4/15/22, 12:59 PM Patanjali Wellness



Yog Gram (PWC019)

Aurangabad, Haridwar, Haridwar, Uttarakhand, India - 249402 Phone: 9557973243, Email: shubhamshrivastavaom@gmail.com

Timing: 10 AM to 5 PM Daily

Note: Not for medico legal purpose

Booking No: IPD2223000000092 MR No: 22041509132612 Patient: Mrs. hms patient Address: hhjhjhjh, ffff, India

Doctor Name: geeta rani (Ayurveda), situ s (Ayurveda), DR PRAVEEN JINDAL

(Ayurveda

Consultation Date: 15-04-2022
Age: 23 yrs 3 month 14 day
Gender: Female
Mobile: 9557973243

Main Complaints:

H/O CHIKUNGUNYA IN OCTOBER
2017
C/O PAIN IN B/L KNEE JOINT, WRIST
JOINT, FINGERS SINCE OCTOBER
2017
RA FACTOR, ANA REPORTS ARE
NORMAL
ESR-80
APP-N
SLEEP-N

Diagnosis:

ADHIMANTH / GLAUCOMA, ALJI/BOILS

Prescribed Pathology Test:

BOWELS-CONSTIPATION

Blood Test

Prescribed Radiology Test:

Chest X Ray

Remarks:

Rem1 Remn2

Rem

	Prescribed Medicine					
	Presc. Date	Name	Qty	MOA		
(1)	15-04-2022	ASHWAGANDA VATI 60TAB DIVYA AROGYAVARDHINI VATI 40 GM	1	Take 3 Tablet/ 3 Capsule Of Medicine, 30 Minutes After Breakfast/Lunch/Dinner With Lukewarm Water/Milk For 30 Days		
(2)	15-04-2022	ARJUNARISHTH 450 ML	1	Take 4 Tea Spoon Of Medicine With An Equal Amount Of Water After 15 Minutes Of Lunch And Dinner, For 30 Days		

IPD Treatment

Presc. Date	Time Period	Name	Remarks
15-04-2022	04:00 - 08:00	3 IN 1	Naturopathy Treatment
16-04-2022	04:00 - 08:00	3 IN 1	Naturopathy Treatment
17-04-2022	04:00 - 08:00	3 IN 1	Naturopathy Treatment
18-04-2022	04:00 - 08:00	3 IN 1	Naturopathy Treatment
15-04-2022	04:00 - 08:00	ABHYANG	Panchkarma Therapy
16-04-2022	04:00 - 08:00	ABHYANG	Panchkarma Therapy
17-04-2022	04:00 - 08:00	ABHYANG	Panchkarma Therapy
18-04-2022	04:00 - 08:00	ABHYANG	Panchkarma Therapy
15-04-2022	04:00 - 08:00	ACCUPRESSURE SINGLE SEATING	Follow The Treatment
16-04-2022	04:00 - 08:00	ACCUPRESSURE SINGLE SEATING	Follow The Treatment
17-04-2022	04:00 - 08:00	ACCUPRESSURE SINGLE SEATING	Follow The Treatment
18-04-2022	04:00 - 08:00	ACCUPRESSURE SINGLE SEATING	Follow The Treatment
15-04-2022	12:00 - 18:00	AGNIKARAMA	
16-04-2022	12:00 - 18:00	AGNIKARAMA	
17-04-2022	12:00 - 18:00	AGNIKARAMA	
18-04-2022	12:00 - 18:00	AGNIKARAMA	
15-04-2022	08:00 - 12:00	CASTOR OIL	
16-04-2022	08:00 - 12:00	CASTOR OIL	
17-04-2022	08:00 - 12:00	CASTOR OIL	
18-04-2022	08:00 - 12:00	CASTOR OIL	
15-04-2022	04:00 - 08:00	CHARMESHTI	
16-04-2022	04:00 - 08:00	CHARMESHTI	
17-04-2022	04:00 - 08:00	CHARMESHTI	
18-04-2022	04:00 - 08:00	CHARMESHTI	

IPD Diet

Presc. Date	Time Period	Name	Frequency	Remarks
		MUKHYA AHAAR/		
15-04-2022	04:00 - 07:00	MAIN DIET - ADRA	1	
13 04 2022	04.00 - 07.00	DRAKSHA / LAUKI /	'	
		ALOEVIRA KALP		
		MUKHYA AHAAR/		
10.04.0000	04.00 07.00	MAIN DIET - ADRA	4	
16-04-2022	04:00 - 07:00	DRAKSHA / LAUKI /	I	
		ALOEVIRA KALP		
		MUKHYA AHAAR/		
47.04.0000	0400 0700	MAIN DIET - ADRA		
17-04-2022	04:00 - 07:00	DRAKSHA / LAUKI /	1	
		ALOEVIRA KALP		
		MUKHYA AHAAR/		
		MAIN DIET - ADRA		
18-04-2022	04:00 - 07:00	DRAKSHA / LAUKI /	1	
		ALOEVIRA KALP		
		VAIKALPIK AHAAR/		
15-04-2022	07:00 - 11:00	ALTERNATE DIET -	1	
10 07 2022	37.00 11.00	TAMATAR SOOP	•	
		MINIAIAIN JOOF		

NOTE: This is computer generated receipt and does not require physical signature.

4/15/22, 12:59 PM Patanjali Wellness

IPD Yoga

Presc. Date	Time Period	Name	Repeatation	Duration	Remarks
15-04-2022	04:00 - 07:00	AGNIKSHAR KRIYA	5	10	
16-04-2022	04:00 - 07:00	AGNIKSHAR KRIYA	5	10	
17-04-2022	04:00 - 07:00	AGNIKSHAR KRIYA	5	10	
18-04-2022	04:00 - 07:00	AGNIKSHAR KRIYA	5	10	
15-04-2022	04:00 - 07:00	ANULOM-VILOM	10	20	
16-04-2022	04:00 - 07:00	ANULOM-VILOM	10	20	
17-04-2022	04:00 - 07:00	ANULOM-VILOM	10	20	
18-04-2022	04:00 - 07:00	ANULOM-VILOM	10	20	
15-04-2022	07:00 - 11:00	PADVRITASAN	5	15	
16-04-2022	07:00 - 11:00	PADVRITASAN	5	15	
17-04-2022	07:00 - 11:00	PADVRITASAN	5	15	
18-04-2022	07:00 - 11:00	PADVRITASAN	5	15	
15-04-2022	07:00 - 11:00	PASHCHIMOUTTANASAN	7	10	
16-04-2022	07:00 - 11:00	PASHCHIMOUTTANASAN	7	10	
17-04-2022	07:00 - 11:00	PASHCHIMOUTTANASAN	7	10	
18-04-2022	07:00 - 11:00	PASHCHIMOUTTANASAN	7	10	