

PMS212 MEGASTORE

1,2 SHUBH SHANTI BUILDING, VEER SAVARKAR NAGAR, NR RAJIV GANDHI HIGH SCHOOL, PLAT FORM NO-1, NAVGAR, VASAI ROAD, , PALGHAR, THANE, MAHARASHTRA - 401202 INDIA Tel:9324254320 E-mail:clakhara514@gmail.com

Note: Not for Medico Legal Purpose Free Consultation.

HIN: 2022020914462214940002

Prescription No:

ID Proof: Clinic & Centre No: PMS212

DR PAWAN KUMAR - E103900 Visit Date: 09/02/2022 Doctor: Reg No:

Department: SWASTHYA RAKSHAN Annual No: Room No:

Mr. Gyan Kumar Singh 54 Sex: Male Patient Name: (Mr/Ms/Mrs.) Age:

Address: Geeta Kunj Haridwar Haridwar Uttarakhand Phone:6969696969

Mobile No.: E-mail: Landline No.: 6969696969

Landine No	09090909		WIODIIE NO			L-IIIaii .
						Follow-up Date: 13/02/2022
Patient Complaint:		1	SARVAKALPA KWATH	200	GM	Mix all the medicine and boil 1 tea spoons of the mixture in 400 ml of water until the resultant remains 100 ml, filter it and take it in the morning and evening on an empty stomach.
C/O H/O O/E No H/			KAYAKALPA KWATH	100	GM	
Diagnosis:						3 17
Karkatarbud / Cancer	cer	2	CYSTOGRIT	60	PC	Take 2 tab of medicine After meal with water / mil-
			NEUROGRIT GOLD	10	PC	k For 30 Days
		3	KAANCHNAAR GUGGULU	60	GM	Take 1 tablet from each, thrice in the morning, afternoon and evening, half-an-hour after meals with-lukewarm water.
			VRIDDHIVAADHIKA VATI	40	GM	
			AAROGYAVARDHINI VATI	40	GM	
		4	WHEAT GRASS JUICE	25	ML	Mix the above ingredients and drink it in the morning and evening on an empty stomach.
			GILOY JUICE	10	ML	
			GHRITAKUMARI SWARAS	20	ML	
			GODHAN ARK	10	ML	
			NEEM LEAVES	5	GM	
			TULSI PANCHANG JUICE	10	ML	
		5	ANU TAILA	100	ML	FOR NASYA TREATMENT
		6	CARROT SEED POWDER	50	GM	Take 4 tsp with milk / water / honey Before meal. For 30 Days
		7	AROGYAVARDHINI VATI	20	GM	Take 2 tab of medicine Before meal with water / mi-
			CORONIL TABLET	80	РС	lk For 30 Days

BHASTRIKA, ANULOM-VILOM, BAHYAPRANAYAAM, BHRAMRI, UJJAI, BHAHA Pranayam / Asanas:

PRANAYAM, PRANAV, SURYANAMSKAR, VRAJASAN

AVOID SPICY FOOD DRINK PLENTY OF WATER Diet:

Remarks: WALK DAILY HALF AN HOUR

Medical Test: MRI

CBC, ESR, BLOOD TEST, SUGAR TEST, ECG Lab Test:

PanchKarma Treatment: Yes Satkarma Treatment: Yes

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Treatment Details

1 PANCHAKARMA BASTI **BRUHMANA**

SHODHANA

2 SHATKARMA JAL NETI CARDAMOM + WATER +

MILK + CARDAMOM

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Department: SWASTHYA RAKSHAN Annual No: Room No:

Mr. Gyan Kumar Singh 55 Sex: Male Patient Name: (Mr/Ms/Mrs.) Age:

Address: Geeta Kunj Haridwar Haridwar Uttarakhand Phone:6969696969

Mobile No.: E-mail: 6969696969 Landline No.:

					Follow-up Date: 12/03/2022
Patient Complaint: C/O H/O O/E	1	KAYAKALPA KWATH	100	GM	Mix all the medicine and boil 1 tea spoons of the mixture in 400 ml of water until the resultant remains 100 ml, filter it and take it in the morning and evening on an empty stomach.
Diagnosis: Karkatarbud / Cancer,	2	CYSTOGRIT	60	PC	Take 2 tab of medicine After meal with water / mil-k For 30 Days
Rakta Gata Vata /	2	NEUROGRIT GOLD	10	PC	
Hypertension		ACIDOGRIT	60	PC	
		ACIDOGRIT	60	PC	
	3	KAANCHNAAR GUGGULU	60	GM	Take 1 tablet from each, thrice in the morning, af-
		VRIDDHIVAADHIKA VATI	40	GM	ternoon and evening, half-an-hour after meals with- lukewarm water.
	4	WHEAT GRASS JUICE	25	ML	Mix the above ingredients and drink it in the morning and evening on an empty stomach.
		GILOY JUICE	10	ML	
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		TULSI PANCHANG JUICE	10	ML	
	5	ANU TAILA	100	ML	FOR NASYA TREATMENT
	6	CARROT SEED POWDER	50	GM	Take 4 tsp with milk / water / honey Before meal. For 30 Days
	7	AROGYAVARDHINI VATI	20	GM	Take 2 tab of medicine Before meal with water / milk For 30 Days
		CORONIL TABLET	80	PC	

BHASTRIKA, ANULOM-VILOM, BAHYAPRANAYAAM, BHRAMRI, UJJAI, BHAHA Pranayam / Asanas:

PRANAYAM, PRANAV, SURYANAMSKAR, VRAJASAN

Diet: AVOID SPICY FOOD DRINK PLENTY OF WATER

Remarks: WALK DAILY HALF AN HOUR

Medical Test:

Lab Test: CBC, ESR, BLOOD TEST, SUGAR TEST, ECG

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> Yes PanchKarma Treatment: Satkarma Treatment: Yes

> > **Treatment Details**

BRUHMANA 1 PANCHAKARMA BASTI

SHODHANA

CARDAMOM + WATER + 2 SHATKARMA JAL NETI

SALT

MILK + CARDAMOM

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