**Fitness Buddy Application**

**Developed By:**

**Pranav Kumar Agrawal**

**This application is a student-friendly application.**

**The aim of this app is to help students in managing their workout plans.**

**The app has 4 Pre-Defined Programs: -**

1. **GYM SONGS**
2. **YOGA**
3. **PRANAYAM**
4. **AEROBIC**

**How to access the application: -**

**Steps: -**

1. **When you are opening the app for the first time –**
2. **Click on Register Button**
3. **Enter your name (e.g., Narendra Modi)**
4. **Enter your city (e.g., Vadnagar)**
5. **Enter your Email (e.g.,** [**modi@mail.com**](mailto:modi@mail.com)**)**
6. **Enter Password (e.g., modi123)**
7. **After registration, you have to login as follows to open the app: -**
8. **Enter your registered mail**
9. **Enter your password**
10. **On submit, you will be taken to the program screen**
11. **Click on the link you want to open (i.e., GYM SONGS, YOGA, PRANAYAM & AEROBIC)**