

## DISCHARGE SUMMARY

Note : Not for medico legal purpose

Booking No: IPD2223000044372

Health Seeker: Mr. Karam Chand (828855186), M, 66 yrs

Doctor Name: Dr Chandrashekar S P, Dr Jyoti Arya

Result: Satisfactory

Consultation Date: 27-06-2022

MR No: 22060617144333

### Treatment Therapy

ATP, CFM+TP, COLD CIRCULAR JET, EN, JALNETI, RUBBER NETI, EYE WASH,, FULL BODY MUD BATH+ SNEHAN, HOT FOOT AND ARM BATH, JACCUZI, JALNETI, EYEWASH, RUBBER NETI, KNEE PACK, MUD COMPRESS, EYE PACK, NEUTRAL IMMERSION BATH WITH NEEM, NEUTRAL UNDER WATER MASSAGE WITH NEEM, POTLI TO KNEE JOINT

### Discharge Improvement

Disease Name	OutCome/Result	% In Improvement
B/L KNEES ARTHRALGIA	Significant Improvement	60-89
BLACK SPOTS ON THE SKIN	Mild Improvement	1-30
DIMINISHED VISION	Mild Improvement	1-30
DISTURBED SLEEP	Significant Improvement	60-89
FATIGUE	Mild Improvement	1-30
HAIRFALL	Mild Improvement	1-30
IMBALANCE ON/OFF	Modearate Improvement	31-59
OLIGURIA	Significant Improvement	60-89
SANDHIGATA VATA/OSTEOARTHRITIS	Modearate Improvement	31-59
THROMBOCYTOPENIA	Mild Improvement	1-30

### Vital Data

Date	BP	Pulse Rate	Respiration	Temperature	Height	Weight	FBS	PPBS	RBS
27-06-2022	120/70	68	18		167	66			

### Suggested Treatment

Treatment Name	Duration
HIP BATH (कटि स्नान)	20 Minutes
HOT FOOT BATH (गरम पाद स्नान)	20 Minutes
KNEE PACK (घुटनो की लपेट)	40 Minutes
ABDOMINAL THERMAL PACK (पेट की लपेट)	40 Minutes

### Suggested Yoga

Yoga Name	Duration
(PRANAYAM) BHASTRIKA	20 Minutes
(PRANAYAM) KAPALBHATI	20 Minutes
(PRANAYAM) ANULOM-VILOM	20 Minutes
(PRANAYAM) BHRAMRI	30 Minutes
(ASANA) YOG-NIDRA	20 Minutes
(MEDITATION) OM KA DHYAN	30 Minutes
(ASANA) YOGIC JOGGING	20 Minutes

### Prescribed Medicine

Name	Qty	MOA
(1) DIVYA PEEDANIL GOLD TABLET 12 GM	1	Take 2 Tablet/ * Capsule Of Medicine, 30 Minutes Before Breakfast/Lunch/Dinner With Lukewarm Water/Milk For 30 Days
(2) DIVYA ORTHOGRIT TABLET 60 N 41 GM	1	Take 2 Tablet/ 2 Capsule Of Medicine, 30 Minutes After Breakfast/Lunch/Dinner With Lukewarm Water/Milk For 30 Days
(3) PAT NUTRELA ORG OMEGA 3679	1	Take 1 Tablet/ 1 Capsule Of Medicine, 30 Minutes After Breakfast/Lunch/Dinner With Lukewarm Water/Milk For 30 Days

### Emergency Contact Details

- (1) 7456004595, 7456004596, 8954890261 EMAIL: ONLINEYOGGRAM@DIVYAYOGA.COM FOR ANY KIND DISEASES

**Patanjali Yogpeeth Haridwar**

Delhi-Haridwar National Highway Near Bahadrad, Delhi-Haridwar National Highway, Near Bahadrad,  
Haridwar, Uttarakhand, India - 249405

Phone : 8954890210

Email : patanjaliyogpeeth@patanjaliwellness.com

**Health Seeker Information:**

Name: Karam Chand

MR No: 22060617144333

Email: ektakaushal.online@gmail.com

Mobile: 8288855186

**Booking Information:**

Booking No: IPD2223000044372

Booking Date: 27-06-2022

Admission Date: 27-06-2022

Discharge Date: 04-07-2022

Date	Invoice No	Fee Head	HSN Code	QTY	Price	Dis%	Dis Amt	GST %	GST Amt	Total Amt
27-06-2022	TI6553ZZZ2223	Standard Single		7	6,000.0	0.0	0.0	0	0.0	42,000.0

**Grand Total** ₹ 42,000.0

**Bill Wise Dis Amount (0.0 %):** ₹ 0.0

**Net Amount** ₹ 42,000.0

Authorized Signature

**Payment Mode**

Bank Transfer

Amount

42000

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