## **Abstract: The Dual Realities of Alimony for Women**

Alimony is meant to provide financial support to a spouse after divorce, helping them maintain a stable life. However, the process is far from simple, especially when considering the contrasting realities of financially independent women and those who are unemployed or dependent.

Through real-life cases and legal analysis, several challenges emerge. False claims, biased legal proceedings, and financial exploitation often complicate settlements. In many instances, false claims go unpunished, placing an unfair financial and emotional burden on the paying spouse. Some women, particularly those financially dependent, face coercion and control from their partners, making it difficult for them to claim what they rightfully deserve. The disparity between Western and Indian alimony laws further highlights these issues. While Western countries ensure equal asset division, Indian laws often allow the wife to keep her personal assets while claiming a significant share of her husband's income. Provisions like Section 125 CrPC enable lifelong maintenance claims, sometimes even after a short marriage, and interim maintenance cases can stretch for decades. Corruption and delays in legal proceedings make the process even more painful.

Another harsh reality is the **harassment faced by unemployed women**. Many **struggle emotionally and financially**, facing threats, coercion, and endless legal battles, especially if their families lack financial support. Some husbands use **delaying tactics or intimidation** to push for an unfair settlement, leaving women vulnerable and stuck in a system that fails them.

To ensure fairness, **stronger legal frameworks** are needed—**better background verification**, **strict penalties for false claims**, **and structured financial aid for truly dependent women**. A more balanced approach is essential to prevent exploitation and protect the rights of both spouses.