skills and other social skills.

**Riddhi Academy , Centre for children with Learning Difficulties** **:** Remedial Training for Slow learners and children with difficulties in Reading and Writing.

***OTHER ADDITIONAL COURSES :***

1**) BASIC COUNSELING COURSE**-It was a session or a 40 hr course in which a Professional Counselor gave us practical sessions of various types of Counseling. Personal Counseling with Trauma patients in St. John’s Hospital.

2) **DISABILITY SCIENCE COURSE** - A Course which helped identify with the handicapped and other physical Disabilities of children. A visit to the Spastic Society, gave more Insight into Disability Science.

***KEY COMPENTENCIES AND SKILLS****:*

Psychological Assessments. Clinical Supervision. Care coordination*.* Autistic Spectrum Disorders (ASD) .

***PERSONAL :***

1. Having a sympathetic and understanding outlook to a Patient’s Illness. 2. Ability to work co-operatively with other disciplines. 3. Good personal boundaries and Ability to maintain these. 4. Ability to Concentrate for Substantial periods of time when with Patients.

***COMPETENCIES:***

1. Good listening skills. 2. Giving due regard to issues of confidentiality. 3. Ability to identify and distinguish various forms of behavior. 4. Skills in personal supervision.

***DECLARATION*** :

I hereby declare that the above information is true to the best of my knowledge.