



Patanjali Chikitsalaya

PMS057 MEGASTORE

SHOP NO. - 7,8,9, PLOT NO. - 11, GOLF CITY, SECTOR - 75, , NOIDA, GAUTAM BUDDH NAGAR, UTTAR PRADESH - 201304 INDIA

Tel:01204233308/8505873933 E-mail:neelkanthayurvedha@gmail.com

Free Consultation.

Note: Not for Medico Legal Purpose

HIN: 2019051712590216971485

Prescription No: 1

Clinic & Centre No: PMS297

ID Proof:

Reg No:

Doctor :

DR KAUSHAL SINGH TOMER - MS5711

Visit Date: 17/05/2019

Department:

KAYACHIKITSA

Annual No:

Room No:

Patient Name: (Mr/Ms/Mrs.)

Mrs. Reena Verma

Age:

25

Sex:

Female

Address:

Sector 119 Noida Noida Uttar Pradesh 201301 Phone:9560633312

Landline No. :

9560633312

Mobile No. :

9560633312

E-mail :

Follow-up Date: 16/06/2019

Patient Complaint:

Hormonal Changes With
Uneasiness Since 6 Month

Diagnosis:

Anartava/Primary
Amenorrhoea/Second
Amenorrhoea

1	SHILA SINDOOR	2	GM	
	GILOY SAT	10	GM	
	PRAVAL PISHTI	10	GM	
	MUKTA PISHTI	4	GM	
	KAHARVA PISHTI	5	GM	Mix all the powder together and make 60 parts. Take one part in morning and one in evening, an hour before meal (with honey / milk cream / water). For- 30 Days
	TAMRA BHASMA	1	GM	
	VRIDDHIVADHIKA VATI	20	GM	
	PUNARNAVADI MANDOOR	20	GM	
	SWARN BASANTMALTI RAS	1	GM	

Notes: Crush the tablet and mix it .

2	STRI RASAYAN VATI	60	GM	Take 1 tab of medicine After meal with water / milk For 30 Days
	CHANDRAPRABHA VATI	40	GM	
3	DASHMULARISHTA	450	ML	Take 3 tsp of medicine with equal amount of water twice a day after meals. For 30 Days

Pranayam / Asanas: BHASTRIKA, KAPALBHATI, ANULOM-VILOM, BAHYAPRANAYAAM, BHRAMRI, UDGITH, UJJAI



Patanjali Chikitsalaya

PMS057 MEGASTORE

SHOP NO. - 7,8,9, PLOT NO. - 11, GOLF CITY, SECTOR - 75, , NOIDA, GAUTAM BUDDH NAGAR, UTTAR PRADESH - 201304 INDIA

Tel:01204233308/8505873933 E-mail:neelkanthayurvedha@gmail.com

Free Consultation.

Note: Not for Medico Legal Purpose

HIN: 2019051712590216971485

Prescription No: 1

Clinic & Centre No: PMS297

ID Proof:

Reg No:

Doctor :

DR KAUSHAL SINGH TOMER - MS5711

Visit Date: 26/08/2019

Department:

KAYACHIKITSA

Annual No:

Room No:

Patient Name: (Mr/Ms/Mrs.)

Mrs. Reena Verma

Age:

25

Sex:

Female

Address:

Sector 119 Noida Noida Uttar Pradesh 201301 Phone:9560633312

Landline No. :

9560633312

Mobile No. :

9560633312

E-mail :

Follow-up Date: 25/09/2019

Patient Complaint:

Hormonal Changes With
Uneasiness Since 6 Month

Diagnosis:

Anartava/Primary
Amenorrhoea/Second
Amenorrhoea

1	SHILA SINDOOR	2	GM	
	GILOY SAT	10	GM	
	PRAVAL PISHTI	10	GM	
	MUKTA PISHTI	4	GM	
	KAHARVA PISHTI	5	GM	Mix all the powder together and make 60 parts. Take one part in morning and one in evening, an hour before meal (with honey / milk cream / water). For-
	TAMRA BHASMA	1	GM	30 Days
	VRIDDHIVADHIKA VATI	20	GM	
	PUNARNAVADI MANDOOR	20	GM	
	SWARN BASANTMALTI RAS	1	GM	

Notes: Crush the tablet and mix it .

2	STRI RASAYAN VATI	60	GM	Take 1 tab of medicine After meal with water / milk For 30 Days
	CHANDRAPRABHA VATI	40	GM	
3	DASHMULARISHTA	450	ML	Take 3 tsp of medicine with equal amount of water twice a day after meals. For 30 Days

Pranayam / Asanas: BHASTRIKA, KAPALBHATI, ANULOM-VILOM, BAHYAPRANAYAAM, BHRAMRI, UDGITH, UJJAI



Patanjali Chikitsalaya

PMS057 MEGASTORE

SHOP NO. - 7,8,9, PLOT NO. - 11, GOLF CITY, SECTOR - 75, , NOIDA, GAUTAM BUDDH NAGAR, UTTAR PRADESH - 201304 INDIA

Tel:01204233308/8505873933 E-mail:neelkanthayurvedha@gmail.com

Free Consultation.

Note: Not for Medico Legal Purpose

HIN: 2019051712590216971485

Prescription No: 1

Clinic & Centre No: PMS057

ID Proof:

Reg No:

Doctor :

DR NARENDRA SINGH - MS6355

Visit Date: 21/12/2020

Department:

KAYACHIKITSA

Annual No:

Room No:

Patient Name: (Mr/Ms/Mrs.)

Mrs. Reena Verma

Age:

26

Sex:

Female

Address:

Sector 119 Noida Noida Uttar Pradesh 201301 Phone:9560633312

Landline No. :

9560633312

Mobile No. :

9560633312

E-mail :

Follow-up Date: 20/01/2021

Patient Complaint:

C/O-Painful Menstrual
Cycle-3 Months,Insomnia-6
Months No
H/O-Htn,Cad,Dm Or Any
Other Medical/Surgical
History

1	STRI RASAYAN VATI	20	GM	Take 2 tablets each with lukewarm water in the morning and evening after meal
	CHANDRAPRABHA VATI	40	GM	
	MEDHA VATI	120	PC	
2	RAJ PRAVARTINI VATI	20	GM	Take 1 tablet with lukewarm water in the morning and evening after meal
3	ASHOKARISHTA	450	ML	Mix 6 spoon of medicine in an equal amount of water and take it in morning and evening after meal.
	DASHMULARISHTA	450	ML	
	SARSVATARISTH	450	ML	
4	SHATAVAR CHURNA	100	GM	Take 1/2 tsp twice a day with lukewarm water/honey after meal
	PUSHYANUG CHURNA	100	GM	

Diagnosis:

Rogi Avlokan Hetu/Patient
Under Observation

Pranayam / Asanas: BHASTRIKA, KAPALBHATI, ANULOM-VILOM, BAHYAPRANAYAAM, BHRAMRI, UDGITH, UJJAI



Patanjali Chikitsalaya

PMS057 MEGASTORE

SHOP NO. - 7,8,9, PLOT NO. - 11, GOLF CITY, SECTOR - 75, , NOIDA, GAUTAM BUDDH NAGAR, UTTAR PRADESH - 201304 INDIA

Tel:01204233308/8505873933 E-mail:neelkanthayurvedha@gmail.com

Free Consultation.

Note: Not for Medico Legal Purpose

HIN: 2019051712590216971485

Prescription No: 1

Clinic & Centre No: PMS057

ID Proof:

Reg No:

Doctor :

DR NARENDRA SINGH - MS6355

Visit Date: 12/01/2021

Department:

KAYACHIKITSA

Annual No:

Room No:

Patient Name: (Mr/Ms/Mrs.)

Mrs. Reena Verma

Age:

26

Sex:

Female

Address:

Sector 119 Noida Noida Uttar Pradesh 201301 Phone:9560633312

Landline No. :

9560633312

Mobile No. :

9560633312

E-mail :

Follow-up Date: 11/02/2021

Patient Complaint:

C/O-Painful Menstrual
Cycle-4 Months,Insomnia-6
Months No
H/O-Htn,Cad,Dm Or Any
Other Medical/Surgical
History

Diagnosis:

Rogi Avlokan Hetu/Patient
Under Observation

1	DALCHINI CHURNA	100	GM	Take 1 tsp once a day with lukewarm wate/honey before meal
	SHUNTHI CHURNA	100	GM	

2	GILOY SAT	10	GM	Mix all the powder together and make 60 parts. Take one part in morning and one in evening, an hour before meal (with honey / milk cream / water). For- 30 Days
	PRAVAL PISHTI	10	GM	
	MUKTA PISHTI	4	GM	
	SHILA SINDOOR	3	GM	
	TAMRA BHASMA	1	GM	
	VRIDDHIVADHIKA VATI	20	GM	
	PUNARNAVADI MANDOOD	20	GM	

Notes: Crush the tablet and mix it .

3	KANCHNAR GUGGUL	40	GM	Take 1 tablets each with lukewarm water in the morning afternoon and evening after meal
	STRI RASAYAN VATI	20	GM	
	RAJ PRAVARTINI VATI	20	GM	

4	DASHMULARISHTA	450	ML	Mix 6 spoon of medicine in an equal amount of water and take it in morning and evening after meal.
	ASHOKARISHTA	450	ML	

5	SHATAVAR CHURNA	100	GM	Take 1/2 tsp twice a day with lukewarm wate/honey after meal
	PUSHYANUG CHURNA	100	GM	

Pranayam / Asanas: BHASTRIKA, KAPALBHATI, ANULOM-VILOM, BHRAMRI, UDGITH, UJJAI



Patanjali Chikitsalaya

PMS057 MEGASTORE

SHOP NO. - 7,8,9, PLOT NO. - 11, GOLF CITY, SECTOR - 75, , NOIDA, GAUTAM BUDDH NAGAR, UTTAR PRADESH - 201304 INDIA

Tel:01204233308/8505873933 E-mail:neelkanthayurvedha@gmail.com

Free Consultation.

Note: Not for Medico Legal Purpose

HIN: 2019051712590216971485

Prescription No: 1

Clinic & Centre No: PMS057

ID Proof:

Reg No:

Doctor :

DR NARENDRA SINGH - MS6355

Visit Date: 14/02/2021

Department:

KAYACHIKITSA

Annual No:

Room No:

Patient Name: (Mr/Ms/Mrs.)

Mrs. Reena Verma

Age:

27

Sex:

Female

Address:

Sector 119 Noida Noida Uttar Pradesh 201301 Phone:9560633312

Landline No. :

9560633312

Mobile No. :

9560633312

E-mail :

Follow-up Date: 16/03/2021

Patient Complaint:

C/O-Painful Menstrual
Cycle-4 Months,Insomnia-6
Months No
H/O-Htn,Cad,Dm Or Any
Other Medical/Surgical
History

Diagnosis:

Rogi Avlokan Hetu/Patient
Under Observation

1	DALCHINI CHURNA	100	GM	Take 1 spoon medicine in 400 ml of water and boil till it reduces to 100 ml. Filter and drink on an empty stomach in the morning and evening.
	SARVAKALP KWATH	100	GM	
	KAYAKALP KWATH	100	GM	
2	GILOY SAT	10	GM	Mix all the powder together and make 60 parts. Take one part in morning and one in evening, an hour before meal (with honey / milk cream / water). For- 30 Days
	PRAVAL PISHTI	10	GM	
	MUKTA PISHTI	4	GM	
	SHILA SINDOOR	3	GM	
	TAMRA BHASMA	1	GM	
	KAHARVA PISHTI	5	GM	
	TRIKUTA CHURNA	20	GM	
	SWARN BASANTMALTI RAS	1	GM	
	VRIDDHIVADHIKA VATI	20	GM	
	PUNARNAVADI MANDOOR	20	GM	
Notes: Crush the tablet and mix it .				
3	KANCHNAR GUGGUL	40	GM	Take 1 tablets each with lukewarm water in the morning afternoon and evening after meal
	STRI RASAYAN VATI	20	GM	
	RAJ PRAVARTINI VATI	20	GM	
	MEDOHAR VATI	50	GM	
4	DASHMULARISHTA	450	ML	Mix 6 spoon of medicine in an equal amount of water and take it in morning and evening after meal.
	ASHOKARISHTA	450	ML	
5	SHATAVAR CHURNA	100	GM	Take 1/2 tsp once a day with lukewarm wate/honey after meal
	PUSHYANUG CHURNA	100	GM	

Pranayam / Asanas: BHASTRIKA, KAPALBHATI, ANULOM-VILOM, BHRAMRI, UDGITH, UJJAI



Patanjali Chikitsalaya

PMS057 MEGASTORE

SHOP NO. - 7,8,9, PLOT NO. - 11, GOLF CITY, SECTOR - 75, , NOIDA, GAUTAM BUDDH NAGAR, UTTAR PRADESH - 201304 INDIA

Tel:01204233308/8505873933 E-mail:neelkanthayurvedha@gmail.com

Free Consultation.

Note: Not for Medico Legal Purpose

HIN: 2019051712590216971485

Prescription No: 1

Clinic & Centre No: PMS057

ID Proof:

Reg No:

Doctor :

DR NARENDRA SINGH - MS6355

Visit Date: 06/07/2021

Department:

KAYACHIKITSA

Annual No:

Room No:

Patient Name: (Mr/Ms/Mrs.)

Mrs. Reena Verma

Age:

27

Sex:

Female

Address:

Sector 119 Noida Noida Uttar Pradesh 201301 Phone:9560633312

Landline No. :

9560633312

Mobile No. :

9560633312

E-mail :

Follow-up Date: 05/08/2021

Patient Complaint:

C/O-Painful Menstrual
Cycle-4 Months,Insomnia-6
Months No
H/O-Htn,Cad,Dm Or Any
Other Medical/Surgical
History

1	DALCHINI CHURNA	100	GM
	SARVAKALP KWATH	100	GM
	KAYAKALP KWATH	100	GM

Take 1 spoon medicine in 400 ml of water and boil
till it reduces to 100 ml. Filter and drink on an
empty stomach in the morning and evening.

2	KANCHNAR GUGGUL	40	GM
	STRI RASAYAN VATI	20	GM
	MEDOHAR VATI	50	GM

Take 1 tablets each with lukewarm water in the mor-
ning afternoon and evening after meal

Diagnosis:

Rogi Avlokan Hetu/Patient
Under Observation

3	DASHMULARISHTA	450	ML
	ASHOKARISHTA	450	ML

Mix 6 spoon of medicine in an equal amount of wate-
r and take it in morning and evening after meal.

4	SHATAVAR CHURNA	100	GM
	PUSHYANUG CHURNA	100	GM

Take 1/2 tsp once a day with lukewarm wate/honey a-
fter meal

Pranayam / Asanas: BHASTRIKA, KAPALBHATI, ANULOM-VILOM, BHRAMRI, UDGITH, UJJAI



Patanjali Chikitsalaya

PMS057 MEGASTORE

SHOP NO. - 7,8,9, PLOT NO. - 11, GOLF CITY, SECTOR - 75, , NOIDA, GAUTAM BUDDH NAGAR, UTTAR PRADESH - 201304 INDIA

Tel:01204233308/8505873933 E-mail:neelkanthayurvedha@gmail.com

Free Consultation.

Note: Not for Medico Legal Purpose

HIN: 2019051712590216971485

Prescription No: 1

Clinic & Centre No: PMS057

ID Proof:

Reg No:

Doctor : DR PAWAN KUMAR - E103900

Visit Date: 01/12/2021

Department: SWASTHYA RAKSHAN

Annual No:

Room No:

Patient Name: (Mr/Ms/Mrs.) Mrs. Reena Verma

Age: 27 Sex: Female

Address: Sector 119 Noida Noida Uttar Pradesh 201301 Phone:9560633312

Landline No. : 9560633312

Mobile No. : 9560633312

E-mail :

Follow-up Date: 31/12/2021

Patient Complaint:

C/O-Painful Menstrual
Cycle-4 Months,Insomnia-6
Months No
H/O-Htn,Cad,Dm Or Any
Other Medical/Surgical
History Fever Since 5 Days

Diagnosis:

Rogi Avlokan Hetu/Patient
Under Observation, Jwara /
Fever

1	DALCHINI CHURNA	100	GM	Take 1 spoon medicine in 400 ml of water and boil till it reduces to 100 ml. Filter and drink on an empty stomach in the morning and evening.
	SARVAKALP KWATH	100	GM	
	KAYAKALP KWATH	100	GM	
2	KANCHNAR GUGGUL	40	GM	Take 1 tablets each with lukewarm water in the morning afternoon and evening after meal
	STRI RASAYAN VATI	20	GM	
	MEDOHAR VATI	50	GM	
3	ASHOKARISHTA	450	ML	Mix 6 spoon of medicine in an equal amount of water and take it in morning and evening after meal.
4	PUSHYANUG CHURNA	100	GM	Take 1/2 tsp once a day with lukewarm water/honey after meal
5	GILOY GHAN VATI	40	GM	Take 2 tab of medicine Before meal with water / milk For 30 Days

Pranayam / Asanas: BHASTRIKA, ANULOM-VILOM, BHRAMRI, UDGITH, UJJAI

Lab Test: RA FACTOR