



Patanjali Yogpeeth Phase-II (PWC001)

Panchayanpur, Haridwar, Uttarakhand, India - 249405

Phone : 9557973243, Email : shubhamshrivastavaom@gmail.com

Timing : 10 AM to 05 PMS Daily

Note : Not for medico legal purpose

Booking No: IPD2223000000196

Patient: Mrs. sagarika sagarika, Female, 22 yrs

Doctor Name: annaji ,narayan ji ji

Consultation Date: 27-04-2022

MR No: 22021114224296

Main Complaints :

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Discharge Improvement

Disease Name	OutCome/Result	% in Improvement
45% LVEF	Mild Improvement	1-30

Vital Data

Capture Date	BP	Pulse Rate	Respiration	Temperature	Height	Weight	FBS	PPBS	RBS
27-04-2022	100/100								
27-04-2022	100/100	75							

Prescribed Treatment

Category	Name	Days	Remarks
PANCHKARMA	ABHYANG	0	
	ADHO MASH PIND SWEDAN	0	
	ADHO PARISHEK (KWATH)	0	
	ACUPRESSURE	0	

Prescribed Medicine

Name	Qty	Prescribed Medicine	MOA
(1) DIVYA ACIDOGKIT TABLET 60 N 34 GM	1	Take And Boil 2 Teaspoon Of Kwath Drug Into 400 MI Of Water, When It Reduce To 100 MI Then Strain It And Take Empty Stomach In The Morning And Evening, 1 Hour After Meal, For 30 Days.	
DIVYA CHIRAYTA KWATH 100 GM	1		
(2) ASHWAGANDA VATI 60TAB	1	Take 2 Tablet/ 2 Capsule Of Medicine, 30 Minutes Before Breakfast/Lunch/Dinner With Lukewarm Water/Milk For 30 Days	
DIVYA AROGYAVARDHINI VATI 40 GM	1		

Diet :

Medicated Food : MUKHYA AHAAR/ MAIN DIET - ADRA DRAKSHA / LAUKI / ALOEVIRA KALP, PHAL/FRUIT - ANAAR,PAPITA,APPLE,GRAPES,TARBOOJ

Medicated Water : ARJUN + DAALCHINI + CHOTI ELAICHI + TULSI + LEMON GRASS YUKT, Giloy

Pathya : ANAR, ANGOOR, ANKURIT ANAAJ, ARHAR DAAL, BAJRA, DALIYA

Apathya : AACHAR/ PICKLES, ALOO, BURGUR , CAKE, CANDIES

Diet Remarks : dbbfsfnbfnfsn

Pranayam / Asanas : BHASTRIKA, ANULOM-VILOM, BHRAMRI, BAHYAPRANAYAAM, BHUJANGASANA

NOTE : This is computer generated receipt and does not require physical signature.