

Curriculum Vitæ

# Dr. Pranav Kumar Mishra

Post-Doctoral Research Fellow  
Department of Surgery and Orthopedic Surgery  
Rush University

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United States

## Education

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2020	<b>MBBS</b> , Kasturba Medical College, Manipal, India
2013	<b>BA in Biology</b> , Washington University in St. Louis, USA
2009	<b>EMT-B</b> , College of DuPage, USA

## Professional Appointments

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2021 – Present	<b>Post-Doctoral Research Fellow</b> Laboratory of Anna Spagnoli, Department of Orthopedic Surgery Laboratory of Alfonso Torquati, Department of Surgery Laboratory of Susan Chubinskaya, Department of Pediatric Surgery (2021-2022) Rush University, USA
2021 – 2021	<b>Junior Resident - Non-Academic</b> Department of Surgical Oncology Kasturba Medical College, Manipal Manipal Academy of Higher Education, India

## Awards and Honors

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2022	<b>1st Place - Elevator Speech Finalists' Competition - Rush</b> Judges Award. Exploring novel hormones in the Bone-Fat-Insulin metabolism interface. Presented at the 2022 Rush University Trainee Research Day
2022	<b>3rd Place - Elevator Speech Finalists' Competition - Rush</b> People's Choice Award. Exploring novel hormones in the Bone-Fat-Insulin metabolism interface. Presented at the 2022 Rush University Trainee Research Day

- 2020 **3rd Place Oral Presentation – AAPI**  
A deductive approach to modeling the spread of COVID-19. Presented at American Association of Physicians of Indian Origins Virtual Summit 2020
- 2013 – 2018 **First Class Honors at Kasturba Medical College, Manipal**  
Medicine (with Psychiatry), Surgery (with Orthopedics), Pediatrics, Pathology, Microbiology, Pharmacology, Physiology, and Biochemistry
- 2016 **1st Place Oral Presentation - AFMC**  
Invasive Rhabdomyosarcoma of the Nasopharynx and Cranium in a 21-year-old male. Presented at Illuminati, Armed Forces Medical College, Pune, India.

## Fellowships

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- 2021 – Present **Rush Public Voices Fellowship**  
Full scholarship for the 40-member Rush cohort to the Op-Ed Project.  
The program provides instruction and mentorship towards publishing op-ed articles with the media
- 2009 – 2009 **Summer Undergraduate Research Fellowship**  
PI: Igor Efimov, Department of Biomedical Engineering, Washington University in St. Louis  
Funding: Howard Hughes Medical Institute and Imaging Sciences Pathways training grant  
Amount: \$ 3750

## Postgraduate Training

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### Research

- 2009 – 2013 **Project 1: Determine the mechanisms regulating the bone-fat-glucose interface**  
PI: Anna Spagnoli, MD (Orthopedic Surgery); Alfonso Torquati, MD, MSCI (Surgery).  
Understand the role of sclerostin to metabolic, endocrine, and musculoskeletal health through a comparison between obese and non-obese individuals.  
Creation of a biorepository and experimentation with gastrointestinal, adipose, and blood samples from Roux-en-Y gastric bypass patients and non-obese cadavers.  
Clinical research coordination: recruitment and monitoring of patients in the study.  
Clinical and research database creation and maintenance
- 2021 – Present **Project 2: Role of IL-36RA in osteoarthritis and post-traumatic osteoarthritis**  
PI: Anna Spagnoli, MD (Orthopedic Surgery); Susan Chubinskaya, PhD (Pediatrics).  
Determine the role of IL-36RA in mitigating factors of osteoarthritis (OA) and post-traumatic osteoarthritis (PTOA).  
Examining the augmentation of molecular and histological characteristics of impacted articular cartilage with IL-36RA.  
Impaction-Bioreactor-Indentation tribology experimental model for mitigating mechanical stress on traumatically damaged cartilage with IL-36RA

2021 – 2022

**Project 3: Human cartilage tissue repository**

PI: Susan Chubinskaya, PhD (Pediatrics) Intake and processing donated human cadaver specimens into the tissue repository.

Dissection of en-bloc human legs for knee and ankle joints experiments, including articular cartilage, synovium, and synovial fluid.

Grading degenerative morphological changes (DMC) to human articular cartilage.

Multivariate and machine-learning models for clinical factors leading to DMC.

National collaborations with tissue repository specimens.

## Clinical

2021

**Junior Resident (Non-Academic) – Surgical Oncology – KMC, Manipal**

Appointment with Dr. Naveen Kumar, Head of Department, Surgical Oncology.

Intra-operative: first or second assist in open cases. Second assist in lap / VATS. 9 major surgeries per week.

In-patient pre-operative and post-operative management with 15 patients on service.

## Medical Experience

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### MBBS Internship

Role comparable to a US PGY-1 Transitional Year. Following the Final MBBS examinations, Indian doctors complete a “compulsory rotating internship”. Intern/house doctor in 11 departments, across primary, secondary, and tertiary care settings, treating patients speaking English, Hindi, and Kannada. Primary location: Kasturba Medical College, Manipal, KA, India

6 weeks

**General Surgery**

Kasturba Medical College, Manipal: Direct responsibility for 10 in-patients on service, ER call, out-patient clinic services.

Intra-operative: first or second assist in open and laparoscopic general surgical cases.

Jackson Park Hospital, Chicago, IL (Abroad rotation, 4 weeks)

4 weeks

**Orthopedic Surgery**

In-patient management on the spine service, directly responsible for 5-7 patients, trauma call, out-patient evaluation and follow-up.

Second assistant in spine cases. First assist in trauma. Supervised with traction pinning.

6 weeks

**Emergency Medicine (2 weeks mandated + 4 weeks additional elective)**

Kasturba Medical College, Manipal: Level 1 trauma center. Lead physician for yellow and green zone. Assisted attendings with blue-zone critical, trauma, and ED-ICU patients.

Jackson Park Hospital, Chicago, IL (Abroad rotation, additional 4 weeks)

8 weeks	<p><b>Community Medicine (Preventative and Social Medicine)</b></p> <p>Preventative and social medicine: community surveillance of HIV, leprosy, tuberculosis, complications from diabetes.</p> <p>Dr. TMA Pai Rotary Hospital, Karkala, KA (Remote rural secondary care hospital): in-patient, out-patient, and emergency department duty for pediatric, OB/Gyn, and adult emergent patients.</p> <p>Rural Primary Healthcare Centers (PHC) in Udupi District, KA: out-patient clinic, managing 5-10 adult patients per day in the capacity of a family medicine physician.</p>
8 weeks	<p><b>Obstetrics and Gynecology</b></p> <p>In-patient/out-patient management of 5-15 patients directly in services, including high-risk pregnancy, fetal medicine, oncology. Intra-op first or second assistant.</p> <p>Labor Theater: conducted / assisted deliveries, monitored/augmented progress of labor.</p> <p>Manipal Artificial Reproductive Centre: evaluated for causes of infertility, assisted in management via ovulation induction, IUI, IVF.</p>
10 weeks	<p><b>Internal Medicine (6 weeks mandated + 4 weeks additional research)</b></p> <p>In-patient management of 5-10 patients in ICU, step-down tele, and ward patients. Consult services and ER call duties.</p> <p>Out-patient adult clinic and university student clinic.</p> <p>COVID-19 research during non-clinical lockdown rotation.</p>
4 weeks	<p><b>Psychiatry</b></p> <p>Streamwood Behavioral Healthcare System, Streamwood, IL, USA (Abroad rotation):</p> <p>In-patient child psychiatry, assisting attending with 15-20 acute patients.</p> <p>Coordinated pharmacology, behavioral, family, and DCFS care.</p>
4 weeks	<p><b>Pediatrics</b></p> <p>In-patient management of 15-20 patients directly. PICU and Peds ER call duty.</p> <p>Out-patient evaluation, medication review, and vaccination.</p>
2 weeks	<p><b>Ear, Nose, Throat – Head and Neck Surgery</b></p> <p>In-patient and intra-operative management for 5 patients, assisting residents.</p> <p>Outpatient clinic including diagnostic procedures EUM, VDL, audiometry.</p>
2 weeks	<p><b>Ophthalmology</b></p> <p>In-patient and intra-operative management for 5 patients, assisting residents.</p> <p>Outpatient clinic, including assisting diagnostic and therapeutic procedures.</p>
2 weeks	<p><b>Anesthesiology</b></p> <p>Assisting residents and attendings with intra-operative management.</p> <p>Critical care work for ventilator dependent ICU patients.</p>

## Washington University Emergency Support Team (EST)

2009 – 2013	<p><b>Volunteer Emergency Medical Technician – Basic (EMT)</b></p> <p>EST responds to all EMS calls directed to the Washington University emergency dispatch center as the primary BLS team and provides large event stand-by coverage.</p> <p>2800+ hours of experience, with 2100+ hours as a senior EMT.</p>
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- 2013 **Field Director (Chief Medic)**  
Responsible for the oversight of 57 EMTs, selection, training, quality assurance.  
Coordinated with Medical Director (Alan Glass, MD) and Clayton Fire Department.
- 2011 – 2012 **Assistant Field Director of New Medics**  
Conducted internal training of first years  
Coordinated with St. Louis Community College for EMT-B certification.  
Created “The Move-Up Guide” e-book containing 28 Standard Operating Protocols, 75 practical scenario questions, training advice, and mock call preparation.
- 2011 – 2012 **Disaster Committee Co-Head**  
Planned and executed annual mass-casualty disaster drills.  
Led meetings with university administration, police, and fire departments.
- 2010 – 2011 **Public Relations Committee**  
Improved awareness of common on-campus illnesses, when/how to call EST.  
Arranged First Aid/CPR classes for the St. Louis region.
- 2010 – 2012 **Webmaster**  
Helped develop and maintain est.wustl.edu using Drupal on an AMP stack.


## US Clinical Experience

- Aug 2022 **Emergency Medicine Elective**  
Jackson Park Hospital and Medical Center; Chicago, IL, USA
- Jul 2022 **General Surgery Elective**  
Jackson Park Hospital and Medical Center; Chicago, IL, USA
- Feb-Mar 2022 **Child Psychiatry - In-patient**  
Streamwood Behavioral Healthcare System; Streamwood, IL, USA
- Jan 2017 **Neurosurgery Sub-Internship**  
Pritzker School of Medicine, University of Chicago; Chicago, IL, USA

## Publications



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### Pre-print



1. **Mishra PK** and Mishra S. 2020. COVID-19 Dashboard ⓘ 

### Oral Presentations




1. Esposito A, Wilson BM, Kluppel M **Mishra PK**, et al. 2022. CXCR4: A Key Axis in Mediating IGF-1 Signaling in Fracture Repair. Oral Presentation. ORS ISFR 3-Minute Research Pitch Competition

2. **Mishra PK**, Katrien C, Wilson BM, et al. 2022. Exploring novel hormones in the Bone-Fat-Insulin metabolism interface. Elevator Speech Finalists' Competition. Elevator Speech Finalists' Competition. Chicago, IL
3. Esposito A, Wilson BM, Kluppel M **Mishra PK**, et al. 2022. Critical Role of IGF1/CXCR4 Signaling in Regulating HIF1 $\alpha$  and HIF2 $\alpha$  Expression in Fracture Repair. Podium presentation at Spotlight Session. Orthopedic Research Society 2022 Annual Meeting. Tampa, Florida. URL: <https://www.ors.org/Transactions/68/243.pdf>  
4. **Mishra PK** and Mishra S. 2020. A deductive approach to modeling the spread of COVID-19. Oral Presentation. Presented at American Association of Physicians of Indian Origins Virtual Summit 2020. Chicago, IL

## Poster Presentations

1. Corbeels K, Wilson BM, Meka SRK **Mishra PK**, et al. 2022. Bariatric surgery: a critical crossroad in the bone/glucose metabolism interface. Poster Presentation. ASBMR 2022 Annual Meeting. Austin, TX
2. Esposito A, Kluppel M, Meka SRK **Mishra PK**, et al. 2022. Critical Role of IGF1/CXCR4/VEGF $\alpha$  Axis in Fracture Repair. Poster Presentation. ORS ISFR 17th International Biennial Meeting. Edinburgh, UK
3. Esposito A, Kluppel M, Meka SRK **Mishra PK**, et al. 2022. Critical Role of IGF1/CXCR4/VEGF $\alpha$  Axis in Fracture Repair. Poster Presentation. ASBMR 2022 Annual Meeting. Austin, TX
4. Esposito A, Wilson BM, Kluppel M **Mishra PK**, et al. 2021. Critical Role of IGF1/CXCR4/VEGF $\alpha$  Axis in Fracture Repair. Poster Presentation. RUSH Symposium. Chicago, IL
5. Suryadevara V, Meka SRK, Kluppel M **Mishra PK**, et al. 2021. HGC-curcumin nanoparticles for therapeutic intervention of osteoarthritis as seen by their regulation of chondrocyte biology. Poster Presentation. RUSH Symposium. Chicago, IL
6. **Mishra P**, Lang D, and Efimov I. 2010. Induction of ventricular fibrillation: the compensatory role of proline-rich tyrosine kinase 2 in hypertrophic mice hearts. Poster Presentation. Fall Undergraduate Research Symposium. St. Louis. URL: <https://rgdoi.net/10.13140/RG.2.2.29649.81764>  

## Software

1. **Mishra PK** and Mishra S. 2020. COVID-19 Dashboard   

## Conference Activity

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2022	<b>Rush University Trainee Research Day</b>
2021	<b>Rush Research Symposium</b>
2020	<b>American Association of Physicians of Indian Origin (AAPI)</b>
2016	<b>Armed Forces Medical College (AFMC)</b>
2014 – 2016	<b>Indo-German Convention of Lindau Alumni (IGCLA)</b>
2014, 2015	<b>Chirurgia</b>
2014, 2015	<b>Manipal Conventus</b>

## Teaching Experience

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### St. Louis Community College - Forest Park

2010 – 2013	<b>Adjunct Instructor - EMT-Basic Course</b> Taught practical skills including ventilation, bleeding control, c-spine immobilization, extrication, cardiac arrest management, splinting. Evaluated students in trauma/medical mock calls, per NREMT and Missouri standards.
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## Research Experience

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2021	<b>Dr. Jayaraj MB, Kasturba Medical College, Manipal; Manipal, KA, India</b> Department of Emergency Medicine Impact of mHealth pre-hospital communication in improving decision making in the Emergency Department Pilot testing my personally developed software, PREPAREDx, as an end-to-end communication and workflow solution that improves emergency care outcomes
2020	<b>Dr. Chandrakanth Are, University of Nebraska, Omaha, NE, USA</b> Department of Surgery Analyzing the impact of geopolitical events on non-US citizen internationally trained physicians in the NRMP match Cross-correlation studies of international medical graduate placement with overall US immigration data
2020	<b>Dr. Shekhar Mishra, Science Diplomacy and Innovation Management, Naperville, IL, USA</b> Deductive, observational modeling of COVID-19s initial exponential expansion through Phase 1 developed nations Forecasting COVID-19s spread through Phase 2 major emerging nations

- 2016      **Dr. Suma Nair, Kasturba Medical College, Manipal; Manipal, KA, India**  
Department of Community Medicine  
Rural community survey analyzing impacts of economic and social determinants of health in the Udupi region.  
Assessing empathy in medical students using the Jefferson Scale of Empathy Student Version.  
Data collection and statistical analysis
- 2010      **Dr. Igor Efimov Lab, Washington University in St. Louis; St. Louis, MO, USA**  
Department of Biomedical Engineering  
Effects of PYK2 protein in Ventricular Fibrillation  
Simultaneous optical mapping of voltage and calcium channels of mice, rabbit, and human hearts, paced into ventricular fibrillation
- 2006, 2007      **Dr. Gerald Jackson, Hbar Technologies, LLC; West Chicago, IL, USA**  
Research Assistant  
3D modeling and simulation for an antimatter-sail propelled satellite (2006)  
Research on automobile pollution and alternative energy storage units (2007)

## Leadership Experiences

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### Rush Postdoctoral Society

- 2021 – Present      **Committee Member**
- Coordinate seminars and workshops aimed at improving the postdoctoral experience at Rush University for over 60 members
  - Integration with the Mentoring Programs Office which promotes placement of postdoctoral fellows and independent research
  - Representative to the National Postdoctoral Association

### Kasturba Medical College Student Council

- 2016 – 2017      **Vice President of Administration**
- Propositioned college administration for the first elected student council, with additional positions to advance student responsibilities and financial independence
  - Elected to represent 1,000 medical students on issues primarily concerning academics, room & boarding, student safety, and overall medical school experience
  - Advocated and negotiated for the student body in meetings with student interest groups, faculty heads, college/university administration, and local public officials
  - Compiled student data and interviewed for national/international academic accreditation agencies



## Committees representing Kasturba Medical College, Manipal (KMC):

- New York State Education Department
- National Assessment and Accreditation Council

## Committees representing KMC medical students:

- Dean's Committee
- Executive Committee
- Judicial Committee
- First Year Orientation
- Second Year Orientation
- Cultural Committee
- Mess Committee
- Hostel Committee
- Indo-German Convention of Lindau Alumni
- International Quiz for Medical Undergraduates

## Cutting Edge Surgical Society at Kasturba Medical College, Manipal

2017	<b>General Secretary</b> <ul style="list-style-type: none"> <li>• Set society schedule</li> <li>• Coordinated with surgical faculty on providing guest lectures and student opportunities</li> <li>• College administration liaison</li> </ul>
2014 – 2016	<b>Webmaster</b> <ul style="list-style-type: none"> <li>• Developed and maintained cuttingedgemanipal.com</li> </ul>
2014 – 2017	<b>Core Committee Member</b> <ul style="list-style-type: none"> <li>• Instructed student peers in basic surgical skills including knots, suturing, lumbar puncture, catheterization, ophthalmoscopy, otoscopy</li> </ul>
2014, 2015	<b>Organizer of the Chirurgia surgical conference</b>

## Patents and Trademarks

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### Trademarks (India)

4979064	Balakrishnan P, <b>Mishra, PK</b> . PREPAREDx. 2021;(Class 42).
4979063	Balakrishnan P, <b>Mishra, PK</b> . PREPAREDx. 2021;(Class 9).

## Licensures and Certifications

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### Licenses

2020 – Present	<b>Registered Medical Practitioner</b> , Karnataka, India
2018 – 2020	<b>Provisional Registration Certificate</b> - Karnataka, India
2009 – 2013	<b>EMT-Basic License</b> - Illinois and Missouri

### Certifications

2021 – 2024	<b>Biomedical Research</b> - CITI Program
2020 – 2022	<b>Advanced Cardiac Life Support</b> - American Heart Association
2020 – 2022	<b>Basic Life Support</b> - American Heart Association
2018 – Present	<b>Basic Neonatal Resuscitation Program</b> - Indian Academy of Pediatrics
2009 – 2012	<b>EMT-Basic</b> - National Registry of Emergency Medical Technicians

## External Funding Sources

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2021 – 2022	<b>DNA damage and cellular senescence in osteoarthritis pathophysiology</b> NIH: R01 AG044034/AG/NIA Awardee: <b>Richard F Loeser</b> , Principle Investigator, Department of Medicine, University of North Carolina, Chapel Hill Sub-contract: Susan Chubinskaya, Department of Pediatric Surgery, Rush University Role: Pranav Mishra, post-doctoral research fellow. Performed human tissue procurement, morphological assessment, and processing
2009 – 2009	<b>Summer Undergraduate Research Fellowship</b> Awardee: <b>Pranav K. Mishra</b> , undergraduate student PI: Igor Efimov, Department of Biomedical Engineering, Washington University in St. Louis Funding: Howard Hughes Medical Institute and Imaging Sciences Pathways training grant Amount: \$ 3750