

Suggested Itinerary

10 Day Sydney, Melbourne and Cairns (Time is Money)







Australia Itinerary

Day 1 – Arrive Sydney

Royale Limousines, Sydney

International Airport to City Hotel – Private Car/Driver Transfer

Soak up **Sydney's** gorgeous harbour, seductive outdoor lifestyle and great natural beauty. Cruise under the Sydney Harbour Bridge or wave at the Opera House as you ride a ferry across the harbour to Manly. Learn to surf at Bondi Beach or swim in the calm waters of Coogee. Lose yourself in the cobblestone cul-de-sacs of The Rocks or in the markets, boutiques, cafes and pubs of Paddington. As well as a world-famous harbour and more than 70 sparkling beaches, Sydney offers fabulous food, festivals and 24/7 fun.



Suggested Hotels

Four Seasons Hotel Sydney

Accommodation in a Deluxe City King Room for 3 nights - Room Only 199 George Street, Sydney NSW 2000

Stunningly situated overlooking Sydney Harbour in the historic Rocks district, a short walk from the city's shopping and business centre, the hotel is vibrant and elegant, with dramatic harbour views and a luxurious day spa featuring exclusive skincare and aromatherapy treatments.

Shangri-La Hotel Sydney

Accommodation in a Deluxe Darling Harbour View Room for 3 nights - Room Only 176 Cumberland Street, Sydney NSW 2000

With stunning views of Sydney's spectacular harbour, the Sydney Harbour Bridge and world famous Opera House, this luxurious hotel provides welcoming hospitality. Positioned in an elevated location overlooking the historic Rocks district between the Sydney Opera House and Harbour Bridge, the hotel offers spacious and inspired luxury guest rooms and suites. Apart from a superb location and the city's largest accommodations among Sydney hotels, the hotel offers some of the city's finest dining, including Altitude Restaurant and Blu Bar, each offering its own spectacular views of the city from level 36.

The Park Hyatt Sydney

Accommodation in a City Harbour Room for 3 nights – Includes Full Breakfast 7 Hickson Road, The Rocks, Sydney NSW 2000

Emerging from a dramatic transformation, the newly redesigned hotel brings a new level of contemporary luxury to the edge of Sydney Harbour. With a coveted harbour front location between the world-famous Opera House and Sydney Harbour Bridge, guests experience an intimate, residential-style hotel with architecture, design and art that reflects the Australian landscape. Specially commissioned paintings and artwork by prominent Australian artists are on display, creating an art gallery of unique artefacts in all rooms and suites. Designed to celebrate the unique indoor-outdoor experience, floor-to-ceiling glass doors open onto private balconies that honour the

hotel's exclusive waterfront location. With seamless glass balustrades and natural timber flooring, balconies are furnished with custom designed outdoor furniture and include a plush daybed and sofa from which to enjoy the magnificent harbour views.

Day 2 - Sydney

Sensational Sydney Cruises, Sydney

Tea at Sea - Morning Cruise - Shared Cruise

Departs: Campbells Cove Pontoon, Circular Quay. This is a floating pontoon located between the Overseas Passenger Cruise Terminal and the Park Hyatt.

Inclusions: 2 hour cruise, tea, coffee, water, soft drink, selection of biscuits and danishes.

Begin your day with a Sensational Sydney cruise that visits the Harbour's stand out attractions. Take in the sights and delights with a small group of like-minded individuals whilst navigating the waterways of Sydney harbour. Your informative captain and crew will entertain you throughout your two hour morning cruise. Whilst at sea enjoy a refreshing morning tea, served with coffee, tea and juice.

Operates:

Months: Year Round
Days: Tue, Thu, Fri, Sun
Duration: 2 hours

Start: 10.00am Finish: 12.00pm

Does not operate on the following public holidays:

Christmas Day (25 Dec), Boxing Day (26 Dec), New Year's Day (01 Jan), Australia Day (26 Jan), Easter Holiday (31 Mar 2018)

Between 18 Dec 2017 and 07 Jan 2018 the scheduled Morning Tea Cruise will be available on a daily basis (except the above non operational dates)



Sydney Opera House, Sydney

Sydney Opera House Tour - Shared Tour

Departs: The Welcome Centre on the Lower Concourse Level, Sydney Opera House.

Inclusions: Guided Tour (English Language).

More than 60 years ago, Jorn Utzon designed what is now considered one of the greatest buildings of all time. But for Utzon, the Sydney Opera House story was no fairy tale. The Sydney Opera House Tour brings to life the saga behind the making of the world's most famous house. Using state-of-the-art audio visual technology, your

welcoming guide will take you on an emotional journey inside this modern masterpiece. This tour puts Jorn Utzon on centre stage and is a tribute to his creative genius. You will discover why Utzon was more than an architect: he was an architect of change. And how, against a landslide of political and public criticism, he created the youngest building ever world heritage listed. You'll be taken inside one of the working venues to experience the magic behind the world's most extraordinary opera, ballet, symphony and dramatic performances. The Tour brings the Sydney Opera House to life.

Important Information: The Sydney Opera House Tour includes up to 200 steps. Flat, enclosed rubber soled shoes must be worn. While on a tour, all bags larger than an A4 size will need to be cloaked (at the Opera House Guide's discretion). A complimentary, secure cloaking facility is located at the Cloak Room Desk on the Lower Concourse.

Operates:

Months: Year Round

Days: Daily
Duration: 1 hour

Departs: Between 9.00am and 4.30pm

Does not operate on the following days:

Christmas Day (25 Dec), New Years Eve (31 Dec), New Years Day (01 Jan) until 12pm, Good Friday (30 Mar 2018), Conference (04 Mar 2018)



BridgeClimb Sydney, Sydney

Early Twilight BridgeClimb - Shared Tour **Departs:** 3 Cumberland Street, The Rocks.

Inclusions: Climb Group Photograph, Certificate of Achievement & BridgeClimb Cap

The original climbing adventure of the bridge, takes Climbers on top of the bridge's structure for a 3 ½ hour experience of Sydney and its magnificent harbour. After embarking on your Climb in the afternoon, you will reach the summit as the sun begins to set. As you arrive on the western side of the Bridge the sun will have reached the horizon and evening will emerge.

Please note:

- Prior to climbing all climbers must pass an alcohol breath test with a blood alcohol reading below 0.05%. Any persons over the limit will not be allowed to climb.
- No cameras, mobile phones or other personal belongings can be taken on the climb. These can be stored at the BridgeClimb office.

Operates:

Months: Year Round

Days: Daily

Duration: 3 hours 30 minutes

Start: Times vary based on sunset.

Finish: Per duration

Does not operate on the following public holidays:

New Years Eve (31 Dec)

Restricted Operations on the following days:

Christmas Day (25 Dec), New Year Period (29 & 30 Dec, 01 Jan)



Day 3 - Sydney

AEA Luxury Tours, Sydney

Full Day Blue Mountains Deluxe Day - Shared Small Group Tour

Tour Code: A183

Inclusions: City hotel pickup and drop off, morning tea, two course lunch, national park fees.

Exclusions: Alcoholic beverages & Tea/Coffee with meals

Today's tour is a real journey into the heart of a unique World Heritage Region. Departing from the city you travel directly to the Blue Mountains and where the first stop of the day is at Euroka Clearing located deep in the National Park. Here there is abundant birdlife to be found and it's also home to wild kangaroos. There is time to wander at leisure to see if you can spot any of these beautiful native animals. Your guide will prepare a refreshing morning tea or coffee for you with some local delicacies.

From Euroka Clearing we continue to ascend the Blue Mountains via the highway. You will visit one of a range of stunning outlooks of the Jamison Valley seeing beautiful vistas. Where possible this will be away from the crowds of tours that visit the mountains each day, thus allowing you to enjoy a stress and hurry free environment taking in the views and information imparted by their guide.

Continuing on, arrive at Eaglehawk Lookout, a remote lookout point away from the crowds for views of the famous Three Sisters. Lunch today is at Hydro Majestic. The afternoon is spent visiting a selection of scenic lookouts. The view from Govett's Leap is one of the most famous lookouts in Australia. Here the magnificent waterfall drops 180 metres to the base of the cliff. The last stop is the delightful Mt Tomah Botanic Gardens where you will stop to enjoy the sweeping views across to Sydney and enjoy a glass of sparkling wine or orange juice before travelling down the Bells Line of Road to arrive back at your hotel.

Operates:

Months: Year Round

Days: Daily

Duration: 9 hours 30 minutes

Start: 7.00am

Finish: 4.30pm-5.00pm

Does not operate on the following public holidays:

Christmas Day (25 Dec), New Years Day (01 Jan)



Day 4 - Sydney to Melbourne

Royale Limousines, Sydney

City Hotel to Domestic Airport – Private Car/Driver Transfer

Depart Sydney

Arrive Melbourne

Your flight today is not included in your Southern World arrangements.

LimoCentral, Melbourne

Domestic Airport to Hotel – Private Car/Driver Transfer

There is a lot to love about **Melbourne** - just ask the locals. This sophisticated world city in the south-east corner of mainland Australia inspires a deep passion in those who live there. Ranked as one of the world's most liveable cities, Melbourne is famous for its vibrant energy, restaurants, fashion boutiques, café-filled laneways, cool bars, unbeatable galleries, spacious parks and village-like inner suburbs, each with its own special character. Melbourne is less than 200 years old and never sits still. Modern, cutting-edge designs add to the fascinating mix of heritage architecture and ensure the skyline is constantly changing.



Suggested Hotels

Sofitel Melbourne on Collins, Melbourne

Accommodation in a Classic King Room for 3 nights - Room Only 25 Collins Street, Melbourne VIC 3000

Ideally located at the 'Paris' end of prestigious Collins Street close to the city's premier dining, shopping and entertainment precincts. All of the hotel's rooms and suites start from level 36, ensuring the outlook over Melbourne through floor to ceiling windows is always breathtaking.

The Langham Melbourne, Melbourne

Accommodation in a Superior Room for 3 nights - Room Only 1 Southgate Ave, Southbank VIC 3006

Melbourne's most enviable location on the banks of the Yarra River, situated in Southbank amid alfresco cafes and restaurants, yet only a short stroll to Federation Square and the Botanic Gardens. With lavishly appointed rooms and suites, the hotel offers every facility the discerning guest could want, including a state-of-the-art fitness centre and spa.

Park Hyatt Melbourne, Melbourne

Accommodation in a Park King Room for 3 nights – Includes Full Breakfast 1 Parliament Square, off Parliament Place, Melbourne VIC 3006

Overlooking St. Patrick's Cathedral, Fitzroy Gardens and the cosmopolitan mix of Victorian and modern architecture of the central business district, the hotel retains the contemporary vibe of the city. Located in the heart of Melbourne's central business district it provides a warm ambience and exceptional levels of personalised service and amenities. Outstanding hotel facilities include rooms and suites, the award-winning Radii restaurant and Park Club Health and Day Spa featuring an indoor pool with Grecian mural. Easily accessible from Melbourne Airport which is only 25 kilometres away and conveniently located to most city attractions around the city centre.



Day 5 - Melbourne

Melbourne Private Tours, Melbourne

Yarra Valley Day Tour - Private Tour

Tour Code: LDT2

Inclusions: Private touring to the Yarra Valley, 2 course lunch with a beverage (beer, wine or soft drink), wine tasting at a few local boutique wineries tailored to your preferences, Healesville Wildlife Sanctuary (entry own expense), a private 'behind the scenes' barrel tasting with one of the regions most respected wine makers.

One of Australia's leading wine making areas the Yarra Valley is a short drive from Melbourne making it an ideal destination for a day trip. Enroute to the Yarra Valley you will travel through some beautiful rural countryside where you have the opportunity to see wild kangaroos in their natural habitat.

With a picturesque backdrop of the Yarra Ranges as well as renowned restaurants throughout the area, wine and food lovers alike revel in everything the Yarra Valley has to offer.

You will have the opportunity to sample wine from boutique wineries off the major highways and away from the potential crowds of the larger wineries and tour companies – fully tailored to the interests and passions of our guests.

A visit to Healesville Wildlife Sanctuary is a must as it is regarded as Australia's leading wildlife reserve. Healesville Sanctuary has over 200 species of Australian birds and animals.

Operates:

Months: Year Round

Days: Daily **Duration:** 8 hours



Day 6 - Melbourne

Hidden Secrets Tours, Melbourne

Morning Lanes and Arcades Tour Including Lunch - Shared Small Group Walking Tour

Tour Code: L&A

Departs: Federation Square outside the Time Out Cafe near the Visitors Centre (look for the yellow golf umbrella) on the corner of Flinders and Swanston Streets.

Inclusions: Morning coffee / tea, souvenir bag with map, local offers and lunch and a glass of wine.

Have you ever been to a city and wondered what all the fuss was about? Or wasted time trying to find that cool local cafe' you were told of, and ended up missing everything? Melbourne's arcades and laneways hide many of these answers. Join this indulgent morning walk through Melbourne's beautiful back streets, and get orientated in the life of the city that locals love. Discover local designers and specialty retailers, that often are only found in the city. Some of the quirkiest cafes, independent designers, street art, architecture, and historical tales are found in these walkways, there is something for everyone, locals and visitors alike. Morning tea is included before a restaurant lunch with a glass of wine. See over 30 stores on this casual stroll and return to those you like best in the afternoon: Make a day of it in Marvellous Melbourne.

Operates:

Months: Year Round

Days: Mon, Tue, Wed, Thu, Fri, Sat

Duration: 4 hours

Start: 10.00am Finish: 2.00pm

Does not operate on the following public holidays:

Easter (30 Mar 18-02 Apr 2018), Anzac Day (25 Apr), AFL Grand Final (TBC), Melbourne Cup Day (1st Tuesday in Nov), Christmas Day (25 Dec), Boxing Day (26 Dec), New Years Day (01 Jan), Australia Day (26 Jan), Labour Day (12 Mar 2018)



Day 7 – Melbourne to Cairns

LimoCentral, Melbourne

City Hotel to Airport - Private Car/Driver Transfer

Depart Melbourne

Arrive Cairns

Your flight today is not included in your Southern World arrangements.

Cairns Limousine Service, Cairns

Domestic Airport to Cairns City, Port Douglas or Mossman - Private Car/Driver Transfer

Suggested Hotels

Shangri-La Hotel The Marina, Cairns

Accommodation in a Superior Room (City/Pool/Garden View) for 3 nights - Room Only Pierpoint Road, Cairns QLD 4870

Nestled on the edge of Cairns magnificent waterfront, the hotel boasts elegantly appointed rooms and suites. All rooms feature contemporary interiors and panoramic views of Marlin Marina, Trinity Bay, the surrounding mountain ranges or the hotel's lush tropical gardens. The hotel's boardwalk offers an extensive array of innovative restaurants, cafes and bars overlooking the world class marina. Only a short stroll from the City Centre, Esplanade Lagoon, Reef Fleet Terminal and an integral part of the Pier Shopping Complex.

Peninsula Boutique Hotel, Port Douglas

Accommodation in a Pool View Suite for 3 nights - Includes Full Breakfast 9-13 The Esplanade, Port Douglas QLD 4877

This stunningly located beachside Port Douglas accommodation is a quiet peaceful oasis, a retreat for the discerning holiday maker looking for comfort and luxury with friendliness and personal service only a small property can provide and no traffic noise - just perfect for couples and singles looking for an adult haven.

Silky Oaks Lodge, Mossman

Accommodation in a Garden Treehouse for 3 nights - Includes Full Breakfast Finlayvale Road, Mossman QLD 4873

Surrounded by the lush beauty of the Daintree National Park and overlooking the Mossman River, the property blends the soothing qualities of the ancient rainforest with the stylish indulgences of a contemporary retreat. Enjoy the wonders of nature and the comfort of a private Treehouse, delight in fine food and relaxing spa treatments. Whilst the serenity of the Lodge may make the modern world feel far away, it's only a 20 minute drive to the town of Port Douglas.

Day 8 – Cairns

Adventure North Australia, Cairns

Full Day Daintree Dreaming Day Tour - Shared Small Group Tour

Tour Code: DREAM

Inclusions: Hotel pick up and drop off, interpretive rainforest walk, morning tea, lunch, 2 hour Coastal Walk with Kuku Yalanji Cultural Habitat Tours, Welcome to Country Ceremony.

You are in for a treat today with this memorable Aboriginal cultural experience. Travel to Cooya Beach (Kuyu Kuyu) just north of Port Douglas. This special place is a traditional fishing ground of the Kuku Yalanji people. Here you will join one of the Kubirri Warra brothers on their beach, mudflat and mangrove walks followed by an introduction to traditional fishing and gathering techniques with the aim of finding your own tucker (food). Visit Mossman Gorge where you will be welcomed with a traditional 'smoking' ceremony. This ceremony is conducted by Aboriginal people with specialised cultural knowledge and will protect you whilst visiting Kuku Yalanji country. Wander into the lush rainforest of the World Heritage Listed Daintree National Park — Mossman Gorge and experience one of the world's oldest and most beautiful rainforest. Enjoy an easy walk across boardwalks, tracks and bridges protecting the delicate eco system that adorns spectacular waterfalls and mountain ranges. Your guide will explain the rich flora, fauna and eco system of this amazing rainforest. Ensure you bring your swimmers so you can make the most of the beautiful private swimming hole that is encased in the rainforest. A delicious lunch will be served in the Mosman Gorge Centre at the edge of the rainforest.

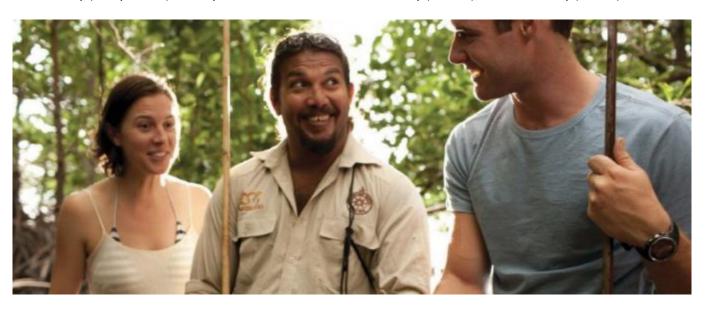
Operates:

Months: Year Round Days: Mon, Tue, Thu, Fri Duration: 11 hours

Start: 7.30am Finish: 6.30pm

Does not operate on the following public holidays:

Good Friday (02 Apr 2018),07 May 2018, 01 Oct 2018, Christmas Day (25 Dec), New Years Day (01 Jan)



Day 9 – Cairns

If staying in Cairns your reef cruise today is Reef Magic Cruises, Cairns

Full Day Marine World Great Barrier Reef (from Terminal) - Shared Cruise

Departs: Reef Fleet Terminal, 1 Spence Street, Cairns

Inclusions: Lunch, morning and afternoon tea, snorkelling equipment, lycrasuit or wetsuit, semi-submersible and glass bottom boat tours, underwater reef view observatory and EMC (Environmental Management Charge), jetty tax & administration fee.

Reef Magic Cruises has exclusive access to a stunning coral reef location selected for its superior water clarity, coral quality and overall diversity of marine life. Depart direct from Cairns on a fast, stable catamaran providing a

smoother ride and reduced travel time, leaving more of your day to experience the magic of the Great Barrier Reef. The all-weather Marine World platform caters for all activity levels. Snorkel in the sheltered coral lagoon, go scuba diving (no experience necessary) or join the Marine Biologist on a Guided Snorkel safari. Enjoy the reef from the semi-submersible reef viewer, glass bottom boat or underwater observatory.

Operates:

Months: Year Round

Days: Daily

Duration: 8 hours

Start: 9.00am Finish: 5.00pm

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Does not operate on the following public holidays:

Christmas Day (25 Dec)



If staying in Port Douglas your reef cruise today is Quicksilver Connections Ltd, Port Douglas

Full Day Outer Barrier Reef Cruise (from Hotel) - Shared Cruise

Inclusions: Hotel pick up and drop off from Port Douglas, morning and afternoon tea, lunch, snorkelling equipment, use of Lycra suit, coral viewing semi-submersible, underwater observatory, informative talk by a marine biologist and Government Environmental Management Charge (EMC).

You will be collected from your hotel by the Quicksilver Cruises coach and transferred to Port Douglas Marina.

Visit Agincourt Reef which is located at the very outer edge of the Great Barrier Reef. Here, special reefs known as ribbons run parallel to the Continental Shelf. Adjacent to the Coral Sea trench, these ribbon reefs are recognised as the most pristine eco-systems in the reef's environment. Clear water provides the best possible underwater visibility, encourages rich coral growth and supports spectacular marine life.

Upon arrival at Port Douglas Marina you will be transferred by coach to your accommodation.

Months: Year Round

Days: Daily

Duration: 6 hours 30 minutes

Start: 10.00am Finish: 4.30pm



Day 10 – Depart Cairns
Cairns Limousine Service, Cairns
Cairns City, Port Douglas or Mossman to Airport – Private Car/Driver Transfer

This is the end of your travel arrangements with Southern World Australia.



Operates: Daily

Subject to the operation of individual touring components. Certain tours may need to be alternated. All itinerary components are subject to change without notice. All inclusions are subject to availability at the time of booking.

Includes:

- Private Car/Driver transfer from Airport to Hotel in Sydney
- 3 nights accommodation room only or including breakfast in Sydney as specified
- Morning Sydney Harbour cruise including refreshment (small group shared cruise)
- Guided 60 minute Sydney Opera House tour (shared tour)
- Bridgeclimb Early Twilight climb on Sydney Harbour Bridge including group climb photograph, certificate of achievement and Bridgeclimb cap (shared tour)
- Private Car/Driver transfer from Hotel to Airport in Sydney
- Private Car/Driver transfer from Airport to Melbourne
- 3 nights accommodation room only or including breakfast in Melbourne as specified
- Full day private tour to Yarra Valley including 2 course lunch with a beverage (beer, wine or soft drink), wine tasting at a few local boutique wineries, a private 'behind the scenes' barrel tasting with one of the regions most respected wine makers.
- Half day Melbourne Lanes & Arcades walking tour (shared small group) includes morning refreshment, chocolate tastings, souvenir bag with map, 1 course lunch with glass of wine
- Private Car/Driver transfer from Hotel to Airport in Melbourne
- Private Car/Driver transfer from Cairns Airport to Cairns City, Port Douglas or Mossman
- 3 nights accommodation room only or including breakfast in Cairns, Port Douglas or Mossman as specified
- Full Day Daintree Dreaming Day Tour including interpretive rainforest walk, morning tea or afternoon tea, lunch, 2 hour Coastal Walk with Kuku Yalanji Cultural Habitat Tours, Welcome to Country Ceremony (shared small group)
- Full Day Great Barrier reef cruise from Cairns or Port Douglas (based on hotel location) including buffet lunch, snorkelling equipment (seat in coach/boat), semi-submersible ride, environmental management fee
- Private Car/Driver Transfer from respective hotel to Cairns Airport
- GST Goods and Service Tax
- Travel Wallet

Excludes:

- International or domestic airfares (unless specified above)
- Optional touring
- Meals other than specified above
- Beverages
- Gratuities/tips
- Items of a personal nature ie; laundry, telephone, etc
- Travel insurance

Travel Tips

From the Outback to the Reef, Australia is a land of great diversity. It offers stunning scenery, spectacular white sand beaches and a wide range of interesting and unique animals. Take a journey with us through this magnificent land.

Business Hours

General retail trading hours throughout Australia are Monday to Friday 9.00am – 5.00pm. Saturday is either 9.00am - 12 noon or through to 5.00pm. Sunday shopping is available in most city centres and suburban malls. Please check with your Hotel Concierge for local information on trading hours.

Currency

The Australian dollar is the basic unit, divided into 100 cents; coins are 5c, 10c, 20c, 50c, \$1, \$2 and notes are \$5, \$10, \$20, \$50 and \$100. Due to the discontinuation of 1c, 2c pieces, purchases made in Australia are subject to "rounding" of amounts either up or down. Most retailers have adopted the 'Swedish Rounding System' whereby prices ending in 1 to 4 cents will be rounded down and prices ending in 6 to 9 cents will be rounded up.

Banking/Travellers' Cheques

Banks open Monday-Friday (except public holidays), 9.30am-4.30pm. Automatic teller machines operate on a card/PIN number system. Cash can be withdrawn 24 hours a day. Use of EFTPOS (Electronic Funds Transfer at Point of Sale) is common. All international credit cards (American Express, Diners, VISA, and MasterCard) are accepted. Travellers' cheques may be changed at banks and hotels.

Goods & Services Tax (GST)

Goods and Services are taxed 10%. This tax is usually included in the advertised price.

Tipping Guidelines

In Australia tipping is generally not customary and is only exercised as a genuine thank you for receiving great service. There is no obligation to tip, although the practice is common within the restaurant and tourism transport industries.

Tips for good service:

- Restaurants, a tip of about 10% is generally sufficient for good service with 15% for exceptional service.
- Luggage Porters AU\$2.00 per piece.
- Coach drivers and guides receive for touring (not transfers) around the AU\$5.00 per person per day, however tips should not be given for average or below average service/driving or commentary.
- Private Drivers for transfers should be only tipped for excellent service (around AU\$10-20 total). The same applies for touring with a Driver/Guide, with tips for excellent service being anywhere from AU\$40-100 depending on the level of service.
- Small group touring should be only tipped for excellent service (around AU\$20 per person).

Electricity Supply

Australias electrical current is 220/240 volts accepting 3-pin plugs. An adaptor can be used but it is important to note that they do not convert voltage. Universal outlets for 240v or 110v shavers are usually found in leading hotels.

Emergencies

Dial 000 for police, fire or ambulance services.

Telephone Local Area Codes

Australia uses 8-digit local phone numbers preceded by a 2-digit STD area code.

02 Central east region (NSW) New South Wales, (ACT) Australian Capital Territory

03 South east region (VIC) Victoria and (TAS) Tasmania

04 Mobile telephones Australia-wide

07 North east region (QLD) Queensland

08 Central and west region (WA) Western Australia, (SA) South Australia and (NT) Northern Territory

For example, if you are calling Canberra in the ACT from interstate, first dial the STD area code 02, then dial the local phone number.

Health Services

Public and private health facilities have a high standard of treatment and care. Larger hotels often have a local doctor on call; otherwise, doctors and other medical services are listed in the front of the local telephone directory.

Pharmaceuticals and Medicines

These are available from chemists/pharmacies during normal shopping hours. Most cities have urgent dispensaries open outside these hours and your Hotel Concierge will have a list of these. Chemists also sell cosmetics, insect repellent and sun protections.

Climate

The southern parts of Australia have four distinct seasons, the opposite of those in the northern hemisphere. When it is winter in Europe and North America, it is summer in Australia. You will hardly see snow, apart from the mountainous regions in eastern Victoria and southern New South Wales. Australia's north is in the tropics which has two seasons, the dry and the wet; both have

high temperatures year round. The centre has a typical desert climate, hot days and cool nights, which can be very cold in winter.

Sun Protection

Due to Australia's high level of ultraviolet radiation it is highly advisable to wear sun protection such as sunglasses and/or a sun hat and to apply sunblock (SPF 30+) even when the day is overcast.

Water Supply

Tap (faucet) water is safe to drink. City water is chlorinated; most water is fluoridated. Water sourced from rivers and lakes should be boiled or treated before drinking.

Time Differences, Time Zones and Daylight Saving

Australia's East Coast is 10 hours ahead of GMT (Greenwich Mean Time) during the months of April to September (Standard Time) each year. With a land mass close to 7.7 million square kilometres, Australia is the world's sixth largest country and during Standard Time it is divided into three separate time zones.

Time Zones:

• Australian Eastern Standard Time (AEST)

Covers the eastern states of Queensland, New South Wales (with the exception of the town of Broken Hill), Victoria, Tasmania and the Australian Capital Territory.

AEST is equal to Coordinated Universal Time plus 10 hours (UTC +10).

Australian Central Standard Time (ACST)

Covers the state of South Australia, the town of Broken Hill in western New South Wales and the Northern Territory.

ACST is equal to Coordinated Universal Time plus 9.5 hours (UTC +9.5).

• Australian Western Standard Time (AWST)

Covers Western Australia.

AWST is equal to Coordinated Universal Time plus 8 hours (UTC +8).

Daylight Saving:

- Daylight Saving Time (DST) is the practice of advancing clocks one hour during the warmer months of the year. In Australia, Daylight saving is observed in New South Wales, Victoria, South Australia, Tasmania and the Australian Capital Territory.
- Daylight Saving Time begins at 2.00am on the first Sunday in October, when clocks are put forward one hour. It ends at 2.00am (which is 3.00am Daylight Saving Time) on the first Sunday in April, when clocks are put back one hour.
- Daylight saving is not observed in Queensland, the Northern Territory or Western Australia.