**Q1) What is needed for the language development?**

a) Motivation

b) Pressure

c) Need

d) Friends

Correct Answer: Option (a)

Explanation:- Motivation is the reasons for acting or behaving in a particular way for doing something

Difficulty Level: Easy

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**Q2) Which of these triggers the beginning of puberty?**

a) Hormones

b) Gender

c) Genetics

d) Body size

Correct Answer: Option (a)

Explanation:- Release of sexual hormones induces puberty.

Difficulty Level: Easy

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**Q3) Which of these marks the beginning of adolescence?**

a) Attainment of puberty

b) Attainment of maximum height

c) Attainment of maximum weight

d) Attainment of maximum size

Correct Answer: Option (a)

Explanation:- Attainment of puberty in both boys and girls marks the beginning of adolescence.

Difficulty Level: Easy

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**Q4) Why do adolescents face transitional conflicts?**

a) They are being treated as adult only

b) They are being treated as both child and an adult

c) They are being treated as child

d) They are being considered neither a child nor an adult.

Correct Answer: Option (b)

Explanation:- Adolescents frequently experience transitional issues because they are treated as a child on some occasions and as an adult on others.

Difficulty Level: Easy

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**Q5) Which of these is a secondary sexual attribute in females?**

a) Brain development

b) Increase in height

c) Enlargement of breasts

d) Activation of ovaries

Correct Answer: Option (c)

Explanation:- Enlargement of breasts is a secondary sexual characteristic in a female.

Difficulty Level: Easy

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**Q6) What is the most significant aspect of development in early adolescence?**

a) Physical development

b) Cognitive development

c) Social and emotional development

d) Moral development

Correct Answer: Option (c)

Explanation:- That’s correct. Early adolescence is a time of significant social and emotional development, including the formation of identity, the development of social skills, and the formation of close relationships. Social and emotional development is critical during this period, as it can affect later relationships and overall well-being..

Difficulty Level: Easy

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**Q7) Which male sex hormone is released during puberty?**

a) Testosterone

b) Estrogen

c) Progesterone

d) Insulin

Correct Answer: Option (a)

Explanation:- Testosterone is a male sex hormone released during puberty in a male.

Difficulty Level: Easy

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**Q8) What is needed for the language development?**

a) Motivation

b) Pressure

c) Need

d) Friends

Correct Answer: Option (a)

Explanation:- Motivation is the reasons for acting or behaving in a particular way for doing something

Difficulty Level: Easy

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**Q9) How many stages are there for second language acquisition?**

a) Five

b) Six

c) Seven

d) Ten

Correct Answer: Option (b)

Explanation:- There are six stages in second language acquisition

Difficulty Level: Easy

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**Q10) In which year were the six stages of second language acquisition developed?**

a) 1983

b) 1944

c) 1962

d) 1999

Correct Answer: Option (a)

Explanation:- Krashen & Terrell developed it in 1983.

Difficulty Level: Easy

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**Q11) What is the most crucial element in learning a language?**

a) Age

b) Motivation

c) Native language

d) Exposure

Correct Answer: Option (d)

Explanation:- The most crucial element in learning a language is exposure to the new language.

Difficulty Level: Easy

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**Q12) The legal marriage age in India for girl and boy 2022 is 18 and 21 years respectively. Why this difference in age for males and females?**

a) Females mature earlier than males.

b) Males mature before females.

c) There is no difference between males and females.

d) Males get better access to education.

Correct Answer: Option (a)

Explanation:- Girls attain puberty almost 2 years before boys. They mature earlier than boys. Therefore, there is a difference in the legal age of marriage.

Difficulty Level: Easy

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**Q13) The amount of information adolescents can process during Adolescence continues to**

a) increase

b) decrease

c) remain same

d) first decrease and then increase

Correct Answer: Option (a)

Explanation:- The amount of information adolescents can process during Adolescence continues to increase

Difficulty Level: Easy

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**Q14) During adolescence, the metacognition abilities are developed. How can this ability be utilised in the process of education?**

a) Providing career counselling

b) Promoting rote learning

c) Giving tough academic problems to solve

d) Regulating emotions

Correct Answer: Option (a)

Explanation:- That's correct. Decision-making requires metacognition. Coordination between memory retrieval and problem-solving processes is engaged in planning and making a choice. Hence, metacognitive abilities help students make good career choices.

Difficulty Level: Easy

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**Q15) The sexual identity of an individual is established in which phase of adolescence?**

a) Early adolescence

b) Middle adolescence

c) Late adolescence

d) Adulthood

Correct Answer: Option (a)

Explanation:- That's correct. Physical development in early adolescence leads to the establishment of sexual identity in the individual. For example: Enlargement of testicles in males and development of breasts in females.

Difficulty Level: Easy

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**Q1) Which of these is a part of social development in adolescence?**

a) Close relationships with peers

b) Close relationships with parents

c) Close relationships with teachers

d) Close relationships with siblings

Correct Answer: Option (a)

Explanation:- Adolescents begin to form close relationships with peers and become more independent from their parents.

Difficulty Level: Medium

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**Q2) Why do different children attain puberty at different ages?**

a) Biological factors

b) Environmental factors

c) Social factors

d) Emotional factors

Correct Answer: Option (a)

Explanation:- Due to biological factors, different children attain puberty at different ages.

Difficulty Level: Medium

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**Q3) Mrs. Verma is the class teacher of class 9A. Some students in her class look older than their age and some look younger. How should she treat the students who still look like a child?**

a) Treat them as children

b) Treat them as the other students

c) Give them special treatment

d) Do not pay attention to them

Correct Answer: Option (b)

Explanation:- Even though some children physically appear younger in their teens, they are undergoing cognitive, emotional, and social development. So, they must be treated same as other students in the class..

Difficulty Level: Medium

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**Q4) In which stages do bones grow quickly?**

a) Adolescence

b) Infancy

c) Adulthood

d) Old age

Correct Answer: Option (a)

Explanation:- In adolescence, bones grow quickly. That’s why there is a growth spurt.

Difficulty Level: Medium

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**Q5) Which of these is a major issue in adolescence?**

a) Growth

b) Education

c) Identity

d) Development

Correct Answer: Option (c)

Explanation:- Adolescents appear to be adults on the outside, on the inside, they are still children. But others around them, including their parents, expect them to behave as adults in some situations and as children in others. This creates issues with their self-identity.

Difficulty Level: Medium

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**Q6) Which of the following processes indicate sexual maturity?**

a) Growth

b) Development

c) Puberty

d) Metacognition

Correct Answer: Option (c)

Explanation:- The cause of individual differences is always heredity and environment.

Difficulty Level: Medium

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**Q7) Metacognition is a part of which aspect of development?**

a) Physical growth

b) Emotional development

c) Cognitive development

d) Social development

Correct Answer: Option (c)

Explanation:- Cognitive development includes the development of the capacity to reflect on their own thoughts and behaviour, which is known as metacognition.

Difficulty Level: Medium

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**Q8) Why is growth said to be quantitative?**

a) Because it can be measured

b) Because it takes place in large quantities

c) Because growth is visible

d) Because growth is directional

Correct Answer: Option (a)

Explanation:- Growth can be measured in units of height and weight. Therefore, it is said to be quantitative.

Difficulty Level: Medium

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**Q9) What is typical of children in the late childhood stage (8 years to 12 years)?**

a) Develop a sense of self-independence and begin to understand how the physical world works.

b) Exhibit considerable mental and physical maturity in comparison to the children younger than them.

c) Acquire a sense of discipline and some sense of responsibility for schoolwork.

d) Organise a great deal of information about the world from their senses.

Correct Answer: Option (c)

Explanation:- Children in the late childhood stage (8 years to 12 years) usually acquire a sense of discipline and some sense of responsibility for schoolwork.

Difficulty Level: Medium

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**Q1) Which of the following statements is NOT correct?**

a) Development is only quantitative

b) Education is a goal-oriented process

c) Learning is a process of behavioural change

d) Growth is a biological process

Correct Answer: Option (a)

Explanation:- Development is the combination of the qualitative and quantitative processes.

Difficulty Level: Hard

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**Q2) Adolescents develop strong, idealistic views of the world around them. How should a teacher address an adolescent's strong views about any issue?**

a) Do not allow them to express their views

b) Have a debate around it

c) Teach them the right idea

d) Ask them research more about it

Correct Answer: Option (b)

Explanation:- Present them with reasonable counter-ideas to consider. Also, adolescent cognitive abilities are at their peak during this time. Guide them to make good use of it and clarify their thoughts.

Difficulty Level: Hard

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**Q3) Growth and development are interrelated. Which of the following options justify this statement?**

a) Changes in the brain structure during adolescence develops cognitive abilities.

b) Development is a lifelong process.

c) Growth ceases at adulthood but development continues.

d) Growth patterns are predictable whereas development differs for each individual.

Correct Answer: Option (a)

Explanation:- Significant structural changes in the brain lead to the development of cognitive abilities in adolescents.

Difficulty Level: Hard

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**Q1) Developing a sense of self is a part of which aspect of development?**

a) Physical growth

b) Emotional development

c) Cognitive development

d) Social development

Correct Answer: Option (d)

Explanation:- Social development includes relationships with peers, developing a sense of self, and exploring different roles and identities.

Difficulty Level: Very\_Hard

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**Q2) According to G Stanley Hall, adolescence is a phase of "storm and strife". What do these two terms refer to?**

a) "Storm' refers to reduced self-control, and 'stress' refers to increased sensitivity.

b) 'Storm' refers to increased self-control, and 'stress' refers to reduced sensitivity.

c) 'Storm' refers to increased abstract thinking, and 'stress' refers to peer pressure.

d) 'Storm' refers to physical changes, and 'stress' refers to societal pressure.

Correct Answer: Option (a)

Explanation:- "Storm' refers to reduced self-control, and 'stress' refers to increased sensitivity.

Difficulty Level: Very\_Hard

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**Q3) Art shows proportions, three-dimensional space, and utilizes realistic colors.**

a) Scribbling Stage

b) Pre-schematic Stage

c) Pseudo-Naturalistic Stage

d) Crisis of Adolescence

Correct Answer: Option (c)

Explanation:- In Pseudo-Naturalistic Stage (11-13 years), Children become more aware of their natural surroundings and are more concerned about proportion and depth in their artwork. Reasoning and self-criticism are frequent traits of their work.

Difficulty Level: Very\_Hard