

Sowmya .V. Beklipph



sowgmyabeklipph@gmail.com

<https://www.linkedin.com/in/sowmya-beklipph-3688a9137>

+91-9944785457

About Myself

Budding Counsellingl Psychologist; with social foresight and psychological perspectives

Educational Qualification

| | | | |
|------------------------------|-------------|--|-------------------------------------|
| M. Sc. Counseling Psychology | 2016 – 2018 | Rajiv Gandhi National Institute of Youth Development Sriprembudur | Institute of National Importance |
|------------------------------|-------------|--|-------------------------------------|

- Scored **75%** (average of first ,second and third semester)
- Specialization in **Workplace Counseling, Training And Development, Organizational Behavior, School Counseling, Family Therapy and Counseling, Crisis and Trauma Counseling, Counseling Process, Techniques and Skills, Psychopathology and Psychological Testing & Assessments.**

| | | | |
|----------------|-------------|---|--------------------------|
| B.A. Sociology | 2013 – 2016 | P.S.G College of Arts and Science, Coimbatore | Bharathiar University |
|----------------|-------------|---|--------------------------|

- Core percent is **7.7 CGPA**
- Secured **First Class with Distinction** in the Department of Sociology
- Specialization in **Human Resource Management, Social Statistics,**

Social Anthropology, Social Problems, Social Thought, Disaster Management, Social Gerontology, Urban Sociology, Women Studies and Industrial Sociology

| | | | |
|--|-----------|---|-----------------------|
| Certificate Course in Journalism and Communication | 2013-2014 | P.S.G College of Arts and Science, Coimbatore | Bharathiar University |
|--|-----------|---|-----------------------|

- Core percent is **7.1 CGPA**
- Secured **First Class** in the Department of Mass Communication
- Specialization in **Reporting, Editing and Journalism Skills**

| | | | |
|-------------------|------|--|-------------|
| HSC (High School) | 2013 | Nirmala Matha Convent Matric. Higher Secondary School, Vellalore | State Board |
|-------------------|------|--|-------------|

- Scored **83%**
- Specialization in **Mathematics** and **Computer Science**

| | | | |
|---------------------------|------|--|---------------|
| SSLC (Junior High School) | 2011 | ELGI Welfare Trust M.H.S.School, Vellalore | Matriculation |
|---------------------------|------|--|---------------|

- Scored **82%**
- Specialization in **Mathematics, Science** and **Social Science**.

Other Qualifications

Project Work

➤ Bachelors

- “A Sociological Study On Transgender In Coimbatore City”
- Approved by **Department of Sociology, P.S.G College of Arts & Science**

➤ Masters

Working presently on under the title “**Transition of Youths From College to Work**”

Internship and Work Experience

- **Zion Model Public School**

7th June-7th July 2017

- Worked as a **School Counsellor for one month(Full time)**
- Assisted the needs of students and teachers by **Counselling Students with Learning disability , Facilitating training program for teachers** for teaching students with Learning disability and assisted the **Management with few administrative tasks**
- In the same school worked as School Counsellor (part-time 2016-2017)

Training Programs

- **Conducted** a training program for **Caregivers of Mentally disabled patients** in **AIM for Seva Kirpa Home, Sriperumbudur** on **13th January 2017.**
- Coordinated and facilitated a training program for schools students from **Primary to Higher Secondary** at **St. Mary Convent School,** on **18th September 2017.**
- Facilitated a training program for the **Parents of Multiple disabled Children** in **NIPMID.**

Tool Developed

- Tool to measure attitude towards Technology was developed along with Dr Suresh Kumar.
- The tool was presented as paper in University of Kerala's National Seminar on Research Methodology.
- The title of paper was "**Development of Attitude Scale towards Technology**"

Youth Exchange Program

- Participated as **Indian Delegate among 25 student all over India** to represent India in a Cultural Exchange program to **Sri Lanka** on **17th -23rd December,2017.**
- Participated in **Gandhian Youth Leadership Program,** held in **Jalgaon, Maharashtra, India** representing **Tamil Nadu** on **1st -15th September,2017.**

National and International Conferences in '*Disaster Management*'

- **3rd World Congress on Disaster Management** **6th – 10th November, 2017**

- Participated and presented a **Poster** representing the **UN Volunteers** in the conference
- Jointly organized by **Government of Andhra Pradesh, DMICS** and **GITAM University, Visakhapatnam**

➤ **International Conference of IAAP** **23rd – 25th February 2017**

- Presented a paper on “**An inclusive study on Transgenders**” in the **International Conference on Psychology For Building Global Community**
- Conducted by the **Department of Psychology, University of Rajasthan, Jaipur** and **Indian Academy of Applied Psychology (IAAP)**

National Level Seminar

- Themed on “***The Health Status of Marginalized Groups In India***”
- Conducted by **Madurai Kamaraj University** held on **6th March, 2015**
- **Presented** and **Published** paper titled “***A study on Problems and Issues of Destitute Children in Coimbatore City***”
- Participated in **UGC-Sponsored National Seminar on Ageing and Elderly Persons in India: Perspectives and Issues** conducted by **Bharathiar University, Coimbatore** which was held on **March 5-6th 2014**.

National Conferences

- **Government Arts College, Karur** **30th January, 2015**
 - Themed on “***Higher Education in India: Opportunities and Challenges***”
 - **Presented** and **Published** paper titled “***Challenges in Higher Education***”
- **Kodaikanal Christian College** **18th September, 2015**
 - Themed on “***The Impact of Social Media on Behavioral Pattern and Personality***”
 - **Presented** paper titled “***The Impact of Social Media on Childhood***”

National Young Sociologist Competition

12th December, 2014

- Selected as one of the best 10 papers in National-level Competition themed '**Environment, Development and Sustainability**' which was organized by Christ University, Bangalore.
- **Presented** paper titled "**Waste Management and Quality of Life**". This paper is published in **Academia.edu** and is a **top viewed paper**.

Workshops

- **Rajiv Gandhi National Institute of Youth Development**
 - Participated in a "**One Day Workshop on Bhuvan Panchayats Application**" organized by the **Department of Local Governance** on **24th March 2017**.
 - Participated in a "**Training workshop on Relationship Enrichment**", **13 hours course program** during **August and September 2016**.
 - Participated in a "**Training Course on Learning Difficulties**", **10 hours course program** in association with **Prayatna, Center for Educational assessment and Intervention** during **August and September 2016**.
 - Conducted by **Department of Applied Psychology**.
- **P.S.G College of Arts and Science, Coimbatore** **9th February, 2016**
 - Themed on "***Fine Tuning of Research Paper Writing and Citation Analysis***"
 - Conducted by **Department of Library**, P.S.G College of Arts and Science

Extra-Curricular Activities

- **Eloquent Speaker** : Have many won competitions like **Elocution, Story Making, Dialogue making, Quote narration and Spingo (Just a Minute)** both in **School and College level**
- **Throw ball player:** Have played in School teams in both **Nirmala Matha Convent** and **ELGI M.H.S.S**
- **Environmental Conservationist and Social thinker** - I am a **pro-environmentalist** trying to live life in the most sustainable way possible. I am more involved in social issues and have innovative ideas to resolve those issues.

- **Singer:** Have won many prizes in both Solo and Group Singing in **School Level** and also was in **School Choir**.
- **Quizzer:** Have participated and won many prizes in quiz competition in **College Level**. **Very much** interested in gaining **General Knowledge and Current affairs**.
- **Composer:** Have composed songs and won many prizes in Church and also interested in writing poem.
- **Artist:** Interested in painting and doodling.
- **Animation video:** I have you tube channel, on which I have posted an Animated video on **“PTSD in Schools”** . The video was animated using ‘Poon-toon’.
- **Leadership Qualities:** I have been class representative during Semester 3 for my Post Graduation. Also have organized a program on **World Mental Health Day** on October 2017 which was themed “Invisible is Plausible”.
- **NSS Volunteer:** I have worked 240 hours of service during 2016-2018 in the National Service Scheme.

Personal Details

Date of Birth : 28th August 1995
Gender : Female
Languages Known : English, Tamil, Malayalam, Hindi and French
Martial Status : Single
Father’s Name : Varghese Beklioph
Nationality : Indian
Religion : Christian
Passport Number : M9197665

DECLARATION

I here by declare that the above said information are true and correct to the best of my knowledge and belief.

Place: Sriprembudur

Date: 10.5.2018

REFERENCES

1. Dr. Suresh Sundharam ,

Associate Professor & Head of the Department,

Department of Applied Psychology,

Rajiv Gandhi National Institute of Youth Development,

Sriperumbudur.

Ph No:+91 9442034971

Email Id: drssu@yahoo.com

2. Dr. Suresh Kumar,

Assistant Professor,

Department of Applied Psychology,

Rajiv Gandhi National Institute of Youth Development,

Sriperumbudur

Ph No:+919750406463

Email Id: msk.rgnyd@gmail.com