













(A Subsidiary Unit of Patanjali Yogpeeth Trust)

(I.P.D.)

PATIENT PAIN ASSESSMENT CHART

COMPARATIVE PAIN SCALE CHART (Pain Assessment Tool)

147352.

										
0 Pain Free	1 Very Mild	2 Discomforting	3 Tolerable	4 Distressing	5 Very Distressing	6 Intense	7 Very Intense	8 Utterly Horrible	9 Excruciating Unbearable	10 Unimaginable Unspeakable
No Pain	Minor Pain			Moderate Pain			Severe Pain			
Feeling perfectly normal	Nagging, annoying, but doesn't interfere with most daily living activities. Patient able to adapt to pain psychologically and with medication or devices such as cushions.			Interferes significantly with daily living activities, requires lifestyle changes but patient remains independent. Patient unable to adapt pain.			Disabling unable to perform daily living activities. Unable to engage in normal activities. Patient is disabled and unable to function independently.			
9/2/20	on Consultation Patient was having Very Intense Pain.									
10/2/20	2nd Day of treatment he was having the same Pain.									
11/2/20	3rd Day of treatment the Pain Reduced to Intense.									
12/2/20	4th Day the Pain was Distressing.									
13/2/20	5th day the Pain was Intense.									
14/2/20	6th Day of treatment the Pain was tolerable.									
15/2/20 7th Day the Pain was same tolerable. 12:00										
Signed  09/2										